Abstracts

Genetics I
Concurrent session
8:10 AM
Friday, January 29, 2021

1 PROSPECTIVE STUDY OF EPILEPSY IN NGLY1 DEFICIENCY
RU Levy*, CH Frater, WB Galentine, MR Ruzhnikov. Stanford University School of Medicine, Stanford, CA
10.1136/jim-2021-WRMC.1

Purpose of Study To refine the electroclinical phenotype of epilepsy in NGLY1 deficiency via prospective clinical and electroencephalogram (EEG) findings in an international cohort.

Methods Used We performed prospective phenotyping of 28 subjects with NGLY1 deficiency via standardized clinician interviews every 4 months of medical, developmental and seizure history. Seizure and medication history was confirmed via prior records. 14 subjects also underwent in-person evaluations including EEG, obtained via 20 lead standard array. Descriptive statistics are provided for the first year of an ongoing natural history study.

Summary of Results All subjects had typical symptoms including: global developmental delay and/or intellectual disability, hypor- alacrima, hyperkinetic movement disorder and transient elevation in transaminases. 17/28 (60.7%) had a history of epilepsy, with mean seizure onset at 37 months (interquartile range 5–60 months, range 2 months to 19 years). Seizure types included myoclonic (8/17, 47%), atonic (7/17, 41%), and absence (6/17, 35%); focal with secondary generalization, tonic, generalized tonic clonic, and infantile spasms were also reported. 10/14 (71%) subjects had generalized interictal epileptiform activity on EEG. EEG background was otherwise normal without slowing in the majority of subjects. Commonly used antiseizure medications were valproate, levetiracetam, lamotrigine, and clobazam. 7/17 subjects achieved complete seizure control on a variety of medications.

Conclusions We highlight a significant risk of epilepsy in NGLY1 deficiency and detail the clinical and electrographic features identified in our international cohort. Seizure semiology is varied, with predominant myoclonic, atonic and absence seizure types with onset most commonly in infancy or early childhood. EEG abnormalities are non-specific and indicate a genetic risk of epilepsy, but most patients do not have EEG slowing which is a correlate of encephalopathy. Seizures often require treatment with multiple medications. Commonly used medications in various combinations include valproate and clobazam, indicating hepatic tolerance of these medications. Providers should educate caregivers about varied seizure types to ensure prompt detection and treatment of epilepsy.

2 CLINICAL WHOLE GENOME SEQUENCING IN YOUNG CHILDREN WITH AUTISM SPECTRUM DISORDER: A PILOT STUDY
K Wigby*, T Carr, M Feddock, A Jindal, D Dimmock, S Kingsmore, J Friedman, C Hobbs. University of California, San Diego, San Diego, CA; *Rady Children’s Hospital San Diego, San Diego, CA
10.1136/jim-2021-WRMC.2

Purpose of Study Genomic sequencing has identified a growing number of genes associated with developmental brain disorders and revealed the overlapping genetic architecture of autism spectrum disorder (ASD) and intellectual disability (ID). Children with ASD are often identified first by psychologists or neurologists and the extent of genetic testing or genetics referral is variable. Applying clinical whole genome sequencing (cWGS) early in the diagnostic process has the potential for timely molecular diagnosis and to circumvent the diagnostic odyssey. Here we report a pilot study of cWGS in a clinical cohort of young children with ASD.

Methods Used Children with ASD and cognitive delays/ID were referred by neurologists or psychologists at a regional healthcare organization. Medical records were used to classify subjects as 1) ASD/ID or 2) complex ASD (defined as 1 or more major malformations, abnormal head circumference, or dysmorphic features). cWGS was performed using either parent-child-affecting sibling (multiple families; n=3). Variants were classified according to ACMG guidelines. Pathogenic/likely pathogenic variants associated with ASD/ID were considered molecular diagnoses while variants of uncertain significance were considered candidate variants.

Summary of Results 19 children (9 females) received cWGS at a median age of 4 yrs (range 2.0–7.5 yrs). Six children were classified as complex ASD. cWGS identified a molecular diagnosis in 6 females of which 5 were complex ASD. All molecular diagnoses were due to rare de novo variants (CSNK2B, DDX3X, LZTR1, MEDI2, PUM1, SMARCA2). No molecular diagnoses were reported for males; 4 males had candidate variants. Three females had medical management changes including condition-specific surveillance and eligibility for targeted therapy.

Conclusions These preliminary results highlight the contribution of rare de novo variants in children with ASD with cognitive delays, consistent with prior research literature. Additional diagnostic testing beyond MECP2 sequencing and chromosomal microarray should be considered for females with ASD, particularly with complex phenotypes.

3 PHENOTYPIC CHARACTERIZATION OF WAC RELATED INTELLECTUAL DISABILITY DUE TO A NOVEL SPLICING VARIANT
JA Morales*, MI Valenzuela*, B Isidor, C Cusco-Martí, DR MataIon, NGomez-Opinia
*Stanford University, Stanford, CA; ’Hospital Universitari Vall d’Hebron, Barcelona, Spain; ‘CHU de Nantes – Hôpital Dieu, Nantes, France
10.1136/jim-2021-WRMC.2

Purpose of Study Describe the phenotype/natural history of 3 non-related individuals with a novel splicing variant in the WAC gene. Provide proof of pathogenicity to support variant reclassification as pathogenic.

Methods Used Literature & retrospective chart review, clinical evaluation, in-silico & in-vitro RNA splicing studies.

Summary of Results We identified 3 non-related boys from Mexican (P1), Spaniard (P2) and French (P3) ancestry carrying the same de novo splicing variant (c.381+4_381+7delAGTA) in the WAC gene. All patients manifested with global developmental delay and intellectual disability (borderline - moderate). Except for non-specific mild dysmorphism, patients are healthy without major medical comorbidities.
All patients were ascertained through whole-exome sequencing. For P1, variant was initially classified as of uncertain significance (ClinVar). In-silico analysis showed location in the 5’ splice site of intron 4 and predicted loss of a splice site in exon 4. RNA experiments derived from P2 confirmed aberrant splicing and showed a truncated protein: p.Gly92Alafs*2.

Review of literature & patient databases supported that WAC related intellectual disability is a condition characterized by neurodevelopmental features of variable severity. Additional findings might include dysmorphism & seizures. Compared to patients with other variants, only 1 of our cohort shared the described facial gestalt. Another overlapping condition, 10p11.2-p12.1 deletion, encompassing WAC and other genes, manifests with neurodevelopmental disorders and facial dysmorphism, suggesting that dysmorphism might be related to other gene/factor interactions.

**Conclusions** In our small cohort with WAC intron 4 splicing variant, the common feature was developmental delay and intellectual disability of variable severity. These data suggest weak genotype-phenotype correlations and support the contribution of other factors to the cognitive and dysmorphic phenotype. Based on the guidelines for interpretation of sequence variants, by performing functional studies and identifying non-related individuals we provide sufficient evidence to classify this variant as pathogenic.

**5 URINE LUCK: A RARE CASE OF A CONGENITAL DISORDER OF GLYCOSYLATION DIAGNOSED BY URINE OLIGOSACCHARIDES**

R Gates*, K Cusmano-Ozog, N Gomez-Ospina. Stanford University, Stanford, CA

10.1136/jim-2021-WRMC.5

**Purpose of Study** Congenital Disorders of Glycosylation (CDG) are a group of disorders caused by defective synthesis and processing of glycoconjugates. Diagnosing CDGs can be difficult due to their varied clinical presentations and multi-system organ involvement. Mannosyl-oligosaccharide glucosidase CDG (MOGS-CDG aka type IIb) is a very rare CDG with fewer than ten reported cases in the literature. In addition to being poorly characterized, carbohydrate-deficient transferrin is typically normal, hindering the diagnosis. Here, we report a case of MOGS-CDG, summarize the medical literature, and describe a useful biomarker in urine.

**Methods Used** Medical literature and chart review, physical examination, laboratory testing.

**Summary of Results** A 13-month old boy with global developmental delay, microcephaly, laryngomalacia, hepatomegaly, and poor vision was admitted to the intensive care unit for hypercapnia and hypoxemia. Physical examination was notable for hypotonia, high-arched palate,pectus excavatum, clenched hands, and limited purposeful movements. A CDG was suspected; however, carbohydrate-deficient transferrin analysis was normal. Whole Exome Sequencing revealed biallelic missense variants of uncertain significance in MOGS NM_006302.2:c.[2126T>C];[1619G>A]. Urine qualitative oligosaccharide analysis by liquid chromatography-tandem mass spectrometry identified an abnormal elevation of a tetrasaccharide distinct from glucose tetrasaccharide (Glc4) and maltotetraose (M4), likely consistent with the known metabolite in this condition, Glc3Man1.

Currently, there are eight cases of MOGS-CDG reported in the literature from six families. Marked hypotonia, hypogammaglobulinemia, and hepatomegaly are among the common features reported. The fatality rate before age one is 56% (5/9, including our study).

**Conclusions** CDGs should be considered in any child with severe developmental delay, failure to thrive, multi-system organ disease, and characteristic facial features. Normal carbohydrate-deficient transferrin analysis can be seen in CDGs, especially type II CDGs like MOGS-CDG. Urine oligosaccharide analysis may be useful for obtaining the correct diagnosis. Additional cases are needed to better delineate the phenotype and solidify diagnostic techniques for this ultra-rare disorder.
Purpose of Study Coffin-Lowry syndrome (CLS) is an X-linked semidominant disorder caused by pathogenic variants in RPS6KA3. In hemizygous males, CLS is characterized by intellectual disability, distinctive facial features, digit anomalies, and progressive kyphoscoliosis. Heterozygous females may also have features of CLS; however, there is considerable phenotypic variation thought to be secondary to ratios of X-inactivation in various tissue types. While skeletal anomalies and short stature are hallmarks of CLS, hypercalcemia has not been reported.

Methods Used Clinical evaluation, molecular sequencing, chart review, and literature review.

Summary of Results Here we describe a 21 month-old girl with gross motor delays, progressive short stature, and dysmorphic features requiring multiple admissions for idiopathic hypercalcemia necessitating bisphosphonate infusions at 12 and 15 months of age. Family history is notable for mother with decreased height compared to 1st-degree relatives and bilateral genu valgum; no hypercalcemia or developmental delays reported. Exam revealed frontal bossing, depressed nasal bridge with anteverted nares and bulbous nasal tip, everted lower vermilion border, and tapered fingers. Prior evaluation included a normal skeletal survey, chromosomal microarray, and calcium homeostasis panel. Exome sequencing revealed a maternally-inherited likely-pathogenic variant in RPS6KA3, consistent with the diagnosis of CLS in our patient, as well as her mother. No other variants were reported.

Conclusions Hypercalcemia is not a reported feature in CLS; however, there is evidence of interrupted osteoblast differentiation, providing a potential mechanism for hypercalcemia. The hypercalcemia in this case may represent a severe presentation of an unrecognized phenotype that resolves with age. Exome sequencing provided this family a diagnosis with valuable reproductive implications for parents and maternal relatives. This case highlights the intrafamilial phenotypic variation of CLS among females. Future aims include X-inactivation studies and evaluation of maternal relatives.

Purpose of Study Misssense variants in the HUWE1 gene are associated with X-linked intellectual disability (ID) and non-familial features including deep-set eyes, epicantthic folds, blepharophimosis, broad nasal tip and thin upper lip. Mild, intermittent neutropenia has also been reported and induced ablation of Huwe1 in mice results in depletion of hematopoietic stem cell populations. Although girls can be affected, some affected boys inherit HUWE1 variants from unaffected mothers. Skewed X-chromosome inactivation (XCI) is speculated to attenuate the effect of HUWE1 mutation in these individuals. Our study investigates the extent of skewed XCI in this condition and discusses the importance of HUWE1 in hematopoietic homeostasis.

Methods Used We performed literature review and chart review of patients who underwent exome sequencing at ARUP laboratories or identified through GeneMatcher. XCI studies were performed on maternal blood to assess skewed X-inactivation patterns.

Summary of Results Here we report a male who presented prenatally with hydrops fetalis and intrauterine growth restriction and at birth was found to have severe pancytopenia. Exome sequencing identified a HUWE1 missense variant (p. Arg3805Lys) inherited from his unaffected mother. Two additional boys with clinical findings consistent with HUWE1-associated ID harbored different missense variants inherited from healthy mothers. XCI analysis of all three mothers demonstrates extremely skewed X inactivation (>90:10).

Conclusions The finding of bone marrow failure in a patient with HUWE1-associated ID recapitulates the Huwe1 hemato- logical phenotype observed in mice and may represent the most severe presentation of this condition. Mechanistically the dependence of hematopoietic stem cell renewal on HUWE1 could account for the XCI skewing observed in heterozygote mothers. We provide further evidence for the utility of XCI studies in ascribing pathogenicity to inherited missense HUWE1 variants.

Purpose of Study To describe the first reported patient in literature to be simultaneously affected by both Aicardi Goutieres and a mitochondrial depletion syndrome. To discuss the utility of the Adrenoleukodystrophy screen in picking up Aicardi Goutieres, and the use of muscle and liver biopsies to evaluate the pathogenicity of novel POLG1 variants.

Methods Used Infant was born to parents who were first cousins, presenting with a history of severe IUGR. The child was admitted to NICU and his newborn screen returned positive for Adrenoleukodystrophy (ALD). Whole genome sequencing (WGS) was performed. WGS was negative for changes in the ABCD1 gene (ALD) but was positive for biallelic likely pathogenic variants of TREX (Aicardi Goutieres) as well as biallelic variants of unknown significance of POLG1. Liver and muscle biopsies were sent to evaluate for mitochondrial disease.

Summary of Results Patient was homozygous for identical variants of both conditions, suggesting both parents were carriers due to consanguinity. Aicardi Goutieres is a disorder which often mimics congenital infection with a period of regression and neonatal encephalopathy resulting in neurological devastation. POLG1 produces a subunit of a DNA polymerase (Pol γ) which is active in mitochondria and is involved in the
replication of mtDNA. Pathological variations produce a wide range of mitochondrial disorders. Patient phenotype included neonatal encephalopathy seen in Aicardi Goutieres, but regression characteristic of mitochondrial dysfunction.

Conclusions Patient was positive for ALD on newborn screen, and literature shows previous Aicardi Goutieres patients similarly identified. Patient’s muscle and liver biopsy were abnormal, suggesting pathogenicity of his POLG1 variants.

Healthcare research I – therapies
Concurrent session
8:10 AM
Friday, January 29, 2021

THE ACCURACY OF CLINICAL AND OBSTETRICAL POINT OF CARE ULTRASOUND (POCUS) IN ESTIMATING FETAL WEIGHT VERSUS ACTUAL BIRTH WEIGHT: A PILOT PROSPECTIVE STUDY OF RIO BRAVO FAMILY MEDICINE RESIDENCY PROGRAM

V Marquez*. Rio Bravo Family Medicine Residency Program, Bakersfield, CA

Purpose of Study The purpose of this study is to compare the accuracy of clinical and obstetric POCUS methods of predicting fetal weights at term via a pilot prospective study of 35 antepartum patients.

Methods Used A total of 40 full term pregnant women were included in the study. Five were excluded for insufficient data. Clinical fetal weight were estimated using Dare’s formula (abdominal circumference x fundal height) and ultrasound (Hadlock) measurements.

Summary of Results Analysis of the data showed that clinical estimation of the fetal weight using Dare formula (DFW) over-estimated the actual birth weight(ABW). Ultrasound(UFW) estimation of fetal weight showed no significance when compared to ABW. The ABW had a mean of 3247.46 ± 434.27 grams (g) while UFW had a mean of 3182.2 ± 410.44 g. The p-value of UFW and ABW was 0.2991 indicating no statistical significance.

The mean of DFW was 3948.1 ± 534.12 g. When comparing DFW versus ABW, the average difference was 700.64 grams (g) while UFW had a mean of 3182.2 ± 410.44 g. The p-value of UFW and ABW was 0.2991 indicating no statistical significance.

The mean of DFW was 3948.1 ± 534.12 g. When comparing DFW versus ABW, the average difference was 700.64 g. A p-value of 0.00 indicated statistical significance with DFW being greater than ABW.

BMI of the mothers was considered with the mean was 30.71 ± 4.72. Minimum BMI was 24 and a maximum BMI of 42. When taking into account the absolute errors, no correlation was found between BMI and clinical weight estimation.

Conclusions In the study, DFW overestimated fetal weight. UFW and ABW showed no significance in estimation. Similar results were seen in a 1994 study by Shamley et al. Clinical overestimation of fetal weight can lead to earlier intervention in macrosomia infants which can lead to decreasing the risk of labor complications especially in a population where the utilization of ultrasounds is not possible. When properly trained in clinical techniques, clinicians can determine the course of management.

THE EFFECTS OF MINDFULNESS MEDITATION ON PATIENT SATISFACTION DURING URODYNAMIC STUDY

H Wagner, M Baranda*, F Jellison, A Staack. Loma Linda University, Zephyrhills, FL

Purpose of Study Urodynamics (UDS) are used frequently to assess lower urinary tract symptoms (LUTS) and bladder function. UDS requires intravesical, vaginal or rectal transducer placements, and placement of perineal electrodes. Prior studies show that although well tolerated in most, some patients may have heightened anxiety and feelings of discomfort. Some studies suggest that a mindfulness-based stress reduction (MBSR) protocol may help improve a patient’s emotional health and perception of UDS.

Methods Used A retrospective review was conducted of patients who underwent UDS between June and August 2020. All patients underwent a standardized educational protocol about UDS prior to the study. Patients were divided into meditation group and non-meditation group. The meditation group listened to a pre-recorded meditation prompt with audio headsets prior to starting UDS. Patients were divided into validated questionnaires to assess their anxiety and pain levels, LUTS before and after intervention including STAI-6, VAS, and a UDS-validated perception questionnaire. Statistical analysis was conducted using paired T-Test, independent T-test, and Chi squared. A p-value of <0.05 was considered statistically significant.

Summary of Results Out of 30 patients identified, meditation was used in 16 patients and non-meditation in 14 patients. The patients of both groups were comparable in age, gender, living situation, education level, and ethnicity. Patient’s in the meditation group had higher pelvic pain rates (1.7 compared to 1.1 p=0.002). There were no statistically significant differences in pre- and post- UDS rates of overall anxiety. There was increased pain in the non-meditation group post-UDS (4.1 compared to 2.8, p=0.02). Patients in the meditation group reported more often that UDS was better than expected than in the non-meditation group (64.7%, n=11 versus 20%, n=3, p=0.011).

Conclusions Utilizing a mindfulness-based stress reduction (MBSR) protocol may improve a patient’s perception of pain and satisfaction after UDS. Future randomized prospective studies are needed for further evaluation.

THE EFFECTS OF COUGH SUPPRESSION THERAPY ON VOICE SEVERITY

1D LaTour*, 1R Hahn, 2B Crawley, 3P Krishna, 3T Murry. 1Loma Linda University, Loma Linda, CA; 2Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Chronic cough (CC) is a global problem, affecting nearly 10% of the world population. 1,2 Patients report negative psychological effects of CC on their quality of life and voice. 3 However, the relationship between CC and voice disorders remains unclear. The purpose of this study was to determine if treatment of CC using Cough Suppression Therapy (CST) contributed to improvement in the self-reported severity of both cough and voice disorders. We also examined if length of CST treatment was related to patients’ self-assessment of changes in their chronic cough and voice disorder.
Methods Used Subjects were selected from patients presenting with CC to the Loma Linda University Voice and Swallowing Center. Forty-four adult patients met the inclusion criteria of CC > 8 weeks, CST therapy, and pre and post-treatment Voice Handicap Index-10 (VHI-10) and Cough Severity Index (CSI) measures. All subjects underwent pre and post-treatment exam by videostroboscopy and completed pre and post-treatment validated VHI-10 and CSI assessments. Subjects received CST from a licensed Speech Language Pathologist. All subjects had an additional diagnosis of a voice disorder. Patients were divided into two groups based on their VHI scores. Twenty-seven patients were assigned to the cough (C) group and seventeen to the cough-voice (CV) group. Descriptive statistics were used to determine the differences between pre and post-treatment VHI-10 and CSI scores. A nonparametric Rho correlation coefficient was used to determine the relationship between the number of treatment sessions and changes in the VHI-10 and CSI.

Summary of Results Post-test analysis showed significant improvement in cough for both groups and significant improvement in voice for the 17 subjects in the CV group. The VHI-10 scores for the C group did not change significantly. The correlation between voice disorder severity and number of treatment sessions was not significant at the tested level.

Conclusions This study demonstrated that patients with CC and voice disorders have favorable responses to CST. Exercising or massaging a group of muscles in the larynx with the intent of decreasing cough demonstrated a crossover effect to the treatment of the voice. This plasticity effect has also been observed in other therapeutic conditions.

DEVELOPMENT OF A QUESTIONNAIRE ON ACCESS TO SICKLE CELL DISEASE CARE IN THE INDIGENOUS THARU POPULATION OF NEPAL

SY Starkey*, K Gray, C Lanz, J Taylor, SA Lim, K Patterson, V Kapoor. University of British Columbia, Vancouver, BC, Canada

Purpose of Study Sickle cell disease (SCD) disproportionately affects the Tharu population of Nepal, a marginalized indigenous group concentrated in the Dang district. SCD is a structural hemoglobinopathy resulting in abnormal red blood cells with a tendency to occlude microvasculature. Since 2015, University of British Columbia medical students and a local community partner, Creating Possibilities, have assisted Tharu individuals in 2016–2017 identified inadequate local medical resources, transportation, financial strain, and limited awareness as barriers to care. Based on the literature review, we organized all survey items under the themes transportation, medical infrastructure, finances, community attitudes, and personal attitudes. The questionnaire includes closed-ended questions using a Likert scale, as well as open-ended interview prompts. It was made in collaboration with local community members to ensure it is culturally appropriate, needs-specific, and easily understandable. The questionnaire received ethics board approval, and interviews will begin once local health authorities lift COVID-19 restrictions.

Conclusions Results from the Barriers to Accessing SCD Care questionnaire will guide future community-based interventions.

TELEMEDICINE TRAINING TO IMPROVE HEALTHCARE ACCESS FOR SENIOR LIVING COMMUNITY RESIDENTS IN LEWISTOWN, MONTANA

W French*, University of Washington School of Medicine, Seattle, WA

Purpose of Study In response to the coronavirus pandemic, the Central Montana Medical Center (CMMC) in Lewistown, Montana bolstered its telemedicine program while restricting in-person visits. Patients inexperienced with technology—especially the elderly—forwent care. The purpose of this study was to determine how telemedicine access can be improved for residents of Lewistown senior living communities (SLCs), defined as independent, assisted living and nursing home facilities for older adults.

Methods Used CMMC administration cite patient inexperience with technology and clinician buy-in as the largest barriers to telemedicine utilization (personal communication, July 28, 2020). To elucidate, Lewistown SLC administrators were surveyed. The vast majority did not assist residents with telemedicine visits, but almost all expressed interest in offering it if training were provided. CMMC clinicians were also surveyed. Most had no telemedicine training and few felt comfortable using it. Therefore, SLC staff and clinician training were identified as avenues to improve telemedicine delivery. Two studies were evaluated to ascertain the benefit of such interventions.

Summary of Results The first study found access to telemedicine and telemedicine-trained staff reduced emergency department (ED) use among SLC residents by 18% annually. Residents without access to such services experienced a 1% growth in ED visits (Shah et al., 2015). The second study assessed variability in medical care between virtual visit companies. Significant variations were observed across all measures, underscoring the necessity of provider telemedicine training (Schoenfeld et al., 2017). Both studies and SLC/clinician survey results were presented to CMMC administration.

Conclusions Training SLC staff to assist residents with telemedicine visits may increase telemedicine usage and healthcare access. Similarly, training CMMC clinicians on virtual physical exams and history collection may improve their confidence in telemedicine technology and quality of virtual care. The survey results and literature suggest both interventions would have a significant impact on telemedicine delivery in low-resource settings.
Lewistown. Future steps include determining level of training for SLC staff and exploring telemedicine training programs for providers.

**Knowledge and Risk Perception About Hepatitis C: Preliminary Evidence from a Cross-Sectional Study of Adults Living in Louisiana**

B Novak*, K Panbechi, J Matacotta. Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pomona, CA

10.1136/jim-2021-WRMC.14

**Purpose of Study** In 2013, HCV killed more Americans than all other infectious diseases according to the CDC. In Louisiana, HCV affects underserved populations at a disproportionate rate. Even though direct-acting antivirals (DAAs) treatment is available, many barriers prevent adequate screening and treatment of at-risk populations.

The purpose of this study is to evaluate HCV risk perception and knowledge about testing and treatment. The larger goal is to understand how a telemedicine-enhanced healthcare model can be utilized to improve access and quality of care.

**Methods Used** This preregistered cross-sectional online study was approved by the IRB of Western University of Health Sciences (X20/IRB/031). Preliminary data was analyzed from a quantitative survey, collected between April 29-September 15, 2020, of volunteer participants, aged 18–99 years old, who were recruited online via social media platforms and in-person at various Access Health Louisiana Clinics. N=39 for preliminary data, with a goal of N=100. The survey includes questions regarding demographics, risk perception, access to care, and knowledge of HCV. Data was analyzed using ANOVA.

**Summary of Results** 3 out of 39 participants reported taking a DAA and were not included in the study. Most respondents (80.6%) perceived their overall health as excellent, very good, or good and correlated with risk perception. 14% reported HCV testing while 67% never tested. The two most cited reasons for not testing were believing they were not at risk and lack of provider recommendation for testing. Those who never tested included 24% from the Baby Boomer generation. Additionally, 66.7% had not heard of DAAs or knew that never tested included 24% from the Baby Boomer generation.

**Conclusions** These findings offer preliminary but critical evidence that increasing public knowledge and addressing stigma about HCV are key to increasing HCV screening and treatment. The various barriers impeding diagnoses and treatment of HCV patients include lack of awareness, access barriers, and affordable medication.

**Addressing Alcohol Use Disorder in Plains, MT Through Online Mutual Support Groups**

M Napier*. University of Washington School of Medicine, Spokane, WA

10.1136/jim-2021-WRMC.16

**Purpose of Study** Plains, MT is a rural town of 1,149 people located in Sanders County. Within the county, 21.07% of people are considered heavy drinkers, compared to the national average of 14.71%. The need to address alcohol use disorder is outlined in the Clark Fork Valley Hospital (CFVH) 2017 Health Assessment and Implementation Plan, as a top priority. This need was further highlighted in community conversations surrounding the nature of the information that patients require and the methods by which such information is delivered. Directly exploring the views of patients and their family members will improve understanding of how to best educate them, which will hopefully decrease the degree of anxiety that patients face and lead to better anesthetic care.
Neonatology – perinatal biology I

Concurrent session

8:10 AM

Friday, January 29, 2021

17 ANTENATAL SELENIUM DEFICIENCY DECREASES NEONATAL HEPATIC AND PLASMA GLUTATHIONE PEROXIDASE

D Balasubramaniam1,2, Z Zheng, R de Dios, T Szemere, E Nozik, CJ Wright, L Sherlock. University of Colorado Denver School of Medicine, Aurora, CO

10.1136/jim-2021-WRMC.17

Purpose of Study Maternal selenium (Se) deficiency is associated with decreased neonatal Se levels and worse neonatal outcomes. Se deficiency in infancy increases the risk of morbidity related to oxidative stress. The mechanisms explaining this are unknown, and preclinical models of antenatal Se deficiency have not tested the impact of low Se during pregnancy on the neonate. Adult models demonstrate circulating and hepatic glutathione peroxidases (GPx) are selenoenzymes highly sensitive to Se intake. Thus, we developed a model of antenatal Se deficiency and assessed the effect on pregnancy, as well as plasma and hepatic selenoenzymes in the pups.

Methods Used C57Bl/6 mice received SeS (0.4 ppm Se) or SeD (<0.01 ppm Se) diets 2–4 weeks before breeding. Pups were sacrificed at P0. Liver was assessed for Gpx1 mRNA, and Gpx1, Trxrd1, SOD1, SOD2, SOD3, catalase and HO-1 protein content by Western blot. Gpx activity was measured in liver and plasma by enzyme assay. F and M pups were analyzed as separate groups.

Summary of Results SeD pups had similar weights per litter but smaller litters than SeS (p<0.05, n=8–9 litters). Plasma GPx activity was decreased in SeD pups (p<0.01, n=2). Hepatic Gpx1 mRNA, Gpx1 protein and GPx activity were decreased in SeD pups (p<0.001, n=4–5). Hepatic Trxrd1 protein was not decreased if dams received short exposure to SeD diet (<10 weeks) but decreased if dams received prolonged SeD diet (>10 weeks) (p<0.05, n=3–5). To test if other antioxidant enzymes (AOE) increased in the setting of SeD, hepatic SOD1, SOD2, SOD3, catalase and HO-1 protein contents were measured and were not different between SeS and SeD pups, either with short or prolonged duration (n = 4). Sex differences were not observed in the mRNA, protein content or activity level of selenoenzymes or other AOE of SeS or SeD pups.

Conclusions Antenatal SeD decreases neonatal plasma and hepatic GPxs, without sex differences in SeS or SeD pups. With prolonged SeD in dam, hepatic Trxrd1 is also decreased. Neona
tal SeD pups do not demonstrate an increase in compensatory AOE. We speculate that both male and female SeD neonates may be vulnerable to oxidative stress secondary to low hepatic and circulating antioxidant enzymatic defense.
Purpose of Study: Skeletal muscle growth is reduced in the intrauterine growth restricted (IUGR) fetus. We previously reported that external iliac blood flow was similar between late gestation control (CON) and IUGR fetal sheep when normalized to hindlimb weight, indicating that hindlimb muscle growth slowed to match blood supply. Oxygen delivery due to lower blood oxygen content and oxygen consumption rates were reduced in the IUGR hindlimb. Acute hypoxemia is known to stimulate angiogenesis, but whether chronic hypoxemia induces angiogenesis is controversial. We hypothesized that muscle microvasculature would be reduced in the IUGR fetus as an adaptation to slow growth.

Methods Used: Biceps femoris (BF) and tibialis anterior (TA) muscles were harvested from CON (n=8) and IUGR (n=13) late gestation fetal sheep. Genes that regulate angiogenesis were measured in BF using real-time qPCR. VEGFA protein was measured in TA by Western blot. Cross-sections of BF were incubated with anti-dystrophin to identify myofibers and Griffonia simplicifolia lectin to quantify vessel area and density. Total vascular, capillary-specific, and arteriole/venule-specific area to muscle area ratios and capillary number per myofiber were determined using Visiopharm Image Analysis software. Student’s t-test was used, and P<0.05 was designated as significant.

Summary of Results: Angiogenic regulatory gene expression was either similar (NOS3, THBS1, DLL4, NOTCH1/4, SPP1) or lower (ANGPT1, NCL, PGC-1α, and CCL2) in IUGR BF compared to CON (P<0.05). Protein expression of VEGFA was 45% lower in IUGR TA (P<0.0005). Vascular/muscle area, capillary/muscle area, and capillary number/myofiber ratios were similar between groups. However, arteriole and venule/muscle area tended to be lower in IUGR (P=0.06), and the capillary area/total vascular area was higher in IUGR (P<0.05).

Conclusions: Contrary to our hypothesis, microvasculature was maintained in IUGR muscle. However, an increase in the ratio of capillary area to total vascular area may indicate differences in branching morphogenesis in an attempt to compensate for chronic hypoxemia. We further speculate that reduced VEGFA may contribute to reduced skeletal muscle growth in IUGR.

Cerebral Regional Oxygen Saturation During Resuscitation in Perinatal Asphyxial Cardiac Arrest

Purpose of Study: Cerebral regional oxygen saturation (CrSO2) measured by near-infrared spectroscopy (NIRS) can be used as an adjunct to oxygen saturation (SpO2) monitoring in the delivery room. No studies have assessed the accuracy of NIRS in perinatal cardiac arrest.

Methods Used: Nine fetal lambs were instrumented to measure blood pressure, carotid blood flow, preductal SpO2, SaO2 and CrSO2. Cardiac arrest was induced by umbilical cord occlusion and lambs were resuscitated following NRP guidelines.

Summary of Results: Average lamb weight was 4.0 ±0.7 kg. Median time (IQR) to asystole was 17 (14–18) min. Median time (IQR) to return of spontaneous circulation (ROSC) was 4.4 (3.5–4.8) min. Figure 1 shows the relationship between CrSO2, SpO2 and SaO2. Pearson correlation comparing brain O2 delivery to CrSO2, SaO2 and CrSO2 values quickly rise following ROSC along with increased O2 delivery to the brain (figure 2). Pearson correlation comparing brain O2 delivery to CrSO2, SaO2 and SpO2 were 0.76, 0.76, and 0.61, respectively. Correlation comparing SaO2 to CrSO2 and SpO2 were 0.77 and 0.59, respectively.

Conclusions: In a perinatal asphyxiated lamb model, CrSO2 correlates better than SpO2 with brain oxygen delivery and...
SaO2 and may help guide titration of FiO2 following ROSC. Further studies are needed before implementation into clinical practice.

DISTINCT POPULATIONS OF DEVELOPING MACROPHAGES IN EMBRYONIC MOUSE LIVERS AND LUNGS

S Hietalati*, L Butcher, L Prince. University of California San Diego, La Jolla, CA

Abstract 20 Figure 2  CrSO2 values quickly rise following ROSC along with increased O2 delivery to the brain

IN VITRO INHIBITORY POTENCY OF D-PENICILLAMINE ONHEME OXYGENASE ISOZYME ACTIVITY

K Fuwa*, CH! Konecny, DK Stevenson, RJ Wong. Stanford University School of Medicine, Stanford, CA

Abstracts
inhibition of HO-1 (spleen) over HO-2 (brain) activities, was calculated, with a SI of > 1.0 indicative of a selectivity for the HO-1 isozyme.

Summary of Results D-Penicillamine at a concentration 8.3 mg/mL effectively decreased in vitro HO activity 37 ± 3% (n = 3), and 43 ± 11% (n = 3), for the HO-1 (spleen) and HO-1 (brain) isozymes, respectively. In addition, the calculated SI for HO-1 was 0.87, indicating an almost equal selectivity for each HO isozyme.

Conclusions D-Penicillamine can decrease in vitro HO activity and appears to have equal selectivity to inhibit both HO-1 and HO-2 isozymes. Further work is warranted to investigate whether D-Penicillamine has potential for use in the treatment of neonatal hyperbilirubinemia.

23 A NOVEL RAT MODEL OF INFLAMMATION DRIVEN DIFFUSE WHITE MATTER INJURY

J Waddell*, K Carter, N Ojeda, Y Pang. University of Mississippi Medical Center, Jackson, MS

Purpose of Study Brain white matter injury (WMI) is a leading cause of neurological disabilities in preterm infants that can affect sensory, motor, and cognitive brain function. WMI ranges from severe, necrotic periventricular leukomalacia (PVL) to mild diffuse WMI that involves changes to Oligodendrocyte (OL) lineage cells and neurons. Diffuse WMI has emerged as the most prevalent form in modern neonatology. This has led to calls for relevant animal models that can more accurately mimic diffuse WMI. Previously, we have established a PVL-like model by intracerebral injection of a high dose of lipopolysaccharide (LPS) to neonatal rats. The aim of this study was to test the hypothesis that low-grade neuroinflammation caused by intracerebral injection of a lower dose of LPS may produce clinically relevant diffuse WMI.

Methods Used Sprague Dawley rats on postnatal day 5 (P5) were injected intracerebrally with LPS (100 μg/kg, in saline) or saline. On P7, we investigated injury and dysmaturity of OL lineage cells and neurons, activation of astrocytes and microglia, as well as damage to axons and dendrites, by immunohistochemistry and Western blot. Cells were quantified by stereological cell counting methods.

Summary of Results Our data show that a lower dose of LPS (1/10 of previous model) led to an activation of Iba1+ microglia and GFAP+ astrocytes across brain regions including the periventricular white matter and hippocampus. LPS treatment led to acute axonal damage shown by beaded β-amyloid precursor protein (β-app) positive fibers in the cortex, corpus callosum, and hippocampus; This was rarely observed in the control rats. In addition, reduction of Microtubule Associated Protein 2 (MAP2) staining and Doublecortin (DCX) protein levels in the hippocampus suggests neuronal dysmaturation. LPS resulted in a reduction in Rip+ later stage OLs but not PDGF receptor+ OL progenitor cells. There were no apparent necrotic brain damages noted in LPS-treated rats.

Conclusions The results suggest that a lower dose of LPS produces cellular and molecular features of diffuse WMI, characterized by injury and dysmaturation in both OLs and neurons that are increasingly seen as critical cellular substrates underlying cognitive and behavioral deficits in very premature infants.

24 STANDARDIZED CHITOSAN NANOPARTICLES

1AC Jaeger, 2N Iwakoshi, 1W Kirsch*. 1Loma Linda University, Loma Linda, CA; 2Karamedica, Raleigh, NC; 3Walla Walla University, College Place, WA

Purpose of Study Bypassing the blood-brain barrier via nasal insufflation, Diethylamylamine-Chitosan (DEAE-CH) nanoparticles (NP) show promise as a gene delivery system to the brain. Manual NP creation means sample inconsistency. The positive charge from DEAE-CH amines and the negative phosphates of a plasmid form an NP, but how they interact informs the size and shape of the particle. Past protocols produced particles too large and varied. Since microfluidics impacts NP formation, inconsistencies are likely due to the variability inherent in turbulent mixing. We hypothesize standardizing the mixing procedure for the creation of DEAE-CH NPs will provide smaller NPs between sample preparations.

Methods Used To investigate this, we assembled a device with software to create qualifying NPs with batch consistency. A prepared solution of DEAE-CH is combined with a substituted phosphate via motorized syringes connected to a “Y” joint creating a laminar flow ideal for reliably consistent NPs. NPs were measured by dynamic light scattering.

Summary of Results Preliminary results suggest that our standardized system using this encapsulator produces nanoparticles in a much smaller range of 10 to 30 nanometers for an average of 18.4 nm, much smaller than previous manual attempts.

Conclusions Further study will determine what mixing rate provides the best laminar flow to create a predictable DEAE-CH NP for an effective gene delivery system.
Purpose of Study
Prenatal Alcohol Exposure (PAE), a continued common occurrence worldwide, is associated with neurodevelopmental abnormalities including impairments of behavioral and cognitive functioning. Additionally, placental insufficiency (PI), occurs concomitantly with PAE. The effect of PAE+PI on the cerebellum, a brain structure that functions in coordinating voluntary movements, is not fully understood. In this study we use magnetic resonance imaging (MRI) to assess whether PAE+PI results in microstructural abnormalities within the white matter fiber tracts that connect the cerebellum to the brainstem.

Methods Used
Pregnant Long-Evans rats voluntarily drank 5% ethanol or saccharin water until embryonic day 18 (E18) to mimic moderate PAE. On E19, an open laparotomy was completed, and the uterine arteries were occluded for one hour. Pups delivered normally on E22 and matured with their dams. At postnatal day 100 (P100), tissue was collected, and the brains were scanned on a Bruker 7.0T MRI. Regions of interest were analyzed with Bruker’s Paravision 5.1 and diffusion eigenvectors measured. One-way ANOVA was used, with p<0.05 significant (n=15–30/group).

Summary of Results
Diffusion tensor imaging (DTI) analyses of the cerebellar peduncles showed decreases in fractional anisotropy (FA) in PAE+PI rats compared to controls. FA was decreased by nearly 16% (p<0.01) in the superior cerebellar peduncle. In the inferior and middle cerebellar peduncle, the FA was decreased in PAE+PI compared to controls (decreased by ~5%) but did not reach significance. Additionally, increases in axial, radial and mean diffusivity were noted in PAE+PI compared to controls within the cerebellar peduncles, but significance was not reached.

Conclusions
The cerebellar peduncles are sensitive to injury following PAE+PI in this preclinical study. Specifically, the superior cerebellar peduncle, which consists primarily of efferent pathways, is more vulnerable to injury following these prenatal insults compared to other areas of the cerebellum. Additional studies are needed to further characterize this injury and the impact this may have on function related to these critical brain regions.

Purpose of Study
Aneurysmal dilatations weaken arterial walls and put them at risk for catastrophic rupture. Germline variants and environmental contributions account for a minority of aneurysms and little is known about the role of somatic events in pathogenesis. Recently, our group described an index patient with a somatic mosaicism pattern of a unique vascular and cutaneous phenotype. Whole exome sequencing of affected vascular tissue revealed an activating somatic variant in platelet derived growth factor beta (PDGFRB) with allele fractions between 2–40%. This variant was absent from matched blood DNA and unaffected tissues from throughout the body. Ten years later, the patient suffered a deadly subarachnoid hemorrhage and the family elected scientific donation. We aimed to study the PDGFRB allele fraction to histopathologic phenotype relationship throughout the patient’s body.

Methods Used
The institutional review board at the University of Washington approved all research conducted. Postmortem tissue specimens along with cell lines were harvested and mirrored tissue specimens were processed for both DNA extraction and histology. A unique digital droplet polymerase chain reaction (ddPCR) assay specific for the PDGFRB variant (p. Tyr562Cys [g.149505130T>C (GRCh37/hg19)]) was developed to study allele fractions at a 20,000x depth coverage. Obtained allele frequencies were compared to the pathogenic phenotype.

Summary of Results
The patient developed intracranial, radial and coronary artery aneurysms ipsilateral to the cutaneous phenotype. There was no aortic involvement and contralateral vasculature was normal. ddPCR revealed the presence of variant gradient in all affected tissue. Interestingly, the aorta and unaffected arteries did not harbor the variant. We will discuss the allele frequency relationship to phenotype throughout the patient’s vascular tree and tissues.

Conclusions
The PDGFRB variants are associated with both cerebral and coronary aneurysms. The aorta was spared without evidence of aneurysmal changes. This is in contrast to inheritable connective-tissue diseases such as Ehlers-Danlos (vascular type) syndrome and Loeys-Dietz syndrome, where an aortic phenotype is uniform. This is the first described case of a PDGFRB variant - gradient map showcasing somatic mosaicism with a vascular phenotype.

Purpose of Study
Preoperative opioid use (POU) has been well-studied in elective spinal surgery and correlated with numerous postoperative complications. Prior to this study, there was a paucity of data available on surgery for spine trauma, possibly because there are minimal options for opioid reduction prior to emergent spinal surgery. Patients with spine trauma are at a high risk for adverse postoperative outcomes. This retrospective cohort study investigated the effects of POU on postoperative opioid demand (POD) and length of stay (LOS) in traumatic spinal surgery.

Summary of Results
Preoperative opioid use was associated with increased postoperative opioid usage and LOS. The effect was greatest with high preoperative opioid use. Patients with high preoperative opioid use had a greater risk of respiratory complications. Additionally, patients with high preoperative opioid use had a greater risk of developing ventilator dependence.

Conclusions
Preoperative opioid use is associated with increased postoperative opioid usage and LOS. Patients with high preoperative opioid use have a greater risk of respiratory complications. Additionally, patients with high preoperative opioid use have a greater risk of developing ventilator dependence.
Methods Used 130 patients were grouped into two groups for primary comparison: Group 1 (Preoperative Opioid Use, N=16) and Group 2 (No Opioid Use, N=114). Two subgroups of Group 2 were used for secondary comparison: Group 3 (No Substance Abuse, N=95) and Group 4 (Other Substance Abuse, N=19). POD was defined as average morphine equivalents per day (mg/day) and LOS was defined as number of days between surgery and discharge. Multivariate analysis was used to determine if there were significant differences in the POD and LOS between groups.

Summary of Results Primary analysis demonstrated that preoperative opioid users required an estimated 97.5 mg/day more opioid medications compared to non-opioid users (p<0.001). Secondary analysis showed a similar increase in POD when comparing preoperative opioid users to patients with no history of substance abuse (p<0.001) and to patients with history of other substance abuse (p<0.001). Neither primary nor secondary analysis showed a difference in LOS between any of the groups.

Conclusions Preoperative opioid users had increased POD compared to non-opioid users, but there was no difference in LOS between the groups. Preliminary investigation reveals very similar results when comparing preoperative opioid users to non-substance abusers and other substance abusers. We theorize the lack of difference in LOS between groups may be due to the enhanced perioperative recovery protocol used for these patients, which has been demonstrated to reduce LOS. Further investigation into long-term outcomes is the next step for this research.

10.1136/jim-2021-WRMC.28
Prenatal alcohol exposure (PAE) produces long-term neurological deficits and is associated with placental insufficiency (PI). Alas, the combined neurological impact of PAE and PI remains unknown. Here, we utilized a three-dimensional (3D) Sholl analysis to compare PAE, PI, and PAE + PI neuronal morphology in the frontal cortex, a critical region for cognition. We hypothesized that PAE + PI would induce a distinct pattern of altered dendritic complexity relative to either insult alone.

Methods Used Pregnant rats voluntarily drank 5% alcohol or saccharin water until embryonic day 18 (E18) to mimic moderate PAE. On E19, a laparotomy was performed to induce PI via transient uterine artery occlusion. On postnatal day 100, brains from PAE + PI (n=16), PAE (n=12), PI (n=11) and control (n=15) groups, processed with Golgi-Cox, were sectioned coronally. Imaris 3D Sholl analysis was conducted on the apical and basal processes of confocal-imaged neurons in the medial prefrontal cortex (mPFC) and Area 25 of the Cingulate (A25). For statistical comparisons, 2-way ANOVAs and t-tests were used.

Summary of Results Within the mPFC, PAE and PI groups showed increased basal complexity (PAE: 10–80μm, PI: 10–80μm), whereas PAE + PI showed decreased basal complexity at 100μm, relative to controls. Conversely, the mPFC apical processes of PI show increased complexity (70, 80μm), while PAE and PAE + PI exhibited decreased complexity (PAE: 60–100μm, PAE + PI: 70, 90μm). Within A25, we found that only the apical dendritic complexity of PAE neurons differed from controls, showing increased complexity at 40 and 120μm.

Conclusions Here, we demonstrate that the pattern of brain injury exhibited by preclinical PAE + PI, characterized by decreased basal and apical dendritic complexity in the mPFC, is distinct from that of PAE or PI alone. Intriguingly, the A25 region of the prefrontal cortex demonstrated reduced vulnerability to PAE, PI, and PAE + PI insult, compared to the mPFC as a whole. These data suggest heightened susceptibility of the apical dendritic arbor to PAE + PI insult.

COVID – infectious diseases I
Concurrent session
9:05 AM
Friday, January 29, 2021

32 ASSOCIATION OF CORONAVIRUS DISEASE 2019 (COVID-19) AND STROKES IN YOUNG AND MIDDLE-AGED ADULTS

1S Marquina*, 1N Le, 1S Narayanan, 1K Parang, 1L Um, 1D Villegas, 1B Afghani. 1UC Irvine School of Medicine, Irvine, CA; 2Children’s Hospital of Orange County, Orange, CA

Purpose of Study COVID-19 has been associated with endothelial damage and coagulopathy. Data on characteristics of cerebrovascular disease due to COVID-19 in non-elderly adults is scant. The objective of this study is to investigate the characteristics of young and middle-age adults who presented with strokes as the main manifestation of COVID-19.

Methods Used A literature review was performed on PubMed and Google Scholar databases using the key terms ‘COVID-19’, ‘young adult’, and ‘SARS-CoV-2’. We included studies that described patients under the age of 60 who were admitted for neurological signs or strokes. For studies that included adults of all ages, we describe the characteristics of patients who were younger than 60 years old.

Summary of Results Of the 23 articles found, 8 satisfied our inclusion criteria. A total of 31 patients younger than 60 years old with stroke as the primary manifestation of COVID-19 were identified. All patients had a positive test for COVID-19, and all had neurological symptoms on admission. The vast majority had a confirmed stroke diagnosis upon admission, and only a few were diagnosed within the first few days of admission. Of 31 patients, 24 (77%) showed mild to moderate respiratory symptoms, and 4 patients presented with neurological symptoms but no other COVID-19 related symptoms. Stroke was defined as cryptogenic or involved the large vessels leading to cerebral infarcts in majority of cases.

Conclusions Our literature review suggests that there is an association between strokes as the main manifestation of COVID-19 in young and middle-aged adult patients.
CASE CONTROL STUDY: D-DIMER AS A PROGNOSTIC FACTOR FOR DISEASE SEVERITY IN COVID-19 INFECTIONS

Y Eslami*, E Kuhn, T Saylor. College Medical Center Long Beach, Long Beach, CA

10.1136/jim-2021-WRMC.33

Purpose of Study The Novel coronavirus was named COVID-19 by World Health Organization as it became an epidemic that swept across the world with over thirty million people infected. As biological research advances our understanding of this virus, clinical research has been critical in advancing our clinical management of the disease. It has been shown that covid-19 is associated with a hypercoagulable state and therefore an elevated d-dimer in this setting would be an appropriate response. However, the question remains whether an elevated d-dimer can be used as a marker of disease severity and as a prognostic factor for the patient.

The goal of this study is to assess the relationship between d-dimer and the severity of covid-19 infection. We aim to show that an elevated d-dimer at the time of covid-19 diagnosis is associated with increased severity and poor prognosis.

Methods Used We retrospectively analyzed the labs of 161 consecutive covid-19 positive patients at College Medical Center in Long Beach, CA from March 1st through September 21st of 2020. All patients who tested positive for COVID-19 were assessed through multiple logistic regression to examine the relationship between an elevated d-dimer level at time of diagnosis and the severity and inpatient mortality.

A list of all patients admitted to our community hospital in Long Beach, CA was created. Each patient was chart reviewed for the presence of an elevated d-dimer at the time of covid-19 diagnosis and the severity and inpatient mortality.

Summary of Results This is an ongoing study.

Conclusions This is an ongoing study.

Abstracts

<table>
<thead>
<tr>
<th>Author name, year and location of study</th>
<th>Total number of patients (N)</th>
<th>NIHSS* score upon admission</th>
<th>Symptoms on Presentation</th>
<th>Previous cardiovascular history</th>
<th>MRI findings (infarction or thrombus location)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashrafi 2020 Iran</td>
<td>N= 6, mean age= 43.5 ± 7.42, range= 33–53</td>
<td>10.16 ± 7.13</td>
<td>(4/6) had respiratory symptoms, (6/6) had hemiparesis and/or dysarthria</td>
<td>(2/6) hypertension, (1/6) diabetes mellitus and hypertension, (3/6) no co-morbidities</td>
<td>(3/6) right middle cerebral artery, (2/6) left middle cerebral artery, (1/6) left basal ganglia left tempoparietal, thrombosis in distal left transverse and sigmoid sinuses</td>
</tr>
<tr>
<td>Klein 2020 Hempstead, New York</td>
<td>N= 1, Age= 29</td>
<td>Not Reported</td>
<td>Mild respiratory symptoms and seizures</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Fara 2020, New York</td>
<td>N=3 (two were &lt; 60), Patient 1= 55, Patient 2= 33</td>
<td>Not Reported</td>
<td>Mild Respiratory symptoms and hemiplegia in both patients</td>
<td>1/2 had diabetes</td>
<td>(3/3) right carotid artery</td>
</tr>
<tr>
<td>Oxley 2020, New York</td>
<td>N= 5, range= 33–49, mean= 40.4</td>
<td>mean=16.8</td>
<td>(5/5) with focal weakness, hemiplegia and/or dysarthria, 2/5 patients had no COVID symptoms, (2/5) had mild respiratory symptoms</td>
<td>(2/5) previously healthy, (1/5) hypertension, (2/5) diabetes, (1/5) hyperlipidemia</td>
<td>(2/5) left middle cerebral, (1/5) right internal carotid artery, (1/5) right posterior cerebral artery, (1/5) right middle cerebral artery</td>
</tr>
<tr>
<td>Yaghi 2020 New York</td>
<td>N=32 with stroke, 13 of 32 were younger than 60 years old</td>
<td>mean=19 for all stroke patients</td>
<td>(2/5) had mild respiratory symptoms Young adults (N=13): 11/13 (85%) had cough, fever and/or hypoxia, 2/13 (15%) had no symptoms</td>
<td>7/13 (54%) Hypertension, 6/13 (46%) Hyperlipidemia, 5/13 (38%) Diabetes mellitus, 1/13 (7.7%) Coronary Artery disease, 1/13 (7.7%) Congestive heart failure</td>
<td>9/13 (69%) Cryptogenic stroke, 2/13 (15%) Cardioembolic stroke, 1/13 (7.7%) Large vessel stroke, 1/13 (7.7%) Other</td>
</tr>
<tr>
<td>Tunc 2020, Turkey</td>
<td>N=4 (one was &lt; 60) Patient 1= 45</td>
<td>16</td>
<td>Mild respiratory symptoms and Left sided hemiparesis</td>
<td>None</td>
<td>Large vessel stenosis, right middle cerebral artery infarction</td>
</tr>
<tr>
<td>Cavallieri 2020, Italy</td>
<td>N=1, Age=33</td>
<td>Not Reported</td>
<td>Mild Respiratory symptoms, headache and balance disorder</td>
<td>None</td>
<td>Bilateral cerebellar ischemic lesions</td>
</tr>
<tr>
<td>Diaz-Segarra, New Jersey</td>
<td>N=4, (two were &lt; 60), Patient 1= 54, Patient 2=37</td>
<td>Not Reported</td>
<td>Mild Respiratory symptoms for one of two, respiratory symptoms for other one, and 2/2 with hemiparesis and/or aphasia</td>
<td>1 with undiagnosed hypertension, and 1 with undiagnosed type 2 diabetes</td>
<td>Patient 1- Basilar artery and right superior cerebellar artery, Patient 2- left middle cerebral artery</td>
</tr>
</tbody>
</table>

Healthcare provider awareness of this association can facilitate early recognition, diagnosis, and prompt treatment.
Impact of COVID-19 Infection on Patients Post-DischARGE


Purpose of Study: There is growing literature on the global psychological, social, and economic impact of COVID-19. Psychological outcomes including isolation, anxiety, and depression, are associated with adverse outcomes in patients with other diseases. There is little research examining the impact of infection on hospitalized COVID-19 patients post-discharge. The objectives of this study were to follow patients hospitalized with COVID-19 to evaluate symptom resolution, personal impact, and lasting worries.

Methods Used: Patients were identified following discharge for COVID-19 infection from March-June 2020. Medical students called patients, obtained verbal consent, and administered a questionnaire about the impact of COVID-19 infection.

Responses were recorded with direct quotes. Clinical information on treatment and medical history was collected. Thematic analysis was conducted for responses to personal impact and worries. Two investigators coded responses on separate occasions and achieved code consensus.

Summary of Results: Altogether 164 patients were identified. Of those, 66 individuals consented to the interview. Coded data resulted in table 1. The most common theme was isolation, closely followed by reinfection/transmission.

Conclusions: Our review suggests that children with MIS-C who are hospitalized typically have a severe disease course. The outcome in vast majority of patients is favorable but death can occur, most likely as a result of cardiac dysfunction or cerebral infarction. Larger studies are needed to identify clinical features as well as laboratory and diagnostic parameters that predict disease severity and outcome.

Abstract 35 Table 1 Emergent themes and frequencies

<table>
<thead>
<tr>
<th>Theme</th>
<th>Frequency (N=66)</th>
<th>Percent Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isolation/Social Distancing</td>
<td>23</td>
<td>34.8%</td>
</tr>
<tr>
<td>COVID-19 Reinfection/Transmission</td>
<td>22</td>
<td>33.3%</td>
</tr>
<tr>
<td>Recovery</td>
<td>17</td>
<td>25.8%</td>
</tr>
<tr>
<td>Relationships and Family</td>
<td>13</td>
<td>19.7%</td>
</tr>
<tr>
<td>Fear</td>
<td>12</td>
<td>18.2%</td>
</tr>
<tr>
<td>New and Chronic Health Issues</td>
<td>11</td>
<td>16.7%</td>
</tr>
<tr>
<td>Death</td>
<td>9</td>
<td>13.7%</td>
</tr>
<tr>
<td>Gratitude</td>
<td>9</td>
<td>13.7%</td>
</tr>
<tr>
<td>Finance/Employment</td>
<td>8</td>
<td>12.1%</td>
</tr>
<tr>
<td>Anxiety</td>
<td>4</td>
<td>6.1%</td>
</tr>
<tr>
<td>Faith</td>
<td>4</td>
<td>6.1%</td>
</tr>
<tr>
<td>Pride</td>
<td>2</td>
<td>3.0%</td>
</tr>
</tbody>
</table>

36 POTENTIAL FOR RECURRENTENCE OF CORONAVIRUS 2019 (COVID-19) IN RECOVERED PATIENTS

Purpose of Study: The objective of this study is to describe the characteristics of patients reported as having reinfection, recurrence or reactivation of COVID-19.

Methods Used: A literature-based review of articles was conducted through databases Google Scholar and PubMed using key words: ‘COVID-19’, ‘SARS-CoV-2’, ‘re-positive’, ‘reinfection’ and ‘recurrence’. Only studies which identified patients with a positive viral RT-PCR during the 1st and 2nd episodes were included in our review.

Summary of Results: We found 9 studies that satisfied our inclusion criteria. A total of 132 patients were identified as having a ‘reinfection’, ‘reactivation’ or ‘re-positive test’. At least one negative RT-PCR test was documented between the 1st and 2nd episode for all patients, except in the study by Batisse et al. All symptomatic patients at the time of 2nd positive test had mild to severe symptoms. 11/13 (84.6%) of the patients with severe symptoms during the 2nd episode were re-positive.
elderly or had comorbidities. The timing of the 2nd positive test by PCR from the 1st ‘clinical cure’ was 4–38 days. In studies that measured antibody response, variance was observed in antibodies detected during the 2nd episode: some had IgG and IgM, some IgG only, and some had undetectable antibodies (Batisse, Loconsole, & Mei studies).

Conclusions Our review suggests that COVID-19 recurrence can rarely occur. The 2nd episode was more severe in high risk patients, and more likely due to reactivation or lack of recovery from the 1st infection rather than a reinfection. To prevent recurrence, close follow-up needs to be ensured upon discharge. Whether the severity of the 2nd episode is due to immune response, host factors or viral clearance needs to be evaluated in larger studies.

### Abstract 36 Table 1 Recurrence of COVID-19 Case Studies

<table>
<thead>
<tr>
<th>First Author, Year, Location</th>
<th>Number of subjects with reported recurrent infections/Total N, Age Range (Years)</th>
<th>Severity of 1st infection</th>
<th>Severity of 2nd infection</th>
<th>Time between 1st clinical cure &amp; re-positive RT-PCR test (days)</th>
<th>N (%) patients with comorbidities</th>
<th>Outcome (hospitalization/fatalities) for those with re-positive test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Batisse et al, 2020, France</td>
<td>Case series (N=11), Age range=19–91</td>
<td>4/11 (36.4%) mild condition, 7/11 (63.6%) severe</td>
<td>4/11 (36.4%) mild condition, 7/11 (63.6%) severe</td>
<td>6/7 (85.7%) of severe cases had comorbidities</td>
<td>7/11 (62.6%)</td>
<td>3/11 (27.3%) fatalities: 2 died of ARDS recurrence, 1 from worsening chronic right-heart failure; 3/11 developed no antibodies &gt;21 days after severe symptoms</td>
</tr>
<tr>
<td>Ye et al, 2020, China</td>
<td>5/55 (9.1%), Age range=22–67</td>
<td>5/5 (100%) severe condition</td>
<td>5/5 (100%) mild to moderate condition</td>
<td>4–17</td>
<td>0/5 (0%)</td>
<td>No fatalities or development of severe pneumonia</td>
</tr>
<tr>
<td>Loconsole et al, 2020, Italy</td>
<td>Case report, Age 48</td>
<td>1/1 (100%) severe condition</td>
<td>1/1 (100%) severe condition</td>
<td>31</td>
<td>0/1 (0%)</td>
<td>No fatality, patient remains on anticoagulation therapy; only IgG antibodies detected during 2nd episode</td>
</tr>
<tr>
<td>Ravioli et al, 2020, Switzerland</td>
<td>Case reports (n=2), Age range=77–81</td>
<td>2/2 (100%) severe condition</td>
<td>2/2 (100%) severe condition</td>
<td>25 (patient 1) &amp; 19 (patient 2)</td>
<td>2/2 (100%)</td>
<td>1/2 (50%) fatality, 1/2 (50%) hospitalized in COVID-19 isolation ward</td>
</tr>
<tr>
<td>Qiao et al, 2020, China</td>
<td>1/15 (6.7%), Age 30</td>
<td>1/1 (100%) severe condition</td>
<td>1/1 (100%) moderate condition</td>
<td>15</td>
<td>Not Reported</td>
<td>No fatality</td>
</tr>
<tr>
<td>Mei et al, 2020, China</td>
<td>23/651 (3.5%), Age range=27–89</td>
<td>12/23 (52.2%) moderate condition, 9/23 (39.1%) severe, 2/23 (8.7%) critical condition</td>
<td>15/23 (63.2%) asymptomatic, 8/23 (34.8%) mild to moderate condition</td>
<td>4–38</td>
<td>1/23 (4.3%)</td>
<td>2/23 (8.7%) fatalities from coronary disease and lung disease, 1/23 (4.3%) had cardiac arrest, 5/23 (21.7%) continue isolation and care</td>
</tr>
<tr>
<td>Deng et al, 2020, China</td>
<td>61/576 (10.6%), Age range=≤29–79</td>
<td>38/81 (62.3%) mild condition, 20/81 (32.8%) moderate, 3/61 (4.9%) severe</td>
<td>38/81 (62.3%) asymptomatic, 23/81 (37.7%) mild to moderate condition</td>
<td>Not Reported</td>
<td>24/81 (39.3%)</td>
<td>22/81 (36.1%) remained hospitalized</td>
</tr>
<tr>
<td>Yuan et al, 2020, China</td>
<td>25/172 (14.5%), Age range=≤14–60</td>
<td>25/25 (100%) mild to moderate condition</td>
<td>25/25 (100%) mild condition</td>
<td>7.32 ± 3.86</td>
<td>Not Reported</td>
<td>No fatalities</td>
</tr>
<tr>
<td>Lafai et al, 2020, France</td>
<td>Case reports (n=3), Age range=84–90</td>
<td>3/3 (100%) severe condition</td>
<td>3/3 (100%) severe condition</td>
<td>12–30</td>
<td>3/3 (100%)</td>
<td>3/3 (100%) fatalities</td>
</tr>
</tbody>
</table>

The study includes symptomatic patients seen at Kern Medical.

**Methods**

The Institutional Review Board approved as minimal-risk research. Consecutive patients (age ≥ 18 years) with confirmed SARS-CoV-2 infection between March 13 and July 15, 2020 were included. Inmates, pregnant females and persons <18 years were excluded. Data extracted includes demographics, baseline comorbidities, smoking status, clinical presentation, routine laboratory tests, inflammatory markers, radiographic features, treatment and outcomes.

**Summary of Results**

420 confirmed cases with SARS-CoV-2, including 312 (74%) ambulatory care and 108 (26%) hospitalized patients were included. Average age (n = 420) was 47 years. 53% were females. Average BMI was 33.5. Ethnicity/race comprised of 83% Hispanics, 14% Caucasian and 3% African American. There were no observed differences between the rate of hospitalization and death based on ethnicities and smoking status. Compared to outpatients, inpatients were older (average age: 54 vs 41 years). Inpatients had more underlying chronic conditions (median = two) compared to outpatients (median=one) (diabetes, cardiovascular disease and chronic respiratory disease). Symptoms and outcomes are displayed in tables 1 and 2.

**Conclusions**

This study confirmed previous observations that underlying comorbidities are associated with an increased

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**AN OBSERVATIONAL STUDY OF COVID-19 IN A PUBLIC ACADEMIC MEDICAL CENTER**


Kern Medical Center, Bakersfield, CA

10.1136/jim-2021-WRMC.37

**Purpose of Study**

Symptomatic patients presenting to Kern Medical were evaluated for clinical characteristics and severity.
Abstract 37 Table 1 SYMPTOMS

<table>
<thead>
<tr>
<th>Symptom</th>
<th>INPATIENT (n=108)</th>
<th>OUTPATIENT (n=312)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>79%</td>
<td>68%</td>
</tr>
<tr>
<td>Cough</td>
<td>80%</td>
<td>68%</td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td>81%</td>
<td>32%</td>
</tr>
<tr>
<td>Dysgeusia</td>
<td>7%</td>
<td>14%</td>
</tr>
<tr>
<td>Anosmia</td>
<td>4%</td>
<td>12%</td>
</tr>
<tr>
<td>Diarrhea</td>
<td>18%</td>
<td>18%</td>
</tr>
</tbody>
</table>

Abstract 37 Table 2 Inpatient outcomes (n=108)

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Count (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICU</td>
<td>46 (43%)</td>
</tr>
<tr>
<td>Mechanical Ventilation</td>
<td>26 (24%)</td>
</tr>
<tr>
<td>Death</td>
<td>19 (18%)</td>
</tr>
</tbody>
</table>

MOBILE HEALTH CLINICS TO COMBAT THE SPREAD OF COVID-19 IN MIGRANT FARMWORKERS OF SKAGIT COUNTY, WASHINGTON

PS Fallah*. University of Washington School of Medicine, Seattle, WA

10.1136/jim-2021-WRMC.38

Purpose of Study In Skagit County, the Hispanic community has been disproportionately affected by the COVID-19 pandemic. One particularly vulnerable group is the essential farmworkers who not only face the disease itself, but many socioeconomic challenges with it. Thus, there is great need for improved outreach to this population.

Methods Used A strength-based, asset-focused community assessment was performed using personal interviews with staff at Sea Mar, a community health clinic (CHC) serving low-income Latinx patients. Local organizations that offer additional assistance to the community were identified during these interviews. One group that provides COVID-19 related assistance to the Latinx community was interviewed and two meetings attended. Follow-up conversations and a literature search was then conducted.

Summary of Results In June 2020, it was found that 60% of Skagit County COVID-19 cases were from the Hispanic community, despite their making up just 18.6% of the population. In response, the Latinx COVID Prevention Team (LCPT), a coalition of 20–40 organizations, was formed. The LCPT meets weekly to discuss new challenges faced by the community. They also organize free events for the community and periodically communicate with Sea Mar regarding migrant farm worker (MFW) testing. Sea Mar utilizes their MHC to provide COVID-19 testing and education at farms for Latinx workers using Mixtec and Spanish interpreters. In a literature review of MHCs for MFWs, it was found that MHCs create safe spaces for MFWs that promote trust in the healthcare system.

Conclusions A strength-based framework centers both the community’s assets and needs, identifying what resources the community has and where to put them. During this pandemic, Skagit County Sea Mar has outfitted their MHC to provide COVID-19 testing and education to MFWs. Two improvements could be made to the current framework: (1) LCPT staff on site could directly offer legal and food assistance to MFWs and (2) MHC staff could share information about LCPT's free community events with MFWs. This community partnership would further reduce barriers to care, address social determinants of health, and provide awareness of COVID-19 related programs for Skagit County Latinx farmworkers.

EFFECTIVENESS OF CONVALESCENT PLASMA THERAPY IN CORONAVIRUS DISEASE 2019 (COVID-19) CASES

1) Okwosa*, 1B Barsoum, 1E Flores, 1A Kasargod, 1D Nassir, 1A Pammidimukkala, 1B Afghani, 1UC Irvine School of Medicine, Irvine, CA; 2Children’s Hospital of Orange County, Orange, CA

10.1136/jim-2021-WRMC.39

Purpose of Study The purpose of this literature review is to assess the effectiveness of convalescent plasma therapy in patients with critical or severe illness due to COVID-19.

Methods Used A literature review was conducted through PubMed, Google Scholar, and Sci-Hub databases using keywords: ‘convalescent’, ‘plasma’, ‘COVID-19’, ‘coronavirus’, ‘therapy’, and ‘treatment’. Only studies that evaluated more than 20 patients with a convalescent plasma therapy (CPT) group and a separate control group (no plasma therapy) were included in our literature review.

Summary of Results A total of 6 studies published before August 7, 2020 matched our inclusion criteria (table 1). Majority of the studies did not show a significant difference in mortality rate between the CPT and control group but a few studies showed some clinical improvement in the CPT group. The studies that evaluated viral load, showed decreased viral load in the CPT group soon after start of therapy. There were variations in the disease duration and dosage of plasma used among the participants. The time of administration of CP from symptom onset varied from 4 to 54 days, with the most significant improvements observed with earlier rather than later administration. The other medication used for the participants were variable, which could possibly confound the certainty of the actual effectiveness of the convalescent plasma therapy on patient outcomes.

Conclusions Our literature review indicates the potential of convalescent plasma as a COVID-19 treatment, especially in severe cases. But further studies are needed to determine the optimal dose, including antibody compositions as well as the timing of its administration in relation to the disease course.
TEACHING CAREGIVERS TO IDENTIFY RESPIRATORY DISTRESS USING DIFFERENT MODES OF EDUCATION

1K Houmpheng*, 1R Hassler, 2PS o s a , 3L Fullerton. 1University of New Mexico School of Medicine, Albuquerque, NM; 2Children’s Hospital at Montefiore, Bronx, NY; 3University of New Mexico Health Sciences Center, Albuquerque, NM

10.1136/jim-2021-WRMC.40

Purpose of Study To compare two modes of education in teaching caregivers to identify respiratory distress in children 3 years old and younger.

Methods Used We enrolled 116 caregivers who brought a patient between the ages of 0–3 years to the University of New Mexico Pediatric emergency department. Exclusion criteria were: caregivers of children who presented with a chief complaint of cough or had a history of a respiratory or congenital heart condition. Prior to the intervention, caregivers were shown 8 video clips of children and asked to state if each child was breathing normally. This was followed by a randomized educational intervention. Caregivers were either shown 1) a video of a physician explaining breathing patterns found in respiratory distress (verbal group) or, 2) a video that showed the same explanations with supplemental visual examples (visual group). We assessed learning through a post-test featuring 8 new clips of children breathing normally or abnormally.

Summary of Results Pre-intervention, the verbal group scored higher (87.5% correct) than the visual group (78.2% correct) in identifying whether children were breathing normally (p=0.0002). Both the verbal (0.00013) and visual group (0.046) were better at identifying abnormally breathing children than those breathing normally. The total proportions of correct answers for the post-test videos were lower in both groups. The verbal group declined significantly in the post-test video clips (from 87.5% to 79% correct, p=0.0006), but the visual group declined less (78.2% to 75.5% correct, p=0.4), and their performance was comparable to that of the verbal only group (p=0.22). Consistent with the pre-test videos, abnormally breathing children were more easily identified in the post-test videos (verbal group, p=0.037; visual group, p=0.00001).

Conclusions Our results suggest that mode of education impacts a caregiver’s ability to identify respiratory distress in children. We found that pairing verbal education with video images of abnormally breathing children was associated with improved recognition of abnormally breathing children but not of normally breathing children.

STUDENT PERSPECTIVE OF TEAM DYNAMICS BEFORE AND AFTER A DISASTER RESPONSE COURSE

1E Cha*, 1E Madsen, 1ET Reibling, 2E Richards, 3P Savino. 1Loma Linda University Adventist Health Sciences Center, Loma Linda, CA; 2Loma Linda University, Loma Linda, CA

10.1136/jim-2021-WRMC.41

Purpose of Study We need to understand the COVID-19 pandemic impact on healthcare students. Loma Linda University requires an annual Critical Incident Response Course for graduating students about the importance of interprofessional
teamwork in a disaster response. We surveyed students about the pandemic impact on their lives.

Methods Used This is a mixed methods multidisciplinary cohort study of healthcare students (n=442). The 2020 course consisted of asynchronous content (eight hours) and a synchronous virtual meeting (two hours) focusing on triage, disaster simulation, and interprofessional teamwork. Students completed a pre/post survey on the COVID-19 pandemic response. We report both descriptive statistics and qualitative results from two independent coders.

Summary of Results Respondents included Medicine (n=149), Nursing Undergraduate (n=169), Nursing Graduate (n=16), Pharmacy (n=45), Dentistry (n=58), Other (n=5). Inter-rater reliability for coded answers exceeded, k=0.827 (Cohen’s kappa analysis). Students reported observing examples of efficient teamwork (77%) compared to 42% reporting inefficiencies. The most common efficiency was Mutual Support/ Collaboration (50%) and the least reported was Team Structure (6%). Most common inefficiency was communication (41%) and the least was adaptability (4%). Students believed their profession will be different after COVID-19 (76%). The most reported anticipated change was Disaster Preparedness/ Infection control (59%). Post-coursework survey showed 59% reported a stronger understanding of their profession’s impact on disaster management. Individuals reported changing behavior during the pandemic (84%). The biggest change was in sleep: 15% reported a decrease and 41% reported an increase, followed by connecting with people (21% decrease, 39% increase). The biggest unmet need was Money (27%). The most helpful resources were Friends/Family (89%) and Social Media (43%). 34% volunteered or worked at an essential workplace.

Conclusions Healthcare students reported that communication, mutual support, and understanding one’s interprofessional contribution are the core of fighting a pandemic. Healthcare students have unique challenges and resource requirements during a pandemic.

Abstract 42 Figure 1 Run chart for readmissions of pediatric patients diagnosed with diabetes

For no unnecessary delays, on a scale of 0/strongly disagree/terrible to 10/strongly agree/excellent. Readmissions also trended downward.

Conclusions During this QI project to address the depart process, resident satisfaction improved and readmissions declined. These results are encouraging, but should be interpreted in the context of decreased patient census due to COVID-19 and non-respiratory season, which may have decreased workload and increased education time and interpreter access. Next steps include PDSAs related to health literacy and Spanish translation.

43 A UNIVERSITY COLLABORATION IN CREATING A POWERED AIR PURIFYING RESPIRATOR: AN EMERGENCY INNOVATIVE RESPONSE

SC Wadser*, S Simister, B McRae, S Jayaraman, B Fassl. University of Utah Hospital, Salt Lake City, UT

Purpose of Study In March of 2020, the World Health Organization declared the coronavirus (COVID-19) a global pandemic. As the number of cases increased worldwide, existing hospital infrastructure struggled to keep up with the demand for equipment and supplies. This exposed healthcare workers to contracting the disease. The purpose of this study is to demonstrate an emergency innovation response in overcoming shortages of personal protective equipment within a university hospital setting, with a special focus on powered air purifying respirators (PAPRs).

Methods Used The Center for Medical Innovation (CMI)—a center designed to promote research and development of high-impact healthcare products at the University of Utah (UofU)—enlisted university engineers to develop an open source PAPR system made from readily available commercial materials. Parts were selected to meet filtration, airflow, and protection specifications as outlined by industry standards. Commercially available parts consistent with these specifications were assembled into a novel PAPR system which utilized 3D printed pieces on demand to achieve compatibility. Once assembled, each PAPR went through protection testing to demonstrate health worker safety. A fit factor of 200 is the minimum requirement needed as defined by NIOSH. Testing
Summary of Results A human centered design approach was utilized in iterating versions of the product based on repeated fit testing. Failures were addressed in subsequent models. All PAPRs passed fit testing with a score of $> 1000$. Following the lean processing standard of just in time inventory, materials to fabricate 1000 PAPRs were procured and assembled on demand. PAPRs are now being used by the UofU Hospital as well as other affiliate entities globally and are filling the gap needed for PPE. Approximately 200 units have been donated to Navajo Nations hospitals in the state of Utah and others have been donated to university sister entities in India, Nepal, and Kenya.

Conclusions The Center for Medical Innovation at the University of Utah has facilitated a rapid emergency innovative response in filling the PPE needs locally and abroad by creating this open source accessible PAPR system.

Purpose of Study The Leaders Empowering the Advancement of Diversity in Education, Research and Science (LEADERS) in Women’s Health sought to determine if a focused approach in expanding endowed professorships and chairs in women’s health subspecialties can reduce sex-based inequalities by promoting women’s health and research. Currently, numerous disparities in women’s health exist, notably in treatment of cardiovascular disease, chronic obstructive pulmonary disease and joint replacements.

Methods Used A survey was distributed to LEADERS members to assess the impact that endowed chairs or professorships have on advancing women’s health through establishment of clinical women’s health programs, research programs, impacted salary, academic achievements, national presentations and grant funding.

Summary of Results The LEADERS survey was completed by 26 members: 50% endowed chairs, 15% professorships, and 35% women’s health national leadership roles. Administrative leadership, protected research time and national recognition were impacted in part or strongly by holding an endowed chair or professorship (67%, 52%, 80%, respectively). However, an endowed chair or professorship had little to no impact on salary, first authorship, National Institute of Health (NIH) grant funding or being a lead investigator (71%, 76%, 100%, 67%, respectively). Chairs and professorships had little to no impact on establishing a new clinical entity in 62% of respondents but leading a new curriculum in women’s health and research was impacted through endowments in 50%.

Conclusions Endowed chairs and professorships help advance women’s health through curriculum development. They also advance national recognition and amplify administrative and protected research time. However, salary, NIH funding, first authorship, and establishment of women’s health clinical programs have yet to be impacted. Further work needs to be done to understand how to strengthen the influence of an endowed chair or professorship to further advance women’s health.

Purpose of Study Diagnosis and treatment for developmental dysplasia of the hip (DDH) varies depending on severity, age at diagnosis, and professional opinion. Little is known about patient experiences globally. We aimed to characterize global patient and caregiver experiences during DDH care and to highlight family priorities.

Methods Used We collaborated with seven DDH outreach organizations to develop an online cross-sectional survey for DDH patients or their caregivers ($>18$ years old) globally. Participants were recruited through web media of collaborating organizations over 3 months. Descriptive statistics were used to analyze quantitative results. Qualitative content analysis was used to categorize open-ended responses.

Summary of Results A total of 739 participants completed the survey, representing 638 (86.3%) caregivers of DDH patients, and 101 (13.7%) patients. 386 (52.2%) patients received diagnosis by 3 months of age; mean age of diagnosis was 15.96 months (90% CI = 12.04,19.91). Out of 211 patients with DDH family history, 68 (32.3%) did not receive DDH screening. Out of 187 patients born breech, 82 (43.9%) did not receive DDH screening. In total, 36/94 (38.3%) patients with both family history and breech birth did not receive DDH screening. Most (696/730, 95.3%) participants reported treatment with brace, surgery, and/or closed reduction. In total, 144 participants reported more than one surgery; 82 reported three or more surgeries. Participants reported a range of 1–400 visits to health care professionals for DDH care across 1–66 years. Lack of information on treatment practicalities and timelines, along with emotional burden of diagnosis, were greatest challenges reported.

Conclusions Results show that DDH care can pose significant burden on patients and caregivers. Reliable public information is needed to support those affected. Global educational efforts are needed to raise awareness of DDH risk factors, signs and symptoms among care providers to improve identification, screening, and monitoring of at-risk children.

Purpose of Study Campaigns such as Choosing Wisely® Canada have recently brought into consideration that a significant proportion of inpatient laboratory testing is
unwarranted, lowering the quality of care and increasing healthcare expenditures. Prior studies have shown reductions in non-specific test ordering through interventions that are labour intensive, costly, and conducted with notable reviews and audits. This study investigates how educational interventions on test costs and blood volumes (BV) impact internal medicine (IM) resident ordering habits independently of other management activities.

Methods Used Two independent four-week IM resident blocks were studied. After two weeks, cost and BV information for the 32 most commonly ordered tests were distributed through physical and digital pamphlets to residents during a 10-minute intervention. Resident surveys measuring importance, influence, and knowledge of the intervention information were conducted prior to the interventions and following the resident block. All tests ordered by the residents within the block were analyzed. The number of tests and blood collections ordered each day, normalized to patient volumes, were analyzed using an interrupted time series analysis.

Summary of Results There was no significant change in either the level (p=0.23) or the trend (p=0.17) of daily physician ordering rates between the pre- and post-intervention periods. An insignificant change was also observed for the level (p=0.83) and trend (p=0.81) of blood collection rates. Further, there was no observable difference in physician ordering rates between tests for which information was provided and tests for which information was not provided. Despite this, 74% (N=34) and 63% (N=29) of pre-intervention responses predicted that cost and BV information respectively would impact their ordering, while all post-intervention responses (N=46) stated that it had. Residents were unaware of the intervention information beforehand.

Conclusions A disparity between IM resident test ordering habits and their perceived impact of the intervention was observed. Education on cost and BV alone was not effective in changing resident test ordering habits. Effective methods for influencing resident ordering seem to require a reiterative emphasis on the importance of conscientious test ordering and additional systems to audit residents.

M Penon Portmann*, J Chang, J Shieh.
UCSF, San Francisco, CA

Purpose of Study Schizencephaly involves a cleft in the brain extending from the ependyma to the pial surface. Although schizencephaly can arise from malformation syndromes (SHH, ATP1A3), increasing evidence suggests it may also arise from disruptive vascular events. Maternal Vit K deficiency and twinning are possible etiologies for vascular disruption, but heritable bleeding conditions may be the most important to identify.

Methods Used Patient charts for those admitted to one ward at BC Children’s Hospital (BCCH) between 6 January - 9 March 2020 were reviewed. Fourteen fields were evaluated: Weight, Allergies, Verification (of medicines), Prescriber’s Orders (home medicines, and new orders), five Verifier Identification items (Printed Name, Date, Time, Signature, Designation) and five Prescriber Identification items (Printed Name, Date, Time, Signature, and College ID#). Time of completion was calculated from admission to Prescriber Time.

Summary of Results 124 patient charts were reviewed and 84 MedRec forms were included in the analysis; 40 were excluded as 19 did not have a MedRec form and 21 were repeat reviews of the same admission. There were low rates of completion in the following categories: Weight (42%), Allergies (31%), Verifier Date (38%), Verifier Time (25%), and Prescriber Time (45%). In terms of timeliness, 29 forms were at least partially completed in 24 hours; however, only three forms were fully complete and reviewed by a Prescriber within 24 hours. There were no complete forms reviewed by both a Verifier and Prescriber.

Conclusions Verifiers and Prescribers have a low rate of completion in terms of information logging, as well as completing the form within 24 hours. More investigation is required on several fronts: why some variables are unrecorded; identifying obstacles deterring the timely completion of the form; and the possible relationship between the low rate of MedRec form completion and patient care/outcomes.

Morphogenesis and malformations
Concurrent session
9:05 AM
Friday, January 29, 2021

48 SCHIZENCEPHALY IN COLLAGEN TYPE IV VASCULOPATHIES: THE VASCULAR HYPOTHESIS AND IMPLICATIONS FOR MANAGEMENT

M Penon Portmann*, J Chang, J Shieh.
UCSF, San Francisco, CA

Purpose of Study Schizencephaly involves a cleft in the brain extending from the ependyma to the pial surface. Although schizencephaly can arise from malformation syndromes (SHH, ATP1A3), increasing evidence suggests it may also arise from disruptive vascular events. Maternal Vit K deficiency and twinning are possible etiologies for vascular disruption, but heritable bleeding conditions may be the most important to identify.

Methods Used To examine the phenotypic spectrum of COL4A1/2 and its role in schizencephaly, we analyzed all pre/postnatal cases reported to date and addressed several gaps in knowledge: 1) Are there subtle COL4A1/2 phenotypes suggesting patients are being missed, 2) What are possible environmental triggers for intracranial hemorrhage, 3) Which medications may be associated with bleeding episodes? Here present 220 cases involving COL4A1/2 from the literature.

Summary of Results We found that 90% of cases involve COL4A1 and 10% COL4A2. 78% of the COL4A1/2 cases
involved the CNS (e.g. schizencephaly, hemorrhage), 47% the eye (anterior chamber anomaly, keratoconus), and 15% the kidneys. Only 21% of cases were identified prenatally and the majority as children or adults. Here we identified 113 unique pathogenic variants; while only 20% of the variants were cataloged in ClinVar. Importantly, missense mutations affecting glyco-

genic residues of the Gly-X-X triple helix occurred 82% of the time. Some individuals may present symptoms in only one organ system (e.g. ophthalmologic, renal), but complete organ system evaluation should be considered. We aggregated all data on reported triggers for brain hemorrhage and concurrent medications in verified COL4A1/2 cases. We found 16 cases with reported medication use. Aspirin and warfarin were reported in those with and without hemorrhage. 14 cases described possible triggers ranging from vigorous exercise to sports.

Conclusions COL4A1/2 conditions are diverse and potentially under-recognized. Since patients may be at risk for complica-
tions, early recognition and management is recommended. Fur-
ther studies regarding natural history are needed for optimal medical recommendations.

**50 CHARACTERIZATION OF PATTERED LIMP DEVELOPMENT: REGULATION OF THE FGF-SHH RECIPROCAL LOOP**

*J Amoah*. Loma Linda University, Loma Linda, CA

Purpose of Study Fibroblast growth factors (FGFs) secreted from the apical ectodermal ridge (AER) coordinate proximal-distal patterning, while sonic hedgehog (SHH) from the zone of polarizing activity (ZPA) directs anterior-posterior growth of the limb. These signaling centers maintain each other’s expression in a reciprocal feedback loop; however, the molecular intermediates involved are only partially characterized. LIM homeobox 2 (LHX2) has been identified as an intermediate regulator downstream of FGF in the reciprocal loop. We have identified a cis-regulatory module (CRM) located upstream of the LHX2 promoter that is active in the sub-AER LHX2 expression domain. In silico analysis of this LHX2-associated sub-AER regulatory module 1 (LASARM1) revealed several putative E26 transformation-specific (ETS) binding sites. We identified three ETS binding sites within LASARM1 and hypothesized that mutation of one or more of these sites would disrupt FGF-mediated enhancer activity.

Methods Used To determine whether the ETS transcription factor binding sites contribute to LASARM1 activity, we per-
formed site-directed mutagenesis on the ETS sites within a LASARM1 reporter construct. We then used targeted regional electroporation (TREP) to transfect chicken limb buds and evaluate modified LASARM1 constructs. After 24 hours of incubation, LASARM1 activity was determined by fluorescence microscopy.

Summary of Results Mutation of all three sites ablated LASARM1 activity in the distal mesoderm of Hamburger-Hamilton stage 24 chicken limb buds.

Conclusions Our findings suggest that FGF signaling utilizes ETS transcription factors to regulate LHX2 expression through the LASARM1 enhancer.

**49 INVESTIGATION OF ITGAM ON FRACTURE DEVELOPMENT AND VERTEBRAL MORPHOLOGY IN ZEBRAFISH**

*1 T Loose*, 2CJ Watson, 3RY Kwon, 4Y Hsu. 1University of Washington School of Medicine, Laramie, WY; 2University of Washington School of Medicine, Seattle, WA; 3Harvard Medical School, Boston, MA

Purpose of Study Recently the gene ITGAM was identified in a human GWAS as a frequently mutated gene in human patients with increased fracture rates. Our study aimed to investigate the role of itgam in a zebrafish model to better understand the morphologic changes this gene may contribute to as it relates to fractures and vertebral bone morphology.

Methods Used The itgam mutants were created via CRISPR/Cas9, had a 7 base pair deletion in exon 7 of the zebrafish itgam gene, and were bred to homozygosity. 13 homozygous (itgam-/-) and 9 wildtype control (itgam+/+) zebrafish clutchmates were compared. Genotyping of each fish was performed using tissue from caudal fin clips and each adult subject was scanned with microCT imaging at 136 days of age. Images were analyzed for qualitative effects such as observable fractures with Fiji ImageJ. Quantitative analysis of bone morphology was performed using FishCUt software and a custom R script to assess for patterns of difference in vertebral morphology (bone mineral density, volume, and thickness) at three different locations on each vertebra (centrum, haemal arch/ribs, and neural arch). Both analyses were preformed blinded to genotype.

Summary of Results A nearly 2-fold increase in fracture prevalence was found in itgam-/- fish (0.846 fx/subject) as compared to controls (0.444 fx/subject). Quantitative FishCUt analysis demonstrated that centrum total mineral density was significantly changed in the itgam-/- group as compared to controls (p=0.022). In a secondary analysis, itgam+/+ fish were allo-
metrically scaled to itgam-/- fish to control for variation in bone development between groups. Following allometric scaling, there was no statistically significant change in any bone morphology measure between groups, although a trend of decreased mineral density was seen in all vertebral locations in itgam-/- fish.

Conclusions Our preliminary research of ITGAM, a novel gene associated with fractures in humans, reveals an increased prevalence of fractures in a zebrafish model without demonstrating specific morphologic changes within the vertebral column.

**51 RECESSIVE ARTHROGYROSIS AND PROGRESSIVE LEUKODYSTROPHY: LINKING NEONATAL AND ADULT PHENOTYPES OF GBE1**

*J Chenbhanch*, J Shieh. University of San Francisco, San Francisco, CA

Case Report Arthrogryposis conditions are diverse and sometimes distinctive. Central nervous system involvement is seen in up to 25 percent of patients. Biallelic variants in GBE1 gene, affecting the glycogen branching enzyme, cause a severe neonatal arthrogryposis, glycogen storage disease (GSD-JV) with infantile-onset progressive liver cirrhosis, or adult poly-
glucoconan body disease (APBD), an adult-onset

neurodegenerative disorder with leukodystrophy. Herein, we report a novel combination of GBE1-pediatric and adult phenotypes.

We evaluated a 26-year-old man with Klippel-Feil anomaly and arthrogryposis affecting his upper extremities since birth. Contractures of bilateral shoulders, elbows, and fingers were noted on exam. He completed school without difficulty. Two years prior to presentation, he was hospitalized for acute psychosis. His behavior continued to be complicated by episodes of disorganized thought, hallucinations, social withdrawal, and food aversion. Dilated eye exam and laboratory tests including liver function tests were unrevealing. Electrodiagnostic studies demonstrated a sacral radiculopathy. Brain MRI showed diffuse supratentorial and infratentorial leukodystrophy, sparing U-fibers. Exome sequencing identified compound heterozygous variants in GBE1: a likely-pathogenic c.1597G>A (p.E533K) variant and a pathogenic c.691+2T>C canonical splice site variant. We also reviewed the literature on GBE1 but we were only able to identify one other pediatric case with arthrogryposis involving the upper limbs, similar to our patient.

We highlight here the phenotypic continuum of GBE1-related disorders. The musculoskeletal subtype of GSD-IV has been reported in neonates with fetal akinesia and arthrogryposis multiple congenita with perinatal lethality. Abnormal muscle biopsies showing polyglucosan bodies in musculoskeletal GSD-IV, as well as the presence of leukodystrophy in APBD, suggests myogenic and/or neurogenic etiologies underlying the development of arthrogryposis. Further enzyme activity in fibroblasts and testing in family members is recommended, and the risk for white matter disease/leukodystrophy is important to consider in individuals who are tested. We propose that GBE1-related conditions should be considered in patients presenting with arthrogryposis.

52 A NOVEL PANCREATIC PHENOTYPE IN A CHILD WITH WDR19-RELATED CILIOPATHY

A 5-year-old female was born at 39 weeks gestation following an uncomplicated pregnancy. She presented at 10 days old with respiratory distress, weight loss, metabolic acidosis, elevated transaminases and creatinine. She progressed to end stage renal disease (ESRD) requiring peritoneal dialysis (PD) by age 1. She had hypotonia, developmental delay, feeding intolerance, wheezing, short-limbed short stature and small thorax. Skeletal survey demonstrated a short rib thoracic dysplasia. Despite bilateral chest wall reconstruction, she was ventilator-dependent by age 3 due to mixed restrictive and obstructive lung disease. She had recurrent pancreatitis complicated by pseudocysts requiring surgical drainage and drain placement. Liver and pancreas biopsies showed intrahepatic bile duct dilation with portal fibrosis, small pancreatic mesenteric cysts with focal cystic duct dilatation and strictures. Whole exome sequencing (GeneDx) showed 2 likely pathogenic WDR19 variants in trans (maternally-inherited: c.742G>A, p.G248S; paternally-inherited: c.617T>C, p. L206P). She is awaiting kidney, liver and pancreas transplantation.

This patient with WDR19 mutations displays many features consistent with NPHP-related ciliopathies including renal disease, hepatic fibrosis and skeletal dysplasia. However, her phenotype does not fit neatly into the WDR19-related syndromes. Particularly her severe pancreatic involvement has not been previously described. Although her pancreatitis was initially thought related to PD, the ongoing and severe pancreatic disease with pseudocysts suggests her underlying disorder is causative. This patient illustrates one of the many phenotypes resulting from WDR19-related ciliopathy, and adds pancreatitis to the spectrum of problems that can be seen.

53 5TH DIGIT NAIL HYPOPLASIA IN TRISOMY 9P

Purpose of Study Fifth digit nail hypoplasia is a feature that is thought to be pathognomonic for Coffin-Siris syndrome. Multiple single gene mutations associated with Coffin-Siris syndrome affect subunits of the ATP-dependent chromatin remodeling complex BAF, which is crucial for the regulation of gene expression. We present a case of 5th digit nail hypoplasia in trisomy 9p and hypothesize that genes on 9p influence digit development, and that trisomy 9p should be included in the differential diagnosis for patients with 5th digit nail hypoplasia.

Methods Used Chart review, physical exam, and literature review.

Summary of Results We describe a 4 day old girl with hypotonia, dysphagia, pulmonary hypertension, ASD, bicuspid aortic valve, transverse arch hypoplasia, and microgyri. Exam demonstrated hypertelorism with telecanthus and prominent nasal root. Extremity exam was notable for bilateral 5th distal phalanx hypoplasia with significant 5th fingernail hypoplasia. She also had nail hypoplasia of index fingers and of all toes, most prominently noted on the 5th toes. Postnatal karyotype showed an abnormal female karyotype with a derivative of chromosome 18 resulting from a balanced translocation of chromosomes 18→18(18pter→18p11.12)18q11.21. This resulted in a terminal deletion at 18p11.2 (18p deletion) and terminal gain at 9p13 (trisomy 9p). A microarray was obtained to delineate breakpoints and demonstrated copy number gain from 9p24.3 to 9p11.2, and copy number loss from 18p11.32 to 18p11.21.

Conclusions Although 5th fingernail hypoplasia is thought as pathognomonic for Coffin-Siris syndrome, we have demonstrated that this feature can also be found in other conditions. Others report nail hypoplasia and digit anomalies in trisomy 9p, and we predict that the nail hypoplasia in our patient is due to trisomy 9p. There are currently no reported genes associated with Coffin-Siris syndrome located on chromosome 9p. However, given that there is some clinical overlap between trisomy 9p and Coffin-Siris syndrome, it is possible
that there are genes on 9p that impact the BAF complex. Trisomy 9p should be included in the differential diagnosis of individuals with 5th fingernail hypoplasia.

A CASE OF NON-FINNISH MULIBREY NANISM

Purpose of Study Mulibrey nanism (MN) is a rare autosomal recessive syndrome affecting the muscle, liver, brain, and eye. Of 150 worldwide reports, 110 describe Finnish MN. Non-Finnish MN (nFMN), which has been noted to consistently present with cardiac involvement, is exceedingly rare. Herein, we report a case of a 3-year-old Afghan boy fulfilling clinical criteria for Russell-Silver syndrome who presented with ana-sarca. He was found to have refractory hypoalbuminemia, hepatomegaly, constrictive pericarditis, hypogammaglobulinemia, and T-cell lymphopenia. Extensive workup did not yield a satisfactory explanation for his problems, and parental fourth-degree consanguinity raised concern for a hereditary disorder. The patient’s 4 siblings were healthy, and there was no family history of growth delay.

Methods Used Rapid whole genome sequencing (rWGS) was performed, and variants were identified with the Illumina DRAGEN Bio-IT Platform. Gene burden was overlapped with the patient’s phenotype. Structural variants were filtered for coding regions of known disease-associated genes and with allele frequencies <2% in an internal database. Comprehensive review of published literature on MN was completed.

Summary of Results A ~45kb homozygous deletion located at 17q22 and encompassing exons 3–16 of the TRIM37 gene was identified. Deletions involving TRIM37, which encodes peroxisomal Ubiquitin E3 ligase, are an established cause of MN. To our knowledge, this variant has not been previously reported or functionally characterized in literature.

Conclusions A novel variant in TRIM37 was identified by rWGS in a nFMN patient formerly carrying a diagnosis of Russell-Silver syndrome. While many of the patient’s symptoms, such as failure to thrive, ascites, hepatomegaly, constrictive pericarditis, and hypogammaglobulinemia, have been previously associated with MN, hypoalbuminemia and T-cell lymphopenia have not. This case expands the phenotype of nFMN and highlights the importance of rWGS in securing a diagnosis in the setting of an atypical presentation of a rare disorder.

THE ROLE OF THE SOX11 TRANSCRIPTION FACTOR IN REGULATING GROWTH DIFFERENTIATION FACTOR-5 DURING JOINT FORMATION

Purpose of Study Growth differentiation factor 5 (GDF5) has been associated with the formation and maintenance of joints. Disruption of GDF5 expression has also been linked to accelerated osteoarthritis. We have identified a GDF5 Associated Regulatory Region (GARR) that contains several Sox binding sites. The SOX11 transcription factor has been shown to upregulate GDF5 and we hypothesized that SOX11 is necessary for GARR mediated expression of GDF5 during in joint development and maintenance.

Methods Used To test this hypothesis, we compared the expression of SOX11 and GDF5 in chicken limbs during development using in situ hybridization. We also generated a GARR reporter construct and mutated the Sox binding sites. The native and mutated GARR reporter was transfected into developing chick wings. We also co-transfected a SOX11 expression vector with GARR in ectopic, but joint-related sites.

Summary of Results Our results showed that in chicken, SOX11 expression overlaps GDF5 expression in joint spaces (elbow and fingers) at Hamburger-Hamilton stages (HH) 25–27. The SOX11 expression primarily surrounded that of GDF5. At HH 29–35, the expression of SOX11 and GDF5 colocalized in joint spaces. However, the expression of SOX11 was not confined to joints but also colocalized with MyoD, a muscles (MyoD expression) marker, and tendons (as well as TNMD expression). Disruption of the Sox binding sites greatly reduced GARR activity within joint spaces. Co-transfection of GARR and a SOX11 expression vector demonstrated increased GARR activity.

Conclusions We conclude that GARR is active within joint spaces, and the colocalization of SOX11 and GDF5 in joints supports the hypothesis that SOX11 may play a role in the regulation of GDF5 through GARR. Additionally, it may be a competency factor for the formation and organization of joint-related tissues like muscles or tendons. Our data further suggests that SOX11 is required for GARR activity and ectopic expression can enhance its activity. Further experiments are needed to clarify the role of SOX11 in regulating joints and joint associated tissues.

DO BILIRUBIN/ALBUMIN (B/A) RATIOS CORRELATE WITH UNBOUND BILIRUBIN LEVELS IN PRETERM INFANTS?

Purpose of Study A strong correlation between the bilirubin/albumin (B/A) ratio and unbound bilirubin (UB) levels in newborns ≥ 35 wks’ of gestation has been reported previously. However, in preterm infants, the usefulness of B/A ratios is unclear.

Methods Used We obtained serum samples from 381 newborns < 35 wks’ of gestation, who were admitted to Kobe University Hospital from 2014 to 2018. UB levels were measured using the glucose oxidase-peroxidase method. Total serum/plasma bilirubin (TB) and albumin (Alb) concentrations were measured spectrophotometrically. We stratified the samples
into two groups based upon phototherapy use. B/A ratios were calculated and correlated with UB levels. The samples from infants not treated with phototherapy were then stratified by gestational age (GA) epochs: 22–27, 28–29, 30–31, and 32–34 wks of gestation, and B/A ratios correlated with UB levels.

**Summary of Results**

B/A ratios significantly correlated with UB levels in samples from infants who never received phototherapy (n = 1,250; y = 1.83x - 0.15, r² = 0.93), when compared with samples from those who received phototherapy (n = 2,039; y = 1.05x + 0.09, r² = 0.69). When stratified by GA, the correlation remained.

**Conclusions**

Even in preterm infants < 35 wks of gestation, B/A ratios strongly correlated with UB levels. Therefore, we conclude that B/A ratios can be used as an index of UB levels with high sensitivity and specificity in infants who never received phototherapy.

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### Abstract 57 INCREASING INCIDENCE OF ASTHMA IN CHILDREN WITH PRENATAL OPIOID EXPOSURE

1 Cervantes*, 2 Seshtha, 5 Ruyak, 1 Maxwell. 1 University of New Mexico, Rio Rancho, NM; 2Tufts University, Boston, MA

**Purpose of Study**

Opioid use disorder (OUD) in pregnancy is an acknowledged public health crisis. An estimated 1 in 3 women of reproductive age filled an opioid prescription every year from 2008 to 2012 in the United States. Furthermore, the number of women admitted for labor and delivery with OUD quadrupled from 1999 to 2014. The impact on long-term outcomes for those exposed continues to be investigated. Given the proinflammatory state that results from Prematernal Opioid Exposure (POE), we hypothesized that infants with POE or Neonatal Opioid Withdrawal Syndrome (NOWS) diagnoses during the newborn hospitalization would have an altered immune reactivity that persisted into childhood, defined by asthma diagnosis by 8 years of age.

**Methods Used**

A retrospective cohort design utilizing a comprehensive CERNER HealthFacts® U.S. national database was completed. ICD-9-CM and ICD-10-CM diagnosis codes identified infants born at term with known POE or NOWS and were compared to control infants with only normal newborn codes. This cohort was followed out to 8 years of age with ICD-9-CM and ICD-10-CM diagnosis codes for asthma queried to determine the incidence of asthma. Descriptive statistics of frequencies and percentages were calculated for all variables and a Chi-Square test was conducted to examine the relation between asthma diagnosis and POE/NOWS.

**Summary of Results**

A total of 3,021 records were included in the analysis. Briefly, 47% of the infants were female and 50% of the infants were male; the remaining 3% was not specified. Roughly 42% of infants were on Medicaid and the vast majority of the participants (92.5%) were located in an urban community, with only 7.5% of the participants being located in a rural community. The odds of an infant developing asthma were two times higher for the group exposed to opioids prenatally (OR 2.0, 95% CI: 1.45–2.77) and this was statistically significant (p < 0.0001).

**Conclusions**

These emerging results suggest infants with POE may have altered immune reactivity that not only impacts the newborn period but persists into childhood. Additional investigations are needed to further characterize the impact POE has on the developing immune system so that potential follow up strategies and interventions can be established.

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### Abstract 58 PERSISTENT BACTERIAL VAGINOSIS AND RISK FOR SPONTANEOUS PRETERM BIRTH

YJ Blumenfeld*, I Mark, DK Stevenson, GM Shaw. Stanford University School of Medicine, Stanford, CA

**Purpose of Study**

An association between first trimester bacterial vaginosis (BV) and spontaneous preterm birth (sPTB)
EVALUATING VARIATIONS IN NEONATAL INTENSIVE CARE: LONGITUDINAL, POPULATION-BASED TRENDS IN CLINICAL MANAGEMENT AND CARE OF NEWBORNS IN CALIFORNIA

1EM Pang*, 1,2 J Liu, 1,2 T Lu, 1,2 H Lee, 1Stanford University School of Medicine, Palo Alto, CA; 2California Perinatal Quality Care Collaborative, Palo Alto, CA

10.1136/jim-2021-WRMC.59

Purpose of Study Identifying hospital and patient populations that are susceptible to variations in newborn management can inform potential overuse in neonatal intensive care unit (NICU) services and guide health equity measures. Recent investigations have suggested that there may be growing variations and that NICU admissions nationwide, at very low birth weight, and/or at very premature gestational age. Yearly trends in live births and NICU admissions were not statistically significant (p=0.145 and p=0.359). However, admission of neonates with birth weight ≥ 2500g varied when stratified by perinatal region (n=11), with different regions experiencing significantly increasing or decreasing rates of inborn NICU admissions over time (p<0.001).

Conclusions Nationwide trends of increasing NICU admissions are not reflected overall in California, with NICU admissions remaining constant over the past decade. A closer examination suggests that variations in care may be masked by broad-level analysis; further research is needed to reveal how these trends may differ across hospital- and infant-level characteristics.

ACCURACY OF TRANSCUTANEOUS CO2 MONITORING IN NEWBORNS UNDERGOING THERAPEUTIC HYPOTHERMIA

1P Garlapati*, 2R Phan, 3S Lakshminrusima, 1P Vali. 1University of California Davis, Rancho Cordova, CA; 2University of California Davis, Davis, CA

10.1136/jim-2021-WRMC.60

Purpose of Study Therapeutic hypothermia (TH) at 33.5oC is a standard of care in infants with hypoxic ischemic encephalopathy (HIE). Carbon dioxide (CO2) has a strong effect on cerebral blood flow and temperature corrected PaCO2 < 35 mm Hg has been shown to lead to adverse neurological outcomes. Transcutaneous Carbon dioxide (TcCO2) monitor is a reliable non-invasive tool to measure continuous CO2. We aim to study the accuracy of TcCO2 in newborns undergoing TH.

Methods Used Retrospective chart review of 10 neonates undergoing TH for HIE on respiratory support. Partial tension of arterial CO2 (PaCO2) was compared to simultaneously measured TcCO2.

Summary of Results Ninety-one PaCO2 and TcCO2 pairs were available for analysis. Temperature corrected (Tc) and non-corrected (Tc) PaCO2 concentrations were compared to TcCO2. Tc PaCO2 had a strong positive correlation with TcCO2 (r= 0.8, p<0.05), but with a poor mean difference (95% agreement) of 8.8 (figure 1). Tc PaCO2 compared to TcCO2 showed a better mean difference (95% agreement) of 3.5(fig-2) with a similar r of 0.8, p<0.05.

Conclusions Targeting corrected PaCO2 during TH results in cerebral hyperemia and homogenous brain cooling. Transcutaneous CO2 monitoring correlates better with uncorrected PaCO2 possibly due to sensor skin warming. Incorporating a mathematical correction model to adjust TcCO2 to corrected PaCO2 will increase cerebral blood flow and potentially improve outcomes.
SEVERE SMALL-FOR-GESTATIONAL-AGE INFANTS ARE EXPOSED TO INCREASED OXIDATIVE STRESS CONDITION

M Ashina*, K Fujioka, K Iijima. Kobe University Graduate School of Medicine, Kobe, Japan

10.1136/jim-2021-WRMC.61

Purpose of Study
The purpose of this study was to clarify the oxidative stress levels at birth in severe SGA (birthweight less than –2 standard deviations (SD) for gestational age) and AGA infants.

Methods Used
This study was conducted under the approval of the ethical committee of the Kobe University Graduate School of Medicine (approval number, 180083). The serum samples of 16 severe SGA and 17 AGA infants, who was born in our hospital during March 2017 to December 2018, were used in this study with parental consent. Oxidative stress (d-ROM; derivative of reactive oxidative metabolites) and anti-oxidant potential (BAP; biological anti-oxidant potential) were measured by using FREE Carrio Duo (WISMERLL), and then compared between the groups. Next, we defined ‘increased oxidative stress condition’ when the d-ROM exceeded the average value + 2SD for full-term AGA infants (= 109.2 U. CARR), and compared the frequency. Data are expressed as the median (range) or mean ± SD. The Student’s t-test and Chi-square test were used to compare the data of severe SGA and AGA. Differences were deemed statistically significant for p < 0.05.

Summary of Results
There was no significant difference in gestational age, rate of preterm infants, birth weight, Apgar score and umbilical artery blood pH between severe SGA and AGA infants, except significant lower birth weight SD (p <0.0001) and higher lactate level (p =0.02) in SGA children. To elucidate the effect of preterm birth, we have compared preterm and term AGA infants (n=9 and 8, respectively), and found that no significant difference in d-ROM (preterm; 50.9 ± 54.9, vs. term; 78.5 ± 11.7 U. CARR) and BAP (2323.1± 267.0, vs. 2479.0 ± 152.1 uM) between the groups. Despite no significant difference found in BAP (SGA; 2602±479, vs. AGA; 2397±229 uM), severe SGA infants showed significantly higher d-ROM levels (110.7 ±75.2, vs. 63.9±42.0 U.CARR, p=0.03). The incidence of increased oxidative stress condition was significantly higher in severe SGA infants than in AGA infants (8/16 (50%) vs. 1/17 (6%), p=0.004).

Conclusions
While the effect of gestational age on oxidative stress is not significant, SGA infants were exposed to increased oxidative stress condition at birth.

Abstract 60 Figure 1 Tc PaCO2 had a strong positive correlation with TCO2 (r = 0.8, p<0.05), but with a poor mean difference (95% agreement) of 8.8

Abstract 60 Figure 2 Tnc PaCO2 compared to TCO2 showed a better mean difference (95% agreement) of 3.5 with a similar r of 0.8, p<0.05
Purpose of Study To characterize the incidence of hypospadias in severe SGA [birthweight (BW) < –2 standard deviations (SD) of appropriate-for-gestational-age (AGA)] infants.

Methods Used This retrospective study was conducted under the approval of the ethics committee of the Kobe University Graduate School of Medicine (#170127). Records were reviewed for 592 SGA male infants who were admitted to one of 3 tertiary perinatal centers in Japan from 2008 to 2017. Infants with chromosomal anomalies (n=61) were excluded. Clinical data, such as GAs, BWs, BW Z-scores, Apgars at 1 and 5 min, and diagnoses of neonatal asphyxia were collected from electronic medical records. Data are expressed as the median (range) or mean±SD. Mann–Whitney nonparametric rank and Chi-square tests were used to determine statistical significance (p<0.05).

Summary of Results Clinical characteristics of the hypospadias and non-hypospadias groups are shown in the table 1. BW Z-scores were significantly lower in infants with hypospadias than those without (p=0.002). The incidence of hypospadias in severe SGA infants was 6.4% (34/531) overall and 4.9%, 7.7%, and 5.5% for each center, which were not significantly different.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Hypospadias, n=34</th>
<th>Non-Hypospadias, n=497</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>GA, wks</td>
<td>36 (27–40)</td>
<td>36 (22–41)</td>
<td>0.64</td>
</tr>
<tr>
<td>BW, g</td>
<td>1415 (452–2352)</td>
<td>1750 (314–2720)</td>
<td>0.16</td>
</tr>
<tr>
<td>BW Z-score, SD</td>
<td>-3.03 (-5.96 to -2.01)</td>
<td>-2.65 (-4.67 to -2.01)</td>
<td>0.002</td>
</tr>
<tr>
<td>Apgars at 1 min</td>
<td>8 (2–9)</td>
<td>8 (0–10)</td>
<td>0.19</td>
</tr>
<tr>
<td>Apgars at 5 min</td>
<td>9 (4–10)</td>
<td>9 (1–10)</td>
<td>0.18</td>
</tr>
<tr>
<td>Asphyxia (%)*</td>
<td>11/34 (32.4)</td>
<td>134/497 (27.0)</td>
<td>0.49</td>
</tr>
</tbody>
</table>

Data are expressed as median (range)

Conclusions Our data demonstrate a possible relationship between a higher risk of hypospadias with the severity of SGA. Therefore, further study is warranted to evaluate the relationships between SGA, testosterone levels, and hypospadias risk.

Purpose of Study Emergency Medicine (EM) residency training is a diverse discipline, encompassing many facets of adult and pediatric medicine. Currently, neonatal resuscitation program (NRP) training is not a required ACGME milestone. As neonatal cardiopulmonary compromise in the emergency department is rare, it is difficult for EM residents to learn and master the necessary skills to stabilize critically ill newborn infants.

Methods Used Our prospective interventional study assessed EM residents’ knowledge and confidence in neonatal resuscitation skills. We randomized EM residents to receive a single baseline session (control) or two sessions 6 months apart (intervention) of high fidelity simulation training led by NRP instructors. All participants completed pre and post surveys and quizzes assessing their confidence and knowledge in implementing NRP guidelines. The study period was 10 months. A 5-point Likert scale was used.

Summary of Results A total of 48 (65%) residents representing all four postgraduate years enrolled in the study with 19 (39%) completing all components of the study. Importance of NRP skills scored highly, with majority of participants expecting to resuscitate newborn infants in their future career (95%) and eager for structured training (98%) within their existing resident curriculum. Within the last academic year, 65% had attended at least 1 term infant delivery, whereas only 15% participated in resuscitation of a preterm infant. Residents reported lowest confidence with neonatal intubation (65%) and emergent umbilical venous catheter insertion (70%), and greatest confidence in their ability to provide adequate chest compressions (90%). There was minimal improvement in post test scores comparing the knowledge in control and intervention groups (48% ± 4.3 vs. 50% ± 3.7, p=0.36).

Conclusions EM residents desire structured training in neonatal resuscitation. They report discomfort in leading a resuscitation but moderate confidence with skills required to resuscitate a newborn; however, when tested on content they scored poorly. Two high fidelity simulation training sessions 6 month apart may not be sufficient to improve EM residents’ knowledge. A structured simulation curriculum specifically geared towards EM residents to learn NRP skills needs to be implemented.

Adolescent medicine and behavior development

Concurrent session

10:10 AM

Friday, January 29, 2021

MATERNAL MENTAL HEALTH AND POSTPARTUM DEPRESSION IN THE COVID-19 PANDEMIC

M Waschmann*, K Rosen, L Giewers, S Khaki, A Laird, A Hildebrand. Oregon Health and Science University, Portland, OR

Purpose of Study Previous studies examining the impact of natural disasters noted that in the setting of consistent rates of major depressive disorder, postpartum depression (PPD)
increased in vulnerable postnatal subgroups. COVID-19 may affect maternal health in similar ways. Given the significant impact of PPD on both mother and child, this study aimed to characterize the effect of COVID-19 on the incidence of PPD and identify subgroups at elevated risk for PPD.

Methods Used This retrospective chart review of maternal-newborn dyads, born at ≥ 37 weeks' gestation, admitted to the Mother Baby Unit, was conducted at a quaternary academic medical center over two time periods: pre-COVID-19 (Jan 1 – Jun 1, 2019) and during COVID-19 (Jan 1 – Jun 1, 2020). PPD was defined as an Edinburgh Postnatal Depression Scale score of ≥ 10 at any postnatal appointment. History of and/or current mental health diagnoses [major depressive disorder (MDD), generalized anxiety disorder (GAD)] were recorded. Data were analyzed using chi-square and t-tests.

Summary of Results The study included 1073 dyads (567 in the 2019 epoch, 506 in the 2020 epoch). The cohorts had similar clinical and sociodemographic characteristics. Rates of PPD between the cohorts were similar (18.5% to 18.2%, p=0.95). In subgroup analyses, PPD rates were similar amongst primiparous births (18.7% to 21.9%, p=0.44) and publicly-insured mothers (26.7% to 25.7%, p=0.94). The 2020 cohort exhibited higher incidence of current mental health diagnoses: MDD (10.1% to 14.2%, p<0.05) and GAD (10.6% to 18.6%, p<0.01). However, incidence of PPD among women with current mental health diagnoses decreased from 47.1% in 2019 to 30.4% in 2020 (p=0.02).

Conclusions Few prior studies have investigated the effect of the COVID-19 pandemic on PPD. Notably, a stable PPD rate despite an increase in current mental health diagnoses, highlights the complexity of the biopsychosocial milieu contributing to PPD. Decreased PPD in women with mental health diagnoses may reflect improved treatment success in those with current diagnoses or decreased identification from limited screening or healthcare access. Further study of psychiatric care access and treatment is an important next step in understanding the relationship between mental health diagnoses and PPD during the COVID-19 pandemic.
Conclusions It appears that there is a correlation between increased behavior change in children that experience the death of a non-sibling family member. This outcome is reasonable due to the influential effects of older relatives as role models for young people. Further exploration is needed to determine the true directionality of behavior change whether that means acting out more or withdrawing.

Purpose of Study Despite the benefits of sunscreen use, downside risks include vitamin D deficiency, oxybenzone-related hormone disruption, nanoparticle skin penetration, and harm to coral reefs. Benefits of sunscreen are likely greater in children, but the long-term risk of prolonged chemical exposure harm starting in childhood is difficult to confirm to be benign. With this confusing backdrop of sunscreen debates, parents may be looking to the internet as their source of sun safety information. The purpose of this study is to survey and summarize the sunscreen recommendations presented to parents on the internet to provide healthcare professionals with a general awareness of this.

Methods Used We read and evaluated the first 50 websites after searching ‘sunscreen safety in children’ on Google. To standardize our evaluation of the websites, we created criteria to apply to each website based on nationally recognized main points on sunscreen benefits, previously debated issues surrounding sunscreen use, the stance of the website’s recommendation of sunscreen, and the intention of the website to inform the reader or sell a product.

Abstract 67 Table 1  Summary of website results

<table>
<thead>
<tr>
<th>Main Points (Y/N)</th>
<th>Y</th>
</tr>
</thead>
<tbody>
<tr>
<td>Informs about benefits of sunscreen</td>
<td>44%</td>
</tr>
<tr>
<td>- Reduce skin cancer</td>
<td>40%</td>
</tr>
<tr>
<td>- Prevent sunburn</td>
<td>28%</td>
</tr>
<tr>
<td>- Decrease skin aging</td>
<td></td>
</tr>
<tr>
<td>Issues identified (Y/N)</td>
<td>Y</td>
</tr>
<tr>
<td>Informs about sunscreen products entering bloodstream at higher than recommended amounts by FDA</td>
<td>20%</td>
</tr>
<tr>
<td>- Identifies questionable ingredients that enter the bloodstream recognized by the FDA</td>
<td>24%</td>
</tr>
<tr>
<td>- Informs about ingredients generally recognized as safe: zinc oxide and titanium dioxide</td>
<td></td>
</tr>
<tr>
<td>Informs about increased DEET absorption with combined insect repellent-sunscreen use</td>
<td>8%</td>
</tr>
<tr>
<td>Cautions on sunscreen use below six months of age</td>
<td>56%</td>
</tr>
<tr>
<td>Addresses vitamin D deficiency with sunscreen use</td>
<td>4%</td>
</tr>
<tr>
<td>Identifies concern for sunscreen particle inhalation with spray</td>
<td>22%</td>
</tr>
<tr>
<td>Informs about potential hormone disruption in chemical sunscreens</td>
<td>22%</td>
</tr>
<tr>
<td>Website Stance</td>
<td></td>
</tr>
<tr>
<td>Stance on sunscreen use:</td>
<td></td>
</tr>
<tr>
<td>- Strongly recommends, neutral (informs only), recommends against Inform: 74%; Sell: 26%</td>
<td></td>
</tr>
</tbody>
</table>

FDA = Food and Drug Administration; DEET = N,N-Diethyl-meta-toluamide

Summary of Results A summary of our results is detailed in table 1.

Conclusions Most of the websites aimed to inform parents (rather than sell a product) and recommended the use of sunscreen. However, many of these websites were blogs or personal opinion pieces; these websites incompletely detailed the benefits of sunscreen use and overlooked the anti-sunscreen debates parents may have previously been aware of. This variability of the online information lacks clarity to determine the overall benefit of sunscreen in reducing their child’s skin cancer risk, and may be useful for physicians to be aware of when counseling parents.
DISRUPTIVE BEHAVIORS AMONG CHILDREN AND TEENS WHO EXPERIENCED EITHER A TRAUMATIC/UNEXPECTED OR NATURAL LOSS

D. Iyer*, M. Castella-Chin, J.L. Carlson, M. Baum. Loma Linda University School of Medicine, Loma Linda, CA

10.1136/jim-2021-WRMC.69

Purpose of Study Understanding the grief process in children and the effects of experiencing a death/loss is critical for caregivers to provide appropriate support. Losing a loved one can impact several aspects of a child’s life, such as functioning at home, school, peer relationships, spiritual beliefs, and concept of self. Moreover, the grief process and its manifestations can differ depending on whether or not the loss was traumatic/unexpected. This study aims to determine if disruptive behaviors are more likely to be reported at a higher frequency among children who experience traumatic/unexpected losses.

Methods Used Children/teens 10–16 years old who have lost a sibling or parent attended a 3-day grief therapy camp in Loma Linda, CA called Camp Good Grief. It provided a safe space to share thoughts and feelings with others who have experienced a loss in order to understand and normalize the grief process. Parents filled out pre-camp surveys categorized as either traumatic/unexpected loss (SVP group) or natural loss (CGG group). 194 CGG and 110 SVP surveys were analyzed for questions regarding disruptive behaviors, reported as low or high frequency. Behaviors included temper tantrums, lies, manipulates situations, steals, something terrible, discipline problem home, discipline problem school, fighting, and family problems.

Summary of Results A chi-square statistical test showed a statistically significant difference between the two groups for only one behavior – discipline problem school; \( X^2 (1, N = 294) = 5.68, p = 0.017 \). Parents of children who experienced a traumatic/unexpected loss were 91% more likely to report temper tantrums as a high frequency behavior at a 95% confidence interval (OR = 1.91).

Conclusions Parents of children, part of the SVP group were more likely to report ‘discipline problem school’ as a high frequency behavior. This behavior was the only one to primarily occur outside of the home environment. Due to the traumatic nature of the loss, SVP kids may be more likely to exhibit behavioral issues outside of the home. The significance may also be explained by the fact that parents were unable to directly observe the behavior and not available to respond. At school, no adults may be available to spend quality time with the child about the behavior.

ADDRESSING THE LONELINESS EPIDEMIC: THE IMPACT OF LEARNING COMMUNITIES ON MEDICAL STUDENTS’ SENSE OF CONNECTION AND BELONGING

Hi Chi*, U. E. Oyeyo, A. Hayton. Loma Linda University School of Medicine, Loma Linda, CA

10.1136/jim-2021-WRMC.71

Purpose of Study In an increasingly digital age, social isolation underlies many mental and physical health concerns. Medical students are especially at risk, given the stressful workload and high performance demands. However, emerging medical education research highlights the potential of learning communities (LCs) to ‘positively influence the overall learning environment’ (Smith et al., 2016), so we seek to discover if LC group sizes make a difference in students’ connection and belonging with their class.

Methods Used A LC consists of a group of students assigned to a physician faculty mentor throughout medical school. Two cohorts of first year students, Class of 2022 (C2022) & Class of 2023 (C2023), were compared. C2022 LCs consisted of 12–15 students per group, while C2023 LCs had 8–10 students per group. Both cohorts met with their LC about 20 times in the year for curriculum and mentorship. Students were asked to assess statements on Likert scales as part of gains made during the first year of implementation and extend screening to the NICU.

Methods Used Setting: UCLA NICU and HRIF clinic Patients and methods: Our process included 4 stages:

1. Exploration – SIPOC analysis, SWOT analysis, IRB approval
2. Installation – process flow design, pre and post surveys to assess effectiveness of consult, preparation of materials
3. Initial implementation – data collection, refining process flow design, weekly team meetings, monthly site calls
4. Full implementation – monitoring fidelity, sustaining gains

GMA of all babies in the NICU were assessed. Those who met criteria for HRIF and those with Cramped Synchronized (CS) GMA were identified for a NEMO in-patient consult. Families received counseling about the GMA and about follow up at the HRIF clinic. At the 3–4 mo HRIF visit, parents completed a survey. This data was compared to parents who were surveyed prior to implementation of the NEMO consult.

Summary of Results To date, 27 Team NEMO in-patient consults have been completed. Of these, 6 had CS GMA and 2 had absent fidgety movements at 3 months corrected age. Parent knowledge about the HRIF clinic increased in multiple categories (purpose of HRIF appointment increased from 78% to 100%, need for neurodevelopmental follow up increased from 46% to 92%, appointment duration increased from 41% to 73%), 92% families reported being aware of the GMA post-NEMO consult. During year 2, there were 6 new diagnoses of CP with the average age being 10.7 months.

Conclusions Team NEMO consult service improved parent knowledge about HRIF and GMA and helped maintain successful implementation of evidence-based guidelines. Future directions include expanding the program to include other sites, improve the quality of our existing process flow and to provide support for families that receive a diagnosis of cerebral palsy.
their end-of-year surveys about their perceptions of the impact of LCs, such as sense of belonging within LCs, mentor’s role and students’ abilities to foster connection, and students’ sense of appreciation for their class contributions.

**Summary of Results**

C2022 had 161 responses, while C2023 had 137 responses. C2023 scored significantly higher (p < 0.001) when assessing the statements ‘[learning] communities contributed to connections I made’ and ‘facilitator fosters connection in the group’. Regarding students’ sense of belonging in the class, C2023 demonstrated narrower yet more positive response distributions, but evidence is inconclusive (p = 0.116). Regarding student appreciation for their class contributions, C2023 had a more positive and homogeneous distribution than C2022, but with marginally inconclusive evidence (p = 0.051).

**Conclusions**

Compared to C2022, C2023 reported more positive perceptions about LCs. This may be due to the decrease in student-mentor ratio, thus allowing for more interpersonal interactions. C2022 was also the first class to implement LCs, demonstrating how new programs can take time to become integrated. These results shed light on optimal LC sizes and are promising for future research regarding their value to medical students.

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**Immunology and rheumatology**

**Concurrent session**

10:10 AM

Friday, January 29, 2021

**72 CLINICAL CHARACTERISTICS OF LATE-ONSET SPONDYLOARTHRITIDES**

1K Y Anishchenko, 2E Cheng, 1J Caplan. 1University of Colorado Denver School of Medicine, Aurora, CO; 2Rocky Mountain Regional VA Medical Center, Aurora, CO

10.1136/jim-2021-WRMC.72

**Purpose of Study**

Spondyloarthritis are a group of inflammatory rheumatic diseases with a global prevalence of 1%. Late onset spondyloarthritis (SpA) is considered rare but cases are expected to increase as the U.S. life expectancy increases. Early and late-onset SpA are considered pathologically similar, but several small observational studies suggest that they present with different clinical characteristics. Further, few research studies have quantified the effectiveness of tumor necrosis factor inhibitor (TNFi) therapy in late-onset SpA. This study examined the clinical differences and reasons for TNFi discontinuation in early-onset and late-onset spondyloarthritis in the U.S. Veteran Affairs health care system.

**Methods Used**

US veterans enrolled in the Program to Understand the Longterm Outcomes in Spondyloarthritis (PULSAR) from 2007 – 2019 who were diagnosed with ankylosing spondylitis, psoriatic arthritis, reactive arthritis, undifferentiated spondyloarthritides, and IBD-associated arthritis were included in the study. Late-onset SpA was defined as symptom onset beginning after age 50.

**Summary of Results**

115 individuals with late-onset SpA treated by 136 TNFi courses were compared to 424 individuals with early-onset SpA treated by 498 TNFi courses. The mean age of enrollment was 65.73 for the late-onset group, compared with 51.86 for the early-onset group. Significantly more patients with early-onset SpA were human-leukocyte antigen (HLA) B27 positive (P<0.01). For both late-onset and early-onset SpA patients, the most common reason for TNFi discontinuation was secondary failure (42% early-onset, 36% late-onset), defined as loss of efficacy after >6 months of treatment, followed by adverse events (23% early-onset, 27% late-onset).

**Conclusions**

This study suggests that late-onset SpA patients have a lower frequency of HLA B27 and the reasons for TNFi discontinuation are similar for early-onset and late-onset SpA. In contrast to the approach of prior studies, use of the data of symptom onset, rather than the date of diagnosis, likely resulted in a more accurate classification of cases in the study. Further studies should evaluate clinical outcomes in older onset spondyloarthritis patients to better quantify the effectiveness of treatments for this population.
agreed that TM met the need for their care compared to conventional clinic visit. Patients in the JIA group were satisfied with TM visit in handling complex medical problems and shared decision making. Patients in cSLE group preferred CCV especially in addressing complex medical issues and shared decision making.

**Purpose of Study** Physician interactions with their patients have changed drastically during the COVID-19 pandemic. However, physician-patient communication remains key in determining treatment outcomes in complex autoimmune disease processes. Telehealth has emerged as one of the major methods of communication during this time. Appropriate communication with patients and caregivers is critical in not only patient satisfaction but also adherence with the treatment plan.

**Methods Used** We performed a quality improvement project using a telephone questionnaire to survey patients seen via telehealth by the rheumatology clinic at Valley Children’s Health Care. The survey was performed 3–6 weeks after the telehealth visit.

**Summary of Results** We surveyed 53 patients, of which 93% had previous experience with telehealth. Of the total respondents, 98% found telehealth convenient; 90.5% preferred telehealth due to not having to take time off from work, 95% as they did not have to travel to the appointment, and 93% due to fear of the pandemic. Among the participants, 95.5% felt the doctor was listening and asking appropriate questions, 95% stated that the doctor explained the medications and workup appropriately, and 98% felt that the doctor answered all of their questions. Conversely, 2% of participants felt that the doctor was in a hurry, and 7.54% felt that the physical exam performed over telehealth was inadequate for their condition.

**Conclusions** Our study demonstrates that telehealth is not only acceptable but also beneficial overall for rheumatology patients, particularly due to expediency. Respondents agreed that telehealth met the needs for their care. Technology, difficulties with connectivity, and the ability to perform a physical exam, however, remain limiting factors in telehealth that must be addressed. Despite this, participants had a positive outlook as to the use of telehealth in rheumatology and believed it posed no burden on the patient-physician relationship and instead felt heard and cared for by their physician. In the future, it has the ability to improve access to care and facilitate timely diagnosis as well as appropriate intervention.

**76** PLATELET/LYMPHOCYTE RATIO AS A POTENTIAL BIOMARKER FOR DISEASE ACTIVITY IN ANKYLOSING SPONDYLITIS

El Kim*, 1,2R Sen, 1,2E Manning, 1E Anderson, 1K Maier, 1E Cheng, 1,2L Caplan.
1University of Colorado Denver School of Medicine, Aurora, CO; 2Rocky Mountain Regional VA Medical Center, Aurora, CO

**Purpose of Study** Ankylosing spondylitis (AS) is a chronic inflammatory disease involving the sacroiliac joint (SIJ) and the spine. These joints can be involved with erosions or fusion, which can be debilitating and affect quality of life. Though several medications are available for use in AS, clinicians face challenges in classifying patient’s disease activity. The most commonly used biomarker of disease activity—the c-Reactive Protein (CRP)—has been shown to have low specificity and sensitivity. Prior studies have shown that the neutrophil/lymphocyte ratio (NLR) and platelet/lymphocyte ratio (PLR) are associated with disease activity and severity for inflammatory diseases such as malignancies and ulcerative colitis. This study evaluates the utility of the NLR/PLR as biomarkers for AS disease activity and severity by examining their association with CRP and SIJ damage scores.

**Methods Used** Data were drawn from the Program to Understand Long-Term Outcomes of Spondyloarthitis registry; only patients treated at the Rocky Mountain Regional VA Hospital were included. SIJ radiographs were scored for sacroiliitis based on the modified New York (mNY) radiographic criteria. Patients not meeting criteria were excluded. Absolute neutrophil count, lymphocyte count, platelet count, and CRP were collected within 6 months of the radiograph. Demographic data including HLAB27 status were collected. The relationship between NLR, PLR, CRP, mNY scores was determined using regression techniques in the STATA (v13) statistical package.
Summary of Results 42 patients met radiologic mNY radiologic criteria for sacroiliitis. No statistically significant correlation was found between mNY radiograph scores and the NLR nor the PLR. However, CRP concentration was associated with the PLR ($R^2 = 0.3205$, $p < 0.001$).

Conclusions A more accurate biomarker for AS disease activity would be very helpful. Though our study did not show a correlation between NLR and PLR, we did identify a relationship of PLR and CRP. Further studies are needed to validate these results in other populations, explore the relationship of PLR with patient reported outcomes, and determine if PLR is associated with findings from other imaging modalities.

77 USE OF ANAKINRA FOR CORONAVIRUS DISEASE 2019 ASSOCIATED MULTISYSTEM INFLAMMATORY SYNDROME IN CHILDREN

KS Jin*, S Sukumaran. Valley Children’s Healthcare, Madera, CA

10.1136/jim-2021-WRMC.77

Purpose of Study To discuss the diagnosis and management of a child treated with Anakinra for the COVID-19 associated pediatric disorder, Multisystem Inflammatory Syndrome in Children (MIS-C).

Methods Used Retrospective Chart Review

Summary of Results A 7-year-old male presented to our institution with 5 days of fever, sore throat, vomiting, diarrhea and abdominal pain. Physical examination was remarkable for a febrile, ill-appearing child with tachycardia and respiratory distress. He was hypoxic to 89%. He had oral ulcers, hepatomegaly and poor perfusion. He was started on oxygen and inotropic agents and admitted to the PICU.

Laboratory evaluation revealed a positive SARS-CoV-2 PCR and SARS-CoV-2 IgG. Additional pertinent labs included leukopenia, lymphopenia, thrombocytopenia, hyperferritinemia, and elevated CRP. ECHO showed depressed left ventricular systolic function with ejection fraction of 43%. Child’s troponin was 2.7 ng/ml and BNP 2439 ng/L.

He was started on remdesivir but continued to clinically deteriorate with persistent fever and increase in ferritin. His soluable IL-2 receptor and IL-6 level were highly elevated. Repeat ECHO demonstrated dilatation of the coronary arteries.

Based on clinical and laboratory evaluation, child met the American College of Rheumatology criteria for MIS-C. He received IVIG and steroids, without improvement in fever or markers of inflammation and therefore was started on anakinra for 5 days. Within 24 hours of initiation of anakinra, child demonstrated clinical and laboratory improvement and was discharged home on low dose aspirin on hospital day 12.

Conclusions Anakinra is among several biologic drugs that inhibit specific inflammatory cytokines which have an essential role in the cytokine storm that occurs in children with MIS-C. Anakinra targets and inhibits the IL-1β receptor protein which prevents activation of the cytokine storm and subsequent organ dysfunction.

Our patient was refractory to conventional treatment with IVIG and steroids but responded well to anakinra and completely recovered. As the cases of COVID-19 in children continue to rise, clinicians should be aware of the clinical presentation of MIS-C and its treatment to prevent adverse outcomes.

78 PROLIFERATION AND DIFFERENTIATION POTENTIALS OF CLONAL HUMAN ARTICULAR CARTILAGE PROGENITOR CELLS

LC Snyder*, P Lam, K Weekes, A Elhance, B Parkway, B Johnstone. Oregon Health and Science University School of Medicine, Portland, OR

10.1136/jim-2021-WRMC.78

Purpose of Study The aim of this study was to compare human articular cartilage progenitor clones from different zones in terms of their expansion and differentiation.

Methods Used Cells were isolated from superficial and deep zones of normal human articular cartilage. Clones were stimulated to undergo chondrogenesis in vitro in 3D pellet culture for 14 days at 20, 40, and 60 population doublings.

Summary of Results Superficial clones have a significantly higher percentage survival at 20, 40, and 60 population doublings compared with deep clones. Superficial clone-derived pellets had significantly increased ($p<0.05$) total glycosaminoglycan (GAG, a measure of proteoglycan production) and hydroxyproline content compared with their deep zone counterparts at 20 population doublings. Collagen X production was significantly increased ($p<0.05$) in deep compared with superficial ACP clones. All zonal differences were no longer evident once cells had undergone 40 or greater population doublings. No differences in the level of gene expression ($p>0.05$) were detected for COL1A1, COL2A1, SOX9, or PRG4 either prior to chondrogenesis (day 0) or 14 days after induction for clones at 20, 40, or 60 population doublings. A significant increase in COLX1 gene expression ($p<0.05$) in deep clones was observed at 40 population doublings after chondrogenic induction for 14 days but not prior to induction (day 0) or at either day for clones of 20 or 60 population doublings. ACAN gene expression was also significantly increased ($p<0.05$) in day 14 deep zone pellets at 40 population doublings compared with superficial zone pellets.

Conclusions These data reveal the differences between populations of chondrogenic progenitors residing in different zones of human articular cartilage. Superficial zone clones have increased survival and propensity to form stable articular cartilage in vitro compared to deep zones clones. Differences seen in the matrix production at 20 population doublings are lost at 40 doublings and higher; this may be due to the survival of only higher matrix-producing clones from the deep zone with increased doublings.

79 VALIDATING A SCORING SYSTEM FOR IMMUNOGLOBULIN UNRESPONSIVENESS IN HIGH RISK KAWASAKI DISEASE

S Nayak, A Fleora, S Sin*, M Soneji. Loma Linda University Children’s Hospital and Loma Linda University Medical Center, Loma Linda, CA; Loma Linda University Adventist Health Sciences Center, Loma Linda, CA; Loma Linda University, Loma Linda, CA

10.1136/jim-2021-WRMC.79

Purpose of Study The purpose of this study is to report outcomes of children with high-risk Kawasaki disease (KD). We aim to validate the prediction model for unresponsiveness to intravenous immunoglobulin (IVIG), and to determine if there is a change in responsiveness to IVIG if steroids are given additionally in high-risk KD patients.

Methods Used This is a single center retrospective study examining outcomes in children from 0 and 18 years old with KD
before and after the introduction of a protocol for the treatment for high-risk KD. Criteria to qualify for the high risk protocol included: age ≤ 12 months or ≥ 8 years, Z score of LAD or RCA ≥ 3.5, or CRP ≥ 15 mg/dL with one additional finding of the following WBC ≤ 150,000, Platelet count ≤ 150,000, Sodium ≤ 133, Albumin ≤ 2.8, Hemoglobin ≤ 8, and/or ALT ≥ 100. We compared the rate of unresponsiveness to IVIG among the children who would have met these criteria before the protocol was implemented and after. A patient will be considered unresponsive to IVIG therapy if they received additional therapy (IVIG, steroids, infliximab or another biologic) or the Z-score for the RCA ≥ 3.5 or LAD ≥ 3.5.

Summary of Results There was a total of 129 patients and 74 were female (57%). The number of patients who met high risk KD criteria was 49, 25 were female (51%), and 31 (63%) met criteria by age alone. Prior to the implementation of the protocol 42 (37%) patients met criteria and 7 (50%) after. There were 39 patients (30%) who failed to respond to IVIG during the entire time, 36 (31%) prior and 3 (21%) post implementation.

Conclusions After the implementation of the high-risk KD protocol, there was a significant improvement in the responsiveness to IVIG. We believe that early steroid administration in these high-risk patients can prevent the need for additional therapy.

Infectious diseases I
Concurrent session
10:10 AM
Friday, January 29, 2021

81 ASSESSING ONLINE CONTENT ON TDAP VACCINATION IN PREGNANCY USING INSTAGRAM & FACEBOOK
S Feng* 1, T Lee, K Lee, J Matacotta, AL Nelson. Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pomona, CA

10.1136/jim-2021-WRMC.81

Purpose of Study Tdap vaccine is recommended for pregnant women and newborn contacts are to be up-to-date to provide infant protection from pertussis (coconooting). Many women turn to social media platforms. We surveyed two social media platforms to assess the questions women asked about the Tdap vaccination and the quality of responses received.

Methods Used Instagram and Facebook were chosen for this project because users can write posts without any word limits. Keywords related to Tdap vaccination during pregnancy were used to search related posts from 2012 to Feb. 2020. For Facebook, only Tdap-related posts with either more than 10 comments or 10 shares were included. Instagram posts needed to have either more than 10 comments or 10 likes. CDC guidelines were used to judge the accuracy of the posts.

Summary of Results We performed a detailed scoping of 100 Facebook posts, 95 Instagram posts and comments related to Tdap during pregnancy. Inaccuracies were found in 79% of advising posts from Facebook nonprofessional users and 32% of such advising posts on Instagram. Common themes found within Facebook advising posts were questions about Tdap side effects, Tdap safety, and issues related to coconooting. Disturbingly, the most popular subtheme was that Tdap vaccination leads to spontaneous abortion. Common themes found within Instagram posts were advice for Tdap during the 3rd trimester.

Looking at the comments, the top three themes from 537 Instagram comments were side effects of Tdap vaccination (32%), safety of Tdap vaccine (26%) and coconooting (17%). On the other hand, the top three themes from the 2877 Facebook comments related to those posting were concerns that the FDA labeling said Td had not been tested in pregnancy (39.8%), Tdap safety (35.2%), and Tdap ingredients (10.6%). Lastly, professional postings were analyzed separately; 23% of
Facebook posts and 25% of Instagram posts from health care professionals and organizations contained inaccuracies.

Conclusions Women have residual questions about the safety and need for Tdap vaccines for themselves and those who will be around the newborn. Clinicians should clear up this misinformation when offering the vaccine.

**Epidemiology of Pediatric Osteoarticular Infections in the United States**

1KDisch*, 2WDehority. 1The University of New Mexico School of Medicine, Albuquerque, NM; 2University of New Mexico, Albuquerque, NM

10.1136/jim-2021-WRMC.82

**Purpose of Study** Osteoarticular infections in pediatric patients are a cause of significant morbidity. Previous studies have estimated that long-term complications arise in up to one-third of children recovering from acute osteomyelitis or septic arthritis, with limb length discrepancies occurring in about 10% of children recovering from chronic osteomyelitis. Information on the epidemiology and clinical outcomes of osteoarticular infections in children is scarce, however. Using data from the national HealthFacts database, we herein report what to our knowledge is one of the largest descriptions of pediatric osteoarticular infections.

**Methods Used** Children ≤18 years of age at the time of diagnosis were included. Osteoarticular infections were classified using 360 different International Classification of Diseases (ICD) version 10 diagnosis codes for acute osteomyelitis (AOM), chronic osteomyelitis (COM) or acute septic arthritis (ASA). The diagnosis codes were then entered into the HealthFacts national medical database. Utilizing this database, we analyzed cases of pediatric osteoarticular infections over a 3 year period (2015–2017) and assessed long-term outcomes (up to 2 years) following discharge. P-values were assessed with a Welch’s t-test.

**Summary of Results** Overall, 1,908 subjects were identified. ASA was the most common presentation (54.5%), with COM the least common (18.0%). In all three conditions, boys were more commonly affected (58.0% overall). Children with COM were slightly older on average than those with AOM or ASA (10.6 years vs 8.8 years and 8.1 years, respectively). The most common season for diagnosis was winter for all conditions (33.0% of all cases). A pathogen was isolated only 40.0% of the time, with S. aureus the most common. In COM, 34.1% of patients developed a limb-length discrepancy, vs 12.8% of those with AOM (p<0.0001) and 4.4% of those with ASA (p<0.0001). Long-term orthopedic follow-up (≥ 1 year) was more often required in children with COM (14.0% of subjects) than in those with AOM (4.8%, p<0.0001) or ASA (2.5%, p<0.0001).

**Conclusions** Chronic osteomyelitis is associated with the worst morbidity of all pediatric osteoarticular infections. Further study into this condition is warranted.

**Re-emergence of Arbovirus Diseases in the State of Rio de Janeiro, Brazil 2014–2019**

1OMañ*, 2TFuller, 1KNielsen-Saines. 1University of California Los Angeles David Geffen School of Medicine, Los Angeles, CA; 2University of California Los Angeles, Los Angeles, CA

10.1136/jim-2021-WRMC.83

**Purpose of Study** Cyclic re-emergence of arboviruses has been attributed to the dynamic interplay among the human population, environment, and mosquito vector. We sought to determine how seasonal arbovirus outbreaks change population conditions to impact circulation of Chikungunya, Dengue, and Zika.

**Methods Used** We assessed the spatial and temporal distributions of Chikungunya, Dengue, and Zika cases from the Brazil’s national notifiable disease information system (SINAN) and precipitation and temperature data from WorldClim. We adapted a vector-host compartmental model to evaluate the effects of human population dynamics and the environmental on arbovirus risk to understand current patterns.

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**Abstract 83 Figure 1**

Monthly time series (2014-2019) of Chikungunya, Dengue, and Zika incidences per 100,000, average temperature (Celsius) and average precipitation (mm) in the state of Rio de Janeiro. Temperature is bounded to illustrate mean maximum and mean minimum temperatures for the region.
Summary of Results 424,829 clinical cases of Chikungunya, Dengue, and Zika, with 0.15% mortality, were reported in Rio de Janeiro, Brazil from 2014–2019. Each year, we estimate that these arboviruses were associated with an average of 10,211 lost Disability-Adjusted Life Years. Of the clinical cases, 42,636 (30%) Chikungunya, 84,836 (41%) Dengue, and 5,962 (7.8%) Zika were laboratory confirmed. Overall, cases were high in 2015–2016, plummeted in 2017–2018, and resurged in 2019. Outbreaks commonly occurred after large rainfall events. Our models showed that the observed transmission patterns were better explained by human population dynamics than climate variations.

Conclusions Dynamic arbovirus patterns in Rio de Janeiro may be related to vector control interventions, human demographic processes, or temporary cross immunity. Mechanistic modeling may help predict future predominance of certain arbovirus species.

Abstract 84 Table 1 SYMPTOMS (n=53)

<table>
<thead>
<tr>
<th>Symptom</th>
<th>HYPERMAGNESEMIA</th>
<th>NON-HYPERMAGNESEMIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEVER</td>
<td>89% (47)</td>
<td></td>
</tr>
<tr>
<td>COUGH</td>
<td>91% (48)</td>
<td></td>
</tr>
<tr>
<td>SHORTNESS OF BREATH</td>
<td>91% (48)</td>
<td></td>
</tr>
<tr>
<td>DYSGEUSA</td>
<td>7% (4)</td>
<td></td>
</tr>
<tr>
<td>ANOSMIA</td>
<td>4% (2)</td>
<td></td>
</tr>
<tr>
<td>DIARRHEA</td>
<td>17% (9)</td>
<td></td>
</tr>
</tbody>
</table>

Abstract 84 Table 2 Comorbidities (n=53)

<table>
<thead>
<tr>
<th>Comorbidity</th>
<th>HYPERMAGNESEMIA (n=53)</th>
<th>NON-HYPERMAGNESEMIA (n=43)</th>
</tr>
</thead>
<tbody>
<tr>
<td>HYPERTENSION</td>
<td>46% (24)</td>
<td>40% (17)</td>
</tr>
<tr>
<td>DIABETES</td>
<td>40% (21)</td>
<td>30% (13)</td>
</tr>
<tr>
<td>TUMORS</td>
<td>6% (3)</td>
<td>3% (2)</td>
</tr>
</tbody>
</table>

Summary of Results 53 admitted patients with COVID-19 and hypermagnesemia and 43 without hypermagnesemia did not reveal AKI. Of the 53 patients, the average age was 50 years. 21 (40%) were females. All 53 patients had findings of bilateral opacities on radiographic imaging. Symptoms, comorbidities, treatment and outcomes are displayed in tables 1,2,3 and 4.

Conclusions We studied the correlation between elevated serum magnesium and outcome in admitted patients with COVID-19. We believe serum magnesium is another hallmark of disease severity.

Abstract 84 Table 3 Treatment

<table>
<thead>
<tr>
<th>Treatment</th>
<th>HYPERMAGNESEMIA (n=53)</th>
<th>NON-HYPERMAGNESEMIA (n=43)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DECAVRON</td>
<td>79% (51)</td>
<td>42% (18)</td>
</tr>
<tr>
<td>REMDESVIR</td>
<td>37% (24)</td>
<td>23% (10)</td>
</tr>
<tr>
<td>PLASMA</td>
<td>74% (48)</td>
<td>60% (26)</td>
</tr>
</tbody>
</table>

Abstract 84 Table 4 Outcomes

<table>
<thead>
<tr>
<th>Outcome</th>
<th>HYPERMAGNESEMIA (n=53)</th>
<th>NON-HYPERMAGNESEMIA (n=43)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICU</td>
<td>59% (38)</td>
<td>18% (8)</td>
</tr>
<tr>
<td>VENTILATOR</td>
<td>28% (15)</td>
<td>0</td>
</tr>
<tr>
<td>DEATH</td>
<td>20% (13)</td>
<td>7% (3)</td>
</tr>
</tbody>
</table>

Case Report SARS-COV-2 hypercoagulability is now a commonly observed complication in severely ill patients. This state of hypercoagulability leads to venous and arterial, large and small vessel thrombotic disease through a number of pathways. These pathways are discussed as well as the potential role of point-of-care thromboelastic assays to monitor dynamic changes in coagulopathy.

A 38 yo male with history of seizures was admitted after being found unresponsive at home. NIH stroke scale was 14 for altered mental status, right-sided weakness and dysarthria. CT head was negative for acute stroke or bleed and the patient was given tPA. Carotid ultrasound revealed a large thrombus at the carotid bifurcation. Heparin infusion was started and patient was taken for emergent thrombectomy by the vascular surgeon. The patient was found to be positive for SARS-COV-2 IgM, IgG and PCR. Repeat CT head without contrast at 48-hour interval revealed a large MCA infarct. Aspirin, clopidogrel and atorvastatin were started. Workup for other causes of hypercoagulable state was unremarkable. On hospital day 8 patient had worsening mental status and decreased responsiveness with fixed, dilated pupils. The
patient quickly deteriorated and expired. It is postulated that the patient underwent hemorrhagic conversion of his ischemic stroke leading to his death.

Given projected growing number of COVID-19 infected patients with arterial and venous thromboembolic disease, thromboelastic point-of-care monitoring could provide a rapid monitoring to reduce COVID-19-related vascular and anti-thrombotic complications.

PROTECTING NEWBORNS FROM PERTUSSIS: WHAT ONLINE PROFESSIONAL WEBSITES SAY ABOUT Tdap

K Lee*, S Feng, T Le*, J Matacotta, AL Nelson. Western University of Health Sciences, Pomona, CA

10.1136/jim-2021-WRMC.86

Purpose of Study Tdap is a combination vaccine for three different bacterial diseases – tetanus, diphtheria, and pertussis. Pertussis, especially, can be a life-threatening disease for newborns because they rely on passive transfer of maternal antibodies and immunization of others they will contact until they are old enough to be vaccinated. Often, pregnant women search medical advice and information online before and/or after visiting a medical professional. The objective of this study was to estimate the accuracy and completeness of the information provided on professional or organizational websites about Tdap.

Methods Used To investigate this objective, we graded websites that posted advice by a medical advisor or representing hospitals or other experts on their accuracy and completeness using the CDC guidelines as the gold standard. The CDC specifies which vaccine to use and when to administer and emphasizes the importance of making certain that all those who will come in contact with the newborns are up-to-date with their pertussis vaccination - a condition that CDC calls ‘cocooning’. A desktop search using Google search engine was performed starting in May, 2020 and ending August, 2020, using the following keywords: ‘Tdap during pregnancy’ and ‘Pertussis vaccination in pregnancy’. The automatically generated results were used to identify experts’ websites from the first 15 pages. The websites that required subscriptions, based its information on standards outside of the U.S., presented research paper format, or contained its information on a video were not included in the study. Our target was 100 sites.

Summary of Results Out of the 100 scored expert websites, 33 websites offered correct and complete information and 4 websites offered information that was both incomplete and incorrect. Out of 67% websites that were missing some information coverage, 52% were missing information regarding cocooning strategy. We also noted that more visited websites that appear on the front pages of Google search engines or more recently updated websites did not necessarily have the most accurate and complete information.

Conclusions This study shows that doctors need to counsel their patients carefully about which websites to consult for its accuracy and completeness and provide them concrete advice about cocooning.
A NOVEL COMPOUND WITH ANTIMICROBIAL ACTIVITY AGAINST STAPHYLOCOCCUS AUREUS

1N Amin*, 2D Voizburg, 1H Szumant. 1Western University of Health Sciences, La Jolla, CA; 2Harvey Mudd College, Claremont, CA

Purpose of Study Antibiotic resistance in bacteria is becoming a growing concern in the health care industry, causing greater than 32,000 deaths and over 2 million bacterial infections yearly in the USA alone. One way to combat this ardent threat to public health is by studying the antimicrobial properties of a variety of novel compounds. Triazolodiazepines are an underexplored bicyclic skeleton with numerous pharmacologic activities. We hypothesized that among this class of compounds, antimicrobial hit compounds can be identified. Our confidence underlying the hypothesis stems from the fact that the triazole nucleus is a common and integral feature of a variety of natural products and medicinal agents, including some with antifungal and antimicrobial activity.

Methods Used A one-pot organic synthesis scheme was employed to generate a number of novel triazolodiazepine derivatives and related compounds. Antimicrobial activities of 20 novel compounds against Staphylococcus aureus were assessed by Kirby-Bauer disk diffusion assays following Clinical & Laboratory Standards Institute guidelines. The minimal inhibitory concentrations (MIC) of the most promising compound was tested utilizing micro-broth dilution assays against methicillin-resistant S. aureus.

Summary of Results Antimicrobial screening of the 20 compounds identified a single one with antibacterial activity against methicillin-resistant S. aureus. This compound was subjected to micro-broth dilutions assays against methicillin-resistant S. aureus. This compound was subjected to micro-broth dilutions assays against methicillin-resistant S. aureus. This compound was subjected to micro-broth dilutions assays against methicillin-resistant S. aureus.

Conclusions A novel compound with promising antimicrobial activity against methicillin-resistant S. aureus and other Gram-positive pathogens was identified. Medicinal chemistry efforts are under way in order to improve this initial hit compound.

In addition, cytotoxicity studies and cellular target identification studies will be initiated.

Neonatology general II
Concurrent session
10:10 AM
Friday, January 29, 2021

OPTIMIZING CHEST COMPRESSIONS TARGETING GAS EXCHANGE IN NEONATAL CARDIAC ARREST

1V Agrawal*, 1S Gugino, 1C Koenigsknecht, 1J Helman, 1M Rawat, 1J Nair, 1B Mathew, 1S Berkelhammer, 1D Sankaran, 1P Rivera-Hernandez, 1S Mani, 1S Lakshminrusimha, 1P Chandraskharan. 1University at Buffalo, Buffalo, NY; 1Loma Linda University Adventist Health Sciences Center, Loma Linda, CA; 1P Rivera-Hernandez

Purpose of Study We hypothesized that feedback from a respiratory monitor (RM) that displays respiratory rate (RR) and exhaled carbon dioxide (ETCO2) could help target the chest compressions (CC) rate and depth as recommended by neonatal resuscitation program (NRP).

Methods Used In an ovine cardiac arrest model, 1/3rd depth was predetermined. During CC a depth of 1/3rd and ETCO2 levels of >7 mmHg was targeted with the use of RM. Resuscitation per NRP with epinephrine was continued till return of spontaneous circulation (ROSC) or until 20 min. ROSC was defined as a heart rate of >60 bpm with diastolic pressures >20 mmHg. We analyzed the peak carotid, pulmonary and coronary flows during CC based on ETCO2 (£5, 6–10, ≥11 mm Hg) and the CC depth achieved (<25%, 25–32%, 33%, 34–50%, >50%).

Summary of Results From 16 lambs, 11,375 CC events were analyzed with similar baseline characteristics. Carotid and pulmonary flows were higher with ETCO2 ≥11 mmHg while
coronary flow was higher with ETCO$_2$6–10 mmHg (Figure 1a). 33–50% depth of CC led to better carotid, pulmonary and coronary flows (Figure 1b). The use of a RM helped achieve 90 CC: 30 breaths per min during resuscitation along with the majority of CC between 33–50% depth. ETCO$_2$ ≤5 mmHg was associated with no ROSC.

Conclusions Adequate gas exchange reflected by RM reflects perfusion to the lungs. Our findings support current NRP recommendations to target 1/3rd depth during CC although it is practically difficult. With the help of a feedback device like RM, targeting ETCO$_2$ of ≥6 mmHg could help achieve adequate perfusion in complete cardiac arrest.

### Abstract 89

**COMPARISON OF PROCALCITONIN AND HIGH SENSITIVITY C-REACTIVE PROTEIN AS SCREENING TEST FOR LATE ONSET SEPSIS**

A. Vachhani*, A. Chambless, M. Durand, R. Ramanathan, R. Cayabyab. LAC+USC Medical Center, Keck School of Medicine of USC, Los Angeles, CA

Purpose of Study To compare procalcitonin (PCT) and high sensitivity C-reactive protein (hsCRP) as screening tests for late onset sepsis (LOS).

Methods Used Retrospective study of infants admitted to the neonatal intensive care unit at LAC+USC Medical Center from 2018-2020. Infants with one paired PCT and hsCRP values and blood, urine or CSF culture obtained after 72 hours of life were included. Demographics and laboratory results were collected. Infants were classified as healthy, infected (positive blood, urine or CSF culture) and presumed to be infected (negative culture with clinical signs and elevated biomarkers). Data were analyzed with Chi square, Kruskal Wallis and Spearman correlation coefficient. Sensitivity and specificity were calculated.

#### Abstract 89 Table 1

**Demographics and comparison of biomarkers between groups**

<table>
<thead>
<tr>
<th></th>
<th>Healthy Infants</th>
<th>Infants with Presumed Infections</th>
<th>Infants with Confirmed Infections</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>N</strong></td>
<td>46</td>
<td>N=12</td>
<td>N=14</td>
<td></td>
</tr>
<tr>
<td>Gestational age (weeks)*</td>
<td>37.4 (31.7, 39.4)</td>
<td>34.4 (26.1, 36.6)</td>
<td>37.5 (30, 39.1)</td>
<td>0.07</td>
</tr>
<tr>
<td>Birth weight (g)*</td>
<td>2580 (1400, 3255)</td>
<td>1602 (760, 2150)</td>
<td>2352 (1310, 3255)</td>
<td>0.06</td>
</tr>
<tr>
<td>hsCRP (mg/L)*</td>
<td>0.45 (0.3, 1.7)</td>
<td>15.6 (0.95, 48.8)</td>
<td>27.65 (4.6, 79.9)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>PCT (ng/mL)*</td>
<td>0.14 (0.11, 0.19)</td>
<td>1.83 (0.5, 10.72)</td>
<td>1.90 (0.26, 5.54)</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

*Median (25th percentile, 75th percentile)

#### Abstract 89 Table 2

**Comparison of Biomarkers**

<table>
<thead>
<tr>
<th></th>
<th>PCT (0.5 ng/mL)</th>
<th>hsCRP (10 ng/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitivity (%)</td>
<td>64</td>
<td>57</td>
</tr>
<tr>
<td>Specificity (%)</td>
<td>98</td>
<td>95</td>
</tr>
<tr>
<td>Positive Predictive Value (%)</td>
<td>90</td>
<td>80</td>
</tr>
<tr>
<td>Negative Predictive Value (%)</td>
<td>90</td>
<td>88</td>
</tr>
</tbody>
</table>

Summary of Results A total of 72 infants met inclusion criteria. Nineteen infants were admitted from labor and delivery and 53 from the emergency department. There were 14/72 (19.4%) infants documented to be infected. There was no difference in demographics between the three groups. PCT and hsCRP were highest in the infected group (table 1). PCT and hsCRP levels were moderately correlated (r= 0.64, p <0.0001). The sensitivity, specificity, positive predictive value and negative predictive value of PCT was slightly higher than hsCRP (table 2).

Conclusions Our preliminary findings indicate that PCT and hsCRP can be used to screen infants for LOS. However, PCT may be a better diagnostic test to help identify infants at risk of serious bacterial infection. Additional studies are needed in very preterm infants.

### Abstract 90

**EFFECTS OF POSTNATAL STEROIDS ON TOTAL BRAIN VOLUME IN PRETERM INFANTS**

1. JJ Keel*, 2LK Lee, 1W Surento, 1M Shiroishi, 1N Jahanshad, 1R Ramanathan, 1RC Cayabyab. 1LAC+USC, Los Angeles, CA; 2Kaiser Foundation Hospital, Fontana, CA

Purpose of Study To determine if the use of postnatal steroids (PS) in premature infants is a risk factor for smaller total brain volume

Methods Used Retrospective review on all preterm infants <1250 grams at birth who had magnetic resonance imaging (MRI) of the brain performed prior to hospital discharge from 2009–2014. MR images were manually masked by neuroanatomical experts to remove non-brain tissue and obtain an

#### Abstract 90 Table 1

**Demographics and outcomes between the 4 groups**

<table>
<thead>
<tr>
<th></th>
<th>No steroids (n=55)</th>
<th>Hydrocortisone (n=31)</th>
<th>Dexamethasone (n=11)</th>
<th>Combined (n=30)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gestational age (weeks)*</td>
<td>28 (27, 30)</td>
<td>25 (24, 27)</td>
<td>26 (25, 27)</td>
<td>25 (24, 26)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Birth weight (g)</td>
<td>925</td>
<td>665 (555, 830)</td>
<td>755 (615, 1090)</td>
<td>640 (545, 780)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Male sex, n (%)</td>
<td>24 (44)</td>
<td>16 (52)</td>
<td>5 (45)</td>
<td>21 (70)</td>
<td>0.13</td>
</tr>
<tr>
<td>Antenatal steroids, n (%)</td>
<td>52 (95)</td>
<td>28 (93)</td>
<td>10 (91)</td>
<td>28 (97)</td>
<td>0.87</td>
</tr>
<tr>
<td>Bronchopulmonary dysplasia, n (%)</td>
<td>25 (45)</td>
<td>26 (84)</td>
<td>11 (100)</td>
<td>30 (100)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Intracranial hemorrhage, n (%)</td>
<td>20 (36)</td>
<td>22 (71)</td>
<td>8 (73)</td>
<td>26 (87)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Severe retinopathy needing intervention, n (%)</td>
<td>0</td>
<td>8 (26)</td>
<td>1 (9)</td>
<td>16 (53)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Brain volume (mm$^3$)</td>
<td>315</td>
<td>316 (301.5, 352)</td>
<td>330 (279, 345)</td>
<td>311 (279, 376)</td>
<td>0.88</td>
</tr>
<tr>
<td>Postmenstrual age (weeks)*</td>
<td>37 (36)</td>
<td>38 (37, 39)</td>
<td>39 (37, 42)</td>
<td>39 (37, 42)</td>
<td>0.02</td>
</tr>
</tbody>
</table>

*Median (25th percentile, 75th percentile)
VIRTUAL FAMILY CENTERED ROUNDS IN THE NEONATAL INTENSIVE CARE UNIT: A PILOT STUDY

J Ranu*, K Hoffman, H Sauers-Ford, J Williams, JL Rosenthal. University of California Davis, Davis, CA

Purpose of Study Family Centered Rounds (FCR) are multidisciplinary bedside rounds with active family engagement and are standard of care in pediatrics. Often, due to geographical distance, financial burdens, work obligations and family responsibilities, parents are unable to attend FCR in the Neonatal Intensive Care Unit (NICU). Our objective was to measure the feasibility of conducting a virtual FCR (vFCR) pilot trial.

Methods Used We conducted a 7-month two-arm randomized controlled pilot trial of hospitalized infants in the NICU. Infants were randomized to participate in vFCR (intervention) or standard bedside rounds (control) in a 2:1 ratio, respectively. We specified four a priori feasibility objectives for this pilot trial: (1) among intervention arm patients, use of vFCR in at least once will be ≥ 75%; (2) among attempted vFCR connections, ≥ 90% will have no technical issues; (3) the duration (minutes) of vFCR encounters for the intervention arm will be no longer than the control arm; (4) parent-reported exploratory outcomes survey response rate will be ≥ 75%. Proportions and means were calculated for the feasibility objectives.

Summary of Results Among the 110 included infants, 74 were randomized to the intervention arm and 36 to the control arm. Of the 74 intervention arm infants, attendance at vFCR at least once occurred for 35 of these patients (47%). In total, the intervention was used by parents for 216 virtual rounding encounters. Among the 216 vFCR connection attempts, 94% occurred without technical issues. The median rounding time for intervention arm patients was 5.6 minutes (SD = 4.0) and the median rounding time for control patients was 6.0 minutes (SD = 4.2). Surveys were completed by 82% of intervention patients and 75% of control patients at discharge.

Conclusions We successfully delivered the intervention of vFCR. Our feasibility data show that we met our objectives for minimal technical issues, no burden in rounding duration, and good survey response rate. We did not achieve our intervention uptake goal; however, the 216 vFCR encounters among the 35 intervention users supports good uptake among the users.

Adolescent medicine and behavior development II

Concurrent session

11:05 AM

Friday, January 29, 2021

EVALUATING MIDDLE SCHOOL STUDENTS’ UNDERSTANDING OF TOPICS PERTINENT TO, AND EMOTIONAL OUTLOOK ON THE COVID-19 PANDEMIC

Purpose of Study The COVID-19 pandemic interrupted the education of nearly 80,000 students throughout Denver Public Schools (DPS). This change lead to academic impairments and mental health challenges. The COVID Virtual Summer Camp was created to engage middle school students from DPS in discussions about topics pertinent to COVID-19 in an effort to increase understanding and decrease anxiety induced by the pandemic.

Methods Used Students were recruited to the virtual camp via email. Two camps were conducted with 35 participants. The camps took place July 13th-24th, lasting 4 days each, with 4 hours of programming each day. Topics included microbiology, immunity, health disparities, and mental health. Emphasis was placed on the veracity of sources, and how to verify information found on social media. The mental health curriculum was introduced to help students recognize, label, and regulate emotions regarding the COVID-19 pandemic. Topics were presented using short lectures, small group discussions, and Q&A sessions with medical and public health professionals. Participants completed pre- and post-camp surveys, assessing their level of understanding of topics pertinent to COVID-19 as well as their emotions associated with the pandemic. Participants chose words from a word bank to describe their emotions associated with the COVID-19 pandemic. Each word corresponded to a particular position on a pleasantness and energy intensity axes (RULER Mood Meter).

Summary of Results Completed pre- and post-camp surveys showed a 54.5% increase (p<.00001) in confidence discussing infectious diseases and a 54.5% increase (p<.00001) in self-reported knowledge about the spread of infectious diseases. Pre-camp surveys showed 62% of words chosen to describe emotions regarding the COVID-19 pandemic to be in the unpleasant, high-energy quadrant. The post-camp surveys found 67.5% of words selected to be in the same quadrant.
Conclusions The COVID Virtual Summer Camp increased self-reported knowledge and confidence in discussing infectious diseases. We demonstrated that the majority of emotions towards the pandemic were associated with higher energy and unpleasantness, regardless of level of understanding.

Purpose of Study The standard door is a safety hazard for young children often resulting in crush injuries, nail avulsions, fractures, lacerations, and amputations. The purpose of this study is to redesign the door to reduce the risk of finger injuries in children.

Methods Used A safety door was designed and a model of it was constructed for study. Its two major features utilize silicone rubber fins at the pinch points and a ‘piano’ hinge running the entire door length (instead of the conventional two or three separate hinges) to eliminate the space between the hinges. Ten door slams using five finger models (beef stick, green beans, string cheese, crayons, red licorice twists) were performed to observe and assess the resulting injuries from the safety door compared to a standard door. The severity of the resulting injuries were scored using a 0 – 8 numerical score.

Summary of Results The safety door resulted in 1 amputation (0.7%) compared to 120 amputations in the standard door (60%, p<0.0001) and had significantly lower numerical injury scores (0.2 vs 4.8, p=0.0001).

Conclusions The safety door is less injurious than the conventional door and re-designing of the door will likely lower the risk of finger injuries in young children.

### Abstract 93 Table 1
Mean injury scores (SD) and 95%CIM in each of the doors using various models. *Not applicable because the safety door’s piano hinge eliminates this possible injury

<table>
<thead>
<tr>
<th></th>
<th>Safety Door Mean</th>
<th>Safety Door (95%CIM)</th>
<th>Standard Door Mean</th>
<th>Standard Door (95%CIM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hinge side of door</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(inside to out)</td>
<td>N/A*</td>
<td>N/A*</td>
<td>5 (2.5)</td>
<td>4.3 to 5.7</td>
</tr>
<tr>
<td>(outside to in)</td>
<td>0.1 (0.6)</td>
<td>-0.03 to 0.3</td>
<td>5 (2.5)</td>
<td>4.3 to 5.7</td>
</tr>
<tr>
<td>All hinge of door</td>
<td>0.1 (0.6)</td>
<td>-0.03 to 0.3</td>
<td>5 (2.5)</td>
<td>4.5 to 5.5</td>
</tr>
<tr>
<td>Door knob side of door</td>
<td>0.1 (0.7)</td>
<td>-0.1 to 0.3</td>
<td>4.6 (0.8)</td>
<td>4.4 to 4.8</td>
</tr>
<tr>
<td>(inside to out)</td>
<td>0.2 (0.4)</td>
<td>0.1 to 0.3</td>
<td>4.6 (0.8)</td>
<td>4.4 to 4.8</td>
</tr>
<tr>
<td>(outside to in)</td>
<td>0.2 (0.6)</td>
<td>0.05 to 0.3</td>
<td>4.1 (0.6)</td>
<td>4.5 to 4.8</td>
</tr>
<tr>
<td>All both sides of door</td>
<td>0.2 (0.6)</td>
<td>0.1 to 0.2</td>
<td>4.8 (1.9)</td>
<td>4.5 to 5</td>
</tr>
</tbody>
</table>

### Abstract 93 Table 2
Amputations in each of the doors using various models (10 trials per model item).

<table>
<thead>
<tr>
<th></th>
<th>Safety Door Amputations</th>
<th>Standard Door Amputations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hinge side of door</td>
<td>0/50</td>
<td>4/0/100</td>
</tr>
<tr>
<td>Door knob side of door</td>
<td>1/100</td>
<td>8/0/100</td>
</tr>
<tr>
<td>Both sides of door</td>
<td>1/150</td>
<td>12/0/200</td>
</tr>
</tbody>
</table>

### Abstract 94 Table 2
Amputations in each of the doors using various models (10 trials per model item).

<table>
<thead>
<tr>
<th></th>
<th>Safety Door Amputations</th>
<th>Standard Door Amputations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hinge side of door</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(inside to out)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(outside to in)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>All hinge of door</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Door knob side of door</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(inside to out)</td>
<td>D. A.</td>
<td></td>
</tr>
<tr>
<td>(outside to in)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>All both sides of door</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Abstract 94
REDIZING THE DOOR REDUCES THE POTENTIAL FOR FINGER INJURIES IN CHILDREN

1I Yang*, 1,2Y Yamamoto. 1University of Hawaii at Manoa, Honolulu, HI; 2Kapiolani Medical Center For Women and Children, Honolulu, HI

10.1136/jim-2021-WRMC.93

WHAT’S THE BEEF? EMPOWERING YOUTH TO ADDRESS BULLYING THROUGH ART

1P Xiong*, 1,2Rodriguez, 1Avila, 2Erwin, 2Kirim. 1University of California Davis, Fresno, CA; 2UCSF-Fresno, Fresno, CA

10.1136/jim-2021-WRMC.94
Purpose of Study

Studies estimate that children get half of the recommended hour of physical activity throughout the school day. This study evaluates the relationship between the walkability loops around elementary schools in San Bernardino County’s (SBC) school districts and the districts’ sizes. This relationship is then used to determine if district size is a good diagnostic tool to decide which districts need increased resources allotted to families for exercise.

Methods Used

Using Google Maps, two walking loops were scored, using a modified version of the Center for Disease Control’s Walkability Audit Tool. The school’s highest value was used. Districts with 16 or more schools were compared to districts with less than 16 schools. Process was repeated with ten schools and five schools as thresholds. A Chi-Square calculator was used to analyze the data.

Summary of Results

District size was not shown to have an impact on the corresponding average loop score.

Conclusions

Low loop scores indicate that walking around the school for exercise is not feasible. Therefore, more resources should be provided to make their schools more fitness-friendly. The results above demonstrated that district size should not determine which schools need more physical activity resources because any district is susceptible to having low loop scores. Future research may reveal correlations between schools’ academic success and students’ physical activity.
socioeconomic contributors (Maziak, et al. 2008). Families with lower financial resources report having increased difficulty providing healthy meals for their family. These factors can increase the chance of the children becoming overweight or obese. This study aims to find a correlation between families with low incomes (less than $10,000–19,000) having children with a high BMI (>85%ile) compared to children with a healthy BMI (<85%ile).

Methods Used

Children identified as overweight or obese (BMI>85%ile) from a federally qualified community pediatric clinic were referred to attend a daily week long ‘Operation Fit Camp’ in Loma Linda, CA. At this camp, the parents answered questions regarding annual income. The BMI of the child camper was recorded.

Summary of Results

The sample size was N=639. Odds ratio and Chi-square statistics were calculated and showed that children with healthy BMI were 44% more likely to have low income parents than children with a high BMI [X² (1, N = 639), p = 0.041].

Conclusions

Even though these results did not line up with previous literature, 71% of the children in the sample size had an elevated BMI. These were the results from a sample size in San Bernardino County, further studies should continue to explore the aspects affecting childhood obesity.

Drug Use and the Desire to Quit Among Youths Experiencing Unstable Housing

JL Carlson*, M Castella-Chin, BM Rodriguez, C Irani, M Baum. Loma Linda University, Loma Linda, CA

Purpose of Study

Drug use has been noted as a significant problem among homeless youth populations. Within those populations, youth can be further classified by age and gender. The goal of this study is to determine the most at risk demographic characteristics for ‘drug use’ in homeless youth and the demographic characteristics for youth that are ‘most wanting help quitting drugs’.

Methods Used

Surveys were distributed to homeless youth at first arrival for a day program at YouthHope Foundation in Redlands, CA. These surveys included demographic, social, and educational information questions. Data from these surveys was used to examine ‘drug use’ and the ‘desire to quit’ among the youth.

Summary of Results

The results of the surveys showed that statistically significant difference existed in drug use between youth differentiated by age: Female minor vs female adult (p<.00001) and male minor vs male adult (p<.00001) as well as their desire to quit (p<.00271 female age groups, p<.01093 male age groups). This indicated that female minors are at 45% lower odds for drug use, but also at 25% lower odds for wanting to quit than female adults. Male minors are at 42% lower odds for drug use, but also at 38% lower odds for wanting to quit than male adults.

However there was no significant difference in drug use based on gender: Male adult vs female adult (p=.363539), male minor vs female minor (p=.513002), and male vs female (p=.129936), or in their corresponding desires to quit (p=.596082, p=.647921, p=.356779 respective groups).

Conclusions

It appears that there is a correlation between drug use and aging, as well as aging and a desire to quit. This is not unexpected as drug exposure increases the longer youths are on the streets. It is insightful to note that older adults as a whole exhibit a stronger desire to quit.

Further research is needed to determine if there are further correlations between increased desire to quit and certain drugs.

Endocrinology and metabolism I
Concurrent session
11:05 AM
Friday, January 29, 2021

98 DIABULIMIA: THE HIDDEN EATING DISORDER
A Khine*, R Kinman. UCSF-Fresno, Fresno, CA

Background

Diabulimia is a condition where a person with diabetes restricts insulin use to lose weight. Diagnosis and treatment of diabulimia or other eating disorders in diabetic patients can be challenging as patients often have poor insight about their condition and are unwilling to pursue treatment.

Clinical Case

A 22-year-old woman presented with nausea, vomiting, and abdominal pain. She was found to be in diabetic ketoacidosis (DKA) with a HbA1c >15%. Her past medical history was notable for chronic idiopathic pancreatitis requiring total pancreatectomy and islet cell transplantation. She subsequently developed post-pancreatectomy diabetes, likely due to glucose toxicity of the transplanted islet cells. She was started on an insulin drip and transitioned to subcutaneous insulin when the DKA resolved. Her insulin doses decreased as her glucose toxicity improved, but her abdominal pain persisted and she was noted to have binging/purging episodes. She was evaluated by psychiatry who was concerned for anorexia with purging, and they initially determined that she did not have capacity to leave against medical advice due to poor insight. After multiple conversations with the primary team, endocrinology, psychiatry, and social work, she eventually admitted to an eating disorder and acknowledged withholding of insulin therapy. Due to showing some acceptance of her condition with a modest improvement in accepting therapy while in the hospital, she was then determined to have capacity to decide if she wanted further inpatient treatment. She declined an inpatient eating disorders program and was discharged on subcutaneous insulin.

Conclusion

This case illustrates the complex challenges associated with diagnosing and treating diabetic patients which can include medication noncompliance, diabulimia, and comorbid eating disorders. Although this patient eventually admitted to having an eating disorder, she still declined treatment and is at significant risk for continuing poor glycemic control, which can result in future complications. Recognition of eating disorders in diabetic patients is critical to institution of appropriate therapy. Management requires a multidisciplinary approach between the diabetic team and mental health services.
Purpose of Study Total pancreatectomy with islet auto transplantation (TPIAT) is a potentially curative treatment for patients with chronic pancreatitis (CP) refractory to medical and endoscopic therapies. Outcomes of patients who have undergone TPIAT are limited to single center follow-up. We characterized the traits and outcomes of pediatric patients in Colorado who underwent TPIAT.

Methods Used We analyzed data of 9 pediatric patients who underwent TPIAT at the University of Minnesota over 13 years. We collected baseline and follow-up data of insulin total daily dose (TDD), HbA1c, c-peptide, BMI and weight, pancreatic related hospitalizations, narcotic use, mental health, and nausea. Data are shown as mean±SD.

Summary of Results Patients presented with CP at age 7.6±4.9 years. All patients presented with a genetic cause of CP: 6/9 PRSS1, 2/9 CFTR and one with PRSS1 and CFTR. Patients had 2.7±1.5 ERCPs prior to TPIAT and underwent TPIAT at 11±3.1 years. Islet mass transplanted was 3260±2663 IEQ/kg. Subjects had a follow-up of 4.63±3.6 years. Intestinal complications and surgical revision was required by 3/9.

No patients used insulin prior to TPIAT. At least 6 months post-TPIAT, 7/9 patients required insulin therapy with 5/9 still requiring treatment with subcutaneous insulin. At most recent follow up, TDD was 0.3±0.3 units/kg.

For those whom data was available (7/9) prior to TPIAT, average HbA1c was 5.3±0.3. Average HbA1c at 1 year post TPIAT was 5.9±0.8. Average HbA1c at most recent follow up was 6.7±1.7%. Of note, 4/9 patients have HbA1c’s >6.5%.

Data on active narcotic prescriptions was available for 8/9 patients. Prior to TPIAT 8/8 patients required narcotics for pain control, post TPIAT, 4/8 keep an active narcotic prescription.

Conclusions In the 9 known pediatric TPIAT patients in Colorado, all had genetic mutations for CP. More than half require insulin after TPIAT, but at a relatively low TDD. This may suggest endogenous graft insulin production and 4/9 patients have HbA1c’s in the non-diabetic range. Patients have reduced narcotic usage post-TPIAT as half of patients have a current active narcotic prescription.

Purpose of Study Multiple Myeloma (MM) is often complicated by hypercalcemia of malignancy (HCM). Severe hypercalcemia is known to cause a variety of complications, as well as decreased survival. The degree of hypercalcemia among patients with MM can occur across a wide spectrum and may have variable effects on patient-related outcomes. Thus, we aimed to investigate the role of HCM on relevant endpoints and comorbidities among patients with MM.

Methods Used De-identified patient data were obtained from the UNM Electronic Medical Record (EMR) Data Repository. A total of 717 individuals with an ICD-9/10 diagnosis of MM were identified from 2010 to 2019, and after exclusion criteria, 627 individuals remained. These were separated into two groups according to the presence (MM + HCM, n=54) or absence (MM-HCM, n=573) of HCM within 1 year of MM diagnosis. Clinical laboratory and outcome data were collected for 1 year after the diagnosis of MM, and the occurrence of specific comorbidities were collected using the entirety of the EMR data following diagnosis of MM. Binary logistic regression was used to assess the odds for clinical outcomes and common comorbidities between groups.

Summary of Results Patients in the MM+HCM category had significantly higher serum calcium concentrations (10.0 vs. 9.3 (mg/dL), p <0.001) lower phosphate concentrations (3.2 vs. 3.5 (mg/dL), p = 0.03), and higher BUN levels (22 vs. 17 (mg/dL), p = 0.02) compared to those in the MM-HCM group. Hospital length of stay was significantly longer in the MM+HCM group (4.8 vs. 1.6 (days), p < 0.0001). The odds of readmission within 30 and 90 days of MM diagnosis was 2.3 fold higher in the HCM+MM group, and they had a mortality OR of 4.2 when compared to MM-HCM patients (p < 0.0001). Additionally, the odds of being diagnosed with heart failure, chronic kidney disease, acute renal insufficiency, or sepsis were significantly higher in the MM+HCM group compared to the MM-HCM group.

Conclusions Patients with MM and HCM demonstrate significantly worse clinical outcomes and a higher burden of comorbidities compared to MM patients without hypercalcemia. HCM may aide in prognostication and risk stratification for patients with MM.

Purpose of Study Youth with congenital adrenal hyperplasia (CAH) have an increased prevalence of obesity, early adiposity rebound, and increased fat mass compared to controls. The inability to control food desire could contribute to obesity, and understanding food-seeking behavior could guide prevention. Key brain regions implicated in reward and dietary decision-making, including limbic brain regions and prefrontal cortex, have been shown to be smaller in CAH patients. However, little is known about dietary behavioral manifestations of these brain differences in CAH. We therefore aim to study food choices in youth with and without CAH.

Methods Used 37 CAH youth (12.2 ± 3.1 years, 60% male, BMI-Z 1.6 ± 0.8) and 100 controls matched for age and sex.
ANALYSIS OF ENIGMA GENE-SIGNALING PATHWAYS IN THYROID CANCER

R. Nihara*, N. Chudawaranak, K. Rood, C. Yamauchi, K. Wright, S. Adil, S. Minshahidi, M. Perez, A. Simental, A. Firek, S. Khan. Loma Linda University, Loma Linda, CA

Purpose of Study Fine-needle aspiration (FNA) is one of the most accurate modes of obtaining thyroid nodule biopsies, however, up to 25% of biopsies still yield indeterminate results. There is an increasing number of thyroidectomies due to indeterminate nodules by FNA alone. Therefore, more accurate and time efficient diagnostic approaches for analyzing indeterminate thyroid nodules is required. Recent studies showed that Enigma is associated with different cancer types, including thyroid cancer progression and calcification through its interaction with bone morphogenetic protein-1 (BMP-1) and tyrosine kinases linked to mitogen-activated protein kinase (MAPK) signaling pathway.

Methods Used Our published data on Enigma protein analysis with immunohistochemistry showed promising findings to discriminate malignant versus benign nodules. We also showed a thyroid cancer stage-dependent enhancement of Enigma protein expression. In this study, we are investigating Enigma at a gene expression level by quantitative reverse transcription polymerase chain reaction (RT-qPCR), which is more time-efficient, quantitative, and requires less tissue than immunohistochemistry. We extracted mRNA/DNA/proteins from fresh malignant and benign thyroid nodules using a Qiagen AllPrep DNA/RNA/Protein Mini Kit. After verification of the quantity and purity by NanoDrop, isolated mRNA was then run through Enigma-RT-qPCR. MAPK assay was done by western blotting using MAPK-antibody.

Summary of Results Our initial results found that Enigma-mRNA expression level was 3-fold higher in malignant compared to benign thyroid tissues. This finding supports our previous protein expression data with a relative quantitative difference in Enigma-mRNA expression level between malignant and benign thyroid nodules. MAPK expression was upregulated in thyroid cancer compared to benign nodules.

Conclusions We conclude that Enigma-RT-qPCR can be used effectively in FNA samples derived from thyroid nodules, which could potentially enhance the diagnostic accuracy of indeterminate nodules and decrease unnecessary thyroidectomies. Furthermore, both Enigma and MAPK were highly expressed in advanced tumor in the same tissues. Future study is needed to establish the functional interaction of Enigma-MAPK activity in thyroid cancer cells.

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ONE MONTH OF SUPPLEMENTAL TESTOSTERONE DOES NOT SIGNIFICANTLY CHANGE THE METABOLOME IN TRANSGENDER MALES


Purpose of Study Testosterone may be associated with cardiovascular disease (CVD) and recent studies suggest transgender males (TGM) on long-term exogenous testosterone have a higher risk of CVD than cisgender women but not men. We sought to determine whether there were significant changes in the metabolic/metabolomic profile in TGM adolescents receiving testosterone therapy.

Methods Used Ten TGM adolescents [Age 15.2 (14.6–16.3) years, BMI 21.5 (18.4–27.6) kg/m²] were evaluated prior to and after 1 month of exogenous testosterone treatment in a longitudinal observational study. Demographics, physical exam, fasting laboratory measurements were collected. HOMA-IR was calculated as an estimate of insulin sensitivity. Untargeted and targeted serum metabolomics were performed with mass spectrometry. Metabolomic profiles before and after treatment and correlated with clinical variables. T-tests or Mann Whitney U were used to compare variables pre-post treatment and change with treatment was calculated for correlations. Metabolomic data analysis was performed with MetaboAnalyst.

Summary of Results Per study design, participants had a significant change in total testosterone (250±107 ng/dL, p < 0.001) and SHBG (-11.7±7.8 mg/dL, p = 0.004) after treatment, although the cardiometabolic profile in terms of fasting total cholesterol (-1.50 mg/dL, p = 0.82), triglyceride (3.3±17.3 mg/dL, p = 0.84), HDL (-0.5±3.9 mg/dL, p = 0.84), glucose (-1.2±7.1 mg/dL, p = 0.81) and HOMA-IR (p = 0.92) were unchanged. Principal component analysis indicated no significant difference in metabolomic profile with treatment. In the untargeted metabolomics analysis, the only significantly different metabolite was 2,3-Phospho-D-Glycerate. Exploratory analyses showed that increases in serum testosterone were associated with increases in several bile acids. Improvements in HOMA-IR were associated with increases in bile acids and several polysaturated fatty acids.

Conclusions Exogenous short-term testosterone (1 month) does not significantly affect the cardiometabolic profile or the metabolome in TGM adolescents. Future studies will investigate the effect of 12 months of exogenous testosterone on the metabolomic profile in TGM adolescents.
INTerventions to Address Health Disparities in Management of Diabetic Retinopathy Among African Americans in the United States (US)

1S Marquina*, 1T Afzal, 1R Chava, 1A Cheong, 1T Dastgheib, 1H Hackman, 1N Lingineni, 1B Afghani. 1UC Irvine School of Medicine, Irvine, CA; 2Children’s Hospital of Orange County, Orange, CA

Purpose of Study Diabetic Retinopathy (DR) is a serious downstream effect of uncontrolled diabetes. Our objective is to assess the effectiveness of intervention strategies to improve the care of African Americans with diabetic retinopathy.

Methods Used A literature review was performed on PubMed, and Google Scholar databases using the key terms: race, diabetic retinopathy, intervention, management, and African American. Only prospective controlled studies of adults (>18 years of age) that primarily involved diabetic African Americans in the US were included in this review.

Summary of Results Of the 21 articles found, only 7 met our inclusion criteria (Table 1). At baseline, the rate of dilated eye exams for patients with DR ranged from 19.2% to 65.1% in different studies. Although the majority of studies showed an increase in dilated eye exams after the intervention, the study with a multidimensional education and behavioral intervention showed the highest improvement (34.1% to 87.1%, p<0.001). Possible explanations for lack of significant improvement in 2 of the studies include small sample size as well as exposure of both control and intervention groups to other health initiatives which could have improved outcome in both groups.

Conclusions Our literature review suggests that intensive multidimensional and tailored intervention strategies are effective in improving the rate of eye exams in the African-American population with diabetic retinopathy. Follow-up studies to evaluate the long-term effectiveness of different interventions are needed to explain why a gap exists even after intervention.

Abstract 105 Table 1 Studies of diabetic retinopathy management in African-Americans

<table>
<thead>
<tr>
<th>First Author Last Name, Year and Location</th>
<th>Total Number of Subjects and Mean Age (yrs)</th>
<th>Total Number and Percentage of Subjects in each group with Diabetic Retinopathy</th>
<th>Intervention</th>
<th>Outcome Measured</th>
<th>Factors Associated with Improved Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basch 1999, New York</td>
<td>N=280, mean age Intervention group=55.6, Control Group=53.9</td>
<td>All African American, Intervention group n=137, Control Group (standard of care), n=143</td>
<td>Individualized Education: Videotape, phone counseling</td>
<td>Dilated eye exam within 6 months</td>
<td>Dilated eye exam f/u in intervention group vs control: 54.7% vs. 27.3% (p&lt;0.05)</td>
</tr>
<tr>
<td>Zhang 2009, North Carolina</td>
<td>N=1289, age &gt; 18 yrs old</td>
<td>All African American, Intervention group n=617, Control n=672</td>
<td>Project *DIRECT 1: Community-wide eye care education focused on diet and physical activity in the intervention community</td>
<td>Survey sent to patients with DR in 1997 (baseline) and 2004 (after intervention) to follow-up on annual dilated eye exams and eye education in two communities</td>
<td>Medical documentation of diabetic fundus exam within 6 months</td>
</tr>
<tr>
<td>Weiss 2015, Will Eye Hospital in Philadelphia, PA</td>
<td>N=206, mean age Intervention group=72.8, Control group=72.8</td>
<td>All African American, Intervention group n=103, Control/supportive therapy n=103</td>
<td>*BADRP combines diabetes education, behavioral therapy and health belief model, problem solving skills and formulating an action plan.</td>
<td>Frequency of eye exams in clinic after telemedicine visit</td>
<td>Dilated eye exam decreased among both groups: intervention group (85.8% to 72.8%); control group (81.6% to 66.1%) but increased among those without DR: intervention group (52.7% to 59.0%); control group (48.7% to 57.7%)</td>
</tr>
<tr>
<td>Davis 2010, South Carolina</td>
<td>N=165, mean age Intervention=95.9</td>
<td>74% African American, Intervention group: n=85, Control group: n=80</td>
<td>Diabetes TeleCare intervention: 13 sessions (3 individual and 10 video conferencing)</td>
<td>Follow up appointment adherence in participants with DR</td>
<td>Dilated exam in Intervention vs. Standard Supportive= 87.9% vs 34.1% (p&lt;0.001)</td>
</tr>
<tr>
<td>Alex 2015, Philadelphia, PA</td>
<td>N=83 African American Intervention (contract)=42, Control group=41</td>
<td>The intervention group consisted of signing a contract for follow-up</td>
<td>Frequency of exams in clinic after telemedicine visit</td>
<td>intervention vs. Control eye exam baseline: 51.2% vs 46.3%. After intervention at 12 months: 81.2% vs 38.8%, p=0.0001</td>
<td>Intervention vs. Control: 38.1% vs 43.9% (p=0.59)</td>
</tr>
<tr>
<td>Anderson 2003, Detroit, MI</td>
<td>N=132, mean age Intervention=55.75</td>
<td>All African American after randomization, Intervention/personalized group: n=67, control groupstandard: n=65</td>
<td>Intensive personalized follow up plan with phone calls and education</td>
<td>Annual follow-up diabetic eye evaluation</td>
<td>Intervention vs. Control eye exam baseline: 24.2% vs 26.2%. After intervention, yearly eye visit increased 65.7% vs 35% (p=0.001), odds ratio that return for DEE was due to personal follow up 5.62 (CI=2.13,14.86 P=0.0006)</td>
</tr>
<tr>
<td>Walker 2008, Bronx, NY</td>
<td>N=598, mean age Intervention=56.6</td>
<td>African American:45%, Hispanic/Latino: 42.5%, Intervention/Phone calls: N=305, Control group (print)=293</td>
<td>Tailored telephone intervention with education and risk communications. Up to 7 phone calls within 6 months was allotted</td>
<td>Documentation of a dilated fundus exam within 6 months</td>
<td>Intervention vs. Control: 33.8% vs 18.5% (p&lt;0.0005)</td>
</tr>
</tbody>
</table>

DIRECT= Diabetes Interventions Reaching and Educating Communities Together BADRP= Behavioral Activation for Diabetic Retinopathy Prevention
Purpose of Study  The 11-oxygenated androgen metabolites are emerging as significant, bioactive compounds. These androgen compounds rise in early adrenarche and have unique expression patterns throughout the lifespan. The pattern of 11-oxygenated androgen expression during normal puberty and the effects of obesity have not yet been reported.

Methods Used  This is a secondary analysis of healthy youth of both sexes, any BMI, enrolled in 5 prior endocrine studies (N=203). A subset of participants had longitudinal puberty data (51 participants with 129 visits). Pubertal development was assessed by a pediatric endocrinologist using Tanner stage criteria and fasting serum samples collected. Three 11-oxygenated androgens, 11-hydroxyandrostenedione (11OHA4), 11-hydroxysteroid (11OHT), and 11-ketotestosterone (11KT), were analyzed via liquid chromatography tandem mass spectroscopy (Lapcorp/Esoterix).

Summary of Results  In both cohorts, 11OHA4 and 11OHT increased in normal weight youth of both sexes between early (Tanner 2/3) and late (Tanner 5) puberty (p < 0.05). 11KT was non-significantly elevated as puberty progressed in normal weight youth in the cross-sectional cohort (p = 0.06). 11KT increased significantly in normal weight females between Tanner 2/3 and 4 in the longitudinal cohort (p < 0.05). 11KT differed between sexes (p < 0.006) with levels higher in normal weight males compared to normal weight females most notably at Tanner 2/3 (p = 0.02) and Tanner 5 (p = 0.02). 11KT differed between normal weight and obese youth (p = 0.01) with obese males having lower levels than normal weight males at Tanner 2/3 (p < 0.005) and Tanner 4 (p = 0.02). Trajectories of 11OHA4 expression throughout puberty differed between normal weight and obese youth of both sexes (p = 0.05).

Conclusions  11-oxyandrogens rise during pubertal development and may play a role in the phenotypic effects of puberty. 11KT expression differs between sexes, suggesting possible gonadal origin of this androgen that becomes evident during puberty. Obesity appears to influence the expression of 11-oxyandrogens.

Abstract 107 Table 1  

<table>
<thead>
<tr>
<th>Scan</th>
<th>Average Abs. % Error</th>
<th>Average Abs. Vol. Error (cc)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scan 1</td>
<td>2.33%</td>
<td>25.28</td>
</tr>
<tr>
<td>Scan 2</td>
<td>3.54%</td>
<td>42.82</td>
</tr>
<tr>
<td>Overall</td>
<td>2.94%</td>
<td>34.05</td>
</tr>
<tr>
<td>Std. Dev.</td>
<td>1.54%</td>
<td>37.27</td>
</tr>
</tbody>
</table>
108  DIAGNOSING MUSCULOSKELETAL DISEASES USING ARTIFICIAL INTELLIGENCE AND ENSEMBLE MACHINE LEARNING
1,2JH Miao*, 2,3KH Miao. 1Stony Brook University Renaissance School of Medicine, Stony Brook, NY; 2Cornell University, Ithaca, NY; 3New York University School of Medicine, New York, NY

Purpose of Study From bone fractures to chronic joint diseases, one out of three people in the world are affected by a musculoskeletal (MSK) condition, impacting over 2 billion people globally. To diagnose and treat patients, physicians order X-rays and other medical imaging to evaluate patients’ MSK conditions. Especially during emergencies and in underserved areas, there is a high volume of imaging that needs to be analyzed with speed and accuracy, but there is often limited physician availability. Detecting abnormalities in MSK radiology with high accuracy and precision is thus essential. In this research, artificial intelligence is applied to create a machine learning model to evaluate musculoskeletal abnormalities in radiology, aid physicians in analysis, and ultimately improve patient outcomes through accurate MSK disease detection.

Methods Used In this research, an ensemble machine learning model was designed and developed to help detect abnormalities in musculoskeletal radiographs. The ensemble machine learning model was applied to MURA, a musculoskeletal radiographic clinical patient dataset containing over 40,500 images from Stanford University. Data from 60% of the patients were used to train the machine learning model, and the remaining 40% of the patient data was used for testing performance.

Summary of Results In diagnosing the MSK diseases in patients, the machine learning model achieved 78% sensitivity and 80.2% specificity.

Conclusions Thus, based on the results, computer-aided diagnoses using artificial intelligence and ensemble machine learning can help detect abnormalities in MSK radiographs to aid patient outcomes. Furthermore, in areas where there are fewer radiologists present and limited access to healthcare, the machine learning model may be utilized as a cost-effective option to aid in the early detection and accurate diagnosis of MSK diseases in underserved populations.

109  PAIN DETECTION AND DIAGNOSIS USING MACHINE LEARNING
1,2KH Miao, 2JH Miao. 1New York University School of Medicine, New York, NY; 2Cornell University, Ithaca, NY; 3Stony Brook University Renaissance School of Medicine, Stony Brook, NY

Purpose of Study According to the Centers for Disease Control and Prevention, more than 100 million Americans are affected by pain. Pain is multimodal and often complex to evaluate and diagnose. With early detection and diagnosis, patients can be counseled, treated, and managed with more optimal outcomes and a higher pain control rate. Therefore, detecting, predicting, and diagnosing pain early and accurately is critical for patient outcome optimization as well as improving quality of life for patients.

Methods Used Expressive behaviors in facial emotion recognition and bodily movement detection from individual body parts have been found to aid in the detection of pain. In this research project, a machine learning model is developed using artificial intelligence with the above listed methodologies and clinical patient data to aid the detection and diagnosis of pain to increase its diagnostic accuracy.

Thus, machine learning algorithms can be used to help medical professionals globally for enhancing early detection and diagnostic accuracy of pain for optimizing quality of life in patient care.

110  TELEMEDICINE SOLUTIONS TO IMPROVE HIV PRE-EXPOSURE PROPHYLAXIS ACCESS IN FREMONT COUNTY, WY
HJ True*, University of Washington School of Medicine, Laramie, WY

Purpose of Study Fremont County, WY has a rural population of 39,803 with above average poverty rates. The county holds 9% of HIV cases (n=31) in Wyoming while holding 6% of the population. Sexually transmitted infection (STI) trends are above the Wyoming average and rising. The rural nature of the county makes access to HIV care and pre-exposure prophylaxis remarkably difficult. Limited access, high stigma, and low awareness creates a concerning public health environment for the future of HIV cases in the county. This paper examines the use of a public telemedicine service as a community-asset based approach to improve access to HIV pre-exposure prophylaxis.

Methods Used The investigation into HIV pre-exposure prophylaxis (PrEP) in Fremont County was guided by two factors: 1) interviews with local providers, patients, and community organizations and 2) literature review. A patient interview provided context to the local community and sought to investigate both community assets and deficits. An interview with a public health nurse and two local providers further focused on public health concerns and highlighted local assets. Review of Wyoming public health reports, community needs assessments, and relevant literature were conducted to understand the importance of PrEP, HIV trends, and efficacy of telemedicine.

Summary of Results A local provider cited a concern with the complete absence of PrEP care in the county and limited public education about STIs. Both interviews with public health
and local patients revealed substantial access to technology required for telemedicine. Technology access, established relationships between public health and the nearest PrEP providers, and an existing communicable disease treatment program creates an excellent opportunity to capitalize on community assets to address deficits in PrEP access. Wyoming public health reports further reinforced the need for access to PrEP as a method of combating HIV in the state. Literature review provided promising insights into implementation of a ‘TelePrEP’ program for Fremont County.

Conclusions Thoughtful implementation of a Fremont County TelePrEP program could significantly reduce the challenges to PrEP access while utilizing community assets already in place. If successful, there is great potential for expansion to a statewide program.

112 EVALUATING ETHICAL CONCERNS WITH MACHINE LEARNING TO GUIDE ADVANCE CARE PLANNING

D Caglierio, N Deutch, N Shah, D Char*. University of Toronto Faculty of Medicine, Toronto, ON, Canada; 1National Human Genome Research Institute, Bethesda, MD; 2Stanford University School of Medicine, Stanford, CA; 3Stanford University, Stanford, CA

Purpose of Study To generate ethical guidance for machine learning-guided advance care planning (ML-ACP), using a prediction of 3–12 month mortality as a proxy to identify patients who could benefit from ACP, we sought to (1) understand the attitudes of clinicians, patients, and designers impacted by the ML-ACP and (2) identify where ethical problems were emerging or likely to emerge with deployment of the ML-ACP. The ML-ACP screened patients at admission to an adult, inpatient general medicine ward.

Methods Used Our analytic framework relied on 5 premises: (1) multiple stakeholders are impacted by the ML-ACP and can be identified; (2) stakeholders have different explicit or implicit values/goals for the ML-ACP that can be ascertained; (3) ML-ACP design involves making a series of decisions; (4) how a stakeholder makes these decisions, or would want these decisions made, reflects their underlying values/goals; (5) where stakeholder groups disagree about decisions are where ethical problems are most likely to emerge.

We used snowball sampling to identify stakeholders involved with or impacted by the ML-ACP and conducted 17 semi-structured interviews (computer scientists, primary care physicians, palliative care clinicians, oncologists and patients). Interviews were analyzed using modified grounded theory. All interviews were co-coded by two researchers and any areas of discordant coding were discussed to consensus through an iterative process.

Summary of Results Stakeholders’ values/goals were in conflict on whether patients should be informed of their mortality predictions, who should receive the prediction (primary physician, palliative care, patient), and whether and how the working of the ML-ACP should be made transparent.

Conclusions ML-ACP has the potential to improve ACP delivery by expanding patients’ access to needed palliative care services. However, our analysis suggests several areas where ethical concerns are likely to emerge and should be pre-emptively addressed prior to full ML-ACP deployment. Our analysis also suggests that pilot ethical analysis can be done and may be valuable to design teams considering ML solutions to other clinical problems.

113 HUMAN-CENTERED DESIGN IN RESPONSE TO A PANDEMIC: A HEALTH SYSTEM AND INNOVATION CENTER COLLABORATION

S Simister*, SC Wasden, B McRae, S Jayaraman, B Fassl. The University of Utah School of Medicine, Salt Lake City, UT

Purpose of Study In the spring of 2020, the coronavirus pandemic brought new challenges to healthcare systems as the
CONTENT ANALYSIS OF FREQUENCY OF INFORMATION ABOUT DEVELOPMENTAL DYSPLASIA OF THE HIP ON TWITTER

114

N Kodali*, BV Sidhu, T E Schaeffer, J So, E Habib, K Mulpuri, BC Children’s Hospital, Vancouver, BC, Canada; 2University of British Columbia, Vancouver, BC, Canada

Purpose of Study Developmental dysplasia of the hip (DDH) is a spectrum of pediatric hip conditions. Early detection and screening of DDH is critical in reducing complications; thus, advocacy and awareness are paramount. Social media, particularly Twitter, connects users based on their content engagement, allowing a global audience to interact with one another. Twitter’s limitations on word count facilitate precise, condensed communication. Social media platforms were chosen in the study because of their strength to quickly disseminate information to a wide range of individuals; it is crucial that the published information is not misinforming the public. The objective of this study was to assess the frequency and content of information being published on Twitter pertaining to DDH.

Methods Used An a priori coding guide using search terms was created to establish a framework to extract information regarding DDH on Twitter. Data was extracted over one-week periods in June and July of 2019 and 2020. An Excel-based coding guide was developed to organize and analyze the extracted data.

Summary of Results A total of 346 tweets were extracted for analysis; 46 in 2019 and 101 in 2020. The most frequently-used search terms were hip dysplasia, developmental dysplasia of the hip, and dislocated hip. The most frequent authors were healthcare professionals and healthcare organizations in 2019 and patients in 2020. Prevention, treatment, and general discussions were the top categories in 2019, compared to education, awareness, and general discussions in 2020.

Conclusions Our data indicates that over the span of a year, user engagement with DDH content on Twitter increased by 58.4%. We found similar patterns regarding the types of authors and content type in 2019 and 2020. Our analysis identified gaps in the use of Twitter that could be implemented by users to optimize messages, such as connecting directly and conversing with users through replies. Findings also indicate the importance of multi-author engagement to increase the breadth of distribution of information. Through analysis on how users utilize Twitter to inform the public about DDH, we aim to create tools that would promote advocacy and increase early detection and screening.
assessed using qPCR, while liver and lung injury was assessed using previously validated morphometric measures.

**Summary of Results** Pulmonary Cyp2e1 expression peaked in the saccular stage of development (e18) and was present in the early alveolar stage lung. RNAscope revealed very little Cyp2e1 expression in the canalicular stage lung, with expression becoming more diffuse in the developing pulmonary mesenchyme by e18. APAP induced significantly increased pulmonary expression of Cxcl1, Cxcl2, Cxcl10, Il1a and Il1b at both 5 and 24 hours of exposure (P<0.05). No hepatic injury was noted histologically. In contrast, at 24 hours of exposure, the lung demonstrated significant increase in objective measures of respiratory and terminal bronchiolar injury, peripheral lung macrophage load and peripheral lung emphysema.

**Conclusions** Cyp2e1, the enzyme responsible for converting APAP into the toxic metabolite NAPQI is expressed in the developing lung. Consistent with this observation, following toxic APAP exposures, the developing lung demonstrates injury in both the proximal and distal lung. These findings have implications for the use of APAP in the pediatric population. Further work is necessary to determine whether lung injury occurs with lower dose exposures or with repetitive exposures, and the implications of early life APAP exposure on pulmonary function later in life.

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**Abstracts**

**117** THE EFFECT OF SEROTONIN DEPLETION ON HYPOXIA INDUCED BRONCHOPULMONARY DYSPLASIA AND PULMONARY HYPERTENSION IN MICE

1D Roberts*, 1J Sherbrooke, 1J Posey, 2J Maltzahn, 2E N ezik-Grayck, 1C Delaney. 1University of Colorado Anschutz Medical Campus, Aurora, CO; 2University of Colorado, Aurora, CO

10.1136/jim-2021-WRMC.117

**Purpose of Study** Pulmonary hypertension (PH) associated with bronchopulmonary dysplasia (BPD) leads to worse clinical outcomes in former preterm neonates. Serotonin (5-hydroxytryptamine, 5-HT) is a potent pulmonary vasconstrictor, smooth muscle mitogen, and is increased in the lungs of infants who died with severe BDP. Tryptophan hydroxylase 1 (TPH1), the rate limiting enzyme in 5-HT synthesis, is increased in patients and animals with experimental PH. Serotonin signaling blockade decreases pulmonary vascular resistance and prevents pulmonary vascular remodeling in preclinical neonatal PH models. We hypothesized neonatal TPH1 knock-out (KO) mice would be protected from hypoxia induced BPD and PH.

**Methods** Used Neonatal wild-type (WT) and TPH1 KO offspring were placed in hypoxia or remained in normoxia at Denver altitude for 2 weeks. Weights were recorded at 2 weeks. Plasma 5-HT levels were measured by ELISA. To assess alveolar development, inflation fixed lungs were analyzed for surface area (SA) and mean linear intercept (MLI). To identify total number of small vessels (<30 μm), lung sections were immunostained with VWF. PH was assessed by Fulton’s index and right ventricular systolic pressures (RVSPs). Data were analyzed by Prism via unpaired t-test or 2-way ANOVA via Bonferroni post-hoc analysis. Significance level p<0.05.

**Summary of Results** TPH1 KO mice weighed less than WT mice in normoxia and hypoxia. Serotonin levels were significantly decreased in TPH1 KO mice. However, measurable levels of 5-HT remained in TPH1 KO mice. Alveolar development, vascular development, and RVSPs were similar in TPH1 KO and control mice. TPH1 KO mice were not protected from hypoxia induced alveolar simplification or hypoxia induced pulmonary vascular simplification. TPH1 KO mice displayed attenuated hypoxia induced pulmonary vasoconstriction, shown by reduction in RVSPs (32±0.66 — 29±0.55, p<0.006).

**Conclusions** We speculate the lack of protection against hypoxia induced lung injury observed in TPH1 KO mice may be the result of decreased growth in KO animals and/or be a consequence of 5-HT levels.

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**116** IMPAIRED INFANT LUNG GROWTH AND FUNCTION IN MICE WITH GENETIC DELETION OF ENDOTHELIAL CELL SPECIFIC VITAMIN D RECEPTOR EXPRESSION

1E Bye*, 1T Gonzalez, 1G Seedorf, 1E McGinn, 1B Smith, 1J Fleet, 1SH Abman, 1E Mandell. 1University of Colorado Denver School of Medicine, Aurora, CO; 2University of Texas, Austin, TX

10.1136/jim-2021-WRMC.116

**Purpose of Study** To determine whether endothelial cell-specific genetic deletion of the VDR gene in mice (VDR-ECKO) disrupts normal lung growth during infancy, and whether these VDR knockout mice demonstrate impaired lung function during infancy.

**Methods** Used We generated a mouse model with endothelial cell-specific VDR deletion using Cre-Lox recombination. Tie2-Cre transgene mice expressing endothelial cell-specific Cre recombinase (Tie2Cre) were bred with mice expressing LoxP sites bordering exon 3 in the VDR gene. At two weeks of age, we measured distal lung structure by morphometric analysis (radial alveolar counts (RAC); lung mechanics by Flexivent (total respiratory system resistance and compliance; and right ventricular hypertrophy (RVH) by standard methods.

**Summary of Results** At 2 weeks of age, body weight was not different in VDR-ECKO mice when compared with controls. Histologically, lungs from VDR-ECKO mice had impaired alveolar structure in comparison with controls as assessed by decreased RAC (P<0.05). In comparison with controls, lung mechanics were abnormal in VDR-ECKO mice, which included increased total respiratory resistance (p<0.01) and decreased respiratory lung compliance (p<0.01). RVH was not different between study groups.

**Conclusions** We found that endothelial cell-specific genetic disruption of VDR impaired lung structure and mechanics in infant mice. We speculate that endothelial VDR plays an important role in endothelial cell function, which contributes to normal lung growth and development.

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**118** ANGIOPoIETIN LIKE PROTEIN-3 EXPRESSION IN NEONATAL LUNG AND ITS ROLE IN EXPERIMENTAL BPD

1M Sairns*, 1K Sandhu, 2P Das, 2V Pralahadlan, 2D Shah, 4V Bhandari. 1University of Nevada Las Vegas, Boulder City, NV; 2Pediatric Critical Care, Sunrise Children’s Hospital, Las Vegas, NV; 3Drexel University, Philadelphia, PA; 4Cooper University Health Care Allied Health Programs, Camden, NJ

10.1136/jim-2021-WRMC.118

**Purpose of Study** To demonstrate the presence of ANGPTL3 in human & mouse lung tissue & to evaluate its potential role in a mouse model of experimental BPD.

**Methods** Used ANGPTL3 expression was demonstrated in mice lung tissue, human lung tissue and human fetal endothelial cells using western blot. Newborn C57BL/6 mice were
exposed to 60% O2 for the first 4 postnatal(P) days of life and recovered in room air (RA) for the next 10 days. ANGPTL3 silencing(si) RNA was administered in RA and BPD groups to evaluate its effect on pulmonary phenotype.

**Summary of Results** Expression of ANGPTL3 was increased at P4 & BPD time points in mouse model of BPD when compared to RA controls. ANGPTL3 levels also increased in human lung tissue & human fetal lung endothelial cells, when compared to their controls. Administration of ANGPTL3 siRNA to the mouse model of BPD was associated with decreased BAL fluid cell counts, improved lung phenotype-decreased chord length, septal thickness & improved radial alveolar counts (all p<0.0001). It was also associated with a decrease in inflammatory markers, increase in Ang1 & decrease in cell death (figure 1)

**Conclusions** ANGPTL3 is expressed in lungs and is increased in human and experimental BPD. Decreased ANGPTL3 was associated with decreased inflammation & cell death, & improved pulmonary phenotype in the experimental model of BPD, suggesting a potential role in the pathogenesis of human BPD.

**Abstract 118 Figure 1** Administration of ANGPTL3 (si)RNA decreased IL’s, increased ANG1 & decreased cell death
Purpose of Study Intrauterine growth restriction (IUGR) reduces neonatal circulating docosahexaenoic acid (DHA). Human preterm neonates with reduced circulating DHA have an increased incidence bronchopulmonary dysplasia (BPD). BPD is characterized by impaired development of the lung periphery, a process driven by cell-to-cell communications and the epithelial-mesenchymal transition. The precise role of DHA in the developing lung, and thus its contribution to BPD, is not well understood. An unexplored and potential role of DHA in promoting lung development is via its contribution to cell-to-cell communication and membrane fluidity, something known to be enhanced by DHA incorporation into phospholipids (PL). To date however, the location of DHA within lipid fractions of the developing lung is unknown, as is the effect of IUGR on this DHA partitioning.

We hypothesize that DHA is highly represented within the PL fraction of the lung, and that IUGR reduces PL DHA. We further hypothesize that maternal DHA supplementation restores PL DHA in IUGR rats.

Methods Used IUGR was induced by bilateral uterine artery ligation, control dams received anesthesia only. Maternal rats were randomized regular diet or diets supplemented with 0.1% DHA. At postnatal day 12 (d12) (toward the end of alveolar transition in the rat), rat pups were euthanized and lung tissue collected. Lung DHA content in all lipid fractions was measured using GC/MS, analysis was performed using MetaboAnalyst.

Summary of Results IUGR rat pups weighed significantly less than control at birth, and continued to weigh less that control at d12. Maternal DHA did not affect rat pup weight. The majority of lung DHA was confined to the PL fraction and the triglyceride fraction. IUGR decreased DHA content in the lung PL fraction by 50%, without significantly altering DHA content in TG fractions. Maternal DHA normalized the PL DHA content in IUGR rats, while reducing DHA content in the TG fraction by 20%. *P<0.05.

Conclusions We conclude that DHA is highly represented in the PL fraction of the developing lung, and that maternal DHA supplementation can restore IUGR-induced reductions in PL DHA. The implications of reduced PL DHA are less membrane fluidity and impaired cell-to-cell signaling, thus compromising lung development.

BLOOD TRANSFUSION IN PRETERM INFANTS AND THE SUBSEQUENT DEVELOPMENT OF BRONCHOPULMONARY DYSPLASIA

Purpose of Study Preterm infants are frequently transfused with red blood cells (RBC) in the NICU. Previous studies in neonates have found a need to escalate mean airway pressure or FiO2 in the hours immediately following RBC transfusion suggesting that there may be negative effects on lung function leading to bronchopulmonary dysplasia (BPD). The purpose of this study was to investigate the relationship between RBC transfusions and the subsequent development of BPD among preterm infants born at <32 weeks gestational age.

Methods Used This study utilizes a retrospective cohort design to evaluate preterm infants born <32 weeks between May 2007 to August 2020. BPD was defined as supplemental oxygen dependency at 36 weeks postmenstrual age. Bivariable and multivariable regression were used to evaluate the association between RBC transfusion and the subsequent development of BPD.

Summary of Results 622 infants were evaluated. Three hundred ten (50%) infants received a total of 1397 RBC transfusion exposures. 50% received their first and/or only RBC transfusion after 72 hours of life. Bivariable regression revealed a significant association between RBC transfusion and the successive development of BPD (OR, 13.2 [95%CI, 7.7–22.7], P<0.0001). After adjusting for maternal age, placental transfusion, gestational age, birth weight, gender, surfactant administration, 5-minute Apgar score, and sepsis, receipt of RBC transfusion was associated with a 4.5-fold increased likelihood to later develop BPD (adjusted-OR, 4.5 [95%CI, 2.3–8.8], P<0.0001). This relationship was also retained in sub-cohort analysis of extremely preterm infants born <28 weeks (adjusted-OR, 2.6 [95%CI, 1.0–6.5], P=0.046).

Conclusions Red blood cell transfusion was an independent predictor of the subsequent development of bronchopulmonary dysplasia in preterm infants after adjusting for prematurity and severity of illness at birth. Prospective studies employing therapies to reduce the need for blood transfusion, such as erythropoietin administration or ensuring placental transfusion at birth, are needed to confirm this association.

ACTIVE VITAMIN D IS SAFE FOR POSTNATAL SUPPLEMENTATION IN NEWBORN RATS

Purpose of Study Maternal vitamin D deficiency (VDD) is associated with perinatal pulmonary morbidities. We have demonstrated that offspring of rodent VDD dams have sustained abnormalities of distal lung structure, increased airway reactivity and abnormal lung mechanics. Active vitamin D, 1,25-OHD, treatment preserves lung structure and prevents pulmonary hypertension (PH) in an experimental model of bronchopulmonary dysplasia (BPD). However, due to potential systemic side effects of 1,25-OHD the therapeutic use has been limited. Our goal was to determine the safety of postnatal 1,25-OHD supplementation on lung development in infant rats.

Methods Used Newborn control (CTL) rats received daily intra-peritoneal (IP) injections of either 1,25-OHD (1 ng/g) or saline. At two weeks, serum calcium, phosphate (phos) and 25-OHD levels were measured. Rat lung structure was assessed by radial alveolar counts (RAC), mean linear intercept (MLI), and pulmonary vessel density (PVD), and right ventricular hypertrophy (RVH) was determined by Fulton’s Index. Lung function was measured (total respiratory system compliance and resistance) under baseline conditions and after

BLOOD TRANSFUSION IN PRETERM INFANTS AND THE SUBSEQUENT DEVELOPMENT OF BRONCHOPULMONARY DYSPLASIA

1.1 Lum*, 1.1 Sugar, 2.1 Yim, 3.1 Fertel, 4.1 Morales, 5.1 Katheria. 1. Western University of Health Sciences, Pomona, CA; 2. Sharp Mary Birch Hospital for Women and Newborns, San Diego, CA

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BLOOD TRANSFUSION IN PRETERM INFANTS AND THE SUBSEQUENT DEVELOPMENT OF BRONCHOPULMONARY DYSPLASIA

1.1 Lum*, 1.1 Sugar, 2.1 Yim, 3.1 Fertel, 4.1 Morales, 5.1 Katheria. 1. Western University of Health Sciences, Pomona, CA; 2. Sharp Mary Birch Hospital for Women and Newborns, San Diego, CA

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10.1136/jim-2021-WRMC.121
administration of methacholine (a bronchoconstrictor; 0–25 mg/ml) and albuterol (a bronchodilator; 0.83 mg/ml) to determine airway reactivity.

**Summary of Results** In comparison with CTL rats, daily 1,25-OHD treatment did not affect body weight, serum 25-OHD, calcium or phos. Additionally, infant rats that were treated with postnatal 1,25-OHD did not have any differences in lung structure regarding MLI, RAC, and PVD, or the presence of RVH as compared to CTL. As compared to CTL, rats who received 1,25-OHD had no differences in total respiratory resistance or compliance, nor differences in reactivity to methacholine and albuterol treatment.

**Conclusions** Daily 1,25-OHD treatment does not alter body weight, Ca-phos homeostasis, or 25-OHD levels. In addition, 1,25-OHD treatment neither alters distal lung structure or function, nor causes RVH. We speculate that postnatal treatment with biologically-active VD is potentially safe as a short term strategy but requires further study to determine efficacy for BPD prevention.

**WAFMR and WSPR plenary award session and presentations**

**1:10 PM**

**Friday, January 29, 2021**

**123 SMOOTH MUSCLE CELL PIEZO1 IN SMALL BOWEL CONTRACTILITY AND GROWTH**

1G. Bautista*, 1Y. Du, 2H. Martin, 3M. Martin. 1University of California Los Angeles, Los Angeles, CA; 2California State University Northridge, Northridge, CA

**Purpose of Study** Piezo1 is a recently described mechanosensitive Ca^{2+} channel expressed in smooth muscle cells (SMCs) within the small bowel muscularis (SBM) yet its role in stretch-induced changes remains unknown. In vitro and in vivo methods were used to determine whether Piezo1 expressed in SMCs of the SBM is necessary for mediating acute and chronic stretch-induced intestinal contractility and growth of small bowel.

**Methods Used** Using the Piezo1/Myh11-ERT2/CreLoxP system, we generated a mouse model with a tamoxifen (Tam) inducible-Piezo1 knockout (Piezo1^{WT}) in SMCs. In vitro, SBM was isolated and developed on thermoresponsive hydrogel to acutely induce stretch when cooled to 33C. Confocal microscopy was used to record contractility/Ca^{2+} flux using gCaMP-6f indicator. In vivo, mice were given Tam and underwent distal SBO surgery to model chronic stretch.

**Summary of Results** In vitro results show that acute stretch of Piezo1^{ASM} cells displays decreased frequency and a disorganized pattern of contractility/Ca^{2+} flux compared to an increase in frequency in control (Piezo1^{WT}) cells. When treated with Piezo1 shRNA lentivirus, Piezo1^{WT} cells had a cessation of contractility/Ca^{2+} flux with and without stretch. Similar results were obtained using human SMC. In vivo results show that Piezo1^{ASM} mice had longer villi and crypts, and increased

**124 LIPID EMULSION WITH FISH OIL AND EXTREMELY PREMATURE INFANTS: CLINICAL OUTCOMES**

1LI Lee*, 2E. Kim, 3I. Romero, 4KL Calkins. 1University of California Los Angeles David Geffen School of Medicine, Los Angeles, CA; 2Mattel Children’s Hospital UCLA, Los Angeles, CA

**Purpose of Study** 100% soybean oil (SO100) emulsions are associated with low docosahexaenoic acid (DHA) concentrations in preterm infants. DHA is important for growth and neurodevelopment and may protect against parenteral nutrition associated cholestasis (PNAC). This study aims to compare DHA and clinical outcomes in premature infants who received SO100 or a lipid emulsion with DHA (15% fish oil, FO15).

**Methods Used** Inclusion criteria for this observational study: 1) born 2014–2019, 2) birth weight <1 kg, 3) received SO100 or FO15 >7 days, and 4) survival to hospital discharge. Gas chromatography/mass spectrometry was used to measure fatty acids in the red blood cell membrane (RBC).

**Summary of Results** The mean (±SD) gestational age was 26 ± 2 and 27±3 weeks for FO15 (n=43) and SO100 (n=43), respectively (p=0.2). Despite a greater RBC DHA% in FO15 (n=12) vs. SO100 (n=19) at study weeks 1–4 (p<0.05 for all), DHA decreased over time in both groups (-0.25%/week and -0.18%/week in FO15 and SO100, respectively, p<0.03 for both) with no difference in the rate of change between the two groups (p=0.7). When compared to SO100, FO15 reached full enteral feeds sooner (28±17 vs. 36±17 days, p=0.02). When compared to SO100, maximum conjugated bilirubin was lower in FO15 (1.3±3.0 vs. 1.9±3.3 mg/dL, p=0.001), and FO15 was less likely to develop PNAC (14% vs. 37%, p=0.03). The mean z-score change for weight was smaller in FO15 vs. SO100 (-0.3±1 vs. -0.8±1, p=0.02). After controlling for days to reach full enteral feeds, SO100 was associated with a non-significant increased risk for PNAC (OR 3.1, 95% CI 0.96–10.1, p=0.06), and growth trajectories were similar regardless of lipid type (p=0.9). The incidence of chronic lung disease, retinopathy of prematurity, late onset sepsis, and necrotizing enterocolitis was similar when the two groups were compared (p>0.6 for all).
Conclusions In this study, when compared to SO100, extremely premature infants who received FO15 had greater concentrations of DHA, but DHA still declined over time. Despite improved DHA status, infants who received FO15 had similar clinical outcomes when compared to infants who received SO100. Research is warranted to determine the optimal lipid emulsion for premature infants.

Abstract 125 INVESTIGATING FETAL BODY COMPOSITION USING MAGNETIC RESONANCE IMAGING

K Strobel*, S Kafali, S Shih, HH Wu, KL Calkins. University of California-Los Angeles, Los Angeles, CA

10.1136/jim-2021-WRMC.125

Purpose of Study Skinfold thickness and nuchal subcutaneous fat (nSAT) in adolescents has been associated with metabolic syndrome. In a retrospective study, we hypothesized fetal nSAT would correlate with birth weight z-score and pre-pregnancy body mass index (BMI). Information from the study was used to develop a pilot study that aims to create free-breathing MRI (FB MRI) sequences for fetal body composition analysis.

Methods Used We retrospectively analyzed fetal MRI in the second and third trimesters. Fetal nSAT (cm³) was measured from the tentorium attachment to vertebra T2. Inclusion criteria for the prospective study included healthy pregnant women. Total SAT, nSAT, and hepatic fat were measured by volume and proton density fat fraction (PDFF) maps.

Summary of Results We analyzed nSAT in 17 MRI scans. Gestational age and pre-pregnancy BMI did not correlate with nSAT, but nSAT had a strong predictive value for birth weight and length z-scores (slope=0.5 and slope=0.8, respectively, p<0.01 for both). Infants with intrauterine growth restriction (IUGR) and born small for gestational age (SGA) had a significantly lower nSAT than non-IUGR and non-SGA fetuses (p=0.001 and p=0.02, respectively). In our prospective study, we completed 2 MRIs (figure 1).

Conclusions This study demonstrates fetal nSAT can be measured using clinical MRI sequences and is a predictor of birth weight and length. Our ongoing prospective study using FB MRI for fat analysis may provide insight into fetal origins of metabolic syndrome.

Abstract 125 Figure 1 32 week fetus FB MRI. A. Anatomical MR images. Green line marks the scan plane for B. B. PDFF maps. Green marks subcutaneous fat ring. Blue indicates the liver. Black indicates 0% and white indicates 100% PDFF

Abstract 126 USING MYHEARTSMAP TO MEASURE THE ASSOCIATION BETWEEN PSYCHOSOCIAL FACTORS AND PERSISTENT POST-CONCUSSIVE SYMPTOMS IN CHILDREN

1S Sparanese*, 2KO Yeates, 3MH Beauchamp, 4R Zemek, 5W Craig, 6Q Doan. 1University of British Columbia Faculty of Medicine, Vancouver, BC, Canada; 2University of Calgary, Calgary, AB, Canada; 3University of Montreal, Montreal, QC, Canada; 4University of Ottawa, Ottawa, ON, Canada; 5University of Alberta, Edmonton, AB, Canada; 6University of British Columbia, Vancouver, BC, Canada

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Purpose of Study Following mTBI, roughly 30% of children will experience persistent post-concussive symptoms (PPCS). This study will describe the association between psychosocial concerns and PPCS, using the Health and Behavior Inventory (HBI) and Post-Concussion Symptom Interview (PCS-I) scores.

Methods Used Children aged 8 to 17 years seeking care for mTBI or for orthopedic injuries (OI) as controls, were recruited in the emergency department as part of a larger prospective cohort study. We have created three linear regression models to examine the association between severity of psychosocial issues by MyHEARTSMAP domain (Psychiatry, Social, and Function) and PPCS.

Summary of Results We approached 153 participants and enrolled 122 (79.7%) to this study; 72 with mTBI and 50 with OI. Table 1 summarizes the adjusted coefficients among predictor variables on each measure of PPCS. Once adjusted for covariables, significant positive associations were found between scores on the Psychiatry domain and HBI Cognitive subscale, and Function domain with both HBI Somatic and PCS-I.

Conclusions Across all measures of PPCS, elevated scores in 2 of the 3 MyHEARTSMAP domains had a significant influence on health and behavior.

Abstract 126 Table 1 Regression coefficients between time-correlated MyHEARTSMAP scores and PPCS measures

<table>
<thead>
<tr>
<th></th>
<th>HBI Cognitive</th>
<th>HBI Somatic</th>
<th>PCS-I</th>
</tr>
</thead>
<tbody>
<tr>
<td>Injury Group</td>
<td>1.63</td>
<td>1.46**</td>
<td>1.21**</td>
</tr>
<tr>
<td>Gender</td>
<td>0.33</td>
<td>1.18</td>
<td>0.71</td>
</tr>
<tr>
<td>Income</td>
<td>-1.24</td>
<td>-0.48</td>
<td>-0.32</td>
</tr>
<tr>
<td>Age</td>
<td>-0.22</td>
<td>-0.09</td>
<td>-0.10</td>
</tr>
<tr>
<td>Pain Unpleasantness</td>
<td>0.89</td>
<td>0.56</td>
<td>0.70**</td>
</tr>
<tr>
<td>Rating</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychiatry</td>
<td>1.02*</td>
<td>-0.04</td>
<td>0.32</td>
</tr>
<tr>
<td>Function</td>
<td>1.55</td>
<td>1.61**</td>
<td>1.01**</td>
</tr>
<tr>
<td>Social</td>
<td>-0.05</td>
<td>-0.25</td>
<td>0.04</td>
</tr>
</tbody>
</table>

* p<0.01
on count and severity of post-concussive symptoms. This suggests that multiple facets of psychosocial well-being have clinical utility in their association with functional outcome following concussion.

127 QUALITY ASSESSMENT OF YOUTUBE AS AN INFORMATION SOURCE FOR PUBLIC EDUCATION RELATED TO NATIONAL STANDARDS FOR CONCUSSION ASSESSMENT IN ATHLETIC YOUTHS

B Stothers, A Macnab*. The University of British Columbia, Vancouver, BC, Canada

10.1136/jim-2021-WRMC.127

Purpose of Study National standards on the recommendations for the diagnosis of concussion have resulted in the standardization of clinical assessments and outcomes following injury. Purpose: to assess quality of public information on YouTube against national standards for concussion management in youth.

Methods Used We used the YouTube search feature to select videos for relevance by using the terms concussion, head trauma, and sports head injury. Data were collected using a standardized questionnaire by 4 reviewers assessing information from YouTube against the protocols for assessment from the Canadian National Concussion Management Guideline (2017). Top viewed videos were rated for: voice, creation by health care, patient or third party. The DISCERN criteria for video assessment of consumer health information were used for evaluation (1 low quality through 5 high quality). T tests compared accuracy of information based on videos created by health professionals versus non health professionals. Agreement between assessors was determined by Pearson correlation coefficient (r).

Summary of Results 275 videos were identified published since 2017 of which 80 were related to concussion assessment. Of these 80, 25 were created by health professionals and the remainder were published by non-medically trained persons. Mean length was 10.25 minutes (range 1.5 to 15 min). The mean DISCERN score was 2.5 (range 1 to 4.5). 54% contained mis information, varying from guideline recommendations regarding how assessment for concussion is carried out and when to seek further medical attention. There was good correlation between reviewers answers which was (r >0.8).

Conclusions Although YouTube is a population choice for the public when seeking information about medical conditions, the information regarding concussion assessment was deemed of poor quality and varied from recommendations by national guidelines. Importantly, the majority of videos were not created by medical health professionals and those that were had statically fewer views than those created by the lay public. Patients who use YouTube for health information regarding concussion may be misled as to the current recommendations regarding assessment and treatment.

128 DEVELOPING TOOLS TO IMPROVE PARENT HEALTH LITERACY IN NEPHROTIC SYNDROME

EK Chan*, J Usprech. The University of British Columbia, Vancouver, BC, Canada

10.1136/jim-2021-WRMC.128

Purpose of Study With prior research demonstrating that parent health literacy impacts pediatric patient nephrotic syndrome health outcomes, the project aimed to develop online lesson-plans that support parent health literacy by teaching immunology topics and condition-specific topics.

Methods Used Lesson-plans were developed through research into effective online facilitation techniques and important aspects of nephrotic syndrome from a family and patient care perspective. The selected activities were then developed into lesson-plans, integrating parent and child engagement in each activity. All lessons were run over Zoom, allowing for continued engagement in a socially and geographically distanced format.

Summary of Results Three lesson-plans were developed as hands-on activities that utilized accessible materials families could find in their kitchen (figure 1). These lesson were facilitated through three sessions to 8 families who were surveyed on their knowledge confidence pre- and post-lesson.

Conclusions Parent feedback, while preliminary, suggested an increase in parental confidence in the discussed immunology and nephrotic syndrome topics. The creation of the lessons was successful, with three accessible online-facilitation based...
Racial disparities in pain management of children in the emergency department (ED)

1HV Dayag, 2C Diyakonov, 1i Kane Gomez, 1A Martinez, 1H Samiullah, 1N Smyth, 1A Afghani. 1UC Irvine School of Medicine, Irvine, CA; 2CHOC Hospital of Orange County, Orange, CA

Purpose of Study

Inequities in management of a variety of illnesses has been described, but data on disparities in pain management in children is lacking. The objective of this study is to assess racial and ethnic disparities in pain management among pediatric patients seen in emergency departments (ED).

Methods Used

A literature review was conducted through Google Scholar and PubMed. Keywords included: racial disparities, bias, pain management, pediatric population, and health inequity. Only pediatric studies that were published in the U.S. within the last 10 years and focused on racial disparities in pain management in ED settings were included.

Summary of Results

Of 21 studies, 7 satisfied our inclusion criteria (table 1). The sample size ranged from 818 to 0.94 million pediatric ED patients. Minority children were more likely to receive analgesics (any pain medication) for acute pain management, but compared to whites, minority children were less likely to receive opioids for moderate to severe pain. The retrospective nature of the studies poses some limitations, such as the of patient refusal to take analgesics, lack of documentation of pretreatment prior to ED visit or the misclassification of patient’s race/ethnicity.

Conclusions

Our review demonstrates possible racial and ethnic disparities in pain management in the ED setting. Although confounding variables and outcomes were not taken into account in some of the studies, all studies consistently showed that minority children were less likely to receive opioids for management of moderate to severe pain. Further investigation is necessary to better understand differential treatment in the emergency departments, and to create a standardized plans to eliminate any disparities.

Abstract 129 Table 1

<table>
<thead>
<tr>
<th>First author, Type of Study</th>
<th>Total Number and Definition of Subjects</th>
<th>Definition of Outcome</th>
<th>Comparison of Outcome Based on Management of Different Ethnicities/Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goyal et al., 2020; National Database, United States</td>
<td>3 yr Retrospective Cross-Sectional Study</td>
<td>7 pediatrics (EDs); 21,069 patient visits</td>
<td>1) Administration of any analgesic or opioids and 2) Reduction of moderate to severe pain related to long bone fractures</td>
</tr>
<tr>
<td>Goyal et al., 2015; National Database, United States</td>
<td>Cross-Sectional Study, National Survey of Different EDs</td>
<td>0.94 million ED visits</td>
<td>Receipt of pain medication for children diagnosed with appendicitis</td>
</tr>
<tr>
<td>Ortega et al., 2013; Minnesota, United States</td>
<td>Retrospective, Cohort Study</td>
<td>878 patients</td>
<td>Receipt of opioid pain medication at ED discharge for long bone fractures</td>
</tr>
<tr>
<td>Johnson et al., 2013; Philadelphia, United States</td>
<td>Retrospective, Cohort</td>
<td>2,298 ED visits</td>
<td>Receipt of pain medications for abdominal pain</td>
</tr>
<tr>
<td>Kipping et al., 2018; Washington DC, United States</td>
<td>Retrospective, Cross-Sectional Study</td>
<td>24,733 ED visits</td>
<td>1) Receipt of pain medication for abdominal pain, and 2) Pain reduction</td>
</tr>
<tr>
<td>Hembrook et al., 2010; United States (National)</td>
<td>Retrospective</td>
<td>818 ED visits</td>
<td>Receipt of pain medication for chest pain</td>
</tr>
<tr>
<td>Caperall et al., 2013; Pittsburgh, PA, United States</td>
<td>Retrospective</td>
<td>9,424 ED visits</td>
<td>Receipt of pain medication for abdominal pain</td>
</tr>
</tbody>
</table>

NH: Non-Hispanic, aOR: Adjusted odds ratio
Purpose of Study Bedwetting (MNE), undescended testes (UDT), and retractile testes (RT) are common reasons for referral to pediatric urology. Practice guidelines in multiple specialties strongly discourage imaging for these conditions, yet imaging is still prevalent. We sought to identify patient and provider characteristics associated with an increased risk of unnecessary imaging studies.

Methods
We identified all patients seen at our institution for MNE, UDT, or RT. Demographic information was collected, as were characteristics of the referring provider and practice setting. Personal, provider, and practice characteristics of patients with and without imaging were compared.

Summary of Results
We identified 287 patients referred for testicular issues and 137 patients referred for MNE. Imaging was ordered by the referring provider for 45.7% (16/35) of RT patients, 24.1% (47/195) of unilateral UDT patients, 26.3% (15/57) of bilateral UDT patients, and 8.8% (12/137) of MNE patients. Patients with and without testicular imaging were similar in age (median age 3.13 vs 3.71 years, p=0.50), and patients with imaging for MNE were older than those without (median 15.1 vs 11.6 years, p=0.0007). Female and male patients with MNE were equally likely to have imaging performed prior to referral (OR=2.29; 95% CI: 0.69–7.56). Of 317 providers, 64 (15.1%) were advanced practice providers (NPs, 16 physician assistants [PAs]) and 253 (84.9%) were physicians. Compared with patients referred by physicians, NPs were more likely to order imaging for testicular location and MNE (OR=3.32 [95% CI: 1.4–7.9] and OR=8 [95% CI: 2.73–23.41], respectively), while PAs were equally likely to order imaging for both diagnoses (OR=0.44 [95% CI: 0.05–3.6] and OR=0.73 [95% CI: 0.04–13.8], respectively). Providers working in academic and non-academic practices were equally likely to order inappropriate imaging (OR=0.48; 95% CI: 0.16–1.44).

Conclusions
Older children with MNE were more likely to undergo imaging, and NPs were more likely to order imaging for evaluating testicular location and MNE compared to physicians and PAs. These findings underscore the need for ongoing provider-level education on appropriate imaging for these conditions.

Purpose of Study
The aim of this study was to describe the incidence of urinary tract infections (UTI) among children with prenatal hydronephrosis (PNH) and to identify associated risk factors.

Methods
The researchers retrospectively reviewed children who presented with confirmed PNH at a single tertiary children’s institution between 2012–2020. The primary outcome was the development of a UTI, defined as positive pyuria and single organism urine culture. Clinical data collected included sex, degree and laterality of hydronephrosis, and presence and degree of vesicoureteral reflux. Comparative analysis was completed using Fisher’s exact test with P value <0.05 considered significant.

Summary of Results
A total of 116 children with PNH were included in the study. Of these children, 7% developed a UTI during an eight-year follow-up period. On univariate analysis, there was statistically significant association between UTI rates and bilateral high-grade hydronephrosis (p=0.01). There was no significant association between UTI and sex, degree of hydronephrosis, unilateral hydronephrosis, or the presence of vesicoureteral reflux on univariate analysis. The cohort was 69% male and 31% female. At the first postnatal ultrasound, 40% had high-grade hydronephrosis (SFU grade 3–4), 44% had low-grade hydronephrosis (SFU grade 1–2), and 16% had resolved hydronephrosis. Of the hydronephrosis cases, 57% were unilateral and 43% bilateral. In this cohort, 92% underwent a voiding cystourethrogram, with 12% found to have vesicoureteral reflux. Some required surgery including pyeloplasty in 28%, ureteral reimplantation in 3%, and Deflux injection in 2%. Of the cohort, 28% of patients had dilated ureter and 8% had a duplicated ureter.

Conclusions
In this cohort of children with PNH, the incidence of UTI was 7%. Bilateral high-grade hydronephrosis was associated with increased risk of UTI.

Purpose of Study
Drug and alcohol use has been noted as a significant problem among homeless youth populations. Within those populations, young people come from a variety of different parental marriage situations. Due to these different parental influences, the propensity of drug and alcohol use is also varied. This study looked at the influence of living with both parents or a single parent on youth drug and alcohol use.

Methods
Surveys were distributed to homeless youth at first arrival for a day program at YouthHope Foundation in Redlands, CA. These surveys included demographic, social, and educational information questions. Data from these surveys was used to examine drug and alcohol use among the youth and their parents.

Summary of Results
The results of the surveys showed that significant differences exist between youth coming from dual parent and single parent situations in regards to youth drinking (p<.012712), familial drinking problems (p<.000037), youth drug use (p<.000798), and familial drug uses problems (p<.000021). These values indicated that dual parent households are at 47% lower odds for familial drinking problems and 74% lower odds for youth drinking than single
parent households. In addition, dual parent households are at 42% lower odds for familial drug use problems and 68% lower odds for youth drug use than single parent households.

Conclusions In this study, there is a correlation between the parental situation of a household and family’s drug and alcohol use. Based on this data, it can be suggested that having both parents in the home has a positive impact on reduced alcohol and substance use of the youth and family. Further exploration is needed to determine if there is any relationship between drug and alcohol use having a causality in the separation of families and pressuring of youths to use drugs and alcohol.

Summary of Results

There were 618 surveys completed. Surveys were collected from youth at a drop-in youth program in Redlands, California totaling 1398 surveys over the course of 10 years. The youth surveyed upon entrance into the program were all housing instable and had a mean age of 17.99 years old. They ascertained the history of abuse as well as each individual’s sexual preference. The surveys also collected information on ethnicity, mental illness history, education, relationship status, children, criminal history, parental marriage status, the location they sleep, history of street living, relationship with family, if they had run away or been kicked out before, history of alcohol and drug use, family history of alcohol and drug use, if they receive free lunches, and areas they need assistance in. Based on the information provided the surveys were divided into two groups based on answers to sexual orientation: LGBTQ or straight. Survey questions regarding the history of abuse and the type of abuse they experienced. The data was then analyzed using CHI data squares and odds ratios.

Summary of Results

There were 618 surveys completed. Statistics reveal that total youth (N=618) that housing instable LGBTQ youth (N=88) are at a greater risk for abuse than housing instable straight youth(N=530) (p-value < 0.05). Straight individuals have 41% lower odds of being abused than an LGBTQ+ individual. Straight males had 27% lower odds of being abused than LGBTQ males. Straight females had a 38% lower odds of being abused than LGBTQ females.

Conclusions This study revealed that housing instable LGBTQ youth are at a greater risk for abuse in San Bernardino. Housing instable straight youth in San Bernardino are at a lower risk to have a history of abuse. Addressing stigma and biases experienced by those who are LGBTQ may be helpful in reducing the levels of abuse that they experience.

Abstract 134 Table 1 Frequency of EGFR, ERBB2 and ERBB4 fusions

<table>
<thead>
<tr>
<th>Fusion</th>
<th>Overall Frequency</th>
<th>TCGA PanCancer (N=10,967)</th>
<th>MSK IMPACT (N=10,945)</th>
<th>AACR GENIE (N=96,324)</th>
</tr>
</thead>
<tbody>
<tr>
<td>EGFR</td>
<td>0.6% (752)</td>
<td>0.3% (27)</td>
<td>0.8% (88)</td>
<td>0.6% (637)</td>
</tr>
<tr>
<td>ERBB2</td>
<td>0.1% (173)</td>
<td>0.5% (50)</td>
<td>1.0% (113)</td>
<td>0.1% (113)</td>
</tr>
<tr>
<td>ERBB4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CDK8-MEDIATOR COMPLEX PLAYS POSITIVE TRANSCRIPTIONAL ROLE IN MYC-AMPLIFIED MEDULLOBLASTOMA

1C. Ritz, 1,2K. Madhavan, 1,2S. Venkataraman, 1,2R. Vihakar. 1University of Colorado, Aurora, CO, 2Children’s Hospital Colorado, Aurora, CO

10.1136/jim-2021-WRMC.135

Purpose of Study Medulloblastoma (MB) is the most common malignant pediatric brain tumor and a heterogeneous disease with four distinct molecular subtypes. Group 3 MB, characterized by MYC amplification, carries a poor prognosis with a 50–60% 5-year survival expectancy. Current molecular therapies fail to outperform the standard therapy of surgical resection, CSI, and adjuvant chemotherapy. This treatment outcome is unsatisfactory due to significant long-term therapy induced morbidity. Therefore, there is a critical need to identify effective novel therapeutic targets. In this study, we investigate the role of cyclin dependent kinase 8 (CDK8), a mediator complex-associated transcriptional regulator as it was identified in a CRISPR druggable target screen in MYC-amplified MB.

Methods Used Group 3 MB cells grown in DMEM supplemented with FBS, sodium pyruvate, penicillin-streptomycin, and non-essential amino acids or L-glutamine. Protein expression analysis completed with western blotting on 4–20% SDS-PAGE. Spheroid live cell imaging used to observe growth inhibition with titrated CDK8 chemical inhibitors Senexin B (10–2000 nM) and BI-1347 (0.25–50 nM).

Summary of Results Here we demonstrated the role of CDK8 in survival and proliferation of MB. We found amongst multiple MB subtypes, cells express CDK8 at levels 20 to 30-fold higher than normal cerebellum. Spheroid live cell imaging revealed marked reduction in cell growth with chemical inhibition of CDK8 with IC50 in the nanomolar range (Senexin B IC50 = 218.6 nM; BI-1347 IC50 = 2.591 nM). We are investigating the biology of CDK8 in giving growth advantage to MYC expressing tumor cells and the impact of CDK8 depletion on mediator-complex stability.

Conclusions Our results suggest that CDK8 plays a positive transcriptional role in MYC-amplified MB. We hypothesize this is occurring through loss of kinase phosphorylation at the CTD of RNA polymerase II, an interaction well characterized in yeast. While CDK8 has previously been implicated in colorectal cancer and BCR-ABL leukemia, its role in MB has not been established. The mechanistic elucidation of CDK8 in MYC-amplified MB could provide further information into its potential role as a clinical therapeutic candidate.

USE OF NATURAL PRODUCTS AND OVER THE COUNTER SUPPLEMENTS IN BREAST CANCER

M. Hauer, A. Rossi, J. Funk. The University of Arizona College of Medicine Tucson, Tucson, AZ

10.1136/jim-2021-WRMC.136

Purpose of Study The aim of this study was to identify the current use of dietary supplements, including natural products (e.g. fish oils), vitamins and minerals, by those diagnosed with breast cancer (BrC), including concurrent use with BrC treatments, and to examine the primary source of information used when choosing to take these supplements.

Methods Used We developed an anonymous, online survey for subjects to self-report dietary supplement use as well as information regarding their diagnosis and treatment, recruiting patients through social media.

Summary of Results Of 749 participants, most were non-Hispanic (94%), Caucasian (88%), and female (100%), with ER+ (Estrogen Receptor +) and or PR+ (Progestrone Receptor +) (58%) the most common reported BrC subtype and 57 years the average age at diagnosis. Half reported current hormone therapy use, with aromatase inhibitors being the most common (83.6%). Vitamin and/or mineral use was reported by 81.9%, with prevalence of use highest for: vitamin D (69%), calcium (46%), multivitamins (38%), and vitamin C (27%). A health care provider was the most common primary source of information when choosing to take vitamins/minerals (e.g. 89% of calcium use was health care provider recommended). Botanical supplement use was reported by 59%, the most common being: probiotic (21%), fish oil and/or omega-3 (22%), turmeric (18%), melatonin (17%), and cannabis (15%). The primary source of information for botanical supplement use was more diverse. For example, for turmeric, only 28% of use was health care provider recommended, with a similar prevalence (26%) attributable to information obtained via the internet. Some studies suggest antioxidant use with chemotherapy is associated with higher rates of breast cancer recurrence and mortality; thus it is concerning that 22% of patients undergoing chemotherapy were taking vitamin C simultaneously.

Conclusions A majority of women diagnosed with breast cancer reported use of vitamin/mineral supplements and natural product-based supplements, as well as concurrent breast cancer treatment, with use of the former primarily based on health care provider recommendations, whereas the decision to take natural products supplements is based on information from a variety of sources and may have associated risks.

ASSOCIATIONS BETWEEN COFFEE OR TEA CONSUMPTION AND RISK OF UPPER AERODIGESTIVE TRACT CANCERS

C. Yang, M. Kawasumi. University of Washington, Seattle, WA

10.1136/jim-2021-WRMC.137

Purpose of Study Upper aerodigestive tract cancers (UDTCT), which comprise oral, pharyngeal, esophageal, and laryngeal cancers, are a major global burden with approximately 1,407,000 new cases and 940,000 deaths annually. Given growing evidence for the anti-cancer effects of coffee and tea, we performed a meta-analysis to investigate whether there is a dose-dependent association between UDTC risk reduction and consumption of these beverages and to identify which regions in the world may experience the strongest benefit from these effects.

Methods Used We used PubMed, Embase, and Scopus to search for observational studies that assessed the relative risk of UDTC with coffee or tea intake up to June 2020. Relevant and high-quality studies were selected by using the Newcastle-Ottawa Quality Assessment Scale for further data extraction and analysis. Summary relative risk (SRR) was determined by the DerSimonian and Laird random effects model, and dose response was estimated using linear regression.
Summary of Results A database search yielded 32 high-quality studies with 27,866 cases of UADTC. High coffee consumption (≥3 cups/day) exhibited a reduced risk of UADTC with an overall SRR of 0.79 (95% confidence interval: 0.69–0.89). A significant dose-response effect of coffee was observed in oral and pharyngeal cancers with 9.4% risk reduction per cup, but not in esophageal or laryngeal cancers. Importantly, decaffeinated coffee had no effect on preventing UADTC. Compared to coffee, high tea consumption (≥1.6 cups/day) had a smaller effect on reducing the risk of UADTC with an SRR of 0.87 (0.78–0.97). The dose-response effect of tea was also observed in oral and pharyngeal cancers with 6.3% risk reduction per cup. The effects of coffee on preventing oral and pharyngeal cancers were most prominent in Europe and North America, and the effects of tea were strongest in East Asia.

Conclusions Coffee or tea intake significantly reduces an individual’s risk for oral and pharyngeal cancer in a dose-dependent manner. This meta-analysis is limited by imprecise measurements of beverage consumption, particularly in retrospective studies. Future studies should explore other factors that may modify the effects of coffee or tea on UADTC, such as temperature, concentration, and regional preparations of the beverage.

138 CAFFEINATED OR DECAFFEINATED COFFEE CONSUMPTION AND RISK OF CANCER INCIDENCE: A META-ANALYSIS OF PROSPECTIVE COHORT STUDIES

TN Nguyen*, D Eng, M Kawasumi. University of Washington School of Medicine, Seattle, WA

Purpose of Study Cancer is the second leading cause of death globally. Coffee consumption has been reported to reduce the incidence of various cancers. However, previous studies showed variable results, and few studies have addressed the effect of caffeinated versus decaffeinated coffee on cancer incidence. We performed a meta-analysis to investigate what types of cancer are prevented by caffeinated or decaffeinated coffee.

Methods Used We utilized PubMed, Scopus, and Embase databases to comprehensively identify peer-reviewed cohort studies that associate coffee consumption with cancer risk. The Newcastle-Ottawa Scale was used to assess the quality of non-randomized studies in meta-analyses. Summary relative risk was calculated by using the DerSimonian and Laird random effects model. Dose response was analyzed by using linear regression.

Summary of Results A total of 65 studies for 10 major cancer types were used for our meta-analysis. For all 10 cancer types combined, we found a 7% decreased risk of developing cancer in individuals who consumed large amounts of coffee (relative risk (RR) 0.93, 95% confidence interval (CI) 0.89–0.97). Caffeinated coffee consumption significantly reduced the risk of hepatocellular, endometrial, and skin cancers by 46% (RR 0.54, 95% CI 0.39–0.74), 39% (RR 0.61, 95% CI 0.44–0.84), and 17% (RR 0.83, 95% CI 0.74–0.92), respectively, whereas decaffeinated coffee had less or no effect in these three cancer types. Significant dose-response effects of caffeinated coffee were observed in hepatocellular, endometrial, and skin cancers with 9.9%, 7.4%, and 7.8% risk reductions per cup, respectively. In contrast, consuming decaffeinated coffee may increase the risk of ovarian cancer (13% increase (RR 1.13, 95% CI 0.78–1.63)). Interestingly, decaffeinated coffee may reduce the risk of colorectal cancer (12% reduction (RR 0.88, 95% CI 0.73–1.07)). Coffee consumption had no association with risks of breast and prostate cancers.

Conclusions Our meta-analysis demonstrates that caffeinated coffee consumption decreases the risk of liver, endometrial, and skin cancers and may increase the risk of ovarian cancer. These findings suggest that caffeine may prevent some types of cancer.

139 HISTONE DEMETHYLASE KDM4B: A NOVEL EPIGENETIC TARGET IN ATYPICAL TERATOID/RHABDOID TUMOR (ATRT)

EL Wang*, I Alimova, S Venkataraman, R Vihakar. University of Colorado Denver School of Medicine, Aurora, CO

Purpose of Study Atypical teratoid/rhabdoid tumor (ATRT) is a highly aggressive childhood brain tumor. Current treatment options are limited with intensive chemotherapy and radiation which often create therapy-related toxicity that is especially critical in this young patient population. Previous studies reported the loss of SMARCB1, a member of ATP-dependent SWI/SNF chromatin remodeling complex, as the hallmark molecular feature of ATRT, creating an overall epigenetic dysregulation of ATRT genome. We utilized an unbiased epigencode-wide RNAi screen and identified KDM4B, a histone lysine demethylase 4B, as one of the novel epigenetic regulators that is critical for ATRT growth. Therefore, the objective of this study is to provide a mechanistic rationale for targeting KDM4B in SMARCB1 deleted ATRTs.

Methods Used ATRT cell lines and patient tumor samples were used to validate the screen through both genetic perturbation and pharmacologic small-molecule inhibition. Chromatin immunoprecipitation (ChIP) sequencing was performed to understand the epigenetic remodeling driven by KDM4B using these knockdown cells.

Summary of Results Genetic inhibition of KDM4B in ATRT has decreased cell viability by 79.3% and impaired the ability of tumor cells to form colonies. KDM4B has been shown to regulate oncogenic pathways by demethylating the repressive mark, H3K9Me3, which promotes compaction in promoters. Here we found that suppression of KDM4B leads to a global increase in protein expression of H3K9Me3. This suggests an hinderance of transcriptional activation which is currently being explored using integrated ChIP and RNA-sequencing. Importantly, KDM4B is highly expressed in ATRT tumor cells and patient tumors compared to normal cells, thus making it an excellent candidate to specifically target ATRT tumors while protecting the normal cells. In line with this, the small molecule inhibitors of KDM4B shows preferential suppression of ATRT cells in comparison to normal astrocytes.

Conclusions We anticipate this finding to implicate a promising translatabl potential of KDM4B as a new target with a favorable therapeutic window. It additionally furthers our understanding of ATRT epigenetic biology and is a starting point to develop better targeted therapies that can be translated to the clinic.
Purpose of Study
In 2015 the University of British Columbia partnered with Creating Possibilities (CP), a charitable organization located in Dang, Nepal. Each year, a team of medical students is sent to assist CP in the long term management of sickle cell disease (SCD) in rural Western Nepal. Due to COVID-19 limitations, we were unable to travel to Nepal this year for the field component of our project. Instead, we took this opportunity to reflect on the project as a whole and create a project status report, outlining the past five years of work. The purpose of this report included: summarizing overall project progress, identifying future project directions, and improving communication amongst project stakeholders.

Methods Used
To create the project status report, our team reviewed all project documents since 2015. We also conducted virtual interviews with previous team leads to clarify questions and fill in gaps. Project progress was assessed by comparing activities completed to date to the project’s initial three main objectives.

Summary of Results
The first objective of characterizing the prevalence of SCD among the Tharu population is currently ongoing. Since 2015, we have conducted large-scale screening of the Tharu population, with 4483 individuals having been screened by our team. Thus far, a hemoglobin S prevalence of 9.3% has been estimated. Our second objective of identifying barriers to SCD management is also ongoing. Since 2016, yearly focus groups and needs assessments have been conducted with community members and health workers. Common themes of barriers included accessibility, financial limitations, and education. Finally, our third objective of implementing sustainable solutions for long term detection and management of SCD still needs to be addressed.

Conclusions
Screening and needs assessments will continue as we progress toward addressing our first two objectives. Following consultation with experts and a literature review, we have identified a pilot newborn screening program for SCD as the first step in addressing our third objective.

Purpose of Study
Cutaneous T-cell lymphomas (CTCLs) are non-Hodgkin lymphomas that present in the skin. Previous research on CTCL indicates that quality of life (QoL) is decreased. Given that co-occurrence of mental health (MH) conditions in patients with cancer is as high as 58%, we seek to explore quality of life (QoL) for patients with CTCL and comorbid mental health conditions. In addition, we will place our results in context by comparing QoL in patients with CTCL to those with other dermatologic conditions such as non-melanoma skin cancer (NMSC), psoriasis, and vitiligo.

Methods Used
A cross-sectional, anonymous electronic survey was administered via a link posted on the Cutaneous Lymphoma Foundation (CLF) Facebook page and via email listserv to members of the CLF from February-April 2019. The survey included two validated instruments: Skin-exd-16 and the Functional Assessment of Cancer Therapy: General (FACT-G). Numeric results were additionally compared to existing data for other skin conditions.

Summary of Results
372 total survey responses were received, with 73 incomplete responses. 45% of respondents reported at least one MH condition. The emotional subscale of Skin-dex 16 was objectively higher than both symptoms and functioning subscales, indicating worse QoL for those with comorbid MH conditions. Fact-G also assesses QoL with lower scores corresponding to worse QoL. The emotional well-being subscale score was comparable to other subscale scores including physical well-being, social/family well-being, and functional well-being.

Conclusions
Roughly half of respondents with CTCL in our study had comorbid MH conditions. QoL for patients with CTCL is negatively affected by MH conditions. When compared to other research on CTCL using the same study instruments, our overall QoL is similar or slightly lower. QoL for our cohort was generally worse than that of patients with NMSC and vitiligo, and similar to psoriasis.
Sociodemographic factors associated with attendance at high risk infant follow-up clinic among neonates with hypoxic ischemic encephalopathy

**A Cera**, JG Anderson, P Joe. UCSF Benioff Children’s Hospital Oakland, Oakland, CA

10.1136/jim-2021-WRMC.143

**Purpose of Study** Hypoxic ischemic encephalopathy (HIE) is a leading cause of neurologic injury amongst term neonates. HIE patients should be followed longitudinally by a multidisciplinary team through a high risk infant follow-up (HRIF) clinic. While studies have evaluated lack of follow-up among premature infants, few have examined HIE patients, a group associated with significantly lower risk of VTE. In multivariable regression assessing clinical factors, TPN, mechanical ventilation, infection, ECMO, and surgery were associated with significantly increased risk of VTE (table 1). Mortality (13.4% vs. 3.5%, p<0.001) and length of stay (mean 65±28 vs. 21±65 days, p<0.001) were significantly increased among infants with VTE.

**Conclusions** Neonatal VTE was significantly associated with low birthweight, White race, public insurance, TPN, mechanical ventilation, infection, ECMO, and surgery. Infants with these characteristics may require closer monitoring for VTE.

### Abstract 143 Table 1

<table>
<thead>
<tr>
<th>Characteristics of infants with follow-up vs infants with no follow-up.</th>
<th>Follow-up n=146</th>
<th>No follow-up n=46</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>65/144 (45.1%)</td>
<td>18/46 (39.1%)</td>
<td>0.47</td>
</tr>
<tr>
<td>Hispanic</td>
<td>51/114 (44.7%)</td>
<td>7/30 (23.3%)</td>
<td>0.03*</td>
</tr>
<tr>
<td>Public Insurance</td>
<td>116/146 (79.4%)</td>
<td>29/46 (63.0%)</td>
<td>0.024*</td>
</tr>
<tr>
<td>Primary caregiver education beyond high school</td>
<td>54/97 (55.7%)</td>
<td>6/16 (37.5%)</td>
<td>0.18</td>
</tr>
<tr>
<td>Primary caregiver employed</td>
<td>51/101 (50.5%)</td>
<td>9/24 (37.5%)</td>
<td>0.25</td>
</tr>
<tr>
<td>Primary language at home is English</td>
<td>89/120 (74.2%)</td>
<td>27/34 (79.4%)</td>
<td>0.53</td>
</tr>
<tr>
<td>Household distance to HRIF clinic</td>
<td>24.4 ± 23.3 mi</td>
<td>15.6 ± 11.2 mi</td>
<td>0.017*</td>
</tr>
</tbody>
</table>

Sociodemographic characteristics associated with at least one follow-up visit at HRIF were examined.

**Summary of Results** Of the cohort of 192 babies, 146 (76%) had at least one HRIF visit. On univariate analysis Hispanic ethnicity (p=.03), public insurance (p=.024) and greater household distance from BCHO (p=.017) were associated with follow-up. On multivariate analysis, primary caregiver education beyond high school was most strongly associated with follow-up [OR 5.1, p=.04, 95% CI (1.04–24.7)].

**Conclusions** Awareness of caregiver educational level may offer an opportunity for targeted interventions to improve follow-up rates at HRIF clinic.

The impact of low hematocrit at birth on very low birth weight infants

**A Hisay**, S Sakhamuru, T Tagliaferro, L Barton, R Ramanathan, M Binwale.

1Ked School of Medicine, Los Angeles, CA; 2LAC + USC Medical Center, Los Angeles, CA

10.1136/jim-2021-WRMC.144

**Purpose of Study** Low hematocrit (HCT) at birth has been associated with intraventricular hemorrhage (IVH) in extremely premature infants. However, there is limited evidence of other neonatal outcomes in those with a low HCT. This study aims to evaluate the effects of low HCT at birth on neonatal outcomes in very low birth weight infants (VLBW).

**Methods Used** Retrospective data of all VLBW infants born at LAC + USC from 2009–2019 was gathered. Low HCT at birth was defined as a value of 40% or less. Short term neonatal and long term developmental outcomes were analyzed against low HCT.

**Summary of Results** Of 311 patients included in the study, 97 (31.2%) had low HCT at birth compared to 214 (68.8%) with normal HCT. Presence of a low HCT at birth was significantly associated with presence of acidemia in cord blood gas at delivery (24.2% vs 9.9% p = 0.001). Infants with low HCT were more likely to have a lower birth weight (1025 g...
vs 811 g, p < 0.001) and gestational age (GA) (28.2 w vs 25.8 w, p < 0.001). These infants also had lower 5 minute Apgar scores (p < 0.001) and were significantly more likely to need intubation at birth (56% vs 43.4% p = 0.046), chest compressions in delivery room (23.1% vs 13.6% p = 0.045), and use of epinephrine in delivery room (7.9% vs 2.6% p = 0.038). Infants with low HCT levels were also significantly more likely to have IVH (60.5% vs. 28.1% p < 0.001), severe IVH (11.2% vs 2.1% p = 0.001), bronchopulmonary dysplasia (BPD) (53.8% vs 24.6% p < 0.001), retinopathy of prematurity (ROP) (81.7% vs 43.1% p < 0.001), and severe ROP (22% vs 8.9% p = 0.004). Long term developmental outcomes were not significantly affected in infants born with low HCT.

Conclusions VLBW infants with low HCT at birth may require more extensive resuscitation at the time of delivery and are at higher risk to develop IVH, BPD and ROP. Long term neurodevelopmental outcomes may not be significantly affected in infants born with low HCT.

### Abstract 144 Table 1
Regression analysis of infants with low HCT adjusting for gestational age.

<table>
<thead>
<tr>
<th></th>
<th>Adjusted P Value</th>
<th>Odds Ratio</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>IVH (%)</td>
<td>0.002</td>
<td>2.53</td>
<td>1.41 - 4.54</td>
</tr>
<tr>
<td>BPD</td>
<td>0.019</td>
<td>2.08</td>
<td>1.13 - 3.62</td>
</tr>
<tr>
<td>ROP</td>
<td>0.037</td>
<td>2.28</td>
<td>1.05 - 4.97</td>
</tr>
</tbody>
</table>

### Abstract 145 Table 1
Psychomotor development data of the late preterm infants born at 34 and 35 gestational weeks

<table>
<thead>
<tr>
<th></th>
<th>LPI-34 (n=62)</th>
<th>LPI-35 (n=73)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>All areas</td>
<td>92 ± 9</td>
<td>92 ± 11</td>
<td>0.74</td>
</tr>
<tr>
<td>Postural-motor</td>
<td>89 ± 13</td>
<td>90 ± 13</td>
<td>0.71</td>
</tr>
<tr>
<td>Cognitive-adaptive</td>
<td>93 ± 12</td>
<td>93 ± 13</td>
<td>&gt; 0.99</td>
</tr>
<tr>
<td>Language-social</td>
<td>90 ± 11</td>
<td>88 ± 12</td>
<td>0.37</td>
</tr>
<tr>
<td>Neurodevelopmental impairment (DQ &lt; 80)</td>
<td>9 (15)</td>
<td>8 (11)</td>
<td>0.53</td>
</tr>
</tbody>
</table>

Data are expressed as median (range), means ± SD, or number (%).

IVH and/or severe hyperbilirubinemia showed the highest Youden Index values for predicting NDI (0.284, p<0.001).

Conclusions No significant difference in neurodevelopmental outcome at 18 months of corrected age was found between LPI-34 and LPI-35. Thus, routine neurodevelopmental evaluation for both LPI-34 and LPI-35 might be beneficial to detect NDI.

### Surgery I

#### Concurrent session

2:20 PM

Friday, January 29, 2021

| 146 Simulation of Post-Procedural Compression on Autologous Fat Grafts: A Pilot Study |
|-----------------------------------------|---------------------------------------------|
| H Peterson*, A Park*, S Gupta. Loma Linda University School of Medicine, Loma Linda, CA |

Purpose of Study Autologous fat grafting, or autologous fat transfer (AFT), is a procedure during which fat is grafted from one part of the body to another. AFT is widely used, but the impact of post-procedural care options remains largely unstudied. This study examined the impact of post-procedural compression on adipocyte viability in an in vitro simulation of autologous fat graft under a compression garment.

Methods Used Adipose tissue was harvested with low-pressure liposuction from an abdominoplasty and buttock lift procedure and from a bilateral mammoplasty reduction. The tissue was placed into 3 oz plastic cups to a depth of 3 mm, and cups containing lead weights were stacked on top. The weights were used to simulate pressures ranging from 15–30 mmHg. The adipose tissue was incubated at 37°C, 5% CO2 for 4 hours.

Adipocyte viability was measured with the alamarBlue assay. AlamarBlue reagent was mixed with the adipocytes in a 1:9 ratio. The mixture was incubated at 37°C, 5% CO2 for 2 hours, then diluted 3x with Ringer’s Lactate. Absorbance was measured at 570 nm.

Summary of Results Results are summarized in Abstract 146 figure 1.

Conclusions Compression was not found to significantly affect adipocyte absorbance and extrapolated viability. However, on select occasions moderate pressure (25 mmHg) seemed to increase adipocyte absorbance and viability while the higher pressure of 30 mmHg had the opposite effect. Further studies investigating this potential trend are warranted.
Abstract 147 Figure 1  The effects of compression on adipocyte viability. A) The absorbance of alamarBlue viability assays on adipocytes compressed at various pressures. This graph represents compiled data from 3 separate trials of the experiment, with each trial being conducted in triplicate. The x axis represents the different pressure conditions that were intended to simulate various pressures created by post-surgical compression garments. The y axis represents normalized absorbance by subtracting absorbance at 600 nm from absorbance at 570 nm, as indicated by the alamarBlue protocol. Normalized absorbance was directly proportional to adipocyte viability. Compression at any or the pressures was not found to significantly affect adipocyte viability compared to the control condition of 0 mmHg. B) Relative viability of adipocytes compressed under various pressures compared to the control of 0 mmHg, using compiled data from 3 separated experimental trials. The x axis represents the different pressure conditions, while the y axis represents % viability of the experimental group compared to the control group with an assigned viability of 100%. C) The absorbance of alamarBlue viability assays on adipocytes compressed at various pressures, from the second trial of the experiment. Samples were set up in triplicate for each pressure condition. The axes possess the same meanings as those in graph A. This graph demonstrates a trend observed over two of the experimental trials, each using adipocytes from a different patient: while no statistically significant differences in absorbance were observed in the compiled data, on select occasions 25 mmHg of Pressure was found to increase adipocyte absorbance (and thus viability) while 30 mmHg was found to decrease adipocyte absorbance and viability. For this trial, significant differences were observed between 25 mmHg and the other pressurized conditions of 15 mmHg, 20 mmHg, and 30 mmHg. D) Relative viability of adipocytes from the second experimental trial compressed under various pressures compared to the control condition of 0 mmHg. The axes possess the same meaning as those in graph B. *p<0.05 **average of 8 replicates

Abstracts

147 FAT GRAFT HARVEST ERGONOMICS: CHARACTERIZATION OF FORCE BASED ON ANATOMICAL LOCATION AND CANNULA SIZE
A Park, HP Peterson, SG Gupta. Loma Linda University School of Medicine, Loma Linda, CA
10.1136/jim-2021-WRMC.147

Purpose of Study ForceData, a force measuring smart phone application, was used to characterize the applied force generated during liposuction of different anatomical locations, patients and cannula sizes.

Methods Used The force of liposuction was measured from two surgeons using a 4-mm diameter (416 g) cannula and a 6-mm diameter (322 g) cannula on the abdomen and buttock of patient 1, and the abdomen of patient 2. An iPhone wrapped in a sterile drape was strapped to the mid-dorsal surface of a surgeon’s forearm with IV tubing. Force measurements were collected every 0.04s for 1 minute. Peak force values were normalized to a biological zero obtained by stimulating liposuction in air.

Summary of Results The buttock, a high resistance area, produced consistent results with the 6-mm cannula: the 6-mm cannula produced more force than the 4-mm cannula and the buttock required more force than the abdomen (figure 1). The abdomen, an expected lower resistance area, and the use of the 4-mm cannula, produced less consistent results. Patient 1, with a history of multiple abdominal surgeries, required more force exerted than the patient 2 (figure 2).

Conclusions Results were consistent with the qualitative description of forces exerted by the surgeons. The use of the ForceData app during fat harvesting procedures is a promising method of characterizing the forces exerted during liposuction.
A PILOT STUDY TO EVALUATE A SIMPLE SHORT-TERM STORAGE METHOD FOR PRESERVATION OF HARVESTED LIPOASPIRATE

A Park, H Peterson, S Gupta. Loma Linda University School of Medicine, Loma Linda, CA

10.1136/jim-2021-WRMC.148

Purpose of Study Cryopreservation studies have been described in literature for long-term adipocyte storage, but no simple, validated method exists for storing adipocytes for short periods of time. The purpose of this study was to investigate the efficacy of a mixture of Ringer’s Lactate (RL) and Dextrose 5% in Water (D5W) as a method of preserving adipocytes for up to a week after harvest.

Methods Used Adipocytes were harvested from a patient using liposuction with a 4-mm diameter cannula. Isolated adipocytes after centrifugation were gently mixed in a 1:1 ratio with the preservation mixture consisting of 3-parts RL and 1-part D5W. The preserved adipocytes were stored at 4°C. An AlamarBlue assay was used to assess the viability of the adipocytes on postoperative days 1, 2, 5, 7 in experiment 1 and postoperative days 0, 1, 2, 5, and 7 in experiment 2. Absorbance values at 570 nm were compared using a t-test with an alpha value of 0.05. Relative percent viability was determined.

Summary of Results The results are presented in figure 1.

Conclusions This preliminary study suggests that a 1:1 fat to preservation solution (3-parts RL and 1-part D5W) mixture is a promising method of short-term preservation defined as a 48-hour post-harvest period. Further replication and additional studies are needed. Future studies should assess efficacy of the preservation mixture over longer periods of time.

A CLUSTER OF COMP, SFRP4, LEF1 AND PDGFRB GENES PREDICTS WORSE SURVIVAL FOR COLON CANCER PATIENTS ESPECIALLY IN THE YOUNG

E Wusterbarth*, 1P Omesiete, 2A Cruz, 1J Jandova, 2V Nfonsam. 1The University of Arizona College of Medicine Tucson, Tucson, AZ; 2The University of Arizona Department of Surgery, Tucson, AZ

10.1136/jim-2021-WRMC.149

Purpose of Study Colon cancer (CC) incidence has decreased overall in the last three decades but continues to increase in young patients. Early onset CC (EOCC) presents at advanced stage with more aggressive features. Expression of Cartilage Oligomeric Matrix Protein (COMP), Secreted Frizzled-Related Protein 4 (SFRP4), Lymphoid Enhancer Factor 1 (LEF1) and Platelet Derived Growth Factor Receptor Beta (PDGFRB) confer aggressiveness in EOCC. This study explores association between the co-expression of these genes and overall survival.

Methods Used CC and matching noninvolved tissues from 6 EOCC and 6 late-onset CC patients were obtained from pathology archives. Deparaffinized tissues were macro-dissected from FFPE sections, RNA isolated, and profiled for expression of 770 cancer-related genes. cBioPortal for cancer genomics was used for survival analysis of 379 patients from TCGA COADREAD database. Gene-level transcription estimates are shown as log2(x+1) transformed RSEM normalized count.
Autologous fat transfer (AFT) is a procedure during which fat is grafted from one part of the body to another. Despite its wide range of clinical uses, a standardized procedure for AFT does not exist, and there is large variability in reported outcomes. Clinical process improvement is the practice of identifying and improving existing processes to optimize performance and improve the outcome of a procedure. A previous study by our group conducted a literature review to evaluate the current quality of evidence existing for each step of AFT. This study continued the process improvement of AFT by identifying and improving existing processes to optimize performance and improve the outcome of a procedure. A previous study by our group conducted a literature review to evaluate the current quality of evidence existing for each step of AFT. This study continued the process improvement of AFT by identifying the remaining research questions in order to organize progress towards optimization of AFT.

<table>
<thead>
<tr>
<th>Step</th>
<th>Quality of Evidence Ranking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Selection</td>
<td>-</td>
</tr>
<tr>
<td>Age</td>
<td>A</td>
</tr>
<tr>
<td>BMI</td>
<td>A</td>
</tr>
<tr>
<td>Gender</td>
<td>C</td>
</tr>
<tr>
<td>Menopausal status</td>
<td>B</td>
</tr>
<tr>
<td>Cancer treatment and immune</td>
<td>C</td>
</tr>
<tr>
<td>diabetes</td>
<td>A/B</td>
</tr>
<tr>
<td>Skin Preparation</td>
<td>C</td>
</tr>
<tr>
<td>Donor Site Selection</td>
<td>A/B</td>
</tr>
</tbody>
</table>

**Conclusion**

A process improvement approach successfully applied the process improvement method to evaluate performance and improve the outcome of a procedure. This was more profound with p-value 0.000235.

**Conclusions**

COMP, SFRP4, LEF1 and PDGFRB are individually significantly overexpressed in EOCC and associated with poorer survival. When co-expressed, survival is significantly worse. Gene clusters are potential prognostic biomarkers for EOCC and aggressive CC in general.

**Purpose of Study**

Autologous fat transfer (AFT) is a procedure where fat is grafted from one part of the body to another. Despite its various clinical uses, a standardized procedure for AFT does not exist, and there is large variability in reported outcomes. Clinical process improvement is the practice of identifying and improving existing processes to optimize performance and improve the outcome of a procedure. This study applied the process improvement method to evaluate and improve the outcome of a procedure.
Abstract 151 Table 1

<table>
<thead>
<tr>
<th>Step</th>
<th>Question to Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Selection</td>
<td>Does the menopausal status of women affect fat graft retention/outcomes?</td>
</tr>
<tr>
<td></td>
<td>Do cancer treatments (radiation therapy, chemotherapy, etc.) affect adipocyte viability and fat graft retention?</td>
</tr>
<tr>
<td></td>
<td>Do hormone replacement therapies affect fat graft outcomes?</td>
</tr>
<tr>
<td></td>
<td>Are there gender differences, male vs female, between AFT outcomes?</td>
</tr>
<tr>
<td>Donor Site Preparation</td>
<td>What is the best way to prepare the donor site in order to improve wound healing and decrease scar formation and infection rates?</td>
</tr>
<tr>
<td></td>
<td>Does a sterile ice pack applied to the donor region for 20 minutes, which adds to the tissue firmness, allow for easier access into the donor site, improve wound healing and decrease scar formation?</td>
</tr>
<tr>
<td></td>
<td>What is the optimal percentage of lidocaine used in tumescent solution for pain control and adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>What is the ideal concentration of epinephrine in the tumescent solution that ensures adequate vasoconstriction while maximizing adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>Is lidocaine the best local anesthetic to use in fat graft tumescent solution?</td>
</tr>
<tr>
<td></td>
<td>What type and size of tumescent solution injection needle ensures equal dispersion of fluid and preserves adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>What is the best cannula diameter size to use for autologous fat transfer?</td>
</tr>
<tr>
<td></td>
<td>Are there any additives to the tumescent solution that improve efficiency of harvest and adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>What is the optimal number of cannula holes that produces the greatest adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>What is the optimal arrangement of cannula holes for adipocyte viability? For efficiency of harvest?</td>
</tr>
<tr>
<td></td>
<td>What is the optimal size/area of cannula holes for adipocyte viability and efficiency of harvest?</td>
</tr>
<tr>
<td></td>
<td>What is the optimal shape of the cannula holes for adipocyte viability and efficiency of harvest?</td>
</tr>
<tr>
<td></td>
<td>Does the use of compression and closed cell medical grade foam minimize post-harvest bruising of donor area?</td>
</tr>
<tr>
<td>Harvest of Fat Graft</td>
<td>What is the effect of using lidocaine and other local anesthetics on adipocyte viability?</td>
</tr>
<tr>
<td></td>
<td>What are the optimal characteristics for liposuction cannulas to preserve adipocyte viability? (number of holes, shape of holes, arrangement of holes, and overall surface area of holes)</td>
</tr>
</tbody>
</table>

Methods Used

Current quality of evidence for the AFT process was examined by evaluating this group’s previous literature review and ranking of evidence. All of the ‘C’ ranking steps were selected. A ‘C’ ranking meant that the literature that existed for that step, if any, was anecdotal, animal, and/or basic science evidence. The studies supporting these steps were then revisited to determine which questions did not have definitive answers in the literature. These questions were then compiled into a table.

Summary of Results

Results are summarized in table 1.

Conclusions

There are many research questions regarding the AFT process with no high-quality evidence or minimal evidence of any quality to answer them. Further studies to answer these questions are warranted in order to improve AFT outcomes.

Harvest Ergonomics

What are the forces and energy exerted on adipocytes and on the surgeon during liposuction/adipocyte retrieval?

How do different fat harvesting methods compare in terms of the stress and fatigue they put on the surgeon?

What rate of retrieval is optimal for both adipocyte viability and cost-efficiency?

Harvest Quality

Is there a threshold of harvested adipose tissue viability that is predictive of graft volume retention?

Transfer of Fat to Placement Device

How many transfers between the centrifuged syringe and the injection syringe would ensure homogenization of the adipocytes and adipocyte-derived stem cells while maximizing adipocyte viability?

Recipient Site Qualities

What is the best way to prepare the recipient site in order to improve wound healing and decrease scar formation and infection rates?

Does a sterile ice pack applied to the recipient site for 20 minutes, which adds to the tissue firmness, allow for easier access into the recipient site, improve wound healing and decrease scar formation?

Does the use of compression and closed cell medical grade foam minimize post-harvest bruising of the injection area?

What local anesthetic concentration should be used at each injection point to ensure the greatest alleviation of pain and retention of the fat graft?

Does injection of epinephrine to the acceptor site affect the fat graft retention?

Fat Transfer

What size of syringe is optimal to use for fat graft placement?

What are the optimal characteristics for cannulas and needles used to place the fat graft (diameter, number of holes, shape of holes, arrangement of holes, and overall surface area of holes)?

Which is better to use for fat injection, needles or cannulas?

What is the optimal depth of placement of fat for breast augmentation?

What is the optimal speed of injection for fat graft placement?

What is the optimal pressure of injection for fat graft placement?

What is the optimal volume of fat per recipient potential volume to inject into different locations on the body?

Post-procedural Care

What is the optimal post-procedural care regimen for fat graft retention?

What are the effects of compression, elevation, and massage on adipocyte viability?

Harvest of Fat Graft

What is the optimal number of cannula holes that produces the greatest adipocyte viability?

What is the optimal arrangement of cannula holes for adipocyte viability? For efficiency of harvest?

What is the optimal size/area of cannula holes for adipocyte viability and efficiency of harvest?

What is the optimal shape of the cannula holes for adipocyte viability and efficiency of harvest?

Does the use of compression and closed cell medical grade foam minimize post-harvest bruising of donor area?

What is the effect of using lidocaine and other local anesthetics on adipocyte viability?

What are the optimal characteristics for liposuction cannulas to preserve adipocyte viability? (number of holes, shape of holes, arrangement of holes, and overall surface area of holes)
in which hole characteristics are compared when all other parameters, such as cannula diameter and hole number, are constant. Two groups of cannula pairs were used to collect fat through liposuction from female patients in order to compare adipocyte cell viability based on cannula hole arrangement and size.

Methods Used Group 1 compared 2-mm 3-holed cannulas arranged in a circumferential and one-sided fashion. Group 2 compared 4-mm 3-holed cannulas with 7 mm x 2 mm and 10 mm x 2 mm hole sizes. Besides the characteristic in question, all other parameters where equal. The liposapire collected from each cannula were centrifuged. The isolated adipocytes were mixed in a 1:1 ratio with a preservation solution (3-parts RL and 1-part D5W). Cell viability was analyzed through an AlamarBlue assay. Absorbance values at 570 nm were compared using a t-test with an alpha value of 0.05. The experiment was replicated twice. Experiment 1 was analyzed a day post-operation while Experiment 2 was analyzed the day of.

Summary of Results The results are presented in figure 1.

Conclusions This preliminary study suggests that cannula hole arrangement and an increase in cannula hole area does not hold a significant effect on adipocyte viability in liposuction procedures. Further replication and additional studies are needed. Future studies should compare cannula holes of various different arrangements and sizes along with a comparison between different numbers of holes.

Abstract 152 Figure 1  Comparison of absorbance between cannula hole arrangement and cannula hole size in Experiment 1 and Experiment 2. * Indicates a significant difference p<0.05

Purpose of Study Little data exists on the clinical course of the diffuse sclerosing variant (DSV) of papillary thyroid carcinoma (PTC); however limited reports suggest it is a more aggressive variant of differentiated thyroid carcinoma. We aim to characterize the disease burden at initial presentation, treatment outcomes, and clinical course for patients with DSV compared to PTC. This will help clinicians prepare patients and families for the potential of more aggressive primary surgery as well as for the possibility of persistence and/or progression of disease.

Methods Used A cohort of PTC patients. We aim to characterize the disease burden at initial presentation, treatment outcomes for patients with DSV compared to PTC. Further replication and additional studies are needed. Patients were included in the study if they had their initial thyroid surgery at Seattle Children’s and were under the age of 23 years old at the time of presentation. Statistical analysis was performed using descriptive statistics and the Fisher Exact Test.

Summary of Results A total of 72 patients were included in the study: 63 (87.5%) with PTC and 9 (12.5%) with DSV. Mean follow-up times for DSV and PTC were 29.88 ± 8.91 months and 37.84 ± 6.32 months. DSV patients required surgery at a younger age than PTC (14.63 ± 2.23 years and 15.61 ± 0.72 years). DSV were significantly more likely to have with regional cervical (n=9 vs n=38, p < 0.03) and distant metastasis (n=6 vs n=14, p < 0.02) at time of presentation. Of those with 5-year follow-up data available, DSV were significantly less likely to be disease free (n=0 vs n=20, p < 0.05) and were significantly more likely to experience persistence and/or progression of disease, compared to PTC (n=8 vs n=28, p < 0.02). DSV were significantly more likely to have RET-CCDC6 mutation (n=3 vs n=1, p < 0.02).

Conclusions Our findings contribute to the understanding of DSV’s prognostic significance as patients had a worse disease burden related to age at surgery, metastasis, persistence and progression of disease compared to PTC. This will help clinicians prepare patients and families for the potential of more aggressive primary surgery as well as for the possibility of persistence and/or progression of disease. Finally, we showed an association between DSV and the RET-CCDC6 mutation. Larger studies are needed to confirm this association between the RET-CCDC6 mutation and DSV as novel therapies targeting the RET protein may change disease management.

Genetics II
Concurrent session
3:15 PM
Friday, January 29, 2021

154 MECP2 MUTATIONS IN TWO MALE PATIENTS AND NATURAL HISTORY OF THE DISEASE

MK Haanpää. Turun yliopisto Lääketieteellinen tiedekunta, Turku, Finland

Purpose of Study MECP2 pathogenic variants cause Rett syndrome (OMIM 312750). It is an X-linked neurodevelopmental condition characterized by loss of spoken language and hand use with the development of distinctive hand stereotypes. Initially normal progress is followed by a period of regression. Other characteristic features are feeding problems, seizures and severe intellectual disability. It is predominantly in females with a high rate of early loss in hemizygous male pregnancies. The function of MECP2 protein is not completely understood. It binds to methylated CpGs and can both activate and repress transcription. It is required for maturation of neurons and is developmentally regulated. The majority of RTT-causing mutations are de novo events.
Methods Used Recent studies have shown male patients with MECP2 mutations with higher phenotypic variation. The clinical spectrum of Rett syndrome in males is considered to be wider that previously expected. Both clinical symptoms and specific genetic mutations might modulate disease severity. Males with MECP2 mutations display quite significant neurodevelopmental issues.

Summary of Results We report here on two male patients with MECP2 pathogenic variants of non-consanguineous European parents. One of them is the oldest male patients described. Thus, this will lighten the natural history of the male disease phenotype. Other patient is a young toddler and other one is in his 40’s. They have different pathogenic variant in MECP2 gene found in exome sequencing. Detailed clinical and molecular description will be presented.

We demonstrate that some consistent clinical features occur in male with MECP2 mutations, including features similar to females with RTT. However, these features are variable and remain less distinctive than in females. Clinical involvement in males with MECP2 mutations is remarkably broad, ranging from cognitive impairment to neonatal encephalopathy associated with early death.

Conclusions In conclusion these findings provide broader insights into the MECP2 in males and extend the mutation spectrum and describe natural history of the disease. MECP2 is a severe and progressive condition with a grave prognosis. Securing a diagnosis provides crucial information to the family.

While it is tempting to speculate that this individual is also a mosaic AS given his clinical presentation, there was no evidence for mosaicism in the blood sample. To our knowledge this is the first description of an individual with AS with preserved expressive language skills where mosaicism was not identified, although mosaicism in other tissues has not been tested. This case illustrates the atypical phenotypic spectrum of AS and need for additional evaluation when confronted with atypical clinical features of a well described genetic syndrome.

**Abstracts**

**155 ATYPICAL PRESENTATION OF IMPRINTING DEFECT ANGELMAN SYNDROME WITH EXPRESSIVE LANGUAGE**

R Punarat*, A Egense, SP Shankar, UC Davis, Sacramento, CA

10.1136/jim-2021-WRMC.155

**Purpose of Study** Describe an atypical presentation of Angelman syndrome (AS) with expressive language.

**Methods Used** Chart review, literature review, and clinical evaluation. Genetic testing included cytogenomic SNP microarray, fragile X (FMRI) studies, AS/PWS methylation studies.

**Summary of Results** A 16-year-old boy initially presented due to obesity, hyperphagia, and intellectual disability. He was reported to have hypotonia as an infant. At 3 years of age he developed hyperphagia, and he was obese by 7 years. His speech and language milestones were severely delayed with first word approximately at 7 years. Currently, he speaks in 3–5 word phrases. He has a no history of seizures. Initial testing included normal cytogenomic SNP microarray and normal fragile X (FMRI) studies. AS/PWS methylation studies came back positive for AS with no evidence of mosaicism.

**Conclusion** AS is an imprinting disorder caused by disruption of the maternally inherited UBE3A gene in the 15q11.2-q13 region. AS is usually characterized by severe developmental delay, seizures, absent speech, gait ataxia, and happy demeanor. Individuals with atypical AS with history of hyperphagia, obesity, and verbal language ability have been described. A recent study of 22 individuals with mosaic AS found similarities which included developmental delay and preserved expressive language skills. Mosaicism in AS is believed to occur due to a postzygotic loss of imprinting in some of the cell lines, resulting in a somatic mosaicism.

**156 A CASE OF FAMILIAL COL4A1 MUTATIONS, AN IMPORTANT DIFFERENTIAL DIAGNOSIS ON NEONATAL PORENCEPHALY**

1LT Forero*, 1M del Campo, 2J Friedman, 2R Troxell. 1University of California San Diego, San Diego, CA; 2University of California San Diego, La Jolla, CA

10.1136/jim-2021-WRMC.156

**Case Report** We describe two siblings with COL4A1 mutations and porencephaly presenting in early infancy. Our goal is to contribute to the literature supporting the assessment for this condition in neonatal stroke and porencephaly.

**Patient 1** Presented at 6 months with global developmental delay and hemiplegic cerebral palsy (CP). Pregnancy was remarkable only for preterm labor at 30 weeks, requiring steroids. Patient was born via vaginal delivery at 13 1/7 weeks. Initial eye exam showed esotropia, amblyopia, hypermetropia and astigmatism. Family history was positive for hemiplegic CP and seizures in a 4-year-old sister (patient 2). MRI brain showed severe white matter volume loss, cystic encephalomalacia, ex-vacuo dilatation of lateral ventricles, small left thalamus and thin corpus callosum. Whole genome sequencing (WGS) revealed a paternally inherited, heterozygous, likely pathogenic variant in COL4A1, affecting the canonical splice site.

**Patient 2** Presented at 6 months with GDD and asymmetric tone, and later developed global developmental delay and seizures. Eye exam showed bilateral esotropia and hypermetropia. MRI brain showed large bilateral porencephalic cysts and later periventricular leukomalacia as well. WGS revealed the same mutation as sibling.

We present a case of familial porencephaly, one of the 5 COL4A1 related disorder phenotypes. It is characterized by fluid-filled cavities in the brain, caused by prenatal or perinatal parenchymal hemorrhage. Symptoms include infantile hemiparesis, seizures, intellectual disability, dystonia, stroke and migraine. The AHA 2019 neonatal stroke statement recommends considering mutations in COL4A1 in neonates with porencephaly. Our case supports these recommendations. As father of the proband also harbors the variant, brain MRI, eye exam, UA and CK, hypertension management, smoke cessation, and avoiding anticoagulants were recommended.

COL4A1 mutations are now recognized as a cause for hereditary porencephaly. There are actionable recommendations for surveillance and circumstances to avoid for both the proband and family. COLA41 mutation should be part of the differential in porencephaly and perinatal stroke, even without a family history.
A connection between breast cancer and Hirschsprung disease? The answer may just be RET under our noses

1C Verscaj*, 2B Nightingale, 1DR Matalon. 1Stanford University, Stanford, CA; 2Lucile Packard Children’s Hospital, Stanford, CA

10.1136/jim-2021-WRMC.157

Purpose of Study Hirschsprung disease (HSCR) is a congenital absence of the myenteric and submucosal neural plexus of the GI tract with severity dependent on affected segmental length. Loss of function variants in the RET proto-oncogene have been associated with HSCR. Gain of function variants in RET typically lead to increased risk for tumorigenesis, including breast cancer. Here we present an individual with total colonic and ileal HSCR due to a RET variant found also in the mother diagnosed with ductal carcinoma in situ (DCIS) breast cancer. To our knowledge there is no similar inheritance or mechanism for breast cancer reported in the literature, which has implications for counseling and management.

Methods Used Chart review, physical examination, literature review, and targeted sequencing.

Summary of Results Here we describe a 5 yo boy with total colonic and ileal biopsy-proven HSCR diagnosed at birth after failure to pass meconium. He had an early expressive speech delay that has since resolved and no other medical concerns. Physical exam was unremarkable. His mother was diagnosed with DCIS at 34 yo and found to have a heterozygous pathogenic loss of function variant in exon 6 of RET, likely present in a mosaic state. Targeted testing of the familial variant was performed, and was detected in our patient.

Conclusions Our case is illustrative of a severe isolated HSCR phenotype due to a loss of function RET variant inherited from a mother with breast cancer. The role of RET in breast cancer is still being investigated but has been implicated in ER + breast cancer with over-expression being a negative prognostic factor. Interestingly, there has been one report of two RET variants typically associated with Multiple Endocrine Neoplasia type 2 that are associated with a relatively high percentage of long segment and total colonic HSCR (Coyle et al., 2014). If, as we hypothesize, this variant is associated with both severe HSCR and breast cancer, it would be the first described with this inheritance pattern and another example of increased pathogenicity of this particular variant in association with a disorder of oncologic significance, and further supports the role of RET variants in the pathogenesis of breast cancer.

EFFECT OF BRAIN TEMPERATURE AND INJURY SEVERITY ON APPARENT DIFFUSION COEFFICIENT CHANGES IN NEWBORNS UNDERGOING THERAPEUTIC HYPOOTHERMIA

1C Zenobi*, 1J Wisnowski, 2S Tamraz, 2S Blum, 2T Wu. 1USC/LAC+USC Medical Center, Los Angeles, CA; 2Children’s Hospital Los Angeles, Los Angeles, CA

10.1136/jim-2021-WRMC.158

Purpose of Study Apparent diffusion coefficient (ADC) changes are useful in detecting ischemic brain injury by the principle that cytotoxic edema restricts Brownian motion of water molecules. Other than pathology, brain temperature may affect the kinetic movement of water. We hypothesize that lower temperature conditions such as therapeutic hypothermia (TH) is associated with lower ADC values.
Association between umbilical cord higher rates of readmission for phototherapy in term infants exposed to delayed cord clamping

**Purpose of Study** Delay Cord Clamping (DCC) is recommended for all preterm newborns. However, effects of delaying resuscitation and oxygen administration in resuscitated preterm newborns are largely unknown. A recent post hoc exploratory analysis of the major TO2RPIOD trial done by Kei Lui et al. found that infants with 80% or less 5-minute mean peripheral arterial oxygenation (SpO2) were more likely to die or have neurodevelopmental impairment. This study aims to determine if resuscitated preterm infants that received DCC had lower 5-minute SpO2 compared to those with umbilical cord milking (UCM) or early cord clamping (ECC).

**Methods Used** This was a retrospective review of resuscitated premature infants born between 2014-present at 23 weeks of gestation receiving either ECC (N=20), DCC (N=178), or UCM (N=130) before resuscitation. Data gathered was SpO2 (measured by pulse oximetry), and various physiologic data including administered inspired fraction of oxygen (FiO2). Mean 5-minute SpO2 and FiO2 levels of each treatment group were compared with 2-sample t tests for continuous variables using a critical alpha level of 0.05.

**Summary of Results** There were no statistically significant differences between the three groups using ANOVA for continuous measures and Chi square for categorical variables in maternal or neonatal demographics. Mean SpO2 and FiO2 at 5 minutes were compared. FiO2 at 5 min was higher in ECC compared to UCM (p=0.031) and DCC (p=0.025), with no difference found between UCM and DCC. The 5-minute SpO2 was higher in UCM compared to DCC (79.4% vs 74.8%, p= 0.028). There was no difference between mean 5-minute SpO2 of ECC and UCM (P= 0.72) or DCC (p=0.16).

**Conclusions** ECC and UCM allow for resuscitation to occur quickly and may lead to improvements in oxygenation within 5 minutes of life. However, both have increased risk of mortality or intraventricular hemorrhage. Despite receiving similar amounts of supplemental oxygen, infants receiving DCC had a lower 5-min SpO2 compared to UCM. Providing higher supplemental oxygen during DCC or immediately following clamping and cutting of the umbilical cord may improve 5-minute SpO2 and neonatal outcomes.
higher in infants with DCC. (Table 1) This association persisted after adjustment of confounders in a regression model. Hemoglobin level [Coeff. 1.46 (95% CI; 0.65–2.2, p=0.001); Rate of readmission [OR=4.6 (95% CI; 1.13–19.92, p=0.03]

Conclusions Delayed cord clamping in term infants did not result in an increased rate of phototherapy during birth admission, however, the rate of readmission for phototherapy was higher. The importance of outpatient bilirubin follow-up should be emphasized to parents.

**162 NEONATAL HYPOTENSION AND RELATIONSHIP WITH CEREBRAL SATURATION**

IK McKim, 5L Lucao, 1SBhomba, L Bain 1, VY Chock. 1Stanford University School of Medicine, Palo Alto, CA; 2Milpore, Burlington, MA

10.1136/jim-2021-WRMC.162

**Purpose of Study** Neonatal hypotension can be defined by various threshold mean arterial blood pressures (MAP) such as 30 mmHg, postmenstrual age (PMA), or gestational age (GA) ± 5 mmHg. Cerebral saturation (cNIRS) is non-invasively measured by a near-infrared spectroscopy sensor on the forehead and assesses perfusion to a critical end-organ, the brain. We hypothesize that currently used MAP ranges do not correlate with cNIRS changes in neonates on dopamine for hypotension.

**Methods Used** Clinical data were reviewed for neonates admitted to the NICU and treated with dopamine between August 2018 and August 2019. Vital signs and lab values during treatment were collected from the electronic medical record. Definitions of hypotension included MAP less than 30 mmHg, PMA at time of therapy ± 5 mmHg, and GA ± 5 mmHg. Values were compared to time with cNIRS <55%, a lower limit for adequate cerebral oxygenation. Patients were stratified by PMA during therapy.

**Summary of Results** 70 patients were treated with dopamine with average GA of 34.3 ± 5.3 weeks, average birthweight of 2.29 ± 1.17 kg, and mean age at treatment of 36.2 ± 4.7 weeks. Infants experienced hypotension between 6–33% of their time on dopamine per examined definitions. Hypotension was more common in patients <36 weeks PMA than in term infants. Hypotension did not correlate with abnormal cNIRS overall or in PMA PMA strata. Patients <29 weeks PMA had the greatest correlation between hypotension and abnormal cNIRS measures ranging from 50% using PMA threshold to 9% using 30 mmHg threshold (Table 1).

**Abstract 162 Table 1**

<table>
<thead>
<tr>
<th>MAP Threshold (mmHg)</th>
<th>Overall</th>
<th>PMA &lt; 29 weeks</th>
<th>PMA 29–37 weeks</th>
<th>PMA &gt; 37 weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean% time with concurrent cNIRS when hypotensive (mean (st. dev))</td>
<td>Mean% time with concurrent cNIRS when hypotensive (mean (st. dev))</td>
<td>Mean% time with concurrent cNIRS when hypotensive (mean (st. dev))</td>
<td>Mean% time with concurrent cNIRS when hypotensive (mean (st. dev))</td>
</tr>
<tr>
<td>PMA - 5</td>
<td>3 (7)</td>
<td>0 (1)</td>
<td>73 (12)</td>
<td>21 (3)</td>
</tr>
<tr>
<td>PMA</td>
<td>15 (16)</td>
<td>1 (3)</td>
<td>73 (12)</td>
<td>13 (9)</td>
</tr>
<tr>
<td>GA</td>
<td>18 (18)</td>
<td>1 (2)</td>
<td>72 (13)</td>
<td>18 (11)</td>
</tr>
<tr>
<td>GA - 5</td>
<td>3 (6)</td>
<td>0 (1)</td>
<td>76 (10)</td>
<td>2 (2)</td>
</tr>
<tr>
<td>30</td>
<td>9 (15)</td>
<td>1 (4)</td>
<td>68 (13)</td>
<td>33 (12)</td>
</tr>
</tbody>
</table>

*Single value. All values are mean (standard deviation).
Conclusions cNIRS as an indicator of brain oxygenation during periods of hypotension may be more clinically significant than MAP. cNIRS were mostly in a normal range, despite the frequency of MAP alterations in the neonatal population. More work is needed to determine what parameters are most appropriate to define and treat neonatal hypotension.

### 163 TRENDS IN GASTROSTOMY TUBE PLACEMENT AND RESOURCE UTILIZATION IN DOWN SYNDROME NEONATES IN THE UNITED STATES, 2006-2017


#### Purpose of Study
Feeding difficulty is one of the major co-morbidities in neonates with DS. Consequently, some neonates with DS may require gastrostomy tube (GT) placement. However, there is paucity of data on rate and associated factors of GT placement in this population. We aimed to determine the trends in GT placement and resource utilization in DS neonates born at ≥ 35 weeks gestational age (GA) in the U.S from 2006 to 2017.

#### Methods Used
Retrospective data analysis was performed using the National Inpatient Sample, the largest health care database in the US. We included all neonatal hospitalizations with GA ≥ 35 weeks who had International Classification of Diseases (ICD) 9th or 10th revision codes for DS and GT placement. Data was analyzed using trend analysis and multivariate logistic regression.

#### Summary of Results
Over the study period, 1914 (3.7%) out of 51,463 neonates with DS had GT placement. Among neonates with GT, 46% were male, 24.8% were 35–36 weeks GA at birth, 48% White, 62% with Medicaid or self-pay, 95.1% in teaching hospital, and 69.9% in a large bed-size hospital. Rate of GT placement (per 100 neonates with DS) increased significantly from 2006 to 2017 (see table 1). On multivariate analysis, GA 35–36 weeks at birth was associated with increased odds of GT placement. Medicaid/Medicare insurance was associated with increased length of stay and hospitalization cost. Median length of stay and inflation adjusted hospital cost did not show any significant trend.

#### Conclusions
Frequency of GT placement among neonates with DS increased significantly over the study period without any associated change in resource utilization. Future studies should probe the reasons and factors behind these trends.

<table>
<thead>
<tr>
<th>Abstract 163 Table 1 Percent of DS neonates receiving Gtube</th>
<th>Year</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>Total</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>DS neonates per year</td>
<td>N=4135</td>
<td>N=3982</td>
<td>N=3688</td>
<td>N=3809</td>
<td>N=3968</td>
<td>N=3786</td>
<td>N=23368</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gtube placement, % (SEM)</td>
<td>1.7(0.4)</td>
<td>2.1(0.6)</td>
<td>2.6(0.7)</td>
<td>2.7(0.8)</td>
<td>2.7(0.6)</td>
<td>3.5(0.7)</td>
<td>2.5(0.3)</td>
<td>0.023</td>
<td></td>
</tr>
<tr>
<td>Year</td>
<td>2012</td>
<td>2013</td>
<td>2014</td>
<td>2015</td>
<td>2016</td>
<td>2017</td>
<td>Total</td>
<td>p value</td>
<td></td>
</tr>
<tr>
<td>DS neonates per year</td>
<td>N=4715</td>
<td>N=4455</td>
<td>N=4665</td>
<td>N=4430</td>
<td>N=5125</td>
<td>N=4705</td>
<td>N=28095</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gtube placement, % (SEM)</td>
<td>4.3(0.6)</td>
<td>3.5(0.6)</td>
<td>4.1(0.7)</td>
<td>5.3(0.7)</td>
<td>5.3(0.7)</td>
<td>5.6(0.8)</td>
<td>4.7(0.3)</td>
<td>0.025</td>
<td></td>
</tr>
</tbody>
</table>

### 164 IMPROVING PLACENTAL TRANSFUSION RATES AT UCSD

M. Karmarkar*, E. Fernandez. University of California San Diego, La Jolla, CA.

#### Purpose of Study
Placental transfusion by delayed cord clamping (DCC) has significant benefits over immediate cord clamping in infants. However, less information is known about risks and benefits of cord milking. A recent study found an increased risk of intraventricular hemorrhage (IVH) in preterm infants who received cord milking. Due to the multidisciplinary involvement around placental transfusion, targeted actions to improve this metric can be complex.

#### Methods Used
A multidisciplinary team was developed at UCSD Jacobs to decrease the rate of cord milking in preterm infants <28 weeks GA and to increase the rate of DCC in all infants. Multiple meetings were held to design a hospital policy on DCC. Education was given across all staff.
to ensure consistency in resuscitation care. Documentation of DCC will be used as the primary process measure. Balancing measures planned are frequency of phototherapy and IVH.

Summary of Results Baseline data in 2019 showed 81% of all infants born at UCSD received DCC; 51% in preterm and 84% in term infants. Results from the first PDSA cycle showed that DCC rates for preterm infants increased to 61%; rates for term infants were 83%. For infants <28 weeks GA, the% DCC increased from 29% to 65% (figure A) and cord milking decreased from 38% in to 2.2% (figure B).

Conclusions The rate of placental transfusion in preterm infants improved while reducing cord milking by implementing the first step of creating a multidisciplinary committee. The next step is to further streamline the resuscitation process for providers to further increase the rates of DCC.

165 THE EFFECTS OF PARENTAL LEAVE POLICIES ON PEDIATRIC FELLOWS

N Dyess*, B Weikel, J Barker, T Garrington, TA Parker. University of Colorado Denver School of Medicine, Aurora, CO

10.1136/jim-2021-WRMC.165

Purpose of Study To identify the specific elements of parental leave policies among pediatric fellowship programs and to understand the impact of those elements on fellows.

Methods Used A national web-survey was sent to fellows at ACGME-accredited pediatric fellowship programs, either directly or through their program.

Summary of Results Of the 1474 fellows who opened the survey, 853 (58%) completed it. 76% of respondents were female. 43% reported having children among which approximately half reported having at least one child during fellowship. 48% of respondents did not know whether their program had a written policy governing parental leave.

Of fellows with knowledge of their program’s parental leave policy, 61% and 24% stated the policy does not apply equally to fathers/partners and to adoption/fostering, respectively. Allowance of paid leave varied by program. 96% and 56% of fellows stated vacation/holiday time and sick time, respectively, is used to construct or extend leave. 34% of fellows reported they do not get sick leave. 73% indicated unpaid leave is used to construct or extend parental leave.

76% stated make up time is expected and 58% stated fellows are not currently satisfied with parental leave policies in fellowship and that there are a number of areas that would improve the experience of parental leave for fellows.

Pulmonary and critical care
Concurrent session
3:15 PM
Friday, January 29, 2021

166 HYPERGLYCEMIA AND HYPOGLYCEMIA CONTRIBUTIONS TO ACUTE RESPIRATORY DISTRESS SYNDROME

J Repine*, PV Wilson, ND Ellis, JE Repine. University of Colorado, Denver, CO

10.1136/jim-2021-WRMC.166

Purpose of Study Non-diabetic COVID-19 patients with elevated admission fasting blood glucose levels (‘hyperglycemia’) inexplicably have an increased 28 day mortality and higher inhospital complications including the Acute Respiratory Distress Syndrome (ARDS) but potentially contributing blood glucose changes during ARDS development were not reported (Wang S et al: Diabetologia 2020). Our goal was to determine blood glucose alterations before and during acute lung injury development in a rat model used to study ARDS.

Methods Used We sequentially evaluated blood glucose levels for 24 hours and lung lavage protein levels (lung permeability) and lung lavage neutrophil numbers (lung inflammation) at 24 hours to assess acute lung injury (ARDS) in young (~3 month) and old (~12 month) control and a novel strain of hyperoxia surviving ‘resistant’ rats before and after administering high and low insulin doses and before and after interleukin-1/lipopolysaccharide (IL-1/LPS) insufflation.

Summary of Results Glucose levels increase rapidly and sequentially in young control, but not young resistant, rats peaking ~2 hours after insufflation. Glucose levels also increase in old control and old resistant rats after insufflation compared to young control and young resistant rats after insufflation. The pattern of glucose levels at 2 hours after insufflation resembles lung lavage proteins and neutrophils at 24 h after insufflation (table 1). Administering high insulin (High In) doses decreases glucose levels (‘hypoglycemia’) and worsens ARDS while administering low insulin (Low In) doses correct glucose levels and improve ARDS.

Conclusions Hyperglycemia develops in both young and old rats developing ARDS and high or low glucose levels parallel

Abstract 166 Table 1 Glucose and ‘ARDS’ After IL-1/LPS Insufflation

<table>
<thead>
<tr>
<th>Rat Type-Treatment</th>
<th>Glucose (mg/dL)</th>
<th>Protein (ug/ml)</th>
<th>Neutrophils (x 10^6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young Control-none</td>
<td>16±28</td>
<td>1.90±0.58</td>
<td>57±9</td>
</tr>
<tr>
<td>Young Resistant-none</td>
<td>107±12</td>
<td>1.59±0.81</td>
<td>32±10</td>
</tr>
<tr>
<td>Old Control-none</td>
<td>252±85</td>
<td>7.30±1.14</td>
<td>85±28</td>
</tr>
<tr>
<td>Old Resistant-none</td>
<td>210±47</td>
<td>4.11±1.48</td>
<td>71±16</td>
</tr>
<tr>
<td>Young Control-High In</td>
<td>73±2</td>
<td>3.53±0.97</td>
<td>76±16</td>
</tr>
<tr>
<td>Young Control-Low In</td>
<td>131±16</td>
<td>0.81±0.30</td>
<td>38±17</td>
</tr>
</tbody>
</table>

Friday, January 29, 2021
worse acute lung inflammation and acute lung injury (‘ARDS’). Controlling glucose judiciously with insulin may be beneficial in combating ARDS caused by SARS-CoV-2 infection and other insults.

**Purpose of Study** Excessive minute ventilation adversely affects hemodynamics during cardiac arrest. In July 2017, Seattle Fire Department began using smaller ventilation bags, delivering approximately 450 mL per breath, in adults with out-of-hospital cardiac arrest (OHCA). We hypothesized that the rate of return of spontaneous circulation (ROSC) at hospital arrival would increase after this change.

**Methods** This retrospective analysis of prospectively acquired data evaluated adults treated for OHCA between January 1, 2015 and December 31, 2019 who received advanced airway management. Using waveform capnography, we calculated ventilation rate and mean end-tidal carbon dioxide (ETCO$_2$) values for each eligible minute during cardiac arrest. We examined whether ventilation rate, ETCO$_2$, and ROSC differed before and after the smaller ventilation bag implementation using linear and logistic regression.

**Summary of Results** Of the 1278 patients evaluated, 668 (52%) were treated with a small adult bag. Utstein characteristics did not differ between the two cohorts. Mean±SD ventilation rates were higher in the large bag cohort compared with small, 12.5±5.1 vs. 11.7±4.7, p < 0.01. Mean ±SD ETCO$_2$ values were lower in the large bag cohort compared with small, 31.5±17.0 mmHg vs. 34.5±18.2 mmHg, p < 0.01. A ventilation rate > 18 was recorded in 10% of the 18,709 minutes evaluated. Mean ETCO$_2$ was less than 15 mmHg in 14% of all minutes. The incidence of ROSC on hospital arrival (39% vs. 34%) was not significantly different between the large and small bag cohorts (p=0.07). After adjusting for initial rhythm, age, witnessed arrest, and bystander CPR, ROSC on hospital arrival among the small bag cohort was not different (OR 0.82, CI 0.65–1.04).

**Conclusions** Use of a small adult bag during OHCA was not associated with a difference in incidence of ROSC. The clinical significance of the slight differences in ventilation rate and ETCO$_2$ are unclear. Hyperventilation was uncommon. Future studies should examine impact on downstream lung injury and acid-base status.

**Purpose of Study** Necrotizing soft-tissue infections (NSTIs) are potentially life-threatening medical emergencies that require rapid identification and aggressive treatment. Emergency physicians are utilizing point-of-care ultrasound (POCUS) for a wide variety of applications. The objective of this study was to determine the diagnostic utility of POCUS in the evaluation of patients with suspected SSTI in an Emergency Department (ED).

**Methods** This was a retrospective review of ED patients presenting to an academic center with symptoms suspicious for NSTI and received a POCUS. POCUS findings were collected from ED POCUS archiving database. Medical records were reviewed for history, physical examination findings, laboratory results, additional diagnostic testing, operative intervention, disposition, and final diagnosis. POCUS findings were compared with LRINEC scores and operative findings.

**Summary of Results** A total of 65 patients (15 females, 50 males; mean age, 55 years ± 13.6) were included in this study. Patients presented with pain (46/65), swelling (33/65), redness (28/65) and open wound (21/65). Most common symptomatic sites were feet (27%) and upper arm (21%). Nineteen patients reported injection drug use. In triage, 53% patients were tachycardiac and 5 patients were hypotensive. Pain out of proportion was documented in 3 patients. Based on operative findings, 38% (25/65) patients were found to have NSTI. All patients with final diagnosis of NSTI had sonographic findings (hypoechoic fluid tracking along deep fascial layers, fluid accumulation > 4 mm in depth along the deep fascial layers, air in the soft tissues) indicating NSTI on POCUS. In addition POCUS demonstrated abscess (28%), cellulitis (62%), pyomyositis (2.9%) and superficial Fasciitis (27%), Subcutaneous Gas was noted in 11 patients. Early surgical consultation was obtained in these patients prior to laboratory results and additional imaging studies. Six patients with LRINEC Score < 6 were found to have NSTI and all 6 patients had sonographic findings suggestive of NSTI on POCUS. Only 1 of these patients had abnormal vital signs in triage.

**Conclusions** Our study suggests that POCUS can be a useful adjunct in the evaluation of patients with NSTI. Integration of POCUS findings into LRINEC Score could improve risk stratification.
technique. All participants performed both scalpel-bougie-6.0 ET tube and Seldinger kit methods.

Participants responded to a pre-survey that assessed their level of experience and anxiety with performing a cric. We then assessed for changes in their confidence after watching the video and after the cadaveric training. We reviewed the endoscopic recordings to assess any excursions of scalpels or needles beyond the midplane of the trachea. We also assessed procedure duration, puncture-to-tube time (PTTT), from initial entry to ET tube placement.

Summary of Results Response rate for the first session of 10 participants was 100% and showed that the session was helpful to all participants. 20 endoscopic recordings were analyzed, 10 from the bougie method and 10 from the kit method. They revealed that 1 trocar needle hit the posterior tracheal wall, and 2 scalpels passed the midpoint of the trachea lumen. PTTT ranged from 15–83 seconds (s), with 83s being a clear outlier and explained by a long coaching time. The mean PTTT with the outlier excluded was 29.2±12.7s. Additionally, during the training 1 bougie was placed parallel to the trachea but not within it. This was made immediately clear through the endoscopic visualization and feedback was given to the participant who was thereafter successful in intubating.

Conclusions Endoscopic enhancement of the emergent cadaveric cricothyrotomy training was valued by trainees. It helped detect 3 complications in 20 attempts which was important in refining trainee technique to avoid real-life complications and improve confidence. Adoption of ET endoscopy may enhance regional and national cadaveric emergent cricothyrotomy training programs.

BARRIERS AND FACILITATORS TO LONGITUDINAL LUNG CANCER SCREENING: A QUALITATIVE STUDY

1AK Holman*, 1EK Kross, 1K Crothers, 1AM Cole, 2M Triplette. 1UW, Seattle, WA; 2FHCRC, Seattle, WA

Purpose of Study One of the implementation challenges faced by lung cancer screening (LCS) programs is replicating the high rate of adherence reported by the National Lung Screening Trial (NLST). The goal of this qualitative study was to identify factors influencing adherence and understand patients’ attitudes towards a novel screening navigation program.

Methods Used We enrolled 40 participants, all of whom had a negative (LungRADS 1 or 2) baseline LCS CT. Participants were interviewed about their screening experiences as well as barriers and facilitators to follow-up. Interviews were transcribed, coded, and analyzed using thematic analysis.

Summary of Results Of 40 participants (22 men, 18 women, median age 66), 17 were adherent to screening follow-up while 23 were nonadherent. There were seven major themes that emerged from interviews of both groups: (1) most patients report favorable screening experiences and attitudes; (2) provider recommendation is a near-universal facilitator of baseline and follow-up screening; (3) while most patients understand lung cancer risk factors, some do not understand the importance of asymptomatic LCS; (4) concerns over insurance coverage, screening accessibility, and other medical conditions are often cited as barriers to ongoing LCS; (5) some patients have residual questions about their results, LCS guidelines and the importance of follow-up; (6) reminders are an important facilitator of annual LCS; (7) most patients believe a navigator would be beneficial and emphasize the importance of a variety of services. Some differences were observed between the adherent and nonadherent cohorts. Adherent participants reported more interaction with their providers, while nonadherent participants reported less contact with providers and more frequent consideration of symptoms in their decision of whether or not to screen.

Conclusions Though patients’ experiences with LCS are generally favorable, adherence may be improved by providing facilitators (such as reminders and transportation) and addressing barriers (such as lacking LCS knowledge) through an LCS navigation program. By targeting these deterrents of screening, LCS programs could improve adherence and better reproduce the benefits of LCS demonstrated by the NLST.

POINT OF CARE ULTRASOUND EVALUATION OF AIRSPACE DISEASE BEFORE AND AFTER PROLONGED SURGERY

S James*, E Gow-Lee, J Hinson, M Martinez, B Austin, D Ramsingh. Loma Linda University School of Medicine, Loma Linda, CA

Purpose of Study Point-of-care ultrasound (POCUS) has rapidly emerged as a modality to improve bedside assessment of pulmonary air-space disease. Indeed, POCUS has demonstrated to be superior for the assessment of air-space disease in comparison to both Chest x-ray and stethoscope auscultation. Given that patients undergoing a long surgical procedure requiring general anesthesia are at risk for pulmonary complications the ability to assess air-space disease perioperatively is of interest. The authors designed a pilot study to evaluate the utility of point of care ultrasound to evaluate the development of air-space disease in this patient population.

Methods Used Adult patients were screened for those undergoing a surgical procedure scheduled for more than 3 hours of surgical time. Patients were then scanned using a validated POCUS examination to detect both the presence and severity of air-space disease across 5 lung fields for each side (total of 10 views). POCUS exams were performed immediately before and after their surgical procedure. Air-space disease was defined by the presence of B-lines, as previously validated. Presence of air-space disease was compared to a threshold using binomial test. Level of significance was set to 0.05.

Summary of Results For our analysis we set a threshold value of 40% of the lung fields demonstrating B lines as the level of significance. Patients only surpassed this threshold after their surgery (p = 0.03917) and not before (p = 0.2115). All zones of lung parenchyma were able to be scanned on all patients.

Conclusions POCUS examination of the lungs fields can be successfully performed in the perioperative setting. Our preliminary data supports this tool be useful in the assessment of the change in the aeration of lung tissue from pre to post surgery. Specifically, for patients undergoing long surgical procedures, this modality may be useful to detect the development of new areas of air-space disease.
EMBOLIZATION OF SUPERIOR MESENTERIC ARTERIOVENOUS FISTULA IDENTIFIED DURING CONSULTATION FOR A TRANSJUGULAR INTRAHEPATIC PORTOSYSTEMIC SHUNT PROCEDURE

Case Report The present case report describes a 75-year-old female patient with a history of two small bowel resections who presented with variceal bleeding resulting in hematemesis and bright red blood per rectum. She was initially referred to vascular and interventional radiology (VIR) for a transjugular intrahepatic portosystemic shunt procedure (TIPS). However, her past medical history and imaging indicated that the patient likely did not have cirrhotic liver disease, prompting further review of the imaging. Closer inspection of an abdominal computed tomography angiography scan identified a superior mesenteric arteriovenous fistula (SMAVF) as the probable etiology of the varices, the presence of which was confirmed on angiography. The fistula was embolized with a vascular plug and post-embolization angiogram demonstrated an absence of portal venous filling. Upper endoscopy at 1-month postprocedurally demonstrated complete resolution of varices.

The primary etiologies of SMAVF are traumatic, iatrogenic, and congenital. This rare vascular anomaly may be discovered incidentally, but more often presents with sequelae of portal hypertension, heart failure, or mesenteric ischemia. The presentation of SMAVF is widely variable, though common signs and symptoms include abdominal pain, diarrhea, upper or lower gastrointestinal bleeding, ascites, and anemia. The most consistent specific physical exam finding is an abdominal bruit. One of the most concerning complications is varical bleeding as a result of portal hypertension, suspected to be the leading cause of mortality associated with SMAVF. If a SMAVF is initially not identified, such patients presenting with acute gastrointestinal bleeding might be referred for a TIPS procedure, as occurred in this case. However, careful review of the imaging can preclude the potentially catastrophic consequences of creating a portosystemic shunt in the presence of an existing SMAVF, including potentially life-threatening right-sided heart failure. This report highlights the necessity of the interventional physician performing a comprehensive consultation prior to invasive procedures.

PATIENT REGISTRY who were eligible for Trikafta. Participants were dichotomized into remote (≥120 minutes of driving time from home to CF center ZIP code) and local (<120 minutes) groups. The primary outcomes were prescription for and time-to-prescription of Trikafta. Analyses were completed using Kaplan-Meier and Cox proportional hazard models (controlling for insurance as a proxy for healthcare access) using an alpha = 0.05.

Summary of Results Of the 84 participants, 36 (43%) were remote; median travel time to CF center was 45 minutes (interquartile range, IQR 20–160). The majority were male (n=46, 55%) and adults (n=64, 76%), with a median age of 27 years (IQR 22–33) among adults and 15 years (IQR 14–17) among children. Private insurance was used in 2019 by 51 (61%), and median time to prescription was 92 days (IQR, 43–132) for those who received a prescription. Eight months after FDA approval, 61% of remote participants were prescribed Trikafta, compared to 81% of local participants (p=0.04). Kaplan-Meier survival analysis, comparing prescription for and time-to-prescription of Trikafta, yielded no significant group differences (p=0.28). A Cox proportional hazard model, controlling for insurance type, reported no differences between local and remote groups (p=0.11).

Conclusions A smaller proportion of remote participants were prescribed Trikafta at the time of this analysis; however, the time to prescription did not differ by distance to CF center, even after adjusting for insurance type. At our center, caring for patients living at a median travel time of 45 minutes, timely delivery of novel therapies is achieved regardless of location.

SUMMARY OF SURVEYS ADMINISTERED TO PEDIATRIC ORTHOPAEDIC SURGEONS

Purpose of Study Successful physician-administered surveys can advance care and practice quality. There is a lack of research on physician-administered survey quality in pediatric orthopaedics. This study aims to identify essential survey features, evaluate published surveys over two time periods to highlight core strengths and weaknesses, and suggest methods to improve clinical impact.

Methods Used A literature review of MEDLINE and EMBASE databases was conducted for studies published in JPO, JPO B, JBJS, BJJ, JCO, Spine Deformity, or Spine in the years 2007–2009 and 2017–2019. Studies eligible for inclusion contained a survey assessing patients <18 years administered to pediatric orthopaedic surgeons and had the full text published. Surveys in the literature were studied to compile a list of elements essential to surveys. Two independent reviewers screened titles
Abstract 174 Figure 1 Bar graph showing score category according to how many items were fulfilled or reported from the 17-item checklist with a score of 1 being the lowest and score 4 the highest. Score 1: <25% items, Score 2: 25-50% items, Score 3: 50-75% items, Score 4: >75% items

and abstracts for inclusion, then assessed included studies for quality using a 17-item checklist. Surveys were grouped into scored categories according to how many items were fulfilled (<25%, 25-50%, 50-75%, >75%).

Summary of Results 54 articles were included for analysis. Studies in 2017–2019 fulfilled a greater percentage of checklist items compared to 2007–2009. Mean respondent rate marginally decreased over time (71.2% in 2007–2009 vs 64.1% in 2017–2019). 13 studies had response rates >90%.

Conclusions The use of surgeon-administered surveys in pediatric orthopaedics has substantially increased; however, survey quality has not improved correspondingly. We suggest that surveys aim to report >75% of items (Score 4) from the 17-item checklist to create higher quality, comprehensive surveys. A limitation of our study is the smaller sample of studies included in 2007–2009 vs. the 2017–2019 sample. Future surveys could be improved by following a standardized checklist prior to distribution.

175 FACTORS INFLUENCING FEMALE MEDICAL STUDENTS’ DECISIONS TO PURSUE SURGICAL SPECIALTIES: A SYSTEMATIC REVIEW

1E O’Rourke, 2L Trinh, 3M Mulcahey, 4Elson S. Floyd College of Medicine, Vancouver, WA; 5Tulane University School of Medicine, New Orleans, LA

Purpose of Study Gender inequality within the medical field continues to be a prominent issue, particularly for surgical specialties. This systematic review evaluates and summarizes the factors that influence female medical students’ decision to pursue a career in surgery, including general surgery and surgical subspecialties.


Summary of Results 2,200 articles were identified in the initial search. 527 duplicates were removed, and 1,993 studies were removed in accordance with pre-identified inclusion and exclusion criteria. 61 articles underwent full-text review. 26 additional studies were identified from references. A total of 14 articles were included in the review. Female medical students were positively influenced by mentorship, specialty exposure, intellectual challenge, and the rewarding nature of surgery. Surgical lifestyle, gender discrimination, and societal and cultural barriers were deterrents for female medical students. Female medical students valued the importance of prestige and expected financial rewards less than their male counterparts.

Conclusions This systematic review identifies mentorship, specialty exposure, gender discrimination, nature of the surgical field, and personal factors to be major determinants in female medical students’ decisions to pursue surgery. These areas can be improved to attract more women to surgical residencies. Specific recommendations to increase female students’ interest in a surgical career include matching medical students with role models early on, implementing structured outreach programs for women, improving residency parental leave policies, and reducing pregnancy-related stigma.

176 ASSOCIATION OF NEURAXIAL ANESTHESIA WITH POSTOPERATIVE OPIOID USE IN PEDIATRIC BURN PATIENTS

1J Chen, 2P Nguyen, 3J Liu. 4University of California Davis, Sacramento, CA; 5Shriners Hospitals for Children, Sacramento, CA

Purpose of Study Pain management is an essential part of recovery among pediatric patients with burn injuries. Studies show that it remains inadequately treated, leading to long-term sequelae of anxiety, depression, and PTSD. However, the use of opioids poses significant risks as well, including opioid dependence later in life. While general anesthesia is the mainstay, studies suggest that regional anesthesia, including neuraxial anesthesia, is one strategy to decrease postoperative pain and reduce opioid use. The purpose of this study is to assess whether neuraxial anesthesia is associated with decreased opioid use among pediatric patients receiving excision and graft repair for burn injuries.

Methods Used A retrospective review of hospital charts from 01/2017 to 06/2018 was conducted. Patients who were hospitalized for split thickness skin grafting and received intraoperative neuraxial anesthesia were included. A study published, which included pediatric burn patients given general
anesthesia, served as the control for this study (Bussolin et al). Patients who were >10 years old were excluded from the data analysis in order to match the historical control. The amount of opioids administered postoperatively were converted to oral morphine milligram equivalents (MME) and adjusted for body weight (kg).

**Summary of Results** In the neuraxial anesthesia group (n=42), the average (range) amount of opioids given was 0.6 (0–1) MME/kg/24h. In the general anesthesia group (n=30), the average amount of opioids given was 36.9 (10.5–126) MME/kg/24h (Bussolin et al).

**Conclusions** Neuraxial anesthesia was associated with lower opioid use compared to general anesthesia from a historical control. However, interpretation of the data is limited as the data analysis in order to match the historical control. Further research is warranted to determine the benefit of neuraxial anesthesia and pain management with pediatric burns.

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**Abstract 176 Table 1** Comparison between groups

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Historic Control (n=30)</th>
<th>Neuraxial Anesthesia (n=42)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, months</td>
<td>32 ± 29.6 (2.2–96)</td>
<td>61.2 ± 35.7 (12–120)</td>
</tr>
<tr>
<td>Weight, kg</td>
<td>13.7 ± 6.4 (3.6–35)</td>
<td>21.0 ± 8.9 (10.3–41.1)</td>
</tr>
<tr>
<td>Surgical time, min</td>
<td>42.1 ± 30.4 (12–94)</td>
<td>66.0 ± 39.7 (12–242)</td>
</tr>
<tr>
<td>Morphine, MME/kg/24h</td>
<td>36.9 ± 10.8 (10.5–126)</td>
<td>0.6 ± 0.5 (0–1.9)</td>
</tr>
</tbody>
</table>

1. Original IV morphine was 13.2 ± 3.6 (3.5–42). An oral MME conversion factor of 3 was used.

---

**Abstract 178 Table 1** Multidisciplinary and non-multidisciplinary breast reconstruction studies by journal type (n=784)

<table>
<thead>
<tr>
<th>Journal Type</th>
<th>Non-multidisciplinary studies (n=387)</th>
<th>Multidisciplinary studies (n=397)</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic Surgery</td>
<td>343 (89%)</td>
<td>295 (74%)</td>
<td>0.06</td>
</tr>
<tr>
<td>Oncology</td>
<td>25 (6%)</td>
<td>82 (21%)</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>General Surgery</td>
<td>6 (1.5%)</td>
<td>8 (2%)</td>
<td>0.79</td>
</tr>
<tr>
<td>General Medicine</td>
<td>4 (1%)</td>
<td>6 (1.5%)</td>
<td>0.75</td>
</tr>
<tr>
<td>Social Sciences</td>
<td>2 (0.5%)</td>
<td>4 (1%)</td>
<td>0.69</td>
</tr>
<tr>
<td>Other</td>
<td>7 (2%)</td>
<td>2 (0.5%)</td>
<td>0.17</td>
</tr>
</tbody>
</table>

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**PAIN ASSESSMENT FOR OFFICE BASED UROLOGIC PROCEDURES**

L. Hunt, R Hahn, D LaTour, S Tamares, B Crawley, D Baldwin. Loma Linda University, Loma Linda, CA

10.1136/jim-2021-WRMC.177

**Purpose of Study** The purpose of this review was to characterize how pain and patient discomfort is reported in the literature for office-based urologic procedures. Available data was gathered regarding pain assessment and control and then subsequently evaluated for methodology and management techniques during in-office procedures.

**Methods Used** Searching PubMed, Embase, Web of Science, CINAHL from inception to 2020, terms and second-layer article collection yielded 948 unduplicated articles. After subsequent screening with exclusion criteria, 134 articles were included investigating urology office-based procedure pain management. Each article was subject to review with the ROBINS-I tool for bias assessment. Data was extracted and included in final analysis.

**Summary of Results** 134 articles with reference to pain management during five major office based procedures were included. The majority of the articles assessed pain management during prostate biopsy, cystoscopy, urodynamics and other minor procedures. Anesthesia included local, topical, oral, as well as methods of distraction such as music or virtual reality. The most common assessment of pain was the visual analog score (VAS 0–10) pain intensity scoring scale (68%) followed by VAS (0–100) (9%), numerical rating scale (8%), categorical pain rating (3%), other pain scoring methods (McGill, Spanish Pain, Visual Numeric, 5-point verbal descriptor scales; 4%) or some combination thereof (7%). The majority of studies assessed pain only after the procedure (67%), while the remainder assessed pain at some combination of before, during and after the procedure.

**Conclusions** This review sought to characterize studies investigating pain management for office-based urologic procedures. Compiling a database of articles yielded a conglomeration of differences with investigating procedural pain. While several themes emerged, such as the type of pain scale and when discomfort was assessed, standardization of pain assessment and management will likely be beneficial for both patients and their urologic care providers.
Abstract 178

THE IMPACT OF PATIENT, SURGICAL, AND STAFFING FACTORS UPON PERCUTANEOUS NEPHROLITHOTOMY COST

J Lee*, M Keheila, A Amasyali, N Chen, N Srkunja, J Belle, D Baldwin. Loma Linda University, Loma Linda, CA

Purpose of Study In the US, the estimated cost for the management of nephrolithiasis was $2.07 billion in 2000 and is expected to reach $4.1 billion by 2030. Percutaneous nephrolithotomy (PCNL) is indicated for the management of kidney stones larger than 2 cm. Awareness of the factors contributing to PCNL case costs could reduce health care spending. The purpose of this study was to determine the factors associated with increasing PCNL cost.

Methods Used A retrospective review of PCNL cases performed at a single institution was conducted between January 2017 and May 2020. For each case, procedural cost and cost of hospital stay were determined. Procedural variables studied included patient age, sex, BMI, ASA, STONE score, surgeon’s training (general urologist vs. endourologist), presence of a urology-specific circulating nurse or scrub technician, presence of fellows or residents, operating room time, and whether access was performed by a urologist, radiologist, or both. Multivariate analysis was performed to determine which variables predicted increased cost, with p<0.05 considered significant.

Summary of Results Of the 213 cases, 201 had complete cost data available. In these cases, average procedural cost was $11,600 and average total cost of hospital stay was $21,058. Multivariate analysis found OR time increased procedural cost at an average of $34.50 per minute (p<0.0001, SD=2.055). The presence of a urology-dedicated scrub technician decreased average cost per procedure by $1585.18 (p=0.0002, SD=414.459). Collaboration between urologist and radiologist in placing access increased cost by an average of $961.64, compared to access placed unaided by a urologist (p=0.04, SD=326.175).

Conclusions OR time, presence of a urology-dedicated scrub technician, and urologist-obtained access are the primary determinants of PCNL case cost. Institutions should work to improve efficiency by creating urology specific operative teams to reduce the cost of PCNL.

Abstract 180

RISK FACTORS FOR HYPOSPADIAS REPAIR

B Stanyer, G Harianja, M Keheila, D Chamberlin, M Chau, C Chen, J Chamberlin. Loma Linda University, Loma Linda, CA

Purpose of Study We aim to review risk factors for postoperative complications in hypospadias repair.

Methods Used We performed a retrospective analysis of 516 boys undergoing hypospadias repair at a single institution between 2004 and 2020. Degree of severity was stratified by native meatus location: distal, mid shaft, or proximal, with proximal hypospadias being considered most severe. Descriptive statistics and multivariate analysis were performed using SPSS with p<0.05 being considered statistically significant.

Summary of Results A total of 516 hypospadias surgeries were performed by four surgeons using either tubularized incised plate (376) or meatal advancement and glanuloplasty (140). Median age at surgery was 10.1 months [7.37 – 18.45]. Mean follow-up time was 7.8 months. The overall complication rate was 8.3%. The complication rate for distal hypospadias was 4.9%, versus 12.2% for mid shaft and 39.5% for proximal. Hypospadias location and glans width were significant predicting factors for postoperative complication (p<0.001, CI 95% [1.50, 3.67]), (p=0.002, CI 95% [0.61, 0.90]) respectively. Surgeon, type of hypospadias repair, degree of ventral chordee, and anesthesia block type were not found to be statistically significant on multivariate analysis.
Conclusions Severity of hypospadias and smaller glans size are predictive for post-operative complications. Predictive risk factors can help guide discussion during preoperative counseling.

Purpose of Study Slipped Capital Femoral Epiphysis (SCFE) is conventionally treated with in-situ pinning (ISP) and more recently, the Modified Dunn Procedure (MDP). This study retrospectively examines the pre-operative risk factors and post-operative complications of patients treated with either ISP or MDP in a 12 year period.

Methods Used A single-centre, retrospective review was performed on patients diagnosed with and surgically treated for SCFE from 2004 to 2016. Patients must have had pre-operative imaging and a minimum of six months of clinical follow-up. Pre-operative demographic data (age, gender, intensity of symptoms, stability, trauma, and severity of slip), operative details, and treatment outcomes were collected. Descriptive statistics were used to identify pertinent pre-operative risk factors and post-operative complications in each treatment group.

Summary of Results A total of 129 hips in 98 patients were treated (118 with ISP, 11 with MDP). Complications developed in 12 hips (12 patients); six hips developed AVN and chondrolysis, two developed AVN and slip progression, and two developed slip progression only. In hips treated with MDP, 4/11 (36.4%) developed complications; while 8/118 (6.8%) hips treated with ISP developed complications.

Conclusions Complications developed in 9.3% of hips treated with ISP or MDP with a higher rate of complications observed in the MDP group compared to the ISP group. The study is limited by the small sample size of the cohort and the disproportionate number of cases in each treatment group. A multi-centre study with larger sample sizes will be required to confirm these findings.

Purpose of Study MDSC are immature myeloid cells with immunosuppressive capabilities. Elevated MDSC levels have been described in HCC and are associated with greater tumor burden and poorer response to treatment and survival. In this analysis, we sought to refine clinical associations with elevated MDSC levels to identify potential clinical utility for this biomarker.

Methods Used Between June 2016 and September 2018, 46 HCC patients were tested for MDSC levels using a clinically validated whole blood flow cytometric assay (Apodaca et al, JITC (2019) 7:230). Total MDSC (T-MDSC) were defined as CD45+/CD13+CD19+CD20+CD56+CD16+HLA-DR-C13+CD11b+ cells/µL. All clinical data, with the exception of death, transplant and treatment variables, were obtained within 30 days of the MDSC test date.

Summary of Results T-MDSC levels ranged from 14–617 cells/µL. Patients were divided into high (N=20) or normal (N=26) T-MDSC groups based on a single whole blood measurement.

The high T-MDSC group had higher total bilirubin (1.33 ±0.88 vs 0.9 ±0.44 mg/dL, p=0.04), lower serum albumin (3.46±0.48 vs 3.83±0.46 g/dL, p=0.01), higher WBC count (7.02±1.76 vs 5.35±1.42 x10³/µL, p=0.001), and more ascites (p=0.04) compared to the normal group. High T-MDSC patients were more likely to be categorized as Child-Turcotte-Pugh (CTP) class B or C (vs A) (p = 0.0004) and Barcelona Clinic Liver Cancer (BCLC) stage C or D (vs A or B) (p=0.03) than the normal patients. Elevated T-MDSC levels were not associated with tumor size or number, vascular invasion, or AFP level. Although the high T-MDSC group experienced more deaths (12/20) than the normal group (10/26), the difference was not significant (p=0.15). Using Cox Proportional Hazard analysis, T-MDSC levels were not associated with patient survival before (hazard ratio 1.90, 95% CI 0.80–4.47) or after adjusting for age, CTP class, ECOG performance status and BCLC stage (hazard ratio 0.47, 95% CI 0.10–2.21).

Conclusions Elevated MDSC levels were associated with more advanced disease and liver cancer stage but not with tumor characteristics or death. Additional studies are needed to investigate the relationship between MDSC levels and advanced cirrhosis.

Purpose of Study COVID-19, caused by the SARS-CoV-2 virus, is a novel infectious disease that has led to a global pandemic. SARS-CoV-2 gains cellular entry via ACE2 receptors which are localized to the lungs and gut, contributing to the respiratory and gastrointestinal symptoms in patients with COVID-19. Comorbidities such as obesity, diabetes, as well as advanced age represent high risk factors that have led to more severe symptoms and fatalities in COVID-19 patients. Obese, diabetic, and elderly patients have been characterized by a compromised immune system, overall systemic inflammation, disruptions in the gut microbiota composition profile (i.
e. gut dysbiosis), poor nutritional status and nutrient deficiencies. The purpose of this paper is to discuss how these factors may contribute to the clinical manifestation of COVID-19 patients and how diet through specific nutrients and bioactive compounds can be used to restore and maintain proper immune cell function, increase protection against chronic inflammation, restore gut dysbiosis and improve health outcomes.

Methods Used We searched manuscripts from the emergence of the pandemic from Dec. 2019 to Aug. 2020 as they relate to COVID-19’s impact on the gut, immune system, diet, and comorbidities. We related these observations with past articles conducted on these subjects.

Summary of Results The gut microbiome has been shown to contribute to the host’s immune system development in addition to helping balance inflammatory responses. Dysbiosis of the microbiome has been associated with severe symptoms of COVID-19 through the gut lung axis by increasing systemic inflammation. Improper diet can also contribute to increased inflammatory signaling, which is the hallmark condition in COVID-19. There is a direct relationship between COVID-19 severity and inflammatory cytokines through the production of the cytokine storm. Diabetic, obese, and elderly patients have impaired gut microbiomes and nutritional deficiencies that may contribute to their vulnerability to COVID-19.

Conclusions Proper diet and nutritional supplementation have shown to both improve gut microbiota composition profile and reduce systemic inflammatory effects. This could have a beneficiary role in these immuno-compromised at risk populations during the COVID-19 pandemic.

184 SYSTEMATIC REVIEW OF RESIDENT DISCREPANCIES IN EMERGENCY ABDOMINAL RADIOLOGY

M Rupasinghe, T Bui, R Mehta, J Glavis-Bloom, K Tran-Harding, R Houshyar. University of California Irvine, Orange, CA

Purpose of Study Radiology call is a challenging endeavor for radiology residents. Although general diagnostic error rates are overall low,1 having a resident on call and an emergent setting like the emergency department can increase the frequency of mistakes. These diagnostic imaging errors are typically multifactorial and can be classified by body location and etiology of the mistake.2 3 Errors in interpretation of diagnostic imaging can lead to delays in patient care, patient morbidity or mortality, and increased cost of care. This study analyzed primary discrepant cases in abdominal imaging to elucidate patterns of error location and type in order to inform pre-call resident education.

Methods Used Resident discrepancies for abdominal imaging in the emergency setting at a level 1 trauma academic medical center between 2015–2020 were reviewed. Discrepancy cases were classified by error type, body part involved, and diagnosis. Descriptive analysis was performed.

Summary of Results A total of 197 studies had resident discrepancies, and several of these studies had more than one discrepant finding. When classified by error types, 61.4% stemmed from satisfaction of search, 34.0% from inadequate search pattern, and 8.6% from inadequate assessment of peripheral locations. When classified by body parts missed, 47.7% involved solid organs, 22.8% involved hollow visci, and 16.8% involved musculoskeletal structures.

Conclusions Most resident call interpretation errors in abdominal imaging were attributable to satisfaction of search or inadequate search patterns. Nearly half of all errors involved solid organ structures, and the most commonly misdiagnosed entities involved the lymph nodes, pancreas, appendix, and kidneys. By shedding light on error patterns, we hope to improve resident education prior to call to reduce diagnostic errors.
CONGENITAL NARROWING OF CBD AND PANCREATIC DUCT CAUSING PANCREATITIS IN OTHERWISE HEALTHY 18 Y/O FEMALE

U Brar. Adtalem Global Education Inc, Fresno, CA
10.1136/jim-2021-WRMC.186

Purpose of Study To share this interesting case with the medical community

Methods Used Retrospective study

Summary of Results An 18-year-old Hispanic female with no significant past medical history presented with sharp epigastric abdominal pain for four days with radiation to right upper quadrant. The pain was associated with nausea and five episodes of yellow bilious vomiting over the past 24 hours. The patient denied consuming alcohol or illegal drug abuse. She also denied using any new medication or herbal treatment and history of trauma. Patient had cholecystectomy at the age of 9. When asked about the detail of her patient she had to wait for few days for her pancreas level to come down before cholecystectomy. On physical examination, she was afebrile, had blood pressure of 124/77 mm Hg, and heart rate of 68 beats/min with respiratory rate of 18.

Her laboratory tests on admission revealed a WBC of 20.1 × 10^9/L with neutrophil of 87.7%. She had unremarkable basic metabolic panel. The urine HCG was negative, but urine toxicology was positive for cannabinoids. Her serum lipase was 13,121. The CT scan showed pancreas with peripancreatic fat stranding and trace amount of peripancreatic fluid consistent with pancreatitis. Patient was admitted to the floor and kept NPO. She was treated with intravenous fluids, analgesics and antibiotics. The following day patient had MRCP done showing narrowing of the pancreatic duct worse in common bile duct. Patients abdominal pain resolved, tolerated clear liquids and subsequently advanced to full liquids then GI soft diet. Patient was discharged with outpatient follow up with gastroenterology and IM clinic. The autoimmune labs were positive for ANA with titer of 1:40, CA 19–9 of 37 units/mL, smooth muscle antibody of titer 1:20 and negative for IgG4 of 37.9.

Conclusions Patient presented with the typical case of acute pancreatitis and was subsequently managed with conservative treatment. But due to the patient being 18 years of age an underlying etiology was suspected. The MRCP showing narrowing of the pancreatic duct. The patient got better over the course of two days so there was no indication for ERCP. Also, autoimmune etiology was suspected as narrowing of the pancreatic duct is associated with underlying autoimmune pancreatitis.

DIGITAL CLUBBING AND EOSINOPHILIC ESOPHAGITIS

J Liu, PC Do, M Haight. UCSF Fresno Center for Medical Education and Research Edward and Ann Hildebrand Medical Library, Fresno, CA
10.1136/jim-2021-WRMC.187

Background Digital clubbing is regarded as one of the most ancient clinical signs in medicine, characterized by an increase in nail plate convexity, resulting in excessive sponginess of the nail base. Digital clubbing is associated with a variety of diseases, including infections, inflammatory disease, cardiopulmonary and gastrointestinal disorders. Previously there have been no reported cases of digital clubbing in association with eosinophilic esophagitis (EoE).

Case A 17-year-old male initially presented with a 3-year history of joint pain, myalgia, digital clubbing, chronic chest tightness, difficulty sleeping, chronic vague abdominal pain, loose stools and difficulty swallowing medications. In addition he had stiffness of his hands, knees and shoulders and intermittent swelling of his knees. His initial evaluation showed normal vital signs. His physical exam was unremarkable except for moderate digital clubbing.

An evaluation for endocrine, rheumatologic, pulmonary and cardiac processes showed normal laboratory values. His chest computer tomography scan, sweat chloride test and echocardiogram were also normal. An esophagogastroduodenoscopy (EGD) showed increased intraepithelial eosinophils at 25 eosinophils per high-powered field (HPF) on midesophageal biopsy consistent with EoE. His bronchoscopy showed laryngeal and airway inflammation and tracheobronchomalacia. Evaluation for primary ciliary dyskinesia revealed normal ultrastructure and two variants of unknown significance on genetic testing. He was started on omeprazole and eventually oral budesonide with improved gastrointestinal, sleep, and respiratory symptoms and his digital clubbing reduced in severity.

Discussion This is a rare presentation of digital clubbing with EoE. Treatment of his EoE led to improved symptoms as well as digital clubbing on examination. The correlation between digital clubbing and EoE in this case remains unclear. Previous research shows some similarities between the two diseases in angiogenesis based on biomarkers. Given the lack of reports of patients with EoE and clubbing this raises the potential that his EoE may be causing respiratory disease such as aspiration or sleep apnea, though it also raises the question whether this relationship is being under-reported in general.

BLINDNESS IN A HEALTHY CHILD

R Gonzalez, J Snider, C Schmidt. Valley Children’s Healthcare, Madera, CA
10.1136/jim-2021-WRMC.188

Case Report Our patient is an 8 year-old previously healthy male with many months of red eyes, irritation, photophobia, and red bumps on eyelids with discharge who presented to the emergency department with acutely worsening symptoms. He was initially diagnosed with styes and discharged home with instructions for warm compresses. He followed up with primary pediatrician who recommended antibiotic ophthalmic drops. This was ineffective and he was eventually referred to two ophthalmologists who both prescribed steroid eye drops. He was not given a formal diagnosis, according to mother. He returned to our emergency department with worsening eye symptoms, new onset night blindness, and was found to have bilateral eye cloudiness and right corneal abrasion on exam. A comprehensive history revealed poor diet consisting primarily of fast food. He was admitted for evaluation of vitamin A deficiency versus infectious cause. Eye exam under anesthesia revealed bilateral conjunctival xerosis with right-sided Bitot’s spots, atrophic loss, and bilateral deep interstitial keratitis. Vitamin A level returned critically low at <2.5 μg/dL. Infectious workup was negative. 50K units of vitamin A supplementation daily was started. On subsequent follow up...
visits patient reported improved photophobia, eye edema, and pain, but visual acuity was slower to recover.

In the developing world vitamin A deficiency is usually caused by food deprivation and is a major cause of preventable blindness worldwide. In high-income countries, where vitamin enriched foods are more readily available, vitamin A deficiency is rare and primarily related to underlying medical conditions (i.e. malabsorption) or restrictive eating habits. However, it is also possible that this condition is underdiagnosed because of nonspecific early symptoms, which could have been the case for our patient. Furthermore, there was also question if our patient had an undiagnosed behavioral condition such as autism that would cause picky eating. It is well documented that children with autism and very rigid behaviors can suffer from significant malnutrition, which can result in severe vitamin deficiencies. This case further highlights the importance of thorough history taking, including diet, eating habits and behavioral habits, when patients present with nonspecific complaints.

Surgery III
Concurrent session
4:20 PM
Friday, January 29, 2021

189 AN EVALUATION OF THE IMPACT OF 0.05% CHLORHEXIDINE ON THE PREVALENCE OF SURGICAL SITE INFECTIONS IN AESTHETIC BREAST SURGERY

Y Han, V Lee, NK Srikureja, S Gupta. Loma Linda University School of Medicine, Loma Linda, CA; Loma Linda University, Loma Linda, CA

Purpose of Study Surgical site infections (SSI) burden U.S. hospitals with around $1.5 billion annually. To reduce SSI, irrigating the incision with an antimicrobial solution before closure is recommended. Hence, we evaluate the impact of Irrisept, a form of diluted chlorohexidine 0.05%, on reducing the prevalence of SSI in a high-risk breast cosmetic surgery population.

Methods Used We conducted a retrospective cohort study using data in the electronic medical record for breast implant exchange patients in one practice and analyzed infection rates between 42 patients from July 2018-June 2019 that did not receive Irrisept irrigation (control group) with 16 patients from July 2019-July 2020 that received Irrisept irrigation (experimental group; significantly less due to Covid-19). We executed descriptive analyses, independent T test, ANOVA (for 3 types of incision location), and Chi-squared to assess comorbidities and intraoperative factors.

Summary of Results Among the control group (n=42), 4 patients had a postoperative infection; in the experimental group (n=16), 0 had an infection (9.52% vs. 0%; p=0.04) suggesting the use of Irrisept significantly decreases SSI. The p values from the T test and ANOVA (p<0.05=significant) showed no significant differences in breast cancer (0.84), previous radiation (0.32), history of chemotherapy (0.57), obesity (0.40), renal failure (0.32), smoker/previous smoker (0.41), type of implant (0.32), incision location (0.68), acellular dermal matrix use (0.32), or drain use (0.58) between two groups. The only significant comorbidity was diabetes (p=0.04) with 9.52% (control) vs. 0% (experimental). However, greater percentage of experimental group were obese (25% vs. 14.29%) and had a history of smoking (25% vs. 9.52%).

Conclusions A concern regarding the implementation of Irrisept irrigation is associated costs. However, the results show the use of Irrisept decreases the infection rates, ultimately relieving the financial burden of postoperative infections. Therefore, we recommend irrigating the incisions of breast surgery patients with Irrisept as both a preventative and economic measure.

190 INTRAOPERATIVE MANEUVERS TO OPTIMIZE THE HEALING OF SURGICAL INCISIONS: AN EVIDENCE-BASED REVIEW

Y Han, V Lee, S Gupta, KM Math, KB Hanson, S Gupta. Loma Linda University School of Medicine, Loma Linda, CA; Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Incisions vary in intricacy as procedures advance to meet the increasingly complex physiology of the patient pathology. Optimizing the healing of incisions is paramount in the care of surgical patients. Many different interventions are used with the aim to reduce the risk of surgical site infections (SSI) and enhance wound care after surgery. This review presents a compilation of evidence-based, safe, and effective intraoperative interventions for most populations undergoing surgery.
Methods Used A broad literature review was performed to identify publications on optimizing the healing of surgical incisions with an emphasis on intraoperative maneuvers. Key words and phrases that were used to search the literature include: SSI control AND prevention, intraoperative maneuvers AND SSI, surgical incision healing, SSI bundles AND effective interventions, adoption of incision healing methods, epidemiology of SSI, and intraoperative measures. Out of all the searches, 34 articles were selected to develop an evidence-based compilation of the safest and most effective interventions.

Summary of Results A summary of the interventions is presented in table 1.

Conclusions Evidence suggests that the effective interventions presented optimize surgical incision healing; however, compliance and implementation of these maneuvers remain a challenge. Knowledge of the risks to incision healing and the benefit of various post-operative incisional dressings guide providers’ decision making.

Abstract 191 Table 1 Average Ureteral Temperatures for Dornier, Empower, and Thulium lasers

<table>
<thead>
<tr>
<th>Fiber Type</th>
<th>Settings</th>
<th>Average Ureteral Temperature (°C)</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>TFL</td>
<td>3.6W</td>
<td>24.57 ± 0.26 (Dornier)</td>
<td>0.000</td>
</tr>
<tr>
<td></td>
<td>6.4W</td>
<td>23.23 ± 0.26 (Empower)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10W</td>
<td>26.36 ± 1.08 (Thulium)</td>
<td>0.019</td>
</tr>
<tr>
<td></td>
<td>20W</td>
<td>27.73 ± 1.08 (Dornium)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>30W</td>
<td>26.09 ± 0.45 (Thulium)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>26.61 ± 0.39 (Thulium)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>28.28 ± 1.00 (Dornier)</td>
<td>0.114</td>
</tr>
<tr>
<td></td>
<td></td>
<td>27.20 ± 0.52 (Empower)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>27.87 ± 1.15 (Thulium)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>32.42 ± 1.96 (Dornier)</td>
<td>0.114</td>
</tr>
<tr>
<td></td>
<td></td>
<td>33.38 ± 4.29 (Emower)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>36.44 ± 2.76 (Thulium)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>NA (Dornier)</td>
<td>0.028</td>
</tr>
<tr>
<td></td>
<td></td>
<td>37.28 ± 4.84 (Emower)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>41.76 ± 1.38 (Thulium)</td>
<td></td>
</tr>
</tbody>
</table>

Abstract 192 Table 1 TFL vs. Ho:YAG Results

<table>
<thead>
<tr>
<th>Laser Fiber Type</th>
<th>Laser Settings</th>
<th>Procedure Time (s)</th>
<th>Sig.</th>
<th>Maximum Deflection (degree)</th>
<th>Ease of Deflection</th>
<th>Visibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>TFL</td>
<td>30W x 1J</td>
<td>1599.0</td>
<td>0.008†</td>
<td>254.6</td>
<td>5/5</td>
<td>5/5</td>
</tr>
<tr>
<td>150um</td>
<td>(20W)</td>
<td>(221.0)</td>
<td>0.008</td>
<td>± 2.7</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>50Hz x 0.4J</td>
<td>1491.0</td>
<td>0.008</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(20W)</td>
<td>(206.0)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>100Hz x 0.2J</td>
<td>1096.0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(20W)</td>
<td>(215.0)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TFL</td>
<td>20Hz x 1J</td>
<td>2099.0</td>
<td>0.009</td>
<td></td>
<td>240.9</td>
<td>5/5</td>
</tr>
<tr>
<td>200um</td>
<td>(20W)</td>
<td>(499.0)</td>
<td>0.009</td>
<td>± 3.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>50Hz x 0.4J</td>
<td>1939.0</td>
<td>0.009</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(20W)</td>
<td>(464.0)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>100Hz x 0.2J</td>
<td>1399.0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(20W)</td>
<td>(330.0)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ho:YAG</td>
<td>15Hz x 0.6J</td>
<td>2245.0</td>
<td>0.009</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(2W)</td>
<td>(1324.0)</td>
<td>±2.2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Median values are shown with the range in parenthesis † Comparison of TFL 150 um trails versus Ho:YAG trials ‡ Comparison between TFL 150 um versus TFL 200 um trials

Purpose of Study The novel thulium fiber laser (TFL) has been shown to break stones more rapidly than the traditional Ho: YAG laser. However, evidence suggests that the TFL may result in more thermal injury. The purpose of this study is to compare ureteral temperatures during flexible ureteroscopic laser lithotripsy.

Methods Used A 1-cm Bego Stone was manually impacted 3 cm from the ureteropelvic junction in a 3D printed Dragon Skin kidney-ureter stone-patient replica submerged in 35°C saline. Lithotripsy was performed using a 7.6 French flexible ureteroscope and a 200 m laser fiber without a ureteral access sheath, comparing 3 lasers (Dornier 30W, Olympus Empower 100W, and Olympus Thulium 60W). The laser tip was positioned on the stone, 2 mm from the needle thermocouple. Irrigation was maintained at 35cc/min and 23.8 ± 1.5°C. Ureteral temperature was continuously recorded for 60 seconds of laser activation. 5 trials were performed for each of 5 different power settings: 3.6, 6.4, 10, 20, and 30 Watts. ANOVA and Mann-Whitney U tests were performed, with p<0.05 considered significant.

Summary of Results Table 1 shows the average temperature for each laser at each setting. The TFL produced significantly higher temperatures at 3.6W and 30W settings.

Conclusions The TFL generates more heat at both 3.6W and 30W settings. Supraphysiologic ureteral temperature generated by this laser could cause ureteral injury with extended use at high energy settings and low irrigation rates. Understanding the heat generation properties of the TFL is important to maintain safety during ureteroscopic laser lithotripsy.
Methods Used A benchtop study was conducted using a 3D printed kidney model. 1.0 cm BegoStone phantom stones of calcium oxalate monohydrate consistency were placed in the lower pole calyx. A 60W Olympus Solfite TFL was trialed with both a 150 mm and 200 mm fiber at 1J x 20Hz (20W), 0.4J x 50Hz (20W) and 0.2J x 100Hz (20W). A 30W Dornier Medilas Ho:YAG was trialed using a 200 mm fiber at 0.6J x 15Hz (9W). Stones were treated by the same urologist using a flexible ureteroscope with the stone free endpoint of <2 mm and several parameters were recorded. Mann – Whitney U test was done for analysis with p<0.05 considered significant.

Summary of Results Procedure time was significantly lower in the TFL trials with a 150 mm fiber at all settings when compared to the TFL trials with a 200 mm fiber and the Ho: YAG trials (table 1).

Conclusions Stones treated by TFL with a small fiber diameter required less procedure time with better scope deflection and visibility. Additional in vitro trials are needed but these findings suggest that there are significant advantages in treating lower pole stones with TFL.

Abstract 193 Table 1 Cesarean patient selection characteristics

<table>
<thead>
<tr>
<th></th>
<th>Azithromycin (n=2632)</th>
<th>No Azithromycin (n=1361)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age: median (IQR)</td>
<td>31 (27–35)</td>
<td>30 (26–34)</td>
<td>0.002222 (t-test)</td>
</tr>
<tr>
<td>Race: n (percent)</td>
<td>-</td>
<td>-</td>
<td>0.0029448 (Chi-sq)</td>
</tr>
<tr>
<td>American Indian</td>
<td>37 (1.41%)</td>
<td>22 (1.62%)</td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>153 (5.81%)</td>
<td>80 (5.88%)</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>337 (12.80%)</td>
<td>150 (11.02%)</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>43 (1.63%)</td>
<td>21 (1.54%)</td>
<td></td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>3 (0.11%)</td>
<td>10 (0.73%)</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>1975</td>
<td>1011 (74.28%)</td>
<td></td>
</tr>
<tr>
<td>Other/Unknown/Refused</td>
<td>62 (50.40%)</td>
<td>67 (4.92%)</td>
<td></td>
</tr>
<tr>
<td>Duration of Surgery</td>
<td>-</td>
<td>-</td>
<td>0.422834 (Mann-Whitney)</td>
</tr>
<tr>
<td>(mins)</td>
<td>62 (50–76)</td>
<td>62 (51–76)</td>
<td></td>
</tr>
<tr>
<td>Median (IQR)</td>
<td>84 (3.20%)</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Anesthetic: n (percent)</td>
<td>-</td>
<td>-</td>
<td>0.09273586 (Chi-sq)</td>
</tr>
<tr>
<td>Spinal</td>
<td>1816</td>
<td>918 (67.45)</td>
<td></td>
</tr>
<tr>
<td>Epidural</td>
<td>(69.00%)</td>
<td>30(22.34%)</td>
<td></td>
</tr>
<tr>
<td>General</td>
<td>521 (19.79%)</td>
<td>139 (10.21%)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>295 (11.21%)</td>
<td>-</td>
<td></td>
</tr>
</tbody>
</table>

Abstract 193 Table 2 Cesarean patient significant outcomes

<table>
<thead>
<tr>
<th></th>
<th>Azithromycin (n=2632)</th>
<th>No Azithromycin (n=1361)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>BM within 24 hrs</td>
<td>963 (36.59%)</td>
<td>187 (13.73%)</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>102 (3.88%)</td>
<td>27 (1.98%)</td>
<td>0.001354 (Chi-sq)</td>
</tr>
<tr>
<td>Flatus in 24 hrs</td>
<td>-</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Post-op LOS (hrs):</td>
<td>76 (59–96)</td>
<td>79 (66–96)</td>
<td>0.0000485673 (Mann-Whitney)</td>
</tr>
<tr>
<td>Median (IQR)</td>
<td>-</td>
<td>-</td>
<td></td>
</tr>
</tbody>
</table>

Purpose of Study Postoperative ileus has been reported in 10 to 20% of cesarean patients. Macrolides are traditionally used as antibiotics, but they also have promotility properties. Previous studies failed to show beneficial effect of erythromycin on ileus but azithromycin has not been thoroughly investigated. This study evaluates the utility of azithromycin to reduce postoperative ileus.

Methods Used A retrospective cohort analysis of 3993 patients undergoing cesarean section were divided into two groups based on pre-operative azithromycin (n=2632) or no azithromycin administration (n=1361). Patients were selected from medical record database search who were cesarean patients from June 2015 to September 2019. Primary outcome was patients with post-operative bowel movement (BM) within 24 hrs of azithromycin administration. We also analyzed flatus, and postoperative nausea and vomiting (PONV) within 24 hours of azithromycin, post-operative length of stay (LOS), time to diet, and discharge disposition.

Summary of Results Age, race, gravidity, parity, and ASA classification were all clinically comparable between both groups. (Table 1) BM within 24 hours was seen in 37% of the patients with azithromycin compared to 14% of patients without azithromycin (P<0.00001). Flatus within 24 hours was seen in 3.9% of patients with azithromycin compared to 2.0% with no azithromycin (P=0.00135). Post-operative LOS was shorter with the patients with azithromycin at 76±18 h compared to no azithromycin group at 79±14 h (P=0.00005). (Table 2).

Conclusions The shorter time to BM, flatus and post-operative LOS is likely attributed to decreased ileus in patients administered azithromycin. This study shows that azithromycin deserves future prospective investigation as an agent to reduce post-operative ileus.

Abstracts

RETROSPECTIVE COHORT ASSESSMENT OF PROKINETIC PROPERTIES OF AZITHROMYCIN ON POSTOPERATIVE ILEUS

R Ong, I Dorotta, M Eby, R Raval. Loma Linda University School of Medicine, Loma Linda, CA

10.1136/jim-2021-WRMC.193

Purpose of Study Postoperative ileus has been reported in 10 to 20% of cesarean patients. Macrolides are traditionally used as antibiotics, but they also have promotility properties. Previous studies failed to show beneficial effect of erythromycin on ileus but azithromycin has not been thoroughly investigated. This study evaluates the utility of azithromycin to reduce postoperative ileus.

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Conclusions The shorter time to BM, flatus and post-operative LOS is likely attributed to decreased ileus in patients administered azithromycin. This study shows that azithromycin deserves future prospective investigation as an agent to reduce post-operative ileus.

IMPACT OF MONTGOMERY T-TUBES ON TREATMENT OF LARYNGOTRACHEAL STENOSIS AND VOICE OUTCOMES

R Hahn, D LaTour, P Krishna, B Crawley. Loma Linda University School of Medicine, Studio City, CA

10.1136/jim-2021-WRMC.194

Purpose of Study Placement of a Montgomery T-tube is indicated for patients as a stent to maintain airway patency in those presenting with laryngotracheal stenosis with intention to also treat secondary aphonic or dysphonic symptoms. The objective of this paper is to identify the indications, complications, and airway and voice outcomes of patients that were managed with Montgomery T-tube stenting.

Methods Used A retrospective chart review was done on patients treated with Montgomery T-tubes for laryngotracheal stenosis due to either iatrogenic causes or other etiologies. Patient demographics including age, gender, and BMI were analyzed along with their indication for t-tube placement, application, duration, and complications.

Summary of Results (Table 1) 152 patients treated with Montgomery T-tubes for laryngotracheal stenosis with indication for Montgomery T-tubes due to iatrogenic causes or other etiologies.

Conclusions Montgomery T-tubes are an effective option for the management of laryngotracheal stenosis and can be considered in cases of secondary aphonic or dysphonic symptoms.
duration of t-tube placement, and numbers of surgeries related to their t-tube placement. Treatment outcomes were also recorded, including Voice Handicap Index, VHI-10 scores before and after t-tube placement, complications, and time since the definitive procedure.

Summary of Results 13 patients were included (4M9F), of which nearly half were of aphonic prior to tube placement. The most common indication for t-tube placement was management of secondary subglottic and tracheal stenosis. Other indications included treatment of fractured cricoid ring, post arytenoidectomy defects, preferential of t-tube over trach tube, and post-laryngotracheal resection with reanastomosis. The data presented statistically significant improvements in VHI-10 scores after t-tube placement (p<0.05). Eight patients were successfully decannulated, four patients are still being treated, and one was lost to follow-up. The most common complication related to t-tube placement was the accumulation of granulation tissue, with all patients having to undergo granulation excisions. There were no deaths related to t-tube placement.

Conclusions Treatment with Montgomery T-tubes can show improvement in voice quality in patients with severe dysphonia secondary to laryngotracheal stenosis and traditional tracheostomies. However, the complication rate and contraindications should be taken into consideration. More research regarding the methods of placement, treatment course and care are necessary to understand the role of t-tubes in treating laryngotracheal stenosis.

195 SURGICAL DEBRIDEMENT FREQUENCY DURING USE OF NEGATIVE PRESSURE WOUND THERAPY WITH INSTILLATION VERSUS CONTROL: A SYSTEMATIC REVIEW AND META-ANALYSIS

E O’Rorke, 1RM Gold, 1A Gabriel. 1Elson S Floyd College of Medicine, Vancouver, WA; 2Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Meta-analyses have become increasingly important in health care decision making. Currently, there are no published meta-analyses comparing outcomes with the use of negative pressure wound therapy (NPWT) with instillation of a topical solution (NPWTi-d) versus alternative wound care strategies. To address this gap, a systematic review and meta-analysis were performed to report the integrated results of studies describing use of NPWTi-d versus any other wound care strategy (ie, control) in any wound type.

Methods Used 720 patients across thirteen studies were included in the analysis. Weighted standardized mean difference or odds ratios as well as 95% confidence intervals were calculated in order to pool study and control group results in each publication for analysis.

Summary of Results Results showed wounds in the NPWTi-d group received significantly fewer surgical debridements and were prepared faster for surgical closure versus the control group (2.23 v. 3.07, p=0.01 and 3.02 days v. 4.16 days, p = 0.03, respectively). The odds of reducing bacterial count from baseline in the NPWTi-d group was 4.4 times greater than control group wounds (p=0.003), and percent reduction of bacterial count in NPWTi-d wounds was evident in all studies that included that endpoint. Wounds in NPWTi-d group had successful closure 2.39 times more than control group wounds (p=0.01). There was a significantly shorter length of therapy with NPWTi-d versus control wound care strategies (p=0.03). Length of hospital stay was not significantly reduced for NPWTi-d patients compared to control patients (p=0.06).

Conclusions These meta-analysis results show a positive overall effect of NPWTi-d on various wound types in comparison with other wound care strategies.

196 INITIAL EXPERIENCE WITH CLOSED INCISION NEGATIVE PRESSURE THERAPY SPECIALTY DRESSING OVER STERNAL RECONSTRUCTION INCISIONS

C Lee, 1E O’Rorke, 2A Gabriel. 1Elson S Floyd College of Medicine, Vancouver, WA; 2Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Following median sternotomy, surgical site complications (SSCs) such as sternal dehiscence have an incidence of 0.06% to 12.50%, with associated perioperative mortality as high as 47%. Closed incision negative pressure therapy (ciNPT) administers continuous subatmospheric pressure, removes fluid and infectious materials, holds incision edges together, provides a barrier to contaminants and reduces the incidence of edema. Recently, a ciNPT specialty dressing with an expanded coverage area was developed to protect incisions. We describe our experience using this ciNPT specialty dressing to help manage sternal reconstruction incisions in 4 patients.

Methods Used The ciNPT specialty dressing was applied to incisions stemming from revised sternal dehiscences of patients (n = 4) who had developed SSCs following index cardiothoracic procedures. Perioperative antibiotics were administered. A single surgeon performed debridement and chest wall reconstruction with bilateral pectoral flaps to revise the dehiscence. Incisions were stapled or sutured. Surgical drains were placed as necessary. Immediately postoperatively, the ciNPT specialty dressing was placed over the closed incision and ciNPT (-125 mmHg) was initiated. Dressing changes occurred every 7 days.

Summary of Results 2 female and 2 male patients had a mean age of 52.8 ± 13.1 years. Comorbidities among the patients included: hypertension, coronary artery disease, hyperlipidemia, ischemic cardiomyopathy, myocardial infarction, and sternal osteomyelitis/surgical site infections. Incisions measured 20 cm on average. Incisions remained closed at dressing change/removal in all 4 patients. Drains were removed between POD 7 and POD 34. Hospital length of stay ranged from 2–13 days. One patient developed a hematoma. Patients reported reduced pain and swelling postoperatively. In all patients, incisions remained closed at 30-day follow-up appointments. There were no reports of flap failure post defect reconstruction.

Conclusions In these patients, the ciNPT specialty dressing facilitated positive healing outcomes following the revision of a sternal dehiscence. These outcomes support the use of ciNPT specialty dressings in the management of sternal dehiscence incisions.
Purpose of Study
The sodium-calcium exchanger 1 (NCX1) is an essential component of the ‘calcium clock,’ one of two coupled oscillators that generates pacemaker activity in the sino-atrial node (SAN). However, it is uncertain to what degree NCX and the ‘calcium clock’ are responsible for pacemaker activity (i.e. escape rhythm) or conduction in the atrioventricular node (AVN). The purpose of this study was to determine whether NCX1 is required for normal automaticity and conduction through the AVN.

Methods Used
We used our previously described atrial-specific NCX1 knock-out (KO) mice, which live to adulthood. We used surface electrocardiograms (ECG) in anesthetized mice during right atrial overdrive pacing to assess AV conduction. The generation of spontaneous calcium (Ca) transients in resected AVN tissue was recorded using 2D confocal microscopy. Membrane currents and voltage of isolated AVN cells were determined using single cell patch clamp.

Summary of Results
In patch clamped enzymatically isolated AVN cells from NCX1 KO mice, NCX1 current was eliminated completely in about half of cells tested, while the remainder retained about 20% of WT activity (average 2.29 ± 0.23 pA/pF in WT vs 0.29 ± 0.08 pA/pF in KO). Using overdrive pacing, we observed that NCX1 KO mice developed Mobitz I second degree AV block at slower pacing rates than WT mice. AV block developed in KO mice when the pacing rate was increased by 19% whereas WT mice did not develop AV block until the rate was increased by 43% (p < 0.0001). In NCX1 KO mice, resected AVN tissue loaded with the Ca indicator CalBryte520 exhibited spontaneous Ca waves but little to no coordinated Ca transients. In isolated AVN cells, I_{Ca} was reduced from 3.73 ± 0.39 pA/pF in WT to 1.59 ± 0.18 pA/pF in KO. I_{f} was also reduced in NCX1 KO mice (-39.07 ± 10.52 in WT vs -14.71 ± 3.80 in KO). Finally, spontaneous action potentials were eliminated in almost all NCX1 KO AVN cells (10 out of 13).

Conclusions
NCX1 and the ‘calcium clock’ are essential for normal AVN automaticity and conduction on the single cell, tissue, and intact mouse levels, though adaptations in other membrane currents (I_{Ca}, I_{f}) may also alter function.
Conclusions Other RV or LV volume and functional indices.

sufficient to assess the sensitivity of 4D-Flow MRI to detect subtypes using intracardiac diastolic vorticity. Comparative studies with standard echocardiography and catheterization are necessary to assess the sensitivity of 4D-Flow MRI to detect diastolic dysfunction.

Abstract 199 Figure 1

Purpose of Study Idiopathic Pulmonary Arterial Hypertension (PH-Type I) and PH due to pulmonary disease (PH-Type III) arise from different pathophysiologic processes, yet both culminate in increased right ventricular (RV) afterload and eventual failure. Previous investigations have demonstrated that 4D-Flow MRI-derived intracardiac vorticity (ω) correlates with markers of ventricular interdependency and diastolic dysfunction in PH, however none have attempted to use these metrics to phenotype PH subgroups. This investigation explores whether 4D-Flow MRI can detect diastolic dysfunction differences that make it possible to phenotype Type I and Type III PH.

Methods Used Type I PH patients (n=12, mean age 61 yrs), Type III PH patients (n=15, mean age 63 yrs), and healthy controls (n=10, mean age 58 yrs) underwent standard cardiac MRI and 4D-Flow MRI to determine RV intracardiac flow markers including early (ω-E) and late (ω-A) diastolic vorticity. Standard MRI-based RV and LV size and function markers were also collected.

Summary of Results ω-E was decreased in the Type I PH group compared to the Type III PH group (P=0.035) and to controls (P<0.001). There was no difference in ω-E between the Type III group and controls (P=0.216). RVEF was decreased in both the Type I (P<0.001) and Type III (P=0.012) group compared to controls. There was no difference in RVEDV between the Type I and Type III groups (P=0.917). RVEF was increased in both the Type I (P=0.008) and Type III (P=0.006) groups compared to controls. No significant differences were detected in ω-A and other RV or LV volume and functional indices.

Conclusions 4D-Flow MRI can distinguish among different PH subtypes using intracardiac diastolic vorticity. Comparative studies with standard echocardiography and catheterization are necessary to assess the sensitivity of 4D-Flow MRI to detect diastolic dysfunction.

Purpose of Study Phospholamban (PLN) is an important modulator of Ca2+ cyclin at the sarcoplasmic reticulum (SR) of striated muscles. It inhibits sarcoplasmic reticulum Ca2+ ATPase (SERCA) function. Upon phosphorylation of PLN at serine 16 by protein kinase A (PKA)-dependent mechanism this inhibition is reversed. The underlying mechanism of this inhibition is not fully understood. In this study, using informatics approach, we identified A-Kinase Anchoring Protein 6 (AKAP6) as a candidate that play some roles in PLN phosphorylation.

Methods Used To demonstrate colocalizations, we performed immunofluorescence and 3D reconstruction on AKAP6 and PLN in cotransfected HEK293T cells, cultured mouse neonatal cardiomyocytes (CMNCs) and adult rat cardiomyocytes. To confirm biochemical interactions we conducted coimmunoprecipitation between wild type PLN, as well as PLN mutants (PLN-R9C, PLN-R14Stop) in HEK293T cells, cultured mouse neonatal cardiomyocytes (CMNCs) and healthy controls. Coimmunoprecipitation assays further confirmed the interactions in HEK293T and isolated adult rat cardiomyocytes in response to isoproterenol stimulation. PLN mutations exhibited altered interaction with cotransfected AKAP6, compared to wild type PLN. Functionally, Ca2+ uptake activity of AKAP6, PLN and SERCA proteins was investigated using Ca2+ ATPase assays.

Summary of Results Our immunofluorescence studies demonstrated colocalization between AKAP6 and PLN in cotransfected HEK293T cells, cultured mouse neonatal cardiomyocytes (CMNCs) and adult rat cardiomyocytes. Immunofluorescence showed colocalization of both proteins around the perinuclear region. Protein–protein interaction was identified by coimmunoprecipitation specifically in the nucleus enriched fraction of rat hearts.

Abstract 199 Figure 1

Conclusions Our results are suggestive of regional regulation of PLN by AKAP6 at perinuclear region. Our findings suggest AKAP6 as a novel interacting partner to PLN in HEK293T and murine cardiomyocytes.

Purpose of Study Myocardial injury is clinically defined by an elevated cardiac troponin (cTn) value above the 99th percentile upper reference limit and is frequently reported in hospitalized adults dying from Coronavirus disease 2019 (COVID-19). However, the relationship between myocardial injury and dysfunction i.e. left ventricular ejection fraction (LVEF) < 50% by echocardiogram is not yet reported. Our objective was to evaluate this relationship in a single center using a pragmatic approach.

Methods Used The electronic medical records (EMR) of hospitalized patients with COVID-19 from 3/1 to 9/19/2020 were reviewed using SlicerDicer, an EMR self-service search tool. Survival, demographics, clinical, laboratory and echocardiographic data were analyzed as a function of myocardial injury.

Summary of Results Of the 328 patients evaluated, 240 (73%) had a high-sensitivity cTn T (hs-cTnT) test, as a serum biomarker for myocardial injury. Among those tested, 102 (42.5%) had at evidence of myocardial injury. Patients with injury had a significantly higher rate of in-hospital mortality compared to those with a negative test or no test (29.4% vs. 3.5%, p < 0.001, unadjusted OR 11.4, 95% CI 5.0 - 25.9). Among patients with myocardial injury with echocardiograms, there was no significant difference in LVEF between the patients who died (n=14) and those who survived (n=27), (52.4% vs 60.8%, p = 0.072). Age over 50 years (OR 6.1, 95% CI 3.1 - 11.7, p < 0.001), hypertension (OR 4.6, 95% CI 2.8 - 7.5, p < 0.001), coronary artery disease (CAD) (OR 4.3, 95% CI 1.9 - 9.8, p < 0.001) and male sex (OR 1.8, 95% CI 1.1 - 2.9, p = 0.019) were associated with injury. BMI > 30 kg/m2 was associated with a negative hs-cTnT test or no test (OR 0.6, 95% CI 0.4 - 1.0, p = 0.031). Diabetes and chronic obstructive pulmonary disease had no association with myocardial injury.

Conclusions Among adult hospitalized COVID-19 patients, myocardial injury, but not LV dysfunction, was associated with a higher rate of in-hospital death. Further prospective studies are needed to understand how COVID-19 contributes to myocardial injury and death, without inducing dysfunction in older hypertensive patients with CAD if death is to be prevented.

Purpose of Study The donor shortage in heart transplantation (HTx) has led to programs accepting older donors. Coronary calcification is common in older people and is known to correlate with underlying coronary artery disease. It is not known whether these donors with coronary calcification impart an increased risk for the recipient to develop cardiac allograft vasculopathy.

Methods Used Between 2010 and 2017, we assessed 31 heart transplant patients who were found to have coronary calcification within the first 3 months after heart transplantation, either by coronary angiography or chest CT scans. These patients were compared to a contemporary cohort of 192 patients (transplanted with donors >30 years old) without coronary calcification for the following outcomes: 3-year survival, 3-year freedom from cardiac allograft vasculopathy (CAV, as defined by stenosis ≥30% by angiography), 3-year non-fatal major adverse cardiac events (NF-MACE: myocardial infarction, new congestive heart failure, percutaneous coronary intervention, implantable cardioverter defibrillator/pacemaker implant, stroke), and 1-year freedom from any treated rejection (ATR), acute cellular rejection (ACR), and antibody-mediated rejection (AMR).

Summary of Results Those patients with donor coronary calcification compared to those without had a significantly lower 3-year freedom from CAV (64.5% vs 85.9%, P=0.001). There was no significant difference in 3-year survival, freedom from NF-MACE, and 1-year rejection episodes. The severity of CAV observed in the donor coronary calcification group included: CAV1 = 13, CAV2 = 1, CAV3 = 0.

Conclusions Donor coronary artery calcification appears to be a marker for greater risk for developing CAV after heart transplantation. Caution must be taken to accept these organs and if accepted, early modification of immunosuppression with a proliferation signal inhibitor may be indicated.

Purpose of Study Chagas disease (CD) is a well-known parasite known to be reactivated in organ transplant patients who are on immunosuppression. The incidence of CD has been increasing in southern California mainly due to the parasite.
increasing its endemic area from South America to Central America to the southwest United States. Several patients have contracted this disease which has led to the development of Chagas cardiomyopathy to the point that they required heart transplantation. These patients are at risk for reactivation of CD after heart transplant due to immunosuppression. Therefore, we hypothesized that IGF-1 LR3 would attenuate acceleration of aortic stiffness in youth with T1D.

Methods Used Between 1999 and 2019, we assessed 13 heart transplant patients who had a history of CD prior to transplant. These patients were monitored closely post-transplant with CD serologies at 1-, 3-, 6-, 12-months post-transplant. 7 of these patients were given prophylaxis with nifurtimox (n=2) or benznidazole (n=5) as they were found to have IgG antibodies to CD. The other 6 patients did not develop antibodies and were not given prophylaxis. Outcome of these 2 groups of patients were compared for symptomatic disease and 1- and 5-year survival.

Summary of Results Of the 13 patients with history of CD, 1 patient (prophylaxis group) developed symptomatic disease and recovered. Following prophylaxis therapy, none of the 7 patients had reactivation of CD. Reactivation occurred in 3 of the 6 no treatment patients. The prophylaxis patients compared to the no treatment group had better 1- and 5-year survival (see table 1). However, the causes of death for the no treatment group was non-liver related except for 1 patient who may have died from CD-related disease.

Abstract 203 Table 1

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Treated with Benznidazole or Nifurtimox (n=7)</th>
<th>No Treatment (n=6)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reactivation</td>
<td>100.0%</td>
<td>50.0%</td>
<td>0.070</td>
</tr>
<tr>
<td>Symptomatic Disease</td>
<td>14.3%</td>
<td>0.0%</td>
<td>1.000</td>
</tr>
<tr>
<td>1-Year Survival</td>
<td>100.0%</td>
<td>66.7%</td>
<td>0.110</td>
</tr>
<tr>
<td>5-Year Survival</td>
<td>100.0%</td>
<td>50.0%</td>
<td>0.040</td>
</tr>
</tbody>
</table>

Conclusions Heart transplant patients with a history of CD appear to have acceptable outcome when closely monitored and administered prophylaxis when indicated. Administration of prophylaxis to all CD, even without IgG antibodies, should be considered.

204 BROMOCRIPTINE IMPROVES CENTRAL AORTIC HEALTH IN ADOLESCENTS WITH TYPE 1 DIABETES

M Schäfer*, K Hunter, JE Reusch, AJ Barker, KJ Nadeau. University of Colorado Denver School of Medicine, Aurora, CO

Purpose of Study The presence of global vascular dysfunction and central aortic stiffness is a well-recognized feature in youth with type 1 diabetes (T1D). This predisposes young patients to the life-long exposure to elevated ventricular afterload and increased incidence of cardiovascular events. Therapeutic strategies to mitigate vascular dysfunction are urgently needed. We hypothesized that bromocriptine quick release (BCQR) therapy would improve vascular health in youth with T1D.

Methods Used This was a placebo-controlled, random-order, double-blinded, cross-over study investigating BCQR as adjunct therapy on central aortic stiffness as measured by phase-contrast MRI. Participants also underwent flow mediated dilation test and brachial distensibility evaluation using tonometry. Adolescents with T1D were randomized 1:1 to phase-1 of 4-week BCQR (minimum dose 1.6 mg daily) or placebo therapy after which all vascular measurements were performed. Following a 4-week washout period, phase 2 was performed in identical fashion with the alternate treatment.

Summary of Results Forty-two adolescents (mean age 15.9 yrs, HbA1c 8.6%, BMI%ile 71.4, TD duration 5.8 yrs) with T1D were enrolled. BCQR therapy decreased systolic (Δ = -5 mmHg, p < 0.001) and diastolic blood pressure (Δ = -2 mmHg, p = 0.039). BCQR therapy reduced ascending aortic pulse wave velocity (PWV) (Δ = -0.4 m/s, p = 0.005), and increased relative area change (RAC) (Δ = -2.6%, p = 0.022), and distensibility (Δ = 0.08%/mmHg, p = 0.010). In the thoraco-abdominal aorta, BCQR decreased PWV (Δ = -0.2 m/s, p = 0.013) and increased distensibility (Δ = 0.05%/mmHg, p = 0.032). In contrast, BCQR decreased reactive hyperemia index (RHI) (Δ = -0.34, p = 0.006).

Conclusions BCQR therapy improved central aortic stiffness and pressure hemodynamics in adolescents with T1D over 4 weeks. However, BCQR decreased peripheral RHI. BCQR therapy might serve as a potential clinical intervention to attenuate accelerated aortic stiffness in youth with T1D supporting future long-term studies.

Neonatology – perinatal biology II
Concurrent session
9:00 AM
Saturday, January 30, 2021

205 IGF-1 INFUSION IN LATE GестATION FETAL SHEEP DOES NOT INCREASE β-CELL REPLICATION AND INHIBITS INSULIN SECRETION

1A White*, 1J Streming, 2B Boehmer, 2S Louey, 1E Chang, 2S Jonker, 1S Wesołowski, 1LD Brown, 2P Rozance. 1University of Colorado, Aurora, CO; 2Oregon Health and Science University, Portland, OR

Purpose of Study Insulin and insulin-like growth factor-1 (IGF-1) are fetal growth hormones with overlapping mechanisms of action. Complications of pregnancy such as gestational diabetes can lead to higher fetal insulin and IGF-1 concentrations and fetal overgrowth. Insulin secretion is determined by β-cell function and number, and IGF-1 increases β-cell replication in vitro. We previously demonstrated that a 7 d infusion of IGF-1 LR3 into late gestation fetal sheep increased fetal weight but lowered plasma insulin concentrations despite higher pancreatic insulin content. Therefore, we hypothesized that IGF-1 LR3 would attenuate fetal glucose-stimulated insulin secretion (GSIS) and increase β-cell replication.
Methods Used Late gestation fetal sheep were infused with IGF-1 LR3 (IGF-1, n=8) or saline (CON, n=9) for 7 d. Fetal arterial plasma insulin and glucose were measured. On the final day of infusion (133±2 days gestation; term 147 d), GSIS was measured with a hyperglycemic clamp. β-cell replication was measured in pancreases from a second cohort of fetuses (IGF-1, n=8; CON, n=7) with triple immunofluorescence for insulin, DAPI, and Ki-67. Data were analyzed by Student’s T-test or ANOVA.

Summary of Results Plasma insulin and glucose concentrations in IGF-1 fetuses were 57% and 15% lower, respectively, at the end of infusion compared to CON (P<0.05). During the GSIS study, hyperglycemic clamp glucose concentrations were similar, but insulin concentrations were lower in IGF-1 fetuses versus CON (P<0.05). The percentage of Ki-67+ β-cells was not different between groups.

Conclusions IGF-1 LR3 lowers plasma insulin and attenuates GSIS in late gestation fetal sheep but does not induce β-cell replication. Higher pancreatic insulin content with lower insulin secretion indicates the defect in GSIS is not due to an inability to synthesize insulin. Fetal hypoinsulinemia and hypoglycemia may have prevented the expected increase in β-cell replication. We speculate that alterations in the insulin/IGF-1 axis inhibit β-cell development and contribute to the long-term reduction in β-cell function following pregnancies complicated by diabetes or fetal overgrowth.

206 ABSTRACT WITHDRAWN

207 METABOLIC PATTERNS OF INFANTS BORN TO MOTHERS WITH PREECLAMPSIA AND DIABETES SHOW UNDERLYING METABOLIC VULNERABILITY

Purpose of Study Pregnancy conditions such as preeclampsia and diabetes can profoundly affect fetal and newborn growth and consequent newborn health. Disturbances in intrauterine metabolism and associated molecular mediators of fetal growth alterations remains poorly defined. The objective of this study is to determine whether there is a metabolic pattern at birth associated with infants born to mothers with preeclampsia or diabetes.

Methods Used Case-control study of 41,412 infants born in California between 2005 - 2010 with newborn screen results matched with California Perinatal Quality Care Collaborative and California Office of Statewide Health Planning and Development birth and hospitalization records. Elastic net logistic regression modeling with repeated 10-fold cross validation, where controls were defined as samples where the clinical record did not indicate the presence of any of the maternal outcomes of interest.

Summary of Results A select grouping of analytes consistently demonstrated area under the receiver operating characteristics > 0.80 for maternal conditions including type 1 diabetes, severe preeclampsia and severe preeclampsia with preexisting hypertension. Short chain acylcarnitines and free carnitine were significantly associated with maternal diabetes. Acetyl carnitine, free carnitine and ornithine were significantly associated with severe preeclampsia and preeclampsia with preexisting hypertension.

Conclusions This population study observed unique newborn metabolite patterns associated with the common maternal conditions of preeclampsia and diabetes. Several metabolites were common to the maternal morbidity, either hypertensive disorder or diabetes. The unique metabolic patterns associated with the maternal conditions suggest that new metabolic markers may be used to determine degree of neonatal morbidity secondary to intrauterine conditions.

208 A PROSPECTIVE STUDY OF PLACENTAL IMAGING AND PREGNANCY OUTCOMES IN THE SETTING OF ISCHEMIC PLACENTAL DISEASE AND GESTATIONAL DIABETES

Purpose of Study Ischemic placental disease (IPD) and gestational diabetes (GDM) are conditions that adversely affect placental growth, perfusion, and maternal and fetal outcomes. Ultrasound doppler studies can indirectly measure placental function, but the positive predictive value and sensitivity are poor in the prediction of pregnancy outcomes. More recently, MRI studies of placental blood flow have shown potential in the prediction of adverse pregnancy outcomes.

The purpose of this study is to record maternal development of IPD and GDM, and assess their correlation to pregnancy and neonatal outcomes. We will determine any associations between placental MRI findings, and pregnancy outcomes and placental pathology.

Methods Used We recorded the maternal medical history and pregnancy course through the 4 study visits (11–14 weeks, 19–22 weeks, 36 weeks, and at delivery). Postnatal outcomes up to 4 months were documented. Placental pathology was performed through our pathology department. Placental MRIs were performed using volumetric free-breathing technique for placental imaging and measurement of regional placental perfusion. Chart reviews were conducted on the subjects and their newborns to gather maternal and infant clinical data. Data was analyzed using REDCap.

Summary of Results IPD: A total of 199 subjects were included for the analysis. 43 (23.9%) of women developed IPD; 46 (25.6%) developed inflammatory disease, and 91 (50.6%) did not develop either. Of the women with IPD, 20 (41.7%) had gestational hypertension, 18 (37.5%) had preeclampsia, and 9 (18.8%) had FGR. No women had placental abruption.

GDM: 22 women developed GDM; 14 by the second study visit, and 8 by the third study visit. 3 women had diabetes prior to pregnancy. Of these women, 39% were insulin-controlled; 3% were controlled by an oral hypoglycemic agent, and 50% were diet-controlled.

MRI: 199 women completed two pCASL MRI scans, at 14–18 weeks and at 19–24 weeks.
**EFFECTS OF AN ORAL PROBIOTIC PREPARATION ON THE VAGINAL MICROBIOME DURING EARLY PREGNANCY**

C. Wang*, P. DeHoff, L. Laurent. University of California, San Diego, Irvine, CA

Purpose of Study: The vaginal microbiome can influence pregnancy outcomes, with a decrease in Lactobacillus species being associated with adverse outcomes such as preterm birth. There may be certain protective bacteria, such as Lactobacillus, that can be used to prevent these adverse pregnancy outcomes. Previous studies have had conflicting findings regarding the effectiveness of using oral probiotics to increase levels of protective bacteria within the vaginal microbiome. This study investigated whether the administration of an oral probiotic preparation containing Lactobacillus species during early pregnancy could increase the levels of protective bacteria present in the vaginal flora.

Methods: Used DNA was extracted from patient samples taken from the vagina, anus, and urine prior to and after intervention. qPCR was performed on the extracted vaginal DNA to analyze the relative abundance of different bacterial strains between the experimental and control groups.

Summary of Results: The qPCR results indicated no significant difference between the relative enrichment and expression of Lactobacillus species both pre- and post-treatment between the experimental and control groups. The pre- and post-enrichment data also revealed that there was no uniform trend for any change in enrichment for either the experimental or control groups.

Conclusions: The vaginal microbiome did not significantly change after administration of the oral probiotic preparation used in this study, with the overall vaginal microbiome remaining relatively stable across the first half of pregnancy.

**MATERNAL ANTENATAL MARIJUANA USE LOWERS THE BIOLOGIC POTENTIAL OF UMBILICAL CORD MESENCHYMAL STEM CELLS**

A. Ismail*, Y. Nicolau, C. Uy, F. Bany-Mohammed, M. Aslam. UC Irvine Medical Center, Irvine, CA

Purpose of Study: Human umbilical cord derived mesenchymal stem cells (MSCs) have been extensively studied with therapeutic efficacy in several injury models. Our work has shown therapeutic efficacy of MSCs and their secreted factors in experimental neonatal chronic lung disease and pulmonary hypertension models. Maternal antenatal drugs and disease states can affect the efficacy of MSCs. At present, very limited data are available on maternal marijuana use during pregnancy affecting the MSC biologic potential.

Conclusions: Our data analysis is currently ongoing. We will evaluate pregnancy outcomes, such as any placental pathology and neonatal morbidities and mortalities, and correlate them with the development of IPD and GDM. We will also correlate our MRI findings with pregnancy outcomes, neonatal outcomes, and placental pathology.

We hypothesized that human umbilical cord Wharton’s jelly MSCs harvested from marijuana exposed cords will lack biologic potential compared with non-exposed cords. Our aims were:

1. To generate human umbilical cord MSCs from marijuana exposed and non-exposed cords.
2. To determine in vitro properties and secreted factors between the two groups.

Methods: Used Human umbilical cord Wharton’s jelly MSCs from marijuana exposed and non-exposed umbilical cords were isolated and cultured according to our modified protocols. Marijuana exposure was considered positive if mothers have smoked marijuana within the prior two weeks before delivery with a positive urine drug test. In vitro growth, differentiation, and secreted factors were analyzed utilizing duplication time, Western immunoblot, and proteomics analysis.

Summary of Results: MSCs were harvested from 3 pooled marijuana exposed cords with 3 non-exposed cords as control. Marijuana exposed MSCs had much shorter duplication and differentiation time compared to non-exposed MSCs. Interestingly, although the marijuana exposed MSCs grew faster, they had lower concentration of cardiopulmonary protective secreted factors compared to non-exposed MSCs.

Conclusions: Marijuana exposure during pregnancy leads to a reduction in biologic potential of human umbilical cord MSCs. Further in vitro and in vivo studies are underway to determine the extent of this relationship.

**ROLE OF ALTERNATIVE SPLICING IN LEFT VS RIGHT VENTRICLE IN NEONATAL MOUSE HEART MATURATION**

Z. Mehta*, UCLA, University of California Los Angeles, Los Angeles, CA, US, academic, Los Angeles, CA

Purpose of Study: Alternative splicing (AS) of messenger RNA (mRNA) is known to play an important role in development of the mammalian heart. Distinct transcriptomic profiles between the left ventricle (LV) and right ventricle (RV) have been documented under both normal and pathologic conditions. We hypothesized that alternative mRNA splicing events are important regulators of chamber specificity during neonatal heart maturation.

Methods: Used Deep RNA-seq was performed on male neonatal mouse (C57BL/6) LV and RV at three time points of perinatal circulatory transition: P0, P3 and P7. AS events were identified and quantified using rMATs (robust Multivariate Analysis of Transcript splicing). For functional assessment, gene ontology (GO) analysis was performed.

Summary of Results: 1162 AS events were identified during perinatal heart maturation, with exon skipping events accounted for 44%. Interestingly, the majority of identified exon skipping events were specific to either LV or RV. Although some events overlapped between the two ventricles, these events exhibited different pattern of regulation between LV and RV throughout neonatal heart maturation windows. Further characterization of the differentially spliced exon skipping events, using GO analysis, revealed significant functional
enrichment with mRNA processing, lipid metabolism and transcrip- 
tional regulation.

Conclusions These results suggest that alternative splicing 
events contribute to regulation of chamber specificity during 
postnatal heart maturation. Additional bioinformatics and mecha- 
nistic studies of potential splicing regulators may reveal 


targets for chamber-specific therapies.

Neuroscience II
Concurrent session
9:00 AM
Saturday, January 30, 2021

PREHOSPITAL HEMODYNAMIC STATUS AND 
NEUROLOGIC OUTCOMES FOLLOWING ACUTE 
TRAUMATIC SPINAL CORD INJURY

1KT Patterson*, 1MM Cook, 1JB Barber, 1VN O’Reilly-Shah, 1AH Dagal, 2C Fong, 2H Weaver, 
1R Saidal, 1University of Washington School of Medicine, Seattle, WA; 2University of 
Washington Medical Center, Seattle, WA

Purpose of Study Current treatment of traumatic spinal cord 
injury (SCI) targets secondary neurological injuries, such as 
hypoperfusion and ischemia, that underlie much of the patho-
physiology following a traumatic SCI. This study investigates 
the correlation between prehospital mean arterial pressure 
(MAP) and the degree of neurological recovery.

Methods Used In this retrospective cohort study, conducted at 
a large level 1 trauma center, acute traumatic SCI patients 
from 2017–2019 were assessed for neurologic recovery at dis-
charge from hospital and inpatient rehabilitation. Neurologic 
outcome was measured as the change in the American Spinal 
Injury Association (ASIA) motor score at the outcome time 
points. Major exclusionary criteria included: greater than two 
days from time of injury to spinal decompression surgery, age 
<16 years old, insufficient prehospital data, and missing/
death of the subject. Prehospital MAP exposure was char-
gerized for each subject using an area-under-the-curve 
(AUC) method.

Conclusions The total bounded area below 85 mmHg was calcu-
lated for each subject using an area-under-the-curve 
incomplete motor exams. Prehospital MAP exposure was char-
gerized for each subject using an area-under-the-curve 
approach. The total bounded area below 85 mmHg was calcu-
lated over the entire monitoring period, then divided by the 
duration of monitoring to achieve a normalized ‘average depth’ 
MAP value. 85 mmHg was used as the threshold value 
for this analysis as it represents the current MAP target in 
SCI treatment. Linear regression was used to examine the 
relationship of prehospital MAP values with the change in 
motor score.

Summary of Results The chart review identified n=109 
patients at hospital discharge and n=79 at rehab discharge 
who met the study’s inclusion criteria. Linear regression analy-
sis demonstrated a non-significant (p>0.05) relationship 
between average depth MAP values and change in the motor 
score at both hospital discharge and inpatient rehabilitation.

Conclusions Prehospital MAP values below the current clinical 
recommendations of 85 mmHg did not show a significant 
association with motor score change in traumatic SCI patients. 
Further work is necessary to adjust for confounders as well as 
validate these findings in additional settings.

THYROID HORMONE TREATMENT REVEALS PLASTICITY 
OF GENE EXPRESSION IN CONE PHOTORECEPTORS OF 
ADULT ZEBRAFISH

1JK Huang*, 2AJ Fauré, 1A Duncan, 1D Stenkamp. 1University of Washington School of 
Medicine, Bellevue, WA; 2University of Idaho, Moscow, ID

Purpose of Study Vertebrate color vision requires opsin-con-
taining cone photoreceptor cells in the retina. A popular 
model of the human long and medium wavelength sensitive 
(LWS/MWS) opsin tandem array suggests an upstream regu-
lationary region interacts with replicated opsin genes at ran-
don, then associates with only one opsin gene such that 
mature cones do not express more than one opsin. How-
ever, our prior studies investigating the orthologous long 
length wavelength sensitive (lus1/lus2) array in zebrafish suggest 
that thyroid hormone (TH) and retinoic acid serve as trans 
regulators of this gene array in larvae/juveniles. This study 
investigates whether cone opsin expression remains plastic 
TH treatment in adult zebrafish, where cone distribution is 
considered stable.

Methods Used Adult WT zebrafish were treated with NaOH 
(control) or TH for 1 day or 5 days (n=12, 6 fish each). 
Left eyes were harvested for quantitative polymerase chain 
reaction (qPCR) analysis and right eyes for cryosections and 
in situ hybridization. A set of lus reporter transgenics were 
also treated for 5 days with TH (n=6). The eyes underwent 
cryosectioning and confocal imaging.

Summary of Results In adult zebrafish, exogenous TH dra-

tically increased lus1 expression in both 1 day and 5 day-

treated groups (p= 4.51*10^-12, 2.02*10^-9 respectively). Other 
opsin genes that were shown to decrease in embryos and juve-
niles in response to TH also showed a significant decrease in 
both groups: lus2 (p=4.07*10^-07, 4.72*10^-10 respectively); 
gngt2b (p=5.49*10^-07, 6.29*10^-4 respectively). TH treated 
transgenic lus reporter line revealed a clear switch from lus2 
to lus1 dorsally, consistent with the qPCR data. This confirms 
that there is not only a shift in lus1/2 expression but also 
changes in topographic distribution of lus1/2-expressing cones 
adult zebrafish in response to TH.

Conclusions Exogenous TH induced a drastic shift from lus2 
to lus1 in adult zebrafish, consistent with previous studies of 
larvae and juveniles. This shift occurs as rapidly as 1 day 
when exposed to TH, which shows that cones remain signifi-
cantly plastic even into adulthood. Plasticity in overall spectral 
sensitivity (to be sensitive to higher wavelengths) in response 
to TH suggests a role in visual system function well into 
adulthood.

BIOINFORMATIC COMPARISON OF GREY MATTER: 
CONTROL TISSUE V MULTIPLE SCLEROSIS

1KR Dowell*, 2K Mruk. 1WWAMI Medical Education, University of Washington School of 
Medicine, Laramie, WY, Laramie, Wy; 2University of Wyoming School of Pharmacy, Laramie, 
Wy

Purpose of Study Multiple Sclerosis is an immune-modulated 
demyelinating disease of the CNS. Recently, grey matter 
lesions and atrophy have been found to contribute to the dis-
ease state. This study was designed to examine the differences 
of gene expression between post-mortem samples of grey 

10.1136/jim-2021-WRMC.213
workers with higher stress levels have altered dynamic neuroimaging

K. Kuehl*, K. Mackieiwicz-Seagate, D. Elliot, J. Ballin, C. DeFrancesco, W. McGinnis, K. Guillemore, Oregon Health and Science University School of Medicine, Portland, OR

Purpose of Study The adverse mental, physical and performance effects of stress are well documented. The central nervous system correlates of chronic stress are not well established. Those working in prisons (correction professionals [CPs]) have high stress levels. We used functional MRI to assess whether cognitive processes differed among higher and lower stress CPs.

Methods Used Participants were recruited from a cross-sectional study of CPs. An established self-report stress index stratified the sample (total = 328), and the lowest and highest quartile were invited to undergo fMRI imaging. 25 lower stress individuals (stress score 13.10 ± 1.76) were imaged. The adverse mental, physical and performance effects of stress are well documented. The central nervous system correlates of chronic stress are not well established. Those working in prisons (correction professionals [CPs]) have high stress levels. We used functional MRI to assess whether cognitive processes differed among higher and lower stress CPs.

Methods Used Participants were recruited from a cross-sectional study of CPs. An established self-report stress index stratified the sample (total = 328), and the lowest and highest quartile were invited to undergo fMRI imaging. 25 lower stress individuals (stress score 13.10 ± 1.76) were imaged. While scanned participants performed a manual-response version of the standardized Stroop task. Functional images were acquired with a GE Signa 3T MRI scanner with a T2*-weighted gradient-echo planar imaging.

Summary of Results Stress scores were repeated the day of imaging, and the two scores were highly correlated (r² = 0.7 p < 0.001), suggesting consistent groupings. Groups were not different in demographic and basic biometrics (blood pressure, BMI, C-reactive protein, hemoglobin A1c, lipids, cortisol). Higher stress participants had greater activation of a frontal-parietal executive network implicated in cognitive control (p < 0.01, uncorrected). In particular, higher stress group demonstrated robust activation of the posterior dorsolateral prefrontal cortex and middle frontal gyrus. Both regions are involved in maintaining attention when conflicting information is relevant. In contrast, the lower stress group demonstrated greater activation of regions that may be involved in basic visual processing.

Conclusions Results provide evidence that stress impacts functional activation of neural systems involved in cognitive control. More stressed CPs appeared to need greater top-down control when information was conflicting.

LEARNING TYPES DURING INTERPRETATION BIAS TRAINING TO TREAT IRRITABILITY

1T Trujillo*, 1J Stoddard, 2S Haller, 3M Brotman, 4M Jones. 1University of Colorado Denver School of Medicine, Denver, CO; 2National Institutes of Health, Bethesda, MD; 3University of Colorado Boulder, Boulder, CO

Purpose of Study A potential treatment target for chronic irritability is hostile interpretation bias (HIB), a tendency to interpret ambiguous stimuli as threatening. HIB may be targeted and changed via a computer-based interpretation bias training (IBT). IBT is amenable to the application of category learning theory to measure behavioral and neural changes. The goal of this study was to apply a principled, model-based analysis of categorical learning to identify learning types during IBT.

Methods Used A session of IBT learning was assessed in 63 transdiagnostic youth with varying severity of irritability and anxiety. Participants judge a continuum of facial expressions and train in IBT towards less angry and more happy judgments of ambiguous faces on the continuum. A computational model of categorical learning, ACOVE, was applied to each person’s training data. Two major model parameters were of interest: 1) learning rate with higher values representing a greater speed at which individuals change their associations to faces, and 2) generalization with higher values reflecting a lower precision of applying feedback to a specific face on the morph continuum. We assessed associations with psychopathology (anxiety and irritability), dimensionally via multivariate linear models. We then empirically assessed for types of learners using generalized mixture models.
Conclusions The model-based analysis empirically detected distinctive pathology and age associated learning styles. Understanding learning will improve the ability to identify learning types, improving precise prescription of IBT.

217 IMPACT OF OBESITY ON BRAIN RESPONSE TO FOOD CUES FOLLOWING NON-NUTRITIVE AND NUTRITIVE SWEETENER INGESTION

AG Yunker*, S Luo, S Jones, B Angelo, AW DeFendis, K Page. University of Southern California, Los Angeles, CA

10.1136/jim-2021-WRMC.216

Purpose of Study Non-nutritive sweeteners (NNS) are marketed for weight loss by providing sweet taste without calories, but the health consequences of NNS are debated. Uncoupling sweet taste from calories may stimulate feeding through neural mechanisms, yet the impact of obesity on neural responses to NNS vs caloric sugars is unknown. We examined brain responses to high-calorie (HC) food cues after acute consumption of sucralose (NNS) vs sucrose (caloric sugar) in obese, overweight, and lean individuals.

Methods Used On 2 separate visits, 72 adults (26 lean, 24 overweight, 22 obese) consumed a drink containing sucrose (75 g) or sucralose (sweetness matched) and underwent a functional magnetic resonance imaging food cue task that measured the blood-oxygen-level-dependent (BOLD) response to HC food and non-food cues. A priori brain regions-of-interest (ROI) are areas implicated in feeding regulation: the nucleus accumbens, amygdala, dorsal striatum, medial frontal cortex (MFC), hippocampus, insula, orbital frontal cortex (OF), and hypothalamus. Linear mixed models were used to examine neural reactivity to HC food cues in response to sucralose vs sucrose. We tested for interactions between BMI group and drink, and stratified results by BMI group. Analyses were adjusted for age and sex. False discovery rate (FDR) was applied to p-values to correct for multiple ROI comparisons.

Summary of Results We found BMI group by drink interactions in the MFC (p = 0.04); individuals with obesity had greater MFC reactivity (β=0.39, p = 0.02) after consuming sucralose vs sucrose than overweight (β=0.05, p = 0.93) and lean (β=-0.002, p = 0.98) persons. While there was no BMI group by drink interaction in the OFC (p = 0.28), individuals with obesity, but not overweight or lean, had greater OFC responses to HC food cues after sucralose vs sucrose (β=0.20, p = 0.02). Similar patterns were seen in other ROIs but did not survive multiple comparisons.

Conclusions Obesity was related to heightened cortical responses to HC food cues after acute consumption of sucralose vs sucrose. These findings highlight the need to consider obesity-related effects on the neurobehavioral consequences of NNS consumption.

218 ASCORBIC ACID ATTENUATES HYDROGEN PEROXIDE INDUCED OXIDATIVE STRESS AND OSTEOTRABECULAR METABOLISM IN SITU

RT Tran*, J Morgenstern, S Droho, J Olson. University of Colorado – Anschutz Medical Campus, Englewood, CO

10.1136/jim-2021-WRMC.217

Purpose of Study Oxidative stress is strongly implicated in disease progression of age-related macular degeneration. Oral supplements, including ascorbic acid (AA), target this oxidative etiology, yet efficacy is limited due to insufficient ocular distribution. One possible avenue is restoring the antioxidant potential of the vitreous by improving recycling of the inactive oxidized form of AA, dehydroascorbic acid (DHA), back to its active reduced form. Here, we demonstrate the antioxidant potential of AA to improve common retinal pigment epithelium (ARPE-19) cell viability in the setting of H2O2 induced oxidative stress and evaluate osteoblasts as a potential source of antioxidant recycling.

Methods Used In vitro evaluation was performed by incubating ARPE-19 in culture media containing 0.2 mM H2O2 with and without 100 uM AA. MIT assay was performed to assess cell viability. Osteoblast antioxidant recycling potential was tested by exposing MG-63 osteosarcoma cells to culture media containing 100 uM DHA. At each time point from 0 to 80 minutes, media was collected and concentrations of DHA and AA were assessed using HPLC. Statistical comparisons were performed using a student’s t-test.

Summary of Results AA successfully attenuated the toxic effects of H2O2, with 88% of ARPE-19 cells remaining viable after exposure to both H2O2 and AA, compared to 61% viable after incubation with H2O2 alone (P < 0.001). Osteoblast antioxidant recycling of DHA was observed with an increase of AA concentration and a concomitant decrease in DHA levels over time. At 80 minutes, the concentration of AA had a 2-fold increase with a paired 2-fold decrease in DHA levels.

Conclusions These experiments demonstrate the antioxidant potential of AA to attenuate the effects of oxidative stress and its physiologic importance in managing cellular exposure to reactive oxygen species. Osteoblasts exhibited the potential for antioxidant regeneration of AA outside their biological niche. While preliminary, these results demonstrate the promise of an implantable device that continuously recycles antioxidant, eliminating the need for constant injections.

219 NOVEL METHODOLOGY FOR PROBING MICROGLIAL METABOLISM IN SITU

1N Cleland*, 1MC Neal, 1M Tang, 1E Dobrinskikh, 1K Bruce. 1University of Colorado Denver School of Medicine, Denver, CO; 2University of Colorado Denver Anschutz Medical Campus, Aurora, CO; 3University of Colorado School of Medicine, Aurora, CO

10.1136/jim-2021-WRMC.218

Purpose of Study Microglia play a role in the pathogenesis of multiple sclerosis (MS) and other neurodegenerative diseases (ND) by taking on both adaptive and injurious phenotypes in response to their environment. Understanding adaptive phenotypes may guide the development of novel therapeutics. Recent single-cell RNA sequencing (scRNAseq) analyses of microglia ex vivo found that genes associated with lipid and lipoprotein metabolism are tightly regulated during ND. We hypothesize that microglial activation is paired with a metabolic switch that is key in the development of ND. However, our current understanding of microglial metabolism draws on what is known about peripheral macrophages and invasive techniques like scRNAseq that could alter microglial phenotype and metabolism. Therefore, there is a need for methodologies that allow assessment of microglial
metabolism in situ, as a first step to develop metabolism-focused interventions. 

Methods Used We take advantage of endogenous fluorophore NADH to probe the metabolic profile of microglia in situ via fluorescence lifetime imaging microscopy (FLIM). This technique excites NAD in the sample, and tracks the fluorescence lifetime (FLT) to determine whether it is free or enzyme-bound. More free NADH suggests more glycolysis taking place and presents as a longer NAD FLT, whereas bound NAD indicates more oxidative phosphorylation. We use an experimental autoimmune encephalitis (EAE) mouse as a model of MS and neuroinflammation. Mice were scored based on the severity of their MS-like symptoms. Brains were frozen before sectioning and analysis.

Write-out

Summary of Results Preliminary data in high and low scoring EAE mice suggest that a higher score is associated with a shorter NAD FLT. This suggests a higher reliance on glycolysis to meet energy demands in an MS model. This also suggests that microglia have adopted an injurious phenotype.

Conclusions The data support our hypothesis that microglial activation in the setting of MS is paired with a metabolic switch towards more glycolysis. This study also supports FLIM being used to probe microglial metabolism in situ to better understand other NDs.

Adolescent medicine and behavior development IV

Concurrent session

10:05 AM

Saturday, January 30, 2021

221 SCREENING FOR AND DIAGNOSING MALNUTRITION IN HOSPITALIZED PEDIATRIC PATIENTS

SL Thompson*, E Lamers-Johnson, K Kelley, L Woodcock, J Long, C Bliss, J Abram, A Steiber, EY Jimenez. University of New Mexico, Albuquerque, NM; Academy of Nutrition and Dietetics Foundation, Chicago, IL

Purpose of Study Malnutrition is often underdiagnosed, and consequently undertreated, in hospitalized patients. A nationwide study is being conducted to validate indicators (the Nutrition Clinical Characteristics [MCC]) to diagnose malnutrition in hospitalized patients.

Methods Used For the full study, sixty pediatric hospitals will collect patient medical history, patient STRONGKids malnutrition screening score, and nutrition intervention data. Six hundred pediatric patients will be randomly selected from the cohort to be assessed for the MCC and the Nutrition Focused Physical Exam (NFPE). Medical outcomes will be collected for all patients for a three-month period thereafter. Baseline data from a subset of sites that have started data collection were descriptively analyzed using Stata 15.

Summary of Results As of August 2020, 113 pediatric patients are enrolled in the study, with 50 children ages 1–24 months and 63 children and adolescents ages 2–17. Based on the STRONGkids screener, 73% (n = 82) of participants were ‘at risk’ for malnutrition. A higher proportion of participants in the older age group screened at risk (n=54; 86%) compared to the younger group (n=28; 56%). Fifty-seven of the 113 participants were included in the MCC subgroup, of whom 35 (61%) screened at-risk for malnutrition. Based on the MCC criteria, 49% (n = 28) were diagnosed with malnutrition. Inadequate nutrient intake was the MCC indicator most often used to support a malnutrition diagnosis in younger participants, while weight loss was the most commonly used indicator for older participants. Across both age groups, muscle wasting and subcutaneous fat loss were the most commonly reported NFPE indicators that further supported a malnutrition diagnosis.

Conclusions Screening-based risk for malnutrition and malnutrition indicators differ for infants and young children compared to older children and teens. Differences in risk factors for malnutrition by age group and the validity of the MCC will be further assessed as more data are collected.

221 IDENTIFYING GAPS IN SEXUAL HEALTH CARE AND BARRIERS TO PROVIDING RECOMMENDED CARE TO ADOLESCENTS AT AN ACADEMIC PRIMARY CARE CLINIC

S Kaye*, R Byrd, L Kester, S Crossen. UC Davis Children’s Hospital, Sacramento, CA

Purpose of Study We assessed the level of adherence to recommended sexual health care practices for adolescents at our institution’s general pediatrics clinic and explored provider perspectives on barriers to the delivery of recommended sexual health care to adolescents.

Methods Used We reviewed EHR data for patients ages 15–20 years who presented for preventative care at our clinic between 7/1/19 and 9/30/19. The following elements were assessed: documentation of sexual activity status, discussion of pregnancy prevention, and STI screening among those who were sexually active. We then surveyed physicians in our practice to explore potential barriers to the delivery of recommended sexual health care to adolescents.

Summary of Results The majority of patients (95%) had sexual activity status documented somewhere in the EHR; however, less than one quarter (23%) of patients had sexual activity status documented in the sexual activity tab in EHR. Most patients had sexual activity status documented in the provider note (82%) and/or in the scanned ‘staying healthy’ form (74%) found through the media tab. Additionally, most teens had some documentation of pregnancy prevention counseling (95%), but for the majority this documentation consisted of standardized language in the provider note (52%) and/or after-visit summary (56%). Only 15% had patient-specific language in the provider note, and only 5% had patient-specific language in the AVS. Less than half of sexually active teens had HIV (42%) or chlamydia (9%) tests ordered.

Provider surveys were sent to 20 resident and 19 attending physicians. Overall response rate was 82%. Confidentiality concerns were the primary reason providers cited for not documenting patient-specific sexual health information in after-visit summaries (81%) and for not ordering STI screening, including concerns about parents seeing the test on insurance bills (66%) or after-visit summaries (56%).
Abstracts

Conclusions At our academic primary care clinic, documentation of patient-specific sexual health counseling and ordering of recommended STI screening are occurring at suboptimal rates due primarily to concerns about patient confidentiality. These data will inform our QI efforts to improve teen care.

Purpose of Study Prenatal exposure to maternal obesity has been linked to increased risk of cardiometabolic disease, whereas breastfeeding may have beneficial effects. Emerging data suggest that prenatal exposures may have sex-specific effects. We investigated overall and sex-specific associations between maternal pre-pregnancy BMI and breastfeeding exposures on cardiometabolic risk markers in childhood. Methods Used Data includes 160 children (64 boys) ages 7–10 born to mothers with a range of pre-pregnancy BMI. Breastfeeding duration and measures of systolic and diastolic blood pressure (SBP; DBP), height, weight, body fat, waist and hip circumference were obtained at in-person visits. Multiple regression analysis was used to assess associations between maternal pre-pregnancy BMI and breastfeeding exposures on cardiometabolic outcomes in childhood. Models were unadjusted or adjusted for child age, sex (in full cohort), BMI-z, maternal diabetes, and SES.

Summary of Results In the full cohort, maternal pre-pregnancy BMI was associated with elevated cardiometabolic markers in unadjusted models (BMI-z: β = 0.03, p = 0.01; body fat: β = 0.018, p = 0.05; waist to height ratio (WHR): β = 0.002, p = 0.002; SBP: β = 0.11, p = 0.26; DBP: β = 0.10, p = 0.19). Breastfeeding was marginally associated with decreased BP (SBP: β = -0.13, p = 0.12; DBP: β = -0.11, p = 0.07), but not other outcomes. Adjusting for co-variates attenuated the associations. In the sex-stratified analyses, among girls, maternal pre-pregnancy BMI was associated with elevated cardiometabolic markers in unadjusted (data not shown) and adjusted models (SBP: β = 0.25, p = 0.05; DBP: β = 0.21, p = 0.02; BMI-Z: β = 0.05, p = 0.01; body fat: β = 0.03, p = 0.04; WHR: β = 0.004, p = 0.001); breastfeeding > 6 months was associated with lower SBP (β = -0.20, p = 0.04) and lower DBP (β = -0.12, p = 0.07) but was attenuated in the adjusted model (SBP: β = -0.13, p = 0.10; DBP: β = -0.10, p = 0.09). Neither exposure was associated with cardiometabolic markers in boys.

Conclusions Sex-specific observations point to a greater sensitivity to early-life exposures on cardiometabolic outcomes in girls.

Purpose of Study Increase the frequency and documentation of provider screening for access to firearms amongst pediatric psychiatric patients presenting to the emergency department. Goal to increase screening rates by 50% in 3 months, as well as increase interventions made for positive screens to educate families on safe firearm storage.

Methods Used This is a resident driven quality improvement project in a pediatric emergency department setting. We collected baseline data of firearm screening rates with a retrospective chart review of patients (N=340) who presented to the Shawn Jenkins Pediatric ED with the chief complaint of psychiatric evaluation. Intervention made on 7/1 included education to residents about the project, as well as BeSmart training, BeSmart materials in the ED, the creation of a smart phrase to use in notes with reminders on desktop computers, and gun locks to distribute. Chart reviews were conducted monthly to determine frequency of firearm screening and what interventions were made for positive screens (total N=477).

Summary of Results The baseline mean rate of monthly firearm screening prior to our first intervention was 14.38%. After our first intervention with implementation of a dot phrase with resident education and distribution of BeSmart materials, firearm screening rates for the months of August and September increased to 25.8% and 32.4% respectively. Amongst providers, we found a clinically, but not significantly, difference between screening rates conducted by pediatric residents compared to others (i.e EM, FM, and NP).

Conclusions We have significant room for improvement in our rates of firearm screening. We will continue to work towards improving this rate as it is our responsibility as healthcare providers to screen and counsel on safe firearm storage.

Purpose of Study Stress and anxiety are an ever-growing epidemic among today’s youth, especially for those located in impoverished communities where adverse childhood experiences are abundant. Although school districts have responded by placing therapists into schools to respond to mental health...
crises, there have not yet been consistent efforts put into place to help students build resilience to stress. A group of high school students participating in the first ever Fresno County Youth Health Corps thus surveyed students in their own school about stress before proposing a student-led solution to this problem.

**Methods Used** 4 students at an impoverished high school in Fresno conducted an online survey distributed to all students at their school, and conducted interviews with a high school counselor and the Fresno County Department of Public Health Assistant Director about the causes of stress in high school students and what schools could do to mitigate these effects.

**Summary of Results** Of 1,017 students responding, 74% felt that school was their leading cause of stress, with 62% enrolled in at least 3 AP classes per semester and 25% enrolled in 6–7 AP classes per semester. 88% of students felt pressure to succeed in school, 65% felt overwhelmed by the amount of homework assigned, and 71% often felt drained or tired. The majority of the remaining students felt that their stress originated primarily from their personal lives, but only 20% of students felt comfortable about sharing personal issues with a counselor, teacher, or coach, with these findings confirmed by the school counselor. Student takeaway messages from the Fresno County Department of Public Health interview included the following: 1) ‘Identify the problem before it becomes too late’, 2) ‘Lessen the stigma of talking about stress’, and 3) ‘Make it easier for students to be helped’.

**Conclusions** Results from the above survey indicate that students are overwhelmed by stress and anxiety. As high school students, we would propose that all high schools implement a mandatory hour-long monthly Mental Health Advocacy (or LIFE) class to help students build resilience to stress and anxiety while serving as a safe place for students to talk about their problems or providing students with time to simply de-stress.

**225 PATIENT/PARENT ADMINISTERED EPINEPHRINE IN ACUTE ANAPHYLAXIS**

MA Murata*. Hawaii Pacific Health, Kaneohe, HI

10.1136/jim-2021-WRMC.225

**Purpose of Study** The purpose of this study was to investigate the rate of and factors associated with immediate patient/parent epinephrine administration in cases of anaphylaxis.

**Methods Used** The electronic medical records of patients from 217 encounters (143 of these being pediatric encounters)—either with an ED diagnosis of peanut anaphylaxis or diagnosis of anaphylaxis with a known epinephrine prescription from 2010 through May 2020—were reviewed for physician notes and demographic factors.

**Summary of Results** Epinephrine was administered on-scene by 22.6% of all anaphylaxis patients and in 25.2% of pediatric cases. Of the 6 health care professionals identified, 100% administered epinephrine on-scene. Females (32.0%) were administered epinephrine on-scene more frequently than males (19.8%; p = 0.043). Using multivariate analysis, the relationship between sex and rate of administration was only significant when controlled for insurance as well as age. Rate of epinephrine administration increased from 2010 through 2019 (p = 0.004).

**Conclusions** Administration rates of 22.6% and 25.2% observed among non-physicians suggests that the majority of patients prescribed epinephrine have not used their EAs, even when presented an opportunity for application. A rate of 100% observed among physicians indicates that comfort with EAs facilitates willingness to administer on-scene. EAs can range up to $900 in expense, thus physicians should employ EAI training devices and other educational modes in order to increase patient comfort with EAs.
AN INNOVATIVE HYBRID LEARNING MODEL IN PEDIATRIC CRITICAL CARE MEDICINE DURING THE SEVERE ACUTE RESPIRATORY SYNDROME CORONAVIRUS 2 PANDEMIC

1CM Suarez, 2T Bunnalai. 1University of California Davis, Sacramento, CA; 2UCSF Fresno, Fresno, CA

Purpose of Study The disruption in undergraduate medical education due to the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) pandemic led to various modifications of traditional clerkship rotations. Models that provided an optimized, immediate learning environment were needed to establish alternative experiences. UCSF Fresno pediatric critical care faculty created a hybrid (virtual plus limited in-person) learning model in critical care medicine for medical students in order to overcome educational barriers posed by SARS-CoV-2 and continue providing a high quality learning environment.

Methods Used Critical care faculty identified essential sub-internship topics, including vascular access, electrolyte disturbances, sepsis management, cardiopulmonary medicine, neurocritical care, pharmacology, procedures, and medical literature appraisal. Students accessed the evidence-based curriculum, assignments, calendar, notifications, and real-time group discussions with peers, pediatric residents, and faculty using a free application (Canvas Student® by Instructure) on a mobile device or computer.

Summary of Results A 4-week hybrid pediatric critical care curriculum was successfully implemented during the pandemic using a free learning management system. This model combined virtual and limited daily in-person clinical activities in compliance with SARS-CoV-2 prevention guidelines. Learning topics were explored daily with faculty and residents and through self-directed student learning, while reducing unnecessary clinical area exposure. Students participated in virtual patient sign-out and limited multidisciplinary family-centered rounds, observed procedures, attended lectures, led presentations, and received a virtual evaluation.

Conclusions When the in-person learning experience is severely limited, a hybrid virtual learning environment can be an effective alternative to optimize undergraduate medical education without limiting student engagement. This model has the potential to supplement traditional rotations while providing a framework for future medical education disruptions. A hybrid learning format can be beneficial in other areas of medicine in addition to critical care. Future directions for this model should include real-time simulation-based education.

Cardiovascular II
Concurrent session
10:05 AM
Saturday, January 30, 2021

METFORMIN IMPROVES LEFT VENTRICULAR SIZE AND FUNCTION IN ADOLESCENTS WITH TYPE 1 DIABETES

1A Nguyen*, 1U Truong, 1M Schäfer, 1A Baumgartner, 1AJ Barker, 1K Hunter, 1D Burkett, 1JE Reusch, 1KJ Nadeau. 1University of Colorado Denver School of Medicine, Aurora, CO; 2VA Eastern Colorado Health Care System, Aurora, CO

Purpose of Study People with type 1 diabetes (T1D) have higher rates of cardiovascular disease (CVD) despite modern advances in glucose control. While insulin resistance (IR) in type 2 diabetes (T2D) is known to relate to cardiovascular disease (CVD), less is understood about IR in T1D-related CVD. We previously showed vascular dysfunction and cardiac dysfunction, including left ventricular (LV) dyssynchrony, in adolescents with T1D, and in the Effects of Metformin on Cardiovascular Function in Adolescents With Type 1 Diabetes (EMERALD) study showed that metformin improves BMI, body composition, insulin dose, arterial stiffness, and carotid intimal media thickness in these T1D adolescents. We hypothesized that metformin, with insulin-sparing effects, improves CV function measured by echocardiogram, a commonly used clinical measure.

Methods Used 49 T1D youth ages 12–21 years (mean age 16.8 ± 2.5 years, HbA1c 8.6 ± 1.5%, BMI 25.1 ± 4.3 kg/m², diabetes duration 7.7 ± 4.2 years) in the EMERALD study were randomized to 3 months of either 2000 mg of metformin daily or placebo. Echocardiograms with speckle tracking to evaluate traditional echocardiographic measures and cardiac strain were performed in 43 participants at baseline and 3 months. One-way ANOVA and paired r-tests were utilized to analyze whether metformin usage had significant impacts.

Summary of Results LV diameter (4.45 ± 0.47 vs. 4.26 ± 0.50 cm, p = 0.019) at end-diastole and at end-systole (2.89 ± 0.39 vs. 2.69 ± 0.36 cm, p = 0.022) and LV dyssynchrony (98.0 ± 36.9 vs. 81.7 ± 27.5 milliseconds, p = 0.014) showed significant improvement within the metformin group. Aortic root diameter (2.51 ± 0.39 vs. 2.73 ± 0.28 cm, p = 0.042) was also significantly lower in the metformin vs. placebo group post-treatment.

Conclusions Metformin may be beneficial in improving or reversing early cardiovascular changes in T1D. A better understanding of T1D-related CVD and the benefits of improving insulin action in T1D longer-term should be investigated further as a target for new treatment modalities.

OUTCOME OF THE DEVELOPMENT OF RESTRICTIVE PHYSIOLOGY AFTER HEART TRANSPLANTATION

1A Deshpande*, 1N Patel, 1T Singer-Englar, 1M Hamilton, 1J Kobashigawa. 1Smidt Heart Institute, Cedars-Sinai, Los Angeles, CA; 2Western University of Health Sciences, Pomona, CA

Purpose of Study Cardiac allograft vasculopathy (CAV) is one of the major factors limiting long-term survival. A severe form of CAV is small vessel disease which results in restrictive cardiac physiology (RCP). This RCP causes a very stiff heart which leads to significant reduction in cardiac index and elevation of cardiac pressures. The pathophysiology behind this RCP is most likely due to small vessel CAV with scarring and fibrosis. The outcome of patients with this RCP has not been well established.

Methods Used Between 2010 and 2017, we assessed 23 heart transplant patients who developed RCP defined by right atrial pressure ≥ 15 mmHg, pulmonary artery diastolic pressure ≥ 15 mmHg, pulmonary capillary wedge ≥ 15 mmHg, and cardiac index ≤ 2.2 mm. Subsequent outcomes after diagnosis of RCP were 3-year survival, freedom from CAV (angiographic stenosis>30%), non-fatal major adverse cardiac events (NF-
LONG-TERM EFFECTS OF MONOTHERAPY WITH LOW DOSE TACROLIMUS

M Froch*, N Patel, T Singer-Englar, M Hamilton, J Kobashigawa. Smidt Heart Institute, Cedars-Sinai, Los Angeles, CA

10.1136/jim-2021-WRMC.230

Purpose of Study Monotherapy with tacrolimus alone (TAC-A) was found to be safe and effective in the TICTAC Trial. However, in that trial, tacrolimus levels were maintained at 10–12 ng/mL over the first year which resulted in a higher serum creatinine level compared to those left in combination. We have been using TAC-A in patients who have developed leukopenia or thrombocytopenia due to immunosuppression or a natural state. The presence of cytomegalovirus infections and other viruses excluded those patients from being administered monotherapy. It has not been established whether TAC-A is safe and effective.

Methods Used Between 2010 and 2017, we assessed 151 heart transplant patients who are awaiting heart transplantation to assess effect of desensitization therapy. Patients who are considered highly sensitized have calculated Panel Reactive Antibody (cPRA) levels ≥ 80%. We reviewed our highly sensitized patients who are awaiting heart transplantation to assess effect of desensitization therapy.

A few of these patients were given desensitization therapy and were divided into those that received intravenous immunoglobulin (IVIG) alone, rituximab-based therapy, plasmapheresis (PE) alone, bortezomib-based therapy, and finally combination therapy with rituximab/bortezomib-based therapies. cPRAs and immunodominant antibody strength (mean fluorescent intensity, MFI) were obtained before and after treatment.

Summary of Results Desensitization with rituximab- and bortezomib-based therapies appeared most effective in reducing cPRA. Treatment response also appeared to be dependent on class of antibodies, whereas Class I were generally responsive to all therapies and Class II were less so but only to rituximab/bortezomib therapies. All of these patients underwent successful heart transplantation although DSA were crossed at the time of surgery.
Conclusions Highly sensitized patients respond to desensitization therapies, with specific treatments proving more beneficial depending on the class of antibodies detected. Desensitization therapies enable these highly sensitized patients to undergo successful heart transplantation.

GENETIC DETERMINANTS OF VARIABLE EXPRESSIVITY OF OBSTRUCTIVE LEFT HEART DISEASE

C. Rostupin*, M. Kelly Galindo, S. Klewer.
The University of Arizona College of Medicine, Tucson, AZ

Purpose of Study Bicuspid aortic valve (BAV) is the most common congenital heart defect yet the exact cause is unclear. Multiple genes have been implicated and evidence suggests an autosomal dominant (AD) inheritance with reduced penetrance. Some experts believe obstructive left heart disease may be a spectrum where BAV is mild and hypoplastic left heart syndrome (HLHS) is severe. This study explores the genetic determinants responsible for phenotypic variance in obstructive left heart disease by examining exomes of a family with BAV and HLHS. The father and brother have BAV, one sister has HLHS, one sister is unaffected and the mother is presumed unaffected.

Methods Used Whole exome sequencing data was obtained on the affected and unaffected family members. Raw data was processed using the Galaxy web platform. The remaining analyses were performed using National Center for Biotechnology Information tools including Genomic Data Viewer to assess variants by mutation type, dbGaP to review allele frequency (>15% were excluded) and ClinVar to determine clinical significance of identified variants.

Summary of Results The father, brother and sister have an AD variant 3bp in-frame insertion in FOXC1 (rs76840944). The sister has de-novo heterozygous disruptive 3bp in-frame insertion in FOXC1 (rs76840944). The father and brother have three AD variants: GATA4 missense (rs10503425, conflicting interpretation of pathology), EGFR sense (rs3729856, likely pathogenic), GATA4 intron (rs10503425, conflicting interpretation of pathology), EGFR 3’UTR (rs17337528). The sister has de novo heterozygous NEXN frameshift and MYH6 missense variants. Only the GATA4 variants were in ClinVar.

Conclusions The observed phenotypes are likely due to separate variants rather than the hypothesized spectrum of disease. Of those described, the GATA4 variants are likely responsible for BAV while MYH6 contributed to HLHS. The GATA4 missense mutation was previously reported as likely pathogenic and literature shows noncoding variants near GATA4 may lead to increased penetrance. MYH6 variants cause decreased contractility and dystrophic sarcomere structure that may contribute to HLHS. This in-depth analysis highlights the complexity of BAV genetics and the spectrum of familial obstructive left heart lesions. Study limitations include lack of comparative data from the unaffected sister and unknown history of the mother. We will follow-up with data for the unaffected sister to aid in familial variant analysis.

EFFECT OF SLEEP APNEA ON ATRIAL ARRHYTHMIA RECURRENT RATES AFTER ABLATION

Purpose of Study Obstructive sleep apnea (OSA) is a risk factor for both atrial fibrillation (AF) and atrial flutter (AFL). Non-pulmonary triggers have been described in patients with OSA. The objective of this study is to compare the rate of recurrence of AF and AFL after different ablation techniques in patients with and without OSA.

Methods Used We retrospectively analyzed 219 patients who had ablations at our center. We compared the effect of ablation on recurrence of AF and AFL at one year in patients with and without documented sleep apnea. We also analyzed the posterior wall area (PWA) and effect of posterior wall isolation (PWI) vs conventional ablation (CA) at pulmonary veins, on clinical outcomes.

Summary of Results Our study included 219 patients (table 1); patients with OSA were more likely to have persistent atrial fibrillation (70% vs 50%) (p = 0.007). There was a trend towards higher recurrence of both AF (29% vs 25%) and AFL (17% vs 10%) at one year after CA in OSA patients (figure 1). In the subset of patients undergoing PWI, there was no significant difference in PWA measured between roof and floor lines by CT scan among the patients with and without OSA (18.2 cm² vs 18.3 cm², ns). In patients with OSA, AF recurrence in patients who had PWI was 25.6% vs 33.3% (ns) in CA. In patients without OSA, AF recurrence was 17% in those that received PWI vs 30% (p=0.09) in CA (figure 2).

Conclusions In our study, we found a trend towards higher recurrence rates of AF and AFL after conventional ablation in patients with OSA. PWI appears to be more effective in those
REFINED METHODS FOR TRANSCRIPTOME ANALYSIS IN ISCHEMIC CARDIOMYOPATHY

1A Cullen, 1L Mestroni, 1S Graw, 1D Grine, 1G Storm, 1S Gao, 1,2S Chen, 1M Taylor*
1University of Colorado Denver School of Medicine, Aurora, CO; 2The University of Texas Health Science Center at Houston, Houston, TX

10.1136/jim-2021-WRMC.233

Purpose of Study Sweet et al. (2018) reports that severity of heart failure (HF) symptoms and left ventricular dysfunction determine current HF treatment. An approach based on underlying biology may ultimately facilitate a precision medicine approach to HF[1],[2]. Using the same data from this 2018 study, we developed a novel modification for bioinformatic analysis of differentially expressed genes (DEG’s) between ischemic cardiomyopathy (ICM) and non-failing (NF) heart tissue. Our process also permitted easy adjustment of statistical parameters in DEG analysis of this and other datasets.

Methods Used RNA-seq from 13 ICM and 14 NF control human left ventricular samples with expression data for 57,974 genes. Matlab analysis began with purging data of missing and nonsensical entries. We replicated the analysis of Sweet et al. and also adjusted threshold stringency for a) fold-change and b) mean absolute change between ICM and NF gene expression levels to identify smaller, more focused DEG sets. We will also present results of bioinformatic validation testing on a newly generated human heart tissue transcriptome dataset.

Summary of Results Using the DEG cutoff conditions of the 2018 study, we closely replicated its gene list. With various cutoff conditions for mean and fold-change, we produced narrower DEG lists for joint pathway analysis with corresponding metabolomic data. Applying the same algorithm to a new, larger dataset will test repeatability.

Conclusions Our bioinformatic pipeline provides for flexible adjustment of DEG identification parameters, allowing for tailored generation of DEG lists. Joint pathway analysis incorporating metabolomic data adds another dimension for discovering the underlying biology of HF due to ICM.

BYSTANDER CPR AND VENTRICULAR FIBRILLATION WAVEFORM MEASURES IN OUT-OF-HOSPITAL CARDIAC ARREST

1B Bessen*, 1J Coult, 2J Blackwood, 1T Rea, 1P Kudenchuk, 1H Kwok, 1University of Washington, Seattle, WA; 2Public Health Seattle and King County, Seattle, WA

10.1136/jim-2021-WRMC.234

Purpose of Study Bystander CPR (BCPR) is associated with improved survival after out-of-hospital cardiac arrest (OHCA). The mechanism of this benefit is not clear. We used Amplitude Spectrum Area (AMSA), a quantitative measure of the ventricular fibrillation (VF) ECG, as a surrogate for myocardial physiology to investigate the mechanism by which BCPR improves survival.

Methods Used We conducted a retrospective cohort study of witnessed OHCA cases presenting with an initial rhythm of VF in a metropolitan EMS system between 2005–2018. Defibrillator recordings were annotated for rhythm and CPR. The AMSA waveform measure was calculated from the first available 3-s ECG segment without CPR prior to initial shock. Utstein elements including witnessed status, CPR provision, and survival to discharge were ascertained from
Abstract 235 Table 1  VF Waveform and Outcome Characteristics by Bystander CPR Status

<table>
<thead>
<tr>
<th>Bystander CPR (n = 814)</th>
<th>No Bystander CPR (n=258)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMSA, median (IQR)</td>
<td>9.8 mV-Hz (6.6, 13.5)</td>
<td>7.5 mV-Hz (4.6, 11.0)</td>
</tr>
<tr>
<td>ROSC at end of EMS care, n (%)</td>
<td>472 (58)</td>
<td>143 (55)</td>
</tr>
<tr>
<td>Admit to hospital, n (%)</td>
<td>612 (75)</td>
<td>176 (68)</td>
</tr>
<tr>
<td>Survive to discharge, n (%)</td>
<td>426 (52)</td>
<td>110 (43)</td>
</tr>
<tr>
<td>Survival with cerebral performance category 1 or 2, n (%)</td>
<td>392 (48)</td>
<td>96 (37)</td>
</tr>
</tbody>
</table>

Summary of Results Of 1072 eligible patients, AMSA, survival and neurologic outcome were significantly greater in 814 patients who received BCPR compared to 258 patients who did not (p<0.01, table 1). In the multivariable logistic model adjusted for Utstein variables, BCPR was associated with an increased odds of survival (OR=1.6 [95% CI: 1.2, 2.1]). The odds ratio between BCPR and survival was attenuated by addition of AMSA to the model, and no longer statistically significant (OR=1.3 [95% CI: 0.92, 1.7]). Model-based mediation analysis indicated that AMSA mediated 53% (p<0.01) of the association between BCPR and survival.

Conclusions BCPR is associated with greater AMSA and survival. Furthermore, AMSA appears to mediate over half of the survival benefit associated with BCPR. These findings support a myocardial mechanism by which BCPR improves survival after OHCA.

Healthcare research IV – psychology
Concurrent session
10:05 AM
Saturday, January 30, 2021

236 ARE MALES AND FEMALES ALIKE? THE ROLE OF CENTRAL SENSITIZATION IN PATIENTS WITH CHRONIC ROTATOR CUFF TEARS

1C Bauer*, 2A Hegarty, 3F Pozzi, 2M Trau, 2B Liebeskind, 3L Michener, 1Western University of Health Sciences, Pasadena, CA; 2University of Southern California, Los Angeles, CA; 3University of Florida, Gainesville, FL

Purpose of Study Women have a higher prevalence of chronic pain conditions, partially explained by presence of central sensitization (CS). In CS, pain sensitivity increases across the body. Evidence suggests CS may play a role in persistent musculoskeletal pain; and up to 30% of individuals with shoulder pain demonstrate CS. This study determined if outcomes of a physical therapy exercise program were influenced by CS or sex in patients with shoulder pain.

Methods Used In a longitudinal study, 11 patients with full-thickness rotator cuff (RC) tears (5 male, 66±7 years of age) were examined pre and post 12 sessions of strength and aerobic exercise over 8 weeks. We measured pressure pain threshold (PPT) over the tibialis anterior - distal from the injury and a marker of CS. A group of sex-matched healthy control (HC, 64±6 years of age) was recruited. CS was assessed as the difference between RC and HC groups via the mean difference (MD) with 95% confidence interval (CI95). Recovery in the RC group was assessed via the Penn shoulder score (function subscore), reporting change over the intervention as MD and CI95. These analyses were stratified by sex.

Summary of Results Males demonstrated lower PPT versus control at baseline, whereas females did not (table 1). Post-intervention, females demonstrated larger clinically meaningful improvements in shoulder function compared to males (table 2).

Abstract 236 Table 1

<table>
<thead>
<tr>
<th>Variable</th>
<th>Sex</th>
<th>Mean Difference (HC-RC group)</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>PPT at Tibials Anterior, Kg</td>
<td>Male</td>
<td>2.5</td>
<td>[-9.7, 10]</td>
</tr>
<tr>
<td></td>
<td>Female</td>
<td>0.6</td>
<td>[-2.5, 3.7]</td>
</tr>
</tbody>
</table>

Abstract 236 Table 2

<table>
<thead>
<tr>
<th>Variable</th>
<th>Sex</th>
<th>Mean Difference over time (post-pre)</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Penn Function (0-60, 60 full function)</td>
<td>Males</td>
<td>2.8</td>
<td>[-2.7, 8.4]</td>
</tr>
<tr>
<td></td>
<td>Females</td>
<td>11</td>
<td>[1.6, 2.1]</td>
</tr>
</tbody>
</table>

Conclusions At baseline males with RC tears had lower PPT indicating CS. After intervention, males exhibited less treatment benefit compared to females. These results are in line with prior data demonstrating lower PPT with poorer outcomes, although our study uniquely identified males as centrally sensitized in contrast to classic understanding of pain. Despite small sample size, these data suggest classic assumptions of CS in female patients may not hold for patients with chronic RC related shoulder pain.

237 SUBSTANCE USE AND MENTAL HEALTH COMORBIDITIES AMONG PATIENTS IN A LOW-BARRIER HIV CLINIC

1EE Altweiss*, 1L Chwastiak, 1Jl Tsui, 1E Bhattraju, 1,2MR Golden, 1,2M Ramchandani, 1,IC Dombroski, 1University of Washington, Seattle, WA; 2Public Health — Seattle and King County, Seattle, WA

Purpose of Study Untreated psychiatric and substance use disorders can pose barriers to HIV treatment success. We evaluated the prevalence of and treatment receipt for psychiatric and
substance use diagnoses in the Max Clinic, a novel low-barrier HIV clinic for people with complex needs, in order to inform service improvement.

Methods Used We reviewed the electronic medical records of persons enrolled December 2014 - June 2020, excluding those enrolled for <1 month. We used text notes and diagnosis codes to identify, at enrollment, substance use and injection drug use in the past year, housing status, and prior psychiatric diagnoses. Among patients with substance use or psychiatric diagnoses, we reviewed treatment at enrollment, medications prescribed in the Max Clinic, referrals to specialty care, and completed specialty visits. We conducted a descriptive analysis and examined service receipt stratified by substance type and psychiatric diagnosis, focusing on mental health treatment and medications for opioid use disorder (MOUD).

Summary of Results Of 227 total enrolled patients, 69% had a psychiatric diagnosis, including depressive (51%), anxiety (26%), psychotic (19%), and bipolar (16%) disorders. Most patients (85%) had chart-documented active substance use, including methamphetamine (60%) or heroin (30%); 42% injected drugs. Of 219 patients with a psychiatric diagnosis or substance use, 71% were living homeless or unstably housed. Of 128 patients with a psychiatric diagnosis not receiving treatment at enrollment, 46% were prescribed medications in clinic and 86% were referred to specialty care, of whom 38% completed ≥1 visit. Of 43 patients with chart-documented heroin use at enrollment not on MOUD, 25% were prescribed MOUD in clinic and 60% were referred for MOUD, of whom 40% completed ≥1 visit.

Conclusions This study identified a large unmet need for behavioral health treatment among patients enrolled in a low-barrier HIV clinic. External referral to behavioral health specialists resulted in low rates of engagement, as less than half of Max Clinic patients referred to mental health care and MOUD complete even one specialty care visit. Integrating mental health treatment and MOUD on-site is likely needed to improve patient care.

Purpose of Study Naloxone receptor antagonist that is administered to reverse the effects of opioid overdose. We will investigate several variables to understand how/why we see differences in naloxone availability to gain greater insight into how availability and barriers impact the opioid epidemic. As we expand our research to urban and rural areas, we expect to see a greater amount of pharmacies stock naloxone in San Francisco county compared to Sonoma County due to higher population density and implemented legislation.

Methods Used A list of pharmacies was obtained from the California State Board of Pharmacy. A phone survey was administered to pharmacists and pharmacy technicians to geographically assess and analyze naloxone availability in Sacramento county. This phone survey will be expanded to other counties.

Summary of Results Of all pharmacies contacted thus far, only 44% of pharmacies had naloxone availability in 2018. Of those pharmacies 75% carried Narcan© intranasal spray, 17.9% carried intramuscular injections, 3.6% carried Evzio© auto injector, and 3.6% carried intranasal via atomizer. Only 1 pharmacy was found to carry all 4 formulations, and 49% of pharmacies surveyed furnished naloxone without a prescription. In 2019, we saw an increase in stocking naloxone as 98% of surveyed pharmacies carrying it with 86% of those pharmacies only carrying Narcan© intranasal spray. Naloxone furnishing without a prescription in 2019 jumped to 76%.

Conclusions Our findings suggest that pharmacies have improved their strategies for naloxone use. In the surveyed areas, more than 50% of pharmacies provide an indirect barrier by not carrying naloxone in 2018. About 50% of pharmacies surveyed adhere to voluntary guidelines aimed to increase naloxone availability and limit barriers to access. When surveyed in 2019, 98% were found to carry Naloxone and pharmacies that furnished Naloxone without a prescription increased to 76%. We found that more pharmacies that stock naloxone were willing to furnish without prescription boosting protocol adherence and lowering barriers to availability. Additional data collected emphasizes pharmacies’ unfamiliarity with naloxone use, protocols and guidelines. A similar growth was seen in protocol adherence and naloxone training when resurveyed with a 40% increase in training.
240 ASSOCIATION BETWEEN MENTAL ILLNESS AND CARDIOVASCULAR OUTCOMES AMONG EMERGENCY DEPARTMENT PATIENTS PRESENTING WITH CHEST PAIN

S Kumar*, H Duber, A Sabbatini. University of Washington School of Medicine, Seattle, WA

10.1136/jim-2021-WRMC.239

Purpose of Study Patients with mental illness often experience disparities in treatment that can impact health outcomes. Few studies have examined the difference in cardiovascular (CV) outcomes for emergency department (ED) patients with mental illness compared to those without. The goal of this project was to examine mental health-related disparities in acute care outcomes among Medicaid beneficiaries with an ED visit for nonspecific chest pain.

Methods Used We conducted a retrospective review of 82,807 nonspecific chest pain ED visits of Washington state adult Medicaid beneficiaries from 2010–2017. Patient exposure was determined by ICD codes that identified any mental illness and serious mental illness. Our primary outcome was the incidence of a CV hospitalization within 30 days of the index visit date. Secondary outcomes included acute myocardial infarction (AMI) within 30 days and 6 months, and CV hospitalization within 6 months. We performed multivariate logistic regressions to assess the associations between mental illness/serious mental illness and the outcomes of interest, controlling for race, gender, age, Elixhauser comorbidities, and baseline ED visits and inpatient hospitalization rates from the past year.

Summary of Results Patients with mental illness had similar odds of CV hospitalization within 30 days compared to those without mental illness (OR, 1.53; 95% CI, 0.97 to 2.44; P = 0.070). Patients with mental illness had increased odds for CV hospitalization within 6 months (OR, 1.60; 95% CI, 1.13 to 2.27; P = 0.008), and had similar odds of AMI at 30 days and 6 months compared to those without mental illness. Serious mental illness was associated with higher odds of AMI within 6 months (OR, 1.47; 95% CI, 1.00 to 2.15; P = 0.048).

Conclusions Neither mental illness nor serious mental illness were associated with increased odds of CV hospitalization within 30 days. However, mental illness was associated with increased odds of CV hospitalization within 6 months. Further investigation is warranted to examine the strength of this finding and the relationship between mental health, ED treatment, and short and long-term health outcomes.

241 TRANSITION OF CARE FROM THE EMERGENCY DEPARTMENT FOR PATIENTS WITH OPIOID USE DISORDER

1L Nguyen*, 2K Jablonowski, 3K Hallgren, 4D Taniguchi, 5L Whiteside. 1University of Washington School of Medicine, Seattle, WA; 2Department of Emergency Medicine, University of Washington, Seattle, WA; 3Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA; 4Department of General Internal Medicine, University of Washington, Seattle, WA

10.1136/jim-2021-WRMC.240

Purpose of Study The Emergency Department (ED) is increasingly becoming an important site for buprenorphine initiation for patients with opioid use disorder (OUD), but barriers to continued treatment post ED-discharge remain. Transitional care clinics bridge patients to outpatient care, but little is known about the barriers and facilitators to attendance for patients with OUD. Our study assessed the predictors of attendance at the Harborview Medical Center (HMC) After Care Clinic (ACC) for patients with OUD who visited the ED to understand how to connect these vulnerable patients to ongoing treatment.

Methods Used A retrospective study of patients prescribed or dispensed buprenorphine in the HMC ED from June 1, 2019 – June 1, 2020 and referred to the ACC. Patient and visit-level characteristics were abstracted from the medical records of these patients. Multiple logistic regression was used to identify factors associated with attendance at After Care.

Summary of Results A total of 146 patients were included in the sample, of which 44 (30.1%) attended their ACC visit. Of all 146 patients, 105 (71.9%) were un-house, 129 (88.4%) were not employed, and 86 (58.9%) were concurrently using methamphetamine. Being un-house (odds ratio [OR], 0.32; confidence interval [CI], 0.12 – 0.86), uninsured (OR, 0.17, CI, 0.03 – 1.09), and having a history of incarceration (OR, 0.28, CI, 0.10 – 0.77) were all negatively associated with ACC attendance. Having a cell phone (OR, 1.53, CI, 0.55 – 4.27), a history of a psychiatric disorder (OR, 1.89, CI, 0.75 – 4.76) and being treatment-seeking (OR, 1.81, CI, 0.70 – 4.71) were all positively associated with attendance.

Conclusions This study found that social determinants of health such as experiencing homelessness, being uninsured, and previous incarceration all present barriers to post-ED follow-up, suggesting that these patients warrant increased resources and attention to support their continued healthcare engagement.

242 FACTORS ASSOCIATED WITH PAIN-RELATED HIGH-COST CARE SETTINGS IN HIDRADENITIS SUPPURATIVA

1JM Fernandez, 2AM Thompson*, 2JL Hsiao, 3VY Shi. 1The University of Arizona College of Medicine Tucson, Tucson, AZ; 2University of California Los Angeles, Los Angeles, CA; 3University of Arkansas for Medical Sciences, Little Rock, AR

10.1136/jim-2021-WRMC.241

Purpose of Study Hidradenitis suppurativa (HS) is a chronic inflammatory dermatosis with tender nodules, abscess, and sinus tracts in intertriginous areas. HS has been associated with recent increases in inpatient hospitalization rates. We aimed to evaluate factors affecting pain-related utilization of high-cost care (HCC) in HS.

Methods Used An anonymous online survey was sent to Facebook HS groups asking ‘In the past 12 months, have you gone to urgent care, the emergency department, or been hospitalized because of pain from HS?’ Participants selected which of 20 pain intervention therapies they have tried for HS. A rating scale (0–10) was used for baseline pain. A multivariate logistic regression model was adjusted for Hurley stage (significance p<0.05). Odds ratios (OR) contain 95% confidence intervals.

Summary of Results Of the 438 participants, 93.8% were female. HCC was reported in 32.2% which included 41.7% (15/36) of those with Hurley stage I (mild), 30.8% (72/234) of stage II (moderate), and 32.1% (54/168) of stage III (severe). Those with HCC had significantly higher mean baseline pain than those who did not (4.2 vs 3.4; OR=1.11 [1.03–1.19]; p=0.01). Males were more likely than females to have HCCs (55.6% vs 30.7%; OR=2.86 [1.29–6.47]; p=0.01). Current tobacco smokers were more likely to have
HCCs than those who never smoked (40.0% vs 25.8%; OR=1.97 [1.23–3.19]; p=0.01). Rates of HCCs were higher in users versus nonusers for the following pain management modalities: opioids (51.4% vs 25.8%; OR 3.38 [2.21–5.43]; p<0.01), gabapentin (48.8% vs 30.4%; OR=2.26 [1.17–4.39]; p=0.02), marijuana smoking (44.5% vs 27.1%; OR=2.22 [1.44–3.42]; p<0.01), tramadol (44.6% vs 30.0%; OR=1.99 [1.14–3.45]; p=0.01), massage therapy (45.5% vs 30.7%; OR=1.96 [1.03–3.70]; p=0.04), bleach baths (39.5% vs 29.6%; OR=1.66 [1.04–2.66]; p=0.03), and topical numbing creams (37.6% vs 28.7%; OR=1.55 [1.02–2.34]; p=0.04).

Conclusions Some HS patients require additional education on appropriate use of HCC. Pain control may reduce HCC utilization in HS patients.
Purpose of Study Peripheral arterial line placement is a technically challenging procedure in infants due to small caliber vessels. Repeated unsuccessful attempts can lead to complications, increase procedure time and decrease overall success rate. In pediatric and adult populations, ultrasound-guided placement of peripheral arterial lines has been shown to improve procedural accuracy and lead to fewer attempts and complications compared to a landmark-based approach. A bedside ultrasound program was implemented in our neonatal intensive care unit (NICU) in December 2018. The purpose of this study was to assess whether use of ultrasound (US) decreased the number of peripheral arterial line attempts and increased first attempt success in infants after this program was established.

Methods Used We conducted a retrospective chart review of infants admitted to the neonatal intensive care unit (NICU) who had a successfully placed peripheral arterial line from January 2019 to July 2020 by a NICU provider. We collected demographic information, number of attempts and whether US was used. Student’s t-test and chi-square test were used to compare variables between groups.

Summary of Results A total of 59 arterial lines (23 ultrasound-guided, 36 non-US guided approach) were placed on 49 patients. Ultrasound was used more frequently on larger and older infants. Lines placed by US had fewer attempts for success, while the number of peripheral line attempts decreased, and increased first attempt success in infants after this program was established.

Methods Used We assembled a data set from laboratory tests obtained in five NICUs over 28 months, identifying all patients with a ferritin and RET-He drawn simultaneously (within 48 hours of each other). We compared the group with concordant ferritin and RET-He values, with the group where results of the two tests were discordant. We considered significant discordance if one value was >95th % reference interval, while the other was <5th %, and we sought explanations for these.

Summary of Results Of 190 paired ferritin and RET-He measurements, 16 (8%) were significantly discordant. Fifteen of the 16 involved a high ferritin and a low RET-He. These 15 had a higher immature to total neutrophil ratios (P=0.008) and a higher CRP than did those with concordant values (P<0.001). Eight of the 15 also had clinical evidence of an inflammatory process and five others had suspicion of infection. In these 15, a low MCV and a high %Micro-R, and a low MCH and a high%HYPO-He suggested iron deficiency.

Conclusions When ferritin and RET-He were discordant, inflammation likely cause an elevation in ferritin. Erythrocyte microcytosis and hypochromasia suggested that the low RET-He gave the more accurate interpretation; that iron deficiency was present.

Purpose of Study The serum ferritin level is commonly used to screen neonates for iron deficiency. A more recent method used to assess iron stores is the reticulocyte hemoglobin content (RET-He), which measures the hemoglobin within reticulocytes. The RET-He serves as a metric of the iron available for hemoglobin production during the previous several days. We do not routinely measure both the serum ferritin and the RET-He. However, on rare occasions both tests are obtained simultaneously; and occasionally we observe discordant results. The purpose of this study was to determine why serum ferritin and reticulocyte hemoglobin (RET-He), drawn to assess neonatal iron sufficiency, sometimes have markedly discordant results.

Methods Used We assembled a data set from laboratory tests obtained in five NICUs over 28 months, identifying all patients with a ferritin and RET-He drawn simultaneously (within 48 hours of each other). We compared the group with concordant ferritin and RET-He values, with the group where results of the two tests were discordant. We considered significant discordance if one value was >95th % reference interval, while the other was <5th %, and we sought explanations for these.

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Conclusions When ferritin and RET-He were discordant, inflammation likely cause an elevation in ferritin. Erythrocyte microcytosis and hypochromasia suggested that the low RET-He gave the more accurate interpretation; that iron deficiency was present.
morbidity and mortality. Neurodevelopmental outcomes were based on Bayley's III Scale completed by a psychologist over three years in a subgroup of patients.

Summary of Results Of the 308 infants studied, those with HC had a higher risk of Intraventricular hemorrhage (IVH) (47.3% vs 32.5%, P=0.021) and a higher risk of mortality (17.6% vs. 7.7%, P=0.024). Those with CC had a significant risk of having severe IVH (14.1% vs 2.5%, P=0.001). For those with FU, there was no increased risk for IVH (34.1% vs. 45.8%, P=0.119) or mortality (12.5% vs. 9.5%, P=0.394). Those with HC or CC, there was a decrease in cognitive scores and percentiles (90.36 vs. 96.26, P=0.021), (P=0.039) at 16–24 months. Language percentiles were also impacted (P=0.018). Similarly, in the 26–36 month group, the cognitive percentile (P=0.049) and language percentile (P=0.031) were significantly impacted. Those infants with FU did not have a difference in cognitive or language percentiles when evaluated in either time frame.

Conclusions FU was not a risk factor in VLBW infants with short term outcomes, mortality, or a significant change in long-term neurodevelopmental outcomes. HC is a risk factor for higher mortality. Having either HC or CC increases the risk for IVH and a delay in cognitive and language development. Early evaluation and intervention for vulnerable preterm infants may be necessary to decrease the unfavorable neurodevelopmental outcomes.

### 248 DELIVERY ROOM RESUSCITATION PRACTICE TRENDS IN A POPULATION-BASED COHORT OF INFANTS BORN AT PERIVIABLE GESTATIONAL AGE

1. Chen*, 1. Liu, 1. Gould, 1. R Hintz, 2. D. Yell, 1. Xu, 1. H. Lee. 1. Stanford University School of Medicine, Stanford, CA; 2. Stanford University School of Medicine, Stanford, CA; 3. Yale University School of Medicine, New Haven, CT

#### Purpose of Study
To determine the rate and trend of active resuscitation in a population-based cohort of infants born at periviable gestational age and to examine maternal and clinical factors associated with active resuscitation.

#### Methods Used
Infants born in 2011–2018 at a gestational age of 22 to 25 weeks at California Perinatal Quality Care Collaborative (CPQCC) affiliated hospitals were analyzed. Active resuscitation in the delivery room was defined as either: 1) intubation, cardiopulmonary resuscitation, and/or epinephrine; or 2) CPAP and/or NIPPV if the infant survived beyond 12 hours after birth. The difference in rate of active resuscitation by gestational age and time period (2011–2014 versus 2015–2018) was compared using a 2-sample proportion test. Multivariable logistic regression was used to identify significant maternal and infant factors that impacted the primary outcome of delivery room active resuscitation.

#### Summary of Results
There were 8252 live born infants included and 6630 infants (80%) were provided active resuscitation. Rates of active resuscitation were low at 22 weeks (19%) and increased with each advancing week (e.g., 95% at 25 weeks). The rate of active resuscitation was significantly higher for those born between 23 weeks 4–6 days (78%) compared to those born at 23 weeks 0–3 days (66%, p<0.001). Furthermore, the rate of active resuscitation among those born at 23 weeks significantly increased from 2011–2014 (66%, 95% CI [62%, 70%]) to 2015–2018 (76%, 95% CI [73%, 79%]) (p<0.001). In multivariable analysis, factors associated with greater odds of active resuscitation included maternal black race, increasing gestational age, PPROM, antenatal steroids exposure, cesarean section, singleton birth, and appropriate for gestational age birth weight.

#### Conclusions
Rates of active resuscitation in the delivery room remained low at 22 weeks within CPQCC hospitals. However, at 23 weeks, rates increased significantly over the later part of the week and in 2015–2018 than in 2011–2014. Several maternal and infant level factors influenced the likelihood of active resuscitation.

### 249 FACTORS AFFECTING OUTCOMES OF INFANTS DELIVERED IN AN EMERGENCY SETTING


#### Purpose of Study
Most neonates transition to extra uterine life without any complications during the delivery process. There are multiple unpredictable and unpreventable obstetric emergencies that may lead to undesirable consequences in newborns. The objective was to review maternal and infant characteristics of emergency deliveries occurring in the labor and delivery unit (LDU) at LAC+USC Medical Center.

#### Methods Used
This is a retrospective chart review of pregnant women admitted to LDU delivering emergently between May 2019 and August 2020. Emergency deliveries outside of the LDU and those with intrauterine fetal demise were excluded. Maternal and neonatal electronic medical records were reviewed and analyzed.

#### Summary of Results
50 live births met inclusion criteria. The median maternal age was 26 years (IQR24–33 yrs), median gravidity 3. The majority (82%) of women presented in labor. 86% of deliveries were via Cesarean section (CS). 54% of women were obese. 56% of women had prenatal complications. 58% had prenatal care starting the 1st trimester; 6% had no prenatal care. Non reassuring fetal heart tracings was the most common reason for emergency CS (72%), followed by uterine rupture (14%), cord prolapse (9%) and placental abruption (5%). Median infant gestational age was 39 weeks (IQR37–40wks) with mean birth weight of 2933 g (SD833 g). Large for gestational age infants constituted 10% of the population. 6% of infants had shoulder dystocia. Advanced resuscitation in the delivery room (DR) was required in 40% of infants, including positive pressure ventilation (38%), intubation (4%), chest compressions (2%), vascular access (2%). Half of the infants required NICU admission. 76% required respiratory support. Most of the infants admitted to NICU required non-invasive positive pressure ventilation (79%), 21% required invasive mechanical ventilation. All infants intubated in the DR underwent therapeutic hypothermia (8% of total infants). Overall mortality rate was 2%.

#### Conclusions
A high numbers of infants require DR resuscitation and NICU admission after delivery in emergency setting. Majority of NICU admissions were secondary to respiratory
Adolescent medicine and behavior development V

Concurrent session
11:00 AM
Saturday, January 30, 2021

Purpose of Study
Withdrawal was reportedly used by 5.3% of U.S. women in the latest national study; however, it is not routinely recommended as a birth control method by professional organizations. A dichotomy thus exists between the perception of withdrawal and the extensiveness of its use. The purpose of this study is to determine the prevalence of withdrawal use amongst medical students and identify possible factors associated with greater use of this contraceptive method.

Methods Used
In an electronic survey, 150 medical students, who have engaged in heterosexual intercourse when not trying to conceive, were asked about their use of withdrawal as a contraceptive method and factors affecting their choice of contraceptive use.

Summary of Results
Of the 57% who reported having used withdrawal to prevent pregnancy, 48% reported having relied on it by itself for birth control. When asked the selection criteria for their most frequently used method recently, ease of use (77%) was the most commonly selected criteria, followed by effectiveness (59%), availability (39%), and cost (33%). When asked the reasons for potentially using withdrawal as their only form of contraception, availability (52%) was the most commonly selected reason, followed by ease of use (47%), difficulty obtaining other methods (29%), and cost (25%). Majority (57%) of respondents said they would be unlikely to use withdrawal in the future; 91% credited low efficacy/unreliability as the reason why.

Conclusions
Despite this perception of withdrawal as a poor contraceptive method, this study confirms that withdrawal has been used by a majority of medical students due to its availability, ease of use, and cost. These findings provide more insight into withdrawal use to help health professionals understand the factors young adults value in a free method.

Abstract 251 Table 1
Baseline characteristics N=32

<table>
<thead>
<tr>
<th>Trait</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gestational Age*</td>
<td>37.0 (±1.3)</td>
</tr>
<tr>
<td>Female Sex (%)</td>
<td>18 (56.3)</td>
</tr>
<tr>
<td>Birth Weight (g)*</td>
<td>2576 (2246, 2880)</td>
</tr>
<tr>
<td>Small for Gestational Age (%)</td>
<td>13 (40.6)</td>
</tr>
<tr>
<td>Silo Placement (%)</td>
<td>20 (63)</td>
</tr>
<tr>
<td>Age at Final Closure (days)*</td>
<td>8 (8, 8)</td>
</tr>
<tr>
<td>Post Operative Days at Feed Initiation*</td>
<td>12 (10, 20)</td>
</tr>
<tr>
<td>Suspension of Feeding Advancement After Initiation (%)</td>
<td>13 (40.6)</td>
</tr>
<tr>
<td>NPO days*</td>
<td>6 (3, 9)</td>
</tr>
<tr>
<td>Duration of Trophic Feeds (days)*</td>
<td>3 (2, 4)</td>
</tr>
<tr>
<td>Time to Reach Full Feeds After Initiation (days)*</td>
<td>13 (10, 20)</td>
</tr>
<tr>
<td>Day of Life to Achieve Full Feeds (days)*</td>
<td>32 (26, 41)</td>
</tr>
<tr>
<td>Central Line Duration (days)*</td>
<td>29 (22, 36)</td>
</tr>
<tr>
<td>Length of Stay (days)*</td>
<td>37 (28, 47)</td>
</tr>
</tbody>
</table>

*Mean(±SD) +Median (IQR)

Conclusions
Baseline data for our gastroschisis population is presented. A guideline was implemented to standardize feeding advancement. The first PDSA cycle is currently underway to help reach our aim of reducing time to full feeds by 15% from 13 to 11 days.
and low failure rate of withdrawal when used correctly, use of withdrawal is infrequently discussed in sexual education courses or in medical settings. The purpose of this study is to address associations between sexual health education and perception and use of withdrawal amongst graduate students, and to identify gaps in knowledge regarding withdrawal as a method of contraception.

Methods Used In an IRB-approved project on an exempt basis, 84 male and 100 female medical graduate students were asked about their knowledge and perception of withdrawal, amount of contraceptive counseling received, and their personal practices in an anonymous electronic survey.

Summary of Results Of the 160 students who had taken sexual education courses, 45% reported that withdrawal, or the ‘pull-out’ method, was discussed. Furthermore, less than 2% of those respondents reported ever being counseled about withdrawal in a medical setting. A majority of surveyed students (91%) also reported low efficacy as a reason to not use withdrawal as their only method of contraception, despite 56% of respondents having used withdrawal in the past. Of note, 58% of surveyed students who admitted to ever having used withdrawal for birth control were female, versus 42% of whom were male.

Conclusions The results of this study reveal that there is not a significant association between use and perception of withdrawal and contraceptive education about withdrawal in either medical counseling or sexual education courses. However, the study sheds light on the limited awareness of withdrawal and its efficacy in spite of receiving sexual health education in various settings. Existing research on coitus interruptus suggests that individuals who are unfamiliar with other contraceptive methods and individuals who have been unsatisfied with all other contraceptive choices are most inclined to use withdrawal. These findings highlight the need for health care professionals and sexual health educators to expand their efforts to include more comprehensive information on a commonly used method of contraception.

Abstract 253 Table 1 Intervention studies to improve childhood vaccinations

<table>
<thead>
<tr>
<th>Author, year, location</th>
<th>Subject population</th>
<th>Control cohort</th>
<th>Intervention cohort</th>
<th>Reminder intervention</th>
<th>Vaccination rate before intervention vs after intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sallage, P. 2002, Monroe County, NY</td>
<td>Inner City (n= 1653), 64% Medicaid, 79% African American and Hispanic; Rest of City (n=838), 38% Medicaid, 52% African American and Hispanic; Suburbs (n= 590), 8% Medicaid, 10% African American and Hispanic</td>
<td>1993 historical control</td>
<td>1996 early phase intervention; 1999 main intervention</td>
<td>Community wide phone calls, postcards, home visits in 10 practices</td>
<td>1993 vs 1999 Inner City: 55% vs. 84%<em>; Rest of City: 64% vs 81%</em>; Suburbs: 73% vs 88%; 1996 vs 1999 decrease in disparity: White vs black: 12% to 8%; White vs Hispanic: 11% to 5%*</td>
</tr>
<tr>
<td>Wood, D. 1998, Los Angeles, CA</td>
<td>Mother-infant pairs (n=419), 100% Medicaid, 100% African American</td>
<td>Patients with Health Passport that included the vaccination record (n=210)</td>
<td>Health passport with vaccination record, and case management (n=209)</td>
<td>Case manager home visits 2 weeks prior to immunization date</td>
<td>50.6% vs 63.8%*</td>
</tr>
<tr>
<td>Hoekstra, E. 1998, Chicago, IL</td>
<td>Children (n=16581) whose mothers have WIC, insurance type not described, 80% African American or Hispanic</td>
<td>1996 historical control: no voucher incentives and monitoring</td>
<td>1997: Voucher incentives and monitoring (n=209)</td>
<td>Voucher incentives that were issued to cover 3 months</td>
<td>56% vs 89%*</td>
</tr>
<tr>
<td>Vora, S. 2009, Chicago, IL</td>
<td>Mother-infant pairs (n=400), 81% Medicaid, 100% African American</td>
<td>2001 and 2002 historical control</td>
<td>BIRTH PIP</td>
<td>Phone calls, mail, home visits</td>
<td>49% vs 92%*</td>
</tr>
<tr>
<td>Ahlers-Schmidt, C. 2012, Wichita, KS</td>
<td>Pediatric patients (n=90), 59% public insurance, 16% African American</td>
<td>Patients received appointment reminder card (n=40)</td>
<td>Patients received appointment reminder card and text reminders (n=50)</td>
<td>Text reminders 7 days prior to immunization date</td>
<td>2 months: 80% vs 100%; 4 months: 70% vs 89%; 6 months: 68% vs 79%*</td>
</tr>
</tbody>
</table>

* p < 0.05; WIC (Special Supplemental Nutrition Program for Women, Infants, and Children); BIRTH PIP (At birth pediatric immunization program).
A RARE PRESENTATION OF HENOCHE-SCHONLEIN PURPURA AS HEMORRHAGIC BULLOUS LESION IN AN ADOLESCENT

M Kaur, M Khamlong*, A Abad, T Nandhagopal. Kern Medical Center, Bakersfield, CA
10.1136/jim-2021-WRMC.254

Purpose of Study Henoch-Schonlein purpura (HSP) also known as Immunoglobulin A vasculitis is the most common childhood systemic vasculitis affecting the skin, gastrointestinal tract, joints, and kidney. Skin lesions of HSP typically present with non-thrombocytopenic palpable purpura of the buttocks and lower extremities. <2% of children with HSP cases develop hemorrhagic bullous lesions (Trapani et al, 2010). We present an unusual case of hemorrhagic bullous HSP in an adolescent female who responded well to dapsone.

Methods Used Single patient case report.

Summary of Results A 16-year-old female with a history of DM type 1 presented with palpable, purpuric lesions on her foot and arthritis of the ankle joints. The rash progressed to involve her lower extremities and buttocks. She reported a self-limiting URI two weeks prior. She denied any fever, abdominal pain, or dysuria. Two days later, the rash progressed to the trunk and extensor surfaces of upper extremities, with blistering and painful hemorrhagic bullous lesions. CBC with diff was unremarkable, CRP 5.01 mg/dL, and ESR 27 mm/hr. Autoimmune, vasculitis, and infectious panels were negative. Renal function remained normal. Initial skin biopsy was inconclusive due to sample size. Oral prednisone was initiated and IVIG was added due to minimal skin improvement. A repeat skin biopsy revealed leukocytoclastic vasculitis, consistent with HSP. The patient was discharged home with steroid dose taper. Patient relapsed with new skin lesions. She responded well to dapsone and penicillin was started as prophylaxis for extensive skin lesions.

Conclusions Hemorrhagic bullous HSP is rare in children and may require more aggressive care than the typical presentation of HSP especially in adolescents. Treatment includes corticosteroids for anti-inflammatory effects and IVIG for lesions refractory to corticosteroid (Mauro et al, 2018). Dapsone has been shown effective due to its anti-IgA, antioxidant and anti-neutrophilic effect (Iqbal & Evans, 2005). Additionally, bullous lesion in pediatric population warrants an early skin biopsy to rule out bullous pyoderma gangrenosum, a neutrophilic dermatosis and to initiate treatment accordingly. Further studies are needed to determine the pathophysiology and management of hemorrhagic bullous HSP.
characterized by headache, seizures, and encephalopathy, often associated with hypertension.

We present the case of a 9 year old boy with a history of well-controlled epilepsy on levetiracetam who presented with 13 days of fever and rash. Four weeks prior to admission, levetiracetam was switched to zonisamide for concerns of weight gain. On arrival, he was febrile, with erythematous lesions on buccal mucosa, bilateral conjunctival injection, and generalized papules and macules with significant anasarca. Laboratory findings were remarkable for leukocytosis, transaminis, elevated inflammatory markers, and elevated HHV-6 serology. He was treated with steroids (dosing based on admission weight) for a presumed diagnosis of DRESS secondary to zonisamide, then developed hypertension and subsequent acute encephalopathy. MRI findings showed multifocal, bilateral gyriform foci in a posterior distribution consistent with PRES. His altered mental status improved as steroids were weaned and blood pressure stabilized.

In our literature review, we found one patient with PRES following treatment for DRESS. Our patient presents a clinically complex pediatric case of DRESS, treated with steroids, who developed hypertension and eventually PRES, a rare phenomenon in the pediatric population. Thus, we urge clinicians to: (1) stay vigilant in monitoring elevated blood pressures in the pediatric population, where it can be easy to dismiss or miss; (2) monitor steroid use and resulting HTN and; (3) be mindful of acute weight changes when dosing, as differences can lead to substantial consequences.

**Abstract 256 Table 1 Clinical course timeline**

| Day 0–5 | Zonisamide stopped. Methylprednisolone initiated using admission weight (dosing 50% greater than intended due to anasarca) |
| Day 9–11 | Two seizures occurred. Spike in blood pressure. AMS seen. MRI shows PRES. |
| Day 12–19 | Steroid wean started. Improved blood pressure and mental status seen. |

Conclusions CC patients presented with symptoms less likely to align with ‘typical’ UTI symptoms; however, the finding that three patients had negative urine cultures underscores the need for comprehensive evaluation of all children with suspected UTI. Clinicians must be aware of variations in UTI presentation and balance prompt initiation of therapy with the potential harms of antibiotic administration.

**257 VARIATIONS IN CLINICAL AND LABORATORY PRESENTATION OF UTI IN MEDICALLY COMPLEX PATIENTS**

MB Iyer*, A Nguyen, J Beck, K Kieran. University of Washington School of Medicine, Seattle, WA

Purpose of Study In medically complex children (MCC), evaluating for urinary tract infections (UTI) can be complicated due to vague and nonspecific presentation. The current American Academy of Pediatrics criteria for UTI diagnosis is based on findings in otherwise healthy children, thus this poses an issue for MCC. We sought to describe urinalyses and clinical presentations in symptomatic children with varying levels of medical complexity.

Methods Used A retrospective cross-sectional analysis was performed of all patients admitted to a single freestanding children’s hospital with an ICD-9 or ICD-10 diagnosis of UTI (cystitis or pyelonephritis) from January 1, 2018-December 31, 2019. Demographic data were collected, as were urinalysis characteristics and culture results. Continuous data were assessed with measures of central tendency, and comparisons among groups of MCC (complex chronic [CC], non-complex chronic [NCC] and non-chronic [NC]) were performed using t-tests and analyses of variance, while proportional outcomes were assessed using chi-square and Fisher’s exact tests.

**Summary of Results** A total of 119 patients had 133 admissions. Males comprised 47.1%, 17.6%, and 23.5% of CC, NCC, and NC patients, respectively (p=0.010). CC patients were significantly older (median age 11.1 years) than NCC or NC patients (median age 4.2 and 7.0 years, respectively; p=0.0035). While patients in all three groups were equally likely to be febrile, CC patients (54.6%) were less likely than NCC (82.4%) or NC (70.6%) patients to have vomiting/nausea (p<0.0001). Elevated CRP was more often seen in NC patients (75%) than in CC (18.2%) or NCC (33.3%) patients (p=0.007), while pyuria was seen in fewer NCC (47.5%) than CC (70.7%) or NC (73.5%) patients (p=0.02). Three patients had negative urine cultures. All patients received a 10–14 day antibiotic course (82% orally).


**258 IMPROVING COMPLETION RATES OF MATERNAL DEPRESSION SCREENING IN AN ACADEMIC PEDIATRIC PRACTICE**

1KH a b i b * ,2K Mullens. 1The University of Arizona College of Medicine Phoenix, Phoenix, AZ; 2Phoenix Children’s Hospital, Phoenix, AZ

Purpose of Study The American Academy of Pediatrics recommends that Pediatricians screen all postpartum women for maternal depression. Maternal depression not only affects mothers, but also can have negative consequences on the child’s health and development. The purpose of this study is to determine whether there is a provider bias among Pediatricians in screening for maternal depression at well-child check-ups. The results will shed light on provider biases and will help increase screening rates.

Methods Used This was a retrospective study within the Division of Primary, Complex Care at Phoenix Children’s Hospital from 7/1/19 to 3/31/20. Maternal depression screening was conducted utilizing a validated 2-question screening tool, the Patient Health Questionnaire (PHQ2). This tool was administered to mothers at their well-child check-ups (months 1, 2, 4, and 6). Analysis was based on completion of the screening, race/ethnicity of the mother, maternal language, infant age, and socioeconomic status.

Summary of Results A total of 401 patient encounters were collected and patient demographic characteristics were reported. Individual comparisons between the 4 time points were assessed using the McNemar’s test followed by multiple comparisons adjustment. Results showed statistically significant increases in depression screening between 1 month (N=156, 38.9%) and 2 months (N=187, 46.6%) for all patients (p<0.008) and patients with public insurance from 1 month (N=117, 39.4%) to 2 months (N=142, 47.8%) (p<0.008) following the Bonferroni Correction. A logistic regression analysis showed that Hispanic mothers were two times more likely to be screened at 1 month (odds ratio 2.08, CI 1.01, 4.32).
For longitudinal analysis, the generalized estimating equation showed that at 2 months, the odds of all mothers being screened was 8% higher than at 1 month (OR 1.08, p < 0.002). Mothers with boys had a 3% increase in being screened at each well-child visit (OR 1.03 p < 0.039) and patients with private insurance had a 5% increase in screening at each visit (OR 1.05 p < 0.032).

Conclusions This study suggests that there are screening biases among Pediatricians for postpartum depression that are influenced by infant gender, race/ethnicity of the mother, maternal language, and socioeconomic status.

COVID – Infectious diseases II

Concurrent session

11:00 AM

Saturday, January 30, 2021

259 EFFECTS OF COVID-19 ON MORBIDITY AMONGST PATIENTS WITH PRE-EXISTING ASTHMA IN THE CENTRAL VALLEY DURING THE EARLY PANDEMIC

A Singh*, 1R Plasencia, 1V Plasencia, 2AZ Ahmad, 1University of California San Francisco, Fresno, CA; 2UCSF Fresno, Fresno, CA

Purpose of Study Current data is unclear as to whether asthma increases morbidity due to SARS-CoV-2 infection.1 In Central Valley counties, rates of asthma range from 18 to 26.8% compared to 15.2% statewide. This study investigated asthma as a risk factor in confirmed COVID-19+ patients in this region during the initial phase of the pandemic.

Methods Used De-identified data was obtained from a registry of COVID-19+ cases in a tertiary hospital system in the Central Valley Apr-May 2020, &amp; classified based on health outcomes. Outcomes obtained: # of hospitalizations w/in the past 90 days, length of hospital stay (LOS), ICU admission, risk scores based on chronic conditions, age, gender, length of ICU stay, & deaths of patients with & w/o asthma. ICU patients were delineated by COVID as primary or secondary with other co-morbidities.

Summary of Results The study had 360 patients, where 18.6% had asthma, 80.3% w/o asthma, & 1.1% were unknown. Due to COVID, 35.8% of the asthmatic patients were hospitalized, & 11.9% in the ICU. In comparison, 22.5% of the non-asthmatic patients (controls) were hospitalized & 9.3% in the ICU. The avg. age was 46.7 yrs., & male to female ratio was 1.2:1. Patients with asthma had significantly higher risk of hospitalization compared to controls (1.21 vs. 1.08, p = 0.04). The LOS did not differ between the two groups. Yet, asthmatic patients when admitted with COVID, had avg. longer ICU stay (17.4 to 12.7 days p = 0.166). When risk stratification was applied, asthmatic patients had avg. greater general risk score of 3.6 to 3.1 compared to control (p = 0.159). They also had a significantly greater avg. # of chronic meds (8.6 vs. 5.3 p = 0.000) and co-morbidity score (1.2 vs. 0.78, p = 0.006). Of the 4 deaths from COVID related disease, 3 had asthma & required ICU care.

Conclusions Patients with asthma had a greater: admission rate, ICU stay, general risk, # of chronic meds, & comorbidities. Whether their COVID disease severity was primary or secondary to comorbidity factors needs further study. Pre-assessment of asthma risk & comorbidity is useful to predict outcomes during this pandemic. This particularly applies to patients in the Central Valley, where asthma prevalence is greater across all age & demographic groups.

260 A UNIQUE HOST IN HIV AND MORBID OBESITY FOR COVID-19

1NM Winicki*, 1,2JParker, 1University of California Riverside, Riverside, CA; 2University of California Los Angeles, Los Angeles, CA

Case Report Introduction: Severe acute respiratory syndrome (SARS-CoV-2) is part of the beta-coronaviridae family. This virus has been shown to cause pneumonias which can rapidly progress to acute respiratory distress syndrome. We present a case of an HIV+, morbidly obese (BMI > 56) patient that survived infection with SARS-CoV-2.

Case description On March 17, a 45-year-old male with a significant medical history of a BMI > 56, previous pulmonary embolism, HIV and diabetes mellitus was admitted to the hospital with shortness of breath (SOB) after several days of cough and flu-like symptoms. He had a qSOFA score of 0 and his blood cultures were negative. WBC was within range at 9.1K/uL. Computed tomography angiography was performed and showed no pulmonary embolism. On March 25th, he tested positive for COVID-19 via PCR. The patient was discharged on March 30th to self-isolate. He presented with SOB on a telemedicine follow-up visit on April 2nd and retested positive for COVID-19 via PCR. CT values were monitored from the first positive CT PCR test on March 25th to April 30th when the virus was no longer detected.

Discussion Both diabetes and a BMI greater than 40 have shown to be high risk factors for severe illness in SARS-CoV-2 infection in addition to high IL-6 levels. Furthermore, obesity is considered a state of low-grade inflammation, with IL-6 being one of adipose tissue’s major interleukins released. While IL-6 was not elevated in this patient’s case, he was HIV positive which can increase IL-6, and lead to worse outcomes with COVID-19. Importantly, greater visceral adipose tissue has shown to increase the need for intensive care in COVID-19 cases. As such, SOB and lack of oxygen are what categorize COVID-19 patients as ‘symptomatic,’ however, they are also common presentations in morbidly obese patients. This poses a challenge for clinicians when deciding how to classify their patient per CDC/WHO guidelines.

Both HIV and obesity are thought to have played a role in this patient’s viral persistence and extended shedding period. While more research is needed for this subset of patients, this case provides a look into how HIV and obesity serve as a unique host for the novel SARS-CoV-2 virus, as well as provide a picture of how difficult such cases can be to manage.

261 SEX DIFFERENCES IN ANXIETY DISORDERS AND LOW SOCIOECONOMIC STATUS DURING THE COVID-19 PANDEMIC

C Roose*. The University of Arizona College of Medicine Tucson, Tucson, AZ

10.1136/jim-2021-WRMC.260
Purpose of Study The coronavirus disease 2019 (COVID-19) pandemic imposes an unprecedented stressor on all aspects of society, including mental health and economic instability. The objective for this study was to analyze information regarding the psychological responses and economic consequences males and females are experiencing. Based on prior literature (Jainapurkar, 2018), females are more likely to develop anxiety compared with men due to social roles and income (de Mola, 2020). In light of this, it is anticipated the economic and psychological effects of the pandemic will disproportionately affect females compared to males during the COVID-19 outbreak.

Methods Used A nationally representative survey was administered to 1,006 healthy individuals over the age of 18 in the month of April, 2020, near the outset of the nationwide attempts to control the spread of COVID-19. A total of 439 males and 567 females participated in this study. Participants completed the Zung Self-Rated Anxiety scale, General Anxiety Disorder 7-item scale (GAD 7), and annual income report. Finally, participants reported if they experienced the loss of their primary job.

Summary of Results A GAD 7 cut score of ≥8 (Plummer, 2016) was used to assess clinically significant anxiety. Significantly more females (n = 107; 25.2%) exceeded this cutoff than males (n = 210; 38.1%; p < 0.001). Additionally, a Zung Self-Rated Anxiety cut score of ≥45 (Dunstan, 2020), was used to assess clinically significant levels of anxiety. Again, a greater proportion of females (n = 121; 21.4%) exceeded this cutoff compared to males (n = 72; 16.5%; p = 0.049). There was no statistically significant difference in the annual income of males versus females. However, there were significantly different levels of anxiety associated with income quintiles between sexes. There is a higher proportion of anxiety among people in the lower income group. In addition, females exhibit higher rates of anxiety than males regardless of income. Finally, females showed a trend toward higher rates of primary job loss (n = 110; 19.4%) than males (n = 65; 14.8%) (p = 0.057).

Conclusions Females reported higher levels of anxiety than males, regardless of income, in addition to higher rates of primary job loss. Finally, higher rates of anxiety are present among people in the lower income group.

Summary of Results Comparison of LA (< 914 meters above sea level, n=58) counties of similar population density as HA (>2133 meters above sea level, n=58) counties yielded significantly lower COVID-19 per capita deaths at HA versus LA (615 cases versus 905 cases per 100,000 population, p=0.034). HA county per capita deaths due to COVID-19 were significantly lower than LA county per capita deaths (9.4 deaths versus 19.5 deaths per 100,000 population, p = 0.017). However, COVID-19 case mortality did not differ between HA and LA counties (1.78% versus 1.46%, p = 0.267). Regression analysis, adjusted for relevant covariates, demonstrated decreased COVID-19 infection rates by 12.26%, 11.68%, and 11.40% per 495 m of county elevation, for cases recorded over the preceding 30, 90, and 120 days, respectively.

Conclusions This population-adjusted, controlled analysis suggests that residence at HA attenuates the risk of COVID-19 per capita infection and death, but does not attenuate mortality. Further research is required to identify the specific environmental, biological, and social factors of residence at HA that contribute to infection, transmission, and pathogenesis of COVID-19.

Summary of Results 2,855 patients were taking statins, and 18,875 patients had not. After matching, the average age among statins patients (66.9 years) equated to an average age in non-statins patients (66.8 years). Among statins patients, the mortality rate was 16.0%. We carried out 10 iterations of PS matching by demographics and comorbidities, and observed significantly higher mortality among control patients (17.4% to 19.7%) in 8/10 times (Chi-square test, p < 0.05). When

Purpose of Study The use of statins has been associated with a reduced rate of mortality and other severe outcomes among patients with coronavirus disease 2019 (COVID-19). Our goal was to leverage data from Electronic Health Records (EHR) to investigate this hypothesis in a diverse population in the United States.

Methods Used Data were obtained and analyzed from Cerner’s large COVID-19 EHR database containing nearly 120,000 records of COVID-19 patients across 62 healthcare centers. All patients had an emergency room visit or were hospitalized. Only patients with a COVID-19 diagnosis confirmed by a lab test were considered. COVID-19 patients with exposure to statin medications, defined as at least one medication order for a statin within a period of 10 days before and 7 days after a positive COVID-19 lab test, were compared to COVID-19 patients who did not have a medication order for statins. Propensity-score (PS) matching with a 1–2 ratio was used to match patients by demographics (age, sex, ethnicity, race), and by comorbidities (hypertension, diabetes, COPD) and medication indication (high cholesterol, hyperlipidemia) as identified by ICD codes.

Summary of Results 2,855 patients were taking statins, and 18,875 patients had not. After matching, the average age among statins patients (66.9 years) equated to an average age in non-statins patients (66.8 years). Among statins patients, the mortality rate was 16.0%. We carried out 10 iterations of PS matching by demographics and comorbidities, and observed significantly higher mortality among control patients (17.4% to 19.7%) in 8/10 times (Chi-square test, p < 0.05). When
carrying out 10 iterations of PS matching by medication indication as well as demographics and comorbidities, we again found significantly higher mortality in controls (17.7% to 20.0%) in 9/10 times (Chi-square test, p < 0.05).

Conclusions Among COVID-19 patients using statins we observed a statistically significant decrease in mortality when compared to matched controls. These results support previous evidence that statins may reduce severity of COVID-19-related mortality.

264 HISPANIC PARADOX IN THE SETTING OF THE COVID-19 PANDEMIC

1H Tazhibi*, 2P Wahba. 1Western University of Health Sciences, Granada Hills, CA; 2Progressive MD Clinic, Mission Hills, CA

10.1136/jim-2021-WRMC.263

Purpose of Study The Hispanic Paradox is an epidemiological finding in which Hispanic Americans tend to have better, mortality rates than Non-Hispanic White Americans and a decreased prevalence stroke, cancer, and hip fracture. Our purpose was to observe the Hispanic Paradox during the COVID-19 pandemic in regards to mortality.

Methods Used The published data of Hispanics and NH-Whites were obtained from the Department of Public Health of California and spans from April to September. It was compiled in excel to show the Hispanic Paradox in percent cases and percent deaths related to COVID-19.

Summary of Results According to the California Department of Health, as of April 2020, Hispanics made up 36% of cases of COVID-19, which is the highest percentage amongst all populations that occupy California. This number was comparable to the 32% of cases accounted for by NH-Whites. Hispanics made up the second highest percentage of deaths at 28% which is second to the 41% of NH-White deaths. This data gives an overall picture of the early stages of the pandemic. As the pandemic continued Hispanics have higher cases and deaths than NH-White. The cases and deaths are the greatest for Hispanics aged between 18 and 79, however, they are steadily decreasing for Hispanics while increasing for Caucasians. This trend continues until the age of 80 where there is a complete reversal of the trend and percent cases and percent deaths for Caucasians is greater than that of Hispanics.

Conclusions We show that over the age of 80, Hispanics in California have less percent death related to COVID-19 compared to NH-Whites. With differing hypotheses for this anomaly and no agreed upon explanation, the recent pandemic has shed more light on the Hispanic Paradox that coincides with other disease states, and it is noteworthy to see its effects in a novel viral pandemic.

265 EVALUATING THE RISK OF COVID-19 ILLNESS AMONG EMS PROVIDERS FOLLOWING CARDIOPULMONARY RESUSCITATION AND AEROSOL GENERATING PROCEDURES

1AD Brown*, 2L Schwarcz, 1CR Counts, 1BY Yang, 1AJ Latimer, 2C Drucker, 2J Blackwood, 3P Kudenchuk, 1M Sayre, 1T Rea. 1Univ. of Wash. School of Medicine, Seattle, WA; 2Public Health Seattle and King County, Seattle, WA

10.1136/jim-2021-WRMC.264

Purpose of Study Emergency Medical Services (EMS) providers may treat patients with COVID-19 illness without knowing the patient’s COVID-19 status. Aerosol generating procedures (AGPs) are believed to increase occupational risk. The magnitude of risk from AGPs while wearing personal protective equipment is unclear. We evaluated the risk of EMS providers acquiring COVID-19 when AGPs were vs. were not used during the care of COVID-19 patients.

Methods Used This retrospective cohort study identified patients from a statewide COVID-19 registry with a positive COVID-19 nasopharyngeal swab (RT-PCR+) within 10 days of an EMS encounter, between Feb. 16 and July 31, 2020 in King Co., WA. AGPs were defined as endotracheal intubation, supraglottic airway insertion, bag-valve mask ventilation, continuous positive airway pressure, non-rebreather (NRB) oxygen, and nebulizer or metered dose inhaler medication therapy. COVID-19 transmission was attributed to the
encounter if the EMS provider’s RT-PCR+ test occurred ≤14 days after the encounter.

Summary of Results 3231 EMS provider-encounters involved 1722 unique EMS providers who cared for 1155 COVID-19 patients. Of the 1382 COVID-19 patient encounters, 1162 involved no AGP and 220 had at least one AGP. The most common AGPs were NRB oxygen (77%), positive pressure ventilation (27%), and advanced airway (18%); 25 (11%) required chest compressions. During the study period, 3 of the 1722 EMS providers became RT-PCR+ within 14 days of the COVID-19 patient encounter. One provider had both AGP and no AGP encounters, while one performed no AGPs and the third only had AGP encounters. Overall incidence of EMS COVID-19 infection after occupational exposure was low (0.93/1000 provider encounters).

Conclusions EMS COVID-19 occupational risk attributable to patient encounters was quite low. The analysis was limited by the very small number of RT-PCR+ providers precluding a meaningful comparison by AGP encounters. Continued analysis and surveillance are ongoing to refine these results and enable a robust comparison of AGP-specific risk.

Purpose of Study To evaluate proper mask use and social distancing behaviors that prevent COVID-19 transmission among the general public.

Methods Used This was a prospective, observational study in a large, urban city. In accordance with CDC guidelines, we developed study definitions for breaches (two persons with mouth or nares exposed while coming within six feet of each other), and incorrect mask-wearing (mouth or nares exposed). Ten medical students were trained on data collection and categorization. Over a two-week period, data collectors observed encounters of 16084 individuals over 139 hours, of which 2960 (18.4%) were not wearing a mask. Of those wearing a mask, 1495 (11.4%) were wearing the mask incorrectly. In total, there were 2903 breaches. The percentage of people not wearing masks varied by location type: airport (7.0%), grocery store (9.4%), NRB oxygen (15.4%), city square (37.7%), public transit (20.1%), and street intersection (17.5%). Male patients were more likely to be wearing masks correctly than females. People commonly do not wear masks, or wear them incorrectly and do not appropriately maintain physical distancing.

Health care research V Concurrent session
11:00 AM
Saturday, January 30, 2021

Purpose of Study Ensuring adequate testing for children born to mothers infected with hepatitis C virus (HCV) is imperative to identify and treat HCV-positive children. Previous studies have indicated <30% of exposed children are appropriately tested for HCV infection. One key part is accurate transfer of HCV test results from the maternal to infant chart. We evaluated data transfer in our regional clinics.

Methods Used To evaluate the data sources and documentation related to HCV infection, we performed qualitative interviews with clinical staff at six large clinics that provide prenatal and newborn care with Southcentral Foundation. This center provides a wide range of health services through multiple regional clinics; all of which share a single electronic medical record system. Variation in provider type was incorporated within the selection of interviewees.

Summary of Results Most interviewees (12/13) noted a lack of consistency regarding the placement of HCV information within both maternal and infant records and how this increases time spent reviewing charts. Five participants reported maternal HCV data could be provided in six different locations within the chart note, with variability between departments. Inconsistent placement of information was also noted regarding the location of infant HCV information and the placement of infant HCV exposure information.

Many interviewees (9/13) identified a benefit of direct communication, either verbal or through a patient message, between the obstetrics and pediatric teams to bring attention to infant HCV exposure. Participants suggested including follow-up instructions in the discharge summary for infants at risk of perinatal HCV infection. Six interviewees identified the ideal solution for ensuring proper transfer of HCV data as an add-on within the medical record program that would automatically transfer all maternal laboratory data into the infant chart.

Conclusions We conducted interviews with different clinicians and identified a lack of consistent data reporting and placement as well as key issues regarding data transmission of HCV information from the maternal chart to infant chart.
Purpose of Study An unplanned hospital readmission (UHR) occurs when a patient is discharged from the hospital and is then unexpectedly readmitted within 30 days. UHRs are linked to adverse health outcomes and cost Canada $1.8 billion annually. Anticipating UHRs may improve patient care and decrease cost. This study identified factors associated with UHRs at BC Children’s Hospital (BCCH) and analyzed how they have changed across 10 years.

Methods Used The BCCH discharge abstract database (DAD) was used to retrospectively analyze all admissions from April-March of 2007–09 and 2017–19. Admissions were categorized as index admissions (preceding a UHR) or control admissions (all other). Covariates were extracted from the DAD and stratified by admission type.

Summary of Results From 2017–19 there were 11,850 admissions, of which 777 were index admissions (6.6%). Compared to the control group, index admissions were associated with: a longer length of stay (6.7 vs 6.1 days), more admissions via the ER (64.2% vs 47.5%), older age (8.0 vs 7.6 years), longer ICU stay (4.68 vs 3.18 days), more ER visits in the 6 months prior (31.5 vs 8.1), more pre-admission comorbidities (1.2 vs 0.7), and fewer post-admission comorbidities (0.3 vs 0.6). The 3 most common diagnoses associated with index admissions were chemotherapy for a neoplasm (6.4%), vomiting alone (3.0%), and unspecified acute lower respiratory infection (2.2%). The 3 most common diagnoses associated with the control group were chemotherapy for a neoplasm (6.2%), predominantly allergic asthma without status asthmaticus (2.6%), and obstructive sleep apnea (1.7%).

In comparison, from 2007–09 there were 11,223 admissions, of which 1,149 were index admissions (10.2%). Similar trends were shown, however, differences in index admissions included a longer length of stay (7.6 days), fewer admissions via the ER (51%), longer ICU stay (5.3 days), and more surgical day care visits in the 6 months prior (10.3 vs 4.8).

Conclusions Covariates associated with index admissions have been identified and hold potential predictive value. We will use these to develop UHR risk prediction models which may allow for future quality improvement projects to decrease UHRs.

Purpose of Study Cervical cancer is the third leading cause of gynecologic cancer in women in the United States. While studies have demonstrated that certain characteristics of a woman’s neighborhood, including socioeconomic status and clinical resources, put her at a greater risk for developing different types of cancers, this link is yet to be studied in cervical cancer incidence and mortality in Chicago.

This community needs assessment was designed to assess health care facilities in Chicago that perform pap smears and colposcopies to better understand geographical gaps in accessibility. Then, to compare these possible gaps to incidence and mortality of cervical cancer in neighborhoods with barriers such as: socioeconomic status, race and geographic location.

Methods Used An analysis of 76 healthcare facilities was performed in Chicago, IL. Brief interviews were conducted with each health care facility, including Federally Qualified Health Centers, physician’s offices and hospitals. Information obtained included: ability to perform pap smears and colposcopies, insurance accepted and where referrals were sent. The data collected from these interviews was mapped alongside population data from the Chicago Health Atlas evaluating socioeconomic status, race, cervical cancer mortality and incidence.

Summary of Results The analysis of the facilities show that 89% conduct pap smears, while only 56% perform colposcopies. In the review of the Chicago Health Atlas from 2012 to 2016, the highest rates of cervical cancer occur in Hispanic and African American women compared to Non-Hispanic white patients at an incidence of 12.1, 11.7 and 7.3 per 100,000 respectively. Initial geographic overlay of incidence rates showed higher cervical cancer incidence rates in regions without screening resources for colposcopy.

Conclusions While pap smears are available throughout Chicago, the availability of colposcopies is limited. This is likely another barrier to screening and treatment for cervical cancer. Our review suggests that the neighborhood of residence and accessibility to screening resources play a role in the disparities in cervical cancer diagnosis and treatment in Chicago.

Purpose of Study Asthma is the most common chronic illness in the US, affecting 8% of children. Asthma exacerbations often result in hospitalization and significant healthcare costs. The purpose of this study is to describe the long-term trend in asthma admission rates over fifteen years at a tertiary care hospital following implementation of an asthma quality improvement interventions. This included a standardized inpatient care process model based on Joint Commission on Accreditation of Healthcare Organizations criteria, first implemented at PCH (2008–2010), then statewide across the Intermountain Healthcare system (2011–2013). Additional interventions consisted of a standardized inpatient-to-outpatient care transition program, Continuing Medical Education and Maintenance of Certification activities at PCH and affiliated Intermountain facilities, and

Abstracts

268 UNPLANNED HOSPITAL READMISSIONS AT BRITISH COLUMBIA CHILDREN’S HOSPITAL

1,A Wachtel, 1MA Irvine, 2,3RC Courtemanche, 2,M Buczewska, 2,3D Courtemanche, 1BC Children’s Hospital Research Institute, Vancouver, BC, Canada; 2,3The University of British Columbia, Vancouver, BC, Canada

10.1136/jim-2021-WRMC.267

269 UNDERSTANDING GAPS IN CARE: EXPLORING NEIGHBORHOOD LEVEL RESOURCES FOR CERVICAL CANCER SCREENING IN CHICAGO, IL

1,KP Olerich, 2,D Oshomwanu, 3,K Munoz, 4,N Lee, 5,S Dewdney, 1,Rush Medical College of Rush University, Chicago, IL; 2,University of Chicago, Chicago, IL; 3,Chicago Medicine, Chicago, IL

10.1136/jim-2021-WRMC.268

270 TRENDS OF PEDIATRIC HOSPITAL ADMISSIONS FOR ACUTE ASTHMA BETWEEN 2005–2019

A Chambers*, B Fassi, F Nkoy, University of Utah Health, Salt Lake City, UT

10.1136/jim-2021-WRMC.269
several research projects in clinics throughout the state to assist with managing chronic asthma control in the outpatient setting. We abstracted asthma admission rates and quality metrics from the hospital database that maintains a dedicated asthma registry and describe trends in annual admissions.

**Summary of Results** Between 2005 and 2019, 5344 patients were admitted to PCH for acute asthma with an annual average of 356 patients. Between 2005–2009 the annual admission average was 303 patients (range 247–450) per year, which subsequently increased to 472 (range 348–578) between 2010–2014 and then decreased to 294 (range 271–325) between 2015–2019. Compliance with evidence based asthma care measures remained >80% following implementation of the quality improvement program.

**Conclusions** Changes in pediatric asthma admissions over time may be associated with implementation of a comprehensive asthma quality improvement program across a health system.

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**HEALTHCARE RESOURCE UTILIZATION IN CHILDREN WITH CEREBRAL PALSY**

**Purpose of Study** Cerebral palsy (CP) is the most common cause of motor impairment in children. Management involves care by medical/paramedical professionals and use of assistive devices. The purpose of this study was to learn about use and funding for health professionals and equipment accessed by children with CP.

**Methods** Used Caregivers of children with CP attending a pediatric orthopaedic clinic were invited to participate in an anonymous survey. Demographics, frequency of healthcare visits by provider, types of devices accessed, and how these services were funded were collected.

**Summary of Results** Surveys were completed by 234 caregivers of children across all Gross Motor Function Classification System (GMFCS) levels. Children at GMFCS IV/V and III/V were more frequently reported to have hospital admissions and emergency room visits, respectively. Children saw an average of 4.9 (SD=1.5) medical professionals and 3.4 (SD=1.5) paramedical specialists. Total healthcare visits and professionals visited showed a trend towards increasing by GMFCS level. Total average annual visits with healthcare professionals was 78.8 (SD=66), with children at GMFCS V reporting 107.4 (SD=83.1). Children at GMFCS III [82.3 (SD=52.7)] and V [91.9 (70.8)] reported the highest number of paramedical visits. Funding was primarily government for physiotherapy (PT) at 79% (131/166) and for occupational therapy (OT) at 80% (133/166). Alternate funding for PT/OT included private insurance (18%), self-pay (23%), charity (5%), and others (8%). Caregivers most often reported including self-pay for orthoses and wheelchairs.

**Conclusions** Caregivers of children with CP reported a high number of annual visits with healthcare providers with a trend suggesting an increasing number of visits and providers with increasing GMFCS level. Funding for resources was often supplemented by families, suggesting a need for additional funding and services for children with CP.

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**CORRELATION OF RAIL SYSTEMS WITH LOWER TRAFFIC FATALITY RATES**

**Purpose of Study** Traffic fatality is a significant public health concern globally, and several factors may affect traffic fatality. We aimed to evaluate the relationship between rail systems and traffic fatalities and investigate whether this relationship contributes to the decrease in traffic fatality rates.

**Methods** Used Traffic fatality data, motor vehicle registrations, and rail lines of 34 U.S. and 8 non-U.S. cities from 2018 were obtained. Pearson correlation (linear regression) analyses were performed between all variables (figure 1).

**Summary of Results** The correlation coefficient (r) for rail systems (n=42) and total traffic fatality rates, child traffic fatality rates, and the number of motor vehicle registrations per capita were -0.49 (p<0.01), -0.31 (p<0.05), and -0.46 (p<0.01), respectively.
respectively, while the correlation coefficients for the number of motor vehicle registrations per capita and all traffic fatality and child traffic fatality rates were 0.54 (p<0.01) and 0.18 (p=0.24), respectively (table 1).

Conclusions
A higher number of rail lines correlated with reduced traffic fatalities and lower numbers of motor vehicle registrations per capita.

Abstract 273 Table 1

<table>
<thead>
<tr>
<th>Comparisons</th>
<th>R</th>
<th>R- square</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of rail line vs. Total traffic fatality rate</td>
<td>-0.49</td>
<td>0.24</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Number of rail line vs. Child total traffic fatality rate</td>
<td>-0.31</td>
<td>0.1</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Total traffic fatality rate vs. Motor vehicle registrations per capita</td>
<td>0.54</td>
<td>0.29</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Child total traffic fatality rate vs. Motor vehicle registrations per capita</td>
<td>0.18</td>
<td>0.03</td>
<td>0.24</td>
</tr>
<tr>
<td>Number of rail line vs. Motor vehicle registrations per capita</td>
<td>-0.46</td>
<td>0.21</td>
<td>&lt;0.01</td>
</tr>
</tbody>
</table>

Conclusions This study can inform further development of oncology specific curriculum in FM residency programs. Further study is required to understand areas of discordance between FMR and SD across the country.

Neonatology general VI
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Saturday, January 30, 2021

Abstract 274 Figure 1
Conclusions
This study can inform further development of oncology specific curriculum in FM residency programs. Further study is required to understand areas of discordance between FMR and SD across the country.

IMPROVING ONCOLOGY EDUCATION FOR FAMILY MEDICINE RESIDENTS: HOW DOES BC COMPARE?
A Janz*, P Ingledew, L Wang, S Bortnik, J Garsha, UBC, The University of British Columbia, Vancouver, BC, CA, academic, Vancouver, BC, Canada
10.1136/jim-2021-WRMC.273

Purpose of Study
Despite a rising incidence and prevalence of cancer in Canada, there are gaps in postgraduate medical curriculum related to oncology. Family medicine (FM) physicians provide a key role at all stages of the cancer journey and as such FM training programs should include relevant education. The purpose of our study was to assess the current state of oncology education in the University of British Columbia (UBC) FM residency program. Results were compared to the recently completed national Canadian FM residency program survey (CFMRSPS) that did not include UBC.

Methods Used
A web-based survey, utilizing the previously conducted CFMRSPS, was distributed to 348 UBC FM residents (FMR) and 20 site directors (SD). The survey assessed presence of an oncology curriculum, current teaching methods and perceived gaps. Results were compared to CFMRSPS data (non-UBC) and interpreted with descriptive statistics.

Summary of Results
54/348 UBC FMR and 10/20 SD completed the survey. 3% of UBC and 7% of non-UBC FMR felt their program adequately prepared them to care for oncology patients. Between UBC FMR/SD and non-UBC FMR/SD there was uniformity in perceived importance of a list of oncology topics to be covered in training. There was discordance in the perceived frequency of topics taught between all FMR residents and SD. This discordance was more prominent in the BC data, than nationwide.

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Conclusions
This study can inform further development of oncology specific curriculum in FM residency programs. Further study is required to understand areas of discordance between FMR and SD across the country.

Neonatology general VI
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Abstract 274 Figure 1
Conclusions
This study can inform further development of oncology specific curriculum in FM residency programs. Further study is required to understand areas of discordance between FMR and SD across the country.
Abstract 275 Table 1

<table>
<thead>
<tr>
<th>Clinical Outcomes</th>
<th>Pre-guideline</th>
<th>Post-guideline</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute kidney injury n (%)</td>
<td>1 (1.59)</td>
<td>4 (3.31)</td>
<td>0.496</td>
</tr>
<tr>
<td>Blood stream infection n (%)</td>
<td>5 (7.94)</td>
<td>11 (9.09)</td>
<td>0.792</td>
</tr>
<tr>
<td>Respiratory tract infection n (%)</td>
<td>6 (9.52)</td>
<td>21 (17.36)</td>
<td>0.154</td>
</tr>
<tr>
<td>Urinary tract infection n (%)</td>
<td>2 (3.17)</td>
<td>8 (6.61)</td>
<td>0.329</td>
</tr>
<tr>
<td>Meningitis n (%)</td>
<td>1 (1.59)</td>
<td>2 (1.65)</td>
<td>0.973</td>
</tr>
<tr>
<td>Necrotizing enterocolitis n (%)</td>
<td>1 (1.59)</td>
<td>5 (4.17)</td>
<td>0.352</td>
</tr>
<tr>
<td>Mortality n (%)</td>
<td>15 (23.81)</td>
<td>17 (14.05)</td>
<td>0.097</td>
</tr>
</tbody>
</table>

Purpose of Study
Vancomycin is frequently used for empiric treatment in suspected late onset sepsis (LOS) in neonatal intensive care units (NICU), however, inappropriate or unnecessary use can lead to additional morbidities and emergence of drug resistance. Standardization and appropriate vancomycin utilization are imperative for safer patient care.

Methods Used
This study was a part of qualitative improvement (QI) initiative to optimize vancomycin use in a level 4 NICU by introducing standardized LOS guideline with defined indications and criteria for empiric antibiotics. Implementation was started in 09/19 after completion of providers education. Periods evaluated were 12/18–03/19 (pre-guideline) and 12/19–03/20 (post-guideline). Data was retrospectively compared, including demographics, indications, days of therapy/1000 days (antibiotic utilization rate - AUR), cultures, isolated pathogens and resistance profiles. Clinical outcomes and adherence to the guideline were evaluated. Wilcoxon rank sum test was applied for continuous variables and Pearson chi-square test was applied for categorical variables. p<0.05 was considered significant.

Summary of Results
There were 63 LOS antibiotic courses given to 40 patients pre-guideline, and 121 courses in 63 patients in post-guideline period. We found a significant decrease in vancomycin AUR in the post-guideline period (76.56 in the pre-guideline vs 61.42 in the post-guideline; p=0.036). Clinical outcomes and mortality within 30 days of antibiotic use were not significantly different between two periods (table 1). Adherence to the LOS antibiotics guideline was 66.31%.

Conclusions
Development of a standardized guideline for LOS evaluation and empiric antibiotic utilization resulted in reducing vancomycin AUR, while not negatively affecting clinical outcomes or morbidities. Further analysis is needed in order to identify factors contributing to unnecessary vancomycin use, as well as educational needs to ensure appropriate antibiotic use overall.

Abstract 276 Table 1

<table>
<thead>
<tr>
<th>Demographics &amp; Outcomes</th>
<th>EHM (n=50)</th>
<th>HMF (n=30)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth weight (grams)*</td>
<td>935 (750,1110)</td>
<td>994.5 (760,1145)</td>
<td>0.32</td>
</tr>
<tr>
<td>Gestational age (weeks)*</td>
<td>26.86 (25,28.1)</td>
<td>27.855 (27,30.3)</td>
<td>0.02</td>
</tr>
<tr>
<td>Male n (%)</td>
<td>23 (46)</td>
<td>15 (50)</td>
<td>0.32</td>
</tr>
<tr>
<td>SGA n (%)</td>
<td>6 (12.3)</td>
<td>6 (20)</td>
<td>0.20</td>
</tr>
<tr>
<td>Days to reach full enteral feeding **</td>
<td>29 (18,41)</td>
<td>30 (20,44)</td>
<td>0.46</td>
</tr>
<tr>
<td>Minimum Blood Glucose (mg/dL)**</td>
<td>61 (50,66)</td>
<td>71 (59,77)</td>
<td>0.002</td>
</tr>
<tr>
<td>Hypoglycemia within 72h n (%)</td>
<td>28 (47.5)</td>
<td>9 (30)</td>
<td>0.11</td>
</tr>
<tr>
<td>*Variable with different denominator</td>
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</tbody>
</table>

Conclusions
BG levels in preterm infants less than 1250 grams were significantly lower when fed exclusive human milk potentially because of its slightly lower carbohydrate content. However, the rate of hypoglycemia was not significantly different between the two groups. BG levels should be continuously monitored in preterm infants fed EHM once off parenteral nutrition or intravenous fluids. Our findings need to be verified with larger sample size.
Abstract 277 Table 1 Demographics and outcomes

<table>
<thead>
<tr>
<th>Birth weight (grams)*</th>
<th>Gestational age (weeks)*</th>
<th>Treated retinopathy of prematurity, n (%)</th>
<th>Necrotizing enterocolitis, n (%)</th>
<th>Bronchopulmonary dysplasia, n (%)</th>
<th>Intracranial hemorrhage, n (%)</th>
<th>Brain volume (mm3)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>No steroids (n=55)</td>
<td>925 (808, 1030)</td>
<td>28 (27, 30)</td>
<td>0</td>
<td>4 (7)</td>
<td>25 (45)</td>
<td>20 (36)</td>
</tr>
<tr>
<td>Received postnatal steroids (n=47)</td>
<td>662.5 (557.5, 793)</td>
<td>25.3 (24.3, 26.5)</td>
<td>25 (35)</td>
<td>6 (8)</td>
<td>67 (93)</td>
<td>56 (78)</td>
</tr>
<tr>
<td>P-value</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>1.00</td>
<td>&lt;0.001</td>
<td>0.54</td>
</tr>
</tbody>
</table>

Abstract 277 Table 2 Neurodevelopmental outcomes between groups

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No postnatal steroids (n=11)</td>
<td>95 (85, 100)</td>
<td>83 (77, 94)</td>
<td>94 (82, 100)</td>
<td>100 (85, 110)</td>
<td>90 (90, 90)</td>
<td>83 (79, 91)</td>
<td>91 (82, 94)</td>
</tr>
<tr>
<td>Received postnatal steroids (n=17)</td>
<td>80 (75, 90)</td>
<td>77 (71, 83)</td>
<td>88 (76, 94)</td>
<td>90 (85, 95)</td>
<td>90 (85, 90)</td>
<td>79 (71, 83)</td>
<td>73 (73, 85)</td>
</tr>
<tr>
<td>P-value</td>
<td>0.004</td>
<td>0.047</td>
<td>0.02</td>
<td>0.14</td>
<td>0.16</td>
<td>0.07</td>
<td>0.003</td>
</tr>
</tbody>
</table>

*Median (25th percentile, 75th percentile)
LOT decreased from 14 days to 11 days, with all patients completing pharmacologic treatment during their inpatient stay. The average LOS decreased by 25%, from 24 days to 18 days.

Conclusions In our institution, using an algorithm for management of NAS shows promise in decreasing length of pharmacological treatment while simultaneously decreasing length of hospital stay for infants who show signs and symptoms of drug withdrawal.

**Abstract 279**

**BENEFITS OF DELAYED CORD CLAMPING IN PRETERM INFANTS AT 23–28 WEEKS OF GESTATION AT BIRTH**

1,2,5 Sakhamuru*, 1,2 Chu, 1,2,5; Keel, 1,2,5; Barton, 1,2,5 Ramanathan, 1,2,5; Cayabay. 1 Los Angeles County, University of Southern California, Granada Hills, CA; 2 University of Southern California Keck School of Medicine, Los Angeles, CA; 3 Los Angeles County University of Southern California Medical Center, Los Angeles, CA

Purpose of Study To compare short-term outcomes in preterm infants 23–28 weeks of gestation exposed to delayed cord clamping (DCC) vs. immediate cord clamping (ICC).

Methods Used This is a retrospective study of all preterm infants born at 23–28 weeks of gestation at LAC+USC Medical Center between 2016–2020. Demographics, DCC and clinical data were extracted from electronic medical records and the neonatal database. Data was analyzed with Chi-Square or Fischer Exact test and Wilcoxon Rank Sum test.

Summary of Results Fifty-three infants met inclusion criteria. Majority of infants 39/53 (74%) were in the ICC group. The median gestational age, birth weight and hemoglobin at 24 hours of life in infants with DCC were significantly higher. These infants received fewer packed red blood cell transfusions with the first occurring at a later day of postnatal life. The rate of intraventricular hemorrhage and necrotizing enterocolitis was not different between the groups, but the rate of hypotension requiring vasopressors was lower in infants with DCC. (Table 1) No infant suffered from hypothermia in the DCC group.

Conclusions Our preliminary findings show that DCC is beneficial in this preterm population. It is imperative to perform DCC whenever possible, especially in the smallest and most immature infants. Larger sample size is needed to confirm our findings.

### Abstract 279 Table 1

**Demographics and outcomes**

<table>
<thead>
<tr>
<th></th>
<th>Immediate Cord Clamping</th>
<th>Delayed Cord Clamping</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gestational age (weeks)</strong></td>
<td>N = 39</td>
<td>N = 14</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Birth weight (g)</td>
<td>775 (725, 975)</td>
<td>1057.5 (885, 1180)</td>
<td>0.001</td>
</tr>
<tr>
<td>Male sex (%)</td>
<td>15 (41)</td>
<td>7 (50)</td>
<td>0.75</td>
</tr>
<tr>
<td>Vaginal delivery (%)</td>
<td>9 (23.1)</td>
<td>8 (57.1)</td>
<td>0.04</td>
</tr>
<tr>
<td>Admission Temperature (°C)</td>
<td>36.7 (36.6, 37.1)</td>
<td>36.9 (36.8, 37.2)</td>
<td>0.38</td>
</tr>
<tr>
<td>Hemoglobin at 24 hours of life (g/dL)</td>
<td>13.9 (12.9, 15.7)</td>
<td>16.3 (15.1, 17.7)</td>
<td>0.02</td>
</tr>
<tr>
<td>Transfusion at 24 hours of life (%)</td>
<td>13 (33.3)</td>
<td>1 (7.1)</td>
<td>0.08</td>
</tr>
<tr>
<td>Day of life of transfusion*</td>
<td>3 (1, 7)</td>
<td>5 (2, 21)</td>
<td>0.11</td>
</tr>
<tr>
<td>Number of transfusions*</td>
<td>6 (4, 9)</td>
<td>3 (1, 5)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Hypotension requiring vasoressors (%)</td>
<td>21 (53.8)</td>
<td>2 (14.3)</td>
<td>0.01</td>
</tr>
<tr>
<td>Intraventricular Hemorrhage (%)</td>
<td>24 (61.5)</td>
<td>6 (42.9)</td>
<td>0.67</td>
</tr>
<tr>
<td>Necrotizing Enterocolitis (%)</td>
<td>3 (7.7)</td>
<td>1 (7.1)</td>
<td>1.00</td>
</tr>
</tbody>
</table>

*median(25th percentile, 75th percentile)
Abstract 280 Table 1

<table>
<thead>
<tr>
<th>Theme</th>
<th>Representative Quotation</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRE-CALL WORK</td>
<td>‘That’s not a typical question I ask… I feel like there are some parents who want to be called in the middle of the night if their baby has a spell in the middle of a spell count down. But, no I haven’t asked that.’</td>
</tr>
<tr>
<td>Recognizing that families</td>
<td>‘It’s definitely the one that always slips to the end of the day for me, especially when things are busy or if we’re trying to help out with more active, sicker patients.’</td>
</tr>
<tr>
<td>have different needs</td>
<td></td>
</tr>
<tr>
<td>Not asking parents directly</td>
<td></td>
</tr>
<tr>
<td>what they want</td>
<td></td>
</tr>
<tr>
<td>Prepping before a phone call</td>
<td></td>
</tr>
<tr>
<td>Reasons providers call in the middle of the night</td>
<td></td>
</tr>
<tr>
<td>BARRIERS TO CALLS</td>
<td>‘You can get a little bit about ‘are they understanding what I am saying’, ‘are they nodding’, ‘are they processing’, or is this going over someone’ head and they are panicked?’</td>
</tr>
<tr>
<td>Workload</td>
<td></td>
</tr>
<tr>
<td>Phone call are no longer the norm</td>
<td></td>
</tr>
<tr>
<td>Can’t get ahold of a family member</td>
<td></td>
</tr>
<tr>
<td>Some conversation are time consuming</td>
<td></td>
</tr>
<tr>
<td>DOWNSIDES TO TELEPHONE CALLS</td>
<td>‘It’s just hard because we never know when you last talked to them and you probably never know when we last talked to them.’</td>
</tr>
<tr>
<td>One - sided communication</td>
<td></td>
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<tr>
<td>Having a ‘speal’</td>
<td></td>
</tr>
<tr>
<td>Lack of non-verbals to gauge emotion</td>
<td></td>
</tr>
<tr>
<td>Calling at inconvenient times</td>
<td></td>
</tr>
<tr>
<td>Can’t easily comfort on the phone</td>
<td></td>
</tr>
<tr>
<td>No standardization of phone calls</td>
<td></td>
</tr>
<tr>
<td>Poor rapport</td>
<td></td>
</tr>
<tr>
<td>Attending to babies while on the phone</td>
<td></td>
</tr>
<tr>
<td>PHONE CALL LOGISTICS</td>
<td>‘I’ve had so many parents ask me if I can send them photos of their baby while they’re gone for the weekend. It’s so hard to say “no” and you just have to be very delicate about everything.’</td>
</tr>
<tr>
<td>Knowing when the last update was</td>
<td></td>
</tr>
<tr>
<td>Missed call anxiety from parents</td>
<td></td>
</tr>
<tr>
<td>Not calling a family</td>
<td></td>
</tr>
<tr>
<td>OTHER WAYS TO UPDATE FAMILIES</td>
<td>‘Sometimes I will comment on the baby in a non-medical way like “oh, your baby is so cute, he opened his eyes today. He’s acting hungry”. Little things like that I think parents enjoy hearing.’</td>
</tr>
<tr>
<td>Interest in sending text messages</td>
<td></td>
</tr>
<tr>
<td>Using video calls</td>
<td></td>
</tr>
<tr>
<td>Having a NICU live feed</td>
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<tr>
<td>WAYS TO IMPROVE CALLS</td>
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</tr>
<tr>
<td>Building rapport on the phone</td>
<td></td>
</tr>
<tr>
<td>Selling expectations</td>
<td></td>
</tr>
</tbody>
</table>

Abstract 281 Figure 1  Comparison of rates of active care in infants born at 22–23 weeks and mortality in older infants

Conclusions Hospitals that more frequently pursue intensive care for infants born at 22–23 weeks do not necessarily experience improved outcomes for extremely preterm infants at older gestational ages.
Purpose of Study
There is no current data to show that simulation based deliberate practice in Neonatal Resuscitation Program (NRP) training improves patient outcomes. We hypothesize that NRP simulation, using deliberate practice, can improve patient outcomes and NRP performance.

Methods Used
The project design consisted of a prospective pre- and post-intervention study at a 22-bed, level IV neonatal intensive care unit (NICU). Nine neonatal-perinatal medicine fellows completed a boot camp followed by 2–6 in situ mock codes. The boot camp served as a baseline level of performance, and the subsequent in situ mock codes provided repetitive opportunities for practice and evaluation of NRP performance. Resuscitations of 734 infants and resuscitations of 697 infants, who were born at the hospital and admitted into the NICU, were reviewed and gathered in baseline and prospective databases, respectively.

Summary of Results
There were no differences in NRP performance (adherence scores, mean = 4.98, p = 0.18) between the 2 groups. The post-intervention group had more infants with major congenital anomalies (20.44% vs 75.04%, p = 0.04). There were no differences in patient outcomes: death within 12 hours (0.41% vs 1.29%, p = 0.07), length of stay (p = 0.63), disposition (death, discharge home, or transported) from the hospital (p = 0.23), and hypoxic ischemic encephalopathy (1.89% vs 2.81%, p = 0.40). The post-intervention group had more complex resuscitations (41.01% vs 54.23%, p = 0.0001) requiring positive pressure ventilation (PPV) (25.48% vs 32.28%, p = 0.01) and intubation (6.4% vs 9.61%, p = 0.03).

Conclusions
There was no performance decay over time which showed that deliberate practice maintained NRP skills. The need for more complex resuscitation could be due to the increased number of infants with major congenital anomalies in the post-intervention group. The increased use of PPV and intubation in the post-intervention group could imply effective resuscitation skills emphasizing effective ventilation. Patient outcomes were not worse in the post-intervention group, despite the fact that it had more infants with major congenital anomalies. Our data suggest that deliberate practice has value in maintaining optimal NRP performance and patient outcomes.

Cardiovascular, nephropathy and hypertension concurrent session

1:00 PM
Saturday, January 30, 2021

283 AGE-SPECIFIC ASSOCIATION BETWEEN STANDING HEIGHT AND PULSE PRESSURE IN ADULTS

A Visaria, P Maniar*, B Dave, S Kumarapuram, D Lo. Rutgers New Jersey Medical School, Newark, NJ; New Jersey Institute of Technology, Newark, NJ

Purpose of Study
While standing height is positively associated with blood pressure in the pediatric population, studies have suggested an inverse association in adults. We sought to determine whether age modified the association between standing height and hypertension (HTN) and pulse pressure (PP).

Methods Used
The study included 11,807 adults ≥20 years not taking antihypertensives and without history of cardiovascular disease. Standing height was categorized into sex-specific quartiles (male: <168.9, 168.9–174.1, 174.1–179.3, ≥179.3 cm; female: <155.6, 155.6–160.7, 160.7–165.5, ≥165.5 cm). HTN was defined as BP ≥130/80, and elevated PP was defined as PP ≥55 mmHg. We estimated odds ratios (OR) using logistic regression, adjusting for covariates, accounting for the complex survey design, and stratifying by 10-year age groups.

Summary of Results
Among the 11,807 adults, 24% had elevated PP and 26% had HTN. Those in the highest quartile (Q4) of height were younger, had greater waist circumference, and had lower proportions of microalbuminuria and diabetes compared to those in the lowest quartile (Q1). Those in Q4 had 15% lower unadjusted odds of HTN compared to Q1, losing significance after adjustment (OR [95% CI]: unadjusted OR = 0.85 [0.74, 0.98], adjusted OR = 1.12 [0.95, 1.32]). Stratifying by race/ethnicity revealed 60% higher adjusted odds of HTN in Hispanics (Q4 vs. Q1; adjusted OR = 1.60 [1.14, 2.23]) but not non-Hispanic Whites or Blacks. Those in Q4 had 21% lower adjusted odds of elevated PP compared to Q1 (unadjusted OR: 0.61 [0.51, 0.73], adjusted OR: 0.79 [0.65, 0.95]). These lower odds of elevated PP were evident only in non-Hispanic Whites. When stratifying by 10-year age groups, odds of elevated PP significantly decreased with increasing age up to 70 years (Q4 vs. Q1; 20–29 yrs: 1.19 [0.9, 1.57], 30–39: 1.12 [0.80, 1.55], 40–49: 0.92 [0.57, 1.46], 50–59: 0.62 [0.39, 0.99], 60–69: 0.31 [0.19, 0.52], 70+: 0.57 [0.32, 1.00]; P-trend <0.001).

Conclusions
Standing height was found to be negatively associated with HTN and elevated PP, especially in older adults ≥50 years; however, there exist differences among race/ethnicities. The association with PP and significance in older adults may suggest that age-related arterial stiffness plays an important role.

284 UNDERSTANDING ACCESS TO HEALTHY OPTIONS IN FOOD BANKS AS PART OF COMMUNITY-BASED CHRONIC DISEASE PREVENTION AND MANAGEMENT EFFORTS

LJ Archuleta*, C Vargas, A Knoblock-Hahn, E Jimenez. University of New Mexico School of Medicine, Albuquerque, NM

Purpose of Study
Food insecurity is a major public health issue in the United States associated with increased chronic disease burden and negative health outcomes. Studies show adults with very low food security are 42% more likely to have hypertension compared to adults in food-secure households. Traditionally, food banks have offered shelf-stable, calorie dense, high sugar and salt foods. Recently, food pantries have attempted to provide more nutritious food options to their clients. The purpose of this study is to describe current attitudes and practices of food bank staff regarding access to and promotion of healthy foods and nutrition education.

Methods Used
This study consisted of a cross-sectional, anonymous online survey and semi-structured interviews with staff from a network of food banks that operate mobile food pantries in the United States.
Summary of Results Staff from 16 of 32 eligible food banks (50%) responded to an electronic survey. Five survey respondents went on to complete an interview. A large proportion of responding pantries (81%) reported always or almost always offering a wide variety of fresh produce during distributions. Fewer pantries always or almost always encourage whole-grain over refined-grain products (44%) and offer three or more kinds of canned food without added sugar (31%) or added salt (25%). Half of responding sites have a formal policy on the types of food they will accept (50%), with one-fourth only accepting food considered healthy (25%). Challenges related to food donations that were identified during the interviews included difficulty with determining what could be done with ‘unhealthy’ food donations, and the fact that national partnerships can make it difficult to turn away food. Half of responding pantries always or almost always offer recipes and cooking tips, but few (6–13%) routinely employ more active education techniques, such as tastings, cooking demos or ‘walk-the-line’ nutrition education. 75% want to do more nutrition education.

Conclusions There is some evidence that mobile food pantries are stocking and promoting healthy foods, but more support is needed around managing the donation process, offering whole grains and canned foods without added sugar and salt, and developing interactive nutrition education activities.

Abstract 285 Table 1

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>Heart Transplant Control (n=523)</th>
<th>Nodular Liver without Cirrhosis (n=24)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-Year Survival</td>
<td>85.1%</td>
<td>95.8%</td>
<td>0.148</td>
</tr>
<tr>
<td>3-Year Freedom from CAV</td>
<td>91.0%</td>
<td>95.8%</td>
<td>0.347</td>
</tr>
<tr>
<td>3-Year Freedom from NF-MACE</td>
<td>82.4%</td>
<td>91.7%</td>
<td>0.240</td>
</tr>
<tr>
<td>1-Year Freedom from AMR</td>
<td>94.1%</td>
<td>91.7%</td>
<td>0.669</td>
</tr>
<tr>
<td>1-Year Freedom from ACR</td>
<td>95.9%</td>
<td>91.7%</td>
<td>0.479</td>
</tr>
</tbody>
</table>

DOES LIVER SURFACE NODULARITY CONTRAINDICATE HEART TRANSPLANT?

I Singh*, T Singer-Englar, N Patel, M Hamilton, J Kobaishigawa. Smidt Heart Institute, Cedars-Sinai, Los Angeles, CA

Purpose of Study The criteria for combined heart-liver transplant (HTx) has not been well established. Liver cirrhosis in a heart failure patient would require consideration for HTx. Investigators have used (NIT) such as ultrasound and CT scans to assess for liver surface nodularity which suggests cirrhosis. Biopsies are then performed to assess for liver disease. However, pathology findings can be heterogeneous and therefore the biopsy may not be reliable to exclude cirrhosis due to sampling error. It is not known whether abnormal NIT suggesting cirrhosis alone renders poor outcome if heart transplant (HTx) proceeds.

Methods Used Between 2012 and 2017, we identified 24 patients with an abnormal NIT demonstrating liver surface nodularity suggestive of cirrhosis. Patients had liver biopsies without cirrhosis by pathology. Of these 24 patients, the worst pathology finding was seen in only 3 patients who had 3–4+ fibrosis. Study endpoints included 3-year survival, freedom from non-fatal major adverse cardiac events (NF-MACE: MI, CHF, PCI, ICD implant, stroke), and freedom from cardiac allograft vasculopathy (CAV, defined by stenosis ≥30%). Freedom from 1-year rejection [acute cellular rejection (ACR), antibody-mediated rejection (AMR)] was also recorded. We compared these 24 patients to patients who underwent HTx without liver disease (n=523) during this same time period.

Summary of Results Patients who had liver nodularity with HTx had similar 3-year survival, freedom from NF-MACE, and freedom from CAV compared to control patients who had HTx without liver disease. Furthermore, 1-year freedom from rejection was similar between study groups (see table 1). The 3 patients with 3–4+ fibrosis on liver biopsy were survivors.

Conclusions In our single center experience, surface nodularity suggesting cirrhosis by NIT without confirming liver biopsy of cirrhosis does not appear to be a contraindication to proceed with HTx alone.

THE CORRELATION BETWEEN EXECUTIVE FUNCTION AND COPING MECHANISMS IN INDIVIDUALS WITH CONGENITAL HEART DEFECTS


Purpose of Study Adults with congenital heart defects (CHD) are more likely to exhibit executive dysfunction and have psychiatric disorders when compared to the general population, yet they are less likely to be diagnosed. Literature suggests the etiology of the psychiatric diagnosis in CHD patients is inconclusive. The lack of understanding of this population’s psychiatric deficits is a probable factor affecting why psychiatric comorbidities are underdiagnosed in individuals with CHD. This is a growing concern due to an increasing number of adults who are currently living with CHD.

Methods Used Individuals were eligible for this mixed methods pilot study if: (1) diagnosed with CHD; (2)18–24; (3) experienced extended hospital stays, open heart surgery, or other genetic conditions. We assessed risk for various factors contributing to psychiatric disorders including autism, executive functioning, sense of coherence, sleep and fatigue issues, depression, anxiety, parental style, and coping mechanisms. We compared scales, interviews, and medical record data checking for concordance across all modalities.

Summary of Results We received surveys from 7 individuals. The sample was 28% male and 57% Hispanic. All participants reported self-control and initiative executive function deficits >2 s.d. above normal. An average of 55% (range 42% - 62%) of their coping strategies were considered negative, 42% showed risk for anxiety, 28% for depression, and 57% for fatigue; only 2 participants had been diagnosed with mental health concerns. Interviews (N=4) revealed that participants demonstrated poor executive functioning and an overinflated sense of coherence making them likely to engage in negative coping mechanisms when a life stressor occurred.

Conclusions This study provides a model to explain the etiology of mental health issues in CHD patients. This study suggests a need for a large-scale investigation of the psychological
health in individuals with CHD, a rapidly growing population whose quality of life may be detrimentally affected by psychiatric comorbidity. Recruitment is ongoing to ensure results are representative.

**Abstract 287**

**HIGH INCIDENCE OF OBSTRUCTIVE SLEEP APNEA AMONG PATIENTS REFERRED FOR ATRIAL FIBRILLATION ABLATION DIAGNOSED BY ACTIVE SCREENING**

E Ovruchesky*, RR Maheshwary, R Makhija, X Zhang, U Srivatsa. University of California Davis, Sacramento, CA

10.1136/jim-2021-WRMC.286

**Purpose of Study**

We sought to determine undiagnosed OSA and risk factors in patients referred to tertiary care center for AF ablation.

**Methods Used**

Through a retrospective, single center analysis we assessed patients screened for OSA then compared the groups with and without known OSA for comorbidities and risk factors that included age, sex, HTN, T2DM, CVD, stroke/TIA, CHF, CHADS2VASC score and BMI.

**Summary of Results**

Patients presenting for ablation of AF (n=109, age 67 ± 8.5 yrs, 40% female, 72% HTN, 17% T2DM, 22% CVD, 17% stroke/TIA, 29% CHF) were evaluated for OSA by symptom screening including, daytime somnolence, fatigue, snoring, witnessed apnea and known HTN. During the referral, OSA history was present in 42 patients (38.5%). Epworth score was documented in 43 patients- mean 4.76 ± 5.01. Formal STOP BANG documentation was only noted in nine patients (mean 4.4 ± 2.3). Fifty-five patients with and without OSA underwent a sleep study. AHI during the sleep study was 38 ± 35 vs 10.7 ± 13.8 (p=0.001), respectively. Of 66 patients without a past history of OSA, (n=18) 26.7% screened positive, with final diagnosis of OSA in 52%. Patients who screened positive had a higher BMI than those who had not 30 + 4 vs 27.3 + 3.2 (p=0.01). There was no difference in other demographics or comorbidities.

**Conclusions**

Undiagnosed OSA might be risk factor for AF even among those with BMI < 30. Active clinical screening is recommended.

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**Abstract 288**

**DOES TIMING OF RENAL DYSFUNCTION AFTER HEART TRANSPLANT RESULT IN WORSE OUTCOMES?**

N Patel*, T Singer-Englar*, M Hamilton, J Kobashigawa. Smidt Heart Institute, Cedars-Sinai, Los Angeles, CA

10.1136/jim-2021-WRMC.287

**Purpose of Study**

Chronic kidney disease after heart transplantation is not uncommon due to the nephrotoxicity of calcineurin inhibitors (CNIs). It is well established that kidney dysfunction does impact post-transplant survival. What is not known is whether early or later development of kidney dysfunction has greater impact on outcomes.

**Methods Used**

Between 2010 and 2017, we assessed 149 heart transplant patients and followed their course over the first 5 years. Patients were categorized as having kidney dysfunction detected with creatinine > 1.5 mg/dL at 1-year, 3-years, and 5-years after heart transplant. These patients were subsequently followed for 5 years to assess for subsequent 5-year survival, subsequent 5-year freedom from non-fatal major adverse cardiac events (NF-MACE: MI, new CHF, PCI, ICD implant, stroke), subsequent 5-year freedom from cardiac allograft vasculopathy (CAV, as defined by stenosis ≥30%)...

---

**Abstract 287 Table 1**

Baseline characteristics of patients referred for AF ablation (n=109)

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>67 ± 8.5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex (female%)</td>
<td>40%</td>
</tr>
<tr>
<td>Hypertension (%)</td>
<td>72</td>
</tr>
<tr>
<td>Diabetes (%)</td>
<td>17</td>
</tr>
<tr>
<td>CVD (%)</td>
<td>22</td>
</tr>
<tr>
<td>Stroke/TIA (%)</td>
<td>29</td>
</tr>
<tr>
<td>CHF (%)</td>
<td>27.2 ± 15</td>
</tr>
<tr>
<td>CHADS2VASC score</td>
<td>30 ± 5.3</td>
</tr>
<tr>
<td>BMI</td>
<td>67.7</td>
</tr>
<tr>
<td>PeAF (%)</td>
<td>67.7</td>
</tr>
</tbody>
</table>

**Abstract 287 Table 2**

Comparison of those with and without presenting diagnosis of OSA

<table>
<thead>
<tr>
<th>Endpoint</th>
<th>Creatinine &gt; 1.5 mg/dL @ 1-Year (n=112)</th>
<th>Creatinine &gt; 1.5 mg/dL @ 3-Year (n=31)</th>
<th>Creatinine &gt; 1.5 mg/dL @ 5-Year (n=4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subsequent 5-Year Survival</td>
<td>74.1%</td>
<td>77.4%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Subsequent 5-Year Survival from CAV</td>
<td>82.1%</td>
<td>90.3%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Subsequent 5-Year Freedom from NF-MACE</td>
<td>75.9%</td>
<td>74.2%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Subsequent 5-Year Freedom from LV Dysfunction</td>
<td>87.5%</td>
<td>87.1%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Patients on Kidney Dialysis</td>
<td>33.9%</td>
<td>16.1%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Patients with Worsening Kidney Function (development of creatinine &gt; 2.0 mg/dL)</td>
<td>65.2%</td>
<td>61.3%</td>
<td>50.0%</td>
</tr>
</tbody>
</table>

10.1136/jim-2021-WRMC.287
and 5-year freedom from left ventricular dysfunction (LVEF ≤ 40%).

**Summary of Results** Patients who developed kidney dysfunction at 1 year post-heart transplant appear to have similar subsequent survival compared to those at 3 and 5 years after heart transplant. However, significantly more patients at 1-year required kidney dialysis. Subsequent 5-year freedom from NF-MACE and CAV were similar amongst all 3 study groups.

**Conclusions** Early development of kidney dysfunction appears to lead to more patients needing kidney dialysis compared to those patients that develop kidney dysfunction later post-heart transplant. Renal sparing protocols or CNI minimization should be aggressively approached in these early patients to prevent worsening of kidney dysfunction.

### Abstract 289 Table 1

<table>
<thead>
<tr>
<th>Endpoint</th>
<th>Donor 40–49 Years (N=15)</th>
<th>Donor ≥ 50 Years (N=8)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recipient age (years, mean ± SD)</td>
<td>66.7 ± 2.9</td>
<td>66.1 ± 2.2</td>
<td>0.138</td>
</tr>
<tr>
<td>5-year Survival</td>
<td>95.2% (23)</td>
<td>93.3% (14)</td>
<td>0.431</td>
</tr>
<tr>
<td>5-year Freedom from CAV</td>
<td>100.0%</td>
<td>100.0%</td>
<td>0.039</td>
</tr>
<tr>
<td>5-year Freedom from NF-MACE</td>
<td>93.6% (25)</td>
<td>86.7% (13)</td>
<td>0.315</td>
</tr>
<tr>
<td>1-year Freedom from ACR</td>
<td>92.6% (25)</td>
<td>86.7% (13)</td>
<td>0.549</td>
</tr>
<tr>
<td>1-year Freedom from AMR</td>
<td>96.3% (26)</td>
<td>93.3% (14)</td>
<td>0.767</td>
</tr>
</tbody>
</table>

**Purpose of Study** Heart-kidney transplantation is limited by donor availability, and further limited by donor age. The ISHLT registry has suggested increased risk of mortality with the use of older donors. Research has similarly suggested that older recipients have less favorable outcomes. However, it is not well established if older donors into older recipients have acceptable post-transplant outcomes. Therefore, we sought to answer this question in our large single center program.

**Methods Used** Between 2010 and 2018, we assessed 50 heart-kidney transplant patients 60 years of age and older. We divided those into patients having donors greater than 50 years of age, 40 to 49 years of age, and less than 40 years of age. We divided those into patients having donors greater than 50 years of age, 40 to 49 years of age, and less than 40 years of age.

**Summary of Results** Older heart-kidney transplant patients who received older donor organs appeared to have greater freedom from CAV at 5 years, although the number of patients is small. 5-year survival and freedom from NF-MACE were similar with all donor age groups. 1-year freedom from rejection was also similar among all the three donor age groups (see table 1).

**Conclusions** Older donors appear to be acceptable in older heart-kidney transplant recipients. The use of older donors may enable more patients to undergo these life-saving surgeries.

### Abstract 290 Table 1

<table>
<thead>
<tr>
<th>Endpoint</th>
<th>HTx Patients w/CDif (N=69)</th>
<th>HTx Patients w/o CDif (N=69)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subsequent 1-year Survival</td>
<td>84.1%</td>
<td>97.1%</td>
<td>0.010</td>
</tr>
<tr>
<td>Subsequent 1-year Freedom from CAV</td>
<td>98.6%</td>
<td>95.7%</td>
<td>0.341</td>
</tr>
<tr>
<td>Subsequent 1-year Freedom from NF-MACE</td>
<td>84.1%</td>
<td>92.8%</td>
<td>0.078</td>
</tr>
<tr>
<td>1-year Freedom from ACR</td>
<td>94.2%</td>
<td>97.1%</td>
<td>0.366</td>
</tr>
<tr>
<td>1-year Freedom from AMR</td>
<td>92.8%</td>
<td>100.0%</td>
<td>0.021</td>
</tr>
</tbody>
</table>

**Purpose of Study** Study Heart transplant patients develop many opportunistic infections due to chronic immunosuppression. One of the more common complications is that of Clostridium difficile (CDif) causing gastroenteritis, usually represented as diffuse diarrhea. It appears that opportunistic infections such as CDif may have an impact on the immune system via the microbiome. It has not been demonstrated whether patients who develop CDif are at higher risk for the development of rejection or chronic rejection known as cardiac allograft vasculopathy (CAV) years after the event.

**Methods Used** Between 2010 and 2018, we assessed 69 heart transplant patients who developed CDif within the first year of post-transplantation. These patients were assessed for the development of subsequent 1-year survival, 1-year freedom from CAV (stenosis ≥30% by angiography), 1-year freedom from non-fatal major adverse cardiac event (NF-MACE: MI, new CHF, PCI, ICD implant, stroke), and 1-year freedom from acute cellular rejection (ACR) and antibody-mediated rejection (AMR). These patients were compared to a control group who did not develop CDif.

**Summary of Results** The average time to infection following transplant was 2.2 ± 3.0 months. The heart transplant patients who developed CDif had significantly lower subsequent 1-year survival and lower 1-year freedom from AMR compared to the control group. There was no significant difference in the development of NF-MACE or CAV (see table 1). Assessment of specific immunosuppression, antibiotic prophylaxis, and specific CDif treatment did not have an impact on outcome.
Conclusions Heart transplant patients who developed CDif appeared to have immune modulation that adversely affects outcome. Further investigation to study the microbiome is needed in order to elucidate the mechanisms that are in process.

COVID – health care research
Concurrent session
1:00 PM
Saturday, January 30, 2021

291 IMPLEMENTATION OF A COLLABORATIVE PEDIATRIC AND ADULT HYBRID TEAM IN THE CARE OF CRITICALLY ILL ADULT PATIENTS DURING CORONAVIRUS PANDEMIC: AN EXPERIENCE FROM A LARGE COMMUNITY HOSPITAL IN SAN JAOQUIN VALLEY, CALIFORNIA

1T Bunnalai*, 2R Fontenette, 1K Singuppa, 1V Vargas, 1C Neville, 1J Waugh, 3M Merriman, 4T Lien, 4L Covarrubias, 4A Ip, 4H Husted. 1UCSF Fresno Center for Medical Education and Research Edward and Ann Hildebrand Medical Library, Fresno, CA; 2University of California Davis, Davis, CA; 3David Grant USAF Medical Center, Travis AFB, CA; 4Community Medical Centers, Fresno, CA

Purpose of Study The physician-to-resident ratio in California’s San Joaquin Valley is well below the state average, a shortage aggravated by the increase in coronavirus disease 2019 (COVID-19) related hospital and medicine intensive care unit (MICU) admissions. To address the surge-induced strain on MICU treatment teams, pediatric intensivists and pediatric pharmacists at a large community hospital collaborated with physicians from the US Department of Defense Travis Air Force base to form a novel hybrid team to care for critically ill adult patients.

Methods Used Criteria for patient admission to the novel team were established. The hospital provided emergency privileges for pediatric intensivists to care for adult patients. Daytime coverage consisted of an adult intensivist, a pediatric intensivist, and a pediatric pharmacist. The adult intensivist acted as the primary attending on record. The night team consisted of either internal medicine or family practice physicians, 1 pediatric intensivist, and a pediatric pharmacist. The adult intensivist, and an on-call MICU team to oversee emergency procedures and codes. The pediatric team always worked with a physician trained in adult medicine.

Summary of Results The novel team consisted of 4 adult medicine physicians, 3 pediatric intensivists, and 4 pediatric pharmacists. The team operated for a total of 50 days. Of 256 MICU admissions during this timeframe, 40 (15.6%) were assigned to the novel team, with patients ranging from 24 - 93 years of age. 100 (39%) of the 256 total admissions were for critical COVID-19, of which 26 (26%) were assigned to the novel team.

Conclusions We demonstrated that implementing the unique model utilizing the combined expertise from professionals in various disciplines of pediatric and adult medicine during a pandemic is practical in providing care for a surge of critically ill adult patients and is also a potential solution to address staff shortages.

292 JOB-RELATED INJURIES OF HEALTHCARE WORKERS IN COVID-19: WHY SO FEW?

1LW Raymond*, 1Atrium Health, Charlotte, NC; 2University of North Carolina, Chapel Hill, Chapel Hill, NC

Purpose of Study Lost workdays from illness or injury (I&I) were 5 times as many in April, 2020 as in April, 2019 (Gaffney A, JAMA Intern Med 7/27/20). These absences coincided with a peak in hospitalizations and deaths from COVID-19. Healthcare workers (HCW) shared in these absences (1.4% vs. 0.9% in non-HCW, p < 0.001). We found no evidence that such HCW absences were due to work-related I&I, and Gaffney ‘had no data’ on causes of the absences. We therefore compared the incidence of I&I from work-related causes in our medical center’s HCW during 6-month intervals before COVID-19 (pre-Cov) vs. during its onset (In-Cov). We also compared restricted duty days (RDD) used to minimize actual absences from work due to I&I.

Methods Used We extracted data on causes and effects of I&I, and of resulting RDD, from medical records of all recorded work-related I&I events among 12,000 HCW at our 874-bed urban hospital during April-September, 2019 (pre-Cov) compared to I&I events during February-July, 2020 (In-Cov).

Summary of Results Pre-Cov I&I events exceeded In-Cov ones: 72 vs. 26, equal to 1.20 à 0.43 per 100 HCW per year, and compared to 1.01 expected per US Bureau of Labor Standards. Lifting patients led to 38% of Pre-Cov I&I, but only 16% of In-Cov ones (p = 0.001), resulting in muscle strains or sprains in 58% and 48% of HCW (p = 0.20), Pre-Cov and In-Cov, respectively. RDD were more numerous pre-Cov than In-Cov (30 ± 55 vs. 9 ± 13, p = 0.004). Pre-Cov events led to more referrals for physical therapy or other expertise than In-Cov ones: 36% vs. 15%, p < 0.05). RDD were much higher in HCW referred for specialty care than in HCW without referrals, in both Pre-Cov and In-Cov groups: Pre-Cov, 71 ± 76 vs. 7 ± 8, p = 0.0003; In-Cov, 37 ± 12 vs. 4 ± 5, p = 0.0001. No HCW reported I&I fromCOVID-19.

Conclusions I&I events in our HCW were fewer in the first 6 months of COVID-19 and less likely to involve lifting patients, than in a prior 6-month interval. Reasons for these differences are unclear, but may reflect extra caution when moving patients or a difference in patient mix, with fewer needing such assistance. Under-reporting to avoid medical care for fear of contracting SARS-CoV-2 while seeking such care may have been involved to explain an increase in out-of-hospital cardiac deaths (Sayre M, MEDPAGE TODAY, 8/17/20).

293 THE EXPERIENCE OF COVID-19 BY U.S. DERMATOLOGY RESIDENTS: A NATIONAL SURVEY

1M Woodfin*, 1J Robertson, 1L Bonomo, 2S Feng, 3M Shinohara. 1University of Washington School of Medicine, Seattle, WA; 2University of Washington, Seattle, WA

Purpose of Study To assess the impact of the COVID-19 pandemic on dermatology resident training and wellness.

Methods Used National survey of dermatology residents distributed by program directors and education coordinators of participating programs. Eligible participants were dermatology
residents enrolled in the U.S. residency programs during the COVID-19 pandemic. Resident wellness was measured using standardized screens (Maslach Burnout Inventory two-item survey, Patient Health Questionnaire 2, and the Generalized Anxiety Disorder 2-item screen). Changes in training were assessed through subjective reports.

**Summary of Results**

One hundred sixty-nine of 597 (28%) dermatology residents responded to the survey; 6 responses did not meet inclusion criteria and were excluded from analysis. Fifty-nine of 163 (36%) residents reported exposure to COVID-19 positive patients, and of those exposed, 26 of 59 (44%) felt that they did not have adequate personal protective equipment (PPE). Most residents reported reduced clinical duties (127 of 162, 78%) and decreased time performing procedures (135 of 162, 83%). Most residents reported concern for a long-term negative impact to their procedural (111 of 161, 69%) and clinical skills (93 of 162, 57%), respectively. Nearly all residents (152 of 163, 93%) reported increased telemedicine use. Residents who reported increased telemedicine use had significantly higher odds of reporting concern for a long-term negative impact to procedural and clinical skills. Twenty-three percent of residents screened positive for burnout, 7% screened positive for depression, and 18% screened positive for generalized anxiety. Residents reporting job search concerns were more likely to be burnt out. Inadequate PPE availability and job search concerns were significantly associated with increased depression and burnout, respectively. No resident who reported adequate PPE had a positive depression screen.

**Conclusions**

Dermatology residents are concerned about the impact on their clinical and procedural skills from the COVID-19 pandemic. Residents can support resident wellness by ensuring adequate access to PPE and aiding residents in their job search.

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**Abstract 295 Table 1**

<table>
<thead>
<tr>
<th>Response rates before and during COVID-19 pandemic</th>
<th>May 2019–March 2020 (Pre-COVID)</th>
<th>July–August 2020 (During COVID)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contacted</strong></td>
<td>220</td>
<td>155</td>
</tr>
<tr>
<td><strong>Answered</strong></td>
<td>220 (100%)</td>
<td>24 (15.5%)</td>
</tr>
<tr>
<td>Completed either/both survey(s)</td>
<td>143 (65.0%)</td>
<td>16 (10.3% of contacted patients)</td>
</tr>
<tr>
<td>Agreement to participate but did not complete either/both survey(s)</td>
<td>46 (20.9%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>Declined participation</td>
<td>31 (14.1%)</td>
<td>8 (5.2% of contacted patients)</td>
</tr>
<tr>
<td></td>
<td>33.3% of patients who answered</td>
<td></td>
</tr>
</tbody>
</table>

**Purpose of Study**

The Childbirth Experience Survey (CBEX) is a multi-centered, two-part survey (ante partum and post partum) evaluating pregnant women’s childbirth preferences and expectations. We are interested in analyzing the response rate to the surveys before and after Harbor-UCLA incorporated telehealth into prenatal care, whereby patients were physically seen less frequently in clinic and student researchers worked remotely.

**Methods**

Used

Between May 2019–February 2020, eligible patients were approached and consented by medical students or clinic staff during patients’ prenatal appointments. Starting July 2020, medical student researchers contacted previously consented patients by phone. If a patient did not answer, voicemail messages were left and the patient was contacted periodically.

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295 RESPONSE RATE BEFORE AND DURING COVID-19 PANDEMIC FOR CHILDBIRTH EXPERIENCE SURVEY

1A Lunardi*, 2,3H Stohl. 1Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pomona, CA; 2Harbor-UCLA Medical Center Department of Obstetrics and Gynecology, Los Angeles, CA; 3University of California Los Angeles David Geffen School of Medicine, Los Angeles, CA

10.1136/jim-2021-WRMC.294
Summary of Results 220 women were approached between May 2019–March 2020, of which 189 (85.9%) agreed to participate. Of these, 128 (67.7%) completed the antepartum survey, 6 (3.1%) completed the postpartum survey, 9 (4.7%) completed both surveys, and 46 (24.3%) did not complete either survey. Between July–August 2020, 155 women were contacted, of which 24 answered the phone. Of these, 16 (66.7%) completed either survey and 8 (33.3%) declined participation. Voicemail messages were left on 131 women’s phones.

Conclusions There is a significant barrier to contacting patients for research via phone, however, once contact is made, the rates of participation are comparable between in person and virtual. This shows the quality with which medical students are able to speak with patients regardless of mode of communication but may warrant further exploration into more effective virtual communication methods.

Purpose of Study The COVID-19 pandemic required rapid, global healthcare shifts to prioritize urgent or pandemic-related care and minimize transmission. Little is known about impacts on pediatric orthopedic surgeons during this time. We aimed to investigate COVID-19 related changes in practice, training, and research among pediatric orthopedic surgeons globally.

Methods Used An online, cross-sectional survey was administered to orthopedic surgeons with interest in pediatrics in April 2020. The survey captured demographics and self-reported experiences during the pandemic. Surgeons were recruited through web media and email lists of orthopaedic societies over 2 months. Descriptive statistics were used to analyze results.

Summary of Results We received 460 responses from 45 countries. 358 (78.5%) respondents reported lockdown measures in their region at time of survey. Most (n=337, 94.4%) reported pausing all elective procedures. Surgeons reported reduction in average number of surgeries per week, from 6.89 (SD=4.61) pre-pandemic to 11.79 (SD=15.83) at time of survey (mean difference=5.64; 95% CI=5.19, 6.10). Average number of elective outpatient appointments per week decreased from 67.89 (SD=45.78) pre-pandemic to 11.79 (SD=15.83) at time of survey (mean difference=56.10, 95% CI: 5.61, 60.58). 177 (39.4%) surgeons reported using virtual modes of outpatient appointments for the first time. Of 290 surgeons with trainees, 223 (84.5%) reported systems to continue training. Of 192 surgeons with research, 149 (82.8%) reported continuing research activities during pandemic. Most reported cessation (n=75, 64.1%) or reduction (n=40, 34.1%) in patient recruitment at time of survey.

Conclusions We found significant impacts on pediatric orthopaedic practice with uptake of technology to provide care continuity. Understanding global impacts can inform sustainable practices to provide continuity in future disruptions. We will pursue follow-up surveys to assess longitudinal impacts on surgeons. Epidemiological studies are needed to assess impacts of delayed and virtual care on patient outcomes.

Purpose of Study With the upcoming release of a COVID-19 vaccine, public health officials and policymakers need to create strategic vaccine-acceptance messaging to effectively control the pandemic and prevent additional deaths. Health care providers often make vaccine recommendations to their patients, so it is also important to understand their knowledge and attitudes in order to develop continuing medical education accordingly. The intent of this study is to assess general public and health care provider attitudes towards the COVID-19 vaccine.

Methods Used Three anonymous, online, repeated cross-sectional surveys will be utilized to survey Nevada public citizens and health care providers and trainees. Two surveys will be used with the general public, one based on the Health Belief Model and another based on a Motivated Reasoning Model. A third survey will assess attitudes of healthcare workers and trainees.

Summary of Results The primary research question we are posing to both the general public and health care providers is their intention to receive the COVID-19 vaccine. We will also report the relation between attitudes towards COVID-19 vaccination and previous history of influenza vaccination. The results of this study are currently in progress, and we expect to have data to report in the next several weeks. To our knowledge, this will be novel data, as the development and release of a vaccine progresses. Our preliminary data will record the attitudes before the COVID-19 vaccine official release. We will continue to distribute the survey monthly to assess how attitudes change over time.

Conclusions Approaching the release of a COVID-19 vaccine, it is important to ascertain knowledge regarding attitudes surrounding the vaccine from both the general public and health care providers. The results of this study will provide guidance to officials in creating appropriate and effective communication and education for vaccine promotion and acceptance.
and explicit barriers faced by vulnerable populations when accessing healthcare. Our objective was to explore socioeconomic barriers by surveying healthcare providers at Fenway Health about the impacts of COVID-19 on their patient’s healthcare access and to investigate ways to mitigate barriers that may be widening the health disparities for vulnerable patients.

Methods Used 74 providers completed a cross-sectional survey administered via email in July 2020 at Fenway Health, a large multi-site community health center. Fisher’s exact tests were used to compare outcomes with respect to the COVID-19 time periods.

Summary of Results The frequency of outcomes reported are associated with whether providers were asked about before versus during COVID-19. Providers reported that, during COVID-19, mental health concerns for patients were higher (p < 0.001) and more patients were lacking access to transportation (p< 0.001). Most providers (88%) reported that their patients were not informed of the resources available to them through the CARES Act, where providers identified financial barriers (66%) to be the most common and language barriers (22%) to be the least common.

Conclusions Evidence suggests that improvements can be made to better facilitate efficient transportation, provide mental health services, and make appointments more convenient for these patients. Most providers identified a lack of education and understanding of the CARES Act among their patients to access available resources. This indicates a need for providing an outreach and education department to ensure that patients are aware of their options and resources. Financial barriers were the most common, which may require institutional and governmental resources to curb this disparity. Language barriers were least commonly reported.

Endocrinology and metabolism II
Concurrent session
1:00 PM
Saturday, January 30, 2021

299 AN INVESTIGATION OF DIET QUALITY AND HYPOTHALAMIC GLIOSIS IN CHILDHOOD OBESITY
S Kee*, L Sewaybricker, SJ Melhorn, E Schur. University of Washington, Seattle, WA
10.1136/jim-2021-WRMC.299

Purpose of Study Recent research suggests a neurobiological basis of obesity specifically related to the mediobasal hypothalamus (MBH), a critical brain area for energy homeostasis and appetite. Hypothalamic gliosis, a cellular inflammatory response, is shown as a key component for diet-induced obesity. In rodent models, MBH gliosis is measured using a measure of the ability to generate high energy phosphate (31P-MRS), and ex vivo mitochondrial oxygen consumption with lipids or carbohydrates under different conditions in biopsied muscle fibers using the Oroboros Oxygraph-2k (O2K). These measurements were acquired in sedentary adults with and without T2D. We hypothesized that in vivo and ex vivo mitochondrial function measurements would correlate.

Methods Used Participants were part of the NIH ABCD study. At baseline, anthropometric data was collected along with brain T2-weighted MRI signal intensities from the MBH, amygdala, and putamen. MBH gliosis was measured using a mean bilateral MBH/Amygdala T2 signal ratio; Putamen/Amygdala was a control ratio. At the 1y follow-up, the child’s habitual diet was assessed by a parent-report food frequency questionnaire. Linear regressions assessed the relationship between diet quality, body adiposity, and MBH gliosis, all adjusted for age, study site, and sex.

Summary of Results A subsample of 192 participants were included. At baseline, 49% were males, mean age and BMI z-score were 9.9±0.6y and 0.76±1.05, 19% were overweight and 23% with obesity. Individuals with an increased BMI z-score were associated with greater evidence of MBH gliosis (β=0.017, P=0.038, n=183), but this relationship was not present in the control ratio (β=0.002, P=0.503, n=183). There was no significant association between individuals with an unhealthy diet and an increased BMI z-score (β=-0.008, P=0.861, n=123), or greater evidence of MBH gliosis (β=0.4, P=0.344, n=116).

Conclusions Parent-reported diet quality over one year was not associated with a radiologic measure of MBH gliosis, although increased body adiposity was. Thus, the findings emphasize a potential neurobiological contributor of childhood obesity, but further studies with more precise diet exposure assessments are needed to uncover any dietary determinants. These insights may advance the understanding of obesity pathogenesis and further inform novel treatments to combat the escalation of childhood obesity.
Conclusions These data suggest a dissociation between skeletal muscle fiber mitochondrial oxidative capacity and in vivo oxidative flux with exercise perturbation in adults with T2D. Skeletal muscle factors in T2D, such as blood flow and substrate flux limitations, may contribute to the CVEC defect. Experiments testing the impact of exercise training on this dissociation in T2D are ongoing.

301 AMPK STIMULATES INSULIN CLEARANCE IN HEPATOCYTES

\(^{1,2}\)X McClean*, \(^{1}\)M Peterfi, \(^{1,2}\)N Ehrhardt. \(^{1}\)Cal Poly Pomona, Pomona, CA; \(^{2}\)Western University of Health Sciences, Pomona, CA

10.1136/jim-2021-WRMC.300

Purpose of Study Plasma insulin levels are controlled by its production and clearance. Before newly secreted insulin enters the peripheral blood system, 50–80% of it is degraded in the liver. Hepatic insulin clearance is a regulated process and its decrease in insulin resistant states is a major contributor to hyperinsulinemic compensation and the protection against type 2 diabetes (T2D). However, the molecular mechanisms and factors involved in the regulation of hepatic insulin clearance are poorly understood. Using a systems biology approach involving hepatic transcriptome and pathway analyses, our laboratory has previously identified the AMPK signaling pathway as a potential determinant of insulin clearance in acutely suppressing pituitary gonadotropin secretion over 4 hours and are in process of examining the ability of a one-month exposure to a eucaloric high-fat diet (HFD) to suppress gonadotropins in lean women. The aim of this study is to examine the effect of the one-month HFD on physical activity and body composition.

Methods Used 12 normal weight (BMI < 25 kg/m\(^2\)), normally cycling female participants of reproductive age were given a one-month eucaloric HFD with app 50% calories from fat beginning from the onset of menses in one cycle through the next. DEXA body composition was measured before and after the diet intervention. A Fitbit was provided to monitor changes in daily activity and sleep throughout the study. Measurement of gonadotropin pulsatility and reproductive hormones were done using frequent blood sampling and daily urine excretion, respectively. These measurements were obtained for a total of 4 menstrual cycles: 1 pre-diet cycle, the HFD cycle, and 2 post-diet cycles.

Summary of Results Fitbit data over the course of 4 cycles showed fluctuations in the number of daily steps (7,233.68 ± 159.49) and calories burned (1,895.94 ± 12.43). Averages in the HFD cycle were similar to the pre-diet cycle, however, suggesting that participants-maintained activity levels through the HFD intervention. Variations in sleeping minutes (428.37 ± 5.01) and wakefulness after sleep onset (1.42 ± 0.07) were minimal, suggesting no apparent difference in sleep quality in relation to the HFD. Surprisingly, DEXA results suggest a decrease in extremity and trunk body fat, despite no change in BMI with an average difference of 0.096 ± 0.517. These data were not expected, and further analysis is in progress.

Conclusions The complete cohort has not yet been fully recruited and analyzed. Preliminary findings indicate that a one-month, HFD does not cause physical activity or sleep disruption, although subtle alterations in body composition may be present.
sensitivity and secretion during improved glycemic control in those with T2D is unclear.

**Methods Used** In this pilot study, we assessed diabetes control, insulin sensitivity and secretion in youth with T2D before and 3 months after vertical sleeve gastrectomy (VSG). A mixed meal tolerance test (MMTT, a liquid meal consisting of 45 g carbohydrates, 14 g fat, and 14 g protein) was ingested and blood glucose and insulin concentrations were frequently sampled over 4 hours. Physical characteristics, fasting measures and HbA1c were also collected. Calculations include Matsuda index, HOMA-IR, HOMA-%B, and disposition index (DI) and were calculated as indices of insulin sensitivity and secretion, respectively.

**Summary of Results** Five youth (age 16.6 ± 1.8, BMI 44.4 ± 2.6, 60% male) were studied. Three months after VSG, average weight loss was 21.5 ± 4.7 kg resulting in a significant 16.2 ± 10.7% (p<0.005) reduction in BMI. HbA1c significantly decreased from 6.5 ± 0.7% to 5.5 ± 0.3% (p = 0.021) and normalized (<5.7%) in 80% of participants. Prior to surgery all participants were taking diabetes medications (1-3 medications) and at 3 months none required medications. The Matsuda Index (pre 2.2±0.8 vs post 3.0 ± 0.7) and HOMA-IR (5.7 ± 2.7 vs 2.4 ± 0.6) significantly improved (p < 0.05) whereas HOMA-%B (76.7 ± 49.2 vs 39.9 ± 21.0, p=0.056) and DI (6.0 ± 4.4 vs 8.0 ± 3.7, p = 0.17) were not statistically significant.

**Conclusions** Within 3 months, VSG induces notable weight loss and improvements in diabetes control in youth with obesity and T2D. These changes are accompanied by improved insulin sensitivity and non-significant improvements in secretion. Future studies with more participants will investigate whether this short-term improvement is durable over years and investigate potential mechanisms underlying this metabolic improvement.

**304 CORTISOL AND VITAMIN D LEVELS AS RELATED TO STRESS IN FIRST AND SECOND YEAR MEDICAL STUDENTS**

CJ Reid, M Murphy-Meyers, N Chen*, M Mosca, M Thompson, D Howard, C Klinhom, A Prabhu. University of Nevada, Reno School of Medicine, Reno, NV

**Purpose of Study** Stress among medical students affects academic performance and can lead to depression, substance use, and suicide. It has been found that 35.8% of students experienced mild to moderate levels of stress during their four years of medical school. However, there are no studies involving medical students that have considered an objective marker for measuring stress and what physiological factors may contribute to high levels. In order to assess the impact of stress on medical students, this project compared cortisol levels, vitamin D levels, and Perceived Stress Scale (PSS) scores between the beginning and end of an academic semester.

**Methods Used** Medical students (n=50) received 8 am blood draws for Vitamin D and Cortisol and completed the PSS survey. This was performed at the beginning and the end of the Fall 2019 semester. The three variables were treated as continuous variables in all statistical tests. We assessed these variables for normality using histograms and Shapiro-wilk tests and used Pearson R Correlations for associations between continuous variables.

**Summary of Results** The mean cortisol levels significantly increased from 14.1 ± 0.6 µg/dL (SE) at the first time point to 16.9 ± 0.5 µg/dL (SE) at the second time point (t = -3.44, df = 71.5, p < 0.001).

The mean vitamin D levels significantly decreased from 28.5 ± 1.2 ng/mL (SE) at the first time point to 20.7 ± 1.2 ng/mL (SE) at the second time point (t = 4.68, df= 88.5, p < 0.001).

The mean PSS level significantly increased from 13.3 ± 1.0 at the first time point to 17.9 ± 0.9 at the second time point (t = -3.30, df= 95.6, p < 0.001).

**Conclusions** Our results show that at the end of the fall semester, the average student will see a statistically significant decrease in vitamin D, increase in cortisol, and increase in stress. These results suggest a need for vitamin supplementation per the Endocrine Society clinical practice guideline and continued education in a well rounded lifestyle throughout preclinical years. Limitations of our study include a small sample size and the possibility of inaccurate cortisol levels due to fluctuations throughout the day.
A PRACTICAL AND ACCURATE METHOD TO QUANTIFY PANCREATIC FAT ON MRI IN CHILDREN WITH NONALCOHOLIC FATTY LIVER DISEASE

Purpose of Study Pancreatic fat is associated with nonalcoholic fatty liver disease (NAFLD). Fully segmenting the pancreas on MRI for fat measurement is difficult and time-consuming. Small regions of interest (ROIs) are a proxy for full segmentation, but they may lead to errors due to pancreatic fat heterogeneity. We aimed to develop a new partial segmentation method that traces the pancreas in representative, easily-identified slices. Free-breathing MRI was used to quantify pancreatic proton-density fat fraction (pPDFF, 0–100%), compare partial segmentation to standard methods, and to correlate pPDFF with markers of metabolic dysfunction.

Methods Used This prospective study enrolled children with and without NAFLD. pPDFF measurements from partial segmentation were compared to full segmentation and 3-ROI methods. Data from partial segmentation were correlated with markers of metabolic dysfunction.

Summary of Results 17 children with NAFLD (14.5 ± 2.3 years) and 19 healthy children (12.3 ± 2.7 years) completed the study. Mean pPDFF measurements from partial and full segmentation did not differ significantly (6.5 ± 3.3% vs. 6.7 ± 3.7%; p > 0.99), but the number of slices was less with partial vs. full segmentation (3 vs. 10.7 ± 2.5 slices). Both had a greater pPDFF compared to the 3-ROI method (6.5 ± 3.3% vs. 5.6 ± 4.6%, p = 0.002 for partial vs. 3-ROI, 6.7 ± 3.7% vs. 5.6 ± 4.6%, p < 0.001 for full vs. 3-ROI). NAFLD subjects had a greater pPDFF vs. controls (8.9 ± 3.2% vs. 4.3 ± 1.2%, p < 0.001). Pancreatic PDF correlated with body mass index (r = 0.6, p < 0.001), waist circumference (r = 0.6, p < 0.001), liver PDF (r = 0.7, p < 0.001), and hemoglobin A1c (r = 0.5, p = 0.04). pPDFF did not correlate with serum alanine aminotransferase (r = 0.05, p = 0.8).

Conclusions The partial segmentation method using free-breathing MRI accurately quantifies pancreatic fat and is simpler to obtain than full segmentation. In this cohort, we observed a relationship between pancreatic fat and metabolic dysfunction.

307 INCIDENCE, RISK FACTORS, AND HEALTHCARE RESOURCE UTILIZATION OF EARLY ACUTE KIDNEY INJURY FOLLOWING LUNG TRANSPLANT

Purpose of Study Acute kidney injury (AKI) following lung transplant has been found to lead to poorer outcomes and higher healthcare resource utilization. We sought to evaluate the incidence of AKI in our lung transplant population two weeks post-operatively and associate the severity of AKI with known perioperative risk factors.

Methods Used This was a retrospective review of all patients 18 years of age or older who received lung transplants at the University of Washington between January 1 and August 31, 2019. Serum creatinine values were collected two weeks post-operatively and staged according to the 2012 Kidney Disease Improving Global Outcomes (KDIGO) criteria. Outcomes were the development of mild AKI (Stage 1) versus more severe AKI (Stage 2 and 3). Perioperative risk factors were analyzed utilizing the Wilcoxon rank-sum test for continuous metric variables and the Fisher’s exact test for categorical variables.

Summary of Results Of the 31 patients assessed, 27 (87%) developed AKI, with 11 (35%) Stage 1 and 16 (52%) Stage 2 and 3. 1 out of the 27 patients who developed AKI (4%) required renal replacement therapy during their post-transplant hospital course. Significantly lower preoperative and intraoperative hematocrit (P=0.0016 and P=0.0168 respectively) and significantly higher graft ischemic times (P=0.0057 for the first lung and P=0.0076 for the second lung) were found in those with more severe AKI. Mechanical ventilation time (P=0.6919), ICU stay (P=0.7887) and hospital stay durations (P=0.9082) were not found to be significantly different between the mild and more severe AKI groups.

Conclusions Post-operative AKI was a common complication in our population. Patients with more severe pre- and intraoperative anemia and those with longer graft ischemic times were more likely to develop Stage 2 and 3 AKI. In contrast to previous findings, the severity of AKI was not associated with previous ICU and hospital stays or longer ventilation times.
Abstracts

Purpose of Study Endurance running has grown in popularity as a method of maintaining fitness and goal setting in recent years. It is common for recreational endurance runners to develop lower extremity (LE) pain and/or injury at some point during their training related to overuse. We examined the relationship between self-reported injury and hip surveillance in India responding. Surgeons reported an average of 26% of cases being children with CP.

Methods Used This study included both healthy runners and those that had previously been injured but were currently running pain free. Runners completed a series of tests: a Dual-Energy X-Ray Absorptiometry (DEXA) scan to assess body composition and bone density; a Functional Movement Screen (FMS) to identify functional movement deficiencies (skills included hurdle step, inline lunge, and active straight leg raise); a Lower Quartile Y-Balance Test (YBT) to measure dynamic balance (anterior, posteriomedial, posteriolateral, and composite); and Isokinetic fatigue strength protocol (35 reps for each limb, knee flexion/extension, hip abduction/adduction, and hip flexion/extension). Currently, the differences are identified visually and will be statistically assessed shortly. The statistical model will compare affected limb to non-affected limb using independent t-tests.

Summary of Results Previously injured runners presented with bilateral asymmetry in their scores for FMS. The greatest asymmetry found was in the hurdle step and inline lunge skills. There was no significant LE asymmetry found in body composition, bone mineral density, or YBT. Data analysis of the isokinetic strength test and fatigue ratios is ongoing.

Conclusions The asymmetries found in the inline lunge and the hurdle step indicate a sagittal plane imbalance that is similar to the running pattern. The lack of bone density differences in this population are not surprising, as none of the self-reported injuries were stress fractures or non-soft tissue injuries. We hypothesize that when the statistics are run, we might see differences in YBT and fatigue strength testing bilaterally.

309 HIP SURVEILLANCE FOR CHILDREN WITH CEREBRAL PALSY: A SURVEY OF ORTHOPAEDIC SURGEONS IN INDIA

1Li*, 2D Ganjwala, 3S Miller, 1E Schaeffer, 1B Shore, 1A Johari, 1A Aroojis, 1K Mulpuri, 1BC Children’s Hospital, Vancouver, BC, Canada; 2Dr. Dhiren Ganjwala Clinic, Ahmedabad, India; 3Boston Children's Hospital, Boston, MA; 4Surya Hospitals, Mumbai, India; 5Bai Jerbai Wadia Hospital for Children, Mumbai, India

Purpose of Study This cross-sectional survey aimed to assess current practice and beliefs of pediatric orthopaedic surgeons practicing in India regarding hip surveillance in children with CP. We wished to establish whether there is support for hip surveillance and identify potential challenges and solutions for implementing guidelines specific to the Indian healthcare system.

Methods Used An anonymous online survey was distributed to approximately 350 Paediatric Orthopaedic Society of India (POS) members. The survey included demographic questions and questions pertaining to surgeons’ current practice and beliefs about hip surveillance for children with CP.

Summary of Results In total, 107 orthopaedic surgeons practicing in India responded. Surgeons reported an average of 75% of their caseload as pediatric with 26% of pediatric caseloads being children with CP. There was strong consensus regarding the importance of hip surveillance for children with CP, as 96.2% (100/104) of respondents agreed that hip displacement requires standardized monitoring and 96.2% (100/104) agreed that hip dislocation should be prevented by hip surveillance and surgery. Almost all (97%) surgeons indicated a need for hip surveillance guidelines in India, with 100% expressing interest in following Indian-specific guidelines. The most commonly anticipated challenges included late referrals to orthopaedics (81.2%), loss of patients to follow-up (78.2%), and lack of resources (43.6%). Requirements for successful implementation included developing Indian-specific guidelines (83.2%) and education for surgeons (56.4%), physiotherapists/pediatricians (90.1%), and families (82.2%).

Conclusions Pediatric orthopaedic surgeons in India support the prevention of hip dislocations in children with CP through hip surveillance and surgical intervention. Almost all surgeons indicated a need and interest in implementing Indian guidelines. Education of families and the child’s healthcare team, including orthopaedic surgeons, were seen as requirements for successful implementation.

310 AN INSIDIOUS PROGRESSION OF MORGANELLA MORGANII IN ASCENDING CELLULITIS

1P Wiltz*, 2T Berg, 1Pacific Northwest University of Health Sciences, Yakima, WA; 2Astria Sunnyside Hospital, Sunnyside, WA

Introduction Cellulitis is a relatively common condition. While for some, a short hospital stay managed with the appropriate antibiotics is sufficient, this condition can have fatal consequences. Our case report challenges the ascension of cellulitis from unexpected, opportunistic microorganisms that risk progression into necrotizing fasciitis.

Case Presentation A 33-year-old female with stage three lipedema presented to the local emergency department with a region of cellulitis located to the right medial thigh. After evaluation, she was discharged with clindamycin but returned two days later with worsening spread of infection and was subsequently admitted. During her hospital course it was discovered a month prior, she had received liposuction treatments for weight management and that she had sustained full thickness laceration of the right heel. After 6 days with cellulitis unresponsive to antibiotics, she developed symptoms up into the right groin and lower abdominal wall. An ultrasound discovered a large abscess coalescing in the right medial thigh, requiring intubation in the operating room for emergent incision and drainage. Cultures taken during surgery M. morganii with susceptible sensitivity to ciprofloxacin. She recovered and was discharged in 2 days with cellulitis resolved and resolution of symptoms. The care team hypothesizes that M. morganii entered through the patient’s heel with rapid ascent resulting in sepsis and abscess formation.

Conclusion Our case highlights the need to recognize atypical presentations of cellulitis will prompt attention and intervention from health care providers. These patients can present with unimpressive symptoms but are at great medical risk as cellulitis could have rapidly developed into a life-threatening condition.

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infection. The patient’s history of later stage lipedema, complicated by a recent history of liposuction, makes her more susceptible to cellulitis with great proclivity and virulence, advocating for an additional level of suspicion when patients affected by this disease respond poorly to antibiotics. Physicians should be aware of the great risks associated with ascending cellulitis, aim to prevent complications and deterioration, and be equipped to educate and closely monitor these patients.

**Purpose of Study**

Pediatric hand fractures are common and make up one of the most frequent fracture presentations to the emergency department. Fractures in this population tend to heal well and hand fractures are no exception. Management of hand fractures in this population involves immobilization, closed reduction, and rarely, surgical intervention. There is a paucity of literature examining the outcomes of pediatric hand fractures.

**Methods Used**

Records of patients under 18 years old who presented to the British Columbia Children’s Hospital Emergency Department between 01-NOV-2016 to 31-JAN-2020 with metacarpal or phalangeal fractures were analyzed. Demographics, mechanism of injury, radiograph results, fracture specifics, and treatment for each hand fracture were collected. Individuals with isolated carpal fractures and incomplete records were excluded.

**Summary of Results**

A total of 501 patients with 524 recorded hand fractures were identified. There were 313 (59.7%) nonepiphyseal fractures and 211 (40.2%) epiphyseal fractures, of which 185 (87.7%) were Salter-Harris II. Of the 134 fractures (25.6%) that required closed reduction; 70% of these were reduced in the ED. Only 12 fractures (2.2%) required surgery. Of the operative cases, 10 were closed reduction with k-wire fixation, 1 open reduction with k-wire fixation and 1 closed reduction with no fixation (1.7%, 0.2% and 0.2% of all fractures respectively). Of the 12 fractures requiring surgery, 7 (58%) involved the proximal phalanx. Children ages 8 and older made up 77% of operative candidates with an average of 3 clinical visits (range 2–5). Nonoperative candidates had an average of 1.8 clinical visits (range 1–5). There was 0% reoperation rate, no documented infection, and 1 (0.2%) unsatisfactory reduction that did not require further intervention.

**Conclusions**

Pediatric hand fractures make up a large proportion of ED visits annually. The majority of fractures do not require surgery and are well managed with closed reduction in the ED or immobilization alone. Complications and reoperation are rare. Nonoperative treatment offers very encouraging outcomes likely resulting from bony remodeling in the developing hand which can ultimately correct subtle differences in anatomical alignment.

**Purpose of Study**

This study aimed to assess opinions and consensus among orthopaedic surgeons when recommending physical activity (PA) to school-aged pediatric hip patients.
Methods Used Orthopaedic surgeons were invited from member lists of 4 large pediatric hip study groups. The survey included demographics, opinions about PA, and 10 case scenarios that queried respondents on PA duration, intensity, and restrictions they would recommend for children with Developmental Dysplasia of the Hip (DDH), Perthes Disease (Perthes), and Slipped Capital Femoral Epiphysis (SCFE). Consensus on binary questions was standardized on a 0–1 scale, with 0 indicating 50% consensus and 1 indicating 100% consensus.

Summary of Results 51 responses were received. While 81% of surgeons agreed that pediatric hip patients have greater risk of developing problems associated with inactivity, 54% believed that PA may compromise the hip. Surgeons were unanimous (100% consensus) in favor of the patient engaging in PA in 3/10 cases (30%) and near-unanimous (≥90% consensus) in 6/10 cases (60%). Average standardized consensus for recommending the daily minimum of 60 minutes of moderate-to-vigorous physical activity (MVPA) was 0.44. When suggesting PA restrictions, average standardized consensus was 0.34. The most frequently selected restrictions included avoiding impact (92%, 228/247) and contact activities (58%, 145/247), followed by weight-bearing activities (25%, 62/247). 56% (28/50) of surgeons expressed interest in developing guidelines. Physical therapists (100%, 28/28) and orthopaedic surgeons (96%, 27/28) were viewed as the most important healthcare providers to develop guidelines.

Conclusions While there is consensus among surgeons that children with DDH, Perthes, and SCFE should engage in PA, there is considerable variation when recommending the recommended daily MVPA minimum and regarding PA restrictions. There is substantial interest in developing standardized guidelines, with input from physiotherapists and orthopaedic surgeons seen as key.

Health care research VI – quality improvement
Concurrent session
1:55 PM
Saturday, January 30, 2021

10.1136/jim-2021-WRMC.316

Abstract withdrawn

10.1136/jim-2021-WRMC.314

Analysis of peripartum care following implementation of a comprehensive maternal-neonatal care program in Solukhumbu, Nepal

Purpose of Study Populations in remote regions of Nepal commonly struggle to access high quality maternal-neonatal care (MNC) services and have worse health outcomes. The purpose of this study was to 1) assess quality of antenatal (AN), intrapartum (IP), and postpartum (PP) care in Solukhumbu District following implementation of a comprehensive MNC program and 2) describe regional differences in program uptake.

Methods Used The study took place in Solukhumbu district of Nepal and included 12 village clusters known as Village Development Committees (VDCs). From 2015–2019 a project team consisting of Nepali and international experts implemented the MNC program, including birthing center (BC) establishment in each VDC, health worker training and ongoing quality management. Following implementation, the team conducted a standardized household survey in recently delivered women (RDW) to determine health services received than providers at identifying patients who needed precautions (p<0.001). For the diagnosis-flagged patients, 39% received at least one precaution form with rates for intraoperative recommendations as follows (reported as% of all forms): spinal cord monitoring (25%), fiberoptic intubation (14%), avoid c-spine flexion/extension/rotation (87%), avoid thoracolumbar flexion/extension/rotation (16%). 24% of provider-flagged patients received at least one precaution form with these recommendation rates at 6%, 6%, 30%, and 8%, respectively. No intraoperative SCI occurred for these patients during the study.

Conclusions This study provides a long-term look at a novel safety program that was designed to prevent devastating SCI in high-risk pediatric patients during non-spine anesthetized procedures. It was found that the system was better than providers at identifying patients who needed precautions, cervical spine precautions were the most common intervention, and no intraoperative SCI occurred in these patients during the study. This program may serve as a model for others to apply to high-risk spines.
and care quality provided based on quality measures according to international best practice guidelines. RDWs were identified through BC delivery logbooks and convenience sampling to complete the survey. We report outcomes of AN, IP and PP care quality stratified by geographic location.

**Summary of Results** 493 surveys were completed. AN care: 97% had a birth plan, 80% had anemia screening, 78% had urine screening, and 98% had a BP check. IP care: 66% of women delivered in a healthcare facility (42% birthing center; 24% hospital). Infant bag and mask, hand sanitation, and oxygen were available at 63%, 88%, and 49% of deliveries, respectively. A trained birth attendant was present for 64% of deliveries. Oxytocin was given after 52% of deliveries. 86% of infants were placed skin-to-skin after birth, 59% breastfed within one hour, and 67% were weighed after birth. PP care: 93% of RDW had a PP visit within 6 weeks, and 23% of infants had a PP visit within one week of delivery.

Geographic differences: In Eastern Solukhumbu antenatal anemia screening (53%) and urine screening (50%) was less common compared to other parts of the district (86%; 84% respectively).

**Conclusions** The majority of women and children received most basic MNC services with small geographic variations in MNC.

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**317 PATIENT PERSPECTIVES ON HOW TO PROMOTE RESPECT IN THE HEALTHCARE SETTING: FINDINGS FROM A QUALITATIVE INTERVIEW STUDY**

1C Bridges*, 2D Duenas, 3H Lewis, 4K Anderson, 2D Opel, 2B Wilfond, 2S Kraft, 1University of Washington School of Medicine, Seattle, WA; 2Freeman Katz Center for Pediatric Bioethics, Seattle, WA; 3Denver Health Ambulatory Care Services, Denver, CO; 4University of Washington, Seattle, WA

10.1136/jim-2021-WRMC.315

**Purpose of Study** Physicians and healthcare institutions have an ethical obligation to treat patients with respect, yet it is not clear what actions best demonstrate respect to patients. Therefore, it is critical to understand what actions and behaviors contribute to patients’ experiences of respect in the healthcare setting.

**Methods Used** This was an exploratory qualitative study using semi-structured phone interviews conducted by four trained interviewers. Interviewees were participants in an ongoing genomics implementation study that took place in a diverse primary care setting. Interview recordings were audio recorded, transcribed verbatim, and de-identified. Interview transcripts were systematically coded with a coding framework developed based on iterative review of the interview guide and transcripts, and code categories were reviewed to identify predominant domains through which interviewees perceive respect. Data were managed on the cloud-based qualitative analysis program Dedoose.

**Summary of Results** Forty participants were interviewed, ten of which were in Spanish. Interviewees identified behaviors, actions, and policies that demonstrate respect on either an individual or organizational level. Two individual-level domains were identified: engaging with patients and being transparent. Five organizational level domains were identified: promoting safety and inclusivity, protecting patient privacy, communicating about scheduling, navigating financial barriers to care, and ensuring continuity of care.

**Conclusions** Patients identified efforts at both the individual and institutional levels that inform how they perceive respect in healthcare. These findings illustrate the importance of individual respectful clinical relationships and institutional efforts to promote access to care and patient safety. That is, the interconnectivity between individual and organizational actions suggests that meaningful connections with individual clinicians are strengthened by an organization that works to embody a culture of respect, thus promoting patient comfort and willingness to seek care.

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**318 PATIENT WORKFLOW IN A MULTIDISCIPLINARY CLEFT PALATE – CRANIOFACIAL PROGRAM**

1,2A Rahav*, 1,2A Sandhu, 1,2J Bone, 1,2D Couttemanche, 1The University of British Columbia, Vancouver, BC, Canada; 2British Columbia Children's Hospital, Vancouver, BC, Canada

10.1136/jim-2021-WRMC.316

**Purpose of Study** The BC Children’s Hospital (BCC) multidisciplinary Cleft palate - Craniofacial Program (CPP) serves the province of BC and provides individualized treatment plans based on team expertise. Past reviews of the CPP found only one third of patients are seen on time, and patients on the wait list are waiting up to an additional year beyond their recommend wait times to be seen. The purpose of this study is to review the workflow of patients through the clinic to explore the clinic’s efficiently.

**Methods Used** A retrospective review of the CPP clinics’ appointment time sheets and patient charts from September 2018 to March 2019 was done. Time was categorized as either: chart being reviewed by a specialist, patient being seen by a specialist, or patient waiting to see the next specialist. These times were summarized using means and stratified by service.

**Summary of Results** 174 patients (53% male) were seen over 25 clinic days with a total of 781 specialist visits. Patients were 0–21 years old with the majority in the 6–11 year range and the fewest in the 18–21 year range. The mean number of patients seen per clinic was 7, while patients visited on average 4.6 specialists. Patients waited a mean time of 11 minutes between specialists. Otolaryngology had the most patient visits (163) and audiology had the least (54). Pediatrics spent the longest time reviewing a patient’s chart (mean 13 min), while audiology had the least time with a chart (mean 5 min). Audio spent the longest time seeing a patient (40 min) and orthodontics the least (mean 15 min). The average time clinicians spent with the chart was similar across ages. The majority of clinic time is being used for patients seen patients (38%), followed by patient waiting (33%), and clinicians reviewing a patient’s chart (29%). Wait time increases over the course of clinic and decreasing towards the end, and patients are seen before the start and after the end of the clinic day.

**Conclusions** The CPP is running above capacity with the majority of a patient’s time spent seeing a clinician, and appointments extending beyond the scheduled clinic. Without additional resources, patient’s may wait longer for their appointments and miss key developmental assessments.
### Abstracts

#### DIVERSITY IS LACKING IN CLINICAL RESEARCH OF SEX CHROMOSOME ANEUPLOIDY CONDITIONS

**BS Avila*, S Davis. University of Colorado, Denver, CO**

10.1136/jim-2021-WRMC.317

**Purpose of Study** Incorporating diversity in clinical research is crucial, however there is no literature addressing participant diversity in research on sex chromosome aneuploidy (SCA) conditions. SCAs, such as Klinefelter and Turner syndromes, affect 1 in 400 individuals but are understudied, and we hypothesized there are large disparities in the studies that do exist.

**Methods Used** We conducted a scoping review of the literature with two specific aims: 1) quantify the proportion of SCA studies that report race, ethnicity, and/or a measure of socio-economic status (SES) for participants, and 2) compare the reported diversity of these samples to the expected population. Standardized search criteria were used in Medline and Cochrane databases to identify clinical research studies that enrolled participants with an SCA condition in the US with results published in one or more peer-reviewed journals from 1995–2020. 965 studies were identified from the original search criteria and 100 met our inclusion criteria. Descriptive statistics were used to summarize data and a one-sample t-test was used to compare the prevalence of Non-Hispanic White (NHW) participants to the expected population prevalence in the US per Census reports.

**Summary of Results** Only 17.8% of the studies on SCA conditions published both race/ethnicity and a measure of SES in their study sample. An additional 20 studies reported either racial/ethnic or SES breakdown, but not both. Of those 31 studies that did report race/ethnicity, NHW participants made up 86.1 ± 8.8% of the study samples, much more than the US population (60.1%, p<0.0001). Of the 25 studies that stated SES, the majority described a sample consistent with middle class or above.

**Conclusions** These results revealed that most SCA studies do not report important diversity metrics, and in those that do there is lack of diversity in the study participants. This can be explained by many barriers that minorities and lower SES individuals face in clinical research and efforts to alleviate this disparity in future SCA research through targeted resources is warranted.

#### DEPRESSION AND ANXIETY SCREENINGS FOR WOMEN WITH POLYCYSTIC OVARY SYNDROME WITHIN VETERANS AFFAIRS TRAINING PROGRAMS: A PILOT STUDY ON RESIDENT PERCEPTION

**M Vu*, AL Nelson, Y Fernandez-Sweeney. Western University of Health Sciences, Pomona, CA**

10.1136/jim-2021-WRMC.319

**Purpose of Study** The prevalence of depression and anxiety amongst women with PCOS are higher than in the general population. It is recognized that Veterans Affairs (VA) hospitals provide care for potentially higher stressed populations versus their civilian counterparts. Women seeking care in VA clinics may have greater levels of stress. We surveyed primary care residents in training programs to see what screening was performed.

**Methods Used** IRB approval was obtained on an exempt basis from the Human Subjects Committee of Western University of Health Sciences. VA residency directors were sent an email that described the study and provided a survey link that they could share with their residents. Residents who clicked the link were directed to our voluntary, anonymous Qualtrics survey, that included 13 multiple choice and 4 Likert scale questions covering quantitative and qualitative aspects of resident perception. Pregnant women were asked to self-exclude.

**Summary of Results** Forty residency directors were contacted; 2 had no further VA relations. Twenty-six residents responded; 25 completed the survey. Forty-six percent of respondents were Caucasian, 42% female, 76% specialized in family or internal medicine, and 27% served in the armed forces. Over 88% of respondents knew the associations between PCOS and endometrial cancer, cardiovascular disease, or fertility challenges. Eighty percent said they saw 1–2 PCOS patients per month, and 80% provided postpartum care. Routine screening for depression and anxiety was reported by 31% of residents affiliated hospitals, and/or were affiliated with the VA. Religious affiliation was confirmed using Catholic Healthcare Directory.

**Summary of Results** Among 232 U.S. accredited IM residency with primary care tracks, 51 (22%) of these residency programs are affiliated with catholic/Christian-based hospitals, and 84 (36%) with VA-affiliated hospitals. Out of six US regions, the Midwest has the highest proportion (42%) of religiously affiliated residency programs, whereas the New England region has the highest proportion (47%) of VA-affiliated programs. When compared by residency class size, small sized class (≤10) has the highest percentage of religiously affiliated programs at approximately 33%. The large sized class (≥50) has the highest VA affiliated program percentage of 73%.

**Conclusions** Approximately 58% of U.S.-based IM programs with primary-care tracks would potentially limit family-planning training based on religious doctrine or federal laws prohibiting services such as early abortion care. This creates a barrier for primary care physician trainees to receive adequate family-planning training. Further studies should assess whether these programs have any strategic approaches to ensure family training for primary-care physician trainees.

#### FAITH-BASED AND FEDERAL GOVERNMENT-AFFILIATED TRAINING SITES FOR PRIMARY CARE: IMPLICATIONS FOR WOMEN’S HEALTH SERVICES

**AN Nguyen*, NTan, EGoffrey, AHMcClintock. University of Washington, Seattle, WA**

10.1136/jim-2021-WRMC.318

**Purpose of Study** To evaluate the number of U.S.-based internal medicine (IM) primary care track programs that have continuity sites that are religiously affiliated and/or VA based clinics.

**Methods Used** Using FREIDA™, an online database, we identified 232 IM programs with primary-care tracks, which were confirmed by visiting each IM program’s websites. We determined whether the main sponsoring residency program was faith-based, had continuity clinics at religiously affiliated hospitals, and/or were affiliated with the VA. Religious affiliation was confirmed using Catholic Healthcare Directory.

**Summary of Results** Among 232 U.S. accredited IM residency training programs affiliated with primary care tracks, 51 (22%) of these residency programs are affiliated with catholic/Christian-based hospitals, and 84 (36%) with VA-affiliated hospitals. Out of six US regions, the Midwest has the highest proportion (42%) of religiously affiliated residency programs, whereas the New England region has the highest proportion (47%) of VA-affiliated programs. When compared by residency class size, small sized class (≤10) has the highest percentage of religiously affiliated programs at approximately 33%. The large sized class (≥50) has the highest VA affiliated program percentage of 73%.

**Conclusions** Approximately 58% of U.S.-based IM programs with primary-care tracks would potentially limit family-planning training based on religious doctrine or federal laws prohibiting services such as early abortion care. This creates a barrier for primary care physician trainees to receive adequate family-planning training. Further studies should assess whether these programs have any strategic approaches to ensure family training for primary-care physician trainees.
for PCOS women and 25% for postpartum women. Another 35–40% of residents reported screening only symptomatic women. Approximately 40% of residents tend to use the abbreviated Patient Health Questionnaire when screening. While 87% of residents were comfortable or somewhat comfortable with discussing depression and anxiety, 90% reported that it was strongly or somewhat difficult to find time and appropriate referrals.

Conclusions As PCOS itself undergoes rapid changes in both its diagnosis and management, studying a potentially higher stressed population such as the VA, highlights the need to implement more widespread routine screening for depression and anxiety in PCOS women.

Purpose of Study The purpose of this study was to assess perceived gender disparities among young Armenian Americans about their knowledge and access to adequate reproductive healthcare. A secondary objective was to explore a possible association between one’s source of reproductive knowledge and their perceived confidence to make informed decisions.

Methods Used An anonymous online survey was administered to Armenian men and women between the ages of 18 and 30. The survey was sent by Armenian organizations to their members from 07/31/20 to 09/15/20. The questions addressed participants’ age, source of reproductive knowledge, perceptions of access to reproductive care in their local community, questions designed to objectively assess their factual knowledge regarding the safety and efficacy of contraceptives, as well as their perceived confidence to make informed reproductive care decisions for themselves.

Summary of Results A total of 122 participants were included in the analysis, of which 55.7% were females, and 42.6% were between 24 and 26 years of age. A total of 319 sources of contraception knowledge were reported with an average of 2.62 sources per participant. School (27.6%), online (23.8%) and friends (22.3%), were among the most common choices for the source of contraception knowledge. 23.5% of women agree or strongly agree that they have access to reproductive health care that is structured to the needs of Armenian women (p<0.0001). 45.3% of men agree or strongly agree that they have access to reproductive care that is structured to the needs of Armenian men (p=0.007).

Conclusions A statistically significant gender disparity was observed among men and women, such that young Armenian women perceived that access to reproductive healthcare needs of both Armenian men and women are not adequately met, more so than men. Future studies could focus on specific perceived gaps in Armenian healthcare. Further, the most frequent source of reproductive care knowledge was reported to be acquired through school, followed by online, then friends. However, no significant association between participant’s age and perceptions of contraceptive usage was observed.

Infectious diseases II
Concurrent session
1:55 PM
Saturday, January 30, 2021

323 ONLINE CONTENT ABOUT PRENATAL TDAP VACCINATION USING REDDIT
T Le, K Lee, S Feng, AL Nelson, J Matacotta. Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Pomona, CA

Purpose of Study The Centers for Disease Control and Prevention (CDC) reported in 2017 that only 50.4% of pregnant women received the Tdap vaccination to protect their newborns from pertussis; 21.7% were unaware they needed it and 18.3% were concerned about adverse effects on their baby. This study investigated common concerns women expressed online regarding Tdap in pregnancy and assessed accuracy of online content using Reddit, a popular discussion website.

Methods Used We used Reddit’s built-in search engine to find user-generated posts by searching key words related to Tdap vaccination in pregnancy. Using the same keywords, we also searched commonly appearing subreddits, which are online communities within Reddit dedicated to topics. Working backwards from February 29, 2020 (to avoid COVID issues), we evaluated posts and comments that met the following inclusion criteria: posts from U.S. users with at least 10 comments; posts and comments focused on Tdap in pregnancy. Comments from automated bots or users outside the U.S. were excluded. Using the idea of saturation, Reddit posts with over 50 comments were analyzed until the 50th comment or until 4 subthemes were found. The CDC guidelines were used to judge accuracy.

Summary of Results 100 Reddit posts with 2872 comments between February 2020 to October 2018 were included in the study. 74 Reddit posts sought advice on Tdap vaccination, safety/side effects, and who need Tdap. Out of the 2872 comments, 115 contained inaccurate content; 96% of those related to the recommended frequency of the pertussis vaccination. Common themes within the comments included: cocooning (a strategy to protect infants by vaccinating close contacts); why and when pregnant women should get Tdap; and side effects. The most prevalent subtheme pertained to visitation rules for those who declined Tdap. Few comments reflected more extreme opinions, such as ‘only illegal immigrants have pertussis.’

Conclusions Although most pregnant women on Reddit support the recommendation for Tdap in pregnancy, some users report inconsistent information received from their clinicians. Confusion still remains about who should receive Tdap. There is potential for improved patient education provided by clinicians to ensure their pregnant patients have accurate and complete information about Tdap.
Purpose of Study

Every year in the United States, there are approximately 4.5 million dog bites which account for about 1% of all emergency department visits. No clear guidelines exist for prescribing antibiotic prophylaxis in healthy children following a dog bite. The aim of our study was to assess antibiotic prophylaxis following dog bites and the subsequent rates of infection at follow up visits in children. The primary research question is whether there is an association between prophylactic prescription of any antimicrobial and return visit within 14 days for infection.

Methods Used

We employed a retrospective cohort analysis of medical and pharmacy claims derived from the Truven Health Analytics Market Scan Commercial Claims and Encounters Database from 2016 and 2017 to assess the frequency of antibiotic prophylaxis prescribed following dog bite injuries in patients 0–18 years old and subsequent return visits for infection. We used the ICD-10 code W54 for dog bites then used keyword searches to find diagnosis (including infection) and medications.

Summary of Results

Over the two year period, 24,088 children were seen for dog bites. Of these, 1,177 initially had signs of infection and were excluded from the study. Of the 22911 children who did not initially present with infection returned within 14 days for suspected infection. Of those, 186 (70.2%) received prophylactic antibiotics at the initial visit. Prophylactic antibiotic prescription at the first visit was significantly associated with presenting for an infection at the follow-up visit (OR=1.8; 95% CI=1.4,2.3).

Conclusions

Patients who were prescribed prophylactic antibiotics at the initial visit for a dog bite injury were significantly more likely to return for infection. This may be explained by confounding by indication, wherein patients prescribed prophylactic antibiotics were more likely to return for care because their dog bites were initially more severe.

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Patients who were prescribed prophylactic antibiotics at the initial visit for a dog bite injury were significantly more likely to return for infection. This may be explained by confounding by indication, wherein patients prescribed prophylactic antibiotics were more likely to return for care because their dog bites were initially more severe.

Factors Associated with First-Line Penicillin Treatment Among Women Diagnosed with Syphilis During Pregnancy in Brazil From 2010–2018

Purpose of Study

Despite enhanced global public health efforts, rates of maternal syphilis have quadrupled in Brazil in the past decade. Even after a benzathine shortage in Brazil from 2014 to 2017, penicillin remains the only recommended treatment. The purpose of this study was to explore whether high non-treponemal titers (≥1:16) predict treatment with penicillin among women diagnosed with syphilis during pregnancy in Brazil between 2010 and 2018.

Methods Used

Using data from the Brazilian Ministry of Health on women diagnosed with maternal syphilis between January 1, 2010 and December 31, 2018, we used a random effects model with a cluster correction at the state level to evaluate whether non-treponemal titers ≥1:16 are associated with penicillin treatment.

Summary of Results

Among 215,937 women diagnosed with syphilis during pregnancy, 91.3% received penicillin, and 45.9% had a titer ≥1:16. Maternal syphilis cases increased over the study period, from 8,704 in 2010 to 46,340 in 2018 (p-value <0.001). There was significant variation by state; highest prevalence in São Paulo (n=52,451) and Rio de Janeiro (n=26,838). In the
random effects model, a non-treponemal titer $\geq 1:16$ was associated with a 41% increased odds of receiving penicillin (adjusted odds ratio 1.41, 95% confidence interval 1.36–1.45). On average, women with a titer $\geq 1:16$ were 2.5 percentage points more likely to receive penicillin, suggesting providers may use a titer threshold of $\geq 1:16$ in the decision process. Age $\geq 30$, self-identified non-white race/ethnicity, and years after 2012 also showed slightly increased odds of adequate penicillin treatment.

Conclusions High titers were significantly associated with penicillin treatment. Future studies are required to explore whether non-penicillin treatment in women with titers <1:16 contributed to rising maternal syphilis rates in Brazil. States with a high prevalence may benefit from targeted public health interventions to quell the epidemic.

### Abstracts

#### 327 METAGENOMIC NEXT GENERATION SEQUENCING OF CEREBROSPINAL FLUID IN ANTIBIOTIC PRE-TREATED, CULTURE NEGATIVE BACTERIAL MENINGITIS

A Sinha*, A Belmonte, K Schwalm, D Dinwiddie, W Deharky. University of New Mexico, Albuquerque, NM

10.1136/jim-2021-WRMC.325

**Purpose of Study** Cerebrospinal fluid (CSF) obtained after initiation of antibiotics may be sterile in the setting of meningitis. Knowledge of a specific pathogen, though, may guide antibiotic selection and duration of therapy. We used metagenomic next generation sequencing (mNGS) on CSF from an infant with presumed meningitis who was pre-treated with antibiotics prior to lumbar puncture (LP).

**Methods** Used A nucleotide stabilizing agent was added to residual CSF with subsequent freezing at -80°C prior to analysis. mNGS was performed on the Illumina MiSeq after enrichment by hybridization, with sequences entered into the Kraken pipeline for taxonomic labelling.

**Summary of Results** A 5-week-old, 33 week gestational age boy presented with acute lethargy and apnea. Initial attempts at an LP were unsuccessful. Ampicillin and cefazidime were begun. His blood culture demonstrated growth of Streptococcus agalactiae, which prompted another LP attempt 32 hours after initiation of antibiotics. His CSF demonstrated 1,392 white blood cells/mm$^3$ with a neutrophilic predominance (63%) polymorphonuclear cells), 6 red blood cells/mm$^3$, a glucose of 8 mg/dL, a protein of 241 mg/dL and a Gram stain with numerous Gram positive cocci. His CSF indices were consistent with bacterial meningitis, but his CSF culture remained sterile likely due to antibiotics received prior to culture collection. The child recovered after 14 days of ampicillin. Results from mNGS of his CSF demonstrated 4,009 sequencing reads consistent with Streptococcus agalactiae.

**Conclusions** mNGS sequencing detected a meningitic pathogen matching a blood isolate when CSF culture failed to do so. This approach may be beneficial in antibiotic pretreated CSF in which cultures may be unreliable.

#### 328 DISSEMINATED TRICHOSPORONOSIS IN A TWO-YEAR-OLD WITH ACUTE LYMPHOBlastic LEUKEMIA

M Nguyen*, F Naeem, F Razaq, V Vijayan. Valley Children’s Hospital, Madera, CA

10.1136/jim-2021-WRMC.326

**Introduction** Trichosporonosis is a rare, emerging opportunistic infection in immunocompromised hosts. Among Trichosporon species, T. asahii has been reported to cause invasive infections and is associated with high morbidity and mortality. We describe a two-year-old with acute lymphoblastic leukemia (ALL) who developed disseminated trichosporonosis while on antifungal prophylaxis.

**Case Description** A previously healthy 2-year-old male presented to our institution with newly diagnosed pre B-cell ALL. During induction chemotherapy, he became neutropenic and subsequently developed fever. He was on antifungal prophylaxis with caspofungin at that time. His physical examination was notable for nodular lesions on the bilateral upper and lower extremities, including his palms and soles and nodular lesions on his chest and extremities. He was started on intravenous cefepime, vancomycin and liposomal amphotericin B. Laboratory evaluation was significant for profound neutropenia, thrombocytopenia and anemia. CT scan showed hypoechoic lesions in the kidney and spleen and colitis. His blood and urine cultures were negative. Due to persistent fevers, posaconazole was added to his antifungal regimen.

Skin biopsy was performed and detected Trichosporon asahii DNA with 28S and ITS primer sets. Fungal culture of the skin biopsy revealed growth of Trichosporon asahii with an MIC of 0.25 to posaconazole, 0.06 μg/ml to voriconazole, 2 μg/ml to fluconazole and 0.25 μg/ml to liposomal amphotericin B. Posaconazole was replaced with voriconazole with continuation of liposomal amphotericin B. Twelve weeks after initiation of therapy, nodular lesions resolved and fever curve improved.

**Conclusions** Our case demonstrates the importance of considering trichosporonosis in children with a hematologic malignancy with persistent fever and neutropenia, especially with increasing use of echinocandins as antifungal prophylaxis. Common clinical manifestations include persistent fevers with involvement of the lungs, skin, eyes, kidneys and liver. Treatment of invasive infections can be challenging in the setting of persistent neutropenia.

#### 329 CAVITARY COCCIDIOIDOMYCOSIS IN PATIENTS WITH DIABETES MELLITUS

VK Narang*, C Upple, R Johnson, A Heidari. UCLA-Kern Medical, Bakersfield, CA

10.1136/jim-2021-WRMC.327

**Purpose of Study** Pulmonary Coccidioidomycosis (PCM) is endemic to the Southwestern United States and Mexico. Its clinical manifestations vary depending on extent of infection and immune status of the host. Many infections are common and complicated in persons with diabetes. This may be caused by any number of immune alterations. People with diabetes mellitus (DM) are more likely to experience severe coccidioidomycosis and cavitary lung disease is common. Cavitation in these patients represents chronic disease and clinicians use size, location, wall thickness, and number to characterize them. The purpose of this study is to evaluate pulmonary cavitary coccidioidomycosis in DM.

**Methods** Used Approval was obtained from the Institutional Review Board, Kern Medical. A retrospective chart review was conducted on the records of patients with proven PCM and DM. We evaluated the records for radiographic reports, chest...
x-rays (CXR), and computed tomography (CT) imaging for these patients and assessed their cavitary lesions. The location, number, and size were recorded.

Summary of Results We reviewed the imaging for 110 diabetic patients with PCM and found 52/110 (47%) patients with at least 66 cavities, as 14/52 (27%) patients had multiple cavitations. 38/66 (58%) lesions were found in the upper lobes, 25/66 (38%) in the lower lobes, and 3/66 (4%) were right middle lobe lesions. 33/66 (50%) cavities were located the right lung, and 33/66 (50%) localized in the left lung. We defined size of the lesion as the single greatest dimension, when known. The size of cavities varied greatly, ranging from 7 mm to 60 mm, with a mean size of 26.5 mm. The median value was 25 mm, and the mode was 21 mm. The American Diabetic Association classifies controlled Diabetes as patients with a glycosylated hemoglobin (HBA1c) of <7.0%, 46/52 (88%), of our diabetic population had uncontrolled diabetes, 25/52 (4%) had controlled diabetes. We unable to determine glucose control for 4/52 (8%) of our patients.

Conclusions Cavitary disease is substantially more common in uncontrolled diabetic patients than in the typical population of individuals with primary pulmonary coccidioidomycosis. Efforts to improve glycemic control in diabetic patients may be of value in preventing progression to cavitary pulmonary coccidioidomycosis.

Purpose of Study Nationwide, 82% of patients hospitalized with e-cigarette, or vaping product use-associated lung injury (EVALI) endorsed vaping tetrahydrocannabinol (THC) products. As of February 2020, 2807 cases of EVALI were reported to the CDC. Of these, 15% occurred in patients <18 years old; 78% reported obtaining their supplies from friends, online vendors and unregulated dispensaries. This increases the risk of secondary infections from contaminated cartridges.

We describe a case of invasive pulmonary aspergillosis (IPA) as a complication of EVALI in an immunocompetent adolescent that resulted in a fatal outcome.

Summary of Results A 16-year-old male presented to our institution with a 1-week history of fever, cough, and chest pain. On examination, he was in severe respiratory distress with decreased breath sounds bilaterally. His temperature was 37.8°C, pulse 117 bpm, BP 116/77, RR 44, and Pox 70%. He was placed on BiPAP but continued to decompensate, requiring emergent intubation. Laboratory evaluation showed a WBC of 12,400/uL, (75%N, 2% E). Blood culture and respiratory viral studies were negative. His urine drug screen was positive for THC. CT chest demonstrated pleural effusions, diffuse ground glass opacities, and bibasilar cavitation. His family later placed on BiPAP but continued to decompensate, requiring emergent intubation. Laboratory evaluation showed a WBC of 12,400/uL, (75%N, 2% E). Blood culture and respiratory viral studies were negative. His urine drug screen was positive for THC. CT chest demonstrated pleural effusions, diffuse ground glass opacities, and bibasilar cavitation. His family later

Conclusions Our case emphasizes IPA as a potential risk associated with EVALI, especially among adolescents who may acquire THC from unregulated sources. We encourage physicians that are considering the diagnosis of EVALI to be cognizant of the increased use of THC among EVALI patients and the potential for contaminants in vaping cartridges.

Surgery V
Concurrent session
1:55 PM
Saturday, January 30, 2021

Abstract 331 BEWARE THE TRANSVERSE PLANE: VARIABILITY OF ‘NORMAL GAIT’ IN TYPICALLY DEVELOPING CHILDREN

1PS Panesar*, 1,2A Bagley, 1,2V Kulkarni. 1UC Davis School of Medicine, Sacramento, CA; 2Shriners Hospitals for Children, Sacramento, CA

Purpose of Study Pediatric orthopaedic surgeons use 3D Gait Analysis (3DGA) to characterize gait patterns and recommend treatment. To improve the differentiation of pathologic from normal gait, this prospective cohort diagnostic study aims to quantify the variability of kinematic measurements in typically developing children.

Methods Used 3DGA was performed using a 12-camera infrared system. Each stride was normalized to 101 points for 14 kinematic measurements for each limb. Using a custom MATLAB program, the average range and standard deviation were

Abstract 331 Table 1

<table>
<thead>
<tr>
<th>Kinematic Measurement</th>
<th>Average Range (deg)</th>
<th>Average Standard Deviation (deg)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>* = Significant (p &lt; 0.05)</td>
<td>* = Significant (p &lt; 0.05)</td>
</tr>
<tr>
<td>Trunk Trunk Rotation</td>
<td>9.5*</td>
<td>9.4*</td>
</tr>
<tr>
<td></td>
<td>3.3*</td>
<td>3.4*</td>
</tr>
<tr>
<td>Trunk Tilt</td>
<td>6.7</td>
<td>6.4</td>
</tr>
<tr>
<td></td>
<td>2.4</td>
<td>2.3</td>
</tr>
<tr>
<td>Trunk Lateral Bend</td>
<td>4.6</td>
<td>4.5</td>
</tr>
<tr>
<td></td>
<td>1.6</td>
<td>1.6</td>
</tr>
<tr>
<td>Pelvis Pelvic Rotation</td>
<td>7.8*</td>
<td>7.8*</td>
</tr>
<tr>
<td></td>
<td>2.8*</td>
<td>2.8*</td>
</tr>
<tr>
<td>Pelvic Tilt</td>
<td>4.4</td>
<td>4.4</td>
</tr>
<tr>
<td></td>
<td>1.6</td>
<td>1.6</td>
</tr>
<tr>
<td>Pelvic Obliquity</td>
<td>3</td>
<td>2.9</td>
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<tr>
<td></td>
<td>1.1</td>
<td>1.1</td>
</tr>
<tr>
<td>Hip</td>
<td>8</td>
<td>8.3*</td>
</tr>
<tr>
<td>Hip Rotation</td>
<td>3</td>
<td>2.8</td>
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<tr>
<td></td>
<td>3*</td>
<td>3*</td>
</tr>
<tr>
<td>Hip Flexion</td>
<td>6.6</td>
<td>6.3</td>
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<tr>
<td></td>
<td>2.3</td>
<td>2.3</td>
</tr>
<tr>
<td>Hip Adduction/Absduction</td>
<td>4.2</td>
<td>4.1</td>
</tr>
<tr>
<td></td>
<td>1.5</td>
<td>1.5</td>
</tr>
<tr>
<td>Knee</td>
<td>4.8</td>
<td>4.7</td>
</tr>
<tr>
<td>Knee Rotation</td>
<td>1.7</td>
<td>1.8</td>
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<td></td>
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<tr>
<td>Knee Flexion</td>
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<tr>
<td></td>
<td>3.5*</td>
<td>3.2*</td>
</tr>
<tr>
<td>Knee Varus/Valgus</td>
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<td>0.6</td>
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<tr>
<td>Ankle</td>
<td>12</td>
<td>10.4*</td>
</tr>
<tr>
<td>Foot Progression Angle</td>
<td>4.1</td>
<td>4.1</td>
</tr>
<tr>
<td></td>
<td>3.8*</td>
<td>3.8*</td>
</tr>
<tr>
<td>Ankle Dorsiflexion</td>
<td>8.3</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>2.6</td>
</tr>
</tbody>
</table>
Summary of Results 37 patients were recruited for the study (ages 5.3–16.8 years; 20F, 17M). DGA captured an average of 7 strides for each patient. Variability was greatest in the transverse (rotational) plane for the trunk, pelvis, hip, and foot/ankle, whereas the knee was most variable in the sagittal plane (table 1). Variability decreased as age increased. Sex had no statistically significant difference for any measurement.

Conclusions Typically developing children have the greatest kinematic variability in the transverse plane. In particular, the foot progression angle can have up to a 12° average range, indicating that surgeons should not utilize a single stride in isolation to determine treatment of transverse plane deviations such as intoeing. Determination of fixed pathological gait patterns may be more accurate as children reach skeletal maturity.

Purpose of Study Spinal fusion surgeries are a common treatment for spinal disorders. However, preventing adjacent segment disease (ASD) or proximal junctional failure (PJF) requiring surgical revision remains a challenge. Prophylactic cement augmentation at the level of the upper instrumented vertebra (UIV) and UIV+1 has been proposed to reduce the risk of PJF. The purpose of this study is to compare surgical revision rates in individuals undergoing spinal fusions with and without cement augmentation.

Methods Used We conducted a retrospective chart review of 108 consecutive patients from 2015–2020, who did (N=72) and did not (N=36) receive cement augmentation at the UIV or UIV+1 levels concurrently with their spinal fusion surgeries treated by the department of orthopedic surgery at UCSD. A multivariate logistic regression model was used to determine the odds of failure within 1 year of surgery controlling for covariates of age, number of levels fused, presence of osteoporosis, comorbidities, and whether the index surgery was primary or a revision.

Summary of Results 6/72 (8.3%) cement group patients and 6/36 (16.7%) control group patients experienced mechanical failure within one year postoperatively. In the cement group, the mean (SD) number of levels fused was 5.1 (2.3), the mean (SD) age was 69.0 (9.4) years, and the mean (SD) number of levels cemented was 3.2 (1.7). 24/76 (31.6%) had UIV cement augmentation, 20/76 (26.3%) had UIV+1 cement augmentation, and 28/76 (36.8%) had both UIV and UIV+1 cement augmentation. In the control group, the mean number of levels fused was 3.5 (1.9) and the mean age was 64.6 (9.7). The results of the adjusted model indicated that patients not receiving cement augmentation as part of their surgical fusion were significantly more likely to require revision surgery within 1 year of the index surgery (p=0.037, OR (95% CI) = 4.906 (1.101–21.860).

Conclusions Prophylactic cement augmentation of the UIV and UIV+1 may warrant increased consideration in the standard of care for patients receiving spinal fusion surgeries to improve clinical outcomes and to reduce surgical revision rates in this patient population.
Changes in clinical pathways and functional outcomes of children with upper brachial plexus birth injury before and after institution of Sup-ER protocol

Purpose of Study
Children with brachial plexus birth injury (BPBI) to the C5, C6 ± C7 roots who do not recover on their own in the first 2 months of life, require medical treatment. Most clinics recommend non-surgical (physiotherapy, occupational therapy, splinting) and procedural interventions (nerve grafting, muscle release, tendon transfers, Botox injections). We published a pilot study showing that an early shoulder repositioning protocol (Sup-ER) had better supination and external rotation outcomes at 2 years of age compared to a control group.

The goal of this study was to expand the pilot and audit changes in our clinic’s choice and timing of surgical interventions and outcomes of Sup-ER protocol patients compared to historical controls.

Methods Used
The health records of upper BPBI patients who had procedures at BC Children’s Hospital from 2001–2018 were retrospectively reviewed. The study population was grouped by birth year into a historical pre-Sup-ER (2001–2008, n = 20) and recent Sup-ER (2009–2018, n = 21) group. Data relevant to surgical type and timing, and functional outcomes were collected and analyzed.

Summary of Results
Compared to the historical group, there were less brachial plexus exploration and grafting surgeries performed in the recent group. Botox injections, nerve transfers and tendon transfers were performed earlier and more frequently in the recent group. Infants in the recent group had better functional outcomes at 2 years of age as measured by Active Movement Scale (AMS) scores.

Conclusions
Currently, brachial plexus exploration and grafting is rarely performed in this group and children with upper BPBI who follow the Sup-ER protocol are recommended earlier and for more ‘other’ procedures compared to historical controls. This evolution of clinical pathway results in improved outcomes at 2 years of life compared to historical controls.
TRANSCRANIAL MAGNETIC STIMULATION IN PEDIATRIC EPILEPSY: VALIDATION OF A NONINVASIVE, PRESURGICAL MOTOR MAPPING TECHNIQUE

1,2,A Mehta*, 4,5S Schramm, 6O Auguste, 7P Tarapore. 1Western University of Health Sciences, Fremont, CA; 2University of California San Francisco, San Francisco, CA; 3University of California Berkeley, Berkeley, CA; 4Technische Universität München, Munich, Germany

Purpose of Study Navigated transcranial magnetic stimulation (nTMS) is a non-invasive technique often used for localization of functional motor cortex via induction of motor evoked potentials (MEP) in neurosurgical patients. There has however been no published record of its application in pediatric epilepsy surgery. This study aims to evaluate the success of using nTMS for pre-surgical motor mapping in a cohort of pediatric patients with medically refractory epilepsy.

Methods Used All patients of age 0–18 with a diagnosis of medically refractory epilepsy were identified from the institutional database of pre-surgical nTMS motor maps (2012 to present). The patient’s demographic, clinical, and mapping data were extracted and used for statistical analysis.

Summary of Results Sixteen patients met the inclusion criteria. Fifteen patients underwent surgical resection. Median age was 9 years (range 0 - 17 years). No adverse effects were recorded during mapping. Specifically, no epileptic seizures were provoked via nTMS. Recordings of valid MEPs induced by nTMS were obtained in 10 patients. In the remaining patients, no MEPs could be elicited. Failure to generate MEPs was associated significantly with younger patient age (r = 0.8020, p = 0.0001863). All patients underwent surgical resection. The most frequent seizure control outcome Engel Epilepsy Surgery Outcome Scale Class I.

Conclusions nTMS is a safe, well-tolerated, and effective method for mapping the motor cortex in pediatric patients with epilepsy. Patient age modulates elicitability of MEPs, which may be related to myelination. Successful motor mapping could benefit this patient population analogous to the benefits seen in adults. Therefore, research towards and usage of nTMS for motor mapping in pediatric epilepsy patients should be expanded.

COMPLEX WOUND MANAGEMENT USING NEGATIVE PRESSURE WOUND THERAPY WITH INSTILLATION AND RETICULATED OPEN CELL FOAM DRESSING WITH THROUGH HOLES

1M Gruber*, 1E O’Rourke, 3A Gabriel. 1Elson S Floyd College of Medicine, Vancouver, WA; 2Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Negative pressure wound therapy (NPWT) with instillation and dwell time (NPWTi-d), which combines periodic instillation of a topical wound solution with NPWT, can be included in the treatment strategy for both acute and chronic wounds. Additionally, NPWTi-d using a reticulated open cell foam dressing with through holes (ROCF-CC) has been shown to assist in removing wound exudate and infectious materials. We describe our experience using NPWTi-d with ROCF-CC to help manage 7 patients with complex wounds.

Methods Used In each case, NPWTi-d was initiated by instilling saline with a 1-second dwell time, followed by 2 hours of NPWT (~125 mmHg). NPWTi-d duration ranged from 5 to 27 days, with dressing changes every 2–3 days. Once sufficient granulation tissue growth had occurred, NPWTi-d was discontinued and the wounds were primarily closed with sutures, flaps, or skin grafts. In one patient, closed incision negative pressure therapy was used to support suture closure.
Summary of Results 6 of the 7 patients were male, with an average age of 61.7 years (range: 45–78 years). Comorbidities included diabetes (n=6), coronary artery disease (n=3), peripheral vascular disease (n=3), surgery for abdominal aortic aneurysm (n=2), and renal disease with dialysis (n=1). Wound types were varied and included a pharyngeal abscess that developed an extensive disseminated infection involving the left breast, soft tissue avulsions with exposed tibias without periosteum, bilateral open fasciotomy leg wounds, and a right groin exposed graft with infection. Wound cultures were positive for bacteria in 3 patients, and antibiotics were administered when appropriate. Debridements were performed as needed in 4 patients.

Conclusions The positive outcomes from these cases further support the use of NPWTi-d with ROCF-CC as a viable option for assisting in the management of complex wounds.

Published not presented

339 GREATER INCIDENCES OF MENTAL ILLNESS ASSOCIATED WITH ABUSE IN HOUSING INSTABLE YOUTH?
M Castella-Chin*, BM Rodriguez, JL Carlson, C Irani, M Baum. Loma Linda University, Loma Linda, CA

Purpose of Study Housing instable individuals include those who do not have an adequate or reliable place of residence at night. Experiences of abuse can lead to long-term effects due to abuse being an adverse childhood experience. The purpose of this study was to determine if abuse of any type in housing unstable youth could be associated with mental health issues including depression, anxiety, schizophrenia, and bipolar.

Methods Used 1398 self-report surveys were collected from youth that attended a day drop-in youth program in Redlands, San Bernardino County, California. Youth had an average age of 17.99 years old. These surveys ascertained their history of abuse and type of abuse. The surveys addressed their history of mental illness as well as the type of abuse they experience or have had a history of. These mental illnesses included: depression, anxiety, schizophrenia, and bipolar.

Summary of Results There were 1221 surveys completed. Statistics showed that total youth (N=1221), female youth (N=191), and male youth (N=801) with a history of abuse and type of abuse. The surveys addressed their history of mental illness as well as the type of abuse they experience or have had a history of. These mental illnesses included: depression, anxiety, schizophrenia, and bipolar.

Conclusions The positive outcomes from these cases further support the use of NPWTi-d with ROCF-CC as a viable option for assisting in the management of complex wounds.

340 DOES HAVING MEANINGFUL TALKS WITH A CHILD AFTER A FAMILY DEATH CAUSE A DECREASE IN THE POOR BEHAVIORS AND EMOTIONS EXHIBITED BY THE CHILD?
M Castella-Chin*, JL Carlson, D Jhang, C Irani, M Baum. Loma Linda University, Loma Linda, CA

Purpose of Study Parental communication with the grieving child is necessary for coping. The purpose of this study was to ascertain how meaningful talks with parents/guardians impact the behaviors and emotions of the grieving child.

Methods Used Youth under the age of 18 who had a primary death in their family of a sibling or a parent attended a weekend overnight camp that included grief counseling. 809 surveys were filled out by parents addressing the campers before the death, after death pre-camp, and post-camp. From this survey, the levels of parental meaningful talks were determined. These two groups of parents with high talk and low talk values were compared against possible child scores of 15 behaviors and 13 emotions. Those who experienced a traumatic death were in the SVP group and the non-traumatic death in the CGG group.

Summary of Results The results reveal that parents/guardians of children that are considered to have high talks with their CGG children are 131% greater odds of having a child with high of behaviors (p-value <0.05). In addition, they are also 279% greater odds to have higher emotions. Those in the SVP group are 56% greater odds to have more meaningful talks compared to those in the CGG. Those that are SVP do not have an association between higher meaningful talks and behaviors and emotions.

Conclusions Children who experienced death close to them from disease and who have high levels of meaningful talks with their guardians experience higher levels of behaviors and emotions. Those who are SVP have a greater number of meaningful talks than those in CGG. Those in the SVP group do not have any association between meaningful talks and behaviors and emotions. Addressing and talking to children who have experienced death is important for coping and grieving.

341 PARENTAL COPING PARALLELS TO CHILD COPING IN DEATH OF A CHILD AND OR PARENT
M Castella-Chin*, JL Carlson, D Jhang, C Irani, M Baum. Loma Linda University, Loma Linda, CA

Purpose of Study The death of a child or spouse can deeply impact a parent and alter the parent’s ability to cope and function. The way in which a family unit interacts can strongly shape the emotions and coping of a child. This study aims to determine how poor parental coping after the loss of a loved one can impact the emotional and behavioral function of the child.

Methods Used Children and youth who experienced a loss of a sibling or a parent attended a weekend camp that included group grief counseling and camp activities. 809
surveys were filled out by guardians addressing their child’s emotions (13 domains) and behaviors (15 domains); prior to death then pre-camp, and post-camp. Comparisons between parent’s coping on the rubrics of struggle to function and loss of interest were compared with children’s emotions and behavior.

Summary of Results Children who experienced death from traumatic causes had 41% lower odds of having a parent who maintained engagement by not having a loss of interest. No other poor parental behavior of coping or child emotion correlated. No other poor parental behavior of coping or child behavior correlated.

Conclusions This study concludes that children who experienced death from traumatic causes had lower odds of having apparent who maintained engagement. The importance of this is that support for parents is important for a child coping as parents are unavailable as they are also struggling to cope.

**Abstract 343 Table 1**

<table>
<thead>
<tr>
<th>Source</th>
<th>Age</th>
<th>ACE 0</th>
<th>ACE 1</th>
<th>ACE 2</th>
<th>ACE 3</th>
<th>ACE 4+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lyengard, 2019</td>
<td>2–11</td>
<td>13%</td>
<td>60%</td>
<td>23%</td>
<td>4%</td>
<td>6%</td>
</tr>
<tr>
<td>Marie-Mitchell,</td>
<td>5–11</td>
<td>Exposure</td>
<td>59%</td>
<td>23%</td>
<td>9%</td>
<td>4%</td>
</tr>
<tr>
<td>Mercie, 2020</td>
<td>3, 5</td>
<td>Age 3</td>
<td>15%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10,</td>
<td>Age 5</td>
<td>17.5%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>13</td>
<td>Age 10</td>
<td>30.5%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Age 13</td>
<td>33.8%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Selvaraj, 2019</td>
<td>0–17</td>
<td>Exposure</td>
<td>51%</td>
<td>49%</td>
<td>(ACE 4+ = 10%)</td>
<td></td>
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<tr>
<td>Wickramasinghe,</td>
<td>0–18</td>
<td>Phase I</td>
<td>36%</td>
<td>64%</td>
<td>(ACE 4+ = 28%)</td>
<td></td>
</tr>
<tr>
<td>Burke, 2011</td>
<td>73,</td>
<td>20.9</td>
<td>32.8%</td>
<td>30.7%</td>
<td>13.8%</td>
<td>10.7%</td>
</tr>
</tbody>
</table>

Conclusions While *P. vivax* malarial parasitemia has a low incidence in Kern County it remains important to be identified promptly and to administer immediate treatment to prevent end-organ damage and to avoid relapse. It should be considered as a differential in a pediatric patient presenting with fever and pancytopenia. Additionally, communication with the department of public health are important for monitoring to avoid a local outbreak. Further studies are needed to help distinguish between relapsing infections and newly acquired infections.
Case Report As technology has advanced, it has become easier for physicians to rely on diagnostic testing, such as labs and imaging, to arrive at the correct diagnosis. However, an incomplete history combined with being heavily influenced by diagnostic testing can cause physicians to diagnose patients incorrectly which subsequently leads to the wrong treatment plan. This can also cause significant costs to the family and society and results in low value care. This case study demonstrates how a pediatric patient was erroneously diagnosed with a pulmonary embolism which resulted in a cascade of unnecessary diagnostic testing, imaging, and treatments that were costly and potentially harmful to the patient.

An 8-year-old male, with a history of asthma and a surgical revision of his below the knee amputation two days prior, presented to the emergency department (ED) with shortness of breath, chest pain, and tachycardia which was non-responsive to albuterol both at home and in the ED. A full set of labs were ordered showing an elevated D-dimer which resulted in a CT angiogram that was read as a pulmonary embolus. He was started on anticoagulation and transferred to a tertiary children’s hospital where he was admitted to the pediatric intensive care unit (ICU). While in the ICU, the CT was reviewed and the findings were found to represent artifactual. After further questioning, the boy stated that his symptoms began immediately after swallowing a dry quesadilla, and the diagnosis of an esophageal food bolus as the cause of his symptoms was made.

This case study highlights the challenges associated with heuristic clinical reasoning processes and the possibility of error as a result of these cognitive shortcuts. It also illustrates that a complete history will decrease the likelihood of an incorrect diagnosis and management plan. By reviewing cases like this one, a physician can recognize the value of a full history and mitigate their own cognitive bias in the medical decision-making process.
decompression by L-V shunting has been considered but was delayed while her condition stabilized.

Conclusions These patients and a growing body of literature over several decades demonstrate that lymphatic dysplasia may be a hallmark of NS. The various lymphatic imaging modalities used in these three cases illustrate the value of initial non-invasive dynamic LAS screening in defining and monitoring the general lymphatic dysfunction status and sites of chylous/non-chylous reflux. More invasive studies such as LAG and magnetic resonance lymphangiography with contrast, preceded by MRI without contrast, provide greater detail and clarify treatment options. We propose that early lymphatic imaging should be utilized routinely to evaluate NS patients.

346 EXPANDING ACCESS TO OPIOID USE DISORDER TREATMENT VIA TELEHEALTH IN LEWIS COUNTY, WASHINGTON

KM Hogan*. University of Washington School of Medicine, Seattle, WA

10.1136/jim-2021-WRMC.344

Purpose of Study Lewis County is in southwest Washington state. With a population per square mile of 31.4, Lewis County is more rural than the rest of the state (101.2 per square mile). Citizens of the county, as well as health care workers at Chehalis Family Medicine (located in Lewis County), report concerns over rates of opioid use disorder. While Lewis County’s age adjusted rate per 100,000 of deaths due to opioid overdose from 2014–2017 was lower than that of Washington state (7.6 vs 9.3), its rate of opioid related hospitalizations was significantly higher (110.7 vs 81.5).

Methods Used An asset-based approach was used to learn how Lewis County has been addressing opioid use disorder amongst its citizens. Interviews with health care providers, patients at Chehalis Family Medicine, and the pastor of a local church were performed. These conversations revealed a lack of access to public transportation creates a major barrier to receiving opioid use disorder treatment. A literature review of interventions implemented in rural areas to deliver medically assisted opioid use disorder treatment was performed.

Summary of Results The recent use of telemedicine to deliver suboxone treatment at Chehalis Family Medicine has increased access to medically assisted treatment of opioid use disorder. Telemedicine has become more prevalent with some loosening of governmental regulations due to the COVID-19 pandemic. Based upon articles by Guille et al and Weintraub et al, administration of medically assisted opioid use disorder treatment via telehealth offers a means to expand access to care in rural communities. They demonstrated no significant differences in patient outcomes. Implementation of telemedicine at other suboxone clinics in Lewis County would improve access to suboxone treatment.

Conclusions A strength-based framework allows the existing assets in Lewis County to be appraised so future work can build upon what has already proved effective for the community. Regarding opioid use disorder treatment, Lewis county has several low barrier suboxone clinics which could increase access for rural patients through implementation of telemedicine. Chehalis Family Medicine’s recent success with telemedicine in suboxone treatment could serve as a template for how to do so effectively.

347 SUICIDALITY IN HIGH-SCHOOL ADOLESCENTS IN JEROME, IDAHO

M Reynolds*. University of Washington School of Medicine, Seattle, WA

10.1136/jim-2021-WRMC.345

Purpose of Study Suicidality of adolescents in Jerome, Idaho is a shared source of concern. A community needs assessment from St. Luke’s Health System listed Idaho in the top 10 states with the highest suicide rates. Suicide is the 8th leading cause of death in Idaho, with both Idaho and Jerome suicide rates 50–60% higher than the U.S. average. Per the CDC, suicide is one of the leading causes of decreased life expectancy in the country and is the second leading cause of death in those ages 10–24. This project was established to assess the major players, their observations of current needs, what assets are present, and how they can be augmented.

Methods Used Interviews of community leaders and members alongside a literature review of in-school interventions worked in parallel to investigate the current assets of Jerome and start to develop ideas to improve upon these assets. Four major partners were discovered: Community Schools Project from the United Way, Jerome School District, St. Luke’s Health System, and South Central Public Health District. All have at least one focus area in children’s health, and all are interested in addressing mental health.

Summary of Results The systematic reviews assessed randomized controlled trials of in-school programs and focused on those which impacted certain categories: gatekeeper behaviors, increased knowledge about suicide and its manifestations, decreasing suicidal behavior, etc. Research into smartphone apps provided another avenue of support for adolescents experiencing suicidal ideation. The research failed to provide a definitive answer as to app effectiveness, though since this generation utilizes technology more than any other before, smartphone apps may be worthy of further investigation.

Conclusions A triad of potential goals manifested during the project: build relationships and communication between major players, increase confidence and skills of ‘gatekeepers’ (teachers, administrators, school staff) to recognize suicidality and support students, and provide awareness of technology-based resources for students to find support outside of school. Refinement of the specific needs at Jerome High School will be the next step. Further research will be performed to determine interventions which are effective, cost-efficient, and sustainable in addressing suicidality.

348 THE EFFECT OF FAMILY STRUCTURE ON SOCIOECONOMIC AND BEHAVIORAL ISSUES

BM Rodriguez*, Jl. Carlson, M Castella-Chin, C Irani, M Baum. Loma Linda University, Loma Linda, CA

10.1136/jim-2021-WRMC.346

Purpose of Study A clinician, being aware of the stress on families due to divorce or loss, and often the subsequent economic consequence can better address the impact on children and support families. As of 2018, divorce rates were 4.1/1000 of total population in California. Divorce often results in socioeconomic disadvantages and behavioral issues in children. Qualifying for free school lunches may affect the health of
Abstracts

DETECTION OF CORONARY ARTERY CALCIUM DEPOSITS ON NON CONTRAST CT USING ARTIFICIAL INTELLIGENCE

Purpose of Study According to the CDC, coronary artery disease (CAD) is one of the leading causes of death in the US, with an average of 1 in every 4 deaths being due to CAD. For some, close monitoring due to familial history allows for its early diagnosis, thus leading to early interventions that significantly reduce or delay development of pathologies. But for others, the first sign of CAD may be a myocardial infarction. This makes early detection of this disease crucial to prevent complications. If successful, this tool can be included and run on all chest CT scans that are performed for indications other than coronary artery disease to evaluate for cardiac health outcomes.

Methods Used To identify these plaques before symptom development, an artificial intelligence software using image segmentation techniques [Dense U-net structured] is being built. Once finalized, a retrospective study will be performed at UC Irvine Health on past CT scans to determine if there is a correlation between coronary plaque volume and onset of symptoms.

Summary of Results At the time of abstract submission, we are wrapping up the prototype build of our AI. We plan to have results and a fine-tuned neural network by the time of the conference.

Conclusions No conclusions have been drawn at the time of abstract submission. We will discuss the implication of artificial intelligence in medicine, as well as the use of our neural network at the time of the conference.

REFERENCES


A GIANT LEFT VENTRICULAR THROMBUS ASSOCIATED WITH APICAL HYPERTROPHIC CARDIOMYOPATHY MIMICKING METASTATIC CANCER

1S Burnett*, 1OM Masanaveh, 2TT Win, 3N Raza, 2F Joolhar. 1Ross University School of Medicine – Barbados Campus, Bakersfield, CA; 2Kern Medical Center, Bakersfield, CA

10.1136/jim-2021-WRMC.349

Case Report To share a rare case with the medical community and evaluate the differential diagnosis, work up and treatment for a left ventricular mass.

Summary A 57-year-old Hispanic female with apical hypertrophic cardiomyopathy (AHCM) and heart failure with preserved ejection fraction presented with acute heart failure exacerbation and 60 lbs weight loss over the past few months. A giant left ventricular (LV) mass measured 4.8 × 3.4 cm in size occupying one-third of the LV cavity was discovered on transthoracic echocardiogram (TTE). Imaging studies including transesophageal echocardiogram, cardiac CT, and cardiac MRI were inconclusive to identify the etiology of the LV mass. Due to history of weight loss, a complete workup was done to rule out malignant etiology including the whole-body PET scan and left adrenal gland biopsy disproving malignant etiology. Considering the size of LV mass and increased risk of thromboembolic complications, resection of the thrombus was considered. However, the decision was made to medically treat with warfarin and repeat TTE. A repeat TTE after 3-months of therapy with warfarin resulted in near complete resolution of giant LV mass with no complication.

Conclusion Left ventricular thrombus (LVT) is a potential cause of serious life-threatening complications including stroke. It is most commonly a complication of ischemic cardiomyopathy following a myocardial infarction and occasionally seen in non-ischemic cardiomyopathy. However, it is rarely associated with AHCM. Anticoagulation with warfarin has remained a standard of care with target INR between 2.0 to 3.0. We present a patient with AHCM complicated with a giant LVT which resolved completely after 3 months of warfarin. In the context of complex clinical presentation, a thorough investigation is warranted to rule out malignant and other inflammatory etiologies. Additionally, a multidisciplinary approach led to a favorable patient outcome. In the presenting case, anticoagulation therapy with warfarin resulted in a complete resolution of the giant LVT without surgical intervention or thromboembolic complications.

Abstract 352 Table 1 Studies evaluating outcomes of in-utero atrial septectomy in HLHS-IAS

<table>
<thead>
<tr>
<th>First Author, Year, Location</th>
<th>Subjects (N)</th>
<th>Procedure Overview</th>
<th>In-utero Procedures</th>
<th>Technically Successful Procedures</th>
<th>Fetal Deaths</th>
<th>Postnatal Procedures AFTER FCI</th>
<th>Discharge Survival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vida, 2007, Boston</td>
<td>32</td>
<td>In-utero BAS: 9/32 (28%) In-utero AD: 5/32 (16%)</td>
<td>14/32 (44%)</td>
<td>Undisclosed</td>
<td>0/32 (0%)</td>
<td>11/14 (79%)</td>
<td>FCI: 11/14 (79%)</td>
</tr>
<tr>
<td>Marshall, 2008, Boston</td>
<td>21</td>
<td>In-utero BAS: 21/21 (100%)</td>
<td>21/21 (100%)</td>
<td>19/21 (90%)</td>
<td>2/21 (10%)</td>
<td>19/19 (100%)</td>
<td>11/21 (52%)</td>
</tr>
<tr>
<td>Jantzen, 2017, multicenter*</td>
<td>72</td>
<td>In-utero BAS: 27/72 (38%) In-utero AS: 20/72 (28%)</td>
<td>47/72 (65%)</td>
<td>BAS: 23/27 (85%) AS: 13/20 (65%) Overall: 36/47 (77%)</td>
<td>3/31 (10%)</td>
<td>34/41 (83%)</td>
<td>FCI: 15/34 (44%)</td>
</tr>
<tr>
<td>Mackey, 2017, Philadelphia</td>
<td>31</td>
<td>In-utero BAS ± AS: 31/31 (100%)</td>
<td>31/31 (100%)</td>
<td>28/31 (90%)</td>
<td>3/31 (10%)</td>
<td>Not Reported</td>
<td>7/31 (23%)</td>
</tr>
<tr>
<td>Kalish, 2014, Boston</td>
<td>9</td>
<td>In-utero AS: 9/9 (100%) In-utero BAS post-AS: 4/9 (44%)</td>
<td>9/9 (100%)</td>
<td>AS: 4/9 (44%) BAS post-AS failure: 2/4 (50%)</td>
<td>1/9 (11%)</td>
<td>2/8 (25%)</td>
<td>4/9 (44%)</td>
</tr>
<tr>
<td>Pedra, 2013, Brazil</td>
<td>4</td>
<td>In-utero BAS: 4/4 (100%)</td>
<td>4/4 (100%)</td>
<td>1/4 (25%)</td>
<td>3/3 (100%)</td>
<td>0/4 (0%)</td>
<td></td>
</tr>
</tbody>
</table>

BAS balloon atrial septectomy, AS atrial stent, AD aortic dilation, AoV aortic valvuloplasty, FCI fetal cardiac intervention *This study included the 4 patients in the Pedra study

EVALUATION OF IN-UTERO ATRIAL SEPTECTOMY IN PATIENTS WITH HYPOPLASTIC LEFT HEART SYNDROME: A REVIEW OF LITERATURE

1LM Chase*, 1S Anumari, 1K Heineemeier, 1D Kar, 1C Lankford, 1D Velazquez, 1·2A Afghani. 1UC Irvine School of Medicine, Irvine, CA; 2Children’s Hospital of Orange County, Orange, CA

10.1136/jim-2021-WRMC.350

Purpose of Study Fetuses with Hypoplastic Left Heart Syndrome and an intact or highly restrictive atrial septum (HLHS-IAS) are a particular subset of HLHS patients with a high perinatal mortality. In-utero atrial septectomy may represent a potential therapeutic intervention for such patients. The objective of this study is to determine whether in-utero atrial septectomy improves overall survival outcomes for patients with HLHS-IAS.
Abstracts

Methods Used A literature based review was performed through PubMed, Google Scholar, and Medline using key terms such as ‘HLHS,’ ‘highly restrictive OR intact,’ ‘septostomy OR septectomy,’ and ‘fetal OR in-utero.’ Studies published prior to 2000 and those that did not involve in-utero atrial septectomy were excluded.

Summary of Results Six studies matched the inclusion criteria (table 1). The technical success rate of in-utero septectomy ranged from 50% to 90%. Fetal deaths ranged from 0% to 25% and discharge survival rates varied from 0% to 79%. Although not statistically significant, there was a slightly higher discharge survival for the in-utero intervention group in two studies (Jantzen et al, and Vida et al) that compared in-utero vs postnatal treatment. Majority of the studies reported improved neonatal stability at delivery as evidenced by decreased immediate postnatal interventions and neonatal resuscitation.

Conclusions In-utero atrial septectomy as a first line intervention for fetuses with HLHS-IAS is promising. However, large prospective studies are needed to standardize the techniques used, and assess operative outcomes, complications, and long-term survival.

353 ISOPROTERENOL CAUSING VASOSPASM LEADING TO ST ELEVATION DURING TILT TABLE TEST

1H Duong, 1OM Masarweh*, 1G Campbell, 2TT Win. 1Ross University School of Medicine – Barbados Campus, Bakersfield, CA; 2Kern Medical Center, Bakersfield, CA

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Purpose Inform community about diagnosis, workup and treatment of LVT.

Summary A 48-year-old female presents to clinic for syncopal episodes with a severe burning sensation in her throat radiating to her chest. She underwent tilt table testing for further evaluation. Findings were unremarkable during her initial and exercise phase. During the second stage, isoproterenol was started at 1 mcg/min and increased to 3 and 5 mcg/min. Isoproterenol was increased to 5 mcg/min for 5 minutes and stopped once she reported fatigue. She was then brought to a supine position and within minutes reported 10/10 chest pain. EKG showed ST segment elevations in leads II, III, and aVF (Image). Nitroglycerin, normal saline, and oxygen was given and shortly after she reported relief of her symptoms. She underwent coronary angiogram that showed patent coronary arteries without stenosis. Her echocardiogram was also normal with ejection fraction of 60%. She is currently being treated with calcium channel blockers and long acting nitrate without recurrence of symptoms.

Abstract 353 Figure 1 Recovery stage 1 at 13 sec. ST elevations in leads II, III, aVF, V3. HR 57, BP 77/57

Conclusion Vasovagal syncope is a common and dangerous event many patients often face. It is an autonomic syncope invoked by parasympathetic hyperactivity and/or sympathetic hypoactivity. As a result, patients experience reduced blood pressure and cerebral perfusion. The interest drawn from this study is the concomitent inferior wall STE and severe chest pain responsive to Nitroglycerin. This finding indicates vasospasm of the right coronary artery, which was later validated by a normal coronary angiogram and echocardiogram. It is important to consider this possibility when conducting tilt table testing and to be prepared with nitroglycerin as coronary vasospasm can be fatal.

354 INCIDENTAL LEFT ATRIAL MASS FOUND ON ECHOCARDIOGRAM RESEMBLING PAPILLARY FIBROELASTOMA

1OM Masarweh*, 1H Yagnik, 2M Valdez, 2TT Win. 1Ross University School of Medicine – Barbados Campus, Bakersfield, CA; 2Kern Medical Center, Bakersfield, CA

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Purpose To share an unusual case of a left atrial mass resembling a papillary fibroelastoma based on imaging with the medical community.

Summary A 48-year-old male with history of end stage renal disease and liver cirrhosis presented to the emergency department with shortness of breath. A transesophageal echocardiogram (TEE) revealed a large mobile echo-genic round mass with well defined borders measuring 0.9 cm that appeared to have a homogenous texture attached to a 1.6 cm calcified stalk along the comadin ridge between the LA appendage and superior pulmonary vein. Other findings from the TEE included severe valvular disease including bicuspid aortic valve and moderate mitral regurgitation. At that time possible differentials included pedunculated myxoma, thrombus or papillary fibroelastoma (PF). However due to the well-defined calcified stalk, round homogenous texture and evidence of underlying valvular disease it was determined that this LA mass most likely represented a PF. Although the patient was offered surgery to remove the mass for a definitive diagnosis, histological identification and to reduce the risk for thromboembolic complications, unfortunately he refused.

Conclusion PF is a rare primary cardiac tumor that usually arises from the valvular endocardium and is rarely found in non-valvular locations. It is estimated that the incidence of primary cardiac tumors is around 0.02% found on post mortem examinations, with PF comprising 10% of cases. The differential for LA masses include thrombus, myxoma, or PF and often can be difficult to differentiate on echocardiogram. Typical echocardiogram findings for PF include (1) round, oval or well-demarcated with homogenous texture, (2) small (<20 mm), (3) many have stalks and those stalks are mobile, (4) may be single or multiple and (5) are often associated with underlying valvular disease. Although PF are usually found incidentally, they are not without possible complications, including cerebral embolism, pulmonary embolus and myocardial infarction. Here we present a rare case of a non-valvular PF that was found on TEE in which the patient never experienced thromboembolic complications.
A CASE OF SEVERE PULMONARY HYPERTENSION EXACERBATED BY COMPRESSION OF THE INFERIOR VENA CAVA

VK Narang*, H Yagnik, F Joojhar, TT Win. UCLA-Kern Medical, Bakersfield, CA

Introduction Pulmonary hypertension (PH) is a disease defined by pulmonary artery pressure (PAP) greater than 20 mmHg. It is accompanied by various pathophysiologic mechanisms including vascular remodeling and hypoxic pulmonary vasoconstriction and classified into five groups based on etiology. Symptoms are typically nonspecific, with most common complaint being dyspnea on exertion, and easily attributable to other conditions.

Case Report A 53-year old Caucasian male with 20-pack year smoking history & HTN presented to our institution for elective hernia repair. During the procedure, the patient was observed to be in atrial fibrillation with fast ventricular response. Post-operatively the patient remained tachycardic and was admitted for further evaluation. History revealed the patient was diagnosed with an ‘unknown murmur’ and endorsed intermittent episodes of ‘fluttering’ in his chest. He denied any fatigue, shortness of breath, exertional syncope, chest pain, weight gain, and swelling. Physical exam was unremarkable. A transthoracic echocardiogram was ordered to evaluate for a left atrial appendage thrombus. No thrombus was visualized, instead the patient was found to have moderate tricuspid valve insufficiency with a PAP of 78 mmHg and maximum tricuspid velocity of 4.4 m/s, consistent with severe PH. An extrahepatic cystic structure measuring 6x8 cm was seen compressing the inferior vena cava (IVC). Six-months later patient was seen in clinic. During the visit he reported no new complaints & continued to endorse intermittent fluttering. He denied any exertional syncope, fatigue, dyspnea, chest pain, swelling or weight gain. Repeat Echo continued to show tricuspid insufficiency; however, PAP and maximum velocity had significantly decreased to 34 mmHg and 2.8 m/s, respectively. These findings were consistent with borderline PH. There was no longer any evidence of IVC compression.

Conclusion The patient did not show any symptoms suggesting any underlying disease. The incidental discovery of severe PH with an extra-hepatic mass compressing on the IVC resolved, intriguingly, when followed up. It is unknown how long he had an extra-hepatic mass compressing on the IVC however he carries many comorbidities in which this may have exacerbated his condition.

INCIDENTAL FINDING OF CARDIOMEGALY LEADING TO A DIAGNOSIS OF POMPE DISEASE: A CASE REPORT

AD Santi*, P Aquino. Valley Children’s Hospital, Madera, CA

Purpose of Study Patients more than 50 years of age routinely undergo screening colonoscopies. These patients can develop severe end-stage heart disease and may require heart transplantation. Many of these patients present in cardiac shock and it is unclear whether the use of colonoscopy is safe and efficacious in the screening of these patients for candidacy for heart transplantation. In our single-center program, we perform colonoscopies routinely on all our older patients awaiting heart transplantation. We now report our experience of performing colonoscopies in patients who are in cardiac shock, defined as patients who are on intravenous inotropic or left ventricular assist device (LVAD) support to maintain acceptable cardiac hemodynamics.

Methods Used Between 2014 and 2019, we evaluated 300 heart transplant candidates who developed cardiogenic shock, defined as the need for IV inotropes or LVAD support. 30 of these patients underwent colonoscopy while on IV inotropes (n=27) and LVAD (n=3).

Summary of Results Of the 30 patients with inotropic/LVAD support who underwent colonoscopy, the average age was 61.5 years and 87% were male. The specific inotrope(s) administered are listed in the table 1. The following findings
at colonoscopy were found: 0 adenomas and 13 benign malignancies. There was no metastatic disease demonstrated. There were no complications arising from this colonoscopy except for bleeding due to biopsies that required hemoclips but no blood transfusions. Inotropic/LVAD support was continued through these procedures.

Conclusions Colonoscopies for evaluation of heart transplant candidates who are in cardiogenic shock are acceptable, but caution should be taken in terms of risk for bleeding. Colonoscopies in cardiogenic shock should be limited to patients who are at risk for colon cancer.

358 EVALUATING THE RISK FACTORS ASSOCIATED WITH CORONARY ARTERY CALCIFICATION IN A NORTHERN NEVADA POPULATION

1SR Sutton*, 1,2C Singh, 2C Rowan. 1University of Nevada, Reno School of Medicine, Reno, NV; 2Renown Regional Medical Center, Reno, NV

Purpose of Study To identify the risk factors associated with the development of coronary artery calcification in a large northern Nevada population.

Methods Used This was a retrospective case review that evaluated 1,169 patients who had a computed tomography coronary artery calcium score from January 2017 to September 2018. Coronary artery calcification was calculated by the methods of Agatston et al. Coronary artery calcification and potential risk factors associated with coronary artery calcification were analyzed using a multinomial regression analysis. The risk factors assessed were: hypertension, elevated glucose, BMI, race, and type 2 diabetes mellitus.

Summary of Results Following a multinomial regression analysis, the following associations were identified. Age (p < 0.0001), male gender (p < 0.0001), hypertension (p < 0.0001), smoking (p < 0.0001), race (p < 0.0233), and type 2 diabetes mellitus (p < 0.0458) were all associated with the development of coronary artery calcification in this population.

Conclusions The risk factors associated with the development of coronary artery calcification in a population of 1,169 patients in northern Nevada were age, male gender, hypertension, smoking, race and type 2 diabetes mellitus. Hyperlipidemia, BMI and a family history of coronary artery disease were not associated with the development of coronary artery calcification.
Summary of Results

41 year old Caucasian female with history of heavy methamphetamine use presented with one day of sudden onset of chest pain after methamphetamine use. Pain was diffuse in nature, 8/10 in severity and subsided on its own. She previously had similar chest pain 3 months ago at which time Dobutamine stress test did not show any signs of ischemia and ejection fraction (EF) was estimated at 60%. During this episode, patient was found to be tachycardic, had elevated troponin of 6.35 ng/ml and EKG showed normal sinus rhythm with new anterior septal Q waves without evidence of ST or T wave changes. Patient was started on acute coronary syndrome protocol for non-ST-segment elevation myocardial infarction. Repeat Transthoracic Echocardiography (TTE) showed EF of 30% along with severe hypokinesia to akinesis at the apex, apical to mid inferior, inferolateral, anterior and lateral walls. She underwent left heart catheterization with angiogram which did not reveal any ischemia. Patient was discharged with carvedilol and lisinopril.

Conclusions

The exact mechanisms causing methamphetamine induced cardiac toxicity remain unclear. However, it has been speculated that catecholamine excess with concomitant coronary vasospasm leads to methamphetamine associated cardiomyopathy. Methamphetamine induces vigorous vasoconstriction which potentially results in severe vasospasm of the coronary arteries that can present as angina. A study of 20 methamphetamine users and 21 age-matched controls showed reduced nitroglycerin-mediated vasodilation in the methamphetamine users, suggestive of smooth muscle dysfunction and reduced nitric oxide sensitivity from methamphetamine. Chen reported a 19 year old male with history of methamphetamine abuse who was found to have global slow-flow of all coronary systems in the absence of significant stenosis. Such dysfunction in the absence of significant stenosis have not been well documented. With increasing worldwide use of methamphetamine and its cardiotoxic effects, further research on the mechanism of methamphetamine induced vasospasm is warranted. Here, we present a rare case of methamphetamine induced coronary vasospasm.
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In the future, elucidating the biological mechanisms of this relationship may allow us to adapt our recommendations to the patients and help direct optimal therapeutic approach in the management of certain acute pathologies.

363 PROTECTION FROM THE MEMBRANE ATTACK COMPLEX VIA CD59 UPREGULATION

CD Whinnery*, 1Y Nie, 1S Soriano, 2C Stoian, 3W Boling, 1W Kirsch. 1Loma Linda University, Loma Linda, CA; 2Loma Linda University School of Medicine, Loma Linda, CA; 3Loma Linda University Medical Center, Loma Linda, CA

Purpose of Study Cerebral amyloid angiopathy (CAA) is a vascular pathology in which smooth muscle tissue is progressively replaced by Β plaques, resulting in a vulnerability to micro/ macrohemorrhages. Prior data indicates the membrane attack complex (MAC) plays a role in CAA by inducing vascular cell death. Upregulation of the surface protein CD59 enhances MAC resistance in several cell types. We hypothesize this effect can be recapitated in primary human cerebrovascular (CV) cells.

Methods Used In a series of preliminary experiments, HEK293 cells were treated with lentiviral vectors carrying either a human CD59 gene and a green fluorescent protein reporter gene (CD59/GFP) or a lone GFP gene (GFP). Untreated HEK293 cells served as controls. CD59 surface expression was measured with flow cytometry. Separately, each cell population was challenged with normal human serum as a source of MAC. The frequencies of intact cells were also measured with flow cytometry. CV cells were isolated from epilepsy brain biopsies, as approved by the Loma Linda University IRB, and treated with a CD59 vector prior to mRNA extraction, quantification, and normalization.

Summary of Results CD59/GFP cells expressed significantly more surface CD59 than the GFP or control cells. No significant difference in surface CD59 was detected between the GFP and control cells. At 90% v/v serum concentration, CD59/GFP cells exhibited a significantly higher frequency of intact cells than the GFP or control cells. Treated CV cells expressed a significantly higher level of CD59 mRNA than untreated CV cells.

Conclusions These preliminary data require confirmation. HEK293 cells were used to test experimental methods prior to the use of CV cells. Increased surface CD59 on CD59/GFP cells suggests that gene insertion was successful, and that vector exposure alone did not affect CD59 expression. CD59 mRNA levels in CV cells may imply a similar outcome. The frequency of intact CD59/GFP cells suggests that upregulated surface CD59 conferred protection against serum content, including MAC. The frequency of intact CV cells and their CD59 surface expression are yet to be assessed.

364 EFFECT OF A PALEOLITHIC DIET ON MAXIMUM RIGHT HAND GRIP STRENGTH

S Assaf*, University of California Los Angeles, Burbank, CA

Purpose of Study The paleolithic diet embraces the ancestral hunter-gatherer method of eating: a large consumption of lean meats, produce, and nuts, and no processed foods. It has gathered momentum in opposition to modern eating practices, which have led to an increase in chronic diseases like obesity and diabetes. However, there is a lack of research on the effect of the paleo diet on grip strength, which is vital in many daily tasks. This study tested whether there was a statistically significant difference in maximal right-hand grip strength between those who follow a paleo diet and those who follow a non-paleo diet.

Conclusions Based on the p-value, the null hypothesis was rejected, which indicated a statistically significant difference between the two groups. Future studies could test the effects of a paleo diet on maximal grip strength in rheumatoid arthritis patients or athletes who may benefit from increased grip strength. Studies could also explore how the paleo diet enhances grip strength when combined with weight training or exercise. Exploring the impact of different diets may provide a better understanding of how to improve health and holistic treatment options.

365 REZUM™ PROSTATE VAPOR ABLATION: STEP BY STEP

M Baranda*, H Wagner, D Benjamin, A Staack. Loma Linda University, Zephyrhills, FL

Purpose of Study There are a wide variety of treatment options for symptomatic Benign Prostatic Hyperplasia (BPH). The purpose of this video is to educate health care providers on the technique of treating BPH using the Rezum™ system, a prostate ablation system that uses water vapor therapy. The Rezum™ system delivers water vapor at 103 degrees Celsius into prostate tissue causing cell membrane denaturation and immediate cell death; this eventually decreases obstructive prostate tissue.

Methods Used First, transrectal ultrasound (TRUS) prostate sizing and prostate block with local anesthesia is performed. To set up the system, turn on the Rezum™ generator and open the delivery device. Use the syringe and spike adapter to draw up the sterile water, ensuring no bubbles enter the syringe. Plug the radio frequency (RF) cable into the
Magnetic resonance imaging (MRI) is being increasingly utilized to help detect and manage localized prostate cancer. Fusion prostate biopsy combines real-time ultrasound (US) with a previously obtained static prostate MRI. This technique has the advantage of MRI targeting while utilizing an US system with which most urologists are familiar. The purpose of this video is to educate health care providers on the techniques of performing an MRI-US-guided fusion biopsy using the UroNav® system.

**Methods Used** First, a radiologic review of the prostate MRI and position of the EM chip on the US probe. The generator acts as a satellite that detects the location and position of the EM chip on the US probe. The chip is connected to the UroNav® computer where the MRI and US images are fused. The prostate is sized and anesthetized.

Next, the prostate sweep is performed, which is an US image of the prostate from an axial perspective used for fusion with MRI. The UroNav® software on the computer generates a rough outline of the prostate based on the US sweep and the provider adjusts the outline.

The hyperechoic bladder neck, as seen on the sagittal view of the MRI, is used for anatomical orientation. The MRI appears as the purple outline and the US appears in green. The ‘blend’ feature is used to adjust the image as an US image used for identifying the hyperechoic bladder, or it is used to rotate the MRI and US images for alignment. Once aligned, the images are fused and viewed in real-time.

The first ROI is identified as a target for biopsy. The track of the needle aligns with the red dots as seen on the UroNav screen. Looking at the various views of the prostate also helps to align the biopsy needle in 3D view when performing the biopsy.

After the targeted lesion biopsies are completed, a standard template TRUS biopsy can be performed.

**Summary of Results** By illustrating and standardizing the techniques of the UroNav® system, provider education is improved.

**Conclusions** The step-by-step methods described allows efficient implementation of new procedures in the clinic by the provider and staff.

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**DEVELOPMENT OF AN OSTEOPATHIC STUDENT RESEARCH JOURNAL**

JH Nelson, HR Cannon*, G Kisby, Western University of Health Sciences, Lebanon, OR

10.1136/jim-2021-WRMC.365

**Purpose of Study** A survey of first-year osteopathic medical students (>800) found that they viewed research as valuable and beneficial to their future careers. Osteopathic and allopathic students have seen an increase in the average number of research experiences and deliverables for matching seniors. This recent data indicates that research is an essential component of the student and trainee experience. To help medical students fulfill these goals, a team of eight 3rd year medical students created a medical student research journal focused on giving students an opportunity to showcase their research findings in a peer-reviewed journal.

**Methods Used** Expert peer reviewers with either clinical or biomedical backgrounds (n=32) were recruited. Articles submitted by medical students underwent initial review by the Editor in Chief or Managing Editor for adherence to the author guidelines before they were sent to a Section Editor. Section Editors were responsible for selecting reviewers and ensuring that the review process was done blindly between the authors and reviewers. Peer Reviewers were required to review the manuscript and determine if the article was suitable for publication or required revision. Peer Reviewers from the same institutions as the author were not allowed to review the submitted article to avoid potential conflict of interest.

**Summary of Results** Students submitted 15 articles for consideration in the inaugural issue. Articles were submitted from 3 different colleges in 3 different states. Currently, 3 articles have gone completely through the peer review process and have been approved for publication, 1 has been rejected, and the remaining articles are at different stages of revision. The average number of revisions for each article that was accepted for publication is two and the time from submission to publication is ~ 2 months.

**Conclusions** We created a student-run medical research journal for students that follows the guidelines of the International Committee of Medical Journal Editors. This endeavor will...
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increase opportunities for osteopathic medical students to build critical analytical, communication, and leadership skills. As the journal grows and more submissions are received, further research will be required to determine the impact of this journal on medical students and the medical education community.

368 RETINA SPECIALITY CLINIC FOR THE UNDERSERVED IN UTAH

1 A Cannon*, 1S Mehr, 1M Mehr, 1O Mehr, 2C Gee, 1B Brigham Young University, Holladay, UT; 2Salt Lake Retina, West Jordan, UT

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Purpose of Study In 2019, our team created a free retina specialty clinic to provide treatment for underinsured patients. We noted a patient population unable to afford ongoing treatments for retinal diseases such as exudative macular degeneration (AMD) and diabetic retinopathy (DR). These diseases, left untreated, result in irreversible vision loss and possible blindness. Lack of insurance and inability to miss work were the two major factors resulting in vision loss. Visual impairment severely impacts a person’s daily life. Our goal is to prevent this by providing medical care to maintain patient independence.

Methods Used Patients are referred from general ophthalmologists and optometrists. Patients with no medical insurance who are unable to afford ongoing treatments and unable to obtain financial support through government programs are enrolled in our free clinic. Services provided include exams and treatment for AMD and DR. Treatment includes intraocular and periocular injections, surgery, panretinal photocoagulation (PRP) and focal lasers.

Costs to run the clinic are donated by the physician group. Samples of medications are donated by pharmaceutical companies while other low-cost supplies are provided by the clinic. The volunteer staff has included participation from 2 retina surgeons and 9 ophthalmic technicians. The clinic has been held 1–2 times per month on Sunday, as many patients and their family members cannot afford to miss work the other days of the week.

Summary of Results From June 2019 to August 2020, 223 patient visits were recorded. 130 injections, 4 surgeries, 10 PRP and focal lasers were used to treat retinal diseases. Volunteer hours contributed to the clinic is 100 hours. Clinic patients received free medical treatment saving them in total $178-$1,693 per visit. Surgical patients saved on average $1,628 per case.

Conclusions We successfully created a free clinic to offer treatment for retinal disorders in low-income populations. In the future, we hope to increase the total number of patients served, services provided, and reduce the number of people with untreated retinal diseases. Further research is indicated to determine the impact this clinic has had on treating retinal diseases in low income populations.

369 DEVELOPING A RURAL HARM REDUCTION NETWORK ACROSS THE ALASKAN KENAI PENINSULA

2 Davis*. University of Washington School of Medicine, Anchorage, AK

10.1136/jim-2021-WRMC.367

Purpose of Study Throughout America’s ongoing opioid epidemic, rural communities have been especially impacted. Small towns have limited resources and are often unable to support organizations dedicated to drug use. However, innovative health intervention techniques could be particularly well-suited to rural areas. This study examines peer-to-peer interventions to reduce the harm of IV drug use on the Alaskan Kenai Peninsula, a large and sparsely-populated landmass on the state’s southcentral coastline.

Methods Used Information for this project was gathered in the context of a clinical immersion in Homer, Alaska, a rural healthcare hub on the Peninsula. The author used an asset-based approach that involved interviews with patients and clinicians to identify existing community resources, including nonprofit organizations and cultural values/strengths. After resources were identified, a literature review was conducted to explore interventions that could build upon the region’s existing assets.

Summary of Results Public health data suggested a high rate of Alaskan opioid overdose deaths and complications related to IV drug use. Interviewees point out existing resources such as a syringe exchange program in Homer that employs a harm reduction approach by providing clients with free sterile injection supplies. They also describe a culture of communal support throughout the Peninsula. Physicians acknowledge transport as a major issue: opioid use disorder is prevalent in the many small towns and villages in the region but due to their distance from Homer, residents lack access to harm reduction services.

During the literature review phase, emerging research suggested that peer-to-peer distribution of sterile syringes is a common practice among clients of syringe exchange programs. For example, The Homer Syringe Exchange already partners with two clients to formally distribute syringes to peers who lack transport to Homer. Other studies have showcased ‘peer intervention trainings’ that empower people who use IV drugs to help their peers inject more safely and prevent overdose.

Conclusions The author proposes that a hybrid model of peer intervention training and peer syringe distribution could make harm reduction services more accessible throughout rural regions. On the Kenai Peninsula, a ‘hub-and-spoke’ peer distribution network based out of Homer may be feasible.

370 COMMUNITY-BASED STRATEGIES TO IMPROVE MENTAL HEALTH AND WELL-BEING OF OPIATE USERS IN KING COUNTY, WA

NT Doan*. University of Washington School of Medicine, Everett, WA

10.1136/jim-2021-WRMC.368

Purpose of Study The Shoreline International Community Health Services (ICHS) clinic is located in North Seattle, which has a population of nearly 45,000 people. Many providers at the clinic view opiate use disorder as a prominent public health issue impacting the Shoreline community. Opiate deaths accounted for 75% of drug-related deaths between 1997–2015 in King County with most of the deaths being concentrated in Seattle. An asset-based approach was utilized to find community organizations within Shoreline that are actively working to treat opiate-dependent users.
Methods Used Shoreline ICHS works closely with Therapeutic Health Services (THS), which is a methadone treatment clinic who’s mission is to treat individuals experiencing chemical dependency and mental illnesses to improve quality of life. A literature review was conducted to investigate how community assets like THS can improve current mental health counseling interventions for opiate-dependent users in order to decrease drug dependency.

Summary of Results Many studies have shown the benefits of incorporating family therapy for adolescent drug users. One study found that youth who received family therapy used significantly fewer drugs compared to youth receiving group therapy. Other studies looked at family therapy in adult drug users. One randomized trial found that family therapy correlated with a greater number of drug-free clients compared to the low-contact and standard treatment groups who did not work with therapists trained in family therapy. In addition, another study found that acceptance and commitment group therapy (ACT), focused on mindfulness, significantly improved clients’ psychological well-being relative to the 12-steps narcotics anonymous (NA) therapy and standard methadone treatment.

Conclusions This literature review aimed to build upon already existing programs and clinic ties to improve the well-being and mental health of opiate users. Results are in the progress of being shared with THS. Expanding THS’s current family therapy model for all opiate-dependent users and supplementing current group therapy with acceptance and commitment therapy could prove beneficial in improving the mental health of clients.

371 AT-PHARMACY TRANSLATION TO INCREASE UTILIZATION OF TRANSLATION SERVICES BY LIMITED ENGLISH PROFICIENCY POPULATIONS IN KING COUNTY, WA

HL Edmonson*, Y Zhang. University of Washington School of Medicine, Seattle, WA 10.1136/jim-2021-WRMC.369

Purpose of Study Over 27% of King County, WA residents do not speak English at home, and over 10% speak English less than ‘very well.’ Two pharmacies in King County offer translation in Somali and Vietnamese, comprising 13% of languages spoken by the county’s Limited English Proficiency (LEP) population. Providers report higher rates of correcting medication misunderstandings with LEP populations at subsequent visits than with non-LEP populations. Importantly, LEP patients with same-language physicians still report decreased medication understanding and adherence, potentially indicating a role for pharmacy-level translation. This asset-based study examines the role pharmacy-level translation may play in increasing LEP pharmacy capacity to provide translation after implementation.

Conclusions An asset-based approach allows a hyperlocal understanding of community capacity and unmet need for language-congruent pharmacy services. Demographically, King County’s growing LEP population makes it a good candidate for pharmacy translation services. Initial data from the NY law indicates demand for services and feasibility of implementation. WA Association of Family Physicians (WAFP) has endorsed a state mandate (2020). Next steps include writing a letter to the WA Office of Insurance Commissioner recommending implementation. There is a need for studies assessing CA and NY pharmacy laws and their impacts on medication comprehension and adherence in LEP populations.

372 FACTORS AND INTERVENTIONS ASSOCIATED WITH UNCONTROLLED PAIN IN HIDRADENITIS SUPPURATIVA

1JM Fernandez*, 1AM Thompson, 2IL Hsiao, 3VY Shi. 1University of Arizona, Tucson, AZ; 2University of California Los Angeles, Los Angeles, CA; 3University of Arkansas for Medical Sciences, Little Rock, AR 10.1136/jim-2021-WRMC.370

Purpose of Study Hidradenitis Suppurativa (HS) is characterized by recurrent painful nodules and abscesses. Pain is considered to be the most important HS symptom. We evaluated the influence of demographic factors and pain management therapies on pain control in HS.

Methods Used Facebook HS support groups received an anonymous online survey. Participants were asked ‘Do you feel your pain from HS is under control?’ (yes=controlled; no=uncontrolled). Participants selected all pain interventions they have tried for HS pain from a list of 20. Baseline pain was assessed using a rating scale (0–10). Multivariate logistic regression models adjusted for Hurley stage (significance p<0.05). 95% confidence intervals accompany odds ratios (OR).

Summary of Results 93.8% of the 438 participants were female. Pain was controlled in 29.2% and uncontrolled in 70.8% which included 52.8% (19/36) of participants with Hurley stage I (mild), 66.7% (156/234) of stage II (moderate), and 80.4% (135/168) of stage III (severe). Uncontrolled pain was more common in those without a first-degree relative with HS (75.9% vs 64.0%; OR=1.77 [1.08–2.89]; p=0.02). Mean baseline pain was higher with uncontrolled than controlled pain (4.2 vs 2.5; OR=1.23 [1.13–1.35]; p<0.01).

Users of the following therapies were significantly more likely to report uncontrolled pain than nonusers: topical cannabidiol (CBD) (85.3% vs 68.1%; OR=2.63 [1.33–5.70]; p=0.01), oral CBD (82.4% vs 67.7%; OR=2.31 [1.30–4.30]; p=0.01), CBD baths (96.0% vs 69.2%; OR=10.47 [2.13–189.65]; p=0.02), gabapentin (93.0% vs 68.4%; OR=5.16 [1.79–21.86]; p=0.01), cold compresses (76.9% vs 65.7%; OR=1.74 [1.13–2.69]; p=0.01), marijuana smoking (78.9% vs 67.4%; OR=1.71 [1.09–2.94]; p=0.02), marijuana edibles (81.3% vs 68.0%; OR=1.91 [1.09–3.51]; p=0.03), and alcohol (84.1% vs 68.3%; OR=2.48 [1.29–5.18]; p=0.01).

Conclusions A history of pain interventions used for HS may be an indicator of overall pain control. Pain management
EVALUATING MEDICATION ADHERENCE IN DERMATOLOGY DURING VIRTUAL VISITS

JM Fernandez*, JM Krause, University of Arizona, Tucson, AZ

10.1136/jim-2021-WRMC.371

Purpose of Study Assessing treatment adherence has traditionally relied on patient reports during in-person visits. With the evolution of telemedicine, these assessments must be conducted virtually. Here we highlight several evidence-based methods for quickly evaluating medication adherence during virtual dermatology visits.

Methods Used ‘Medication adherence dermatology’ was searched in PubMed on September 7, 2020 which yielded 437 results. After sorting by best match, authors screened the manuscripts and references of the first 10 results and selected methods of assessing medication adherence suitable for use during virtual visits.

Summary of Results Selected methods of evaluating medication adherence during virtual visits included the Morisky Medication Adherence Scale with four items (MMAS-4), the Dermatologist-directed Questionnaire (DDQ), and smartphone apps. The MMAS-4 queries whether a patient (1) ever forgot to take their medication, (2) is careless about taking medicine, (3) stops taking medicine when they feel better, and (4) stops taking the medicine when they feel worse. ‘No’ responses to all four questions indicate the highest level of adherence. The simplicity of the MMAS-4 questions and scoring make this an ideal tool for web-based use in patients with regularly prescribed medications, although it may have limited utility with topical PRN agents. The DDQ includes four questions for topical therapy and four for oral medications. High importance is placed on treatment effectiveness in the DDQ, as lack of efficacy may lead to poor adherence. Many smartphone apps generate a report of medication adherence; some also allow users to track symptoms along with medication usage which can be submitted via patient portals. These reports facilitate a side-by-side review of symptom changes with concurrent medication usage. This method may be ideal for patients using PRN agents.

Conclusions Time spent in virtual waiting rooms can be leveraged for administering questionnaires on medication adherence. Incorporating the strategies discussed above into virtual visits can serve to enhance the quality of care delivered via telemedicine.

LINKAGE TO LGBTQ+ HIV/STD CARE: FROM COMPETENT SCREENING TO TREATMENT

AD Gower*. University of Washington, Seattle, WA

10.1136/jim-2021-WRMC.372

Purpose of Study The LGBTQ+ community faces multiple health disparities, including greater STD and HIV infections, due to stigma, access to care, and competency in healthcare providers. Healthcare providers’ awareness of individual sex behavior plays a large part in HIV/STD screening and care in the LGBTQ+ community. Capitol Hill is the historically LGBTQ+ neighborhood in Seattle Washington with many resources and events targeted at the LGBTQ+ population. The purpose of this review was to utilize an asset-based approach to investigate interventions aimed at linking STD/HIV-positive LGBTQ+ patients to competent and timely treatment to reduce both STD rates and transmission within the community.

Methods Used An asset-based approach was used to identify the strengths and resources present in the Capitol Hill neighborhood. Community assets and public health concerns were identified through conversations with clinicians, patients, and leadership at local organizations. After synthesizing the assets and public health concerns, a review of the literature on linkage-to-care interventions was conducted.

Summary of Results Community conversations with providers and patients elicited concern for STDs rates among LGBTQ+ individuals and the need for competent non-stigmatizing treatment. Research on community stakeholders revealed that Capitol Hill is a neighborhood rich with resources for LGBTQ+ people seeking screening for STDs, though lacking the ease of access to prompt and LGBTQ+ competent treatment. Community Based Organizations (CBOs) included U-Test, Entre Hermanos, Lifelong AIDS alliance, and Gay City, which offer culturally competent HIV/STD testing for members of the local community. The literature review revealed that the use of LTC (linkage-to-care) coordinators at LGBTQ+ friendly STD/HIV screening sites resulted in a significant reduction of time between HIV diagnosis and treatment among several LGBTQ+ populations. Weaknesses of this approach include the difficulty in funding the LTC coordinator.

Conclusions Although no LTC interventions were identified in Capitol Hill, Capitol Hill has the necessary infrastructure to create these interventions through the wealth of culturally competent CBOs. Funding LTC coordinators may ultimately reduce costs associated with treatment as well as reduce STD/HIV rates in Seattle Washington, particularly among LGBTQ individuals.

ASSET-BASED APPROACH TO ADDRESSING ALCOHOL USE IN SUNDANCE, WYOMING

LM McVeigh*. University of Washington School of Medicine, Laramie, WY

10.1136/jim-2021-WRMC.373

Purpose of Study Sundance, WY is a town of 1,252 people in Crook County that has high rates of alcohol use and alcohol-impaired driving deaths. Community members and organizations have worked toward addressing alcohol use in Sundance yet continue to recognize heavy alcohol use as a significant concern within the community, identifying it as a harmful cultural norm that is largely undisgressed.

Methods Used To determine community engagement in addressing alcohol use in the county, an asset-based approach was used to assess the community’s strengths and current interventions and to assess the best method of addressing alcohol use among the residents. Representatives from the Be Well Coalition and Crook County Public Health and clinicians and patients from Sundance Clinic were interviewed. Literature reviews and local public health reports also were evaluated.

Summary of Results The interviewees reported that ‘everything is around drinking’ in the community and heavy alcohol use
is a cultural norm, due in part to the accessibility of alcohol in town and the lack of conversation regarding heavy alcohol use and binge drinking in Crook County. Public health reports showed that Crook County has a 68.67% prevalence proportion for alcohol use as a risk factor for mortality, a 27.16% prevalence proportion for binge drinking, a 15.37% prevalence proportion for heavy drinking, and a 43% rate of alcohol-impaired driving deaths, all above the state’s average percentages for these risk factors. The Be Well Coalition has implemented several programs aimed at reducing underage drinking, including Training for Intervention ProcedureS (TIPS) for bartenders and an event planning kit rental program. Crook County Public Health was in the process of launching a media campaign to address alcohol use in older populations.

Conclusions Through using an asset-based approach to public health, a community’s strengths can be readily identified and capitalized upon. This method promotes collaboration within the community to work toward its best interests, which can be seen through Sundance organizations working together to address alcohol use within the county. Next steps include involving Sundance Clinic in increasing discourse regarding alcohol use among the community residents. A future intervention to explore is the implementation of alcohol use screening forms and brief interventions at Sundance Clinic.

Abstract 376 Table 1 Use of live video telemedicine according to racial and ethnic identity

<table>
<thead>
<tr>
<th>First author, Year, Location</th>
<th>Patients (N)</th>
<th>Race/Ethnicity (% each group)</th>
<th>Type of telehealth and specific illness</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wood, 2020, Pennsylvania</td>
<td>Telehealth visits N=331</td>
<td>20% African American 62% White 2% Asian and Pacific Islander 15% Other</td>
<td>Video telemedicine for adolescent medicine encounters during COVID-19 pandemic</td>
<td>Completion of Telehealth visit, white vs. non-white: 89.7% vs. 78.0, p=0.003</td>
</tr>
<tr>
<td>Weinstock, 2011, New York</td>
<td>TeleMed group N=844, Standard care group N=821</td>
<td>50% White; 35% Hispanic; 15% Black</td>
<td>Video telemedicine diabetes education intervention with target HbA1C &lt;7%</td>
<td>Over 5 years: The average A1C levels dropped significantly compared to baseline for all ethnic groups. For Hispanics the average A1C remained above 7.0 after 5 years of intervention</td>
</tr>
<tr>
<td>Abel, 2018, New York</td>
<td>2.17 million veterans with one or more mental health diagnoses N=1665</td>
<td>49% White 35% Hispanic 15% Black</td>
<td>Use of Web-Based My Health Vet (MHV) records and clinical video telehealth (CVT) by veterans for mental health visits</td>
<td>MHV use Odds Ratio compared to whites: African American=0.51 CI(0.48–0.54), Latino=0.53 CI (0.46–0.62), CVT use Odds Ratio compared to whites: African American=0.72 CI (0.62–0.85), Latino=0.88 CI (0.79–0.98)</td>
</tr>
<tr>
<td>Trief, 2018, New York</td>
<td>N=22294</td>
<td>67% White 15.5% Hispanic 13.3% Black 13% Multiple Races</td>
<td>Televideo educator visits (every 4–6 weeks) for diabetes control</td>
<td>Adjusted 4.4% days spent on self-care activities for year 5 of intervention: Whites vs Blacks vs Hispanics: 34% vs 30% vs 29%</td>
</tr>
<tr>
<td>Park, 2018</td>
<td></td>
<td></td>
<td>Video telemedicine for mental or physical health</td>
<td>Live video communication was higher for non-white (22.7%–38%) and Hispanic (24.8%) populations compared to whites (14.6%). Respondents in rural areas were less likely to use live video communication (OR: 0.778), compared to urban or suburban respondents.</td>
</tr>
</tbody>
</table>
Abstract 377 Table 1  Interventional studies for management of asthma among different ethnic groups

<table>
<thead>
<tr>
<th>Author Last Name, Publication year, Location</th>
<th>Population N, Age Range</th>
<th>Ethnic groups %</th>
<th>Intervention and Control Definition, N (%)</th>
<th>Definition of Outcomes Measured</th>
<th>Outcomes Measured Intervention vs. Control</th>
</tr>
</thead>
<tbody>
<tr>
<td>Karnick et al., 2004, Illinois</td>
<td>N= 212, 16 yrs</td>
<td>Black 66.4%, Hispanic 33%, Other 0.33%</td>
<td>Group 1: One session of Education, N=74 (34.9%), Group 2: Education and monthly phone calls, N=68 (32.1%), Group 3: Education, Case management to resolve problems, N=70 (33%)</td>
<td>1) # of hospitalizations 2) # clinic visits 3) # emergency visits</td>
<td>Compared to baseline, for all 3 groups, there was an average decrease of 81% in hospitalization, 64% in emergency visits, 58% in clinic visits. Comparing the 3 groups post intervention, only significant decline was in clinic visit: Group 1 vs Group 2 vs Group 3: 45% vs. 49% vs 79% (p&lt;0.0001)</td>
</tr>
<tr>
<td>Agusala et. al, 2018, Rural Texas</td>
<td>N=102, 18 yrs</td>
<td>Hispanic (8.9%), White (70.6%), Black (7.8%), Other (14.7%)</td>
<td>Intervention: Intense education sessions with patient and caregiver, N=102 (100%), Control defined as before intervention, N=102 (100%)</td>
<td>1) # of hospitalizations 2) # of ED visits</td>
<td>Hospitalization: Pre-Intervention: 14 (13.7%) vs Post-Intervention: 4 (3.9%) p=0.014, ED Visits: Pre-Intervention: 41 (40.2%) vs Post-Intervention: 10 (9.8%) p&lt;0.001</td>
</tr>
<tr>
<td>Valery et. al, 2010, Australia</td>
<td>N= 88, 17 yrs</td>
<td>Indigenous Australian (98%), Other (2%)</td>
<td>Intervention: 3 additional education sessions at 1, 3, 6 months, 35 (40%), Control: Standard education, 53 (60%)</td>
<td>1) # of unscheduled hospital visits/ED visits 2) # of missed school days</td>
<td>Both groups had significant decrease in #unscheduled hospital or ED visits but comparing the 2 groups 100% had at least one visit to the ED or Hospital. #Missed school &gt; 7 days: Intervention: 21% vs. Control 100%, p&lt;0.05 % Reduction in ED Visits; High Participants: 85.7% vs Control: 33.3% (p)</td>
</tr>
<tr>
<td>Flores et. al, 2009, Wisconsin</td>
<td>N=220, 18 yrs</td>
<td>African American 81.4%, Hispanic 18.6%</td>
<td>Intervention: Monthly asthma education by parent mentors for families with children with asthma at community sites and/or home visits, High Participants participated in &gt;50% of activities, N=112 (51%). Control: standard education, N=108 (49%)</td>
<td>1) # of ED visits 2) % decrease in asthma hospitalizations</td>
<td>% Reduction in ED Visits; High Participants: 85.7% vs Control: 33.3% (p)</td>
</tr>
<tr>
<td>Nelson et. al, 2011, Missouri</td>
<td>N=241, 10 yrs</td>
<td>African American 94.6%, White 1.7%</td>
<td>Intervention: Flexible schedule of asthma coaching for caregivers over 18 months, N= 120 (50%), Control: No coaching session, N=121 (50%)</td>
<td>1) # of hospitalized children 2) # of PCP visits 3) # of ED visits</td>
<td>Hospitalization (# of children): Intervention (endpoint): 24.2% vs Control (endpoint): 26.4% (P&lt;0.05) PCP visits: Intervention (endpoint):27 (22.5%) vs Control (endpoint): 17 (14%) p Activity restriction: Intervention: 20% reduction vs Control: 2% increase p&lt;0.01</td>
</tr>
<tr>
<td>Bonner et. al, 2002, New York</td>
<td>N=119, 19 yrs</td>
<td>Latino 73.1%, African American 22.7%, Other 4.2%</td>
<td>Intervention: A family coordinator performed multidimensional individualized asthma education and facilitated doctor-patient interactions, N=56 (47%), Control: Standard education, N=63 (53%)</td>
<td>1) Activity restriction 2) % of symptom persistence 3) % of adherence to use of inhaled medication at follow-up</td>
<td>Hospitalization (# of children): Intervention (endpoint): 24.2% vs Control (endpoint): 26.4% (P&lt;0.05) PCP visits: Intervention (endpoint):27 (22.5%) vs Control (endpoint): 17 (14%) p Activity restriction: Intervention: 20% reduction vs Control: 2% increase p&lt;0.01</td>
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</table>

EFFECTIVENESS OF EDUCATIONAL INTERVENTION METHODS TO ADDRESS THE DISPARITIES IN ASTHMA CARE IN UNDERSERVED POPULATIONS

Purpose of Study: The purpose of the study is to determine the effectiveness of educational interventions in reducing the disparities in pediatric asthma outcomes.

Methods Used: A literature review was conducted through PubMed, Google Scholar, and Sci-Hub databases using key-words: ‘disparity’, ‘asthma’, ‘education’, ‘pediatric’, ‘underserved population’, and ‘minority’. Only prospective randomized controlled trials of pediatric asthma in underserved populations that used an outpatient intervention were included in our literature review.

Summary of Results: A total of 6 studies matched the inclusion criteria (table 1 below). The most common outcomes assessed include the number of emergency room visits, hospitalizations, patient quality of life and disease management. Majority of the studies showed a significant decrease in the percentage of ED visits and hospitalizations in the intervention groups, as well as improved quality of life and disease management due to asthma education. Intervention methods varied from a general educational session to a more individualized approach. The tailored interventions seemed to have the greatest improvement, with high reductions from 13.7% to 3.9% in hospitalizations and 40.2% to 9.8% in ED visits post intervention. Asthma severity and other confounding variables, such as parental factors were not taken into account in all of the studies.

Conclusions: Our literature review suggests that individualized asthma education interventions are very effective in improving the health outcomes of underserved pediatric patients with asthma. Larger studies that take into account caregiver factors and asthma severity are needed to design more targeted interventions.
Abstract 378 Table 1  

<table>
<thead>
<tr>
<th>First Author, Year, Location</th>
<th>Study Methods &amp; Subjects</th>
<th>Barriers Identified &amp; Comparison Rates (Non-Users v. Users)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cataldi, 2020, Colorado</td>
<td>Survey of 471 Physicians</td>
<td>1) Patients preference to speak with physician prior to vaccine (62% v. 24%)</td>
<td>P &lt; 0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) Belief that physician should be the one to recommend a vaccine to patient (57% v. 19%)</td>
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<tr>
<td></td>
<td></td>
<td>3) Patient may receive the wrong vaccine (68% v. 20%)</td>
<td></td>
</tr>
<tr>
<td>Cataldi, 2019, National</td>
<td>Survey of 623 Physicians</td>
<td>Physician’s belief in their self-efficacy to change a patient’s mind on vaccination (72% low self-efficacy v. 80% high self-efficacy)</td>
<td>P = 0.08</td>
</tr>
<tr>
<td>Albert, 2012, National</td>
<td>Survey of 880 Physicians</td>
<td>1) Awareness of ACIP recommendations and/or Medicare regulations (41.4% v. 61.1%)</td>
<td>P &lt; 0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) Belief that SOPs enhance adult vaccination rates (80.2% v. 79.4%)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>3) Clinical support, physician helps (46.3% v. 56.3%)</td>
<td></td>
</tr>
<tr>
<td>Zimmerman, 2011, National</td>
<td>Survey of 1517 Physicians</td>
<td>1) Awareness of ACIP recommendation to use SOP (35.8% v. 70.9%)</td>
<td>P &lt; 0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) Agreement with the effectiveness of SOP use (50.6% v. 81.4%)</td>
<td></td>
</tr>
<tr>
<td>Barnard, 2016, Colorado</td>
<td>Interview with 39 staff members at 6 OB-Gyn Practices</td>
<td>1) Competing demands of the practice at the level of both staff and providers</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) Patients preference to discuss vaccine information with medical providers</td>
<td></td>
</tr>
</tbody>
</table>

FM = Family Medicine, IM = Internal Medicine, SOP = Standing Order Practice

Purpose of Study  
Influenza vaccine coverage remains less than ideal across the nation. The objective of this study is to determine barriers to use of standing orders for influenza vaccination from a physician perspective.

Methods Used  
A comprehensive literature search was utilized through multiple search engines, such as PubMed, Google Scholar, Medline using key words, ‘standing orders’, ‘influenza’, ‘beliefs’, ‘attitudes’, and ‘barriers’. Only studies published after 2000, in the United States that focused on use of standing orders for influenza vaccine in outpatient settings were included.

Summary of Results  
We found 5 studies that matched our inclusion criteria (See table 1). Consistent use of standing orders for influenza ranged between 19.9% and 80% in those which reported its use. The survey questions varied among different studies but common themes emerged for those practices that were less likely to use standing orders for influenza vaccine. The themes included: a) lack of awareness about the Advisory Committee on Immunization Practices (ACIP) recommendation in regards to standing order for influenza vaccine, 2) preference to speak or check with the physician directly prior to the vaccine, 3) inadequate clinical or staff support level, and 4) lack of belief that standing orders will increase vaccination rates.

Conclusions  
The use of standing orders for influenza vaccine still remains suboptimal across different practices. Further efforts aiming at addressing the clinicians’ and patients’ concerns are needed to promote the use of standing orders.

379 THE IMPACT OF SB-159 ON THE PROVISION OF HIV PRE- AND POST- EXPOSURE PROPHYLAXIS IN SACRAMENTO, CALIFORNIA

V Gerriets, Z Nicholas, R Ramesh*, ES Halloran, C Mcgrath, J Tang. California Northstate University College of Medicine, Elk Grove, CA

10.1136/jim-2021-WRMC.377

Purpose of Study  
The passing of SB-159 in the State of California shows great promise in the prevention of HIV and improvement in the lives of HIV infected individuals and their partners. The new law allows pharmacists with board approved training to initiate and dispense pre- and post-exposure prophylaxis for HIV (PrEP and PEP) directly to patients without the need for a prescription from a physician. HIV PrEP and PEP are drug regimens utilized by HIV-negative high-risk individuals to protect against the contraction of HIV. The goal of our research project is to study the implementation of SB-159 in pharmacies located in the Sacramento area. With the implementation of SB-159, patients will have easier access to PrEP and PEP and reduce their risk of morbidity. This research aims to explore the plans of action of pharmacies in Sacramento and El Dorado counties for providing the most efficient and effective prophylactic care for HIV, in line with their newly assigned responsibilities per SB-159.

Methods Used  
Telephone surveys with a random sample of Sacramento pharmacies will be conducted starting in August 2020. Fifty to seventy five pharmacies will be selected randomly from zip codes and will include retail, clinic and hospital pharmacies in Sacramento and El Dorado County. Data analysis will be conducted with Microsoft Excel to generate summary statistics and identify the number of Sacramento and El Dorado County pharmacies providing PrEP and their plans for stocking and completing the board approved training to furnish PEP and PrEP.

Summary of Results  
This is an ongoing research project currently in the data collection phase. Results are not available at this time. Data collection is taking place over the next few months and results will be available in time for the presentation.

Conclusions  
Based on the results the study, we hope to gain insight into institutional efforts for training pharmacists, their willingness to be trained and to furnish HIV prophylaxis, and their plan of action (i.e. education on federal regulations associated with determining and educating patients that meet the criteria for prophylaxis). This information can be utilized to analyze the impact of laws like SB-159 and their broader role in preventative healthcare.

380 HOME HEALTH ACCESS IN RURAL FERRY COUNTY WASHINGTON: BARRIERS AND SOLUTIONS

L Siirila*, University of Washington School of Medicine, Laramie, WY

10.1136/jim-2021-WRMC.378
Purpose of Study The aging population of Ferry County Washington is part of the only 2% of national Medicare beneficiaries to whom no home health services are available. This is of special concern for this community as it has an over-65 population that is nearly twice the national average. This project sought to identify barriers to home health provision in the frontier community of Ferry County, WA, and to suggest a possible path towards developing such services.

Methods Used Using an asset-based framework, stakeholders who had an interest in home health provision in Ferry County and resources with experience in rural home health provision were identified. Interviews were conducted with these groups to gain perspective on the existing barriers to and possible solutions for the provision of home health services in Ferry County. A review of existing research and public policy papers offered an expanded understanding of the need for, barriers to, and feasible methods for expanding home health access in rural communities.

Summary of Results Guidance from the Washington State Office of Rural Health Director and research of the home health provision barriers that most affect Ferry County illuminated a plausible path forward for bringing some in-home health services to the area. The identified path uses a Center for Medicare and Medicaid Services (CMS) Home Health Agency Shortage Area declaration to allow Ferry County Health to provide in-home nursing visits through their Rural Health Clinic. Though this is not a complete solution to the lack of home health services in Ferry County, it is a viable first step in addressing the need for such services.

Conclusions Using an asset-based framework helped identify the possibility of incorporating home health into the services of the already present and community-oriented Ferry County Health. This is in keeping with research that suggests that services such as home health are best optimized when well-coordinated with existing services in the area. The next steps for Ferry County Health will be working with the state Rural Health Director, Department of Health, and CMS to get a shortage area declaration approved with specific parameters for what services will be allowed under the declaration.

381 ASSET-BASED APPROACH TO ADDRESSING SKIN CANCER PREVENTION IN POWELL, WYOMING

A Smith*. University of Washington School of Medicine, Seattle, WA

10.1136/jim-2021-WRMC.379

Purpose of Study Powell, WY has a population of 6,180 residents that are 91.6% White and 17.6% aged 65 years and older. Powell’s major industries include Agriculture, Mining, and Oil/Gas Extraction in which workers spend extended periods of time outdoors in direct sunlight. Through conversations with community members and analyzing Powell Valley Healthcare’s (PVHC) annual public health report, it was found that a significant health concern is the incidence of skin cancers diagnosed in older adults in the rural agricultural industry.

Methods Used An asset-based approach was utilized to evaluate current programs and community organizations addressing the issue of skin cancer prevention in Powell. Park County Public Health provides opportunities for cancer detection programs; however, they do not provide any programs or education about sun safety practices or skin cancer prevention. Interventions were assessed using an in-depth literature review, as well as clinical observations and interviews with patients and providers at PVHC.

Summary of Results The CDC states that the incidence of new skin cancers diagnosed in Park County, WY from 2013–2017 were higher than the national average. Several reasons for this include the amount of Powell’s community that are employed in the agricultural industry in which workers spend many hours in direct sunlight. Furthermore, many adults in Powell that are farmers and ranchers have the good ol’ ‘Cowboy Attitude,’ in which they don’t seek medical attention when it’s necessary. Lastly, there is a lack of education and utilization of skin cancer preventative practices. Several interventions were evaluated, including utilizing informational text messaging as well as providing skin cancer education posters with QR codes in businesses frequented by the agricultural working population.

Conclusions Partnering with a community organization that is already trusted by the population gives a community the ability to utilize their strengths in order to foster solutions to public health concerns. Additionally, an asset-based approach allows the collaboration and cooperation between community organizations to work together towards a common goal. The most meaningful aspect of this experience was implementing a potential interprofessional collaboration with providers at PVHC, patients in the community, and the public health officers that serve them.

382 ADOPTING A COLLABORATIVE CARE APPROACH TO INCREASE ACCESS TO MENTAL HEALTH CARE IN EVANSTON, WYOMING

CA Sutherland*. University of Washington School of Medicine, Laramie, WY

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Purpose of Study Patients and providers in Evanston, Wyoming cited lack of access to mental health care and inability to afford care as the area’s biggest health concerns. The poverty rate and rates of mental health and self-harm mortality are higher than the national average; there is limited access to outpatient psychiatric appointments. Evanston is home to the State Hospital, an inpatient psychiatric hospital, which attracts patients in need of mental health care to the area.

Methods Used Patient and provider interviews were conducted at Arrowhead Family Medicine to detect community health concerns, risk factors and resources. An asset-based research approach was then used to identify community-based organizations working to combat the community’s mental health concerns. Interviews with High Country Behavioral Health (HCBH), a mental health nonprofit, elucidated programs available to the community and areas for growth. A literature review was then conducted to identify strategies for increasing access to mental health care in Evanston. Information obtained from interviews and clinical observations narrowed the solutions to those that were reasonable for the area.

Summary of Results A collaborative care approach was identified as the best method for increasing access to mental health care in Evanston. This model integrates mental health care into the primary care clinic using a team of case managers, primary care physicians and psychiatrists for consultations. It decreases wait times for mental health visits, allows patients to address mental and physical health concerns together and reduces costs. HCBH is state-funded and can provide sliding
scale care. They have partnered with Arrowhead Family Medicine to place a mental health counselor in the clinic, which reduced stigma and increased care access.

**Conclusions** The asset-based research approach identified community resources that could be grown to reach a larger population of patients with mental health concerns. The partnership between HCBH and Arrowhead could be modified using the collaborative care model with HCBH counselors as case managers. This would help ensure that patients are receiving more effective and affordable mental health care in the primary care clinic. This program could be expanded to more clinics by building onto existing community resources to benefit more patients.

**CURRENT PRACTICES AND TRAINING AMONG PROVIDERS REGARDING CLEFT PALATE FEEDING**

1A Zarzycka, 2K Kotlarek. 1University of Washington School of Medicine, Laramie, WY; 2University of Wyoming, Laramie, WY

10.1136/jim-2021-WRMC.381

**Purpose of Study** A baby born with a cleft palate has an opening in the roof of their mouth into the nose which prevents the infant from extracting milk from a traditional nipple. Infants with cleft palate are prone to feeding difficulties if adaptive feeding mechanisms are not utilized. Cleft palate feeding spans across disciplines. Due to the lack of information with regard to current feeding practices followed by healthcare providers and their training, the purpose of this study was to describe 1) the current trends in feeding practices by providers involved in cleft care, and 2) the training received regarding feeding of infants with cleft palate.

**Methods Used** The University of Wyoming Institutional Review Board (IRB) approved this project. A qualitative multiple case study approach was employed. Participants included 4 craniofacial feeding providers. Although participants had experiences in common, the researchers wished to accentuate the uniqueness of each participant. The design utilized a semi-structured interview for data collection. Interpretive data analysis informed researchers’ understanding through scrutiny of each case and a search for cross-case similarities. Researchers completed final coding of all transcripts and resolved disagreements through discussion and refining of theme descriptions. Intra- and inter-rater reliability was achieved. Debriefing by participants served to confirm the data validity.

**Summary of Results** The final qualitative data analysis revealed the following emergent themes: 1) Informal training mechanisms as the dominant form of education, 2) Similarities in the components of a feeding consult, 3) Variations of practice in the multidisciplinary aspects of feeding, and 4) Clinical expertise as the dominant form of education. The final qualitative data analysis revealed the uniqueness of each participant. The design utilized a semi-structured interview for data collection. Interpretive data analysis informed researchers’ understanding through scrutiny of each case and a search for cross-case similarities. Researchers completed final coding of all transcripts and resolved disagreements through discussion and refining of theme descriptions. Intra- and inter-rater reliability was achieved. Debriefing by participants served to confirm the data validity.

**Conclusions** Informal training mechanisms are the primary form of education for providers across disciplines regarding cleft palate feeding. Practice was informed primarily by clinical expertise. There was an overwhelming concern for more formal training mechanisms for cleft palate feeding. These findings will help guide future research aimed to better understand feeding practices and improve training among providers regarding cleft palate feeding.

**RECENT APPROACHES AND CLINICAL TRIALS TARGETING PANCREATIC ADENOCARCINOMA INVASIVENESS AND THE TUMOR MICROENVIRONMENT**

1S Bodapati, 2J Mejia, 3K Chen, 4B Diaz. 1Western University of Health Sciences, Pomona, CA; 2The Lundquist Institute for Biomedical Innovation at Harbor-UCLA Medical Center, Torrance, CA; 3Harbor-UCLA Medical Center, Torrance, CA

10.1136/jim-2021-WRMC.382

**Purpose of Study** The current management of pancreatic ductal adenocarcinoma (PDAC) with chemotherapy and complete surgical resection has limited efficacy, and the overall 5-year survival of patients diagnosed with PDAC has had limited improvements over the past two decades. This study summarized the current understanding of the PDAC tumor microenvironment (TME) and reviewed novel targeted approaches and clinical trials that address these components in order to improve treatment.

**Methods Used** Published papers addressing pancreatic cancer and its TME or components of the desmoplastic stroma within the past ten years were identified using PubMed. All clinical trials reviewed were found through clinicaltrials.gov. The review period included clinical trials conducted from 2003–2020.

**Summary of Results** Experimental therapies targeting the desmoplastic stroma include FAK inhibition and recombinant hyaluronidase, and are currently being evaluated in clinical trials. There are currently several cancer vaccine trials underway. For example, GVAX, which modifies cancer cells to release granulocyte-macrophage colony stimulating factor (GM-CSF), has shown promising, but mixed, results in some patients. Further clinical trials combining GVAX with chemotherapies and immunotherapies are necessary to assess its relevance in the scope of PDAC treatment. Other cancer vaccines targeting proteins such as mutant Ras, mucins, and kinesins, also remain to be promising targets, and are pending completion of clinical trials. Several other targeted therapies, such as chemokine ligand 12 (CXCL12) inhibitors which mitigate the prominent effects of cancer associated fibroblasts in the PDAC TME serve as promising targets for immunotherapy.

**Conclusions** Although there have been many robust in-vitro and small animal studies evaluating the components of PDAC TME as targets for treatment, translation to humans remains challenging. New clinical trials targeting molecules of the desmoplastic stroma and TME offer hopeful promise for the field.

**A RARE CASE OF MALIGNANT HEMANGIOENDOTHELIOMA**

6V Espinoza, M Valdez, G Petersen, RDPolineni. Kern Medical, Bakersfield, CA

10.1136/jim-2021-WRMC.383

**Introduction** Epithelioid hemangioendothelioma was first described in 1975 as a vascular tumor featuring both heman-gioma and angiosarcoma. They are rare, locally aggressive tumors with metastatic potential. Vascular origin often includes lung, spleen, bone, breast, and liver. Renal involvement has been exceedingly rare in both practice and literature. Prevalence is estimated to be less than one in one million. We describe a case of rapidly progressive renal hemangioendothelioma with extensive local invasion.

**Case Presentation** 43-year-old male with iron deficiency anemia and patent foramen ovale presented with left side abdominal pain, unintentional weight loss, and painless hematuria for 2 months. Family history was unremarkable.
Physical examination revealed a 5 cm palpable mass in the left lower quadrant. CT abdomen showed a 12x10 cm cystic mass at the inferior pole of the left kidney. CEA and CA 19-9 were normal. MRI abdomen and repeat CT approximately 5 weeks after the initial study demonstrated interval increase in size to 19x18 cm and patient was found to have diffuse lymphadenopathy, retroperitoneal tumor implants, and a new mass in the tail of the pancreas. Biopsy immunohistochemistry was consistent with malignant epithelioid hemangioblastoma as evidenced by expression of CD10, vascular markers CD31 and FLI-1, and lack of CD34. Cytoreductive nephrectomy was deferred as hospital course was complicated by CVA with acute thalamic infarct and bilateral hemianopia. He was then transferred to higher level of care for debulking. Repeat CT abdomen showed progression in size of the mass relative to imaging four days prior. Omental tumor infiltrates were noted in addition to involvement of the left adrenal gland, splenorenal ligament, and psoas muscle. Open nephrectomy was attempted by urologic oncology however the procedure was aborted due to numerous peritoneal metastases. Given disseminated disease and poor prognosis, palliative care was initiated.

Discussion Hemangioblastomas are uncommon neoplasms of vascular origin that are rarely associated with renal pathology. This case demonstrates a unique case of rapidly progressive renal hemangioblastoma which was unresectable due to aggressive local and distant invasion.

Purpose of Study Adrenal insufficiency is a condition in which the adrenal glands do not produce adequate amounts of steroid hormones, primarily cortisol. There are instances where central dysfunction can induce adrenal insufficiency. This is a well-observed complication of an array of immune checkpoint inhibitor (ICI) therapies. Of all the different target sites of immune checkpoint inhibitors, anti-programmed death ligand 1 (PD-L1) has the least causing effect of hypophysitis.

Methods Used A 52-year-old woman with past medical history of central adrenal insufficiency induced by Atezolizumab was confirmed with a low ACTH result of 31.9 mcg/dL and 1.9 mcg/dL respectively. Cosyntropin stimulation test resulted in very low ACTH. CT Abdomen demonstrated 13 mm dilatation of the common bile duct with normal gallbladder. Liver function tests were within normal limits. MRCP demonstrated narrowing secondary to inflammatory constriction. EGD showed erosive gastritis with no peptic ulcer disease or gastric malignancy. The diagnosis of central adrenal insufficiency was confirmed with a low ACTH post cosyntropin stimulation test. Patient was started on IV Hydrocortisone which drastically improved her nausea and vomiting.

Conclusions Immune checkpoint inhibitors have been the new frontline in treating cancer. This case illustrates the importance of a broader differential diagnosis for intractable nausea and vomiting after chemotherapy. These results suggest a caution for the late-onset central adrenal insufficiency associated with hypophysitis in patients treated with anti-PD-L1 antibodies.

Purpose of Study Anemic cancer patients comprise the largest ‘single’ user of red blood cell (RBC) transfusions in the United States. RBC transfusions offer the most rapid correction of hemoglobin levels for anemia but constitute a limited resource associated with a variety of risks. Current guidelines for RBC transfusion thresholds in anemic cancer patients are based on limited and outdated data. This narrative review describes the latest findings about the effectiveness and safety of using a restrictive versus liberal RBC transfusion threshold for anemic adult cancer patients undergoing myelosuppressive therapy.

Methods Used A search of the literature in PubMed/Medline and Embase was performed. Search terms included: (1) cancer and (2) chemotherapy OR radiation AND (3) anemia AND (4) blood transfusion AND (5) liberal OR restrictive AND (6) survival OR quality of life OR transfusion reaction OR adverse effect. Inclusion criteria consisted of articles that investigated transfusion threshold impact on survival/mortality, quality of life, and/or transfusion reactions in adult patients with a diagnosis of cancer (solid or hematologic) who were receiving chemotherapy or radiation therapy.

Summary of Results After performing a controlled search and removing duplicates, 68 articles were identified. Overall, 7 studies involving a total of 968 patients met the inclusion criteria. Of these studies, 6 described survival/mortality rates, 4 described quality of life, and 2 described incidence of transfusion reactions. Limited and low-quality evidence suggests the use of restrictive versus liberal RBC transfusion thresholds does not appear to impact survival/mortality rates, quality of life, or transfusion reaction incidence in anemic adult cancer patients undergoing myelosuppressive treatments.

Conclusions There is a paucity of high-quality evidence regarding the efficacy and safety of using a restrictive or liberal RBC transfusion threshold in anemic adult cancer patients undergoing myelosuppressive treatments. More research needs to be done to determine the optimum RBC transfusion threshold for this population. If survival/mortality and transfusion reaction incidence are truly similar between groups, the emphasis should be placed on an individual patient’s quality of life while receiving treatment.
SORAFENIB AND CAPECITABINE IN RECURRENT FIBROLAMELLAR HEPATOCellular CARCINOMA: A NOVEL ORAL CHEMOTHERAPY APPROACH

VE Lehmann*, 1H Han, 1Y2 Patt, 1IF Kuttesch. 1University of New Mexico, Albuquerque, NM; 2Rady Children’s Hospital San Diego, San Diego, CA

Purpose of Study Fibrolamellar hepatocellular carcinoma (FL-HCC) is a rare variant of hepatocellular carcinoma occurring predominately in pediatric and young adult patients. Currently, complete surgical resection with lymphadenectomy is the cornerstone treatment for long-term survival. Disease recurrence is unfortunately high at 33% to 100% with no universal standard of care for unresectable FL-HCC. We present a case of a 13-year-old female with FL-HCC who had previously undergone multiple total resections due to recurrence, but presented with unresectable disease two years after diagnosis.

After the family refused intravenous chemotherapy, an oral approach combining Sorafenib and Capecitabine, based on an institutional study in adults, was initiated. The primary objective was disease control.

Methods Used Treatment schedule was based on a 28-day cycle planned to continue until disease progression. The patient received Capecitabine 1300 mg/m²/day in divided BID doses on days 1–7 and 14–21, and Sorafenib 400 mg/m²/day in divided BID doses on days 1–28 for 24 cycles. In subsequent cycles, Capecitabine dosing was decreased to days 1–7, given continued stable disease. Therapy was discontinued after 36 cycles. Close tumor surveillance with imaging and laboratory studies occurred every three months for the duration of treatment and continued off therapy.

Summary of Results The patient demonstrated disease regression and continued without disease progression on treatment for 36 cycles. The regimen was well tolerated with minimal side effects of dry skin (CTCAE grade 1) and a transient episode of brief erythrodysesthesia (CTCAE grade 2) that resolved spontaneously. Following discontinuation of therapy the patient remains without evidence of disease now 24 months off treatment.

Conclusions The combination of Sorafenib and Capecitabine was effective and well tolerated in this adolescent with FL-HCC. Our observations, although in a single patient, lend support for further testing of this novel oral chemotherapy regimen in patients with FL-HCC, a disease for which there is no effective standard chemotherapy approach.

ASSESSING THE NEED FOR A COMPREHENSIVE CARE MODEL FOR SICKLE CELL DISEASE CARE

OM Masarweh*, 2S Kaur, 1D Moosavi, 3E Cobos, 3A Patel. 1Ross University School of Medicine – Barbados Campus, Bakersfield, CA; 2Loma Linda University Medical Center, Loma Linda, CA; 3Kern Medical Center, Bakersfield, CA

Purpose of Study To assess national SCD quality indicators at Kern Medical and identify possible areas of improvement.

Methods Used Chart review of 61 patients over a 6-year period.

Summary of Results In this study, we used the national SCD quality measures such as visits with PCP, ED visits, hospital admissions, transfusion treatment, hydroxyurea use, access hematologist and pain specialists. After review of the data, there were multiple areas that indicated the need for a multidisciplinary team approach in handling the care of SCD patients in our institution. The most common complications that resulted in inpatient admission were pain crisis (50.8%), acute chest syndrome (19.6%), and avascular necrosis (9.8%). However, what is most glaring is that only 7.1% of patients had access to a pain specialist and only 22.9% had chose follow up with a hematologist, which lead to a low number of these patients being admitted to the hospital. This study aimed to assess the quality indicators of SCD, identify challenges and opportunities for improvement of the care of SCD patients, as well as to guide the creation of a comprehensive profile for SCD patients. We hope to follow up this study in a few years to objectively measure our progress.

GRIFOLS-LUMINEX DISCORDANCE FOR BURNETT GODSPEED ANTIBODY

YM Mishkov*, 1JS Skibby. 1University of Washington School of Medicine, Spokane, WA; 3Vitalant, Spokane, Spokane, WA

Purpose of Study Antibodies directed to foreign Human Leukocyte Antigens (HLA) may be a barrier to transplant and are therefore of unique interest to transplant medicine. Class I HLA are found on all nucleated cells, with certain Class I HLA Antigens weakly expressed on RBC, called Bg Or Bennet Godspeed antigens. Antibodies to these antigens have been recorded and have been implicated in acute and delayed transfusion reactions.

This project seeks to determine whether the positive agglutination reaction seen in antibody screens at a regional blood bank is the result of interfering Bg antibodies in patient samples using a 2-step testing approach explained below.

Methods Used Serum from kidney transplant patients collected between 4/2020 to 8/2020 was stored at -20C and patient plasma samples were kept under refrigeration. See Method Schematic for dual testing approach.

Summary of Results Testing of Bg positive samples resulted in no agglutination on the Grifols. Testing of agglutinated gel samples on the Luminex showed 1 sample with Bg antibody present. Case review of the sample identified yielded an acute non-hemolytic transfusion reaction, supporting current literature that HLA Class I antibodies, including Bg antibodies, may be a cause of transfusion reactions.
Conclusions In conclusion, Grifols reactivity was discordant with Luminex results for the Bg Antibody. These results suggest that interference of some other unidentified antibody is responsible for this reaction and that Bg antibodies in patients are not responsible for the reactivity seen in gel testing methodology.

391 RIGHT OVARIAN VEIN THROMBOSIS WITH ASEPTIC THROMBOPHLEBITIS

1,2SN Morales*, 1,3D Farmand, 1AS aha, 1MV aldez, 1R Sidhu. 1Kern Medical Center, Bakersfield, CA; 2Ross University School of Medicine, Miramar, FL; 3American University of the Caribbean School of Medicine BV, Cupecoy, Sint Maarten (Dutch part)

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Purpose of Study Ovarian vein thrombosis is a rare but potentially serious condition associated with the post-partum period. We describe a case of ovarian vein thrombosis in a young female with a history of hemophagocytic lymphohistiocytosis in remission.

Methods Used Retrospective case report

Summary of Results A 23-year-old Hispanic G2P2 presented to the Emergency Department for acute onset of right low back pain and right lower quadrant abdominal pain for eight days. On admission, the patient was hemodynamically stable and afebrile. The patient was post-partum day ten from a normal spontaneous vaginal delivery to dichorionic diamniotic twins. The patient was treated at an outside facility five days prior to presentation for the same complaint and was given cefalexin for a presumed urinary tract infection with no improvement. The patient’s past medical history was significant for an allogeneic stem cell transplant for hemophagocytic lymphohistiocytosis, thought to be secondary to adult-onset Still’s disease versus EBV versus prior intrauterine fetal demise. CT abdomen and pelvis showed an intraluminal thrombus compressing the inferior vena cava and a thrombus in the right common iliac vein. MRI showed a large occlusive thrombus in the right gonadal vein extending to the IVC below the renal veins, with surrounding inflammatory changes suggestive of thrombophlebitis. The patient was treated with a therapeutic dose of Lovenox of 1 mg/kg every twelve hours and prophylactically with Piperacillin and Tazobactam 4.5 g every eight hours. During hospitalization, she was febrile one time with a Tmax of 38°C. Antibiotics were discontinued on hospital day three. The patient was discharged on Warfarin 5 mg daily with close follow-up as she desired to breastfeed. The patient has been asymptomatic at all subsequent outpatient appointments.

Conclusions Ovarian vein thrombosis can have both a variable course and clinical presentation, and should be included in the differential of abdominal pain in a female. This case highlights the importance of prompt recognition and appropriate treatment to prevent potentially grave progression such as pulmonary emboli or sepsis.

392 A CASE OF MULTIPLE MYELOMA PRESENTING WITH INCREASED CONFUSION AND BEHAVIORAL CHANGES

T Sharifan, VK Narang*, A Govindarajan, S Chokshi, G Petersen, RD Polinder. UCLA-Kern Medical, Bakersfield, CA

10.1136/jim-2021-WRMC.390
Introduction Multiple myeloma is an uncommon, hematological malignancy that accounts for 1–2% of all cancers in the United States. Patients can present acutely with neurologic changes and requiring interventions related to kidney failure, hypercalcemia, spinal cord compression, amongst others. It is a disease in which some patients rapidly progress despite treatment and others respond to treatment for many years.

Case Report A 63-year-old Hispanic gentleman with no significant past medical history presented to the hospital with stupor, confusion, and behavioral changes accompanied with a 40-lb weight loss. His symptoms began one month prior to presentation and progressed quickly, resulting patient’s family to seek medical attention. Examination was unremarkable as the patient did not have any complaints or exhibit any other signs of disease. Laboratory workup revealed various abnormalities including a serum calcium of 16.2 mg/dL, a blood urea nitrogen 49 mg/dL, creatinine of 5.47 mg/dL, & hemoglobin of 5.8 g/dL. Additionally, imaging demonstrated mild L1 compression fracture and multilevel degenerative changes most pronounced L4-L5. The patient was admitted to the hospital for the treatment of his hypercalcemia and acute renal failure. Despite dialysis and resolution of the hypercalcemia, the patient continued to be altered however clinically and hemodynamically stable, with no further deterioration in clinical course. Further studies demonstrated a total protein of 14 grams, IgA level of 9000 mg/dL, and total kappa light chain of >600 mg/dL with a bone biopsy confirming diagnosis of multiple myeloma. A decision not to initiate plasmapheresis was made. Instead, the patient was started on an inpatient chemotherapeutic regimen consisting of bortezomib, cyclophosphamide, and bortezomib and followed up outpatient, where the number of vascular tumors may also be an important marker.

Discussion The development of PG, a vascular tumor, during treatment with the VEGFR2 inhibitor ramucirumab whose mechanism of action is to inhibit angioenogenesis is inherently paradoxical. In 2015, a rapidly expanding angioma with a mutation in the gene which encodes VEGFR2 (KDR) was identified in a patient undergoing ramucirumab therapy. The authors of the case report suggested that KDR mutation results in paradoxical activation of VEGFR2 in the setting of ramucirumab therapy. Since then, others have suggested that ramucirumab and paclitaxel have a synergistic effect in vascular proliferation, though an exact mechanism has not been proposed. While none have repeated genetic studies to identify the presence of KDR mutations, it is possible that the patients who develop PG and other vascular tumors during combined taxane and ramucirumab therapy have a mutation that makes them more susceptible to VEGFR2 upregulation. Following long term outcomes for these patients may provide important information on the efficacy of the antineoplastic regimen in the subset of patients who develop cutaneous vascular tumors during treatment regimens designed to reduce angiogenesis. The number of vascular tumors may also be an important marker.

In conclusion, our case is the first report of multiple new onset pyogenic granulomas in a patient undergoing treatment with PTX and ramucirumab.
primary neoplasm is an underlying factor in the differential work-up of oral lesions among women.

LITERATURE REVIEW IN SUPPORT OF THE IMPLEMENTATION OF A NEWBORN SICKLE CELL DISEASE SCREENING PROGRAM IN NEPAL

JD Taylor*, K Patterson, SA Lim, SY Starkey, K Gray, C Lanz, V Kapoor. The University of British Columbia Faculty of Medicine, Vancouver, BC, Canada

Purpose of Study Since 2015, University of British Columbia medical students in partnership with Creating Possibilities have traveled to rural Nepal for sickle cell disease (SCD) screening and education. After reviewing work from previous teams and consulting the literature, we identified a newborn SCD screening program as a pivotal aspect of achieving a sustainable solution for the program moving forward. Implementing such a program would require Nepalese governmental support. Therefore, we synthesized information on newborn SCD screening with future hopes to lobby the government for its implementation.

Methods Used Literature reviews on three sub-topics of newborn SCD screening programs were conducted. These included: reported morbidity and mortality benefit, required health interventions to produce such a benefit, and the program’s cost-effectiveness. After consulting a librarian, a search strategy was generated and information was compiled on each of these topics.

Summary of Results Under-five mortality can be dramatically reduced with a newborn SCD screening program through early identification allowing for timely initiation of care. The most important early life interventions include prophylactic penicillin, immunizations, and comprehensive medical follow-up with SCD education. Most authors agree that newborn SCD screening programs are highly cost-effective, largely depending on a country’s incidence of newborn SCD and birth rate.

Conclusions The reported morbidity and mortality benefits of a newborn SCD screening program are well established throughout both high- and low-income countries, as well as subsequent management options once a case is confirmed. Although other low-income countries have found newborn SCD screening to be highly cost effective, such an analysis needs to be conducted within Nepal. This starts with a pilot newborn SCD screening program to determine the incidence of newborn SCD.

NEONATAL NET INHIBITORY FACTOR INHIBITS MACROPHAGE EXTRACELLULAR TRAP FORMATION

JS Bircher*, MJ Cody, CC Yost. University of Utah, Salt Lake City, UT

Purpose of Study Neutrophil extracellular traps (NETs) are web-like structures composed of decondensed chromatin and antimicrobial proteins. NETs contribute to antimicrobial defense. Dysregulated NET formation, however, leads to inflammatory tissue damage in many disease states including sepsis. Neonatal NET-inhibitory factor (nNIF), a novel peptide found in fetal circulation, inhibits NET formation and improves survival in mouse models of sepsis. Macrophages, immune cells known to perform a variety of functions, also produce extracellular traps (METs). METs are composed of many of the same antimicrobial peptides and may contribute to inflammatory tissue damage. Whether nNIF inhibits MET formation without impacting other important macrophage functions remains unknown. We hypothesize the nNIF inhibits MET formation without inhibiting macrophage phagocytosis.

Methods Used Mouse macrophages (J774.1 cell line) were purchased from American Type Culture Collection (ATCC) and used for all experiments. MET formation was induced by incubating macrophages with E. coli at a multiplicity of infection (MOI) of 4 for 4 hours. Macrophages were pretreated for 1 hour with nNIF (20 nM) or an inactive scrambled control peptide (20 nM) prior to stimulation with E. coli. We assessed MET formation with high-throughput DNA quantification and through direct visualization via confocal microscopy. In a separate experiment, we stimulated nNIF pretreated macrophages with fluorescently labeled E. coli particles at an MOI of 8. We quantified phagocytosis by calculating a phagocytic index (number of internalized particles per cell) using confocal microscopy.

Summary of Results E. coli stimulation leads to a 5-fold increase in MET formation compared to baseline controls. Pretreatment with nNIF significantly inhibits MET formation, while pretreatment with an inactive scrambled control peptide does not (N=12, p-value ≤ 0.0001). Macrophages successfully phagocytosed fluorescently labeled E. coli particles, and nNIF pre-incubation does not inhibit phagocytosis.

Conclusions We conclude that nNIF inhibits MET formation without inhibiting phagocytosis. We speculate that, as it does in neutrophils, nNIF inhibits extracellular trap formation in macrophages without impacting other critical macrophage functions.

MORE THAN AN ANTIDEPRESSANT: BUPROPION IN PSORIASIS TREATMENT

1 DBui*, 1A Kim, 2N Mamtora. 1Western University of Health Sciences, Pomona, CA; 2Kaiser Permanente Southern California, Pasadena, CA

Purpose of Study Bupropion is widely used as an antidepressant and as an adjunctive aid in smoking cessation. However, studies have suggested that bupropion may be used in patients with psoriasis due to the medication’s anti-inflammatory effects. The purpose of this study is to analyze the current literature on the use of bupropion in the treatment of psoriasis.

Methods Used A literature review was conducted to understand the effects of bupropion on psoriasis. We searched...
PubMed articles starting from the FDA-approval date for bupropion in 1986 to 2019 for our analysis. Five articles were included in the final analysis, representing a total of 16 patients.

**Summary of Results** Overall, more than half of the patients in this analysis displayed improvements in psoriasis symptoms which was evident by a decrease in affected surface area compared to baseline. Those who experienced exacerbations of psoriasis symptoms were reported to develop generalized pustular or erythrodermic flares. Specifically, nine patients experienced improvements, five patients experienced exacerbations, and two patients experienced no changes in psoriasis symptoms.

**Conclusions** This review serves to illustrate the potential benefits of bupropion in the treatment of psoriasis. In addition, there is molecular support for a plausible mechanism of bupropion on psoriatic disease through lowering the levels of TNF-alpha. This mechanism may be complementary to the current TNF-alpha inhibitors utilized for psoriasis treatments. Although it is notable that bupropion may be considered an alternative to other psoriasis medications, it is important to assess the risks and benefits involved. Bupropion has been associated with causing changes in behavior, including hostility, agitation, depressed moods, or suicidal thoughts. Although the majority of patients showed benefits of symptom improvement, an assessment of risks and factors involved in symptom progression is difficult to make with a limited number of patients in our analyses. Given these considerations, it may be beneficial to conduct a larger clinical trial with a multi-disciplinary approach involving dermatologic, psychiatric, and rheumatologic collaboration to define the possible importance of bupropion on psoriasis treatment.

**Abstract 398 Table 1** Subject characteristics

<table>
<thead>
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<th>Pregnant (n = 340)</th>
<th>Non-pregnant (n = 142)</th>
<th>p-value</th>
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<tr>
<td>Ever pregnant</td>
<td>100%</td>
<td>31%</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Average age (SD)</td>
<td>30 (5)</td>
<td>31 (8)</td>
<td>0.02</td>
</tr>
<tr>
<td>Ever smoker</td>
<td>30%</td>
<td>15%</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Family history of RA</td>
<td>0%</td>
<td>5%</td>
<td>&lt;0.01</td>
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**Abstract 398 Table 2** Anti-CCP Positivity

<table>
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<th>Non-Pregnant (n = 142)</th>
<th>p-value</th>
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<tr>
<td>Anti-CCP Positive</td>
<td>2.1%</td>
<td>1.2%</td>
<td>0.43</td>
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<td>Anti-CCP3.1 Positive</td>
<td>1.4%</td>
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</table>

**Abstract 399**

**INFLAMMATION RESPONSE OF EPITHELIAL CELLS TO CELL PHONE PROXIMITY**

1AK Sharma*, 2GK Singhera. 1The University of British Columbia, Vancouver, BC, Canada; 2Center for Heart Lung Innovation, Vancouver, BC, Canada

10.1136/jim-2021-WRMC.397

**Purpose of Study** There is evidence that the radio waves emitted from cell phones cause thermal heating to contacted areas of skin. It is not known whether this heating leads to inflammation on a cellular level. The release of cytokines and other inflammatory mediators can damage tissues and lead to cell death. The present study attempted to investigate whether a cell phone in calling mode can induce an inflammatory response, or change cell viability in proximal epithelial cells. We hypothesize that radio wave exposure can increase the inflammatory cascade in the cells, hence affecting homeostasis of the exposed cellular tissue for further tissue damage over prolonged time.

**Methods** In an in vitro cell culture model, airway epithelial cell line 1HAE0 was exposed to cell phone radiations for two time durations: 1-hour exposure and 3-hour exposure. Stimulated cells were compared with unstimulated control cells. Since cell phone call-mode was interrupted in the closed incubator, cell phone stimulation was done in water bath maintained at 37°C. Cells were transferred back to incubator after the appropriate stimulation for 15 hours. Cell free condition media was collected for interleukin (IL) -8 ELISA as an indicator of inflammation. Cell viability was tested by an Alamar Blue Assay. One-way ANOVA was used to analyze the data.

10.1136/jim-2021-WRMC.399
Summary of Results Data from this study demonstrated a significant increase in IL-8 concentration with 1h and 3h (p<0.0001) exposure to cell phone radio waves when compared with unstimulated cells. In contrast, there was no difference in IL-8 concentration when exposure durations were compared. Furthermore, cell viability was similar across all conditions (p>0.05).

Conclusions In response to a proximal cell phone in calling mode, epithelial cells increase the secretion of IL-8 indicating an inflammatory response. However, increased duration of exposure does not seem to further increase IL-8 levels. As well, cell viability is not impacted by cell phone exposure. While it is unknown what impact cell phones have on overall cellular health, this research raises important questions about whether the thermal output of a cell phone can lead to inflamed tissues.

Conclusions These results could improve liposome-based vaccines such as those by Moderna, Novavax, and BioNTech for SARS-CoV-2, enabling development of a robust and lasting immune response by targeting antigen and adjuvant directly to APCs in a manner that replicates an infection.

Purpose of Study An effective vaccine against SARS-CoV-2 should activate both humoral and T cell responses, as antibodies alone have been shown inadequate for sustained protection. A possible target for such a vaccine includes the receptor-binding domain of the Spike protein (S-RBD). We evaluated the use of C3-liposomes to directly target and deliver encapsulated S-RBD to antigen presenting cells (APCs) to initiate immune recognition by effector cells in a manner that mimics pathogen engulfment. C3-liposomes allow for delivery of Toll-like receptor (TLR) agonists, (e.g. R848) which simulate pathogen-associated patterns, inducting co-stimulatory molecule expression that helps direct the immune response. We hypothesize that C3-liposome encapsulated S-RBD would induce greater immune responses as measured by IgG levels and T cell responses when compared to controls.

Methods Used Mice (n=3) were treated with C3-liposomes and control conditions. Blood and spleen were collected 14 days after initial immunization and examined by ELISA, ELISpot, and flow cytometry.

Summary of Results There was a potent antibody response after vaccination with C3-liposomes containing S-RBD. ELISA showed 5-fold greater IgG expression in the C3-liposome S-RBD group versus free S-RBD and 1.5-fold greater expression versus control-liposomes. While results were not statistically significant with n=3, it is likely that significance could be achieved with additional mice. Vaccination with ovalbumin (OVA: mock antigen) looking at cytokines IL-4 and IFN-g showed that C3-liposomes with OVA versus control-liposomes or free OVA had significant T-cell activation (p values: IL-4: 0.0304, 0.0407; IFN-γ: 0.0003, 0.0019). ELISpot and flow cytometry looking at T-cell activation was not effective for the S-RBD; our current protocol is optimized for peptides and not full-length S-RBD. We are repeating studies using precubations prior to ELISpot in an attempt to accurately measure cell response.

Conclusions USING COMPLEMENT C3 TARGETED LIPOSOMES FOR IMMUNE ACTIVATION

Wound botulism in injection drug users have been reported. Definitive diagnosis is difficult due to the timing of the testing. If there is high clinical suspicion, a prompt administration of botulism antitoxin heptavalent (BAT) should be considered. Here we are reporting two cases of wound botulism.

Methods Used Retrospective Study.

Summary of Results 29-year-old female with active black tar heroin injection presented to our ED complaining of dysphagia, blury vision, and generalized weakness. She was found to have healing wounds due to injections, bilateral ptosis, decreased visual acuity, and reduced neck flexion and extension. Given the normal laboratory findings including CBC and CMP, along with normal neuroimaging of the brain and neck, a presumptive diagnosis of wound botulism was established. Patient was administered BAT within 36 hours of admission, discharged on hospital day 11 with significant improvement without requiring mechanical ventilation.

53-year-old Caucasian male with medical history of nasopharyngeal carcinoma diagnosed 3 months prior and polysubstance abuse presented to our ED complaining of bilateral upper extremities weakness, fatigue, and dysphagia. He presented with difficulty walking, talking, and lifting his arms above the shoulder level. Laboratory workup with CBC and CMP were normal. Neuroimaging of brain and spine were unremarkable. Work up for paraneoplastic syndrome dermatomyositis were negative. Clinical diagnosis of wound botulism was made due to presence of healing injection sites of black tar heroin. Patient received BAT on day 5. He required intubations for respiratory failure followed by tracheostomy. He was discharged on hospital day 19 to rehab.

Conclusions Although other conditions such as the Miller Fisher syndrome, Myasthenia gravis, and bilateral or brainstem strokes should be considered, botulism antitoxin heptavalent (BAT) should be administered as soon as possible if the clinical suspicion of botulism is made. The history of drug injection and signs of infection especially around the drug injecting sites further increase the suspicion. The timely administration of BAT can significantly lessen the duration and severity of wound botulism.
Introduction The Enterobacteriaceae, Serratia fonticola, was first described in 1979 after isolation from freshwater and soil. The first reported infection in humans was isolated from a leg abscess. Human infections typically involve skin and soft tissue, with recent reports of biliary and urinary tract infections. There have not been any associated cardiac manifestations. To the best of our knowledge, we describe the first known case of S. fonticola endocarditis.

Case Presentation 59-year-old male with heart failure reduced ejection fraction, atrial fibrillation, and lower extremity venous stasis ulcers with recurrent skin infections presented after ground level fall. He reported deterioration in health for one month with inability to properly care for lower extremity wounds. Physical examination revealed severe lower extremity ulcers with maggots present. X-ray tibia and fibula showed an area of subcutaneous emphysema within the medial aspect of the right calf suspicious for gas-forming organisms. He was admitted to the ICU for treatment of septic shock. He underwent debridement of the lower extremity necrotic ulcers. Hospital course was complicated by elevated troponin for which acute coronary syndrome protocol was administered as well as atrial fibrillation refractory to digoxin. Initially, he received empirical vancomycin and piperacillin-tazobactam while on vasopressors. Blood and wound culture obtained prior to initiation of antibiotics grew S. fonticola resistant only to amoxicillin/clavulanate. Vancomycin and piperacillin-tazobactam were discontinued and changed to cefepime to avoid increased incidence of inducible amp-C beta-lactamase production amongst Serratia species with use of ceftriaxone. Transesophageal echocardiogram revealed a less than 1 cm mitral valve vegetation. Despite atypical pathogenesis, cultures demonstrated minimal antibiotic resistance and patient was treated with a 6-week course of cefepime.

Discussion Human infections caused by S. fonticola are relatively rare. The few cases that have been reported primarily describe skin and soft tissue infections, urosepsis, and biliary tract infection. After a thorough review of the literature, this case appears to be the first description of S. fonticola endocarditis.
sensitivity to Imipenem, Ciprofloxacin, and Sulfonamides. With sensitivities pending, Zosyn was discontinued, and the patient was switched to empiric treatment for *M. fortuitum* comprised of Meropenem, Ciprofloxacin and Bactrim. This treatment regimen perfectly correlated with obtained sensitivities.

**Conclusions** Pyomyositis can be insidious in onset and undoubtedly missed by unsuspecting physicians. Key factors in treatment include the appropriate antibiotic treatment, incision and drainage, and removal of potentially infected hardware.

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### Abstracts

**405** LEGIONNAIRES DISEASE PRESENTING AS ACUTE KIDNEY INJURY IN THE ABSENCE OF GASTROINTESTINAL SYMPTOMS

T Issa*, A Heidari, S Aboaid. Kern County Superintendent of Schools, Bakersfield, CA

10.1136/jim-2021-WRMC.403

**Purpose of Study** Legionnaires’ disease is a multi-system illness that can negatively affect the pulmonary, renal, GI tract and central nervous system. However, renal insufficiency is relatively uncommon in this condition. This case report presents a patient with acute kidney injury complicating Legionnaires’ pneumonia but without the typical gastrointestinal symptoms and hyponatraemia.

**Methods Used** Patient is a 51-year-old homeless Hispanic male with past medical history of Hypertension, systolic heart failure and CKD Stage IV presents with complaints of productive cough worsening for 1 week with yellowish sputum tinged with blood. Labs are significant for acute on chronic kidney injury with BUN 40 and Creatinine 2.98. Chest-X-ray shows right upper lung airspace consolidation representing pneumonia. Patient was started on IV Antibiotics but repeated CXR 2 days later demonstrates worsening of the nodular infiltrate. A follow-up chest CT scan shows a moderate to large sized infiltrate in the right upper lobe with mild mediastinal lymphadenopathy. Urine Legionella Ag came back Positive. Brochoscopy was performed showing no significant bacterial growth.

Six days after admission, renal function continues to worsen with uptrending BUN and Creatinine values. Acute tubular necrosis was suspected since the patient became oliguric. Renal ultrasound showed no hydronephrosis or obstructive pattern. Vasculitis workup, hepatitis B and C, HIV tests all came back negative. Renal function improved along with respiratory symptoms and patient was able to produce urine appropriately upon discharge.

**Summary of Results** Physician should consider Legionnaires disease when it comes to pneumonia and concurrent acute kidney injury. This can lead to fewer diagnostic workup and eventually a reduction of hospital costs by avoiding unnecessary tests.

**Conclusions** Patients with Legionnaires disease might not present with the typical textbook symptoms of GI symptoms and hyponatraemia. In addition, concurrent acute on chronic kidney injury makes management very difficult. Considering Legionnaires disease beyond the typical organisms that can cause community acquired pneumonia can prevent invasive diagnostic tests such as bronchoscopy. More research should be done in patients with complicated presentations in order to find related cases and potential treatment options.

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**406** MANAGING ERYTHRODERMIC PSORIASIS complicated BY MSSA BACTEREMIA AND INFECTIVE ENDOCARDITIS

1K Mohtahedian*, 2U Brar, 3F Venter, 4K Grewal, 5R Kulasingam, 6R Sharma, 7G Petersen, 5A Heidari, 1Ross University School of Medicine, Tarzana, CA; 2UCLA-Kern Medical, Bakersfield, CA

10.1136/jim-2021-WRMC.404

**Purpose of Study** To share this interesting case with the medical community

**Methods Used** Retrospective care report

**Summary of Results** Erythrodermic psoriasis (EP) is a rare, life threatening form of psoriasis characterized by diffuse erythema, scaling and flaking of the skin. This causes a loss of the skin barrier which can make patients more susceptible to infection from common skin flora, such as Staphylococcus aureus.

A 57-year-old male with one previous episode of EP who was at baseline until one month prior to presentation when he abruptly began to have a diffuse, erythematous skin rash over his entire body in addition to fevers, chills, and bilateral lower extremity edema. The diffuse rash was described as pruritic and erythematous. Three days after onset, patient also noted pus drainage over the rash along with diffuse, spontaneous sloughing of skin.

Initially he was tachycardic and febrile, and laboratory findings were significant for lactate of 6.2 which cleared after IV crystalloid fluids. Skin biopsies were significant for psoriasis, likely erythrodermic in etiology. Patient was initiated on topical steroids. He was also started on broad spectrum vancomycin and piperacillin-tazobactam to cover for broad spectrum pathogens due to unclear source of infection. Initial blood cultures grew methicillin sensitive Staphylococcus aureus (MSSA) therefore antibiotics were changed to intravenous nafcillin.

Repeat cultures showed no growth throughout the patient’s admission. Trans-esophageal echocardiogram was performed which showed a vegetation along the mitral valve concerning for infective endocarditis secondary to MSSA bacteremia. He was then continued on IV nafcillin 2 gm every four hours for a total of 42 days.

**Conclusions** In the setting of Erythrodermic Psoriasis, treatment with immunomodulators are known to be first-line to control disease process. Secondary to patient’s confounding Infective Endocarditis it was decided to forgo the standard treatment of care. Topical corticosteroids were initiated which resulted in comparable results with significant improvement in erythema, pruritis and flaky skin within six days. We believe initiating treatment using conservative measures prior to aggressive therapy should be considered.

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**407** FEVER WITH SEIZURES IN AN 8-MONTH-OLD INFANT: A CASE REPORT

1B Devireddy, 2F Naeem*. Touro University California College of Osteopathic Medicine, Cupertino, CA; 3Valley Children’s Healthcare, Madera, CA

10.1136/jim-2021-WRMC.405

**Introduction** Herpes simplex encephalitis (HSE) remains one of the life-threatening conditions with high morbidity and mortality despite antiviral therapy. If initiated early, empiric acyclovir therapy can prevent devastating neurological consequences while awaiting diagnostic studies. Diagnosis is mainly made by isolation of HSV DNA polymerase chain reaction
Coccidiosis Hepatic Abscess in a Patient with Disseminated Coccidioidomycosis: A Case Report

N Raza*, A Heidari, F Nasrawi, R Johnson, R Kuran. Kern Medical, Bakersfield, CA

Purpose of Study Coccidioidomycosis is an infection caused by inhalation of arthroconidia produced by the genus Coccidioides. Forty percent of patients develop a self-limited respiratory infection; however, 5% of these individuals develop extrapulmonary dissemination. We present a case of disseminated Coccidioidomycosis, who presented for symptoms of recurrent pneumonia and was found to have a coccidioidic hepatic abscess, a very rare condition.

Methods Used Retrospective case report.

Summary of Results A 50-year-old male with end-stage renal disease on hemodialysis, previously diagnosed with disseminated coccidioidomycosis to CNS and osseous by an outside provider, presented to the ED with intermittent fevers, cough, and dyspnea for 2 months. Labs were significant for leukocytosis with neutrophilic predominance and Coccidioides immunodiffusion IgG and IgM assays both reactive with complement fixation titer >1:512. Chest X-ray showed diffuse patchy bilateral airspace disease with consolidation. CT chest revealed similar findings in the lungs; however, an incidental finding of an anterior hepatic septic collection was appreciated. He refused IV Amphotericin due to previous experience leading to his kindney failure. He was started on empirical IV antibiotics. An abdominal CT was performed and showed a rim-enhancing, septate lesion in the left hepatic lobe measuring 5.4 x 7.3 x 7.3 cm. Percutaneous drainage of this hepatic lesion was performed. Gram stain of the fluid showed multiple spherules resembling Coccidioides and no bacteria. Cytology showed spherules with endospores consistent with Coccidioides. Culture did not grow any bacteria and IV antibiotics were stopped. His treatment was changed from voriconazole to isavuconazonium and he was discharged with the drainage in place to follow up in the outpatient setting.

Conclusions Liver abscess due to dissemination of coccidioidomycosis is rare. A careful evaluation including a detailed history, physical examination, and radiographic modalities, as well as maintaining a high level of suspicion in endemic areas can aid in establishing the extent of exiting dissemination or finding new foci in previously known cases.

Interviewing Spanish Speaking Parents About Communication in the NICU

E Batton*, S Hurst, C Ramos, J Catalan, K Marc-Aurele. University of California San Diego, San Diego, CA; University of California San Diego, La Jolla, CA

Purpose of Study To interview Spanish speaking parents with limited English proficiency (LEP) about their experiences with communication in the NICU. We will 1) explore from whom and in what manner they receive information about their baby 2) identify what information they receive and how this information impacts parental participation in their baby’s care, and 3) assess their satisfaction with communication in the NICU and how they feel communication could improve when preferred languages of the provider and parent differ.

Methods Used We will conduct and audio record 25 in-person interviews of Spanish speaking NICU parents using a semi-structured interview format. Inclusion criteria are parents of newborns admitted to the NICU for at least one week who identify Spanish as their preferred language for communication and who do not identify as English proficient. Five pilot interviews will be conducted to test the interview guide for language, wording, and relevance. All interviews will be audio-taped and transcribed to facilitate analysis. Transcripts will be reviewed for errors by certified bilingual Spanish speakers and then translated to English. A directed content comparison approach will be taken during analysis to identify contextualized segments from each interview that correspond to targeted questions. Newborn demographic data (i.e. birth weight, gestational age, gender), length of stay, medical condition of the infant (i.e. type of respiratory support, IV medication use, major diagnoses), and use of interpretive services will be collected.

Summary of Results We are in the process of conducting 5 pilot interviews. The order, content and number of questions may be adjusted at the end of the pilot process based on parental feedback and interviewer experience.

Conclusions Information gained from parents with limited English proficiency about communication in the NICU may identify ways to improve the care for babies whose parents and neonatal providers prefer different languages.
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**410 HISTORICAL REVIEW AND RECOMMENDATIONS FOR LYMPHATIC IMAGING IN NOONAN SYNDROME**

T Cox*, C Vance, H McGregor, MH Witte. The University of Arizona College of Medicine, Tucson, AZ

10.1136/jim-2021-WRMC.408

**Purpose of Study** To determine the historical use of various modalities of lymphatic imaging, we performed a comprehensive literature review by collecting the published medical imaging of lymphatic dysplasias in Noonan Syndrome (NS) patients. We correlated imaging findings with clinical phenotypes and outcomes of operative versus non-operative management. Further, our historical review and analysis of lymphatic imaging modalities provides an algorithmic approach to patient care across the spectrum of NS developmental defects.

**Methods Used** PubMed database searches covered all time periods. Criteria for inclusion in our study included 1) Diagnosis and clinical description of NS and 2) Imaging studies analyzed lymphatic structure, function, or sequelae. We excluded studies featuring ultrasound (US) diagnosis of NS in utero. Using these criteria, 19 publications were eligible for inclusion in our review.

**Summary of Results** A total of 49 NS cases were identified, all since 1975. Clinical manifestations which led to lymphatic imaging included various chylous/non-chylous reflux syndromes (i.e. lymphedema, chylothorax, lymphorrhea, etc.). These complications were evaluated using conventional oil-lymphangiography, lymphangiography, chest radiographs, and CT. LAS is currently deemed the ‘gold standard’ for dynamically screening lymphatic dysfunction. Key imaging findings included varying degrees of central lymphatic blockage, lymphatic collateral formation, and retrograde lymph flow/valvular incompetence. The authors from 8 publications specifically associated these abnormalities and lymphatic obstruction with worse clinical outcomes.

**Conclusions** Ongoing research continues to fuel the evolution of more effective, less invasive, and less costly methods to dynamically image lymphatic structures and circulation. Our findings support a central role of lymphatic imaging to understand the pleomorphic developmental features of NS and pinpoint potentially remediable lymphatic abnormalities. Advances in lymphatic microsurgery and interventional endovascular radiology enable the enhancement or restoration of normal central lymphatic flow.

**411 IMPLEMENTING SCREENING FOR NEONATAL DELIRIUM IN THE NICU AT RADY CHILDREN’S HOSPITAL**

1*MCarmarkar, 1L Meyer, 1M Speziale, 2W Jenkins. 1University of California San Diego, La Jolla, CA; 2Rady Children’s Hospital San Diego, San Diego, CA

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**Purpose of Study** Delirium is defined as fluctuating changes in awareness and cognition occurring in the setting of a medical illness, and is associated with adverse neurodevelopmental outcomes in pediatric patients. Although delirium is recognized in pediatric ICUs, it is not commonly diagnosed in the neonatal population. The NICU at Rady Children’s Hospital is comprised of medically complex patients that are often on multiple medications for pain and sedation, and require prolonged time on mechanical ventilation. Currently, there is a lack of standardization of prevention, evaluation and management of delirium in the NICU.

Our objective is to increase delirium screening from 0% to 85% in eligible NICU patients by 6/2021. Inclusion criteria are defined as NICU patients > or = 38 weeks corrected gestational age who are mechanically ventilated > 7 days and who are receiving any benzodiazepines or opioids.

**Methods Used** We plan to use completion of the RASS (Richmond Agitation and Sedation Score) and CAPD (Cornell Assessment of Pediatric Delirium) scores as the objective tool for delirium screening and as our process measure. Secondary process measures will be average benzodiazepine and opioid usage in screened patients. We plan to use any increase in N-PASS scores as a balancing measure. Multiple interdisciplinary meetings were initiated with key stakeholders to develop an algorithm for the evaluation of neonatal delirium. Our current PDSA’s include: bedside delirium prevention strategies, appropriate identification and screening of the patient at risk, and creation of a clinical pathway outlining evidence-based strategies for delirium prevention and management.

**Summary of Results** Because this is a new process, our baseline for screening is 0%, and we will begin screening in 10/2020.

**Conclusions** Our expectation of this QI project is that early recognition of delirium in our chronic patients will lead to more timely management of symptoms and decreased use of narcotic medications. As therapies develop for more complex diseases, NICUs will see an increase in patients who may suffer from neonatal delirium due to their underlying diagnoses, and it will be important to identify these patients early.

**412 USE OF PROPRANOLOL IN TREATMENT OF CHYLOUS EFFUSIONS**

1K Mitchell*, 1,2L Ramsay, 1,2A Weiner, 1,2M Sahni. Pediatric Medical Group, Sunrise Children’s Hospital, Las Vegas, NV; 2University of Nevada Las Vegas, Las Vegas, NV

10.1136/jim-2021-WRMC.410

**Case Report** Chylothorax & chyloperitoneum are rare in infants & challenging to definitively diagnose by current criteria extrapolated from the adult population. They can be of primary or secondary etiologies, including congenital lymphatic malformations & post-operatively following cardiothoracic or abdominal surgery. Current first-line management consists of bowel rest, parenteral nutrition & a modified diet of medium-chain triglycerides but can often take weeks to be effective. Off label use of Octreotide has been reported in numerous case studies for management of chylous effusions, however there is no definitive data available regarding dosing, safety & efficacy for its use in infants. Following acceptance as a treatment for infantile hemangiomas, the novel use of Propranolol for chylous effusions is gaining interest. This case series review describes the use of Propranolol in four infants with chylous effusions; one with congenital pleural effusions & three with post-operative chylothorax & chylous ascites. Clinical improvement was noted within a few days of initiating oral Propranolol & maximum dose used in our cases was 6 mg/kg/day (figure 1). Limited data is available regarding use of Propranolol in infants with chylous effusions with dose used ranging from 0.5–4 mg/kg/day. However, this is the first
case series reporting its use exclusively in infants with chylothorax & chyloperitoneum. Although further research is needed to establish safety & efficacy, our experience suggests that Propranolol could be a treatment option for chylous effusions in infants.

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**Abstract 413 Table 1**  Studies Investigating Vertical Transmission of COVID-19

<table>
<thead>
<tr>
<th>First author, Year published, Location</th>
<th>Mother-Neonate dyads (N)</th>
<th>COVID-19 positive neonates (N)/Total COVID-19 tested neonates (N)</th>
<th>COVID-19 positive mothers (N)</th>
<th>Timing of testing of neonates</th>
<th>Timing of initial positivity for neonates</th>
<th>Clinical outcome in COVID-19 positive neonates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zeng, 2020, China</td>
<td>33</td>
<td>3/33</td>
<td>3/33 (9%)</td>
<td>Days 2, 4, and 6 or 7 of life</td>
<td>Day 2 of life</td>
<td>Pneumonia, fever</td>
</tr>
<tr>
<td>Liu, 2020, China</td>
<td>19</td>
<td>0/19</td>
<td>0/10 (0%)</td>
<td>Immediately after birth</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Chen, 2020, China</td>
<td>9</td>
<td>0/6</td>
<td>0/9 (0%)</td>
<td>Immediately after birth</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Patane, 2020, Italy</td>
<td>22</td>
<td>2/22</td>
<td>2/22 (9%)</td>
<td>Immediately after birth for 2 babies, after 24 hours and 7 days for 1 baby, and after 7 days for other baby</td>
<td>1 neonate positive immediately after birth, another positive on day 7 of life</td>
<td>Mild feeding difficulties</td>
</tr>
<tr>
<td>Knight, 2020, UK</td>
<td>259 mothers, 265 neonates</td>
<td>12/265</td>
<td>12/265 (5%)</td>
<td>Variable</td>
<td>6 tested positive less than 12 hours after birth, 6 tested positive more than 12 hours after birth</td>
<td>1 neonate admitted to NICU, 2 stillbirths*</td>
</tr>
<tr>
<td>Zhu, 2020, China</td>
<td>9 mothers, 10 neonates</td>
<td>0/9</td>
<td>0/9 (0%)</td>
<td>2 neonates were tested 7 and 9 days after birth, 7 were tested within 72 hours after admission</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Marin Gabriel, 2020, Spain</td>
<td>42</td>
<td>0/42</td>
<td>0/42 (0%)</td>
<td>Immediately after birth. Some neonates tested a second or third time within 48 hours after birth</td>
<td>3 neonates initially tested positive but were re-tested within 24 hours of birth and tested negative, suggesting initial false positives</td>
<td>N/A</td>
</tr>
<tr>
<td>Zhang, 2020, China</td>
<td>18 mothers, 18 neonates</td>
<td>0/18</td>
<td>0/8 (0%)</td>
<td>Immediately after birth</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Prabhu, 2020, USA</td>
<td>70 mothers, 73 neonates</td>
<td>0/71</td>
<td>0/70 (0%)</td>
<td>Within 24 hours of birth</td>
<td>N/A</td>
<td>1 fetal demise at 37 weeks' gestation in a COVID-19 positive asymptomatic mother with poorly controlled diabetes</td>
</tr>
<tr>
<td>Ferrazzi, 2020, Italy</td>
<td>42</td>
<td>3/42</td>
<td>3/42 (7%)</td>
<td>Immediately after birth, days 1 and 3 of life</td>
<td>2 neonates tested positive on day 3 of life after breastfeeding by COVID-19 positive mother without surgical mask, 1 neonate tested positive on day 3 of life</td>
<td>1 neonate required admission to NICU and 1 day of mechanical ventilation</td>
</tr>
<tr>
<td>Yu, 2020, China</td>
<td>7</td>
<td>1/3</td>
<td>1/7 (14%)</td>
<td>36 hours after birth</td>
<td>36 hours after birth</td>
<td>Mild shortness of breath</td>
</tr>
</tbody>
</table>

*Not clear if COVID-19 contributed to 2 stillbirths

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**Purpose of Study** As the COVID-19 pandemic continues, it is important to understand the ways in which COVID-19 infects vulnerable populations, such as pregnant women and their babies. The objective of this study is to compile the

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**Abstracts**
characteristics and outcomes of neonates born to COVID-19 infected mothers.

**Methods Used** A literature review was conducted using PubMed and Google Scholar databases. Key search terms included: COVID-19, SARS-CoV-2, coronavirus, vertical transmission, pregnancy, mother-to-child transmission. Studies were included if they had more than 5 mother-neonate dyads and tested mothers and neonates for COVID-19 via PCR.

**Summary of Results** Eleven studies, published before August 1st, 2020 satisfied our inclusion criteria (see table 1). All mothers were diagnosed during the 3rd trimester of pregnancy or just before giving birth. The timing of testing of the neonates varied by study but in the majority of the positive neonates, the initial positive PCR was within the first 48 hours of life. Studies with larger samples sizes (n > 20) showed neonatal positivity rate of 5–9%. Although intra-uterine infection cannot be proven, the timing of positive tests in the neonates suggests vertical transmission either in-utero or during birth. The majority of COVID-19 positive neonates were asymptomatic or had mild symptoms.

**Conclusions** Our review suggests that vertical transmission of COVID-19 is possible but symptomatic infection is uncommon. Larger prospective studies are needed to establish the relationship between timing of infection in the pregnant mother and various outcomes in the neonate.
discontinued. After stopping Acyclovir his BUN and creatinine returned to baseline of 24 mg/dL and 1.25 mg/dL.

**Purpose of Study** Chronic anabolic androgenic steroid (ASS) use can lead to chronic kidney disease. Given the nature of the irreversible damage, treatment for this condition still requires further research.

**Methods Used** Retrospective Case Study

**Summary of Results** We present a case of a 34-year-old male with hypertension diagnosed 3 years ago and history of weekly testosterone injections since the age of 19 who presented with altered mental status and possible seizure. He was in his usual state of health until 2–3 months ago when he began experiencing increased dyspnea, lower extremity cramping, somnolence, fatigue, hyperventilation, polyuria, polydipsia and hyperphagia.

What prompted the patient to the hospital was that while he was sitting on the sofa, his wife noticed that he started gasping for air and shaking his upper and lower extremities. The episode lasted for 2 minutes in which the patient was not opening his eyes or responding. His wife noted that he was not following commands and appeared confused after the episode. Tongue biting was noted, but no loss of bowel/urinary control.

Labs were significant for BUN 167, creatinine 26, bicarbonate 6, calcium 6.4, phosphorus 12.9, and elevated troponin 6, calcium 6.4, phosphorus 12.9, and elevated troponin.

Case Report Neuromyelitis optica spectrum disorder (NMOSD) is a rare, autoimmune disease of the central nervous system, which can present as Longitudinally-Extensive Transverse Myelitis (LETM) and/or optic neuritis. The exact pathophysiology of its autoimmunity is unknown, but autoantibodies against aquaporin 4 (AQP4) have been implicated in the majority of NMOSD cases. Recently, immunotherapy drugs known as programmed cell death protein-1 (PD-1) inhibitors have been associated as a rare cause of NMOSD. PD-1 cell surface proteins downregulate the immune system to prevent autoimmunity. However, this mechanism can also prevent them from attacking cancer cells. PD-1 Inhibitors allow immune cells to remain activated against malignancies, but increase the risk of developing autoimmunity.

Here we present a case of a 50-year-old female with metastatic cervical carcinoma, treated with pembrolizumab, who developed rapidly progressive, bilateral lower extremity, left upper extremity, and left facial paralysis with burning paresthesia, as well as bowel and bladder incontinence, over the course of 72 hours. MRI of the spine, with and without contrast, revealed diffuse signaling and enhancement from the cervicomedullary junction to the end of the thoracic spine (T12) suggestive of acute spinal infarct, transverse myelitis, spinal cord abscess, or malignancy. Diagnosis of NMOSD with LETM was confirmed with positive AQP4 autoantibodies.

Treatment consisted of discontinuation of pembrolizumab, intravenous methylprednisolone for 5 days, prednisone tapered over 6 weeks, and 7 sessions of plasmapheresis, with plans to follow with 1000 mg of rituximab upon discharge, 2 weeks after discharge, and every 6 months thereafter. At the time of discharge, 3 weeks after initiation of symptoms, the patient has shown little response to therapy, with minimal change in paresthesia.

Upon review of the literature, we have found only one reported case of NMOSD associated with pembrolizumab therapy. Current treatment of NMOSD consists of a combination of IV steroids, plasmapheresis, and IVIG. However, response to treatment varies on a case-by-case basis, and more studies need to be conducted to define the optimal treatment.

**Background** Marchiafava-Bignami disease (MBD) is a rare, autoimmune disease of the central nervous system, which can present as Longitudinally-Extensive Transverse Myelitis (LETM) and/or optic neuritis. The exact pathophysiology of its autoimmunity is unknown, but autoantibodies against aquaporin 4 (AQP4) have been implicated in the majority of NMOSD cases. Recently, immunotherapy drugs known as programmed cell death protein-1 (PD-1) inhibitors have been associated as a rare cause of NMOSD. PD-1 cell surface proteins downregulate the immune system to prevent autoimmunity. However, this mechanism can also prevent them from attacking cancer cells. PD-1 Inhibitors allow immune cells to remain activated against malignancies, but increase the risk of developing autoimmunity.

Here we present a case of a 50-year-old female with metastatic cervical carcinoma, treated with pembrolizumab, who developed rapidly progressive, bilateral lower extremity, left upper extremity, and left facial paralysis with burning paresthesia, as well as bowel and bladder incontinence, over the course of 72 hours. MRI of the spine, with and without contrast, revealed diffuse signaling and enhancement from the cervicomedullary junction to the end of the thoracic spine (T12) suggestive of acute spinal infarct, transverse myelitis, spinal cord abscess, or malignancy. Diagnosis of NMOSD with LETM was confirmed with positive AQP4 autoantibodies.

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**Background** Marchiafava-Bignami disease (MBD) is characterized by demyelination or necrosis of the corpus callosum, as well as adjacent subcortical white matter. Marchiafava-Bignami disease was first discovered by Italian physicians, Dr. Machiafava and Dr. Bignami. This is a rare disease is most often observed in malnourished alcoholics. This case demonstrates the nonspecific neurological findings in an individual that fits the demographics most often seen in this disease process.

Case 59-year-old male with past medical history notable for COPD and severe alcohol use disorder for greater than 20 years. Patient was found down and unresponsive by family for an unknown amount of time. His last known normal was estimated to be 2 days prior. Patient was found to have pulmonary emboli and chest X-ray suggestive of pneumonia. He required intubation to due to low GCS. He was started on...
anticoagulation, antibiotics and high dose thiamine. Patient’s mentation remained obtunded despite sedation holiday. EEG was performed which revealed no seizure activity. He was able to be successfully extubated on hospital day 7. Patient underwent brain MRI was done which revealed; Nonspecific moderate signal abnormality with mild diffusion restriction in the corpus callosum. Findings were suggestive of a demyelinating process. Upon transfer to the floor, his physical exam was notably for ataxia, dysarthria, and mentation that waxed and waned. Initially, family discussions were held and planned for comfort care. However on hospital day 10 patient regained some mentation unexpectedly and was deemed acceptable for time trial of rehab.

Conclusion MBD is a rare demyelinating disease of the corpus callosum that may result in catastrophic neurological impairment if not recognized and treated early. The differential diagnosis for MBD includes, CVA, neoplastic disease of CNS, progressive multifocal leukoencephalopathy, multiple sclerosis. While its clinical finding maybe nonspecific and mimic many other disease processes. Radiographic findings specific to the corpus callosum allow for the diagnosis to be made accurately. Early treatment with thiamine allows patients the greatest opportunity for neurological improvement and occasional reversal of findings noted on imaging.

419 MODULATION OF FATTY ACID AMIDE HYDROLASE: A VIEABLE TREATMENT FOR ALCOHOL USE DISORDER?

G Niemela*, 1,2 G Terry. 1University of Washington School of Medicine, Spokane, WA; 2University of Washington School of Medicine, Seattle, WA; 3US Department of Veterans Affairs, Seattle, WA

Purpose of Study Research suggests that chronic alcohol exposure induces changes in the endocannabinoid system within the CNS and therefore could be an attractive target for better understanding alcohol use disorder (AUD). Much of this research has focused on the CB1 receptor as it is densely expressed in brain regions involved in addictive behaviors. Recent evidence suggests that chronic alcohol exposure induces changes in the modulation of endocannabinoid concentration, including a partial agonist for the CB1 receptor, anandamide, and these changes may contribute to the motivation to abuse alcohol. Therefore, we performed a literature review to evaluate how fatty acid amide hydrolase (FAAH), an enzyme that degrades anandamide, relates to the characteristics and biology of AUD and how modulating FAAH via pharmacologic inhibition or genetic manipulation effects outcomes related to alcohol use and consumption.

Methods Used We developed a search strategy using the terms ‘endocannabinoids’ or ‘drug delivery systems’ and ‘alcohol dependence’ or ‘alcohol use disorder’ or ‘alcoholism’ and ‘Fatty Acid Amide Hydrolase’, and ‘FAAH’ as text words and Medical Subject Headings. This search strategy was used on the electronic databases PubMed, Embase, and Web of Science.

Summary of Results We found 224 records; after removing repeated records (37%), articles that did not fit the topic question (47%), or were not primary research (4%), we included 27 for qualitative synthesis (12%). The literature suggests that a missense mutation in the FAAH gene, leading to reduced FAAH, is associated with various substance use disorders. Further, it suggests reduced FAAH may lead to increased intake with reduced sensitivity to alcohol. However, reduced FAAH may also lead to a reduction in reinstatement of alcohol intake and anxiety in withdrawal.

Conclusions The literature clearly suggests FAAH has a role in the biology and characteristics of AUD. FAAH inhibition seems promising as a therapeutic intervention of AUD during withdrawal due to its anxiolytic properties. However, decreased FAAH may also exacerbate some characteristics of AUD outside of that period.
A RARE PANDYSAUTONOMIC VARIANT OF GUILLAIN-BARRE SYNDROME

F Venter, F Nasrawi, J Bhaika, J Patel, L Liang, E Tagaloa. Kern Medical Center, Bakersfield, CA

10.1136/jim-2021-WRMC.419

Purpose of Study Acute pandysautonomia is a rare disorder characterized by autonomic failure affecting sympathetic, parasympathetic, and enteric functions. We present a unique case, pandysautonomia variant of atypical Guillain-Barré Syndrome in a young, healthy Hispanic female who presented with orthostatic hypotension, gastrointestinal symptoms, bladder dysfunction and sensory demyelination. Our team aims to share this interesting case with the medical community.

Methods Used Retrospective case report

Summary of Results A 21-year-old Hispanic female presented to the emergency department with abdominal pain, diarrhea, nausea, vomiting, anorexia, urinary retention, and ascending weakness for a month. Weakness started at her toes progressing to the mid-thigh level, accompanied with complete loss of sensation in distal extremities. Upper extremity weakness started at the fingers progressing to the elbows. Patient endorsed myalgia in her thighs, upper arms, and lower back, accompanied with light-headedness triggered by standing. IVIG was initiated for GBS without improvement. She received 6 cycles of plasmapheresis, with transient improvement, followed by relapse and worsening symptoms. Another 6 cycles were completed, with moderate improvement. Uniquely, our patient suffered more pronounced autonomic dysfunction, specifically orthostatic hypotension requiring midodrine and fludrocortisone. This patient endured persistent nausea and vomiting throughout her admission due to gastroparesis refractory to multiple medications. She developed symptoms of postural orthostatic tachycardia syndrome, ondansetron, metoclopramide, promethazine, dihydrocodeine, erythromycin, scopolamine, diphenhydramine, and lactulose. Her neurological examination revealed severe lower extremity weakness for a month. Weakness started at her toes progressing to the elbows. Patient endorsed light-headedness triggered by standing.

Conclusions Acute pandysautonomia is a uncommon variant of GBS with unclear etiology requiring further research. Encephalopathy, seizure-like activity, mood changes, sympathetic and parasympathetic involvement are components of atypical GBS and warrant an investigation of GBS subtypes. Plasma pheresis is an effective treatment when refractory to IVIG. In our case, pyridostigmine showed significant improvement of gastrointestinal symptoms.

Efficacy and Safety of Using EBUS-TBNA in a Rare Case of Epithelial Thymic Cancer

T Issa, R Sharma, S Aboaid, A Aboeed. UCLA- Kern Medical, Bakersfield, CA

10.1136/jim-2021-WRMC.420

Purpose of Study The most common tumors of the anterior mediastinum are thymic tumors and lymphomas. In this paper we discuss the use of Endobronchial ultrasound transbronchial needle aspiration (EBUS-TBNA). Comparison of in approaching a mediastinal mass as comparison with mediastinoscopy. Surgical biopsy is considered gold standard for diagnosing mediastinal mass, though is an invasive procedure. EBUS-TBNA is a minimally invasive procedure capable of providing valuable information for primary tumor diagnosis and mediastinal staging.

Methods Used A 71-year-old male with CKD III, HTN, DM, history of prostate adenocarcinoma and 30-pack-year smoking history. The patient was recently evaluated for new onset hoarseness where he underwent flexible nasopharyngoscopy and was diagnosed with left vocal cord paralysis.

Given the patient’s history of prostate cancer and elevated PSA, tobacco use and the unilateral vocal cord paralysis there was a concern for malignancy. MRI of the head, chest and neck, without contrast demonstrated a 7.9 × 5.5 × 6.7 cm mass in the left upper mediastinum. Subsequent PET-CT scan confirmed location of the mass engulfing the great vessels at the level of the aortic arch and thoracic inlet with evidence of Small Bilateral hilar lymphadenopathy.

Due to the multiple comorbidities, encasing mediastinal great vessels making resection is not feasible and the patient preferred less invasive method for diagnosis. Bronchoscopy with EBUS-TBNA technique was performed.

Summary of Results Histopathology demonstrated epithelial thymic cancer.

In our case we were able to provide an accurate diagnosis of thymic carcinoma using EBUS-TBNA, satisfying patient’s preference and preventing additional hospital stay or postoperative complications.

Conclusions Different techniques can be used for evaluation of mediastinal mass. Due to its high accuracy and safety, EBUS-TBNA should be considered as a useful technique for the diagnosis of mediastinal masses especially if tumors are not feasible to resection as claimed by imaging. Further randomized controlled studies are required to validate the safety and efficacy of this approach as the first line or standard of care.
zones bilaterally sparing the costophrenic angles. A PET/CT demonstrated PET-avid mediasternal and supraclavicular lymphadenopathy and concern for widely metastatic disease. A supraclavicular lymph node biopsy was performed that demonstrated pulmonary adenocarcinoma (K7+, CK20+, TTF-1+, PD-L1 20%). Alpha-1 antitrypsin level was normal. Echocardiogram showed an elevated right ventricular systolic pressure of 80 mmHg with moderate right ventricular dysfunction. MRI of his head demonstrated a frontal bone lesion. Based on his radiographic imaging and clinical picture he was diagnosed with Pulmonary Langerhans Cell Histiocytosis (PLCH). This patient demonstrated features of extrathoracic involvement given his frontal bone lesion, liver and lymph node involvement. He also had evidence of pulmonary hypertension, which can occur in PLCH from a proliferative vasculopathy involving muscular pulmonary arteries and veins. Given the association with tobacco smoking, adult patients with PLCH are higher risk for lung cancers.

Purpose of Study Urologic Chronic Pelvic Pain Syndrome (UCPPS) is a complex disorder characterized by chronic pain originating in the pelvic organs, and significantly impacts quality of life in affected patients. The syndrome occurs in both females and males with an estimated prevalence of up to 26.6% across the world (Tam, Loeb, Grajower, Kim, & Weissbart, 2018). The pathophysiological mechanisms underlying UCPPS are not well understood making it difficult to develop effective therapeutic approaches.

Methods Used The diagnosis of UCPPS is primarily based on the exclusion of other potential causes of chronic pelvic pain, and includes a thorough physical and medical history examination, followed by appropriate selection of first- and second-line therapies. Currently available treatment options include both pharmaceutical and non-pharmaceutical interventions. Treating the symptoms of the condition to improve the quality of life of patients is at the forefront. A comprehensive overview of the published clinical and translational studies summarizing UCPPS pathological mechanisms, treatment options and their efficacies was performed using PubMed.

Summary of Results An accurate diagnosis of UCPPS is critical in order to reduce patient frustration associated with visiting multiple physicians before receiving the final diagnosis. Physicians can utilize the plethora of existing symptoms that are associated with UCPPS alongside a thorough physical examination, history, imaging techniques, and labs in order to reach an accurate diagnosis. First-line treatments for UCPPS can be made more reproducible based on existing data regarding the efficacy of non-pharmaceutical and pharmaceutical interventions.

Conclusions UCPPS is a chronic pelvic pain functional disorder complicated by co-morbid conditions, and is characterized by a plethora of symptoms. If an accurate diagnosis of UCPPS is to be reached, it is imperative that the physicians from multiple disciplines (urologists, urogynecologists, psychologists) work together with the patient to understand and differentiate UCPPS from other conditions using a patient interview, imaging, and lab tests. Timely diagnosis of UCPPS followed by appropriate first-line treatments can significantly improve quality of life in affected patients.

Purpose of Study Minimally invasive procedures for treating benign prostatic hyperplasia (BPH) and low-risk localized prostate cancer in certain patients have gained popularity because they mitigate the risks of traditional prostate surgery, such as damage to the neurovascular bundle and urethra [1]. Multi-parametric magnetic resonance imaging (mpMRI) is the accepted imaging modality for evaluation of the prostate gland and provides both anatomical and functional information [2]. As prostate mpMRI and minimally invasive prostate procedure volumes increase, it is important for radiologists to be familiar with normal post-procedure imaging findings and potential complications.

Methods Used A systematic literature search and review was conducted to assess studies describing prostatectomy embolization, prostate urethral lift, irreversible electroporation, photodynamic therapy, high intensity focused ultrasound, focal cryotherapy, and focal laser ablation. We examined mpMRI post-procedural cases to demonstrate characteristic findings for presentation and review.

Summary of Results Minimally invasive procedures have advantages over traditional prostatectomy including lower risk of complications, shorter length of hospital stay, and a more favorable safety profile. All of the procedures distort the prostate’s appearance with characteristic findings following a specific timeline. Irreversible electroporation may also introduce mpMRI artifacts.

Conclusions Minimally invasive procedures can effectively treat BPH and localized prostate cancers in specific patients with fewer complications than traditional approaches such as prostatectomy. Radiologists reading prostate mpMRI should be familiar with these procedures and their associated complications and post-procedure imaging findings to ensure accurate interpretation.

Purpose of Study Outcome measures are of paramount importance in generating high quality evidence across medical literature. However, appropriate outcome measures are far less clear to identify in orthopaedic surgical literature, as it is not uncommon to see subjective outcomes used as surrogates for objective clinical outcomes. The objective of
this study was to conduct a systematic review of the orthopaedic literature to assess the prevalence and frequency of subjective outcome measures used as surrogates for objective outcome measures.

Methods Used A systematic review of orthopaedic literature published in 2018 was conducted. Clinical articles published in the Journal of Bone and Joint Surgery or the Bone & Joint Journal were eligible for inclusion. Basic science articles or case studies were excluded. Data was recorded using Microsoft Excel and classified based on criteria such as article title, article type, year of publication, perceived use of subjective outcomes, primary outcomes, and survival analysis. Keywords used were 'revision surgery', 'need to re-operate', 'infection', and 'complication.' Articles that contained a subjective outcome measure due to pain alone were excluded, as pain is inherently subjective. Two independent reviewers reviewed all article abstracts to determine eligibility for inclusion; a third reviewer resolved disagreements on article inclusion.

Summary of Results Of the 650 articles included in analysis, 184 (28.1%) displayed subjective outcomes including revision surgery, complications, infection, or need for re-operation. Complications (100/184) and infection (98/184) were especially prevalent as subjective outcome measures.

Conclusions A substantial number of articles in the orthopaedic literature use and rely on subjective outcome measures, which can impact study quality and strength of the evidence while creating issues with cross-study comparison or meta-analyses. An increased use of subjective outcome measures also correlates with surgeon decision-making. Steps should be taken to minimize the use of subjective outcome measures as surrogates for objective clinical measures.

### Abstract 427 Table 1 FD vs. Round C-arm radiation doses

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<td>(18.36 ±30.67)</td>
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<td>(41.49 ±46.94)</td>
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mA were recorded (table 1). T-tests were used for analysis with p<0.05 considered significant.

Summary of Results Table 1: FD vs. Round C-arm Radiation Doses

Conclusions While modern FD systems claim lower radiation doses, this was not demonstrated in our study. When the FD and round C-arms were compared at the lowest possible pulsed fluoroscopy settings, the FD resulted in 3–4x greater radiation exposure. Round C-arms should be employed when very low doses of radiation are required including when operating on pregnant patients or in children.

### Abstract 428 PERIOPERATIVE COMPARTMENT SYNDROME AFTER FREE FLAP RECONSTRUCTION: A CASE REPORT AND LITERATURE REVIEW

**Purpose of Study** Medical radiation exposure is a significant concern for patients and health care workers. During fluoroscopy, flat panel detector systems have claimed to reduce radiation exposure by providing superior image quality at lower radiation doses. This study tested that theory by comparing the cumulative radiation dose between the OEC Elite CMOS Flat Detector (FD) and the conventional OEC 9800 Image Intensifier C-Arm (round) during a simulated right ureteroscopy.

**Methods Used** In a simulated right ureteroscopy cadaver model, optically stimulated luminescence (OSL) chips were implanted on the anterior kidney capsule, posterior & anterior skin overlying the right kidney, and at the edge of the field of view. 5 trials were performed at 6 different C-arm settings: 1) FD standard fluoroscopy mode with the lowest pulsed setting (4PPS), 2) FD low-dose mode at 4PPS, 3) Round standard fluoroscopy mode with the lowest pulsed setting (1PPS), 4) Round standard fluoroscopy mode at 4PPS, 5) Round low-dose mode at 1PPS, and 6) Round low-dose mode at 4PPS. All trials used 5 minutes of fluoroscopy in 20 second bursts with automatic brightness control. Radiation dose, kVP, and kVP/mA were measured.

**Introduction** Upper extremity compartment syndrome (CS) is a devastating complication most often associated with trauma. Few reports exist of CS in the perioperative setting. Given the prolonged duration of complex surgeries, operative positioning can play a major role in ischemic compression. We present a case of forearm CS in a tucked extremity during a free fibula flap.

**Methods** The hospital course of our patient was retrospectively reviewed, followed by a literature review on postoperative CS. A 34-year-old man, BMI 36 kg/m², underwent resection of mandibular cancer and reconstruction with a free fibula flap from the right lower extremity. The case was 9.5 hours, in supine position. The left arm was abducted on an arm board and the right arm was adducted, palm against thigh and tucked within an arm sled. The following morning, the patient had excruciating right arm pain. The forearm was tense, immobile, and erythematous. A hand surgeon performed...
emergent fasciotomies. All muscle groups appeared viable upon decompression. He recovered full right upper extremity sensation and function at 3 months.

**Results** Literature review revealed an incidence of 0.6 per 100,000 of CS of the hand or forearm requiring fasciotomies in the acute postoperative setting. The majority of patients who developed CS had BMI > 35 kg/m², procedure duration greater than 3 hours, and the affected extremity was often tucked against the patient.

**Discussion** We believe operative positioning precipitated upper extremity CS in the presented case. Prolonged tucked positioning, obesity, and immobility from anesthesia may contribute to venous obstruction and compromised perfusion. Due to infrequency, surgical personnel may not be vigilant about extremity compression. We recommend untucking when feasible, ranging extremities every few hours intraoperatively, and postoperative monitoring of untouched extremities. CS is clinically diagnosed, and a high index of suspicion must be maintained perioperatively for early recognition and intervention.

**Purpose of Study**

Breast reconstruction was classically delayed until radiation was complete in breast cancer patients requiring post-mastectomy radiation therapy (PMRT) to optimize outcomes. However, with modern radiation therapy immediate autologous breast reconstruction has increased in popularity in management of patients requiring PMRT. This algorithm minimizes operations needed and alleviates the psychological impact of living without a breast during treatment. The safety and impact of radiation on reconstructed breasts remains to be established. This study aimed to compare immediate versus delayed autologous reconstruction in the setting of PMRT to determine optimal sequencing of reconstruction and radiation.

**Methods Used**

A systematic review of the literature found 292 studies meeting criteria for full-text review and 46 underwent meta-analysis. 2277 immediate reconstruction patients and 1662 delayed reconstruction patients were included. Mean patient age was 47.6 years. Mean post-operative follow-up was 33.4 months. Early complications analyzed included flap loss, fat necrosis, thrombosis, seroma, hematoma, infection and skin dehiscence. Late complications included fibrosis or contracture, severe asymmetry, hyperpigmentation and decreased flap volume.

**Summary of Results** Mean complication rates were comparable in delayed versus immediate reconstruction groups respectively, with fat necrosis at 9.89% and 8.12% (p=0.08), flap loss 1.80% and 1.35% (p=0.29), hematoma 14.23% and 7.75% (p=0.39), infection 4.68% and 8.47% (p=0.16) and thrombosis 3.85% and 5.34% (p=0.38). Seroma rates were significantly decreased at 2.49% versus 15.31% (p=0.009).

**Conclusions** Complication rates are comparable between immediate and delayed breast reconstruction in the setting of PMRT. Given the benefits conferred by immediate reconstruction, immediate autologous breast reconstruction should be considered a viable treatment option in patients requiring PMRT.

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**SYSTEMATIC REVIEW AND META-ANALYSIS OF DELAYED VERSUS IMMEDIATE AUTOLOGOUS BREAST RECONSTRUCTION IN THE SETTING OF POST-MASTECTOMY RADIATION THERAPY**

[L. Hunt*, N Chen, JD Belle, A Amasyali, D Baldwin. Loma Linda University, Loma Linda, CA](10.1136/jim-2021-WRMC.427)

**Purpose of Study**

Breast reconstruction was classically delayed until radiation was complete in breast cancer patients requiring post-mastectomy radiation therapy (PMRT) to optimize outcomes. However, with modern radiation therapy immediate autologous breast reconstruction has increased in popularity in management of patients requiring PMRT. This algorithm minimizes operations needed and alleviates the psychological impact of living without a breast during treatment. The safety and impact of radiation on reconstructed breasts remains to be established. This study aimed to compare immediate versus delayed autologous reconstruction in the setting of PMRT to determine optimal sequencing of reconstruction and radiation.

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**Conclusions** Complication rates are comparable between immediate and delayed breast reconstruction in the setting of PMRT. Given the benefits conferred by immediate reconstruction, immediate autologous breast reconstruction should be considered a viable treatment option in patients requiring PMRT.
greatest concern for the thyroid sleeve, followed by exposure to pathogens, fomites, cleaning protocols, odor, and comfort. The majority of responders indicated contact precautions were ‘extremely important’ (81%). Both designs were highly rated (9.12 vs 7.89, p=0.050, design 2 vs 1, respectively), but responders indicated design 2 was easier to use (8.76 vs 7.94, p=0.303), more comfortable (9.24 vs 7.89, p=0.039), more protective (9.29 vs 8.11, p=0.041), and more durable (8.82 vs 7.94, p=0.148). When asked for overall preference, 92% of participants indicated the second design.

Conclusions Providing staff with a functional, disposable sleeve for covering the thyroid shield could prevent exposure and transmission of pathogens between surgical staff and patients. In addition, these protectors could remove a potential reason to avoid thyroid shield use and thereby reduce radiation exposure.

HELMETS ON! PREVENTING PEDIATRIC TRAUMATIC BRAIN INJURY THROUGH TEACHING ALL-TERRAIN VEHICLE SAFETY IN ALASKA

1K Lukhin*, 2E Brownson. University of Washington School of Medicine, Seattle, WA; 2Alaska Native Medical Center, Anchorage, AK

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Purpose of Study All-terrain vehicles (ATV) are essential in rural Alaskan communities; however, ATV accidents are among the leading causes of traumatic brain injuries (TBI) in Alaska, with Alaska Native (AN) people experiencing twice the rate of TBI hospitalizations compared to non-Native people. Alaska Trauma Registry data from 2007–2016 demonstrate the highest rates of TBI for AN people occur in the 10–29 age range, their most common cause being ATV incidents. Absence of helmet use has been shown to be a critical factor in the rate and severity of ATV-related TBIs (Rostas et. al, 2014, Mazotas et. al, 2014).

Methods Used In response to TBI injury disparities in AN youth, the Alaska Native Medical Center developed the ATV Safety Toolkit for students in grades 6–12. The toolkit includes five lessons: ATVs and TBIs, Helmet Use, Safe Speed, Driving Under the Influence, and Following Manufacturer’s Recommendations. In 2019, the toolkit was piloted in a rural Alaskan school and taught to 55 students in grades 6–12. In 2020, a medical student revised the course to be instructed over five 50-minute sessions and integrated the safety lessons with hands-on science, technology, engineering, and math (STEM) activities. The medical student presented to a focus group of teachers and conducted a feedback survey to evaluate the course content and effectiveness.

Summary of Results This curriculum was evaluated by 12 teachers from four rural Alaskan communities, the majority teaching math or science in grades 6–12. All the teachers strongly agreed or agreed that the course was effective in teaching students about ATV safety and helmet use, that the curriculum was appropriate for rural communities, and that they could teach the course independently. Review of trauma registry data showed no ATV-related injuries from the pilot community in 2019 and one ATV-related injury in 2020.

Conclusions The ATV Safety Toolkit addresses TBI injury disparities in AN youth. This curriculum is designed for rural communities and can be taught by teachers annually to sustain injury prevention education. Further data will need to be collected on youth helmet use and ATV-related injuries to measure long term outcomes. Future efforts include passing legislation to enforce ATV helmet use state-wide.

SEASONAL TRENDS IN OPERATIVE PEDIATRIC SUPRACONDYLAR AND FEMUR FRACTURES AT A PEDIATRIC LEVEL 1 TRAUMA CENTER

1T Tetraault, 1A Mahajan*, 1l Silveira, 2C Howell, 1J Sanders. 1University of Colorado School of Medicine, Aurora, CO; 2Childrens Hospital Colorado, Aurora, CO

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Purpose of Study Supracondylar humerus and femoral shaft fractures are two common injuries managed by pediatric trauma centers. While anecdotally we see an increase in many injuries with warmer weather, no studies in the United States have evaluated this subjective trend. The purpose of this study was to describe the seasonal variation in the incidence of operative pediatric supracondylar humerus and femur fractures, and the relative burden of these injuries on hospital census.

Methods Used We performed an IRB-approved, retrospective review of 1626 supracondylar humerus and 607 femur fractures treated operatively between 2012 and 2018 at a single level 1 pediatric trauma center. Dates of injury were identified as weekday versus weekend, and temperature and precipitation data was obtained through the National Weather Service.

Summary of Results Together, supracondylar humerus and femur fractures account for between 6% and 25% of orthopedic admissions. For every 10 degree (F) increase in temperature, there was a 10% increased likelihood of femur fracture and a 25% increased likelihood of supracondylar humerus fracture (p=0.03 and p<0.0001 respectively). Femur fractures were less likely to occur on weekdays compared to weekends (OR 0.65, p=0.0001) and less likely to occur on days with precipitation (OR 0.39, p=0.03), while supracondylar humerus fractures demonstrated no significant weekly or precipitation-related trends.

Conclusions As often anecdotally reported, supracondylar humerus fracture volumes mirror temperature variations annually. Femur fractures appear to have more complex trends, with higher volumes on weekends regardless of season. Geographic variation in temperature, precipitation and proximity to seasonal activities such as snow skiing may contribute to injury volumes.

RARE CASE OF INGUINAL HERNIA

1F Moshtagh Sisan*, 1J Davis. 1Western University of Health Sciences, Pomona, CA; 2Arrowhead Regional Medical Center, Colton, CA

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Purpose of Study Inguinal hernia is a protrusion of an organ through the abdominal wall that normally contains it. Amyand’s hernia is a rare form of inguinal hernia that contains the vermiform appendix. It has an incidence rate of 1% and 0.1% of these cases will present with a perforated appendix or appendicitis. Inguinal bladder hernia is another rare form of inguinal hernia that contains bladder in hernia
Changes in Teaching Perspectives of Plastic Surgeons over 12 Years

Purpose of Study This study looks at the teaching perspectives of the Vancouver plastic surgery faculty at the University of British Columbia (UBC) using the Teaching Perspectives Inventory (TPI). Data collected in 2019 is compared to TPI data from 2007. As changes to clinical training have occurred, the TPI was re-administered to the Vancouver plastic surgery faculty at the University of British Columbia (UBC). The data sets for 2007 and 2019 were compared and data for faculty in both data sets were analyzed for change.

Methods Used Retrospective case report. Data collected in 2019 is compared to TPI data from 2007. As changes to clinical training have occurred, the TPI was re-administered to the Vancouver plastic surgery faculty at the University of British Columbia (UBC). The data sets for 2007 and 2019 were compared and data for faculty in both data sets were analyzed for change.

Summary of Results Apprenticeship was the most common dominant perspective in both cohorts; 7/14 in the 2007 cohort and 8/15 in the 2019 cohort. The mean score for the Apprenticeship perspective increased from 35.8 to 37.2 (out of 45) over the 12 years. The most common recessive perspective was Social Reform with 14/14 in the 2007 cohort and 13/15 in the 2019 cohort. Of the 9 surgeons that completed the TPI in both cohorts, the biggest change was in the Apprenticeship dominant perspective, from 2/9 in 2007 to 5/9 in 2019. The change in score for the Apprenticeship perspective was greater than the change in score for the other four perspectives. One surgeon shifted to Nurturing as their new dominant teaching perspective. Overall there was an increase in concordance for Belief, Intention and Action for all five perspectives.

Conclusions There was no statistically significant difference or change between the TPI results between the 2007 and 2019 cohort. Apprenticeship remains the dominant teaching perspective among UBC plastic surgery faculty and may have become even more dominant among faculty participants who participated in both cohorts. This perspective aligns well with the CBD framework being implemented now in resident education.

An Assessment of Quality of Life Following Tissue Expansion in Pediatric Patients

Purpose of Study Tissue expansion (TE) is a surgical technique where healthy skin is stretched to create new skin to reconstruct large skin defects. These defects can result from the surgical removal of unfavourable scars or large birthmarks, such as giant congenital melanocytic nevi (GCMN), to improve a child’s quality of life (QOL). This study investigated health-related QOL in children following TE.

Methods Used This prospective study included children who underwent TE at BC Children’s Hospital between October 1, 2004 and March 15, 2020. To measure QOL, participants completed the Glasgow Children’s Benefit Inventory (GCBI), or the Glasgow Benefit Inventory (GBI) for patients who were adults at the time of the study. Total scores range from -100 (worsened QOL) to +100 (improved QOL). Participants were also asked if they would recommend TE to other patients with the same surgical indication.

Summary of Results The response rate was 29% (n=15), including 9 females and 6 males. The most frequent surgical indications were GCMN (33%) and scar (33%). The median total GCBI and GBI scores were 0 (IQR -16 – +47) and 36 (IQR +18 – 61), respectively. 14/15 participants would recommend TE to another child with a similar surgical indication. Participants who saw an overall increase in QOL were debrided. The hernia was repaired without a mesh. A 41-year-old male with a PMH of obesity and alcoholism, and no PSH presented to the ED for enlarged, tender, erythematous and edematous right scrotum. Lab analysis revealed leukocytosis, hyponatremia, elevated serum creatinine and BUN. Pelvic CT revealed moderate right inguinal hernia with questionable urinary bladder involvement versus abscess formation from the perforated appendix.

 Initially, laparoscopic approach was chosen, but was converted to open scrotal approach. Intraoperatively, a large herniated mass containing perforated appendix and urinary bladder was appreciated extending into the scrotum. The appendix was removed through open appendectomy. The urinary bladder was repositioned into its anatomical position, and necrotic tissue in the upper scrotum and inguinal canal were debrided. The hernia was repaired without a mesh. This hernia has been reported to occur in around 1–4% of hernia cases. Inguinal hernia that contains both urinary bladder and vermiform appendix complicated with perforated appendix as seen in our patient has been rarely reported.

Summary of Results A 41-year-old male with a PMH of obesity and alcoholism, and no PSH presented to the ED with complaint of urinary hesitancy, right scrotal pain and edema for 5 days. The physical examination was remarkable for enlarged, tender, erythematous and edematous right scrotum. Lab analysis revealed leukocytosis, hyponatremia, elevated serum creatinine and BUN. Pelvic CT revealed moderate right inguinal hernia with questionable urinary bladder involvement versus abscess formation from the perforated appendix. This hernia has been reported to occur in around 1–4% of hernia cases. Inguinal hernia that contains both urinary bladder and vermiform appendix complicated with perforated appendix as seen in our patient has been rarely reported.

Discussion Most reports encourage a less invasive surgical approach for treatment of Amyand’s hernia or inguinal bladder hernia. We were unable to reduce the hernia sac that contained both perforated appendix and urinary bladder through a laparoscopic approach and converted to laparotomy through scrotum. The outcome of our open surgery was similar to reported laparoscopic surgeries as our emphasis was placed on identification of contents of the hernia to avoid surgical bladder or intestine injuries. Mesh was not used in our case due to perforated appendicitis and necrotic scrotal tissue to avoid increased risk of sepsis, and wound infection.
related concerns. One participant, whose QOL decreased, would not recommend TE as they were unhappy with residual scarring.

Conclusions Our study identified a range in QOL outcomes following TE. Despite this finding, the majority of participants would recommend TE to a patient with a similar surgical indication. These preliminary results may help clinicians and patients better understand QOL outcomes in this patient population, and highlights a need for further research.

EXPLORING DIGITAL PLATFORMS FOR THE CLEFT-Q: A QUALITATIVE STUDY

V Sebag*, T Omeis, D Courtemanche, R Courtemanche, M Bucovska. BC Children’s Hospital, Montreal, QC, Canada
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Purpose of Study The CLEFT-Q® is a validated Patient Reported Outcome Measure (PROM) for patients aged 8 to 29y with Cleft Lip and/or Palate (CLP). The e-version of the questionnaire is currently administered using REDCap software, a simple black and white interface. The Tickit platform has been used for other questionnaires and offers animations and colors in the survey design. This study aims to determine if using animations and colors in the presentation of the CLEFT-Q will affect the overall experience of patients answering the questions, and affect their answers. Administering the CLEFT-Q while enhancing patient comfort should allow healthcare providers to collect greater and more accurate data, which is beneficial in the continued effort to understand patient expectations and outcomes.

Methods Used Individuals aged 8–29y with CLP living in British Columbia were invited to complete the same portion of the CLEFT-Q using both REDCap and Tickit. Focus groups or individual interviews were held after completing the questionnaires to obtain participant feedback on their experience. The focus groups/interviews were audio-recorded to analyze feedback. Responses to the questions were compared from one platform to the other, to assess whether survey design affected answers.

Summary of Results 21 of 26 participants preferred completing the CLEFT-Q on Tickit. They felt that the use of colors and animations made the questionnaire less intimidating and more engaging, making it easier to answer emotionally charged questions. They also felt that looking at one question at a time on Tickit allowed them to answer more honestly without comparing answers. Conversely, some participants appreciated the simplicity and efficacy of having all the questions on one page with REDCap. 24% of participant responses for the same question differed from one platform to the other, 54% of which were associated with a more positive response on REDCap.

Conclusions Using different software for the administration of patient reported outcome questionnaires can affect the experience of patients answering questions. Most participants preferred the CLEFT-Q on Tickit, they felt that the layout was more engaging and less intimidating as they answered personal questions. These results support further development and validation of the Tickit version of the CLEFT-Q.
clavulanic acid and fluconazole for 15 days based on sensitivity. The degree of obstruction was evaluated with antegrade nephrostogram, which revealed aberrant communication between the right-mid ureter and the duodenum, confirmed with repeat CT. The patient was kept NPO, and TPN was initiated. Urology and general surgery were consulted, and a right radical nephrectomy and resection of duodenal fistula repair was initiated. Extensive tissue adhesion was dissected to release the atrophic right kidney while sparing the right adrenal gland. Fistulas were identified, tagged and resected on the proximal ureter and the right renal pelvis. Defects on the duodenum were then approximated and primarily repaired with interrupted Lambert suture. The surgical sample was sent for immunohistological staining, which showed extensive mononuclear cell infiltration and lipid-laden macrophages, indicative of xanthogranulomatous pyelonephritis. The remaining hospital stay was uncomplicated. He was discharged 9 days post-op and reported no complaints in follow-up.

Conclusions Xanthogranulomatous pyelonephritis although rare, can cause fistulas between the kidney and surrounding anatomical structures.

Abstract 439 Figure 1 Comparison of serum Galectin-3 levels between healthy volunteers (n=10) and deceased donors (n=64)

Methods Used Invitrogen Human Galectin-3 ELISA was used to analyze serum levels of Galectin-3 in healthy donors (n = 10) and deceased liver donors (n = 64) collected immediately prior to graft procurement. Unpaired t-test was performed with GraphPad Prism 7. We used a p-value <0.05 for statistical significance.

Summary of Results Deceased donors had significantly higher levels of serum Galectin-3 (mean 17.17 ng/ml, SD 7.52) in comparison to healthy controls (mean 11.49 ng/ml, SD 4.48).

Conclusions Deceased liver donors show an increase in circulating extracellular Galectin-3 as compared to healthy controls illustrating the inflammatory processes in liver donors immediately prior to organ procurement. Future studies will characterize the relationship between Galectin-3 levels in the donors and transplantation outcomes in the recipients.

440 AMERICAN COLLEGE OF SURGEONS NEW LEVEL I CHILDREN’S SURGERY CENTER VERIFICATION IMPROVES EFFICIENCY IN TREATING ORTHOPAEDIC TRAUMA PATIENTS WITH FEMUR FRACTURES

C White*, HB Leshikar, B Haus. UC Davis Children’s Hospital, Sacramento, CA

Purpose of Study In 2015, the American College of Surgeons (ACS) created a new hospital designation to improve the efficiency and performance of care in American Children’s Hospitals. The Level I Children’s Surgery Center (L1 CSC) verification is achieved when a hospital system demonstrates excellence in its infrastructure and operations toward pediatric-specific care. Important elements include 24/7 availability of Pediatric surgical subspecialties, nursing, and Anesthesia teams, access to pediatric beds, quality improvement programs, and hospital quality enhancements. Efficient care of pediatric femur fractures is representative of the highest level of care for pediatric trauma patients. The study was performed at one of six ACS pilot sites for the ACS Level I verification, to determine the designation’s effect in improving the efficiency of managing orthopaedic trauma patients.

Methods Used A retrospective analysis of pediatric orthopaedic trauma femur fractures treated at a suburban academic center over two 5-year intervals before (2010–2014) and after (2015–2019) L1 CSC verification. Efficiency parameters, defined as time from admission to surgery, duration of surgery, time from wound closure to OR exit, and duration of hospital stay, were compared between time periods. Welch’s t-test was used to compare normative data.

Summary of Results Of 326 traumatic femur fractures analyzed, 122 occurred before the implementation of policies meeting ACS L1 CSC criteria and 204 occurred after – reflecting a 25.16% increase in femur fracture referrals. Patients treated within the first 24 hrs demonstrated a decrease in mean wait time from admission to surgery, 13.73 hrs before; 11.09 hrs after (p<0.01), and duration of hospital stay, 100.55 hrs before; 71.44 hrs after (p<0.01). There was no significant change in duration of surgery, 1.84 hrs before; 1.75 hrs after (p=0.47), or elapsed time from surgery closure to OR exit, 0.24 hrs before; 0.24 hrs after (p=0.94).

Conclusions Implementing hospital infrastructure and policies requisite for ACS L1 CSC certification is associated with increased efficiency in treating Pediatric trauma patients by...
decreasing the time elapsed from ED admission to surgery start time and overall time of hospitalization.

**441** IMPROVED EFFICIENCY IN TREATING ORTHOPAEDIC TRAUMA PATIENTS WITH SUPRACONDYLAR ELBOW FRACTURES AFTER AMERICAN COLLEGE OF SURGEONS LEVEL I CHILDREN’S SURGERY CENTER VERIFICATION

C White*, HB Leshikar, B Haus. UC Davis Children’s Hospital, Sacramento, CA

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**Purpose of Study** In 2015, the American College of Surgeons (ACS) created a new hospital designation to improve the efficiency and performance of care in American Children’s Hospitals. The Level I Children’s Surgery Center (L1 CSC) verification is achieved when a hospital system demonstrates excellence in its infrastructure and operations toward pediatric-specific care. Important elements include 24/7 availability of Pediatric surgical subspecialties, nursing, and Anesthesia teams, access to pediatric beds, quality improvement programs, and hospital quality enhancements. Efficient care of pediatric urgent supracondylar elbow fractures is representative of the highest level of care for pediatric trauma patients. The study was performed at 1 of 6 ACS pilot sites for the ACS Level I verification, to determine the designation’s effect in improving the efficiency of managing orthopaedic trauma patients.

**Methods Used** A retrospective analysis of pediatric orthopaedic traumatic supracondylar fractures treated at an academic center over two 5-year intervals before (2010–2014) and after (2015–2019) L1 CSC verification. Efficiency parameters, defined as time from admission to surgery, duration of surgery, time from wound closure to OR exit, and length of hospital stay, were compared between time periods. Welch’s t-test was used to compare normative data.

**Summary of Results** Of 754 traumatic supracondylar fractures analyzed, 205 occurred before the implementation of policies meeting ACS L1 CSC criteria and 549 occurred after — reflecting a 45.62% increase in supracondylar fracture referrals. Patients treated within the first 24 hrs demonstrated a decrease in mean wait time from admission to surgery, 10.37 hrs before; 8.71 hrs after (p<0.01), and duration of hospital stay, 33.89 hrs before; 21.68 hrs after (p<0.01). There was no significant change in duration of surgery, 0.97 hrs before; 0.93 hrs after (p=0.49), or elapsed time from surgery closure to OR exit, 0.22 hrs before; 0.20 hrs after (p=0.10).

**Conclusions** Implementing hospital infrastructure and policies requisite for ACS L1 CSC verification is associated with increased efficiency in treating Pediatric trauma patients by decreasing the time elapsed from ED admission to surgery and total time of hospitalization.

**442** SINGLE SITE VIDEO ASSISTED THORACOSCOPIC BLEBECTOMY FOR spontaneous PNEUMOTHORAX in a TEENAGER

1T Won*, 2A Muñoz, 3M Sacks, 4YS Mendez, 1L Goodman, 2FA Khan, 2A Radulescu. 1Loma Linda University School of Medicine, Redlands, CA; 2Loma Linda University, Loma Linda, CA

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**Purpose** Surgical treatment for pediatric spontaneous pneumothorax has evolved from open thoracotomy to multiport Video Assisted Thoracoscopic Surgery (VATS). A 16-year-old male with a one-week history of right upper back pain who was found to have a large right-sided spontaneous pneumothorax. Conservative management was attempted, but failed, and he was scheduled for right apical lung blebectomy and mechanical pleurodesis. The decision was made to use a single site approach to minimize sequelae of the surgery.

**Methods Used** Conservative management with chest tube suction was deemed unsuccessful on hospital day five. He was taken to the operating room for a single site VATS with blebectomy and mechanical pleurodesis procedure. The patient was brought to the operating room and a double lumen endotracheal tube was placed for general anesthesia, with single lung ventilation initiated after positioning. The chest tube was removed and the chest tube incision was enlarged slightly to accommodate for the width of the operating surgeon’s index finger. The thoracic cavity was entered and a GelPoint Mini (Applied Medical) containing one 12 mm trocar and two 5 mm trocars were placed. Right apical blebs were resected using a 45 mm purple load endoGIA stapler. Mechanical pleurodesis was performed using cautery scratch pad. A #20 French chest tube was placed after gelport, through the same incision site. The chest wall fascia and skin were closed around the chest tube. Operative time was 64 minutes.

**Summary of Results** His postoperative course was complicated by a minor air leak that sealed by postoperative day five and he was discharged home. The patient was seen at 6-weeks post operation with an excellent cosmetic result.

**Conclusions** Similarly to the rise VATS during the thoracotomy era, single site VATS may become more popular in the pediatric population. This adds to the growing clinical evidence that the single site approach has improved postsurgical outcomes.

**443** AIRWAY MANAGEMENT WITH SEVERE LINGUAL SWELLING: A SYSTEMATIC REVIEW OF THE LITERATURE

WA Wyant*, B Perez, C Diaz. University of Miami School of Medicine, Odessa, FL

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**Purpose of Study** The most recent Advanced Trauma Life Support manual from the American College of Surgeons describes how a cricothyrotomy is preferable to a tracheostomy. This recommendation is based on cricothyrotomy’s being associated with less bleeding, less time in surgery, and less early and late complications. However, despite this recommendation, studies have found a high degree of preference for tracheotomy’s over cricothyrotomy’s in emergent settings, such as in severe lingual enlargement.

**Methods Used** A systematic review of the literature on airway management with severe lingual swelling was conducted. Full-length articles available in English on PubMed and/or Embase that covered case(s) related to active lingual hematomas and their outcomes were included in the final analysis. In addition to 10 eligible articles found on PubMed and Embase, two additional articles, which did not appear with the specified search parameters, were included from the citations of a 2001 review on the topic.

**Summary of Results** Of the final 12 articles analyzed, six depicted patients that underwent a surgical tracheostomy. The systematic review revealed no cases in which a patient underwent a surgical cricothyrotomy.
Conclusions A cricothyrotomy is the intervention of choice for patients that cannot be intubated or ventilated, but studies, including this systematic review, show that it is not routinely performed. This may be explained by the belief that for long-term use, cricothyrotomies need to be converted to tracheostomies to avoid subglottic stenosis. This assumption is primarily based on literature that was published over 80 years ago. Despite a recent article in the Journal of the American Medical Association, which found that there were no benefits associated with converting a cricothyrotomy to a tracheostomy, this assumption persists. Further research is needed to assess the factors influencing clinician procedure preferences, including continuing medical education, to ensure optimal, evidence-based practices.