MUC5B-OVEREXPRESSION PROMOTES INCREASED ER STRESS IN MOUSE MODELS OF PULMONARY FIBROSIS

JE Michalski, AM Estrella, CE Hennessy, IT Stancil, E Dobrinskikh, IV Yang, DA Schwartz.
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Purpose of study A common gain-of-function promoter variant in the MUC5B gene is the strongest risk factor for the development of idiopathic pulmonary fibrosis (IPF). Endoplasmic reticulum (ER) stress occurs with disruption to cellular proteostasis and is increased in human IPF lungs. The purpose of this study is to understand the relationship between ER stress and MUC5B-overexpression.

Methods used Two mouse lines for Muc5b-overexpression were used: Scgb1a1- and MUC5B-overexpression. This study is to understand the relationship between ER stress and MUC5B-overexpression.

Summary of results While no differences in whole-lung mRNA expression of ER stress markers were found in saline-treated mice, increased CHOP-positive cells were observed in distal airways of Sgcb1a1-Muc5b and SFTPC-Muc5b, which overexpress Muc5b in airway club cells and alveolar type 2 cells, respectively. These were compared to wildtype (WT) C57BL/6j littermates. Pulmonary fibrosis was induced using intratracheal bleomycin installation with saline treatment used as a control. Relative mRNA expression was assessed using qRT-PCR. Protein expression was assessed using immunofluorescence staining for CHOP (an ER stress marker) and Muc5b. Nuclear (activated) CHOP-positive and Muc5b-positive cells were counted and normalized to total cells in each field of view.

Conclusions These results indicate that although there is no apparent difference at the transcriptional level, there is a significant increase in baseline number of CHOP-positive cells in the lungs of Muc5b-overexpressing mice compared to WT. Notably, while bleomycin treatment caused no change in CHOP-positive cell counts in WT mice compared to saline, bleomycin treatment in Muc5b-overexpressing mice was associated with decreased CHOP-positive cells.

Impact of intervention on CXRs

<table>
<thead>
<tr>
<th>Inappropriate CXR</th>
<th>Appropriate CXR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-intervention CXR (n=55)</td>
<td>Post-intervention CXR (n=144)</td>
</tr>
<tr>
<td>Appropriate CXR</td>
<td>39 (71%)</td>
</tr>
<tr>
<td>Inappropriate CXR</td>
<td>16 (29%)</td>
</tr>
<tr>
<td>Focal Findings</td>
<td>9 (23%)</td>
</tr>
</tbody>
</table>

Conclusions Our intervention was effective in decreasing the proportion of inappropriate CXRs in patients with RSV bronchiolitis. Our study was limited because we included patients...
with complex medical conditions who may have required CXRs based on their underlying illnesses. Further studies are needed to evaluate the long-term effectiveness of this intervention for different subsets of patients in different hospital settings.

**3 REPRODUCTIVE HEALTH OF FEMALES WITH CONGENITAL HEART DEFECTS**


10.1136/jim-2018-000939.3

**Purpose of study** According to the Center for Disease Control (CDC), congenital heart defects (CHD) are the most common birth defects in the United States. Approximately 40,000 newborns are affected annually. The availability of advanced surgical techniques with better procedure outcomes, as well as improved long-term management of CHD, enable approximately 90% of CHD newborns to reach adulthood with good cardiac functionality. This population change manifests new healthcare challenges that must be addressed. Specifically, unique concerns for women of reproductive age arise. Their impaired cardiovascular and hemodynamic functionality creates greater challenges for safe pregnancies and deliveries. With their high-risk status necessitating defect-specific care, personalized medicine is key to their reproductive health.

With over 30 CHD types, this study stratifies factors affecting reproductive outcomes, based on CHD condition severity. Using the data collected in our multi-institutional CH-STRONG survey-based study, we examine CHD women’s reproductive history, health concerns, and discussions with care providers; assess whether results differ from the general population or by CHD severity; and determine if previous pregnancies affect healthcare utilization.

**Methods used** Based on our study of 302 female patients, 157 reported a history of pregnancy. Using binary logistic regression, we investigate factors affecting pregnancy outcomes, including minority status, possessing multiple comorbidities, having at least a high school education, and regular cardiology visits.

**Summary of results** Regular visits significantly predict consistent access to healthcare for all CHDs and severe CHDs in particular at p<0.05. Regular visits and education level are significant predictors for reproductive education overall, but not for severe CHDs alone.

**Conclusions** Our current findings elucidate the important elements contributing to good pregnancy outcomes, specifically education and regular care from an ACHD cardiologist. This study serves as a platform for creating new guidelines and recommendations for proper management of CHD patients of childbearing age, based on their specific heart defect.

**4 COST AND RISK ANALYSIS OF PENICILLIN ALLERGY**

Au LY, A Siu, L Yamamoto. Hawaii Pacific Health, Honolulu, HI

10.1136/jim-2018-000939.4

**Purpose of study** Penicillin allergy is the most common drug allergy. However, over 90% of children labeled as penicillin allergic are not truly allergic and are able to utilize penicillin. We hypothesized that false penicillin allergy subjects patients to additional costs and adverse effects of alternative antibiotics.

**Methods used** We performed a retrospective chart review sampling of 1800 patients from a health care system’s electronic medical record in 18 five-year age groups from 5 to ≥90 years. Each 5-year age group consisted of 50 penicillin allergic patients and 50 non-penicillin allergic patients. We calculated the cost of each order and prescription of each of the patients in our sample and then compared the mean and median differences between the two groups.

**Summary of results** There were 12,353 orders and prescriptions in the 1800 patients. Using the low end of the cost range for each antibiotic, the median cost difference in the 25 to <30, 35 to <40, 45 to <50, and 75 to <80 year age groups were significantly greater by $3, $7, $18, and $15 in the penicillin-allergic group compared to the non-allergic group, respectively. The median cost difference in the 10 to <15 and 80 to <85 year-old age groups were both significantly greater by $16 in the non-allergic group compared to the penicillin-allergic group. The rest of the 5 year age groups had no statistically significant difference between the two groups. Across the calculated accrued lifetime (summing all the age groups), mean penicillin allergic patient’s antibiotic orders and prescriptions were found to be $1895 greater than that of non-allergic patients. The penicillin-allergic group had a higher utilization of quinolones, macrolides, tetracyclines, sulphonamides, lincomamides, and glycopeptides. Since the cost spread is roughly 50-fold, the true cost difference between the two groups could be as high as 50 times these values.

**Conclusions** Across the lifetime, patients labeled as being penicillin allergic have antibiotic costs that are significantly greater than those of non-allergic patients. It also increases the utilization of quinolones and other broad-spectrum drugs. It would be cost effective and clinically beneficial to conduct allergy testing on low risk patients to reduce the number of individuals falsely-labeled with a penicillin allergy.

**5 RETROSPECTIVE CHART REVIEW OF ADOLESCENT HEMATOLOGY CLINIC**

1 KT Mulvaney, 2A Nelson, 3C Borzutzky, 3M Escovedo. 1 Western University, Pomona, CA; 2 University of Southern California, Los Angeles, CA

10.1136/jim-2018-000939.5

**Purpose of study** To investigate the causes of and treatments for heavy menstrual bleeding among adolescent females referred for hematologic evaluation. Some adolescent hematology literature emphasizes prevalence of underlying hemostatic disorders in such patients. We aim to add information about therapies offered to these young women.

**Methods used** A retrospective chart review was conducted of patients seen in Children Hospital Los Angeles’ combined Hematology-Adolescent Medicine clinic between January, 1, 2015 and May, 22, 2018 for heavy menstrual bleeding and evaluation for underlying hemostatic disorders. Upon approval from institutional ethics committees, de-identified data was collected and analyzed on a password-protected spreadsheet.

**Summary of results** Of 115 patients referred for evaluation of heavy menstrual bleeding, 41 were diagnosed with underlying hemostatic disorders, 66 were found to be free of such disorders, and 8 patients had history of thrombosis or beta
Raman spectroscopic characteristics of pediatric non-Hodgkin lymphoma

Among 115 patients presenting with heavy menstrual bleeding, 41 (36%) were found to have underlying hemostatic disorders. The first line of treatment across both the underlying disorder subset and those without disorders was combined oral contraception with variable efficacy in reducing symptoms, supporting existing literature and its call for more formalized diagnosis and treatment of heavy menstrual bleeding.

Purpose of study Raman-enhanced spectroscopy (RESpect) can be used to characterize molecular footprints of biological tissues. The focus was to characterize RESpect fingerprints of pediatric non-Hodgkin lymphoma (NHL) hypothesizing that a spectrum of pediatric NHL will have unique RESpect features.

Methods used Frozen pediatric NHL control tissues (fOLLICULAR hyperplasia, FH) from Cooperative Human Tissue Network, Pediatric Branch and normal B-cells (NBC) from volunteers were analyzed by RESpect via 40-point scan at 50x magnification. The data were analyzed and compared for molecular similarities/differences. Specific chemical peaks were assessed to differentiate NHL subtypes (BL, BCL, large T-Cell, T-cell lymphoblastic, DLBCL), FH and NBC by unique chemical structures.

Summary of results 5–10 unique RESpect peaks and PCA were identified that differentiated NHL. Statistical differences were found using PCA analysis and Mahalanobis Distance for BL (blue) and NBC (red).

Conclusions RESpect of pediatric NHL provided evidence that unique characteristics could be leveraged. The data supported continued efforts to use RESpect in the setting of childhood NHL diagnosis. The work was supported by the St. Baldrick’s and Chun Foundations, MD007584 and MD007601.

Abstract 6 Table 1

<table>
<thead>
<tr>
<th>Tissue Site</th>
<th>Diagnosis</th>
<th>% Tumor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lymph Node</td>
<td>Diffuse, Large T-Cell</td>
<td>100</td>
</tr>
<tr>
<td>Lymph Node</td>
<td>T-Cell Lymphoblastic lymphoma</td>
<td>100</td>
</tr>
<tr>
<td>Lymph Node</td>
<td>T-Cell Lymphoblastic lymphoma</td>
<td>100</td>
</tr>
<tr>
<td>Abdomen</td>
<td>Burkitt Lymphoma (BL)</td>
<td>100</td>
</tr>
<tr>
<td>Soft Tissue</td>
<td>Burkitt Lymphoma (BL)</td>
<td>100</td>
</tr>
<tr>
<td>ileum</td>
<td>Burkitt Lymphoma (BL)</td>
<td>100</td>
</tr>
<tr>
<td>Retropertitoneum</td>
<td>Burkitt Lymphoma (BL)</td>
<td>100</td>
</tr>
<tr>
<td>Lymph Node-Left</td>
<td>Diffuse Large B-Cell (DLBCL)</td>
<td>100</td>
</tr>
<tr>
<td>Lymph Node</td>
<td>Follicular Hyperplasia</td>
<td>0</td>
</tr>
<tr>
<td>Lymph Node</td>
<td>Follicular Hyperplasia</td>
<td>0</td>
</tr>
<tr>
<td>Lymph Node</td>
<td>Follicular Hyperplasia</td>
<td>0</td>
</tr>
</tbody>
</table>

Purpose of study Bronchiolitis is a disorder characterized by inflammation, edema and increased mucous production in the small airways of the lung; resulting in tachypnea, hypoxia and respiratory distress in children <2 years of age. Treatment of bronchiolitis is usually supportive with IV fluids and supplemental oxygen. High flow nasal cannula (HFNC) is commonly used to prevent respiratory failure and reduce intubations. Prior to 2018, all patients with acute bronchiolitis admitted to Community Medical Center (CRMC) who needed HFNC were admitted to the pediatric ICU (PICU). We introduced a new inpatient clinical pathway for acute bronchiolitis with hopes to reduce admissions to the PICU and the cost related to admissions.

Methods used We started a quality improvement project to implement the use of HFNC and the new clinical inpatient pathway for acute bronchiolitis. Multiple educational sessions were setup to educate medical staff including nurses, respiratory therapist, and other staff regarding the new clinical pathway. An anonymous pre and post questionnaire was distributed to medical personal regarding the new implemented clinical pathway for acute bronchiolitis. We also tracked the number of patients admitted for bronchiolitis to the acute care units, PICU and those that required transferred to the PICU and compared these numbers to the previous year.

Summary of results Reduction of PICU admissions by 26%.

94% responded moderately or extremely comfortable with treatment of acute bronchiolitis; an increase of 12%; 0% responded ‘neither comfortable or uncomfortable’ or lower; down from 15%; 25% responded they were ‘never’ unsure with the management of acute bronchiolitis; up from 0%. 22% were not familiar with the clinical pathway, down from 64% on pre. 44% thought that at least 1/2 of the patient’s were unnecessarily transferred to PICU.

Conclusions Successful and safe implementation of HFNC with a novel clinical pathway for treatment of bronchiolitis. Significant decrease in PICU admission, increased confidence of staffs in treatment of acute bronchiolitis, Need for continued training and education of medical staff/personnel.
Purpose of study The relationship between OSA and depression in pediatric population remains unclear. The purpose of this study was to investigate whether OSA is associated with an increased risk of depression in children.

Methods used A literature review through PubMed and Google Scholar was conducted to find studies in which patients under 18 years of age were diagnosed with OSA through a sleep study underwent an assessment for depression. Studies were excluded if the sample size was less than 10 patients, there was no control group, or if the study was published before the year 2000.

Summary of results Nine studies satisfied our inclusion criteria (see table 1). All studies suggested an association between OSA and depression. Although in most studies parental income and body mass index were accounted as possible contributing factors to depression, other factors such as family history, comorbidities or social factors were not included in the analysis. In addition, severity of depression was not measured. The studies that involved adenotonsillectomy (AT), showed improvement in depressive symptoms but compared to control, the effect was not as significant. Limitations of the studies evaluating the effect of AT included either a small sample size and/or lack of a true control group: children with OSA who did not undergo AT.

Conclusions Our review demonstrated an association between OSA and depression in children. However, studies with larger sample size that take into account different variables contributing to depression as well as more intensive follow-up are warranted. Pediatricians and psychiatrists should consider OSA when they evaluate depression in children. In addition, behavioral measures such as depression may be useful to justify treatment in patients with OSA.

Abstract 8 Table 1 Association of OSA and depression

<table>
<thead>
<tr>
<th>1st Author and Year Published</th>
<th>Subjects w/OA Apnea (n) vs Controls (n)</th>
<th>Measure of Depression in Subjects</th>
<th>Measure of Depression in Controls</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beebe, 2004</td>
<td>13 vs 16</td>
<td>Mild OSA: BASC=58</td>
<td>BASC=49</td>
<td>0.016</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Moderate to Severe OSA: BASC=62</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beebe, 2010</td>
<td>100 vs 37</td>
<td>Mild OSA: BASC=51.4</td>
<td>BASC=46.9</td>
<td>0.025</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Severe OSA: BASC=54.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bourke, 2011</td>
<td>42 vs 35</td>
<td>Mild OSA: BASC=51.4</td>
<td>CBCL=51.4</td>
<td>0.001</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Severe OSA: BASC=54.4</td>
<td></td>
<td>(Mild OSA)</td>
</tr>
<tr>
<td>Carotenuto, 2012</td>
<td>94 vs 107</td>
<td>CDI=21.94</td>
<td>CDI=17.59</td>
<td>0.001</td>
</tr>
<tr>
<td>Chang, 2017</td>
<td>567 vs 567</td>
<td>14 (2.46%) by DSM-IV criteria</td>
<td>63 (1.11%) by DSM-IV criteria</td>
<td>0.006</td>
</tr>
<tr>
<td>Crabtree, 2004</td>
<td>85 vs 35</td>
<td>CDI=51</td>
<td>CDI=43</td>
<td>0.001</td>
</tr>
<tr>
<td>Dillon, 2007</td>
<td>79 vs 27</td>
<td>Change in CPRS=−0.187</td>
<td>Change in CPRS=−0.27</td>
<td>0.041</td>
</tr>
<tr>
<td>Levis, 2002</td>
<td>28 vs 10</td>
<td>Untreated OSA: Change in CBCL=0.2</td>
<td>Change in CBCL=0.2</td>
<td>0.001 (Baseline OSA vs Control)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Treated OSA: Change in CBCL=3.7</td>
<td></td>
<td>Not significant (Follow-up Treated vs Control)</td>
</tr>
<tr>
<td>Mitchell, 2007</td>
<td>23 vs 17</td>
<td>Change in BASC T score=7.2</td>
<td>Change in BASC T score=9.9</td>
<td>0.005 (pre- to post-operative change in both groups)</td>
</tr>
</tbody>
</table>

BASC: Behavior Assessment System for Children; CDI: Children Depression Inventory; CPRS: Children’s Psychiatric Rating Scale; CBCL: Child Behavior Checklist

Purpose of study The objective of this study was to compare the efficacy and tolerance of oral dexamethasone with oral prednisone in management of acute asthma in pediatric patients.

Methods used A literature review was conducted using PubMed, Google Scholar, and Cochrane to find articles related to the topic. Only pediatric studies that compared the efficacy and relapse rates of a 2 day regimen of dexamethasone (0.6 mg/kg/day versus a 5 day regimen of prednisone (2 mg/kg/day)mg/kg were included. Studies in which patients were hospitalized or received intravenous steroids were excluded.

Summary of results We found 5 studies that met our inclusion criterion. The sample included patients from the ages 2–18 years old. Patients with moderate to severe exacerbation were excluded from these studies. Results are summarized in table 1 below. All studies were conducted prospectively. Our review shows that there were no significant differences in relapse rates of the 2 day treatment of dexamethasone compared to a 5 day prednisone treatment. However, a couple of the studies indicated that there were more side effects, such as vomiting and lower compliance in the 5 day prednisone group.
Conclusions Our literature review suggests that 2 day regimen of oral dexamethasone is as effective as 5 day regimen of prednisone in outpatient management of acute asthma exacerbation.

Cardiovascular I
Concurrent Session
12:45 PM
Thursday, January 24, 2019

10 THE ROLE OF GLUCOSE AS A PROMOTER FOR CARDIAC REGENERATION

VM Fajardo, †H Nakano, †A Shigeta, †E Lien, †R Tian, †A Nakano. 1University of California Los Angeles, Los Angeles, CA; †UCLA, Los Angeles, CA; †University of Washington, Seattle, WA

Purpose of study Heart failure is the leading cause of death worldwide. Our focus is on non-genetic mechanisms by which cardiac regeneration can be lengthened or enhanced. Specifically, we are interested in the cyto-protective effects of glucose in cardiomyocyte growth, differentiation and proliferation and how this knowledge can be applied to regeneration therapies. Our preliminary data showed that glucose induces cardiomyocyte proliferation and inhibits cardiomyocyte maturation in human embryonic stem cells derived cardiomyocytes (hESC-CM) via the Pentose Phosphate Pathway in a dose dependent manner. Whether this pathway can be a therapeutic target for heart regeneration is unknown. Our hypothesis is that glucose promotes neonatal heart regeneration in a murine model.

Methods used Non-Transmural cryoinjury was performed to the apex of the left ventricle in wild-type pups and cardiac specific overexpression of Glucose Transporter 1 Transgenic pups. In the acute phase (P1-P7), the level of cardiomyocyte cell proliferation was measured via flow cytometry analysis and immunostaining with PH3 and cTnnt. Glucose uptake by cardiomyocytes was measured by 18F-FDG assay and Glut1 immunostaining. In the chronic phase (P14, P21, P40), we quantified the level of fibrosis by histology (H and E and Picrosirius Red) and neovascularization by immunostaining with PECAM.

Summary of results Increased cardiomyocyte proliferation was observed in the Transgenic Glut1 pups. Myocardial glucose uptake declines from the muscular layer towards the trabecular layer, corresponding with maturation of the heart. We observed that Glut1 cardiomyocyte-specific overexpression resulted in improved cardiac repair compared to wild type (WT) mice at 21 days postnatally. Compared to wild-type, Glut1 hearts showed increased angiogenesis around the site of injury. We believe that increased in blood vessel formation is secondary to an increase in cardiomyocyte proliferation.

Conclusions This study would be the first to demonstrate the potential role of glucose as a promoter for cardiac regeneration and reveal a potential mechanism for congenital cardiomypathy associated with diabetic pregnancy.

11 THE ROLE OF THE UNIVERSITY OF COLORADO HUMAN CARDIAC TISSUE BANK (UC-HCTB) IN THE TRANSOMICS FOR PRECISION MEDICINE (TOPMED) PROGRAM

D Grine, K Turner, M Taylor. University of Colorado School of Medicine, Denver, CO

Purpose of study Tissue specific biorespositories are expensive yet valuable entities that enable critical biological studies of human diseased tissue. The University of Colorado Human Cardiac Tissue Bank (UC-HCTB) was established over 30 years ago to collect human cardiac samples. The extensive UC-HCTB has joined the Transomics for Precision Medicine (TOPMed) study sponsored by the NIH-NHLBI. TOPMed aims to sequence the entire human genome through a multi-institutional effort.

Abstract 9 Table 1  Studies comparing 2-day oral dexamethasone to 5-day oral prednisone

<table>
<thead>
<tr>
<th>Author</th>
<th>Sample Size</th>
<th>Outcome</th>
<th>Dexamethasone</th>
<th>Prednisone</th>
<th>P values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qureshi/2001</td>
<td>533</td>
<td>Relapse rate%</td>
<td>20 (7.4)</td>
<td>18 (6.9)</td>
<td>0.84</td>
</tr>
<tr>
<td></td>
<td>(272 dex 271 pred)</td>
<td>Admit after Relapse% med not given% vomit at home%</td>
<td>4 (20)</td>
<td>3 (17)</td>
<td>0.81</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1 (0.4)</td>
<td>10 (4)</td>
<td>0.004</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>6 (2)</td>
<td>11 (4)</td>
<td>0.17</td>
</tr>
<tr>
<td>Paniagua/2017</td>
<td>557</td>
<td>Admit after Relapse% adherence% vomit at home%</td>
<td>1 (0.4)</td>
<td>2 (0.7)</td>
<td>ns ns</td>
</tr>
<tr>
<td></td>
<td>(294 dex 296 pred)</td>
<td></td>
<td>279 (99.3)</td>
<td>265 (96)</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Greenberg/2008</td>
<td>89</td>
<td>Admit after Relapse% vomit at home%</td>
<td>3 (8)</td>
<td>8 (16)</td>
<td>0.27</td>
</tr>
<tr>
<td>Seghezzo/2018</td>
<td>762</td>
<td>30 day readmission</td>
<td>5 (10)</td>
<td>7 (18)</td>
<td>0.24</td>
</tr>
<tr>
<td></td>
<td>(263 dex 499 pred)</td>
<td>30 day relapse</td>
<td>14 (5.3)</td>
<td>26 (5.2)</td>
<td>0.95</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>2 (0.8)</td>
<td>4 (0.8)</td>
<td>0.95</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>4 (1.5)</td>
<td>7 (1.4)</td>
<td>0.90</td>
</tr>
<tr>
<td>Rose/2001</td>
<td>533</td>
<td>Relapse% vomit at home%</td>
<td>7.4</td>
<td>6.9%</td>
<td>ns</td>
</tr>
<tr>
<td></td>
<td>(272 dex 261 pred)</td>
<td></td>
<td>5 (10)</td>
<td>7 (18)</td>
<td>0.24</td>
</tr>
</tbody>
</table>

Summary of results

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Dexamethasone</th>
<th>Prednisone</th>
<th>P values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Relapse rate%</td>
<td>20 (7.4)</td>
<td>18 (6.9)</td>
<td>0.84</td>
</tr>
<tr>
<td>Admit after Relapse% med not given% vomit at home%</td>
<td>4 (20)</td>
<td>3 (17)</td>
<td>0.81</td>
</tr>
<tr>
<td>Admit after Relapse% adherence% vomit at home%</td>
<td>1 (0.4)</td>
<td>10 (4)</td>
<td>0.004</td>
</tr>
<tr>
<td>30 day readmission</td>
<td>5 (10)</td>
<td>7 (18)</td>
<td>0.24</td>
</tr>
<tr>
<td>30 day relapse</td>
<td>14 (5.3)</td>
<td>26 (5.2)</td>
<td>0.95</td>
</tr>
<tr>
<td>7 day readmission</td>
<td>2 (0.8)</td>
<td>4 (0.8)</td>
<td>0.95</td>
</tr>
<tr>
<td>7 day relapse</td>
<td>4 (1.5)</td>
<td>7 (1.4)</td>
<td>0.90</td>
</tr>
</tbody>
</table>

Values: *p < 0.05, **p < 0.01, ***p < 0.001, ns = not significant.
Abstracts

12 PREDICTION OF MORTALITY AND HOSPITAL READMISSION FOR HEART FAILURE: A SIMPLIFIED RISK SCORE
R Sadek, 1CS Lee.
Oregon Health and Sciences University, Portland, OR; 2Boston College, Connell School of Nursing, Chestnut Hill, MA
10.1136/jim-2018-000939.12

Purpose of study The goal of this paper is to identify factors that can predict the risk for heart failure (HF) mortality and hospitalization within 180 days in patients with moderate to severe HF. Those factors are used to develop a simplified risk score using parsimonious variables that can be reliably used in the outpatient setting.

Methods used A secondary analysis of data collected on 210 unique participants from two prospective cohort studies conducted by a single team of HF investigators from 2010–2013. A one-tailed bivariate correlation of 30 candidate variables based on prior models and clinical significance followed by a backward logistic regression was first conducted; then, a Cox regression was performed for the final list of variables. Patients were risk stratified based on their risk score (equation 1).

Equation 1: RISK SCORE= [0.943 * (1 if pt is NYHAF III, or 0 if N/A)] + [2.079 * (1 if pt is NYHAF IV, or 0 if N/A)] – [0.922 * (1 if pt is on ACEi/ARB or 0 if N/A)] – [0.903 * (1 if pt is on BB or 0 if N/A)] – [0.028 * PTSBP] – [0.034 * LVEF] + 9

Summary of results Patients in the index cohort (n=210) had a mean (±SD) age of 56.20 (13.47), 48.1% were females. Mean left ventricular ejection fraction 28.41 (12.34%). During the 180 days, 3 patients died, 6 had at least one HF related ER visit, 46 had at least one HF related hospitalization, and 155 had no events. The final model included five variables; NYHAF Class, beta blocker (BB) usage, ACEi or ARB usage, LVEF, and systolic blood pressure (SBP). Odds ratio and 95% confidence interval were as following NYHAF class III 2.57 (1.27–5.21), NYHAF class IV 7.99 (3.11–20.54), ACEi/ARB usage 0.398 (0.208–0.760), BB usage 0.41 (0.21–0.79), Systolic BP 0.97 (0.95–0.99), and LVEF 0.97 (0.94–0.99) all at p<0.05. Cox regression yielded a Chi square of 53.09. Discrimination was assessed by Receiver operator characteristic which yielded an Area under the Curve of 0.773. Raw C statistic was 0.731.

Conclusions HF is a significant burden for patients and the healthcare system with a high risk for hospitalization and mortality. A simple and convenient scoring system based on 5 clinically-relevant parsimonious variants (NYHAF class, LVEF, BB, BB usage, ACEi/ARB usage) can be used to risk stratify HF patients in the outpatient setting.

13 CHARACTERIZATION OF MACROPHAGES DERIVED FROM THE HEMOGENIC ENDOCARDIUM
MT Tran, A Shigeta, H Nakano, A Nakano. University of California, Los Angeles, Los Angeles, CA
10.1136/jim-2018-000939.13

Purpose of study During mammalian embryogenesis, de novo hematopoiesis occurs transiently in multiple anatomical sites including yolk sac, dorsal aorta, and heart tube. Whether these local transient hematopoietic mechanisms are essential for embryonic growth is unknown. Here, we identify and characterize endocardium-derived macrophages.

Methods used Tissues from Nfatc1Cre;β2;YFPReporter/+ embryos were harvested at various timepoints. Hearts from wild type and Nfatc1Cre;β2;YFPReporter/+ mice were harvested at embryonic (E10.5, E15.5), post-natal neonate (P1), P28, and adult stages. Flow cytometry with hematopoietic and macrophage-specific markers were performed to quantify macrophages derived from the endocardium and proliferation assessed with EdU incorporation.

Summary of results Colony formation assays from explanted heart tubes and genetic lineage tracing with the endocardial specific Nfatc1-Cre mouse revealed that hemogenic endocardium is a de novo source of tissue macrophages in the endocardial cushion, the primordium of cardiac valves. Macrophages in Nfatc1-Cre and wild-type adult mice macrophages represented a small percentage of total cardiac cells and a small percentage of cardiac cells were EdU positive. Nfatc1-derived macrophages were a minority in the developing heart.

Conclusions The resident macrophage population is a small population within the adult murine heart which at steady-state is not proliferative. Further analysis at different embryonic and post-natal stages will give insight into emergence of cardiac tissue macrophages, with a potential role for transient hemogenic activity in cardiac valve formation.
Abstracts

14 ADENOVIRUS DETECTION CONFOUNDING INCOMPLETE KAWASAKI DISEASE
E Jang, R Natarajan, E Burni, M Bar-On. UNLV School of Medicine, Las Vegas, NV
10.1136/jim-2018-000939.14

Case report A 4-year-old male with history of constipation presented with 3 days of fever and intermittent abdominal pain with non-bilious vomiting. He also had decreased po and constipation. ROS was negative for sore throat, limb swelling and rash. One exam, he was febrile with mild left lower quadrant tenderness without rebound or guarding. Initial CBC showed WBC 8.3 K/mm\(^3\), Hb 11.4 g/dL and PLT 188 K/mm\(^3\). CMP showed elevated AST 112 U/L and ALT 75 U/L. CRP was elevated at 43.5 mg/L. UA and rapid strep were unremarkable. KUB showed constipation and abdominal ultrasound was unremarkable. He passed stools with transient relief of abdominal pain after two enemas and miralax. He continued to spike daily fevers up to 103 F for the next 3 days. He also developed nasal congestion, unilateral non-exudative conjunctivitis and right cervical lymphadenopathy during the hospital course. Repeat WBC dropped to 4 K/mm\(^3\), PLT increased to 217 K/mm\(^3\) and transaminitis resolved.

Human adenovirus (HAdV) infection was considered given conjunctivitis, congestion, gastrointestinal symptoms, leukopenia and transaminitis. A respiratory PCR was positive for adenovirus. However, incomplete Kawasaki disease (KD) was another possibility given 6 days of persistent fever, conjunctivitis and lymphadenopathy with elevated CRP. Subsequently, Echocardiogram (Echo) revealed dilated coronary arteries (Z scores\(^=\)+4.4, LAD and +3.8, LMCA). He was treated with high dose aspirin and IVIG. Fever resolved for the next 36 hours and patient was safely discharged with cardiology follow up.

Discussion This is a case demonstrating Kawasaki Disease presentation to be concurrent with adenovirus activation. A high index of suspicion, elevated CRP and abnormal cardiac echo lead to correct diagnosis and treatment. KD has a higher incidence in the winter-spring when many respiratory viruses circulate. Further confusing the situation, HAdV results in a clinical illness similar to KD. It has been well known for certain species of HAdV to establish latent infection in the throat and reactivate with inflammatory stimuli. The consequences of untreated KD include substantial morbidity and mortality. Our case clearly indicates that it is important not to dismiss the diagnosis of KD in a child with incomplete features of KD because of HAdV detection.

15 CA REGULATION IN A NOVEL TAMOXIFEN-INDUCIBLE CARDIAC-SPECIFIC SODIUM-CALCIUM EXCHANGE KNOCKOUT MOUSE
1\(^{c}\) Grabar, 1\(^{c}\) Lettau, 1\(^{c}\) Ayaszyan, 1\(^{t}\) Zhang, 1\(^{t}\) Yue, 1\(^{t}\) Yang, 1\(^{c}\) Phillipson, 1\(^{h}\) Ottolia, 1\(^{t}\) Goldhaber, 1\(^{g}\) Cedars-Sina Medical Center, Los Angeles, CA; 1First Affiliated Hospital of Xi’an Jiaotong University, Xi’an, China; 1David Geffen School of Medicine at UCLA, Los Angeles, CA
10.1136/jim-2018-000939.15

Purpose of study To test the hypothesis that sodium-calcium exchange (NCX) is a critical component of intracellular calcium (Ca) regulation and excitation-contraction (EC) coupling in ventricular myocytes.

Methods We created a tamoxifen-inducible cardiac-specific knockout (KO) of NCX using Cre-Lox technology and the αMHC-MerCreMer promoter. We injected the mouse with tamoxifen (40 mg/kg/day IP) for 5 consecutive days to activate the promoter and excise exon 11 of NCX, rendering the protein inert.

Summary of results Surprisingly, NCX KO mice were viable with preserved cardiac function despite >90% reduction in NCX protein expression by western blot. We also found a two-fold increase of SERCA2 (p<0.01), which pumps cytosolic Ca back into the sarcoplasmic reticulum (SR), and a two-fold increase of PMCA (p<0.05), which is an alternative but less efficient Ca efflux mechanism than NCX. We also measured a reduction in expression of Ca\(_{\text{A},1,2}\), the L-type Ca channel. Ca current (I\(_{\text{Ca}}\)) generated by the L-type Ca channel is the major route of Ca influx into the cell, responsible for triggering Ca release from the SR to generate Ca transients and cell contraction. We confirmed that I\(_{\text{Ca}}\) was reduced by 37% (p<0.001) in live cells using the patch clamp technique. Ca transients were preserved, indicating increased EC coupling gain, suggesting improved EC coupling efficiency to maintain normal Ca transients despite reduced I\(_{\text{Ca}}\).

Conclusions We conclude that tamoxifen-induced NCX KO mice survive by upregulating alternative mechanisms to promote Ca uptake (SERCA2) and efflux (PMCA), while reducing Ca influx (I\(_{\text{Ca}}\)) and increasing EC coupling efficiency. Comprehensive understanding of how cells can survive without NCX is needed to develop manipulation of NCX as a therapeutic approach to maximize contractility in heart failure without provoking arrhythmias or Ca overload and cell death, which occurs with traditional inotropes such as β-adrenergic agonists and digoxin.

16 DONOR LEFT VENTRICULAR HYPERTROPHY: DOES DONOR HISTORY OF HYPERTENSION MAKE A DIFFERENCE?
K Nishihara, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sina Medical Center, Los Angeles, CA
10.1136/jim-2018-000939.16

Purpose of study Donor left ventricular hypertrophy (LVH) >1.2 cm has been a relative contraindication for donor heart acceptance for transplantation. Cardio-pulmonary resuscitation (CPR) with chest compressions may also cause edema within the interventricular septum (IVS) and posterior wall (PW). It is not clear whether LVH due to a history of hypertension (HTN) in the donor or LVH due to CPR or rejection, acute cellular rejection, antibody-mediated rejection, 1 year freedom from cardiac allograft vasculopathy (CAV) as defined by stenosis >30% by angiography, and 1 year survival. We also assessed for the persistence of LVH at 6 and 12 months post-transplantation.

Summary of results LVH in donors with and without a history of HTN resulted in similar rates of LVH persistence at 6 and 12 months after transplantation. The rate of resolution of...
LVH was similar between the groups. LVH donors with HTN did have significantly reduced 1 year survival (see table 1). There is no significant difference in PGD, first-year rejection, or first-year CAV.

Conclusions LVH and HTN in donors appear to increase the risk of mortality after heart transplantation. The poor outcome of donor hearts with LVH and HTN may have something to do with the longevity of the LVH but this is not clear. Larger studies will be needed to confirm these findings.

**Short and Stout Donors in Heart Transplantation: Do They Make a Difference?**

T Tran, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA

**Purpose of study** Certain donor characteristics after heart transplantation (HTx) are known to have less optimal outcome post-HTx. One of the major factors leading to worse outcome is female donors to male recipient possibly due to size (height and weight) mismatch relative to male donors. We try to compensate for this size mismatch by using obese female donors into male recipients. However, there have been recent concerns with obese donors, in the sense that there are commonly large fat deposits on the donor heart. It is not known whether short and obese female donors (oversizing) results in acceptable outcome after HTx. We sought to assess for this possibility in our large single center.

**Methods used** Between 2010 and 2017 we assessed 799 donors and divided them into female donors (n=246) that were short (<566 inches) and obese (BMI ≥30) (n=61) and short and non-obese (BMI <30) (n=128). In addition, we compared both groups to a male donor cohort inclusive of similar heights and weights. All patients were reviewed for 1 year outcomes including survival, freedom from CAV (as defined by stenosis ≥30% by angiography), freedom from non-fatal major adverse cardiac events (NF-MACE: myocardial infarction, new congestive heart failure, percutaneous coronary intervention, implantable cardioverter defibrillator/pacemaker implant, stroke), and freedom from any-treated rejection, acute cellular rejection, and antibody-mediated rejection.

**Summary of results** There is no significant difference in 1 year outcomes between short and obese female donors, short and non-obese female donors, and male donors of similar heights and weights (see table 1).

**Conclusions** Short and stout female donors appear to be acceptable for HTx which increases the donor pool. Larger numbers are needed to confirm these findings.

**Abstract 16 Table 1**

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>Hypertension</th>
<th>No Hypertension</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incidence of Primary Graft Dysfunction (%)</td>
<td>3.7%</td>
<td>5.1%</td>
<td>1.00</td>
</tr>
<tr>
<td>1 Year Survival</td>
<td>81.5%</td>
<td>98.3%</td>
<td>0.003</td>
</tr>
<tr>
<td>1 Year Freedom from Any-Treated Rejection</td>
<td>85.2%</td>
<td>81.4%</td>
<td>0.647</td>
</tr>
<tr>
<td>1 Year Freedom from Acute Cellular Rejection</td>
<td>96.3%</td>
<td>98.3%</td>
<td>0.532</td>
</tr>
<tr>
<td>1 Year Freedom from Antibody-Mediated Rejection</td>
<td>92.6%</td>
<td>88.1%</td>
<td>0.531</td>
</tr>
<tr>
<td>LVH &gt;1.2 cm at 6 Months Post-Transplantation, %</td>
<td>40.7%</td>
<td>40.7%</td>
<td>1.000</td>
</tr>
<tr>
<td>LVH &gt;1.2 cm at 12 Months Post-Transplantation, %</td>
<td>38.9%</td>
<td>43.2%</td>
<td>0.785</td>
</tr>
</tbody>
</table>

**Abstract 17 Table 1**

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>Female Donors</th>
<th>Male Donors</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short and Obese</td>
<td>(n=128)</td>
<td>(n=61)</td>
<td></td>
</tr>
<tr>
<td>Short and Non-Obese</td>
<td>(n=68)</td>
<td>(n=24)</td>
<td></td>
</tr>
<tr>
<td>1 Year Survival</td>
<td>86.9%</td>
<td>92.1%</td>
<td>91.7%</td>
</tr>
<tr>
<td>1 Year Freedom from CAV</td>
<td>96.7%</td>
<td>96.9%</td>
<td>91.7%</td>
</tr>
<tr>
<td>1-Year Freedom from NF-MACE</td>
<td>80.3%</td>
<td>85.0%</td>
<td>87.5%</td>
</tr>
<tr>
<td>1-Year Freedom from Any-</td>
<td>83.6%</td>
<td>83.5%</td>
<td>79.2%</td>
</tr>
<tr>
<td>Treated Rejection</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Year Freedom from Acute</td>
<td>91.8%</td>
<td>92.1%</td>
<td>91.7%</td>
</tr>
<tr>
<td>Cellular Rejection</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 Year Freedom from Antibody-Mediated Rejection</td>
<td>95.1%</td>
<td>92.9%</td>
<td>95.8%</td>
</tr>
<tr>
<td>Rejection</td>
<td></td>
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</tr>
</tbody>
</table>

**A Case of Infective Endocarditis, Postpartum Cardiomyopathy and Intravenous Drug Use Causing Heart Failure in a Previously Healthy 26-Year-Old Female**

N Hasan, D Aguirre, F Joolhar, S El-Halees, A Cocoros. Kern Medical Center, Bakersfield, CA

**Purpose of study** Heart failure is an uncommon diagnosis in healthy young adults, particularly that of new and rapid onset. We present a case of a young female with multiple possible etiologies of worsening heart failure, with one likely exacerbating another.

**Method** Retrospective Case Report.

**Case presentation** 27-year-old female with history of IV drug use presented to an outside hospital at 35 weeks gestation with pelvic pain. She had an emergent C-section, but was found to bacteremic with MSSA. TTE showed mobile vegetation on TV suggestive of endocarditis, tricuspid regurgitation, and hypokinesis of LV with EF of 35%. Patient was treated with IV Nafcillin. Two weeks later, she experienced worsening dyspnea with a repeat TTE revealing an echo-density suggestive of ruptured chordae tendinae, and EF of 20%. Lisinopril, Carvedilol, and Digoxin were started for HF management. Left heart catheterization ruled out ischemic causes leading to primary diagnosis of postpartum cardiomyopathy. She left against medical advice, but presented to our institution 2 days later dyspneic at rest with diffuse
Endocrinology and Metabolism I
Concurrent Session
12:45 PM
Thursday, January 24, 2019

19 EXAMINING THE ROLE OF FRUCTOSE INTAKE ON THE EPISODIC MEMORY OF CHILDREN
LN Overholtzer, H Dorton, S Luo, J Alves, K Page. University of Southern California, Los Angeles, CA
10.1136/jim-2018-000939.19

Purpose of study Overconsumption of added sugars is a possible contributor to rising childhood obesity rates in the United States. Beyond known metabolic health risks, research in rat models show that high dietary fructose intake impairs hippocampal function, which is pertinent to sensitive periods of neurocognitive development such as childhood. We examined the association between dietary fructose intake and performance on an episodic memory task in children 7–11 years old. We hypothesized that increased dietary fructose intake would impair memory task performance.

Methods used As part of a larger study, children underwent two 24-hour dietary recalls, anthropometric measurements, and the NIH Toolbox Picture Sequence Memory Test (PSMT), which is a measure of episodic memory. Total caloric energy, total fructose consumption, and sources of dietary fructose were calculated using Nutritional Data System for Research. We used a Pearson Correlation to measure the association between% of total calories consumed from fructose and age-standardized PSMT scores.

Summary of results Seventy-six children (33 M; 43 F; mean (±SD) age 8.4±0.9 years) with a mean BMI of 18.7±4.2 kg/m² were included in the analyses. Average BMI percentile was 65.7%±30.1%. Average PSMT age-standardized score was 100.8±12.9. Average total caloric energy was 1788±428 kcal/day. Dietary fructose consumption accounted for 4.6%±2.1% of daily calories. Dietary fructose consumption was negatively correlated with PSMT age-standardized scores (r=-0.23, p=0.042), and results remained after adjusting for sex and BMI. The largest dietary contributors to fructose consumption were beverages (17%) followed by desserts (12%) and fruit (12%).

Conclusions This study is the first to our knowledge to examine the role of fructose consumption and memory performance in a human-based study in children. In line with data in animal models, we observed that dietary fructose consumption was negatively associated with memory performance in children, a population vulnerable to dietary factors on neurocognitive development.
Exercise capacity and cardiometabolic health in adolescent girls with Turner syndrome

**Purpose of study** Turner syndrome (TS) is characterized by an abnormal or missing X chromosome in females. Women with TS have low exercise capacity, a four times increased risk for type 2 diabetes, and premature mortality from cardiovascular disease. Research on cardiometabolic health in adolescents is limited. Our objective was to compare exercise capacity and other cardiometabolic risk markers between adolescent females with TS to that of healthy female controls matched for age, body mass index percentile (BMI%), and habitual physical activity level.

**Methods used** This is a matched case-control cross-sectional study of cardiometabolic health assessments in pubertal females, 13–21 years, with and without TS. Exclusions included current growth hormone treatment, diabetes, and exercise limitations. All participants completed a fasting blood draw, dual energy x-ray absorptiometry, and graded bicycle exercise testing. Adiposity was significantly higher in TS (40.0±6.6 v. 35.9%±7.0%, p=0.025). However, VO2 peak, systolic and diastolic blood pressure, and triglycerides were not different between girls with and without TS.

**Summary of results** Participants with TS (n=21) were well matched to controls (n=21) for age (17.3±2.1 vs 16.7±1.4 years), BMI% (82±15 vs 79±20), and self-reported habitual physical activity level. Cardiometabolic outcomes were compared between cases and controls using the paired t-test or non-parametric equivalent.

**Conclusions** Although adult women with TS have lower exercise capacity, in this sample of adolescent girls matched for BMI and habitual activity level, exercise with TS did not differ in VO2 peak by bicycle ergometry. Adiposity was higher in TS; however, many other cardiometabolic risk factors were not different between girls with and without TS. This highlights that obesity and physical activity level may be primarily responsible for the high cardiovascular morbidity and mortality in this population in adulthood. Therefore, targeting a healthy BMI and daily physical activity in childhood and adolescence may help prevent cardiovascular disease in TS.

**Purpose of study** Increased energy expenditure resulting from promoting adipose browning has proved beneficial for targeting several metabolic diseases. We have recently reported that muscle-specific follistatin (Fst) transgenic (Fst-Tg) mice show significant upregulation of key adipose browning characteristics and improved metabolic functions compared to the age and gender-matched wild-type (WT) mice (1–3). The purpose of this study was to identify key myokines that are differentially expressed in Fst-Tg mice compared to the WT that may play an important role in promoting adipose browning and improved metabolic functions.

**Methods used** 8 weeks old male mice overexpressing Fst from a skeletal muscle-specific promoter (Fst-Tg) and age-matched wild-type (WT) mice were used in our studies. Gastrocnemius (Gastroc) and levator-ani (LA) muscle tissue samples from Fst-Tg and WT groups were harvested and analyzed for key genes and protein involved in the regulation of mitochondrial biogenesis, fatty acid oxidation (FAO), energy metabolism and insulin signaling pathways by quantitative real-time PCR and western blot analysis respectively. Serum levels of key myokines were also analyzed by enzyme-linked immunosorbent assay (ELISA).

**Summary of results** Muscle tissues isolated from Fst-Tg mice show significantly increased expression of key myokines including fibroblast growth factor 21 (FGF21), irisin, interleukin 6 (IL-6) and peroxisome proliferator-activator receptor gamma coactivator 1-alpha (PGC1α) compared to the WT mice. Muscle tissues from Fst-Tg mice also show significant upregulation of SirT1/AMPK/PGC1α and insulin signaling (IRS/IR-B/AKT) pathways implicated in adipose browning and improved metabolic functions. Serum FGF21 levels were significantly increased in the Fst-Tg mice compared to the WT mice.

**Conclusions** Our results provide novel evidence of muscle-adipose cross-talk and its possible implication for the therapeutic use of Fst in the regulation of obesity and related metabolic diseases.

**Purpose of study** Obese girls with polycystic ovarian syndrome (PCOS) have high risk for metabolic disease and 40% prevalence of impaired glucose tolerance (IGT). Decreased glucagon-like peptide-1(GLP-1) secretion, seen in type 2 diabetes...
and adults with PCOS, reduces first phase insulin release, contributing to hyperglycemia. Therapy with GLP-1 agonists lowers post-prandial glucose in those with diabetes. Post-prandial GLP-1 and GLP-1 agonist responses were unknown in youth with PCOS. We predicted lower GLP-1 secretion in girls with PCOS that would be improved with acute GLP-1 agonist treatment.

**Methods used** 72 obese adolescent girls were enrolled in a cross-sectional study (BMI 35.0±6.1 kg/m², age 15.6±1.8 years; 24 controls, 48 PCOS). All girls underwent a 6 hour oral sugar (75 g glucose +25 g fructose) tolerance test (OSTT) with frequent sampling of serum glucose, insulin, GLP-1, c-peptide, and glucagon. A GLP-1 agonist, exenatide, was given the evening prior to the OSTT in 10 of the girls with PCOS. Three sets of analyses using two-way ANOVA with repeated measures were performed: 1) PCOS status, 2) IGT status (n=23) or 3) PCOS untreated vs. GLP-1 agonist treated.

**Summary of results** Girls with PCOS, despite higher glucose and insulin concentrations, showed no differences in GLP-1, glucagon or c-peptide. Insulin curves were significantly higher, with no differences in GLP-1, glucagon or c-peptide in those with IGT, compared to girls with normal glucose tolerance. In the PCOS group and the IGT group, insulin curves were biphasic, indicating an inadequate initial insulin peak. In the GLP-1 treated PCOS group, glucose was significantly lower. Whereas the insulin curves were not statistically different, there was a shifted early first phase peak.

**Conclusions** Despite early glucose and insulin abnormalities, obese girls with PCOS or IGT do not have lower GLP-1 secretion compared to obese controls. In obese girls with PCOS, post-prandial glucose was significantly decreased and the first-phase insulin peak was more robust in response to agonist. Due to observed GLP-1 resistance, obese youth with PCOS may benefit from GLP-1 therapy.

### Abstracts

**HEALTH COACHING WITH MONETARY INCENTIVES: FIVE YEAR FOLLOW-UP OF GLYCEMIC CONTROL AND LIPIDS**

1,2LW Raymond, 3K Pentek, 2D Roy, 3S Mullinax, 3A Yanni, 3SE Isaacs. 1University of North Carolina at Chapel Hill, Charlotte, NC; 2Atrium Health, Charlotte, ND

10.1136/jim-2018-000939.24

**Purpose of study** To compare HbA1c and other biometrics in wellness participants (WP) of 2 companies: Co A provided health coaching and reduced health care premiums. Co B did not.

**Methods used** We measured HbA1c, and lipids in 617 WP of Co A and 82 WP of Co B, and estimated 10 year cardiovascular risk (CVR) by the method of Goff et al. Face-to-face coaching by Advanced Care Practitioners of Co A WP with HbA1c >5.6 emphasized exercise, healthy weight, and optimal diet. Results were provided to all WP, to be shared with primary clinicians.

**Summary of results** HbA1c rose in Co B WP and fell in Co A WP (table 1) in whom prediabetes (PD) fell from 268 to 163 (P=0.001). PD rose in Co B WP from 13 to 28 per cent. Lipids improved in both groups due to aging and unimproved BP. CVR increased in both groups (table 1) due to aging and unimproved BP.

**Conclusions** Glycemic control improved in Co A, associated with health coaching and monetary incentives. In Co B, HbA1c, with the expected secular trend, and prediabetes rose from 13 to 28 per cent. Lipids improved in both groups. BP was unchanged, so more emphasis on this metric is needed.

#### Abstract 24 Table 1 Five-year follow-up of HbA1c and lipids in wellness participants with (Company A) and without (Company B) health coaching and monetary incentives

<table>
<thead>
<tr>
<th>Company A</th>
<th>Company B</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Initial</td>
</tr>
<tr>
<td>HbA1c, %</td>
<td>5.5±0.36</td>
</tr>
<tr>
<td>Cholesterol, mg/dl</td>
<td>190±38</td>
</tr>
<tr>
<td>LDL, mg/dl</td>
<td>125±36</td>
</tr>
<tr>
<td>HDL, mg/dl</td>
<td>43±12</td>
</tr>
<tr>
<td>Triglycerides, mg/dl</td>
<td>136±75</td>
</tr>
<tr>
<td>BMI, kg/m²</td>
<td>29.9±6.1</td>
</tr>
<tr>
<td>Waist, inches</td>
<td>38±5.5</td>
</tr>
<tr>
<td>CVR, %</td>
<td>4.9±4.3</td>
</tr>
</tbody>
</table>

Abbreviations: BMI, Body Mass Index, kilograms per square meter; CVR, ten-year risk of cardiovascular event, per cent; HDL, high-density lipoproteins; LDL, low-density lipoproteins.

### EFFECT OF AN UP-REGULATOR OF NITRIC OXIDE ON THE PREVENTION OF OSTEOPOROSIS IN THE RAT

1M Flores, 2A Abraham, 3E Garcia, 3N Hinojoa, 2R Rajfer, 1,3,4JN Arzaza, 2M Fenni. 1Charles R. Drew University, Los Angeles, CA; 2Loma Linda University, Loma Linda, CA; 3UCLA, Los Angeles, CA

10.1136/jim-2018-000939.25

**Purpose of study** Osteoporosis is a common disorder in the elderly. It is characterized by an imbalance in the osteoblast/osteoclast turnover making bones susceptible to fractures. Osteoblast/osteoclast balance depends on the presence of estradiol thus by stimulating the production of nitric oxide (NO) prevents bone resorption. It has been shown that a new nutraceutical combination, COMB-4, accelerates fracture healing by stimulating the production of NO, prompted us to study whether treatment with COMB-4 could play a role in the prevention of osteoporosis.

**Methods used** Nine-month female Sprague Dawley rats were placed into four groups (n=8 per group): sham (Non-OVX), ovariectomized control (OVX), estradiol (OVX + Estradiol), and COMB-4 (OVX +COMB-4). Rats in the OVX and Sham groups received vehicle by retrolingual administration (RLA). COMB-4 comprised of Paullinia cupana (45 mg/kg BW), Muira puama (45 mg/kg BW), ginger (45 mg/kg BW) and l-citrulline (133 mg/kg B.W) by RLA. OVX + Estradiol group received estradiol valerate (0.8 mg/kg, B.W) by RLA. After 100 days of treatment, bone mineral density (BMD) and bone mineral content (BMC) were measured by DXA Scan. Tartrate acid resistant phosphatase (TRAP) staining in lumbar vertebrae, as well as serum TRAP and osteocalcin, were measured.
DETERMINING THE ACCEPTABLE OPIOID PRESCRIPTION RATE AMONG EMERGENCY DEPARTMENT PHYSICIANS AND RESIDENTS AT AN ACADEMIC TEACHING HOSPITAL

5 Borno, 7N Newell, 8Chakravarthy, 1Western University of Health Sciences College of Osteopathic Medicine of the Pacific, Chino Hills, CA; 2Jean C. Edwards School of Medicine at Marshall University, Huntington, WV; 3UC Irvine Health, Orange, CA

Purpose of study The purpose of this study is to assess the variability in the opioid prescribing frequency of emergency physicians among some of the most common discharge diagnoses seen in the emergency department. This study will also explore the various physician-, patient-, and institutional-specific factors that influence opioid prescribing and the extent to which these factors are considered by emergency physicians.

Methods used We plan to administer a two-part survey to emergency department attending physicians and residents at the University of California Irvine Medical Center (UCIMC) in Orange, California. The first part of the survey consists of a list of 19 discharge diagnoses common to the emergency department and asks physicians to specify what percent of cases prescribing an opioid seems medically indicated for each diagnosis. The second part of the survey consists of a list of possible factors that a physician might consider when prescribing an opioid and asks physicians to rank, using a Likert scale, how much each factor weighs into their decision to prescribe an opioid. The mean, median, interquartile range will be calculated from the data collected.

Summary of results Recent studies have shown that emergency physicians working in the same department demonstrate wide variation in their rates of opioid prescribing. A large study of 2,156,788 medical beneficiaries found that rates of opioid prescribing varied widely between low-intensity and high-intensity prescribers by 7.3% and 24.1%, respectively. Furthermore, another recent study found that 65% of emergency physicians underestimate their opioid prescribing practice. These findings raise the question as to whether or not physicians agree on the need to prescribe an opioid for a given diagnosis and what factors influence the decision to prescribe, both of which we plan to explore in this study.

Conclusions Wide variation in the opioid prescribing practice of emergency physicians would suggest a need to standardize and improve adherence to treatment guidelines and evidence suggesting alternatives to opioids.
Purpose of study Maternal health innovations address the issue of maternal mortality and offer solutions to improve maternal health. Maternal and child deaths can be prevented with the implementation of innovative, low-cost programs that increase the utilization of maternal health care services. This study identified effective community-based innovations improving maternal and neonatal mortality outcomes in South East Asia.

Methods used The following research question guided the search: ‘What has been the effectiveness of community-based innovations to reduce maternal and neonatal mortality in South East Asia?’. MEDLINE, Global Health, EMBASE and CINAHL databases were searched and English articles between 2000–2015 were filtered. A title, abstract and full-text review was then completed. The Center for Disease Control and Prevention’s Program Evaluation Framework was used to evaluate each program. This involved evaluating for utility, feasibility, propriety and accuracy. Each study was then thematically categorized into 4 categories based on the nature of the program: 1) maternal health services (MHS) programs, 2) access to MHS programs, 3) community development programs and 4) financial incentive programs. The structure, process and outcome of each program was also investigated.

Summary of results The initial search yielded 756 articles. After conducting a title, abstract and full text review, a total of 15 studies were analyzed in this study. The majority of articles were multi-thematic. Overall, there were 4 studies with financial incentives, 2 studies using community development initiatives, 6 studies targeting access to MHS and 8 studies involving the presence of MHS programs.

Conclusions Financial health programs aimed to change health-seeking behaviours and eliminate financial barriers to care. However, structural barriers such as lack of transportation reduced utilization rates of services. Community development programs facilitated participatory women’s groups and instituted training of traditional birth attendants in bag-valve mask resuscitation of neonates. Increased transportation between home and hospital was one of the most common interventions used to increase access to medical services. Lastly, introducing maternal health resources in rural communities improved access to information.

Purpose of study The majority of Nepal’s births take place in remote, rural and resource poor areas, and adverse outcomes are common. Little information exists about available health resources and care practices for maternal-child health (MCH) in these areas. The intent of this study was to evaluate MCH resources and care practices in Humla district, one of the most remote regions in the world, and to identify areas of intervention for antenatal, intrapartum, and postpartum care.

Methods used In November 2017, our team surveyed 53 women in 16 locations who had delivered in the preceding 24 months. Women were identified from government birth records or by the local health workers. We completed a previously validated, standardized MCH household survey, based on WHO maternal-newborn practice guidelines with a primary focus on ante-, intra- and post-partum care processes and outcomes after delivery. We also surveyed 11 health posts and the only hospital with MCH care capacity using a standardized, validated health facility assessment tool. Reporting is descriptive.

Summary of results Health facilities 1/11 health posts had a health worker trained as skilled birth attendant (SBA) and all facilities lacked basic equipment/supplies needed for safe delivery. The district hospital in Simikot is well staffed with trained personnel, however due to a lack of roads the majority of people living in this area have to walk for several days to reach it.

MCH care 47% of pregnant women had their blood pressure checked and 34% were screened for anemia. Most women delivered at home (66%) and only 18% delivered with a SBA trained health worker. Health worker follow-up after delivery was uncommon for most women (3%). Community members identified concerns about distance/time to travel, and lack of facilities/trained staff as reasons why they choose to deliver at home. A mortality estimate revealed a NMR of 45/1,000 and MMR of 400/10,000.

Conclusions The majority of pregnant women do not receive appropriate MCH services due to a lack of access to trained personnel, facilities and equipment. Mortality rates are above the national average. Interventions to strengthen MCH services in Humla are urgently needed.
EVALUATION OF HEALTHCARE OF GENDER-DYSPHORIC VETERANS IN THE VA NORTHERN CALIFORNIA HEALTH CARE SYSTEM

Methods used The project involved inter-professional collaboration by physicians, clinic nurses, patient services staff, and pediatric patients with their families. The site for the project was a pediatric infectious diseases clinic in an academic-based practice located in the Southwest region of the United States. The Plan-Do-Study-Act framework was used and outcomes measured included the clinic staff’s perception of the clinic’s health literacy practices compared to evidence-based practice and the patients’/families’ perception of health literacy support in a subspecialty clinic.

Summary of results There was an improvement in how patients and families rated the health literacy practices of the healthcare team. After focusing on improving written and spoken communication, the healthcare team rated their health literacy practices as improved based on a pre-post comparison of best health literacy practice.

Conclusions Implementing health literacy improvement activities as a means of improving communication with patients and families is feasible and serves patients’ needs by improving health literate care in a Pediatric Infectious Disease outpatient clinic. Ongoing efforts to improve means of communication like encouraging multidisciplinary team involvement, evidence-based toolkits, easy-to-read illness specific handouts and using technology are in process.

Purpose of study The Department of Veterans Affairs has a policy of welcoming LGBTQ Veterans, and has established working groups to coordinate care for Veterans in this population. We wished to evaluate the care provided to gender-dysphoric Veterans in VANCHCS.

Methods used Using ICD-10 criteria, we identified a population of 148 Veterans as of May 31, 2018. We stratified these individuals by preferred gender, regardless of ‘official’ records, and further evaluated their medical records for cross-sex hormone therapy and access to mental health, endocrine, speech pathology, and dermatology resources.

Summary of results Of the 148 Veterans, 10 were non-binary, 43 were transmen, and 95 were transwomen. Because of small numbers, we excluded non-binary Veterans from further analysis. The transmen were significantly younger than transwomen (42 ± 13.7 vs 51.5 ± 15.9 years, p<0.001 by t-test). Transwomen were more likely to be Air Force Veterans than transmen (21.1% vs 17.1%), and less likely to be Army Veterans (38.9% vs 43.9%). Transwomen were more likely to see an Endocrinologist (83.2% vs 72.1%), and Speech Therapy (44.2% vs 25.6%) than transmen. Cross-sex hormone therapy for transwomen included multiple combinations, whereas for transmen, testosterone was the sole therapy. Both groups were followed comparably in Mental Health Clinics (87.4% for transwomen, 90.7% for transmen). Only 35 transwomen (36.8%) were seen in Dermatology clinics for gender identity issues. In summary, our populations represented diverse backgrounds and received a variety of treatments.

Conclusions We conclude that care for these Veterans could be enhanced by a more consistent, team-based approach to therapy.
FEASIBILITY OF A LOW-COST LOW-FIDELITY TRAINER FOR ULTRASOUND-GUIDED INJECTION AND ASPIRATION


Purpose of study To determine the feasibility of using a low-cost vegetable-based task trainer for teaching medical trainees techniques for US guided injection and aspiration.

Methods used Firm-texture tofu commercially available at a local grocery store was fashioned into a block of appropriate size for simulation of neck soft tissue. Several materials, including olives, fluid-filled balloons, and fluid-filled gloves were embedded in the tofu to simulate subcutaneous pathology, and the simulated tissue blocks were evaluated for realism by experts using ultrasonography. The optimal iterations were then made available to trainees as an ultrasonography task trainer at an annual residency training bootcamp for emergency neck procedures. Volunteer medical trainees were asked to compare the novel model to two models previously used with regards to realism and pre- and post-training comfort with procedures involving neck ultrasonography. Course faculty were also asked to compare the realism and value of the novel task trainer compared with the previous models for teaching neck ultrasonography procedures.

Summary of results Course faculty and 15 Trainees completed the surveys. All instructors felt that the task trainer had comparable or better soft-tissue characteristics compared with the commercially-purchased phantom silicone-based task trainer and the olive-embedded chicken breast trainers used previously. Prior to incorporation of the tofu trainer, the US module in the otolaryngology emergencies bootcamp showed one of the lowest gains in trainee comfort before and after training. After incorporation of the model, this station showed one of the highest gains. Free-text survey responses identified additional advantages over the previous models including superior simulated tissue qualities over the previous non-biological model, and lower concerns about disease transmission risks than the previous chicken-based model.

Conclusions This pilot study demonstrates feasibility and utility of a low-cost easily-accessible tofu-based trainer for improving medical trainee comfort with ultrasonography and ultrasound-assisted procedures with reduced disease transmission risk than models previously used. Further study could expand the evaluation to a larger cohort of experts and novices in a randomized head-to-head comparison.

SLEEPWEAR-RELATED INJURIES IN OLDER ADULTS: ESTIMATES FROM THE NATIONAL ELECTRONIC INJURY SURVEILLANCE SYSTEM

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Purpose of study Falls are a leading cause of injury in adults aged 65 years and older. Previous studies have focused on risk factor assessment and environmental modifications to decrease falls; our study expands the knowledge base by identifying sleepwear as a contributing factor to falls and related injuries.

Methods used We undertook a retrospective analysis of data obtained from the National Electronic Injury Surveillance System (NEISS). We extracted data concerning sleepwear-related injuries occurring in adults age 65 and older between 1998 and 2017. We report descriptive statistics as well as multivariate logistic regression analysis identifying contributing variables to sleepwear-related injuries.

Summary of results One thousand thirty six (1036) cases were identified and 1013 ultimately included for analysis. The median age was 82 (range 65–104), and 83% of the cases were female. The highest proportion of injuries occurred between the ages of 80 and 89 (39%). Pajamas were the most frequently implicated sleepwear (40%), followed by robes/ housecoats (34%), and nightgowns/nightshirts (24%). Injuries that could be classified as falls represented 72% of the sample, and pajamas were responsible for 44% of these injuries. Age (both the 80–89 age group and the 90–99 age group) and wearing pajamas were associated with a statistically significant increased risk of falls. The most common injury types were fractures (35%), contusions/abrasions (15%), and internal organ injuries (11%). The head and the hip were the body parts most frequently affected at 20% and 18%, respectively. The NEISS data estimates a 266% increase in sleepwear-related injuries occurring in the United States over our 20 year study period.

Conclusions The number of sleepwear-related injuries in those age 65 and older has increased over the past 20 years and is likely to continue to increase as this segment of the population grows. Education, awareness, and targeted interventions for patients/caregivers in the home and professionals in clinical and residential care settings may represent high yield opportunities to prevent injuries, decrease morbidity, and enhance the health of older adults.

Immunology and Rheumatology I Concurrent Session

12:45 PM
Thursday, January 24, 2019

AUTOANTIBODY ISOYPE CHANGES POST RHEUMATOID ARTHRITIS DIAGNOSIS

D Bergstedt, D Edison, L Klemensen, A Mikulis, J Norris, VM Holes, K Deane. 1CU Anschutz Medical Campus, Denver, CO; 1Walter Reed National Military Medical Center, Bethesda, MD; 3University of Nebraska Medical Center, Omaha, NE

Purpose of study Rheumatoid factor (RF) and anti-citrullinated protein antibody (ACPA) are known to be elevated in Rheumatoid Arthritis (RA). Less is known about the ways in which the specific isotypes of these antibodies change after RA diagnosis. Evaluating these changes may enhance our understanding of the ongoing inflammatory response following disease onset. We tested post RA diagnosis serum samples from the Department of Defense Serum Repository (DoDSR) and a Colorado-based RA cohort called ‘Studies of the Etiology of RA’ (SERA) to better understand these changes.

Methods used From the DoDSR we obtained a single post-RA diagnosis serum sample from 214 RA cases. The samples were
divided into 2 groups: <2 years post RA diagnosis, and ≥2 years. We evaluated serum RF and ACPA immunoglobulin (Ig) IgA, IgG, and IgM isotypes, and then evaluated the rates of positivity for isotypes of both antibodies between samples <2 and ≥2 years post diagnosis. In a similar fashion, we evaluated single samples from 1469 subjects with RA from SERA with the exception that only RF isotypes were tested.

**Summary of results** In DoDSR, there were significantly higher rates of positivity for IgA RF and IgA ACPA in subject samples from ≥2 years compared to <2 years. In SERA, all 3 RF isotypes were significantly increased in patients assessed ≥2 years from RA diagnosis compared to <2 years. In contrast, there were no significant differences autoantibody positivity based on age (< vs. ≥40 years) in either DoDSR or SERA at time of testing.

**Conclusions** Rates of autoantibody positivity continue to rise after a diagnosis of RA, and this does not appear to be age-dependent. This suggests an evolving autoimmune inflammatory response early in the course of disease despite therapy. In particular, the predominant change in IgA autoantibodies in DoDSR suggests that there may be a degree of mucosal involvement in the early period following RA onset. Further evaluation, including studying single individuals over time, is necessary to help clarify the nature of evolving autoimmune in RA.

### Abstract 36 Table 1

<table>
<thead>
<tr>
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<td></td>
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</tr>
<tr>
<td>Potential Negative Side Effects</td>
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</tbody>
</table>

0=no opinion; 1=not at all; 2=a little; 3=slightly; 4=very much;

**Methods used** After they had made their decision to participate, or not, in StopRA, individuals who were eligible for enrollment were surveyed about factors that influence their decision.

**Summary of results** The characteristics of the participants and questionnaire responses are included in the table. In particular, subjects who agreed to participate in StopRA were significantly more likely to have First Degree Relatives (FDRs) with RA, less likely to be fearful of the medication, and perceive benefits to themselves and family from participation.

**Conclusions** These findings indicate that individuals who have FDRs with RA may be more likely to participate in RA prevention. Furthermore, wanting benefit to self, family and others were significant factors in the decision to enroll in preventive research. This approach provides an opportunity to optimize future study design and recruitment approaches. In addition, we will explore why FDRs status is a powerful motivator while surveying other factors including symptoms and perceived risk of developing RA.

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**Abstract 37 Figure 1**
modules (p=0.560). Students gained more confidence compared to residents after completing the modules (p=0.04). There was no difference in pretest and posttest scores across the board (p=0.08). Residents had a greater mean increase in scores compared to students (p=0.001). Perceived usefulness of modules is shown in figure 1.

Conclusions The modules seem to be more appropriate for residents than students, based on overall improvement in objective test scores. Students and residents both acknowledged the usefulness of the modules. Improvement in global post-tests were not detected, likely in part because these were not limited to topics covered; sub scores on covered diagnoses did improve.

38 ADDITION OF OBLIQUE RADIOGRAPHS IN THE EVALUATION OF SACROILIITIS

1,2E Manning, 1E Anderson, 3K Maier, 2H Mena, 2R Duong, 1,2J Caplan. 1Rocky Mountain Regional Veterans Affairs Medical Center (VAMC), Aurora, CO; 2University of Colorado School of Medicine, Denver, CO

Purpose of study Traditional radiography is used to evaluate sacroiliitis in patients with suspected ankylosing spondylitis (AS). However, inconsistency in plain film techniques is well documented; as current dogma advocates against oblique images despite preliminary data suggesting better correlation with MRI. This study determined if the addition of oblique radiographs improves reliability in the scoring of radiographic sacroiliitis using the modified the New York criteria (mNY).

Methods used Radiographs of veterans enrolled in the Program to Understand Long-term Outcomes of Spondyloarthritis (PULSAR) cohort were evaluated by three readers using the mNY criteria. Inter-reader reliability was compared between Ferguson-views alone and Ferguson-views supplemented with oblique views. Mean mNY score and the proportion of patients meeting diagnostic criteria for AS were also compared between one- and three-view radiographs. Finally, patient characteristics were evaluated for association with severity of sacroiliac disease.

Summary of results The addition of oblique radiographs did not improve inter-reader reliability in mNY scoring compared to Ferguson views alone (Kappa 0.305 vs 0.298, p>0.05). However, the use of oblique views increased the mean mNY score compared to single view radiographs (3.06 vs 2.82, p<0.001 by t-test), improved reader confidence (p<0.001), and resulted in an increase in AS diagnoses 40% vs 73%). The mean mNY score with three views was also more predictive of patient functional assessments compared to one view.

Conclusions While the addition of oblique radiographs did not improve inter-rater reliability in scoring sacroiliitis, the increase in severity scoring and AS diagnoses associated with these additional views may influence the management of a disease where early treatment can improve future functional status. The use of oblique radiographs also correlated better with patient functional indices. This is a critical consideration in AS, as there is no definitive diagnostic test and diagnosis is frequently delayed.

39 COEXISTENCE OF LIMITED SYSTEMIC SCLEROSIS AND LUPUS ERYTHEMATOSUS TUMIDUS

CN Logotheti, NS Emíl, K Konstantinov, M Reyes, AH Tzaloukou. University of New Mexico, Albuquerque, NM

10.1136/jim-2018-000939.39

Case report Lupus erythematosus tumidus (LET) is a rare entity of cutaneous lupus erythematosus, which has not been associated with other collagen diseases. A 68 year old man developed LET 10 years after the diagnosis of systemic sclerosis (SS) in 2005, when he presented with progressive sclerodactyly, palmar and face telangiectasias, pitting scars on multiple digits, tightness of lips and skin around the neck, nailfold capillary drop-out seen with capillaroscopy, antinuclear antibody (ANA) titer of 1:1280, and positive nucleolar antigen (fibrillarin). He subsequently developed pulmonary fibrosis leading to pulmonary hypertension. In 2015, he developed photosensitive, diffuse erythematous thin papules coalescing into widespread bright salmon red plaques over the chest, back, face, arms, legs, and buttocks with no Palmer scaling. Another rash on the upper part of his trunk and neck was described as succulent, elevated plaques showed a pattern of surface-color change reminiscent of Wickham’s striae. In addition, sclerotic purple hued infiltrative plaques were noted over the posterior neck. Biopsies of the lesions showed spongiosomatous, edematous dermatitis in the hands and perivascular and periadnexal lymphocytic infiltrations and interstitial mucin deposition consistent with LET in the hands. He died from complications of pulmonary fibrosis in 2017. Current view of autoimmunity clustering involves common genetic susceptibility or environmental factors. Yet, despite intense genetic and population studies on autoimmunity, the patterns of autoimmune clustering across the spectrum of these diseases remain elusive: inheritance of an ‘at risk’ genotype, environment-susceptible phenotype, and random-chance have all been suggested, but not proven. To our knowledge, this is the first case of LET in a patient with SS. Cutaneous lupus has been tied to risk for coexisting autoimmune conditions, but in our case the SS manifestations preceded the development of LET by several years. Accumulation of similar cases may clarify if onset of LET in a patient with full-blown SS has prognostic significance.

40 DNASE1L3 RELATED AUTOIMMUNE SYNDROME: A CASE REPORT AND REVIEW OF THE LITERATURE

1J Schmick, 2D Bonner, 3M Magchajeska, 2C McCormack, 1L Fressard, 5K Smith, 2S Montgomery, 2P Fisher, 2E Ashley, 4N Ud, 1J Miller, 1H Hsu, 1L Balboni, 2M Wheeler, 1B Bernstein. 1Stanford University School of Medicine, Stanford, CA; 2Stanford Center for Undiagnosed Diseases, Stanford, CA; 3NH Undiagnosed Diseases Network, Bethesda, MD

10.1136/jim-2018-000939.40

Case report The DNASE1L3 gene is a member of the deoxyribonuclease I family. The encoded protein hydrolizes DNA and mediates the breakdown of chromatin during cell apoptosis and necrosis. Several case reports describe homozygous variants in DNASE1L3 as a cause of hypocomplementemic urticarial vasculitis syndrome (HUVS) and systemic lupus erythematosus (SLE). A homozygous c.289_290delCA

EVALUATION OF SACROILIITIS

1,2E Manning, 1E Anderson, 3K Maier, 2H Mena, 2R Duong, 1,2J Caplan. 1Rocky Mountain Regional Veterans Affairs Medical Center (VAMC), Aurora, CO; 2University of Colorado School of Medicine, Denver, CO

Purpose of study Traditional radiography is used to evaluate sacroiliitis in patients with suspected ankylosing spondylitis (AS). However, inconsistency in plain film techniques is well documented; as current dogma advocates against oblique images despite preliminary data suggesting better correlation with MRI. This study determined if the addition of oblique radiographs improves reliability in the scoring of radiographic sacroiliitis using the modified the New York criteria (mNY). This study also evaluated if oblique views altered assessment of sacroiliitis severity, diagnosis of AS, or reader confidence in scoring.

Methods used Radiographs of veterans enrolled in the Program to Understand Long-term Outcomes of Spondyloarthritis (PULSAR) cohort were evaluated by three readers using the mNY criteria. Inter-reader reliability was compared between Ferguson-views alone and Ferguson-views supplemented with oblique views. Mean mNY score and the proportion of patients meeting diagnostic criteria for AS were also compared between one- and three-view radiographs. Finally, patient characteristics were evaluated for association with severity of sacroiliac disease.

Summary of results The addition of oblique radiographs did not improve inter-reader reliability in mNY scoring compared to Ferguson views alone (Kappa 0.305 vs 0.298, p>0.05). However, the use of oblique views increased the mean mNY score compared to single view radiographs (3.06 vs 2.82, p<0.001 by t-test), improved reader confidence (p<0.001), and resulted in an increase in AS diagnoses 40% vs 73%). The mean mNY score with three views was also more predictive of patient functional assessments compared to one view.

Conclusions While the addition of oblique radiographs did not improve inter-rater reliability in scoring sacroiliitis, the increase in severity scoring and AS diagnoses associated with these additional views may influence the management of a disease where early treatment can improve future functional status. The use of oblique radiographs also correlated better with patient functional indices. This is a critical consideration in AS, as there is no definitive diagnostic test and diagnosis is frequently delayed.
deletion is described in three sisters with juvenile onset HUVS (PMID 23666765). A homozygous c.643delT variant is described in 6 consanguineous families with pediatric SLE (PMID 22019780). Here we present a 17-year-old female with a juvenile form of HUVS who has compound heterozygous variants in DNASE1L3 including a novel missense change. We describe the clinical characteristics of this case and review the literature on DNASE1L3 associated autoimmune syndromes.

The patient is a 17-year-old female with an autoimmune disorder since the age of three. She was initially diagnosed with juvenile idiopathic arthritis but later developed features of urticarial vasculitis, episceratitis, lymphadenopathy, abdominal pain with bowel wall edema, antiphospholipid antibodies and hypocomplementemia. Antinuclear antibodies, antineutrophil cytoplasmic antibodies, and anti-double stranded DNA antibodies were negative.

Whole exome sequencing identified compound heterozygous variants in the DNASE1L3 gene. Variants identified include the previously described c.290_291delCA (p. T97Ifs*2) variant and a novel p.I60S (c.179T>G) variant. The novel p.I60S variant was not seen in healthy population databases, was predicted to be damaging by in silico analysis, and located in a codon highly conserved across species. Functional studies including RNA sequencing and in vitro enzyme assay are being pursued. HUVS typically presents in the 3rd and 4th decades of life. Our case helps to better define the phenotypic features of DNASE1L3 related autoimmune disease and supports the hypothesis that autosomal recessive changes in DNASE1L3 contribute to pediatric onset HUVS.

### INTRAMUSCULAR STIMULATION THERAPY FOR CHRONIC PAIN CONDITIONS: A SYSTEMATIC REVIEW

**Purpose of study** Intramuscular Stimulation (IMS) is a therapeutic needling technique, using acupuncture needles to treat myofascial pain syndromes (MFPS). While the term is internationally recognized there are few adequate randomized controlled trials (RCTs) to date. This review collected and evaluated the quality of the evidence for all English language RCTs for a particular technique of IMS. Only studies which used paraspinal and peripheral needle placement were included.

**Methods used** A search for RCTs published from several databases was conducted. Six RCTs evaluating IMS in patients with chronic back, neck, and headache pain were evaluated for quality of evidence for treatment efficacy.

**Summary of results** In two well-designed studies, IMS showed statistically significant improvement of myofascial pain syndrome (MFPS) symptoms compared to active comparator. In two other studies, IMS showed non-inferiority compared to established standard treatments of MFPS, and greater trochanteric pain syndrome. In two studies, IMS showed non-inferiority to superficial dry needling (SDN) in trigger point-associated headache.

**Conclusions** Evaluation of RCTs suggests that IMS which included paraspinal needling is likely superior to or as beneficial as existing treatments for patients suffering from chronic pain.
Abstracts

Infectious Diseases I
Concurrent Session
12:45 PM
Thursday, January 24, 2019

HEPATITIS C TREATMENT OUTCOMES AMONG PATIENTS TREATED IN PRIMARY CARE AND ADDICTION TREATMENT SETTINGS

Purpose of study People who inject drugs are at highest risk for HCV infection but have the lowest treatment rates. Barriers include practices/policies which exclude patients who actively use drugs and restrict prescribing authorization to specialists. To counter-act such barriers, there is a need for evidence to show that patients with opioid use disorders (OUD) treated in primary care settings have equivalent treatment outcomes. This study evaluates HCV treatment outcomes of patients treated by primary care providers at Harborview Medical Center’s Adult Medicine Clinic (HMC AMC) or at Evergreen Treatment Services (HMC ETS).

Methods used A retrospective electronic medical record (EMR) review was conducted for all patients receiving HCV directly acting antiviral (DAA) treatment at HMC AMC or HMC ETS from 2016 to 2018. Patients were divided into 3 groups by OUD treatment status: buprenorphine maintenance, methadone maintenance, or neither. Patient demographic and clinical characteristics were extracted from the EMR and used to create descriptive analyses for study participants overall and for each OUD treatment group. The primary outcome was SVR12, defined as an undetectable HCV viral load at least 12 weeks after completing treatment.

Summary of results The overall sample was comprised of 97 patients with HCV who either completed treatment or are still undergoing treatment. A majority were >40 years old, male, single, unemployed, or current users of tobacco, and 79/97 (81.5%) received treatment for OUD. Eleven of thirteen (84.6%) patients treated with buprenorphine, 31/44 (70.5%) patients treated with methadone, and 12/16 (75%) patients receiving no OUD treatment fully completed HCV DAA treatment without interruptions or missed doses (p=0.77). Excluding patients with missing SVR12 data (n=10), 11/12 (91.7%) patients treated with buprenorphine, 34/36 (94.4%) patients treated with methadone, and 14/15 (93.3%) patients receiving no OUD treatment achieved SVR12 (p=0.94). Those with and without SVR12 data appear to have similar demographic and clinical characteristics.

Conclusions Patients treated with DAs for HCV in primary care and addiction treatment settings appear to have high rates of cure. Offering treatment in such settings can expand access to care for vulnerable populations.

PARAPNEUMONIC EMPYEMA IN CRITICALLY ILL CHILDREN

Purpose of study Parapneumonic empyma (PPE) is a serious complication of community-acquired pneumonia (CAP) in children. Pleural fluid drainage is a key part of treatment and can be achieved by chest tube, video-assisted thoracostomy (VATS) or thoracotomy. Patients undergoing early VATS have lower rates of intensive care unit (ICU) admission and shorter hospital length of stay (LOS). This study describes patients with PPE admitted to Primary Children’s Hospital (PCH) and compares clinical characteristics and outcomes between pleural fluid drainage strategies.

Methods used We conducted a retrospective cohort review of children with PPE undergoing one or more drainage procedure admitted to PCH between 2005–2016. Data was extracted from the electronic medical record for analyses.

Summary of results Of the 684 patients identified, only 5% of patients underwent VATS or thoracotomy. These procedures were significantly more common among ICU patients (0.1% vs 0.03%, p=0.001). ICU patients (33%) were similar to non-ICU patients in gender (58% vs 55% male), mean age (5 vs 4.9 years) and ethnicity. ICU patients had longer median LOS (13 vs 8 days, p<0.001) and were more likely to have complex chronic conditions (p<0.05). In patients who underwent VATS, ICU LOS (3.2 vs 2.8 days, p=0.07) was not significantly shorter. Most ICU patients (55.7%) required invasive mechanical ventilation. Patients who underwent VATS or thoracotomy had shorter duration of invasive mechanical ventilation than those who underwent chest tube placement (7.5 vs 14.3 days, p=0.02).

Conclusions Most patients underwent chest tube placement only, yet at PCH, ICU patients were more likely to undergo VATS. While LOS was similar in patients who underwent VATS, duration of mechanical ventilation was shorter. However, this study did not distinguish between the use of VATS as early therapy vs. rescue therapy, as previous studies have shown favorable outcomes for early VATS. As this is less well understood in the critically ill population, we can use a large cohort at a single institution to further understand the timing and type of interventions best suited for management of empyma in critically ill children.

STUDIES OF THE ANTIBIOTIC SPECTRUM OF NOVEL METHIONYL-TRNA SYNTHETASE INHIBITORS

Purpose of study Novel antibiotics are needed to combat antibiotic resistant organisms. The bacterial methionyl-tRNA synthetase (MetRS) is a new target for antibiotic drug development. MetRS is an essential enzyme involved in protein synthesis, and inhibition by MetRS inhibitors has been...
shown to halt growth of *Staphylococcus*, *Streptococcus*, and *Enterococcus* species. This work tested the hypothesis that Type 1 MetRS inhibitors have broad activity against Gram-positive bacteria and no activity against Gram-negative bacteria.

**Methods used** Minimum inhibitory concentrations (MIC) of test compounds against the selected bacterial strains followed standardized methods from the Clinical Laboratory Standards Institute. Organisms in the table 1 were tested by microbroth dilution assay and were performed twice in triplicate to verify results. Each assay included a control antibiotic with MICs documented to be in the range of published values.

**Summary of results** MIC values (µg/mL) of representative bacterial strains and compounds are presented in the table 1 below. MetRS inhibitors have number designations. MIC results on additional strains and compounds will be presented at the meeting.

**Conclusions** Novel MetRS inhibitors are effective against many types of Gram-positive bacteria *in vitro*, with MICs similar to or lower than commonly used antibiotics. New activities were most notable against *Bacillus* sp. and *Listeria monocytogenes*. MetRS inhibitors have little effect on Gram-negative bacteria, including *Haemophilus influenzae* (shown), *Burkholderia cepacia*, and *Serratia marcescens*, due to structural differences of the MetRS enzyme. These experiments further validate the MetRS as a drug target for combating Gram-positive infections and expand the known activity of these compounds.

### Abstract 44 Table 1

<table>
<thead>
<tr>
<th>Compound</th>
<th>S. aureus (ATCC 29213)</th>
<th>E. faecalis (ATCC 29212)</th>
<th>N. brasiliensis sp. (Patient Strain)</th>
<th>L. monocytogenes (Patient Strain)</th>
<th>H. influenzae (ATCC 19296)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ampicillin</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Linezolid</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>TMP-SMX</td>
<td>-</td>
<td>-</td>
<td>0.5/9.5</td>
<td>-</td>
<td>0.0313/0.594</td>
</tr>
<tr>
<td>Vancomycin</td>
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<td>4</td>
<td>0.125</td>
<td>-</td>
<td>-</td>
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<td>1717</td>
<td>0.125</td>
<td>0.0625</td>
<td>&gt;16</td>
<td>0.125</td>
<td>0.03925</td>
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</tr>
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<td>0.5</td>
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</tr>
<tr>
<td>2093</td>
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<td>0.125</td>
<td>8</td>
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<td>0.125</td>
</tr>
<tr>
<td>2144</td>
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<td>2205</td>
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<td>-</td>
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<tr>
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<td>1</td>
</tr>
<tr>
<td>2309</td>
<td>1</td>
<td>-</td>
<td>&gt;16</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

### LEADING RISK FACTORS FOR DECOLONIZATION failure of METHICILLIN RESISTANT STAPHYLOCCUS AUREUS (MRSA): A COMPREHENSIVE LITERATURE REVIEW

1. UC Berkeley, Berkeley, CA; 2. UC Irvine, Irvine, CA.

**Purpose of study** While several studies have assessed various decolonization methods for MRSA, studies evaluating reasons for decolonization failure are scant. The objective of this study was to identify leading risk factors for failed decolonization of MRSA.

**Methods used** We conducted a systematic literature review using Pubmed, Cochrane data base, and Google Scholar. We focused on studies published after the year 2000 that used MRSA decolonization method of nasal mupirocin with or without chlorhexidine body wash. Only studies that evaluated risk factors associated with failure were included.

**Summary of results** Five studies fulfilled our inclusion criteria (see table 1 below) and the majority focused on adult patients. All but one study (Mody et al) used both nasal mupirocin and chlorhexidine body wash. Culture after treatment to determine success was performed at different time points...
Abstract 46 Table 1 MRSA decolonization-failure risk factors

<table>
<thead>
<tr>
<th>Author and Year</th>
<th>Number of Patients</th>
<th>Their Definition of Decolonization Failure</th>
<th>Failure Rate</th>
<th>Risk Factors for Failure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harbarth, 2000</td>
<td>51 decolonization treatment and 51 placebo</td>
<td>Isolation of MRSA at any body site at 1 month</td>
<td>75% failure in treatment group; 82% failure in placebo group</td>
<td>More than 2 distinct MRSA sites p=0.035; Previous fluoroquinolone p=0.048</td>
</tr>
<tr>
<td>Kolher, 2012</td>
<td>51 decolonization treatment and 27 no treatment</td>
<td>Isolation of MRSA at 12 months</td>
<td>Treatment group 35% failure; No treatment group 78% failure</td>
<td>Old age p=0.056; MRSA subtype 21 p=0.021</td>
</tr>
<tr>
<td>Mody, 2003</td>
<td>64 decolonization treatment and 63 placebo</td>
<td>Isolation of MRSA up to 6 months</td>
<td>At 3 months, 39% failure in treatment group; 80% failure in no treatment group</td>
<td>75% Mupirocin resistant; 67% recent hospitalization</td>
</tr>
<tr>
<td>Singh, 2017</td>
<td>32 successful decolonization with treatment and 18 unsuccessful decolonization</td>
<td>3 consecutive swabs negative for decolonization after 48 hours</td>
<td>64% (32) successfully colonized; 36% (18) failure to decolonize</td>
<td>Asthmatic Patients p=0.031; Usage of post-operative antibiotics p=0.032</td>
</tr>
<tr>
<td>Sai, 2015</td>
<td>104 successful decolonization with treatment and 164 unsuccessful decolonization</td>
<td>3 consecutive swabs negative for MRSA, with 48 hours in between each</td>
<td>61% (164) failure to decolonize</td>
<td>Presence of wounds p=0.00001; More than 2 colonization sites p=0.003; Mupirocin resistance p=0.001</td>
</tr>
</tbody>
</table>

Purpose of study: Transmitted drug resistance (TDR) mutations threaten the efficacy of first-line antiretroviral therapy (ART) in those initiating treatment. In Peru, genotypic resistance profiling is not routinely performed at ART initiation, and administration of a partially effective regimen can lead to virologic failure. Previously reported TDR prevalence in Peru ranged from 1.0%–4.7% as last reported before 2012.

Methods used: We obtained HIV sequence data from 3 parent studies conducted in 2013–2017 of ART naïve cisgender men who have sex with men (cis-MSM; n=332) and transgender women (TW; n=144) in Lima, Peru. Consensus gene sequences of HIV pol were interrogated for TDR using the Stanford HIVdb and scored for resistance to NRTIs and NNRTIs. We calculated binomial proportions and confidence intervals; χ² and Fisher’s exact tests or generalized linear models examined possible predictors of TDR.

Summary of results: Eighty (16.8%) of 476 individuals had TDR (95% CI: 13.6, 20.5). Twenty-two unique base changes totaling 94 mutations were present. Mutations conferring resistance to NNRTIs represented 88% of total TDR, and prevalence of a singular mutation (15.1%) was more common than 2+ (1.7%) mutations. TDR conferring high-level resistance to any ART was found in 44 (9.2%) individuals (95% CI: 6.8, 12.2). Cis-MSM were not more likely than TW to have acquired TDR (16.9% vs 16.7%, p=1.00). Year of diagnosis, age, diagnosis as incident or prevalent infection, or residence district were likewise not associated with risk of TDR.

Conclusions: TDR prevalence within these cohorts was nearly 4-fold the highest previously reported prevalence in any population in Peru. Over half of observed TDR conferred high level resistance to first-line ART, and was largely to NNRTIs. Our findings support the WHO recommendation to consider integrase strand transfer inhibitors in first-line regimens, since empiric use of NNRTIs may fail. This study also represents the first differentiated evaluation of TDR in cis-MSM vs TW in Peru and demonstrates that although TW are at higher risk of HIV acquisition, they are at similar risk of transmitted resistance.

48 SCRENNING FOR HUMAN IMMUNODEFICIENCY VIRUS AND HEPATITIS C IN SAN BERNARDINO COUNTY

Purpose of study: Currently, 15% infected with HIV and 50% infected with HCV are unaware of diagnoses. This is an important health concern because of implications for patient health and health of those at risk to be infected. This program is designed to assess if screening patients that come to the emergency department in the San Bernardino community is an effective way to diagnose new patients and link them to proper medical care.
Methods used Starting in 02/2017, patients seen in the emergency department at Arrowhead Regional Medical Center were screened for both HIV and HCV. Patients were given the option to opt out of the testing. Demographic data including ethnicity, age, and sex for patients whose screening tests were positive was collected as well as relevant laboratory values.

Confirmatory tests were run for patients who were positive for their screening tests. Confirmatory test ran for HIV was the Genieus™ HIV 1/2 confirmatory assay, and confirmatory test for HCV was the HCV RNA and PCR test.

Patients who had positive confirmatory tests were called and notified of the result. Follow up care was scheduled at this time for their condition. At this point, patients were deidentified and given a unique identifier for further analysis.

Summary of results From 02/2017 to 06/2018 18,109 HIV tests were performed and 18,605 HCV antibody tests were performed. Of the HIV tests, 163 new patients were confirmed to be HIV positive and of these patients, 120 were linked to care (prevalence 0.9%). This prevalence is statistically higher (p<0.05) than the estimated general prevalence of the United States (95% CI 0.4116% to 0.4259%). Of the HCV tests, 719 new patients were confirmed to have an active form of the disease, and 376 were linked to appropriate care (prevalence 3.86%). This value is significantly higher than the national average prevalence reported as 2%.

Conclusions Screening in the emergency department is an effective method for diagnosing and linking new patients to appropriate follow up care. Furthermore, our data shows this community is statistically higher than the national average for HIV and HCV infection. This suggests a possible need for further testing and additional care to prevent the spread of these infectious diseases in this area.

Purpose of study The human papillomavirus (HPV) is associated with cervical, head and neck cancers, affecting both females and males. About 99% of all cervical cancers are related to HPV; of these, about 70% are caused by HPV types 16 or 18. The recognition of the virus, specifically HPV Types 16 and 18 and their association with cervical cancer, first led to the development of HPV vaccines, Gardasil and Cervarix. Gardasil is available for use in both females and males aged 9 to 26 years old, while Cervarix is available for females aged 9 to 25 years old. In 2014, a third vaccine, Gardasil 9, was approved by the FDA for prevention against additional HPV types. Despite the availability of this preventative measure against cervical cancer, the rate of HPV vaccination in the United States remains lower than that of other industrialized nations. The purpose of this study is to elucidate mechanisms to help increase the HPV vaccination rate.

Methods used Through the quantitative examination of the data from the states with the lowest and highest vaccination rates, using SPSS statistical analysis; we analyzed several factors involved with the low up-take of the vaccines.

Summary of results The results collected show that socioeconomic status, misconceptions about HPV, and misconceptions about the safety of the vaccines have been identified as possible obstacles to the effective uptake of HPV vaccinations: The proposals made by the President's Cancer Panel to accelerate the uptake of the vaccines included increasing coverage of the vaccines through government-sponsored programs and the Affordable Care Act; increasing accessibility to the vaccines through pharmacies, schools, and clinics; and disseminating more information on HPV to healthcare providers, parents, caregivers and patients.

Conclusions Allowing greater accessibility to the vaccines for all populations regardless of income, education level, and eliminating misconceptions of the vaccines would play a significant role in eliminating cancer health disparities.
first negative blood culture. Patient has been asymptomatic at follow up appointments.  
**Conclusion** Clinicians should be aware of synergistic combination therapy in treatment of serious and persistent infections with MRSA with bacteremia.

**Neonatology General I**

**Concurrent Session**

12:45 PM

**Thursday, January 24, 2019**

**51 CLINICAL DETERIORATION DURING NEONATAL TRANSPORT**

V Pai, P Kan, H Lee. Stanford University, Palo Alto, CA

10.1136/jim-2018-000939.51

**Purpose of study** Identify clinical factors and transport timing variables associated with risk of clinical deterioration during neonatal transport in California.

**Methods used** This study included infants born 2007–2016 who were transported before 7 days after birth and were part of the linked California Perinatal Quality Care Collaborative (CPQCC) and the California Perinatal Transport System (CPTs). The Canadian Transport Risk Index of Physiologic Stability (TRIPS) score is a physiology-based assessment used as a marker of stability during transport. Clinical deterioration (CD) was defined as an increase in TRIPS score during transport. Infants who experienced CD were compared to those who remained stable or improved. Log binomial regression estimated risk ratios and 95% confidence intervals for the association between covariates and the outcome.

**Summary of results** From 2007–2016, 47,794 infants were transported before 7 days after birth. 14,722 (30.8%) had CD. Early gestational age (GA) was associated with increased risk of CD with the highest risk at the earliest GA, RR 1.71 (95% CI 1.47–1.99) for ≤23 weeks, 1.61 (1.51–1.71) for 24–27 weeks, 1.31 (1.24–1.38) for 28–31 weeks compared to ≥37 weeks. This pattern was similar for birthweight. Other clinical variables associated with increased risk of CD were birth defects and delivery room resuscitation. Longer total transport times (time from referral call to arrival at accepting hospital) were also associated with increased risk of CD, RR 1.27 (1.17–1.38) for transports≥6 hours compared to those ≤2 hours. However, the main component of the transport process that was associated with increased risk was the time required for evaluation by the transport team, RR 1.42 (1.35–1.50) for evaluation times≥2 hours compared to those <1 hour.

**Conclusions** In a large and diverse population of infants undergoing transport in California, prematurity, birth defects, and delivery room resuscitation are associated with increased risk of CD. The risk of CD also appears to be associated with longer evaluation periods by the transport team, suggesting that higher risk infants likely require more time for stabilization prior to leaving a referring hospital. The study findings suggest that mothers who are anticipated to have high-risk deliveries should be transferred directly to more specialized centers when feasible to avoid any delay in care for those neonates.

**52 THE EFFECT OF CONCOMITANT PRENATAL MATERNAL MARIJUANA USE ON HEALTH OUTCOMES FOR OPIOID EXPOSED NEWBORNS IN MASSACHUSETTS, 2002–2010**

Y Stein, S Hwang, C Liu, H Diop, E Wymore. University of Colorado, Aurora, CO; Massachusetts Dept of Public Health, Boston, MA

10.1136/jim-2018-000939.52

**Purpose of study** To determine if health outcomes among opioid exposed neonates vary by concomitant maternal marijuana (MJ) use during pregnancy.

**Methods used** We analyzed 2 linked statewide datasets from 2000 to 2010: the Massachusetts (MA) Pregnancy to Early Life Longitudinal data system, which links birth certificates and fetal death records to maternal and infant delivery hospital discharge records; and the MA Bureau of Substance Addiction Services, which contains treatment records for reproductive-aged women in publicly-funded MA substance abuse treatment centers. General estimating equations determined the association between maternal MJ use and neonatal outcomes on opioid exposed neonates, controlling for maternal and infant characteristics.

**Summary of results** Of 4584 infants exposed to opioids during pregnancy, 430 were also exposed to MJ. In the MJ exposed group, mothers were more likely to be younger than 25, non-Hispanic Black race, unmarried, smokers, and have chronic medical and psychiatric conditions. In the adjusted analyses, neonates exposed to both opioids and MJ were more likely to be preterm (AOR 1.72; 95%CI 1.33–2.22) and have low birthweight (AOR 1.46; 95%CI 1.13–1.87) compared to opioid exposed neonates without MJ exposure. Infants exposed to both opioids and MJ had a decreased incidence of NAS (AOR 0.67; 95%CI 0.54–0.83) and prolonged hospital stay (AOR 0.66; 95%CI 0.53–0.83). There was no difference in the risk of cardiac, respiratory, neurologic, infectious, hematologic, gastrointestinal and feeding-related adverse outcomes.

**Conclusions** Maternal opioid plus MJ use during pregnancy was associated with increased preterm birth and low birthweight infants. Newborns exposed to both opioids and MJ had decreased NAS and prolonged hospital stay compared to infants exposed to opioids without MJ. These results should be interpreted with caution, as the long term neurologic effects of prenatal MJ exposure are unclear. Further research is needed to elucidate the biologic mechanisms that underlie the relationship between MJ and opioid exposure with infant health outcomes, and should account for dose and timing of substance exposure, the effect of polypharmacy, and include long-term developmental outcomes.

**53 CORD BLOOD MAGNESIUM LEVELS AND NON-NEUROLOGIC OUTCOMES IN NEONATES LESS THAN 27 WEEKS GESTATIONAL AGE**

M Yang, MW Vanner, B Yoder. University of Utah, Salt Lake City, UT

10.1136/jim-2018-000939.53

**Purpose of study** Randomized trials show decreased cerebral palsy (CP) and improved neurodevelopmental outcomes (NDO) with intrapartum MgSO4 in preterm infants, and is standard of care for women at risk of delivery <32 weeks. Concerns for an increased risk of necrotizing enterocolitis (NEC), especially in neonates≤27 weeks, have been raised (Kamyar M et al. Am J Perinatol 2016). It is unclear if this is

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JIM 2019:67:63–288
A CASE SERIES ASSESSING NEONATAL CSF FLOWS IN HYDROCEPHALUS VERSUS CONTROL PATIENTS


Purpose of study: Management of neonatal CSF disorders including post-hemorrhagic hydrocephalus (pPHH) may benefit from MRI techniques that assess CSF flow such as TimeSTAMP and PC-MRI (2018 Borzage et al). Pediatric studies have reported CSF velocity estimates via PC-MRI of 5.28 ±2.88 cm/s in a study of 21 infants 1–12 months old (2016, Ozturk et, al); however these values may not apply to neonates. We present a case series where we visualized and quantified the peak CSF velocity and flow rates in neonates with communicating and non-communicating hydrocephalus compared to neonates without CSF abnormalities.

Methods used: Using a Phillips 3T scanner, we acquired images in patients and controls (7d–10 mo). Regions were imaged with TimeSTAMP and PC-MRI and included the cerebral aqueduct, interventricular foramen and foramen of Magendie.

With TimeSTAMP, we assessed communication of CSF flow and measured the distance of flow during the 2500 ms delay. For PC-MRI, retrospective cardiac synchronization with pulse-oximetry was used with slices placed perpendicular to CSF flow. We acquired 20 phases with variable encoding velocities (VENC). We computed peak velocity and tested static parenchyma to determine the error in our measurements.

Summary of results: Four nPHH patients and four controls were recruited. The nPHH patients (17 d–10 mo) had imaging performed either pre- or post-surgical intervention. The control patients’ (7d–42d) indications for imaging included facial weakness, HIE, arachnoid cyst and poor feeding. The peak velocities at the cerebral aqueduct were 0.6 ±0.2 cm/s via TimeSTAMP PC-MRI and 0.2 (0.2, 0.4) cm/s via PC-MRI with measurement error of 0.4 cm/s.

Conclusions: In our case series, we found that neonatal CSF flows were 90% slower than values previously reported in infants. Neonatal CSF velocities may be too low to reliably measure with current PC-MRI and we will test the techniques via phantom studies to understand the limitations of PC-MRI and TimeSTAMP in low flow settings. We noted a lack of inter-ventricular CSF flow in some nPHH patients via TimeSTAMP but not in control patients indicating potential clinical importance of this work.
Conclusions 31% of infants had evidence of an abnormal primary outcome. Our results add to the growing literature that suggests infants with evidence of HIE but no or mild encephalopathy might benefit from TH; further clinical trials will be needed to investigate these findings.

Abstract 55 Table 1 Characteristics of 8/26 infants with at least 1 abnormal primary outcome

<table>
<thead>
<tr>
<th>Infant</th>
<th>MRI DOL</th>
<th>MRI NICHD-MRN Score</th>
<th>EEG with Seizures</th>
<th>Abnormal Discharge Exam</th>
<th>Adverse ND Score</th>
<th>Outcome*</th>
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<tbody>
<tr>
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<td>6</td>
<td>1a</td>
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<td>2</td>
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<td>No</td>
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<tr>
<td>3</td>
<td>7</td>
<td>2a</td>
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</tr>
<tr>
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<td>No</td>
</tr>
<tr>
<td>5</td>
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<td>1a</td>
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<tr>
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<td>1b</td>
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<td>Yes</td>
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<tr>
<td>8</td>
<td>10</td>
<td>1a</td>
<td>-</td>
<td>-</td>
<td>No</td>
<td>No</td>
</tr>
</tbody>
</table>

*For infants in ‘No’ category, ND outcomes either 1) negative or 2) not available

LONG ACTING OPIOIDS AND ANTIESTHEPTICS MEDICATIONS PROLONG INPATIENT LENGTH OF STAY AND PHARMACOLOGIC TREATMENT OF INFANTS WITH NEONATAL OPIOID WITHDRAWAL SYNDROME (NOWS)

10.1136/jim-2018-000939.57

Purpose of study Infants with opioid exposure commonly have polysubstance exposure. Our objective was to evaluate the impact of these exposures on neonatal withdrawal treatment-related outcomes.

Methods used We conducted a retrospective chart review of infants who received NWI scoring between 4/2015-5/2018 in our NICU or newborn nursery. Outcome variables included length of stay (LOS), length of treatment (LOT), and need for pharmacologic treatment including adjunctive medications. A univariate analysis of individual exposure (short or long acting opioids, nicotine, stimulants, sedatives, cannabinoids, antidepressants, antiepileptics, antipsychotics) on outcome variables was tested using the Wilcoxon or Chi-Square test. Multivariable regression models were used to estimate the same outcome variables adjusting for breastfeeding, gestational age, SGA, and other medical circumstances delaying discharge. Significance was declared at p<0.05.

Summary of results Of the 248 infants with substance exposure who received NWI scoring, 81% had polysubstance exposure. Median LOS for all exposed infants was 9 days, with 37% requiring pharmacological treatment. Median LOT was 15 days. We detected no difference in all outcome variables related to opioids alone and opioids+additional substances. When analyzed by individual exposure, the univariate analysis revealed long acting opioid (LAO) exposure increased LOS by 39% (p=0.015). Short acting opioids decreased LOT by 33% (p=0.018), whereas antiepileptics additionally predicted an increased LOT by 39% (p=0.015). Short acting opioids decreased LOT by 33% and need for adjunctive medication by 71% (p<0.005).

Conclusions LAO and antiepileptics greatly prolonged hospitalization and need for pharmacological therapy. Specific knowledge of polysubstance exposures may help obstetricians and neonatal providers improve expectant management of polysubstance exposed newborns.
58 PRETERM INFANTS’ CARDIAC RESPONSE TO MATERNAL VOICE

C Gao, HM Feldman, KE Travis. Stanford, CA

10.1136/jim-2018-000939.58

Purpose of study In utero exposure to maternal speech benefits brain and language development. Heart rate increases in response to maternal speech in fetuses and term born infants. Preterm infants mature in the hospital nursery, an environment often deprived of maternal speech. Studies have yet to characterize how immediate cardiac activity varies in response to maternal speech in preterm infants. Here, we measure preterm infants’ cardiac responses to mother’s speech and identify factors that explain variability in these responses.

Methods used Preterm infants (n=24) were born 24–32 weeks gestational age (mean GA=29.70±2.08 weeks and mean postmenstrual age (PMA) at testing=33.73±0.72 weeks). Bedside monitors recorded each infant’s heart rate before, during and after exposure to an audio recording of the infant’s mother reading Paddington Bear in her native language. Cardiac response was defined as average heart rate in the first 2 min after speech onset, minus the 2 min before onset. T-tests and Pearson correlations explored if state, GA, PMA at testing, and maternal education were related to cardiac response.

Summary of results As a group, heart rate increased in response to mother’s speech among awake but not sleeping infants. Individual variability in cardiac responses was significantly associated with maternal education (r=0.61, p<0.05) but not with GA or PMA at testing (p>0.05).

Conclusions Heart rate in awake preterm infants responds to maternal speech. Findings suggested maternal education contributed to variability in infants’ cardiac responses. Future analyses will explore why maternal education affects heart rate and how repeated maternal speech exposure affects variability in cardiac responses.

59 IMPACT OF REPEAT SIMULATED NEONATAL RESUSCITATION TRAINING ON NRP ALGORITHM ADHERENCE IN A COMMUNITY HOSPITAL

R Mamidi, T Huynh, W Lapcharoensap. Oregon Health and Science University, Portland, OR

10.1136/jim-2018-000939.59

Purpose of study To investigate the improvement of NRP algorithm adherence after repeat simulated neonatal resuscitation training with nurses, respiratory therapists, and licensed independent practitioners in a community hospital.

Methods used 62 non-standardized audiovisual recordings of simulated neonatal resuscitation were obtained between April 2017 and February 2018. Videos were analyzed for adherence to the NRP algorithm and scored using a classification tool based on the validated NRP Megacode Checklist. Tasks not visualized were not included in the analysis.

Summary of results Over time, there was a trend towards improvement in tasks performed correctly and concurrent reduction of omission errors. These tasks include: equipment checks, evaluation of heart rate and respirations, assessment with positive pressure ventilation (PPV), assessment within the first 3–10 breaths of PPV, corrective ventilation steps (MR SOPA), and 30 s of PPV prior to chest compressions (figures 1 and 2). Performance decreased in all categories between April 2017 and July 2017, after one simulated resuscitation.

Conclusions Repeat simulated neonatal resuscitation exercises with community hospital trainees is associated with increased tasks observed correctly and decreased errors of omission of the NRP algorithm. This suggests repeat...
resuscitation training can improve adherence to the NRP algorithm. Performance decreased after a single simulated resuscitation, supporting that retention of skills is poor without repetition, consistent with previously published studies. Suggestions for future research include measuring real neonatal resuscitation outcomes in community hospitals that underwent such training.

Neonatology Pulmonary I
Concurrent Session
12:45 PM
Thursday, January 24, 2019

60 PREVENTION OF PERINATAL NICOTINE-INDUCED BONE MARROW MESENCHYMAL STEM CELL DIFFERENTIATION TO MYOFIBROBLAST: A POSSIBLE APPROACH TO PREVENT CHRONIC LUNG DISEASE
S Shah, E Munoz, J Liu, R Sakurai, Y Wang, J Liu, V Rehan. LA Biomed Research Institute at Harbor-UCLA Medical Center, Torrance, CA

Purpose of study
Alveolar lipofibroblasts (LIFs) are critical for lung homeostasis and injury/repair. Perinatal nicotine exposure drives the differentiation of LIFs to myofibroblasts (MYFs). Under appropriate conditions, bone marrow-derived mesenchymal stem cells (BMSCs) can differentiate into a wide variety of cell lineages, and are important players in lung injury repair. However, whether BMSCs can be preferentially driven to a lipofibroblastic phenotype is not known. We hypothesized that perinatal nicotine exposure would block offspring BMSCs lipogenic differentiation, driving these cells towards a MYF phenotype. Since PPARγ agonists can prevent nicotine-induced MYF transdifferentiation, we further hypothesized that modulation of PPARγ expression would inhibit nicotine’s myogenic effect on BMSCs.

Methods used
Pregnant Sprague Dawley rat dams received either placebo, nicotine (1 mg/kg body weight (BW)), or nicotine + the potent PPARγ agonist rosiglitazone (RGZ) (3 mg/kg BW), once daily from embryonic day 6 until postnatal day 21, when pups were sacrificed. At postnatal day 21, BMSCs were isolated and characterized morphologically, molecularly, and functionally for their lipogenic and myogenic potentials.

Summary of results
Perinatal nicotine exposure resulted in decreased oil red O staining, triolein uptake, expression of PPARγ and its down target gene ADRP by BMSCs, but enhanced αSMA and fibronectin expression, and activated Wnt signaling in mRNA and protein levels, all features indicative of their inhibited lipogenic, but enhanced myogenic potential. Importantly, concomitant treatment with RGZ virtually blocked all of these nicotine-induced morphologic, molecular, and functional changes.

Conclusions
Based on these data, we conclude that BMSCs can be directionally induced to differentiate into the lipofibroblastic phenotype, and PPARγ agonists can effectively block perinatal nicotine-induced MYF transdifferentiation, suggesting a possible molecular therapeutic approach to augment BMSC’s lung injury/repair potential.

Grant support
HL127137, HD071731 (NIH); 23RT-0018 and 27IP-0050 (TRDRP)

61 CELLULAR RESPONSES TO HYPOXIA IN THE DEVELOPING LUNG
1,2AME x e i x e l ,1,2LP r i n c e ,1,2CG l a s s ,1,2E Sa j i .
1University of California San Diego, San Diego, CA; 2Rady Children’s Hospital, San Diego, CA

Purpose of study
Exposure of the immature lung to high levels of oxygen (hyperoxia) is an important factor contributing to bronchopulmonary dysplasia (BPD). While supplemental oxygen is life-saving, it can induce inflammation and lead to permanent disruption of normal lung development. However, the immune mechanisms contributing to oxygen-induced injury are incompletely understood. The purpose of this study is to determine the changes in cellular composition of the lung after neonatal hyperoxia exposure with focus on myeloid cells.

Methods used
Newborn C57BL/6 mice were exposed to 75% oxygen for 2 weeks. Lungs were harvested immediately after the hyperoxia exposure or at 2 months of age following recovery in room air. To assess myeloid cell subsets, lungs were homogenized and analyzed by multicolor flow cytometry. We identified alveolar macrophages (AM), interstitial macrophages (IM), Ly6clow patrolling monocytes (pMo), Ly6chigh
inflammatory monocytes (iMo) and neutrophils. Data was analyzed using FloJo.

Summary of results Exposure of the developing lung to hypoxia resulted in significant changes in the composition of the myeloid cell population. After 2 weeks of hypoxia we found a decrease in the proportion of AM and an increase of neutrophils and iMo. The proportion of pMo did not change. When analyzing the lung of adult mice previously exposed to hypoxia in the neonatal period we observed a moderate increase in the proportion of AM, while the other analyzed myeloid cell subsets were comparable to normoxic controls.

Conclusions Hypoxia induces an inflammatory response in the developing lung with differential effects on subsets of myeloid cells. This is initially characterized by a decrease in the proportion of AM accompanied by neutrophilic and monocytic infiltration of the lung. Contrary to the acute phase, adult mice previously exposed to hypoxia in the neonatal period had an increase in the proportion of AM. These results reveal lasting changes in cellular composition of the lung myeloid compartment after neonatal hypoxia exposure with important implications for the design of targeted cell therapy.

Neonatology Pulmonary II
Concurrent Session
3:15 PM
Thursday, January 24, 2019

Purpose of study Impaired nitric oxide (NO) signalling contributes to chronic hypoxia-induced pulmonary hypertension (PH). l-arginine is the substrate for the NO producing enzyme, nitric oxide synthase (NOS), as well as for the enzymes arginase I and II, which can contribute to vascular remodelling. Due to its role as an arginine-NO precursor, l-citrulline has been identified as a potential therapy for chronic hypoxia- induced PH. Arginase expression and activity are regulated by l-arginine but the impact of l-citrulline on the induction of arginase expression and activity is unclear. We tested the hypothesis that supplemental l-citrulline will increase arginase expression and activity in piglet PAEC cultured under hypoxic conditions.

Methods used Piglet PAEC were cultured under hypoxic conditions with different concentrations of l-citrulline (0.1–3.0 mM). Arginase I and II expression were measured by western blot. Arginase activity was measured with an arginase activity assay kit.

Summary of results l-citrulline-induced arginase expression and activity in hypoxic piglet pulmonary arterial endothelial cells (PAEC)

Summary of results in Human preterm MSCs had shorter differentiation, and secreted factors were analyzed utilizing duplication time, Western immunoblot, and proteomics analysis. In vitro potential assessed in hypoxia exposed murine BPD model measuring lung inflammation, lung injury, and pulmonary hypertension; and was compared to murine pups kept in a normoxic environment.

Summary of results in Human perterm MSCs had shorter duplication and differentiation time as well as a higher concentration of cardiopulmonary protective secreted factors compared to term MSCs. Intravenous administration of preterm MSC conditioned media protected from lung inflammation, alveolar loss, and pulmonary hypertension compared with term MSC conditioned media; and was comparable to pups kept in a normoxic environment.

Conclusions Human perterm umbilical cord MSC conditioned media has superior cardiopulmonary protection in murine BPD and can serve as a therapeutic candidate for BPD.
showed, using our preterm lamb model, that 3d of mechanical ventilation (MV) leads to thicker and less secondary septated distal airspace walls, both being indices of alveolar simplification, compared to preterm lambs supported by 3d of non-invasive respiratory support. An unknown is whether preterm lambs that are not endotracheally intubated, and therefore not supported by MV, will have improved architectural formation of alveoli. Therefore, the aim of this study was to develop a preterm lamb model in which lambs were resuscitated non-invasively by facial mask.

Methods used Preterm lambs (delivered by Cesarean-section at 128d gestation; term ~150 d; equivalent to ~28 w gestation in humans) were either (1) intubated at birth, resuscitated by MV, and continued on MV respiratory support (‘MV’; n=4; control group) for 3d or (2) resuscitated by facial mask and continued with non-invasive respiratory support (‘Mask’; n=5) for 3d. The mask group was supported non-invasively by nasal cannula. All lambs were given surfactant prior to delivery and caffeine citrate after delivery. Both groups received two sustained lung inflations (35 s).

Conclusions Mask resuscitation and continuing non-invasive respiratory support leads to better alveolar formation compared to preterm lambs supported by MV.

Summary of results MV-managed preterm lambs had significantly thicker distal airspace walls (2.5±0.2 μm) compared to the mask-managed preterm lambs (2.0±0.1 μm; p<0.05 by unpaired t-test). Volume density of secondary septa was not significantly different in the MV group (4.8%±1.6%; p=0.6) compared to the mask group (8.3%±1.8%) of preterm lambs.

Conclusions Mask resuscitation and continuing non-invasive respiratory support leads to better alveolar formation compared to MV resuscitation and continuing MV of preterm lambs. Supported by R01 HL110002 and Div of Neonatology.

Methods used Preterm lambs (delivered by Cesarean-section at 128d gestation; term ~150 d; equivalent to ~28 w gestation in humans) were either (1) intubated at birth, resuscitated by MV, and continued on MV respiratory support for 6d (MV; n=6) or (2) resuscitated non-invasively by facial mask and continued with nasal CPAP for 6d (Mask; n=4). Both groups were weaned from all respiratory support and lived for ~6 months (m; former preterm (FPT) lambs; ~5 m corrected postnatal age; ~6 y human). Term lambs were not ventilated and lived 5 m. Quantitative immunohistochemistry was used to quantify proliferation and apoptosis.

Summary of results FPT lambs managed by MV or mask during their first week of postnatal life had comparable proliferation index (0.87±0.49 and 0.97±0.18, respectively; mean ±SD; not different) and apoptotic index (apoptotic interstitial cells/total epithelial cells; 0.85±0.70 and 0.60 ±0.25, respectively; not different). These indices were comparable to those for term unventilated lambs (0.64±0.41 for apoptotic index and 0.99±0.51 for proliferation index).

Conclusions Our results suggest that the persistently thicker alveolar walls of FPT lambs that had been resuscitated and subsequently supported by MV may be related to sustained numbers of mesenchymal cells in airspace walls earlier in their life. Supported by R01 HL110002 and Division of Neonatology.

Purpose of study Alveolar simplification is the characteristic histopathology for bronchopulmonary dysplasia. We showed, using our chronically ventilated preterm lamb model, that days or weeks of mechanical ventilation (MV) leads to thicker distal airspace walls, an index of alveolar simplification, compared to non-invasive respiratory support. We also showed that the increased thickness is related to disproportionate proliferation of mesenchymal cells compared to their apoptosis. Our new former preterm lamb studies indicate that their lungs have alveolar walls that are persistently thicker at 5 months corrected postnatal age (cPNA) compared to unventilated term lambs matched for PNA. An unknown is whether the former preterm lambs have persistently disrupted proliferation versus apoptosis of alveolar wall interstitial (mesenchymal) cells.

Methods used Preterm lambs (delivered by Cesarean-section at 128d gestation; term ~150 d; equivalent to ~28 w gestation in humans) were either (1) intubated at birth, resuscitated by MV, and continued on MV respiratory support for 6d (MV; n=6) or (2) resuscitated non-invasively by facial mask and continued with nasal CPAP for 6d (Mask; n=4). Both groups were weaned from all respiratory support and lived for ~6 months (m; former preterm (FPT) lambs; ~5 m corrected postnatal age; ~6 y human). Term lambs were not ventilated and lived 5 m. Quantitative immunohistochemistry was used to quantify proliferation and apoptosis.

Summary of results FPT lambs managed by MV or mask during their first week of postnatal life had comparable proliferation index (0.87±0.49 and 0.97±0.18, respectively; mean ±SD; not different) and apoptotic index (apoptotic interstitial cells/total epithelial cells; 0.85±0.70 and 0.60 ±0.25, respectively; not different). These indices were comparable to those for term unventilated lambs (0.64±0.41 for apoptotic index and 0.99±0.51 for proliferation index).

Conclusions Our results suggest that the persistently thicker alveolar walls of FPT lambs that had been resuscitated and subsequently supported by MV may be related to sustained numbers of mesenchymal cells in airspace walls earlier in their life. Supported by R01 HL110002 and Division of Neonatology.

Purpose of study This study evaluates lung mechanics, airway reactivity, alveolar simplification, and airway smooth muscle (ASM) thickness in former preterm lambs that had one of 3 modes of respiratory support during the first days of postnatal life.

Methods used Preterm lambs (128 d; term ~150 d) were resuscitated and supported by 1) mask, 2)~3 hour mechanical ventilation (MV) and subsequent non-invasive nasal support, or 3) ~6 d MV before weaning from all respiratory support. They lived for ~6 months (m; former preterm (FPT) lambs; ~5 m corrected postnatal age; ~6 y human). Term lambs were not ventilated and lived 5 m. Lung mechanics were measured by forced oscillation technique (FOT) and airway reactivity by changes in FOT parameters after methacholine (MCh) challenge.

Summary of results Increased duration of MV led to significantly altered indices of lung mechanics and airway reactivity (figure 1), and alveolar architecture and ASM thickness (figure 2).

Conclusions Longer duration of MV leads to persistent functional and structural changes in the lung of FPT lambs and may set-up the FPT lambs for adverse reactions to subsequent infection or inflammation.R01 HL110002 and Div of Neo.
USE OF THE NOVEL SURPAS TOOL TO ASSIST INFORMED CONSENT IMPROVES PATIENT SATISFACTION AND SURGEON EFFICIENCY

B Wiesen, MR Bronsert, D Aasen, AB Singh, A Lambert-Kerzner, WG Henderson, K Hammermeister, R Meguid. University of Colorado School of Medicine, Denver, CO

Purpose of study The purpose of this study was to determine the efficacy of use of the Surgical Risk Preoperative Assessment System (SURPAS) tool in assisting in the surgical informed consent process when compared to different surgeons’ routine consent process.

Methods used Patient’s perception of the informed consent process was surveyed. We employed the survey in two cohorts of patients; the first was patients who were consented using the ‘routine’ process employed in each of 10 surgeon’s clinics. The same 10 surgeons were then taught to use SURPAS and employed it for guiding the informed consent process on a subsequent cohort of consecutive patients. The SURPAS tool is an individualized risk prediction tool incorporated into the EHR with visual displays of common adverse surgical outcomes. Patients were surveyed after completion of the ‘routine’ or SURPAS-guided consent process to evaluate their perception of...
the informed consent process. Patient responses were compared using Fisher’s exact test and the Cochran-Mantel-Haenszel test which accounts for patients within surgeons.

Summary of results Patients’ ages, gender, race-ethnicity, and complexity of surgery were similar in the two cohorts (p>0.10). Of 169 patients, 100 underwent the ‘routine’ consent process (RTNE pts), and 69 underwent SURPAS-guided consent (SRPS pts). 100% of SRPS pts reported surgeons spent enough time discussing risks, vs. 72% of RTNE pts (p<0.0001). Mean time spent on the consent process as estimated by patients was 28 mins for RTNE pts vs. 11 mins for SRPS pts (p<0.0001). 100% of SRPS pts were satisfied or very satisfied with the risk discussion vs. 88% of RTNE pts (p<0.0001). 81.2% of SRPS pts reported the risk discussion made them more comfortable to have surgery and 98.5% reported somewhat or greatly decreased anxiety vs. 19% and 20% of RTNE pts, respectively (both comparisons: p<0.0001).

Conclusions The SURPAS tool improved the informed consent process for patients compared to the ‘routine’ process: SURPAS provides preoperative surgical patients a level of comfort and understanding that current practice is unable to do. In addition, it achieves this in a more efficient manner, and increases patient satisfaction despite their perception that it requires less time for consent.

69 DAILY POSTOPERATIVE SILDENAFIL DECREASES INFECTION IN A MOUSE MODEL OF PERIPROSTHETIC JOINT INFECTION

B Zukotynski, G Blumstein, Z Burke, KR Hori, J Caballero, S Uweh, N Cevallos, N Truong, N Benthall. University of California Los Angeles, Manhattan Beach, CA

Purpose of study Prosthetic Joint infections (PJI) remain a devastating problem in orthopaedic surgery. Recent work demonstrated that myeloid derived suppressor cells (MDSC) may play a role in blunting host immune response during S. aureus PJI. Sildenafil was shown to down-regulate MDSC in an in vitro model. We hypothesize sildenafil will decrease bacterial burden in vivo in an established mouse model of PJI.

Methods used Surgery was performed on 8 to 12 week-old C57BL/6 mice to place a titanium implant into the distal femur and innoculate each knee with bioluminescent S. aureus (1 × 10⁶ [CFUs]). The treatment group received daily i.p. injections of sildenafil (20 mg/kg in 100 μL). The infected control group received daily injections of saline. Bacterial burden was monitored with in vivo bioluminescence imaging. Implant and tissue were harvested for CFU enumeration on post-operative day (POD) 28.

Summary of results The sildenafil group had significantly lower bioluminescent signal from POD7-POD28 (figure 1; p<0.05, Mann-Whitney U). Mean CFUs from implants were lower for the sildenafil group vs infected control, with CFUs enumerated from 8% (1/12) of sildenafil treatment implants vs 50% (6/12) of infected controls (figure 2; p<0.05). Tissue CFUs were lower in sildenafil treated mice compared to infected control mice but was not statistically significant (figure 3; p>0.05).

Conclusions This study demonstrates in a previously established and clinically relevant animal model of PJI that sildenafil has a positive impact on bacterial burden and implant infection rates. However, this study does not directly identify the mechanism of action of sildenafil on infection. Work is ongoing to measure MDSC populations in this model of PJI.
Abstract 69 Figure 1  Mean total flux (photons/s/cm²/sr) measured over the knee joint of each mouse

Abstract 69 Figure 2  CFUs adherent to implants

Abstract 69 Figure 3  CFUs from tissue
THE EFFECT OF ANNUAL SURGEON VOLUME OF TOTAL KNEE ARTHROPLASTY ON PATIENT REPORTED OUTCOMES

1M Gulbrandsen, 2K Schmidt. 1University of Arizona College of Medicine – Phoenix, Mesa, AZ; 2OrthoArizona, Phoenix, AZ

Purpose of study Patient Reported Outcomes (PRO’s) have become increasingly utilized in the assessment of medical interventions. Their role in orthopaedics continues to evolve and commonly affects reimbursement and reporting. Surgeon volume and PRO’s have not been extensively studied. The goal of this study is to provide information for orthopaedic surgeons to facilitate an understanding of how the number of Total Knee Arthroplasties (TKAs) they perform in a year may affect the outcomes and complications as reported by their patients.

Methods used A total of 2877 patients who underwent TKA and completed a series of preoperative and postoperative PRO surveys were studied. Available demographic information included gender, age, BMI, and payer status. Pre-surgery, 3 month post-surgery, and 1 year post-surgery Knee injury and Osteoarthritis Outcome Score (KOOS) survey responses were collected using a novel web-based collection system. One-way ANOVA and independent sample t-tests were used to compare KOOS central tendency measures between volume categories to assess significant differences.

Summary of results Surgeons were categorized into the following groups based on their annual surgical volume between 2014 and 2016: 0–12, 13–59, 60–145, >145 TKA procedures. When comparing these groups at the 3 month and 1 year follow up, there were no significant differences in average KOOS scores. However, patient reported complications were significantly higher (p<0.0001) for the lowest volume category at the 3 month and one-year post-operative timeframes. Surgeons who performed 0–12 TKA per year had a 7.7% patient reported complication rate, while surgeons who performed 13–59, 60–145, and >145 had patient reported complication rates of 2.6%, 2.4%, and 3.8%, respectively.

Conclusions Annual surgeon volume for TKA procedures is not significant in determining PROs as measured by average overall KOOS scores at the 3 month and 1 year post-operative time periods. However, patient reported complication rates were higher in lowest volume surgeon group at both of these post-operative time periods.
71 OUTCOMES USING THE SUPRACLAVICULAR ARTERY ISLAND FLAP IN MUCOSAL VERSUS CUTANEOUS HEAD AND NECK RECONSTRUCTION

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10.1136/jim-2018-000939.71

Purpose of study The suprACLavicular artery (SAI) flap is a fasciocutaneous rotational flap used for head and neck reconstruction. It may provide a better option than conventional flaps in select situations because it is thin and pliable, reliable, easy to harvest and provides superior color match. However, to better understand where to use SAI flaps, it is important to know whether complication rates vary depending on reconstruction site. Our goal was to address this question by determining whether SAI flap complication rates differ between mucosal and cutaneous reconstruction sites.

Methods used We reviewed 107 consecutive SAI flaps performed by the senior author from 2010–2018. We recorded the site of reconstruction (mucosal vs. cutaneous) and any post-operative complications. Complications were categorized as total (100%) or partial (<100%) flap necrosis, fistula, and flap dehiscence at recipient site. We further categorized each complication as major (defined as total flap necrosis or any complication requiring a second surgery) or minor (all other complications). We used Chi-square test for all analyses. We determined statistical significance at \( p<0.05 \).

Summary of results SAI flaps were used to reconstruct cutaneous and mucosal defects at a similar rate (56% vs. 44%, \( p=0.09 \)). Compared with cutaneous reconstruction sites, SAI flaps for mucosal sites had higher rates of total complications (54% vs. 34%, \( p=0.04 \)), flap dehiscence at the recipient site (32% vs. 14%, \( p=0.03 \)), and major complications (21% vs. 5%, \( p=0.02 \)). Complication rates for total flap necrosis, partial flap necrosis, and minor complications were similar for mucosal and cutaneous sites.

Conclusions The SAI flap is more appropriate for use in cutaneous reconstruction of the face, neck, and parotid/temporal bone regions than mucosal reconstruction.

72 NOVEL PAN FIBER FOR TREATMENT OF MACULAR DEGENERATION SHOWS EFFICACY AND BIOCOMPATIBILITY IN EYE

A Strong, J Morgenstern, J Olson. Colorado University School of Medicine, Denver, CO
10.1136/jim-2018-000939.72

Purpose of study Age related macular degeneration (AMD) is one of the leading causes of blindness in the United States. AMD has been linked to an aberrant complement system, with genetic studies finding an increased risk of developing AMD with a single nucleotide change in the complement factor H (CFH) gene. Currently, there is no effective treatment for dry AMD, and treatment for wet AMD involves monthly intraocular anti-VEGF injections. As such, considerable efforts have been directed toward developing a better therapy option. The AmpVision Intravitreal Implant, is composed of a protein adsorbing polyacrylonitrile (PAN) polymer that has been shown to bind complement factor (CF). It is hypothesized that the permanent implant will decrease the amount of CF in the eye, thereby slowing disease progression of both wet and dry AMD. We tested the degree of CF affinity, biocompatibility, and efficacy of AmpVision.

Methods used Ex Vivo efficacy was tested by subjecting diabetic human vitreous fluid to PAN fibers for 30 min. Biocompatibility was tested in Brown Norway rats (\( n=5 \)) with endpoint ERG and histology, and New Zealand White cross rabbits (\( n=5 \)) with histology. In vivo efficacy was tested in an AMD mouse model homozygous CFH -/- (\( n=19 \)) with serial ERG, OCT thickness, and cell counts to measure changes in the retina. Devices were implanted in the right eye, and the left eye was used as a control in all animals. Data presented as means and standard errors.

Summary of results Ex vivo, the vitreous exposed to PAN fiber showed a significant decrease in CF in comparison to the control group (19.7±3.2 ng/ml vs. 596.0±21.1 ng/mL, \( p=0.0003 \), Student’s t-test). The PAN fiber was well tolerated, showing no difference in the outer nuclear layer cell counts between eyes (Rabbit: RE=172.8±5.8, LE=176.5±4.4, \( p=0.5721 \) Student’s t-test, Rat: RE=145.5±4.3, LE=140.5±4.1, \( p=0.4190 \) Student’s t-test). Endpoint ERGs in the rats demonstrated no difference in step 3A between right and left eyes (RE=−79.3±16.8, LE=−103.4±15.8, \( p=0.0762 \) Student’s t-test).

Conclusions In summary, our preliminary studies have shown biocompatibility of the PAN device in two animal models and efficacy in removing CF from vitreous ex vivo. We will continue testing in vivo efficacy in the CFH -/- model.

73 ASSESSING THE STERILITY OF HOLLOW BORE INSTRUMENTS USED IN PLASTIC SURGERY

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10.1136/jim-2018-000939.73

Purpose of study The sterility of surgical instruments is crucial in preventing infections during surgery. To fully clean these instruments, cleaning, disinfection and sterilization are all required. The sterilization process typically uses an autoclave which heats the instruments up to about 121°C–134°C at 15–30 psi for 20–30 min. Autoclaving of hollow surgical instruments is more of a challenge because of the shape of these tubes. It is possible that the autoclave does not fully kill all microbial life and/or remove all biologic material throughout the length of the hollow instrument. Difficulties in sterilization of intestinal endoscopes have been studied extensively demonstrating residual DNA and protein after standard cleaning protocols. The sterility of other hollow instruments, such as liposuction cannulas and endoscope sheaths has not been well studied. The purpose of this study was to determine whether hollow surgical instruments contain significant amounts of microbial life, residual protein and DNA.

Abstract 73 Table 1

<table>
<thead>
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<th>1</th>
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<td>6.1</td>
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<td>26.4</td>
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<td>DNA (ng/µL)</td>
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<td>32.5</td>
<td>14.6</td>
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<td>54.2</td>
<td>29.0</td>
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</table>
Methods used Eight different hollow instruments were studied after sterilization before use and after surgery. Under sterile conditions, fifteen mL of 0.9% saline solution was passed through the tubes using a syringe and the residual fluid was collected. The method for collecting the sample was based on studies that collected samples from gastroscopes to assess for microbial material and their DNA and protein levels. Portions of the samples were plated on Petri dishes and microbial growth was evaluated at day 3, 5 and 10. Portions were then tested to assess for residual DNA and protein levels in these instruments.

Summary of results There was no microbial growth on any of our culture plates on days 3, 5, and 10. Protein and DNA levels measured after sterilization are summarized in table 1.

Conclusions Although there was no microbial growth in these instruments, trace protein was detected across instrument types as was DNA. The authors postulate whether or not hollow bone instruments should all be disposable.
Purpose of study Thyroid hormone plays a central role in metabolic homeostasis. Occurrence of a hypercoagulable state during hypothyroidism suggests an increased risk for thromboembolic events (TEE). We hypothesize that individuals with hypothyroidism will experience more thromboembolic events than those with normal thyroid function.

Methods used Data from the Electronic Medical Record between 2005–2007 were used to classify adult patients according to Thyroid Stimulating Hormone (TSH) level as Hyperthyroid (n=624), Euthyroid (n=10,320), Subclinically Hypothyroid (n=843), or Overtly Hypothyroid (n=326). ICD-9/10 codes were used to identify subsequent TEEs during 10–12 years of follow-up through 2017. Known hypercoagulable conditions were excluded. The Chi-squared test was used to compare rates of TEE across study groups, and multiple logistic regression was used to determine the odds of TEE after adjusting for covariates.

Summary of results There were 232 TEEs among 12,113 individuals over 5.1 ± 4.3 years of follow up. Risk for TEE varied significantly across categories and was modified by age while controlling for sex. As shown in the Data Table 1, Overt Hypothyroidism conferred a significantly higher risk for TEE than Euthyroidism for people below age 40. Also, men were at higher risk for subsequent TEE than women when controlling for age (OR=1.48, 95% CI=1.14–1.93). When analyzing the data on smoking status (n=5,068; 86 cases of TEE), similar results were found while adjusting for age and sex, with smokers having 2.19 higher odds of experiencing TEE relative to non-smokers (95% CI 1.40–3.40).

Conclusions In this study, Overt Hypothyroidism conferred an increased risk of a subsequent TEE over the next 10 years as compared to Euthyroidism for individuals below the age of 40, and men were at higher risk for a subsequent TEE as compared to women regardless of thyroid status or age.

### Abstract 76 Table 1 Overt hypothyroidism vs euthyroidism

<table>
<thead>
<tr>
<th>Age at Classification</th>
<th>OR for TEE</th>
<th>95% CI</th>
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<tbody>
<tr>
<td>30 years</td>
<td>5.42</td>
<td>1.69–17.38</td>
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<tr>
<td>35 years</td>
<td>3.60</td>
<td>1.55–8.35</td>
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<tr>
<td>40 years</td>
<td>2.39</td>
<td>1.28–4.48</td>
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<tr>
<td>45 years</td>
<td>1.59</td>
<td>0.83–3.03</td>
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<td>50 years</td>
<td>1.07</td>
<td>0.44–2.54</td>
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<td>55 years</td>
<td>0.70</td>
<td>0.21–2.34</td>
</tr>
<tr>
<td>60 years</td>
<td>0.47</td>
<td>0.10–2.24</td>
</tr>
</tbody>
</table>

### Abstract 77 VASCULAR HEALTH OF CHILDREN CONCEIVED VIA IN VITRO FERTILIZATION

WY Zhang, E Selamet Tierney, A Chen, R Fleischmann, V Baker. Stanford University School of Medicine, Los Altos Hills, CA

10.1136/jim-2018-000939.77

Purpose of study Although in vitro fertilization (IVF) has helped infertile couples for nearly four decades, there is a paucity of knowledge regarding the long-term health of offspring. The cardiovascular system is one of the first to develop and is thus particularly sensitive to perturbations during the periconceptual period. IVF conceptions begin in the laboratory and initial embryonic development occurs in a maternal endocrine milieu which is not physiologic. Therefore, we hypothesized that IVF may have an adverse effect on the cardiovascular health of offspring.

Methods used We recruited 17 children aged 10–14 years who were conceived via IVF with autologous oocytes at Stanford. Endothelial pulse amplitude testing (EndoPAT) was used to assess endothelial function, carotid ultrasound to determine intima-media thickness, and pulse wave velocity (PWV) to determine arterial stiffness. These are all reliable, non-invasive modalities agreed upon by the American Heart Association to be standard research assessment tools and sensitive markers to assess vascular health, which have been predictive of later development of cardiovascular disease. We compared the study cohort to published norms or to historical Stanford controls.

Summary of results The participants had a normal mean body mass index (18.45 ± 2.03) and mean systolic BP (104 ± 6 mmHg). Diastolic BP was slightly high for age (mean 65 ± 2.0 mmHg, 55 th percentile). Compared to Stanford historical controls, IVF children had significantly thicker common carotid artery IMT (0.44 ± 0.027 mm vs. 0.38 ± 0.04 mm, p = 0.0001), higher mean elastic modulus (395 ± 80 mmHg vs. 289 ± 97 mmHg, p = 0.015), and higher β stiffness (2.65 ± 0.37 vs. 2.28 ± 0.26, p = 0.0008). Mean EndoPAT index for our cohort was 1.66 ± 0.52 with 71% of the cohort having abnormal values defined as < 1.9. The mean PWV was 4.69 ± 0.55 m/s compared to the normative 4.73 ± 0.50 m/s (p = 0.76) with 47% of the cohort having abnormal values.

Conclusions Overall, this study suggests that children conceived via IVF have evidence of abnormal vascular health including thicker artery intima and increased arterial stiffness, indicating potential increased long-term cardiovascular risks. Future studies are needed to further investigate the pathophysiology leading to these changes and to assess the long-term vascular health of IVF offspring.

### Abstract 78 PROTECTION FROM HEART DISEASE IN PEOPLE WITH DOWN SYNDROME IS UNLIKELY THE RESULT OF CHANGES IN THE ATHEROSCLEROTIC PATHWAY

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10.1136/jim-2018-000939.78

Purpose of study People with Down syndrome (DS), a condition caused by trisomy 21 (T21), present with unique co-morbidities. While these individuals are more likely to develop risk factors for heart disease – including obesity and
Abstracts

SURGICAL REPAIR OF EBSTEIN’S ANOMALY

T Rosenblatt, R Mainwaring, GK Lui, M Ma, F Hanley. Stanford University School of Medicine, Stanford, CA

Purpose of study Ebstein’s anomaly is a rare congenital malformation characterized by an abnormality of the tricuspid valve and right ventricle. It often requires surgical intervention due to progressive tricuspid valve regurgitation and development of clinical symptoms. However, there is currently a controversy regarding the optimal surgical approach to this complex congenital heart defect. In addition, the optimal timing of surgical intervention remains uncertain, largely due to the wide variability of this disease. The purpose of the current study was to review our surgical experience with Ebstein’s anomaly at a single institution.

Methods used This was a retrospective review of 47 patients with Ebstein’s anomaly who underwent surgical repair at Stanford from 2004 to 2017. Our surgical approach repairs the leaflets at the pre-existing level and does not attempt to create an anatomic annulus. The median age at surgery was 17 years (range 3 to 52 years). Pre-operatively, the median degree of tricuspid regurgitation was graded as moderate-to-severe, and the median right ventricular function was graded as mildly decreased.

Summary of results Forty-seven patients underwent surgical repair without any mortality. Thirty-eight patients (81%) had a successful repair, as evidenced by a decrease in the amount of tricuspid regurgitation to a median grade of ‘trace’ regurgitation. Nine patients ultimately proved to have an unsuccessful long-lasting repair, as evidenced by recurrent tricuspid regurgitation. Six of these patients underwent re-repair, while two patients (4%) required tricuspid valve replacement. One patient has persistent severe tricuspid regurgitation and will require re-operation in the future.

Conclusions The data demonstrate that repair for Ebstein’s anomaly can effectively reduce the amount of tricuspid regurgitation in the majority of patients. In our series, 13% of patients required a future re-repair and only 4% of patients required eventual tricuspid valve repair.

80 DOES ANTI-THYMOCYTE GLOBULIN INDUCTION TRULY LEAD TO INCREASED CYTOMEGALOVIRUS INFECTION AFTER HEART TRANSPLANTATION IN THE CURRENT ERA?

S Mersola, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA

Purpose of study Anti-thymocyt globulin (ATG) is commonly used as induction therapy immediately after heart transplantation (HTx). ATG has been associated with an increase in cytomegalovirus (CMV) infection when used with maintenance cyclosporine. In the current era, tacrolimus has replaced cyclosporine as the main maintenance immunosuppressive agent. It

Abstract 80 Table 1

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>ATG Induction (n=342)</th>
<th>No ATG (n=312)</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Year Freedom from CMV Infection</td>
<td>93.6%</td>
<td>96.5%</td>
<td>0.082</td>
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<table>
<thead>
<tr>
<th>Endpoints</th>
<th>ATG Induction (n=342)</th>
<th>No ATG (D-R-) (n=312)</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>CMV Mismatch</td>
<td>89.9%</td>
<td>94.6%</td>
<td>92.3%</td>
</tr>
<tr>
<td>(D+R), n=79</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 Year Freedom from CMV Infection</td>
<td>73.4%</td>
<td>80.1%</td>
<td>83.1%</td>
</tr>
<tr>
<td>Treated Rejection</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 Year Freedom from Acute Cellular Rejection</td>
<td>87.3%</td>
<td>95.2%</td>
<td>90.8%</td>
</tr>
<tr>
<td>Antibody-Mediated Rejection</td>
<td>87.3%</td>
<td>88.6%</td>
<td>92.3%</td>
</tr>
</tbody>
</table>

*Pairwise Analysis: CMV Mismatch vs D-R-, p=0.060 **Pairwise analysis CMV Mismatch vs D-R-, p=0.050
is not clear whether ATG induction does indeed lead to more CMV infection in the tacrolimus era.

**Methods used** Between 2010 and 2016, we assessed 342 patients who received ATG induction therapy and compared them with HTx patients who did not receive ATG (n=312). ATG is usually administered to patients with renal insufficiency to delay tacrolimus initiation and to sensitized patients (PRA ≥10%). Patients treated with ATG were then divided into their CMV serologies and analyzed for the development of CMV infection. Incidence of rejection was also evaluated.

**Summary of results** There was a trend towards an increase in CMV infection in patients who received ATG induction therapy after HTx (see table 1). When the ATG population was analyzed by CMV serology, CMV mismatch (D+R-) had a numeric increase in CMV infection but this result was not statistically significant. When compared to the D-R+ group on pairwise analysis, there was a trend towards increased CMV infection and any-treated rejection in the CMV mismatch group (see table 1). Of note, valcyte induction was similar between groups per the HTx protocol.

**Conclusions** ATG therapy trends towards increased CMV infection post-HTx. Patients who have been treated with ATG and have CMV mismatch may have increased CMV infection as well as rejection. Larger numbers are needed to confirm these findings.

### Abstracts

#### 81 MANY LOW RISK WOMEN AND MEN EVALUATED IN A CHEST PAIN UNIT CAN BE SAFELY AND RAPIDLY DISCHARGED WITHOUT PRE-DISCHARGE CARDIAC TESTING

**Authors** P Prasad, S Howell, N Sree, E Amsterdam. University of California, Davis, Medical Center, Sacramento, CA; Oregon Health Science University, Portland, OR

**Purpose of study** Management of patients at low risk for acute coronary syndrome (ACS) presenting to the emergency department with chest pain remains challenging. We examined a cohort of low risk women and men admitted to our chest pain unit (CPU) with negative cardiac injury markers, normal ECG, and clinical stability. We predicted that both low risk women and men could be safely and rapidly discharged without pre-discharge testing.

**Methods used** The study group comprised 719 consecutive low risk patients, including 371 (52%) women, evaluated over 2 years. Utilization of pre-discharge testing (PDT), test results, and follow-up MACE (cardiac death, myocardial infarction, and revascularization) at 30 days and 6 months were compared between women and men.

**Summary of results** Women were older (60 vs 55 years, p<0.0001), had similar number of cardiac risk factors (mean 1.9 vs 2.0), and were less likely to have a history of coronary artery disease (11% vs 18%, p=0.006). A large proportion of both sexes did not undergo PDT, although the frequency of no PDT was higher in women: 50% vs 42%, p=0.02. When referred for PDT, women more often underwent myocardial stress scintigraphy (MPS) (23% vs 16%, p=0.02) and less often received treadmill exercise testing (19% vs 33%, p<0.001). Positive results of PDT were significantly less in women than men (3/184, 2% vs 12/203, 12%, p=0.02). LOS was shorter for patients who did not undergo PDT compared to patients who did receive PDT (5.3 hours vs. 10.2 hours, p<0.0001) without altering post-discharge MACE. Follow-up revealed low risk for MACE in women and men at 30 days (0 vs 0) and 6 mos (3/287, 1.0% vs n=3/235, 1.3%).

**Conclusions** Our findings suggest that both women and men admitted to the CPU have: 1) low clinical risk profiles for ACS, 2) large proportions not referred for PDT, 3) brief LOS in the CPU, and 4) modest rates of MACE at 6 mos post-discharge. Thus, many low risk women and men can be safely and rapidly discharged without PDT and with low risk for MACE early and at 6 mos of follow-up. Further, no PDT was associated with significantly reduced LOS, with the potential for cost savings in this large patient population.

#### 82 THE EVOLVING LONG-TERM OUTCOME OF HEART TRANSPLANTATION IN AMYLOID PATIENTS

**Authors** A Jain, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA

**Purpose of study** Both amyloid light chain (AL) amyloidosis and transthyretin-related (TTR) amyloid are expanding indications for heart transplantation (HTx). In the past, AL amyloid, in particular, had been a contraindication to HTx given its systemic nature and the increased risk for mortality. Modern treatments including proteasome inhibitors have allowed amyloid patients to receive HTx at an increasing rate. We sought to assess long-term post-HTx outcome in amyloid patients in the current era.

**Methods used** Between 2010 and 2015, we assessed 27 patients (5 AL, 10 TTR-wildtype (wt), 12 TTR-mutant (m)) undergoing HTx for cardiac amyloidosis at our single center. A non-amyloid restrictive cardiomyopathy control population was included (n=18). Endpoints included 3 year outcomes including survival, freedom from cardiac allograft vasculopathy (CAV, as defined by stenosis ≥30% by angiography), freedom from non-fatal major adverse cardiac events (NF-MACE: myocardial infarction, new congestive heart failure, percutaneous coronary artery revascularization) at 30 days and 6 months were compared between AL and TTR patients (PRA/C21 10%). Patients treated with ATG were then divided into their CMV serologies and analyzed for the development of CMV infection. Incidence of rejection was also evaluated.

### Table 1

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>AL (n=5)</th>
<th>TTR wt (n=10)</th>
<th>TTR mutant (n=12)</th>
<th>Non-Amyloid Restrictive Control (n=18)</th>
<th>Log-Rank P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 Year Survival</td>
<td>100.0%</td>
<td>90.0%</td>
<td>83.3%</td>
<td>94.4%</td>
<td>0.790</td>
</tr>
<tr>
<td>3 Year Freedom from CAV</td>
<td>80.0%</td>
<td>80.0%</td>
<td>83.3%</td>
<td>88.9%</td>
<td>0.990</td>
</tr>
<tr>
<td>3-Freedom from NF-MACE</td>
<td>100.0%</td>
<td>90.0%</td>
<td>75.0%</td>
<td>100.0%</td>
<td>0.112</td>
</tr>
<tr>
<td>3-Freedom from Any-Treated Rejection</td>
<td>100.0%</td>
<td>100.0%</td>
<td>91.7%</td>
<td>94.4%</td>
<td>0.619</td>
</tr>
<tr>
<td>3 Year Freedom from Acute Cellular Rejection</td>
<td>100.0%</td>
<td>100.0%</td>
<td>91.7%</td>
<td>100.0%</td>
<td>0.518</td>
</tr>
<tr>
<td>3 Year Freedom from Antibody-Mediated Rejection</td>
<td>100.0%</td>
<td>100.0%</td>
<td>94.4%</td>
<td>94.4%</td>
<td>0.367</td>
</tr>
</tbody>
</table>
intervention, implantable cardioverter defibrillator/pacemaker implant, stroke), and freedom from any-treated rejection, acute cellular rejection, and antibody-mediated rejection.

**Summary of results** There was no significant difference between the AL amyloid, TTR-wt, TTR-m, and restrictive non-amyloid patients with respect to 3 year survival and 3 year freedom from CAV, NF-MACE, and rejection (see table 1). Endomyocardial biopsies post-HTx did not show amyloid.

(see table 1)

**Conclusions** In the current era, both AL and TTR amyloid patients have acceptable mid-term outcome after HTx. Larger numbers and longer followup are needed to confirm these findings.

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**Abstracts**

### 83 ELECTIVE LEFT PULMONARY ARTERY EMBOLIZATION FOR PULMONARY ARTERIOVENOUS MALFORMATIONS SECONDARY TO CAVOPULMONARY ANASTOMOSES NOT RESPONSIVE TO HEART TRANSPLANTATION

1C Bebawy, 2BM Gordon, 2MJ Bock. 1Loma Linda University School of Medicine, Loma Linda, CA; 2Loma Linda Children’s Hospital, Loma Linda, CA

10.1136/jim-2018-000939.83

**Case report** This is the first report to present a case of pulmonary arteriovenous malformations, PAVMs, which failed to resolve after isolated heart transplantation, HTx, in a child with history of cavopulmonary anastomoses, CVPAs. Additionally, this is the first reported case of therapeutic embolization of the left pulmonary artery, LPA, to correct severe cyanosis in this setting with excellent results. The patient was born with heterotaxy-asplenia syndrome and complex congenital heart disease. Several years after CVPAs procedures, she developed PAVMs with associated cyanosis. The PAVMs persisted predominantly in the left lung, despite orthotopic HTx two years prior. She developed worsening cyanosis following an episode of acute rejection (O2 saturation in the 60 s, and in the 70 s with supplemental oxygen). Elective transcatheter LPA embolization was performed and normalized her O2 saturation, 94%, without a significant increase in pulmonary artery pressure (17 mmHg). The patient’s quality of life improved significantly.

**Panel 1:** Patient’s Anatomy Diagram
- A) At birth
- B) After a bilateral bidirectional Glenn and Kawashima connection
- C) After Fontan circulation
- D) After HTx

**Panel 2:** Chest CT Angiogram: Enlarged left pulmonary vessels in the anterior segment of the left upper lobe and basilar segments of the left lower lobe suggesting the presence of PAVMs

**Panel 3:** Heart Catheterization with LPA test occlusion
- A) Diffuse left lung PAVMs
- B) Test occlusion of left pulmonary artery with sizing balloon

**Panel 4:** LPA Device Deployment: lateral projection of main pulmonary artery angiogram after LPA embolization with a 16 mm Vascular Plug

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### 84 SURGICAL ABLATION OF REFRACTORY VENTRICULAR ARRHYTHMIAS GUIDED BY ELECTROPHYSIOLOGIC AND ELECTROANATOMIC MAPPING

MJ Kunkel, P Sauer, A Tumolo, MM Zipse, A Sandhu, C Tompkins, DT Nguyen, WS Tzou. University of Colorado School of Medicine, Aurora, CO

10.1136/jim-2018-000939.84

**Introduction** Percutaneous ventricular tachycardia (VT) ablation may be unsuccessful with limited epicardial...
Abstract 84 Table 1

<table>
<thead>
<tr>
<th>Patient</th>
<th>Sex</th>
<th>Age (years)</th>
<th>LVEF (%)</th>
<th>Cardiomyopathy cause</th>
<th>Prior RFA (Endo/Epi)</th>
<th># Prior AADs</th>
<th>Etiology</th>
<th>Other Cardiac Approach Planned</th>
<th>Surgical Approach</th>
<th>VTs Targeted</th>
<th>Substrate Localization</th>
<th>Mapping Tool</th>
<th>Acute outcome</th>
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<td>Male</td>
<td>65</td>
<td>66</td>
<td>Idiopathic</td>
<td>Y/Y</td>
<td>4</td>
<td>None</td>
<td>Prior surgical ablation</td>
<td>Lateral thoracotomy</td>
<td>1</td>
<td>Inferolateral LV base</td>
<td>1, 2, 3</td>
<td>1–2</td>
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<tr>
<td>2</td>
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<td>66</td>
<td>40</td>
<td>Non-ischemic</td>
<td>Y/Y</td>
<td>4</td>
<td>None</td>
<td>Prior ablation complicated by hemopericardium</td>
<td>Lateral thoracotomy</td>
<td>1</td>
<td>LV inferior and inferolateral base to mid-LV</td>
<td>1–2</td>
<td>2</td>
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<tr>
<td>3</td>
<td>Male</td>
<td>54</td>
<td>19</td>
<td>Non-ischemic</td>
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<td>5</td>
<td>N/A</td>
<td>LVAD</td>
<td>Median sternotomy</td>
<td>1</td>
<td>LV inferolateral wall: base to apex</td>
<td>1, 2, 3</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>Male</td>
<td>62</td>
<td>40</td>
<td>Ischemic</td>
<td>Y/Y</td>
<td>2</td>
<td>None</td>
<td>Prior ablation complicated by hemopericardium</td>
<td>Lateral thoracotomy</td>
<td>2</td>
<td>LV inferior and inferolateral base to mid-LV</td>
<td>1, 2, 3</td>
<td>1–2</td>
</tr>
<tr>
<td>5</td>
<td>Female</td>
<td>71</td>
<td>18</td>
<td>Non-ischemic</td>
<td>N/N</td>
<td>2</td>
<td>N/A</td>
<td>LVAD</td>
<td>Median sternotomy</td>
<td>1</td>
<td>LV lateral base to mid-LV</td>
<td>1–2</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>Male</td>
<td>65</td>
<td>17</td>
<td>Ischemic</td>
<td>Y/N</td>
<td>3</td>
<td>N/A</td>
<td>LVAD</td>
<td>Median sternotomy</td>
<td>1</td>
<td>Septum: anterior and posterior LV walls</td>
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<tr>
<td>7</td>
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<td>40</td>
<td>Ischemic</td>
<td>Y/Y</td>
<td>3</td>
<td>N/A</td>
<td>None</td>
<td>Lateral thoracotomy</td>
<td>1</td>
<td>Inferolateral LV: base to apex</td>
<td>1, 2, 3</td>
<td>1–2</td>
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<tr>
<td>8</td>
<td>Male</td>
<td>62</td>
<td>36</td>
<td>Non-ischemic</td>
<td>Y/N</td>
<td>2</td>
<td>None</td>
<td>Prior extensive epicardial ablation</td>
<td>Lateral thoracotomy</td>
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<td>LV summit</td>
<td>1–3</td>
<td>3</td>
</tr>
<tr>
<td>9</td>
<td>Male</td>
<td>69</td>
<td>30</td>
<td>Non-ischemic</td>
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<td>LVAD</td>
<td>Median sternotomy</td>
<td>1</td>
<td>LV summit</td>
<td>1, 2, 3</td>
<td>2</td>
</tr>
</tbody>
</table>

Access. Open surgical ablation (SA) is an option but precision is challenging without electrophysiological (EP) data. We describe our SA experience using EP and electroanatomic mapping (EAM) in patients with refractory VT storm.

Methods Nine patients with recurrent VT despite antiarrhythmic drugs (AADs) and prior catheter ablation who needed surgical epicardial access or cardiac surgery underwent open SA using intra-operative EAM and EP mapping.

Results Table 1 shows baseline and procedural data. Patients were 65±5 years, 8 (89%) were male, had a mean left ventricular ejection fraction of 34±15%; 4 (44%) had left ventricular assist device (LVAD) implantation with SA. Contemporary EP and EAM modalities and cryoablation were used in all; radiofrequency energy was additionally used in 2 (29%). Goals of VT non-inducibility or exit block pacing within isolated regions at high output were achieved in 8 (89%) AADs continued in all on discharge. In a median follow-up of 557 days, 8 (89%) patients had ventricular arrhythmia suppression and did not require further treatment; one had severe heart failure, recurrent VT and subsequently underwent orthotopic heart transplantation within one month of SA.

Conclusion Open surgical mapping and ablation of refractory VT using contemporary EP tools can help manage patients with contraindication to percutaneous epicardial access or with indication for cardiac surgery.

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85 EARLY DETECTION OF ATRIAL FIBRILLATION-ATRIAL FLUTTER USING REMOTE PATIENT MONITORING

S Joung, I van den Broek, M Lopez, S Dhawan, KN Mouapi, M Matali, Q Fu, Van Eyk, B Spiegel, N Bainey, Merz, C Shufelt. Cedars-Sinai Smidt Heart Institute, Los Angeles, CA; Cedars-Sinai Center for Outcomes Research and Education, Los Angeles, CA

Purpose of study Remote patient monitoring (RPM), patient-reported outcomes (PROs), and biomarkers may be useful for early detection of major adverse cardiac events. We present a 64 year man enrolled in a precision medicine study in whom RPM detected the presence of atrial fibrillation-atrial flutter (AFib-Flutter), facilitating prompt treatment.

Methods used Patients with ischemic heart disease (IHD) were monitored over 12 weeks. RPM data included a wrist-worn sensor to track activity and heart rate (Fitbit) and weekly recordings of electrocardiogram rhythm strips (AliveCor). PROs were collected using PROMIS, Seattle Angina Questionnaire, and Kansas City Cardiomyopathy Questionnaire. Biomarkers were obtained by monthly self-administered fingerpricks using a microsampling device (Mitra®).

Summary of results Fitbit data reported daily average of 18.9 hours of sedentary time. At week 9, the patient felt palpitations and chest pain. His AliveCor reported ‘possible AFib’, which led him to call paramedics and subsequently be
admitted to the hospital. He received expedited treatment, converting to sinus rhythm within 12 hours and was discharged. Leading up to this event, PROs declined in self-reported quality of life (figure 1).

Conclusions Using RPM may be useful for detecting AFib-Flutter and improving IHD outcomes. By utilizing changes in real-time RPM, PROs, and biomarkers, there is potential to impact health-related outcomes, leverage cost effective strategies, and predict unplanned hospitalizations.

Community Health I

Concurrent Session

3:15 PM

Thursday, January 24, 2019

ENDO ECHO REDUCES HEALTH DISPARITIES BY BRIDGING GEOGRAPHICAL BARRIERS FOR PATIENTS WITH COMPLEX DIABETES AND OTHER ENDOCRINE CONDITIONS IN MEDICALLY UNDERSERVED AREAS

R. Thapa, J. Kirk, C. Chavez, N. Troyer, M. Bouchonville. Univ. of New Mexico, Albuquerque, NM

Purpose of study Rural patients with complex diabetes are distinctly vulnerable to health disparities, a problem worsened by the national shortage of endocrinologists. Project ECHO (Extension for Community Healthcare Outcomes) is an education model that leverages videoconferencing technology to connect specialists with primary care providers (PCPs) in medically underserved communities in order to build new capacity for specialty level care through case based learning and best practices dissemination. We previously reported that application of the ECHO model to complex diabetes care (Endo ECHO) improved PCP and community health worker (CHW) self-efficacy. We now report the impact of Endo ECHO on travel distance for patients in rural New Mexico seeking endocrine care.

Methods used We partnered with PCPs and CHWs at 10 federally qualified health centers (FQHCs) across New Mexico who participated in weekly ECHO videoconferencing sessions. Participants presented de-identified patients over the ECHO network and received best practices guidance from a multidisciplinary team of specialists and other network peers. Presentations were tracked using iECHO software from November 2014 through June 2018 in order to estimate miles saved between the FQHC and the referral center in Albuquerque, NM. IRS medical rates and US Census median household income data were applied to estimate savings from travel cost and work productivity loss respectively.

Summary of results During the evaluation period, we received 538 patient presentations over the network. On average, 300 miles of travel distance were saved per patient presentation, for a total of 159,908 miles. We estimated a savings of $28,784 from travel costs and $93,231 from work productivity loss.

Conclusions Application of the ECHO model to complex diabetes and endocrine care in New Mexico bridged geographic barriers to care for patients in medically underserved areas.
WILL MY FOOD RUN OUT? FACTORS THAT INFLUENCE LATINOS PARTICIPATION IN POSITIVE LIFESTYLE BEHAVIORS

B Funmilola, M Lara, M Celestin, S Montgomery, C Clarke. Loma Linda University, Loma Linda, CA
10.1136/jim-2018-000939.87

Purpose of study Despite the economic prosperity of the US and although California produces close to half of the nation’s fruits and vegetables, 1 in 8 Californians struggle with food insecurity. Food insecurity (FI), defined as the limited or uncertain availability of nutritionally adequate and safe foods, has a significant impact on an individual’s well-being. Persons experiencing FI have limited access to nutritious foods and besides associated depression and anxiety, can have physical health problems, lowered workplace productivity and increased risk of obesity. Though seemingly counterintuitive, obesity and FI are directly correlated. People who experience FI often turn to inexpensive, unhealthy foods that can lead to obesity and its resultant negative health outcomes. This study sought to determine whether FI impacted an individual’s intention to engage in positive lifestyle behaviors.

Methods used A survey was administered to monolingual Latinos (n=68) residing in Southern California. A two question, validated food security scale was used to determine the presence of FI; intention to make positive lifestyle changes (diet and exercise) was measured on a 4 point Likert scale.

Summary of results Our results showed that not worrying that food may run out was positively associated with increased intentions to eat healthy (p=0.011), the belief that one could improve exercise habits (p=0.017) and measures of self-efficacy to improve exercise habits (p=0.002) and eat healthy (p=0.001). Worrying whether foods would last was inversely correlated with intent to exercise (p=0.009) and intent to eat healthy (p=0.001).

Conclusions Hispanics in Southern California, have some of the highest rates of obesity; low income Hispanics especially also face significant challenges regarding food security. In order to appropriately address and combat the obesity epidemic in this population it is important to understand that their willingness to initiate healthy lifestyle habits may be influenced by food access. Collaborative efforts to facilitate programs to allow low cost access to healthy foods as a part of lifestyle interventions may help to increase community participation and engagement which tends to be among the lowest of all groups in Hispanics.

PRE-HEALTH MENTORSHIP: CULTIVATING RELATIONSHIPS BETWEEN YOUTH FROM THE SPOKANE TRIBE AND STUDENTS FROM THE UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE – SPOKANE (UWSOM)

S Phillips. University of Washington School of Medicine, Spokane, WA
10.1136/jim-2018-000939.88

Purpose of study The Spokane Tribe reservation community has historically struggled with post-secondary educational attainment, specifically in health-related fields. In comparison to neighboring towns, tribal members are statistically more likely to drop out of high school and not pursue higher education. At present, demographic data notes that the Spokane tribal population is growing with 36% of the population under 20 years of age. As such, there is opportunity for early intervention programs to target educational achievement gaps.

Methods used A literature review was performed in PubMed, Embase and MEDLINE to identify programs helping students from traditionally underserved backgrounds overcome barriers to post-secondary education. Search terms were ‘Native American youth empowerment’ and ‘pre-health pipeline programs for underserved communities.’ A series of interviews were conducted with clinicians, U.S. Public Health Service workers and leaders of the Spokane Tribal Network (STN) – a non-profit organization engaged in tribal youth resiliency efforts – to identify community perceived need and establish goals for potential programming. Community interviews also revealed other areas of concern including: suicide risk, sexual abuse and prevalence of chronic diseases at young ages.

Summary of results Information from the literature review and interviews were used to propose a mentorship program that matches Spokane tribal youth to a 1st or 2nd year medical student at UWSOM. In collaboration with UWSOM’s Underrepresented in Medicine student group and STN, the mentorship program will allow medical students to facilitate a big brother/sister relationship with tribal youth through one on one meetings and monthly meet-up events. The program planning is ongoing, but a pilot is scheduled within the 2018-2019 school year.

Conclusions With 120 current 1st and 2nd year UWSOM students in Spokane, there exists a large resource for positive mentorship with tribal youth. The proposed mentorship program aims to not only build capacity for youth, but also show that post-secondary education and professional degree programs are realistic goals. Some next steps include identifying interested medical students and tribal youth as well as identifying funding sources through STN and UWSOM.

KEEP OUR KIDS AT PLAY, LOCK YOUR GUNS AWAY: A COMMUNITY-BASED APPROACH TO INCREASE SAFE STORAGE OF FIREARMS WITHIN FAMILY HOMES OF RURAL WYOMING

SM Pecha. University of Washington School of Medicine, Seattle, WA
10.1136/jim-2018-000939.89

Purpose of study Household gun ownership is a strong independent determinant of gun-related injury, and while firearms represent major threats to child and adolescent safety, more than half of US households do not safely and securely store firearms within the family home. Alarmingly, among youth ages 15–24 in Wyoming, suicide is the second leading cause of death after unintentional injuries, and of all firearm deaths in Wyoming between 2010 and 2014, 86% were suicides. As such, interventions aimed at improving both access to safe firearm storage modalities and education surrounding safe gun
storage represent very relevant public health aims for rural Wyoming counties. The purpose of this project is to increase the prevalence of secure firearm storage within family homes of the rural community Douglas, Wyoming.

**Methods used** Through the completion of a comprehensive evidence-based literature review, formation of community partnerships with local Public Health and County Sheriff Departments, and the design of educational material, this project was able to utilize a widely attended community event to distribute gun safety education and firearm cable locking devices to community members. Cable locking devices were provided free-of-charge along with demonstration of proper use.

**Summary of results** This project was able to distribute gun safety education and free-of-charge gun locking devices to approximately 100–150 local families and community members. This method represents a promising way to raise awareness of safe gun storage in rural areas, while also providing the physical means to safely store and secure firearms within family homes, eliminating financial barriers.

**Conclusions** The initial phases of this project have demonstrated that utilizing community events is a promising way to distribute both firearm locking devices and educational material surrounding safe storage of firearms within family homes. Additionally, this project has demonstrated that partnering with respected community organizations such as county Sheriff Departments and Public Health agencies greatly increases the strength of this type of intervention. Next steps could include expansion to additional events and potentially state-wide events.

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**Abstract 90 Table 1**

<table>
<thead>
<tr>
<th>Parent Education Level</th>
<th>P value (Pr&gt;ChiSq)</th>
<th>Likelihood of Drinking Soda Exp(Est)</th>
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</thead>
<tbody>
<tr>
<td>Grade school or less</td>
<td>&lt;0.001</td>
<td>4.84</td>
</tr>
<tr>
<td>High school</td>
<td>0.0015</td>
<td>3.06</td>
</tr>
<tr>
<td>Some college and beyond</td>
<td>0.0045</td>
<td>2.756</td>
</tr>
</tbody>
</table>

**Abstract 90**

**CHILDHOOD OBESITY: PARENTAL EDUCATION LEVEL AS A PREDICTOR OF SODA INTAKE**

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10.1136/jim-2018-000939.90

**Purpose** To investigate parent education as a predictor of soda consumption in obese/overweight children.

**Methods** A camp called ‘Operation Fit’ was conducted by medical and nutrition students from Loma Linda University Health. Children ages 9–15 years with unhealthy BMI (>85 percentile) were referred by their primary care physicians in San Bernardino County. The children learned through interactive games and activities about healthy eating and exercise, using the ‘7+3’ approach to health. An educational activity about the dangers of drinking soda leading to sugar overconsumption and one evening of family education occurred during the camp.

**Summary of results**

**Data** Demographic and health data was collected from participating households via surveys. Parents were asked about their highest education level obtained; grade school, high school, or some college and beyond. The parents reported how many sodas a day their children consumed, and the children were split into daily soda drinkers and no soda drinkers. A logistic regression was performed.

**Results** Of 713 children sampled, 431 did not drink any soda daily and 282 drank at least one can, or more. Results are summarized below. Children whose parents only completed ‘grade school or less’ were 4.84 times more likely to drink at least one can of soda a day (p<0.001). Soda consumption and parental education level did not predict BMI.

**Conclusions**

**Discussion** Because all of the p-values are significant, there was a significant difference between soda drinkers and non-soda drinkers across all parental education levels. There was a clear correlation between education and soda intake; the more education a parent completed, the less likely a child was to drink at least one can of soda a day. The p-values decreased as parental education decreased; less education is a stronger predictor for soda consumption. Thus, educating parents and children about the dangers of soda consumption is important because children are at a higher risk of soda consumption with low parental education level.

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**91**

**DROWNING PREVENTION: A COMMUNITY APPROACH TO WATER SAFETY**

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10.1136/jim-2018-000939.91

**Purpose of study** Brewster, Washington, is a rural community located at the confluence of the Columbia and Okanogan Rivers. These rivers offer a variety of recreational water activities. They also pose a risk to those without proper water safety knowledge and swim ability. Brewster has a population of roughly 70% Hispanics, with a large proportion having little or no swim ability. Limited swim ability, which is more common among minority populations, increases the risk for drowning. A community program to address drowning prevention was initiated in Brewster, with the goal of improving water safety knowledge and access to formal swim lessons.

**Methods used** Interviews were conducted with the director of the Brewster Boys and Girls Club (BGC), and the manager of the community pool. The community pool offers swim lessons in the summer, with limited availability due to a lack of qualified instructors. Additional barriers include: cost of lessons, no Spanish-speaking instructors, and no adult classes. At the Brewster BGC, many of the kids in their summer program have not completed formal swim lessons. Interviews with families at the Brewster Family Health Center (FHCC) further supported that a high proportion of individuals have limited swim ability.

**Summary of results** Interventions encompassed water safety knowledge and access to swim lessons. The community pool was provided with information on funding from the USA.
Swimming Foundation. At the Brewer BGC, we piloted a water safety course for the kids using materials from Safe-Kids and the Red Cross. The Brewer FHC was provided a screening toolkit created by the Everyone Swims Initiative for assessing swimming ability, and referring patients for swim lessons. Both English and Spanish language water safety brochures, created using materials from the American Academy of Pediatrics, were provided to community partners.

Conclusions Drowning prevention strategies can be initiated using low-cost and simple interventions. Creating brochures and a water safety program were both simple options for improving water safety knowledge. A screening toolkit for swim ability, and creating a referral system between the clinic and pool, was another easy intervention that can improve access to swim lessons. The cost of swim lessons remains a barrier. Future steps include identifying other grants and community resources to offer affordable swim lessons for families.

Purpose of study In 2015, recreational marijuana was legalized in Oregon for adult use. Little information exists on the impact of marijuana use among youth in states where it is legal.

Our study objective is to determine if there has been an increase in marijuana-related suspensions (MRS, suspension defined as 10 days off campus) in a rural Oregon high school since its legalization. A secondary goal of this research is to determine if students on an Individualized Education Plan (IEP) are more likely to be suspended for marijuana use than non-IEP students post-legalization. We hypothesize that there has been an increase in MRS among high school students since legalization and that IEP students will be at greater risk for suspension compared to non-IEP students.

Methods used MRS and demographic data were collected retrospectively from a rural Oregon high school for the years 2012–2018. Student information was de-identified and separated into IEP and non-IEP populations. We used a 2-proportion t-test to compare the number of overall suspensions for pre vs. post-legalization. We used the same test to compare the number of suspensions pre vs. post-legalization for IEP students vs. non-IEP students.

Summary of results For the years 2012–2018, 9214 student records were reviewed. There were 32 marijuana-related suspensions in the total student population between 2012–2015. After legalization in 2015, the number of MRS from 2015–2018 increased to 101 (p<0.0001). Prior to legalization, there were 5 IEP MRS compared to 27 non-IEP MRS. Post-legalization there were 26 IEP MRS compared to 75 non-IEP MRS. There was no significant difference in suspensions pre-legalization when comparing IEP to non-IEP students, but post-legalization the IEP student population saw an increase compared to their non-IEP peers (p=0.0031).

Conclusions We found an increase in marijuana-related suspensions since marijuana legalization in this rural high school setting, especially for IEP students. Further study is needed to determine if these findings are generalizable.

DEVELOPING THE TOBACCO CESSATION CAPACITY FOR THE HOMELESS IN KODIAK, ALASKA

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10.1136/jim-2018-000939.93

Purpose of study Tobacco use remains a significant public health concern across Alaska. The problem is magnified in the homeless population where smoking rates are 70% or higher. This project addressed tobacco cessation in the homeless population in Kodiak, Alaska. The City of Kodiak is a small fishing community of 6100 persons on Kodiak Island. A handbook was developed to promote tobacco cessation in clients staying at the Kodiak Brother Francis Shelter (K BFS). The goal of this intervention was to promote tobacco cessation in homeless individuals.

Methods used The baseline health characteristics of Kodiak were initially investigated. Interviews were then conducted with representatives from the KBFS and the Kodiak Area Native Association’s (KANA) Substance Abuse Services to determine how they were promoting tobacco cessation in the homeless population. A review of the literature regarding tobacco use and cessation in the homeless was then completed. A handbook was then developed and delivered to the KBFS to help develop their tobacco cessation resources.

Summary of results The interview with the operations manager at the KBFS revealed that a tobacco cessation group had once been held at the shelter in collaboration with KANA. In an interview with representatives from KANA, the details of this cessation group were discussed.

A review of the literature revealed two feasible pilot interventions that applied group counseling sessions, pharmacotherapy, and access to state quit lines in the shelter setting. Another article showed that training shelter staff in brief tobacco interventions increased the provision of quitting resources to shelter clients.

The handbook included recommendations for tobacco use policy changes on the shelter grounds, an outline for training staff in brief tobacco interventions, and a guide for restarting the tobacco cessation group. Resources from the Alaska Tobacco Quit Line were also provided along with the literature review.

Conclusions The handbook was submitted to the KBFS. The next steps for this project will be facilitate a meeting between the KBFS and KANA to solidify plans for the tobacco cessation group. The shelter staff should be trained in brief tobacco interventions and their policies regarding tobacco use on the campus should also be adjusted to promote a smoke-free environment.
COMMITMENT TO UNDERSERVED PEOPLE CLINICS: AN INTEGRATED STUDENT-RUN FREE CLINIC SYSTEM SERVING SOUTHERN ARIZONA

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Purpose of study The UA College of Medicine – Commitment to Underserved People (C.U.P) provides student-run free clinics caring for uninsured patients in Southern Arizona. These clinics operate year-round, offering a reliable source of medical care in the community. Due to high patient demand and multitude of available services, we have implemented an electronic medical record (EMR) that creates an integrated healthcare delivery model to ensure patients receive high quality care between all clinics.

Methods used System Organization: The C.U.P Health System consists of MIND Clinic (Psychiatry), Women’s Clinic (OBGYN), Shubitz Clinic (Family Medicine), Sight Savers (Ophthalmology), and TotShots (Pediatrics). The EMR allows for real-time communication between clinics, seamless referrals, and comprehensive documentation of patients, helping providers efficiently step into patient care pathways. In the case of patient referrals, C.U.P has partnered with specialists in the community, who provide pro-bono services for our patients. Furthermore, C.U.P collaborates with the Pima County Health Department and the Centers for Disease Control to obtain free vaccines for adults and children.

Summary of results Services Provided: The patient population is diverse and upon entering the clinic, patients encounter an electronic sign-in and sign-out, and medical student translators. Medical students provide: comprehensive women’s health services, well-child checks, vaccine administration, in-house laboratory testing, EKGs, psychiatric evaluations, nutrition and diabetic care counseling classes, and Medicaid enrollment assistance, under the supervision of attending physicians. Following their visit, patients are notified of test results and able to follow-up with providers. Other telemedicine initiatives are being implemented, including video and phone visits.

Conclusions With increased changes in national healthcare policy, C.U.P acts as a safety net for those who lose insurance coverage. C.U.P is a one-of-a-kind patient-centered medical home that allows medical students to care for vulnerable populations facing increased health disparities in Southern Arizona. We believe that this is a valuable and reproducible model that can aid other communities facing similar challenges.

BICYCLE ROUNDP: INCREASING BICYCLE SAFETY AWARENESS IN GLASGOW, MONTANA

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Purpose of study The Bicycle Roundup seeks to address the issues of bicycle safety in Glasgow, MT. The pediatric population is increasing steadily in this rural community as more young adults are moving back to their community or staying, necessitating the need for the development of bicycle safety programs in the community.

Methods used Throughout community interviews, the focus turned many times onto the children of Glasgow and the importance of their health and support in the community. From these conversations, connections with Mayor Erickson, Prevention Specialists and Officers at the Glasgow Police Department, as well as community corporations, such as Frances Mahon Deaconess Hospital, Burlington Northern Santa Fe Railway, Montana-Dakota Utilities, and Markle’s Hardware, were formed in support of the Bicycle Roundup and its mission to provide free helmets and bicycle safety education to the children of the community.

Summary of results These partnerships were strategically developed with organizations that are willing to continue their support of this event into the future, whether that is through volunteer support by the Police Department, Valley County Sheriff’s Office, and the Montana Highway Patrol, or financially through the corporations listed previously. The community welcomed the event and its purpose, and many parents brought their children to learn about safety and to receive a free fitted helmet as well as a bicycle license plate.

Conclusions The Bicycle Roundup is an event that allows the community to address known factors that affect helmet usage, such as cost, peer pressure, and comfort. Increasing access to helmets and knowledge on safety has the opportunity to increase their utilization in the community. The Glasgow Police Department has recently received a grant for use in sponsoring events such as this into the future, ensuring this positive message will continue to impact the community.

USING VIDEO TO IMPROVE DIABETES EDUCATION AND INSULIN SELF CARE IN NEPAL

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Purpose of study Transition toward urban living in Nepal has been accompanied by a radical increase in diabetes. Near Kathmandu in the town of Dharbhul, a community hospital has been striving to educate its patients regarding diabetic risk factors, complications, screening and treatment recommendations, and prevention through lifestyle adjustment. This education has been conducted in biweekly sessions reaching about 20–30 patients. The aim of this project was to create a video capturing elements of these sessions so that education accessibility might be increased – the video could be shown on hospital monitors and in community outreach centers in the Dharbhul area.

Methods used Three nurse educators, a pharmacist, nutritionist, and physiatrist worked together to create scripts for a six-part educational video. During filming, professionals lectured using slides and scripts the team devised. The video was edited using iMovie and underwent three revisions. The first included a reshoot after input from the team regarding errors in content and quality concerns. The second draft was then shown to patients from the various settings and feedback was used to create the third edition, which addressed any
remaining issues. After positive patient reception of this 40 min video detailing type 1 and 2 diabetes, the team made another video 35-minute video on insulin self-injection.

Summary of results Eight healthcare professionals including those who starred in the video evaluated the first version and edits were made. To obtain further qualitative feedback, 30 patients viewed the second draft of the diabetes video and were asked about video clarity as well as overall learning and satisfaction. Notably, patients were asked what they enjoyed about the video and what might be changed, and they were also questioned about what lifestyle changes could be made to manage the disease. Following the video, patients were able to either explain or inquire more deeply about prevention factors including diet, exercise, and smoking cessation. Data collection is ongoing for the insulin video, but staff has given positive feedback to the first edition.

Conclusions The diabetic team hopes to use these videos in the hospital and community due to their informative content and short timespan. The videos may allow countless more patients to receive education about the disease in the Dhulikhel area.

97 ANTENATAL CARE PRACTICES AND DELIVERY SUPPORT IN A RURAL DISTRICT OF NEPAL

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10.1136/jim-2018-000939.97

Purpose of study In the most remote regions of Nepal, it is estimated that up to 8% of women and 20% of newborns do not survive childbirth. Few studies have described current antenatal care practices and delivery support in rural Nepal. The purpose of this study was to gather baseline information regarding current antenatal care practices and access to delivery support in a rural district of Nepal prior to implementing a comprehensive maternal child health (MCH) program.

Methods used The study took place in Solukhumbu district, Nepal and involved surveys of randomly selected women who had delivered a baby within the previous 24 months. Trained health workers conducted a standardized survey based on WHO recommendations of best MCH practice. The study was approved by the Nepal Ministry of Health and the University of Utah IRB. Data was collected in an app based survey tool and analyzed using STATA.

Summary of results A total of 391 women in 10 townships were surveyed between December 2015 and February 2018.

Maternal care 70% (291/391) had a birth preparedness plan, 52% (202/391) were screened for anemia, 93% (367/391) had blood pressure checks, and 29% (108/368) received oxytocin.

Intrapartum care 22% (84/380) of deliveries had resuscitation equipment available, 35% (136/391) of deliveries occurred in a hospital or birthing center. Complications occurred in 15% (57/391) of deliveries. 33% (126/383) were attended by a skilled birth attendant with training in neonatal resuscitation. Only 37% (142/387) of infants were weighed at birth.

Essential newborn care 76% (262/343) were immediately dried after birth, 23% (79/343) were placed skin-to-skin, and 73% (251/345) were breastfed within the first hour.

Conclusions The majority of women in rural Nepal do not receive high quality healthcare during pregnancy and childbirth. Most women living in the remote regions of Nepal have limited access to antenatal care and deliver at home assisted only by family members. An intervention that would make antenatal care and delivery support more accessible could improve maternal and infant outcomes in those regions. This data will be used to develop a pilot project through a collaboration between the local community, the Ministry of Health, a Nepali based NGO, and the University of Utah.

98 INTEGRATION OF PEDIATRIC RESIDENTS INTO AT-RISK URBAN YOUTH CLASSROOMS TO ADDRESS OBESITY, BULLYING, AND SEX EDUCATION IN IMPOVERISHED COMMUNITIES

1E Gastelum, 1J Alifano, 1M Cai, 1c dark, 1K King, 1a nath, 1d nguyen, 1A Panesar, 1i Persch, 1D Yi, 1D Scambay, 1R Kimman. 1UCSF Fresno, Fresno, CA; 1Roosevelt High School, Fresno, CA

10.1136/jim-2018-000939.98

Purpose of study Adolescents are at risk for engaging in behaviors with lifelong negative health consequences, with those from a lower socioeconomic background at even greater risk. Fresno County, located in the heart of the San Joaquin Valley of California, has rates of obesity, sexually transmitted infections, and teen pregnancy that are higher than the national average, while threats of bullying are also greater in impoverished populations. Although a typical single-session school educational session is unlikely to change long-term behavior, effective and sustainable changes in behavior have been shown to correlate with longer and more intense educational efforts, especially when combined with peer-led educational efforts to improve adolescent health. The UCSF-Fresno Pediatric Residency Program thus partnered with Roosevelt High School students/faculty to develop an interactive peer-led longitudinal curriculum emphasizing the importance of teen decision making.

Methods used To develop the curriculum, residents initiated surveys to identify what the students themselves found interesting and relevant, and utilized a ‘youth as partner’ approach when developing the curriculum in order to maximize adolescent engagement and active learning.

Summary of results High school students decided that the topics most pertinent to them were nutrition, bullying, and sex. Pediatric residents then collaborated with Roosevelt High School teachers and students to create peer-led lesson plans to educate high school students in these areas.

Conclusions Several factors can affect the ability of pediatric residents to have a sustained presence in community outreach efforts. Peer-led collaborative educational efforts can empower adolescents to initiate positive changes on their own, allowing them to be involved in efforts to initiate and sustain lifestyle changes. This process is now being initiated at 5 new high school sites while expanding the pipeline to include medical students enrolled in the San Joaquin Valley Prime program at the UC Davis School of Medicine.
Abstracts

99 DRIVING SUSTAINABLE BEHAVIORAL CHANGE: A PARTICIPATORY DESIGN APPROACH IMPROVES ORAL HEALTH BEHAVIORS IN AN ISOLATED HIMALAYAN COMMUNITY


10.1136/jim-2018-000939.99

Purpose of study Previous health screens in a boarding school within Northern India have identified a large proportion of children with dental caries, oral pain, and poor oral self-care. Last year, a participatory design approach was used to devise community generated, self-sustaining solutions to improve oral health. The objectives of the project were to decrease the number of children with cavities and oral pain, increase brushing frequency, and assess whether changes in dental hygiene behaviours are sustainable.

Methods used The main participants in this study were the 530 students aged 3 to 19 attending Munseling, a boarding school nestled in Spiti Valley, India. Perspectives of students and select community members were investigated through focused interviews and surveys. These quantitative and qualitative data regarding oral health behaviours and dental complications were analyzed using Microsoft Excel and NVivo. With a participatory design in mind, we used information from the questionnaires and interviews to both inform educational sessions and implement programs aimed at improving oral hygiene.

Summary of results Over one year, there was a 22.8% decrease in dental pain and a 43.5% rise in the number of children brushing at least once per day. Surveys reveal that students and school personnel believed the changes were sustainable. By working with the school, the following community ideas were brought to life: giving donated brushes to children who needed them, installing additional toothbrush storage systems in the student hostels, starting a twice-daily brushing routine, and filming a student-driven collaborative video emphasizing the importance of oral hygiene and nutrition.

Conclusions The improvement in brushing frequency coupled with a decrease in self-reported oral pain suggests that the participatory approach can cause significant behavioural changes in a pediatric population over a short period of time. Such changes, if sustained, can produce a long-term reduction in the burden of oral disease within the community.

100 SUN EXPOSURE, SUN PROTECTIVE BEHAVIOR, AND SKIN CANCER PREVENTION EDUCATION IN THE VIETNAMESE COMMUNITY

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10.1136/jim-2018-000939.100

Purpose of study The purpose of this study was to characterize sun exposure, sun protective behaviors, and sun safety knowledge and perceptions in rural Vietnam.

Methods used We conducted a cross-sectional survey of 245 patients at a free primary care clinic in Long An Province, Vietnam from June 23, 2016 to June 29, 2016. This study was conducted by the Project Vietnam Foundation with support from Tan Tao University.

Summary of results Among the 245 participants, 158 (64.5%) were female, and the mean age was 40.1 years (SD 14.9). A high percentage of patients reported getting sunburned in the past year (40.4%, 97) and spending at least half of their workday under the sun (35.6%, 86). Male gender and lower education were significant risk factors for increased sun exposure and multiple sunburns (p<0.05). The predominant form of sun protection was protective clothing (long-sleeved shirt, 78.0%; hat, 75.1%; pants 64.9%); however, sunscreen usage was low at 8.6% (21). Some of the reasons for not applying sunscreen include wearing long clothing instead (23.3%), not having sunscreen (16.7%), high expense (14.7%), and inconvenience (18.0%). As high as 65.7% (161) were unaware that sunburns are unhealthy, 75.9% (186) did not realize they can get sunburned on a cloudy day, and 59.6% (146) did not know that darker skin can be damaged by the sun.

Conclusions Although much progress has been made in understanding skin cancer and sun safety in skin of color, these topics remain understudied in the native Vietnamese population. Our study findings suggest that the Vietnamese population has high sun exposure and incidence of sunburns, but low awareness of their skin cancer risk. Although incidence of skin cancer is lower in people with skin of color, morbidity and mortality rates have been reported to be higher. This may be due, at least in part, to a more advanced stage at presentation. The native Vietnamese population may therefore benefit from public health efforts in skin cancer prevention education and sun safety.

101 EVALUATION OF A SICKLE CELL DISEASE EDUCATION WORKSHOP FOR MOTHERS IN THE INDIGENOUS THARU POPULATION OF NEPAL


10.1136/jim-2018-000939.101

Purpose of study Sickle cell disease (SCD) is a non-communicable blood disorder that leads to the production of atypical hemoglobin causing red blood cells to be sickled, increasing occlusion and decreasing oxygen delivery. Previous research estimated a 9.3% prevalence of SCD in the indigenous Tharu people in Nepal, potentially due to the protective nature of SCD against malaria and high intermarriage rates. Early intervention and treatment of SCD can improve quality of life through pain management, and reduction of infections and organ infarct complications. Our team has been working with a local Nepali NGO to improve access to SCD screening and diagnosis since 2015.

Our goal is to develop an effective and sustainable educational workshop that emphasizes the importance of early childhood screening and diagnosis of SCD in rural Nepal.

Methods used We developed a workshop to educate mothers in the communities in the Dang District of Nepal about the importance of early childhood SCD screening and diagnosis. With interpreters, we taught this workshop to local female community health workers (CHW). Three of our trained CHW then travelled to neighbouring villages to deliver this workshop to groups of mothers.

We asked 200 mothers to complete the same nine yes-no question survey before and after attending the session. Seven questions assessed knowledge about SCD while the last two questions probed whether the mothers and their children had been screened for SCD, or if they would get screened after attending the session.
Summary of results The results showed an increase in SCD understanding by a factor of 1.55 (p<0.001) following the session. 88.8% (95/107) of mothers who had not been screened for SCD, and 92.7% (102/110) of the mothers whose children had not been screened said they would get themselves or their children screened now, respectively. 

Conclusions In addition to difficult access to screening and diagnostic facilities, the limited knowledge of SCD in the Tharu population of Nepal has been a barrier to early diagnosis and care. By delivering our education program to the community through the local CHW, we begin to address these barriers in a sustainable way. Increasing awareness of SCD contributes to our long-term goal of implementing SCD neonatal screening in Nepal.

Purpose of study Members of the indigenous Tharu ethnic group inhabiting the Terai (lowlands) of Dang, Nepal face unique health issues including having a high prevalence of hemoglobinopathies such as sickle cell disease (SCD). A recent effort to make SCD detection and management more accessible revealed that health care resources are often inaccessible for individuals suffering from SCD. The purpose of this follow-up qualitative study was to identify themes relating to the local Tharu population’s perception of barriers to health-care access. Long term goals include using these findings to improve health-care access and developing a comprehensive SCD-care plan for the region.

Methods used A total of 167 participants were enrolled in 28 focus groups on community health care needs in May 2017. Inclusion criteria included Tharu ethnicity and >7 years of age. Community members were recruited through randomized phone invitations and word-of-mouth, and recruitment was conducted by a local non-profit Nepalese organization that works closely with the Tharu population in Dang. The interviews were conducted in Nepali and Tharu (the local dialect) with the assistance of members of the non-profit organization, recorded, and later translated into English. All interviews were semi-structured with open-ended questions, allowing participants to guide conversation.

Summary of results Analysis from the focus groups revealed three major themes related to barriers in healthcare access: 1) inadequate local resources; 2) the financial burdens of care; and 3) the need for greater health education in the region. Numerous sub-themes within each major theme were identified, such as the limited spectrum of care available at local health posts, the inability to afford the cost of travel to health services, and the general lack of knowledge about health.

Conclusions The specific themes identified can help guide future projects in the region and support advocacy efforts to inform national health policies on sickle cell detection and management. Focusing on addressing the identified barriers to accessing healthcare is fundamental in developing a sustainable, accessible, and comprehensive SCD-care plan as well as improving the overall health of community members.

Purpose of study In India, the maternal and neonatal mortality rates are among the highest in the world, Antenatal care aims to prevent and provide early detection and treatment for pregnancy related conditions and is a crucial component for safe childbirth both the mother and the fetus. Delivery of an effective antenatal care program can be challenging, particularly in rural areas where access to care is limited and documentation is difficult. The purpose of this survey is to perform a rapid baseline assessment of antenatal care delivery and documentation in rural Gujarat, India.

Methods used This study took place in the villages surrounding the Shree Chhotubhai A.Patel Hospital (SCAPH) and Community Health Center, Gujarat, India. We reviewed existing antenatal care records and interviewed a total of 26 mothers admitted to the hospital after delivery between June and August 2018. The data collection sheet was designed based on current government recommendations for antenatal care and was collected by a local field team manager and medical students trained in data collection. Reporting of the current status of antenatal care in rural Gujarat is descriptive.

Summary of results All 26 women interviewed delivered at SCAPH; 8/26 (31%) women were primigravida. Mean birth weight was 2668 grams (range 1870 grams to 3420 grams). 15/24 (62.5%) were born low birthweight. 7/26 (27%) were delivered by caesarean section. All women received at least one ANC visit; 9/26 (35%) had 4 or more ANC visits and 24/26 (92%) used the government ANC report card. 25/26 women had a prenatal US. 20/26 (77%) had hemoglobin checked; 17/20 (85%) women met dx for anemia; mean Hgb value 9.9. All women received routine urine, weight assessments, TT vaccination, PNV and Blood group testing. 4/26 (15%) received counseling of pregnancy danger signs. No women had Hepatitis B testing, HIV testing sickle screening documented.

Conclusions Basic antenatal care services are offered in rural India, but effective delivery of the recommended care has not yet been successful. Continued investigation and gap analyses are needed to determine how to best provide ANC services to this vulnerable population.
Management (MHM) project delivered reproductive health workshops and piloted qualitative research to understand MHM product preferences based on personal, cultural and geographic factors in remote, low-resource Himalayan communities. The study explored strategies like reusable cups and pads.

Methods used Munsel-ling Boarding School, located in Spiti Valley, India has a longstanding partnership with UBC, aiming to improve students’ long term health outcomes through community-driven projects and education programs. Female students aged 14 years and older who had their first menses were recruited. Each participant was invited to a women’s health workshop where they were provided: 1 menstrual cup, 4 reusable pads, cleaning supplies and 1 menstrual diary with training on proper usage and cleaning.

Participants were asked to document monthly for 1 year, their choice of product(s), along with their experience with each product. At the end of the study, diaries were collected and participants were invited for semi-structured individual interviews to assess qualitative and quantitative variables.

Summary of results Of the 42 eligible recruits, 100% chose to enroll in the study, 36% submitted completed diaries and 24% attended focus groups. Attrition was due to graduation/withdrawal from Munsel’Ling, lost diaries and absences/schedule conflicts with focus groups.

Of the participants analyzed, 100% tried reusable pads, 52% reusable cups. After 1 year, 80% were using the reusable pad, 30% the reusable cup and 6.7% other means of MHM.

Conclusions Reusable cups and pads are feasible, culturally appropriate and sustainable alternatives to current MHM practices used by women in remote, low-resource settings. Reproductive health education efforts and increased access to more sustainable and practical MHM methods can improve wellbeing, reduce environmental impact and empower young women to be leaders and advocates in their communities. Emerging themes from the project are the power of choice of MHM products with factors such as community, reusability, comfort, aesthetic and ease of cleaning playing a role in decision making.

105 IMPROVING KNOWLEDGE OF HYPERTENSION THROUGH A BROCHURE AND POSTER CAMPAIGN IN NAIVASHA, KENYA

H Molvik. University of Washington School of Medicine, Spokane, WA

Purpose of study Heart disease is the fastest growing cause of mortality in Kenya. Over half of adults over age 50 in Nakuru County, where Naivasha is located, have hypertension: over 70% of whom are uncontrolled, with only 15% regularly taking medication and 2% with diet modification. The aim of this project was to promote hypertension awareness through sustainable, community-based education about proper diet, exercise, regular blood pressure checks, and adherence to medication.

Methods used Information regarding hypertension as a cause of cardiovascular disease and how to manage hypertension through balanced diet, exercise, and regular clinic follow-up was synthesized. These messages were then adapted for local culture and with the assistance of health workers associated with Naivasha District Hospital (NDH) and the Kenyan Red Cross, translated into English and Swahili and placed on posters and brochures. Effectiveness of the materials was measured by comparing scores on a pre-intervention and post-intervention test of hypertension knowledge.

Summary of results A pre-test was provided to 30 community members from Naivasha affiliated with the YMCA to test their baseline knowledge of hypertension. Half of the 30 volunteers received a review of the information in English and in Swahili, as well as given a brochure to take home. A week later, the same test was provided again. The average score of the control group remained approximately the same, 48.6% to 49.6%, whereas the group who received the educational materials had an increase in average score from 51.6% to 68.9%. Posters were placed at the YMCA, Red Cross and the NDH outpatient clinic. Brochures were also available at these locations for interested persons to take home, as well as provided to patients at discharge from NDH. Digital copies of all educational materials were also provided to leaders in these locations to continue to share and print as necessary.

Conclusions This educational project increased knowledge of hypertension as a cardiovascular risk factor, and provided tips on how to manage it comprehensively with balanced diet, exercise and regular follow-up with a physician. The brochures and posters were positively endorsed by community members and the education will be sustainable with the continued provision of the materials by providers at NDH and NDH outpatient clinic.

Hematology and Oncology I

Concurrent Session

3:15 PM

Thursday, January 24, 2019

106 ABSTRACT WITHDRAWN

107 PREDICTORS OF ADHERENCE TO LUNG CANCER SCREENING IN A MULTI-CENTER REFERRAL PROGRAM

JH Thayer, K Crothers, EK Kross, AM Cole, M Triplett. University of Washington, Seattle, WA

Purpose of study The National Lung Screening Trial demonstrated a 20% relative reduction in lung cancer-specific mortality with CT-based lung cancer screening (LCS), and LCS is now recommended for high-risk current and former smokers. Mortality benefits may be diminished if adherence to LCS recommendations is low, but there are few studies of adherence in real-world settings. The objectives of this study were to examine LCS adherence and determine key factors associated with adherence.

Methods used This is a retrospective study of participants in a multi-center LCS program who had a baseline screen from
TARGETING PPM1D IN ER+ BREAST CANCER WITH NOVEL ANTI-TUMOR COMPOUND LCW20

NT Uong, W Cao, J Li, Y Wu, R. Charles. Drew University of Medicine and Sciences, Garden Grove, CA

Purpose of study The serine-threonine protein phosphatase PPM1D, also known as PP2Cγ or WIP1, is a nuclear type of 2C protein phosphatase (PP2C) that is observed to have high expression in many types of cancers, such as breast cancer, ovarian cancer, gastric carcinomas, and pancreatic adenocarcinoma. Activation of PPM1D has been identified to negatively regulate the stress response pathways (SRP) by inhibiting the p53 dependent response to environmental stress. When PPM1D is activated, it reduces the phosphorylation of p53, which in turns suppress critical proteins for cellular stress response, including p38 MAPK, Chk1, Chk2, and ATM. This phosphatase has been demonstrated to have oncogenic properties and play an essential role in regulating several vital processes for tumor development and progression, such as cell cycle arrest and apoptosis. Therefore, PPM1D is an attractive target for developing therapeutic treatment for cancer. There are a few PPM1D inhibitors in the field, including CCT007093, small molecules SPI-001 and GSK2830371; however, these compounds lack favorable pharmacokinetic and pharmacokinetic characteristics.

Methods used Here, through virtual screening with high-throughput, we have identified a novel PPM1D inhibitor, LCW20, which has demonstrated to effectively inhibit cell proliferation in ER+ breast cancer cell line, MCF-7; while having minimal effect on normal breast cell line, MCF-10A.

Summary of results Treatment with LCW20 was able to elicit inhibition of PPM1D (as assessed by phospho-p38 measurement) and anti-migration characteristic in MCF-7 cell line, suggesting that LCW20 has anti-cancer activities against ER+ breast cancer cells through inactivating PPM1D.

Conclusions Therefore, LCW20 has proven to be a promising novel anticancer compound in developing targeted therapy for breast cancer patients with high PPM1D expression.
Purpose of study To determine if comparing serum cytokine concentrations in samples of normal individuals against those with monoclonal gammopathy of unknown significance (MGUS) and Multiple myeloma (MM) would allow differentiation of MGUS and MM patients based on levels of IL-16 and/or other cytokines. MM is a disease of dysplastic plasma cells that localize to bone marrow, producing high levels of immunoglobulin heavy and light chains, which can lead to hypercalcemia, renal disease, anemia, and bone lesions. MM is often preceded by increased immunoglobulin production but no clinical symptoms referred to as MGUS. Investigation of cytokyte profiles of patients with MM has shown that IL-16 expression in bone marrow is increased and is an important growth-promoting factor in the development of myeloma. In tissue culture studies, GM-CSF, B cell activating factor (BAFF), and IL-17 are related to the increase in IL-16.

Methods used A multiplexed cytokine assay was utilized to test patient sera for IL-16, GM-CSF, BAFF, and IL-17 with the goal of creating a monoclonal protein cytokine panel. This study included 13 MM, 14 MGUS and 30 normal patient specimens determined by IFE/SPEP testing and medical review.

Summary of results IL-16 was more strongly expressed in sera from MM compared to MGUS patients (97.3 vs 71.0 pg/mL, p<0.05). BAFF expression was significantly elevated in MGUS patients (986 pg/mL) compared to both MM (262 pg/mL, p<0.05) and normal patients (460 pg/mL, p<0.05). IL-17 and GM-CSF was not expressed in measurable concentrations in any of the patient groups.

Conclusions Using our monoclonal protein panel, we are able to detect significant differences in IL-16 and BAFF concentrations when comparing MM, MGUS and normal patient samples. Detecting these changes in serum cytokines may serve a role in therapeutic monitoring of patients with MGUS and MM as well as following cytokine levels in patients with known MGUS in order to predict when they advance to MM necessitating treatment.

Purpose of study Upregulation of Ras-Raf-MEK-ERK pathway through various mutations is critical across many different tumor types including CNS tumors. Neurofibromatosis type 1 (NF1) protein functions as a tumor suppressor by negatively regulating Ras proteins through GTPase activity. A loss of function mutation in the NF1 gene results in upregulation/ERK pathway. Neurofibromatosis type 1 (NF1) is one of the most prevalent brain tumor predisposition disorders. NF1 is associated with peripheral nerve sheath tumors (MPNST) as well as optic gliomas and is often resistant to surgical resection. MEK inhibition (MEKi) remains a standard therapy for tumors associated with NF1 although studies have shown development of resistance towards these therapies.

We have previously shown that CNS tumors harboring BRAFV600E mutation exhibit an increase in autophagy. Additionally, we have shown autophagy inhibition improves the response of tumor cells to BRAF inhibition. There has been little investigation on the role of autophagy in NF1 cells. We hypothesize that these cells are autophagy dependent and therefore sensitive to autophagy inhibition. Targeting autophagy could provide a new therapeutic option for a difficult to treat patient population.

Methods used NF1 wild-type and knockout HSC1A (immortalized human Schwann) cells were evaluated for response to autophagy inhibition. Pediatric SF188 cells were used as controls. MAPK/ERK pathway upregulation due to NF1 knockout was evaluated via Western Blot analysis. Autophagic activity was assessed via Western Blot analysis of autophagic flux. The efficacy of autophagy inhibition on decreasing cell growth and survival was analyzed via Incucyte growth and CellTiter Glo assays, respectively.

Summary of results NF1 mutated cells demonstrated upregulation of the MAPK/ERK pathway as expected. Preliminary studies show increased autophagic flux in NF1 mutated cells compared to wild-type.

Conclusions Evidence supports increased autophagic dependency in NF1 mutated tumors. Future studies will further characterize how autophagy regulate NF1 driven tumor cells and the specific role of autophagy inhibition.

Purpose of study The Internet acts as an important source of information for many cervical cancer patients, but the quality of the resources that patients access can vary widely. Organizations that publish information for cancer patients are also moving beyond traditional websites, and are increasingly engaging with patients on social media platforms such as Twitter, Instagram and YouTube. We sought to systematically evaluate the quality of cervical cancer information resources available against a range of metrics, including content breadth and accuracy, readability, and accountability. We also began to explore whether there may be need to expand our evaluation methodology beyond webpages to include social media.

Methods used We performed an internet search using the term ‘cervical cancer’ using Google and two meta-search engines, Dogpile and Yippy. We evaluated the 100 websites returned across all three engines using a validated structured rating tool. We recorded the number of websites maintaining a presence on a social media platform and the number hosting YouTube videos targeted to cancer patients.
Summary of results Websites provide the most coverage for etiology, risk factors, and prevention (>90% of websites). Most content categories were well covered (>74%), except for prognosis (49%), staging (52%), side effects (47%), and follow up (23%). The content provided was completely or mostly accurate for most topics; few websites had inaccurate information. There was no listed author on 68% of websites and no references on 62%. Only 64% had been updated in the last two years. Readability was at least university-level for 19% of websites, and at least high-school level for 78%. For social media, 79% of the websites linked to at least one platform, averaging 4.1 different platforms; 32% hosted information videos for cancer patients on YouTube.

Conclusions While some topics such as screening are well covered, many important topics like prognosis are underrepresented. Most websites are accurate, but many lack accountability or recent updates. Advanced reading levels may impact accessibility for patients. Many websites that provide information to patients also maintain a social media presence; updating our methodology to evaluate the quality and types of information shared on these platforms may represent an important avenue for future work.

113 ADENOVIRUS HEPATITIS AS THE INITIAL PRESENTATION OF ACUTE LYMPHOBLASTIC LEUKEMIA
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10.1136/jim-2018-000939.113

Case report A 13-year-old female presented to the ED with 10 days of pruritus, 2 days of scleral icterus, headache, generalized malaise and decreased appetite. Upon presentation, patient was afebrile and non-toxic appearing. Labs showed hemoglobin of 13 g/dl, white blood cell count (WBC) of 4,200/mm³, platelets of 154 K/mm³, total bilirubin of 4.0 mg/dl, and transaminase with aspartate aminotransferase (AST) and alanine aminotransferase (ALT) of 548 and 741 U/L, respectively. Hepatitis panel and mono screen were negative. Abdominal ultrasound showed no gallstones or hepatic lesions. She was diagnosed with a likely viral illness.

One week after that initial visit, she returned to the ED due to diffuse abdominal pain, RUQ fullness and an urticarial rash. Her icterus and pruritus had resolved at this time. She was febrile to 101.1 F. A weight loss of 3 lbs was also noted in the past week. A repeat abdominal ultrasound was unremarkable. CMP showed total bilirubin was improved, now 1.4 mg/dl with direct bilirubin of 0.8 mg/dl. Her transaminitis also improved with AST and ALT of 108 and 312 U/L, respectively. However, she was now bictypenemic with WBC of 1,000/mm³ and hemoglobin of 10.2 g/dl. Her CRP and ESR were elevated at 12.9 mg/L and 47 mm/hr, respectively. Her absolute neutrophil count (ANC) was abnormally low at 350/mm³ and reticulocyte count was also found to be low at 0.3%. Over the course of her hospitalization, she became hemodynamically unstable and was persistently febrile. Ultimately, she stabilized with fluid resuscitation and empiric triple antibiotic therapy. Flow cytometry showed a small population of circulating lymphoid blasts and a bone marrow aspiration confirmed the diagnosis of B-cell ALL. Eventually EBV, CMV, ANA and autoimmune hepatitis panel were all negative. Adenoviral IgM was elevated at 1:128.

Immunocompromised persons are at high risk for fulminant hepatitis and disseminated infections caused by HAdV. Although viruses can present as severe illnesses causing pancytopenia, this case highlights the need to pursue further investigation in patients presenting with severe adenovirus infections for B-ALL. Further research would be needed to identify other viral associations that immediately precede diagnoses of cancer.

114 LEPTOMENINGEAL CARCINOMATOSIS FROM CARCINOMA OF UNKNOWN PRIMARY
L Moosavi, C D’Assumpcao, J Bowen, A Heidari, E Cobos. Kern Medical Center – UCLA, Bakersfield, CA
10.1136/jim-2018-000939.113

Case report Purpose of study Leptomeningeal metastases are a rare but frequently devastating complication of advanced cancer. The most common solid tumors giving rise to leptomeningeal metastases are breast, lung, melanoma and cancers of unknown primary. We are presenting a rare case of leptomeningeal metastases from carcinoma of unknown primary with increased intracranial pressure.

Methods Retrospective chart review. Summary of results A 32-year-old Hispanic woman who initially presented with shortness of breath and was found to have mediastinal and retroperitoneal lymphadenopathy. Biopsy of the mediastinal node revealed poorly differentiated carcinoma positive for cytokeratin and placental alkaline phosphatase (PLAP) suggestive of germ cell tumor vs carcinoma of unknown primary. She received 3 cycles of Carboplatin and Doxorubicin with significant improvement. However, she started to have headaches. MRI brain revealed leptomeningeal enhancements suggestive of leptomeningeal carcinomatosis. She was started on intrathecal methotrexate. After the injection, she developed worsening of headaches with photophobia and meningeal irritation. Lumbar puncture (LP) was repeated and showed significant elevation of cell count to above 400 which turned out to be malignant cell with opening pressures of 600 mmH2O. Serial LPs performed to reduce pressure. She developed fever but her infectious workup came back negative. Given worsening of symptoms, patient was switched to Cytarabine IT twice a week. Serial brain imaging did not show hydrocephalus but due to need for frequent LPs lumbar drain was suggested. Repeated cytology of CSF showed persistent presence of malignant cells plus placental alkaline phosphatase. In the attempt to find the primary source a repeat biopsy of cervical lymph node performed which showed the cytokeratin profile and expression of CDX2 are most consistent with intestinal differentiation. She developed a hematoma at the serial LP site and in light of severe leptomeningeal disease which confers a poor prognosis, the patient and her family proceeded with comfort care measures at hospice prior to any diagnostic investigation.
Conclusion
Leptomeningeal carcinomatosis has a poor prognosis and clinicians should have high level of suspicious in the right clinical settings for prompt diagnosis.

Neonatology General II
Concurrent Session
3:15 PM
Thursday, January 24, 2019

115 ERYTHROCYTE-COATED NANOPARTICLES REDUCE CYTOTOXIC EFFECTS OF GROUP B STREPTOCOCCUS (GBS) BETA-HEMOLYSIS/CYTOLYSIN (β-H/C)

Authors: 1,2) Koo, 1,2) Lawrence, 3) Nizet, 1,3) UC San Diego, La Jolla, CA; 2) Rady Children’s Hospital, San Diego, CA; 3) UC San Diego, San Diego, CA

Purpose of study
GBS β-H/C toxin induces necrosis of host cells, thereby enabling microbial dissemination by way of immune defense subversion. Human red blood cell (hRBC) membrane-coated nanoparticles, or ‘nanosponges’ (NS), are non-specific biomimetic ‘decays’ with the ability to neutralize toxins including β-H/C. We demonstrate that hRBC-NS can successfully inhibit GBS β-H/C toxin, preserve epithelial viability, and decrease mortality in murine GBS sepsis models.

Methods used
Hemolysis assays employing: (1) stabilized β-H/C toxin, (2) different strains of GBS known to produce varied amounts of β-H/C, and (3) β-H/C knockout mutants (ΔcytE) as negative controls were completed following exposure to hRBC-NS. Cell viability assays on A549 lung epithelial cultures exposed to either live bacteria or stabilized β-H/C were also completed using ATP-based cytotoxicity assays.

Summary of results
The use of hRBC-NS reduced the hemolytic activity of each live GBS strain and stabilized β-H/C in a dose-dependent manner. ΔcytE mutant strains demonstrated no hemolytic activity. Cytotoxicity assays on A549 cultures exposed to live GBS bacteria or stabilized β-H/C have reduced cell death when the cells are treated with hRBC-NS.

Conclusions
hRBC-NS is a detoxification strategy that may provide a novel treatment option for neonatal sepsis by inhibiting toxin activity.

Abstract 115 Figure 1 Hemolysis by different strains of GBS (A), by NCTC GBS (B). Hemolysis by NCTC GBS is reduced in a dose-dependent manner by hRBC-NS treatment (C). Hemolysis by β-H/C extract in different quantities (D), and subsequent dose-dependent reduction in hemolysis by hRBC-NS (E). A549 lung epithelial cells have improved viability when treated with hRBC-NS while infected with (F) 2 ul β-H/C extract, (G) 5 ul β-H/C extract, and (H) live NCTC GBS at MOI 20.
IN VITRO INHIBITORY POTENCY OF ZINC PROTOPORPHYRIN MICROSPHERES ON HEME OXYGENASE ISOZYME ACTIVITY

D Jacobsen, S Iwatani, Z Onderdonk, RT Wong, RJ Wong, DK Stevenson. Stanford University School of Medicine, Stanford, CA

Purpose of study Heme oxygenase (HO) is the rate-limiting enzyme in the bilirubin production pathway and exists as 2 well-described isozymes: HO-1 and HO-2. Synthetic heme analogs (metallocorphyrins) are competitive inhibitors of HO, and thus have potential as chemopreventive drugs for treating neonatal hyperbilirubinemia. Identification of metallocorphyrins that can selectively inhibit the inducible HO-1 without affecting the constitutive HO-2 isozyme is the most desirable. We have shown that zinc protoporphyrin (ZnPP) shows the most promise but is not orally absorbable. Thus, to enhance its oral absorptivity, we have designed a formulation of ZnPP incorporated in lipid microspheres. In this study, we evaluated the in situ potency and selectivity for the inducible HO-1 isozyme of this formulation.

Methods used Adult male FVB (29–33 g) were sacrificed to harvest spleen (primarily HO-1) and brain (primarily HO-2) tissues. Various concentrations of ZnPP microspheres were added to reaction mixtures containing tissue sonicates, heme, and NADPH. HO activity was determined using gas chromatography and expressed as pmol carbon monoxide/h/mg fresh weight. Percent inhibition of HO activity was calculated and the concentration of ZnPP microspheres to inhibit HO activity by 50% or IC50 was interpolated and compared with the native ZnPP. A selectivity index (SI) for HO-1, defined as the IC50 for HO-2 (brain) over the IC50 for HO-1 (spleen), was calculated.

Summary of results ZnPP microspheres at concentrations of 0.26–2.0 μM decreased in vitro HO activity 30%–76%, and 27%–68% in the spleen and brain, respectively. IC50’s were 0.625 μM for both spleen (HO-1) and brain (HO-2), respectively, with a HO-1 SI of 1.00. These IC50 values were lower and hence resulted in a higher HO-1 SI compared with those we found for the native ZnPP (7.75 and 6.75 μM) for spleen and brain, respectively, with a HO-1 SI of 0.87, suggesting that the presence of the lipid microspheres increases the inhibitory potency and HO-1 selectivity of ZnPP.

Conclusions The incorporation of ZnPP in lipid microspheres not only allows increased oral absorptivity, but also appears to increase the potency and HO-1 selectivity of ZnPP. We therefore conclude that ZnPP microspheres has potential for use in the treatment of neonatal hyperbilirubinemia.
production as indexed by total body carbon monoxide (CO) excretion rates (VeCO) and monitored up to 4 hour. All data were expressed as percent of age-matched control (HO activity) and fold change over baseline (VeCO) levels.

Summary of results LPS significantly increased liver HO activity 137%±13% (n=6, p<0.0001), 137%±11% (n=6, p<0.001), and 107%±6% (n=7, p=0.05) at 24, 48 and 72 hour, respectively, post-exposure. HO activity returned to control levels by 96 hour (105%±7%, n=6). Compared with heme-only treated pups (n=5, 2.90±0.42 fold, 192±15 min), bilirubin production in heme-treated LPS-exposed pups (n=6) was higher (3.91±0.77 fold) and peaked earlier (167 ±21 min), translating to a 1.33-fold (3.91/2.90, p=0.03) higher peak VeCO.

Conclusions We conclude that LPS exposure can induce HO-1 expression in the liver and may explain the development of severe hyperbilirubinemia in septic infants, especially in those undergoing hemolysis.

118 INCREASED RATE OF CHORIOAMNIONITIS AMONG RETICULOCYTE IMMIGRANT WOMEN LIVING IN UTAH

JW Thomas, A Judkins. University of Utah, Salt Lake City, UT

10.1136/jim-2018-000939.118

Purpose of study Immigrants represent a unique population living in the United States. Over 43 million immigrants currently live in the United States, approximately 13% of the total population. Many immigrants experience barriers to accessing healthcare. The outcomes of pregnant immigrant women and their infants are not well described in the current literature. The purpose of this study is to describe the outcomes of pregnant immigrant women and their infants living in Utah.

Methods used Birth certificate data from the Utah State Department of Health was reviewed. Logistic regression models were created using STATA. Immigrant status was defined as women born outside the United States. Immigrants were also compared using World Bank categories to look for trends in outcomes by world region.

Summary of results Immigrant women living in Utah gave birth to 59 244 infants between 2009 and 2016, 14.1% of all births in Utah. As a combined group, immigrant women had a lower odds of preterm birth, a higher odds of having a low birth weight infant, and no difference in the rate of admission to the Neonatal Intensive Care Unit (NICU). Immigrant women were found to have an increased odds of clinically diagnosed chorioamnionitis [OR 1.4 p<0.001]. Immigrants from South Asia had the highest odds of chorioamnionitis [OR 3.3 p<0.001]. Odds of chorioamnionitis varied by country of birth with the highest odds among women born in Bhutan [OR 5.0 p<0.001], Iran [OR 4.8 p<0.001], and Nepal [OR 3.6 p<0.001]. Infants of immigrant women from South Asia were found to have a higher odds of admission to the NICU [OR 1.4 p<0.001].

Conclusions Immigrant women appear to have higher rates of chorioamnionitis that vary by maternal country of birth. This may be due to barriers to accessing healthcare, differences in pregnancy practices, or differences in native bacterial flora. It is possible that the higher prevalence of chorioamnionitis is leading to an increased risk of infection among their infants and the higher rate of NICU admission. Future studies will focus on NICU based data to determine reason for NICU admission, length of hospital stay and long-term outcomes.

119 PREGNANT IMMIGRANT WOMEN LIVING IN UTAH

JW Thomas, A Judkins. University of Utah, Salt Lake City, UT

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Conclusions Immigrant women appear to have higher rates of chorioamnionitis that vary by maternal country of birth. This may be due to barriers to accessing healthcare, differences in pregnancy practices, or differences in native bacterial flora. It is possible that the higher prevalence of chorioamnionitis is leading to an increased risk of infection among their infants and the higher rate of NICU admission. Future studies will focus on NICU based data to determine reason for NICU admission, length of hospital stay and long-term outcomes.

120 RETICULOCYTE HEMOGLOBIN AND FERRITIN AS MARKERS OF IRON DEFICIENCY IN THE NEONATE

R Kiser, A Yaroslaski, R Leung, RK Ohls, T Zamora. University of New Mexico, Bernalillo, NM

10.1136/jim-2018-000939.119

Purpose of study Preterm infants are at great risk for iron deficiency due to substrate demands for growth, erythropoiesis and brain development. Exogenous erythropoietin (EPO) further increases this demand for iron. Specific monitoring guidelines are currently lacking. This study will evaluate the potential utility of reticulocyte hemoglobin levels in ongoing monitoring of iron sufficiency in stable preterm infants who are receiving EPO to stimulate red cell production.

Methods used We performed a retrospective chart review of 117 preterm infants treated at the University of New Mexico newborn ICU in 2017–2018.

Summary of results Average gestational age of EPO-treated infants was 29w6d compared to 32w6d in non-treated infants (p<0.01). Mean initial ferritin concentrations prior to EPO administration did not differ significantly between EPO-treated and non-treated infants at 250 ng/mL and 202 ng/mL respectively. Treated infants showed a rapid response to EPO, and mean ferritin concentrations decreased to 61 ng/mL. An inverse relationship between ferritin concentration and absolute reticulocyte count indicated active erythropoiesis in EPO-treated infants (R=0.57, p<0.01). Ferritin concentrations positively correlated with reticulocyte hemoglobin in EPO treated infants (R=0.58, p<0.01).

Conclusions The addition of reticulocyte hemoglobin to routine monitoring for iron status in EPO-treated preterm infants is feasible, and correlates with ferritin concentrations in stable preterm infants.

Neonatology Pulmonary II

Concurrent Session

3:15 PM

Thursday, January 24, 2019

121 COMPARISON OF NASAL CONTINUOUS POSITIVE AIRWAY PRESSURE WITH LOW FLOW OXYGEN VERSUS HEATED, HUMIDIFIED HIGH FLOW NASAL CANNULA FOR ORAL FEEDING OF THE PREMATURE INFANT (CHOMP TRIAL): A PILOT STUDY

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10.1136/jim-2018-000939.120

Purpose of study Preterm infants born before 28 weeks gestation are at risk for chronic lung disease and are usually dependent on non-invasive positive pressure ventilation (NIV) during their NICU course. This dependence on NIV may prevent them from starting oral feeds at a time during their developmental optima for learning how to simultaneously breathe, suck and swallow. In extreme cases, this can lead to oral

118 JIM 2019;67:63–288
aversion and a need for gastrostomy tubes. What is not known is which NIV device will continue to support their lungs and allow them to orally feed safely. The primary objective of our study was to assess whether a baby born at less than 28 weeks gestation who is 34<sup>th</sup> weeks corrected gestational age and requiring non-invasive ventilation, will reach full oral feeds sooner on nCPAP or HHHFNC plus low flow oxygen (LF).

**Methods used** In this single center randomized control trial from 2014–2016, we assigned 40 preterm infants (born at <28 weeks EGA) dependent on nCPAP at 34+0 weeks CGA to either nCPAP +LF group or HHHFNC+LF group. All infants enrolled in the study were placed on an oral feeding protocol with breast and/or bottle feeds. Secondary outcomes included time on non-invasive ventilation, BPD, apnea accompanied by desaturation and/or bradycardia, feeding intolerance and weight gain. Statistical analysis of the primary outcome was performed with the Wilcoxon Rank Sum test.

**Summary of results** 40 infants were randomized to two intervention groups. Of these, 15 (38%) were transferred or broke protocol. 25 infants (12 in nCPAP group and 13 in HHHFNC group) in total concluded the trial. The days to full oral feeds between the nCPAP and HHHFNC groups were 36.5 days (Interquartile range 25.5, 43 days) and 29 days (IQ range 20, 44 days) respectively. P value=0.35. There were no significant differences in the secondary outcomes between the two groups.

**Conclusions** Despite the small sample size and lack of statistical significance, there was a trend towards a faster time to full oral feeds in the HHHFNC+LF group compared to the nCPAP +LF group.

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**TLR4 MEDIATED NEONATAL LUNG INJURY IS NOT SEX SPECIFIC**

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10.1136/jim-2018-000939.122

**Purpose of study** Perinatal exposure to inflammatory stress (cholecystitis, sepsis) is an independent risk factor for developing bronchopulmonary dysplasia. Previous studies have demonstrated that there is a sex-specific response to various stimuli injurious to the lung, with injury being more significant in males vs. females. Whether there is a sex-specific response to TLR4 mediated lung injury in the neonatal period is unknown.

**Methods used** Neonatal(P0) male and female mice were exposed to LPS(IP; 5 mg/kg; 0.1/5 hours and 7 days). Lung surface area (SA), medial linear intercept(MLI) and airspace area(ASA) were determined(Metamorph). Baseline expression of TLR4 innate immune signaling was examined by Western blot and qPCR. The expression of pro-inflammatory target genes and signaling pathways previously demonstrated to show sex-specific differences in hyperoxia-induced neonatal lung injury was assessed. n=4–6 animals per group, all performed in triplicate.

**Summary of results** Early postnatal LPS exposure caused significant lung injury in both male and female mice, as measured by decreased SA, increased MLI and ASA (p<0.05). The degree of injury was not significantly different between sexes. The baseline expression of TLR4, MyD88, p50, p65, and cRel was similar in male and female neonatal mice. Interestingly, LPS exposure significantly increased the expression of pro-inflammatory target genes previously demonstrated to be associated with neonatal lung injury (IL-6, IL-1b, Cxcl1, Cxcl2, and TNF-a), and this did not differ between male and female mice. Previous studies have implicated NFkB signaling in sex-specific response to neonatal hyperoxic lung injury. Here, NFkB activity, as measured by inhibitory protein degradation and p65/p50 nuclear translocation, was similar in LPS-exposed neonatal male and female mice.

**Conclusions** Pulmonary expression of key regulators of TLR4 innate immune signaling is similar in male and female neonatal mice. In contrast to hyperoxia-induced neonatal lung injury, TLR4 mediated injury is not sex specific. These results
suggest that there may be unique mechanisms of injury following exposure to LPS-induced systemic inflammatory stress, and targeting these pathways may attenuate lung injury in both male and female high-risk infants.

**124** STRAIN DIFFERENCES IN THE TRANSCRIPTOME OF MONONUCLEAR PHAGOCYTES HIGHLIGHT THE GENETIC BASIS FOR INTERINDIVIDUAL DIFFERENCES IN PULMONARY IMMUNITY

E Sañi, V Link, L Prince, C Glass. University of California, San Diego, La Jolla, CA

10.1136/jim-2018-000939.123

**Purpose of study** Mice differ in their response to respiratory disease. However, the genetic basis of susceptibility to lung inflammation is not known. Determination of the genes conferring susceptibility or resistance would be an important advance in the understanding of pulmonary immunity.

**Methods used** C57BL/6J and DBA/2J mice sensitive and resistant, respectively, to inflammation were examined for transcriptomic differences in lung mononuclear phagocytes (MP). Alveolar macrophages (AM), interstitial macrophages (IM), and monocytes (Mo) were isolated from the lung by fluorescence-activated cell sorting. Gene expression was determined by RNA-seq. Open regions of chromatin were determined using ATAC-seq. Data were analyzed with HOMER and MMARGE.

**Summary of results** Lung MP from C57BL/6J and DBA/2J mice showed distinct gene expression profiles. Clustering of RNA-seq data from both strains segregated samples by cell type with strain as a secondary determinant. We identified several strain-specific genes for each MP. For example, AM from C57BL/6J mice were enriched in mitosis genes whereas AM from DBA/2J mice were enriched in tissue remodeling. The transcripts that most distinguish AM in both strains are enriched in fat cell differentiation and cholesterol metabolic process. Transcripts that most distinguish IM are enriched in genes associated with the inflammatory response and leukocyte migration. To further explore the molecular determinants of MP diversification, we analyzed the effects of genetic background on chromatin accessibility. We found >11 000 regions that showed at least 2-fold difference in each lung MP subset and identified putative transcription factors underlying the phenotype of lung MP.

**Conclusions** The core set of genes present in both strains in each lung MP subset highlights essential functions underlying the phenotype of these cells. A significant fraction of each cell type’s most distinguishing transcripts are not shared within both strains. The magnitude of interstrain variability in gene expression in lung MP under baseline conditions could form the basis for understanding human interindividual variability in susceptibility to respiratory disease.

**125** RATES FOR BRONCHOPULMONARY DYSPLASIA VARY BASED ON DEFINITION AND CORRECTION FOR ALTITUDE

K Gulliver, B Yoder. University of Utah, Salt Lake City, UT

10.1136/jim-2018-000939.124

**Purpose of study** Various definitions for bronchopulmonary dysplasia (BPD) exist. Current respiratory support strategies can hinder use of these definitions. We have shown increased rates of BPD at high altitude which decrease with FiO2 correction for altitude. Our objective was to assess the effect of altitude correction on BPD rates using 3 different BPD definitions.

**Methods used** This is a retrospective review of prospective data on neonates<30 weeks GA at the University of Utah NICU from 1/2010 – 12/2017. BPD was defined using the following definitions: 2001 NICHD Consensus (Jobe, Am J Respir Crit Care Med, 2001), 2018 NICHD Consensus (Higgins, J Pediatr, 2018), and Jensen (PAS 2018). Effective FiO2 was determined at 36 weeks PMA based on weight, cannula flow rate and FiO2 using Benaron and Benitz’s equation (Arch Pediatr Adolesc Med, 1994). Altitude correction performed via ratio of average barometric pressure (BP) in our unit of 640 mmHg (BP at 5000 feet) to 760 mmHg (BP at sea level).

**Summary of results** 697 infants were identified (EGA 27.0±1.9 wks, BW 959±303 g). BPD rate was inversely proportional to EGA. BPD rate significantly decreased following altitude correction for all gestational ages (p<0.001) using 2001 NICHD definition and for the 27–29 week subgroup and overall (p<0.001) by the 2018 NICHD definition. There was no need for altitude correction with the Jensen definition (p=1). Post-altitude correction, 2001 NICHD BPD rates were significantly higher for all gestational ages (p<0.001) compared to Jensen and 2018 NICHD BPD definitions.

**Conclusions** Moderate to severe BPD rates differ based on the definition used. Altitude has less of an effect with the
Proposed 2018 NICHD BPD definition and no effect by the Jensen model, and may not need correction at our altitude. Further studies assessing the optimal BPD definition seem warranted.

Abstract 126

**DOES THE NRN BPD PREDICTION ALGORITHM CORRECTLY IDENTIFY BPD RISK USING DIFFERENT BPD DEFINITIONS AT ALTITUDE?**

K Gulliver, B Yoder. University of Utah, Salt Lake City, UT

10.1136/jim-2018-000939.125

**Purpose of study** To assess the validity of the Neonatal Research Network (NRN) BPD prediction tool after altitude correction using 3 different BPD definitions.

**Methods used** This is a retrospective review of prospective data on neonates<30 weeks GA at the University of Utah NICU from 1/2010–12/2017. BPD was defined based on the following definitions: 2001 NICHD Consensus (Jobe, Am J Respir Crit Care Med, 2001), 2018 NICHD Consensus (Higgins, J Pediatr, 2018) and Jensen (PAS 2018).

**Summary of results** 697 infants were identified (EGA 27.0±1.9 wks, BW 959±303 g). After altitude correction, moderate-severe BPD rates were significantly different by definition (2001 NICHD 41% vs 2018 NICHD 30% vs Jensen 23%; p<0.001). Probability of death and/or moderate-severe BPD was calculated at 14 days of age using NRN BPD outcome estimator (https://neonatal.rti.org). Effective FiO2 was determined by Benaron’s equation (Arch Pediatr Adolesc Med, 2014) and corrected for altitude via ratio of average barometric pressure (BP) in our unit of 640 (BP at 5000 feet) to 760 (BP at sea level). Area under the curve (AUC) analysis and positive predictive values (PPV) were determined.

**Conclusions** With correction for altitude, the NRN BPD outcome predictor at day of life 14 remains a useful tool in determining risk of moderate-severe BPD or death in our NICU population when using recently proposed BPD definitions.

Abstract 127

**THE URINARY METABOLOME AND BRONCHOPULMONARY DYSPLASIA IN PRETERM INFANTS TREATED WITH INHALED NITRIC OXIDE**

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10.1136/jim-2018-000939.127

**Purpose of study** Recent findings suggest that inhaled nitric oxide (iNO) decreases bronchopulmonary dysplasia (BPD) in preterm infants of maternal Black/African American race/ethnicity (AA) but not in infants of maternal non-Hispanic White race (White). We assessed whether inhaled NO therapy and the development of BPD is characterized by changes in the urinary metabolome.

**Methods used** Using 171 preterm infants of three racial/ethnic groups from the Trial of Late Surfactant Study (TOLSURF), global metabolic profiles were measured on urine collected at study entry prior to iNO initiation (6–14 days postnatal age, off iNO) and again after receiving iNO at 20, 10 and 5 ppm (23–30 days postnatal age). Changes in individual metabolites (Metabolon, Inc.) were assessed using ANOVA, and shifts in the global metabolome were evaluated using a principal component analysis and random forests.

**Summary of results** We detected 1033 different biochemicals, of which 262 varied by postnatal age, 208 by race/ethnicity, and 52 by BPD at 36 weeks PMA (p<0.05). In AA but not White infants, BPD cases had significantly decreased levels of 3 neurotransmitters (histamine, N-acetylhistamine, serotonin with BPD Yes/No ratios of 0.20, 0.81, 0.63) and increased cystine and cysteine sulfenic acid (1.29, 1.29). Comparing time point 2 vs 1, levels of kynurenate, an inflammatory metabolite of tryptophan, were significantly reduced in BPD infants of all racial/ethnic groups (0.63–0.81); in AA but not White infants, cysteine and metabolites were reduced in BPD infants (0.51–0.70), and polyamines (putrescine, spermidine, 4.43, 1.46) were increased in No BPD infants.

**Conclusions** In a cohort of high-risk premature infants, we identified individual urinary metabolites and pathways that were associated with development of BPD, with several occurring in AA but not White infants. The findings implicate racial differences in metabolism, likely including metabolism of both endogenous and inhaled nitric oxide, that may contribute to respiratory outcome and are consistent with observed epidemiological data on rates of BPD following iNO treatment.
Abstracts

128 DOCOSAHEXAENOIC ACID CAUSES A DOSE-DEPENDENT DECREASE IN LUNG FATTY ACID BINDING PROTEIN 4 IN POSTNATAL GROWTH RESTRICTED RAT PUPS
B Zhao, H Wang, J Loss-Moore. University of Utah, Salt Lake City, UT
10.1136/jim-2018-000939.127

Purpose of study Despite advances in medical management of preterm infants, bronchopulmonary dysplasia (BPD) remains a major concern. A hallmark of BPD is impaired alveolar formation, and poor postnatal growth and inadequate nutrition contribute. One molecular mediator important in alveolar formation is peroxisome proliferator activated receptor gamma (PPARγ). We demonstrated that postnatal growth restriction (PGR) reduces lung PPARγ protein abundance in male rat pups only. We also showed the simultaneous decrease in circulating levels of the PPARγ activator docosahexaenoic acid (DHA) only in male rat pups. Fatty acid binding protein 4 (FABP4) facilitates the transport of DHA to the nucleus to enhance PPARγ transcriptional activity. However, the effect of PGR and DHA supplementation on FABP4 protein levels in the rat lung is unknown. We hypothesize that PGR and supplemental DHA will alter lung FABP4 protein abundance in a sex and DHA dose-dependent manner in rat pups.

Methods used We induced postnatal growth restriction by randomizing newborn rat pups into litters of 8 (control) or litters of 16 (PGR). Each litter was randomized to receive diets supplemented with DHA at 0.0%, 0.01% (Low), and 0.1% (High). Pup weights were measured every other day. Western blotting was used to measure FABP4 protein abundance in the lung at postnatal day 21.

Summary of results Results are PGR as% sex-matched control ±SD (*=p<0.05). Rat pups in the PGR group weighed significantly less than control by postnatal d5 and continued to weigh less through d21 on all DHA diets. In male rat lungs, PGR did not affect FABP4 protein abundance (89%±9%). However, DHA resulted in a dose-dependent decrease in FABP4 protein abundance (Low 47%±21%; High 54%±36%). In female rat lungs, PGR increased FABP4 protein abundance (148%±19%), while DHA again resulted in a dose dependent decrease in FABP4 (Low 47%±21%; High 54%±36%).

Conclusions We conclude that PGR and supplemental DHA alter lung FABP4 protein abundance in a sex and DHA dose-dependent manner in rat pups. We speculate that DHA supplementation downregulates total FABP4 protein abundance in association with increased nuclear localization. Ongoing studies are evaluating the effects of DHA on FABP4 nuclear localization and transcription of PPARγ target genes.

129 MATERNAL VITAMIN D DEFICIENCY DECREASES DISTAL LUNG VASCULAR DEVELOPMENT AND PULMONARY ENDOTHELIAL CELL GROWTH AND FUNCTION
1G Gonzalez, 5S Ryan, 1G Seedorf, 2J Fleet, 5S Altmann, 1E Mandell. 1University of Colorado, Aurora, CO; 2Purdue University, West Lafayette, IN
10.1136/jim-2018-000939.128

Purpose of study Vitamin D deficiency (VDD) during pregnancy is associated with several maternal and perinatal morbidities, including asthma and acute and chronic lung diseases after preterm birth. Past studies suggest that vitamin D (VD) plays a role in normal lung development and we have previously shown that VD preserves lung structure and prevents pulmonary hypertension (PH) in an experimental model of bronchopulmonary dysplasia (BPD). We have also shown that VD treatment increase pulmonary artery endothelial cell growth and function. However, the direct effects of maternal VDD on perinatal distal lung vascular development is unknown. We hypothesize offspring from a maternal VDD rat model exhibit decreased distal vascular development and pulmonary endothelial cells (PEC) isolated from these pups have decreased growth and function.

Methods used Eight-week-old female rats were fed VDD chow and housed in a UV-B light shielded room to achieve 25-OHD levels less than 10 ng/ml at the time of mating and through lactation. Newborn rat lungs were assessed at 2 weeks of age for pulmonary vessel density (PVD) and radial alveolar counts (RAC). Pulmonary endothelial cells were isolated from the lungs of VDD offspring or CTL pups (Day 0–3). CTL and VDD PECs were expanded and used for proliferation and tube formation assays.

Summary of results Distal lungs from VDD offspring demonstrated decreased PVD by 32% (p<0.01) and decreased RAC by 15% as compared to CTLs (p<0.05). PECs from VDD offspring demonstrate decreased cell growth by 60% as compared to CTL (p<0.001) and decreased tube formation by 15% as compared to controls (p=0.05).

Conclusions Maternal VDD leads to abnormal fetal lung development with decreased distal lung vascular growth. In addition, PECs from VDD pups have decreased growth and function. We speculate that fetal disruption of VD signaling impairs distal lung structure and vascular growth, which increases the risk for late respiratory disease.

130 PROTECTIVE EFFECT OF ELECTRO-ACUPUNCTURE AT DIFFERENT MATERNAL ACUPPTS ON PERINATAL NICOTINE EXPOSURE-INDUCED RAT LUNG PHENOTYPE
1Y Liu, 2B Ji, 3R Sakurai, 4V Rehan. 1Los Angeles Biomedical research Institute, Torrance, CA; 2Beijing University of Chinese Medicine, Beijing, China
10.1136/jim-2018-000939.129

Purpose of study To determine whether by regulating maternal hypothalamic pituitary adrenal (HPA) axis, electro-acupuncture applied to maternal ST 36 acupoint can modulate PTHrP/PPARγ and Wnt/b-catenin signaling pathways, which are critically involved in perinatal nicotine-induced lung phenotype in the exposed offspring.

Methods used 24 adult first time pregnant rat dams were randomly divided into four groups; (1) saline (S), (2) nicotine (N), (3) nicotine + electroacupuncture (EA) applied to ST 36 (n=ST 36), and (4) nicotine + EA applied to ST 40 (n=ST 40) acupoints. Nicotine was administered subcutaneously (1 mg/kg), once a day, and EA was applied to bilateral ST 36 or ST 40 points. Both interventions were administered from embryonic day 6 to postnatal day 21 (PND 21). Pulmonary function, lung morphology, PPARγ, b-catenin, and glucocorticoid (GR) levels in the lung tissue and corticosterone (CORT)
in the serum of the offspring were detected; HPA axis in the mother were also examined (pituitary ACTH and serum CORT levels).

Summary of results Compared with the S Group, forced expiratory volume, peak expiratory flow and total airway compliance in the N Group decreased significantly, while total airway resistance increased significantly (p<0.05). The alveolar count decreased significantly, and mean linear intercept and septal thickness increased significantly (p<0.01). The PPARγ level decreased significantly, and β-catenin, GR and CORT levels increased significantly (p<0.05). Interestingly, all of these changes were blocked in the n+ST36, while there was no protection in the n+ST40. Similarly, in the n+ST36 group, nicotine-induced increases (p<0.01) in maternal pituitary ACTH and serum CORT levels were blocked, while there was no effect in the n+ST40 (p>0.05).

Conclusions EA applied to ST36 alleviated perinatal nicotine-induced pulmonary phenotype, likely by modulating maternal HPA axis, providing a strong mechanistic basis for testing this exciting non-conventional approach in humans.

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### Neuroscience I

**Concurrent Session**

**3:15 PM**

**Thursday, January 24, 2019**

#### 131 CHARACTERIZATION OF EPIPREGNANOLONE AS A NOVEL HYPNOTIC

1 Coultar, S Todorovic. University of Colorado School of Medicine, Aurora, CO

10.1136/jim-2018-000939.130

**Purpose of study** It is generally accepted that common general anesthetics (GAs) induce hypnosis by either blocking neuronal N-methyl-D-aspartate (NMDA) receptor and/or potentiating gamma-aminobutyric acid (GABA) currents. However, these effects may be the basis for their development neurotoxicity. Hence, it is important to investigate new hypnotic agents with different mechanisms of action. It has been previously demonstrated that the endogenous neuroactive steroid epipregnanolone blocks T-type calcium channels (T-channels) but lacks any GABA-mimetic and NMDA receptor-blocking properties. This work seeks to investigate the potential sedative/hypnotic properties of epipregnanolone and to characterize its use as an adjuvant agent to GAs.

**Methods used** Epipregnanolone was administered via intraperitoneal injection to adult wild-type (WT) mice and T-channel (Cav 3.1, 3.2, 3.3) knockout mice of both sexes.

Onset time and duration of Loss of Righting Reflex (LORR) and Loss of Withdrawal Reflex (LOWR) were assessed as endpoint measurements of hypnotic/anesthetic state.

**Summary of results** We found that epipregnanolone is an efficacious hypnotic agent with an ED50 for LORR of 35.5 mg/kg in WT male mice, and 41.2 mg/kg in WT female mice. We noted a prominent sex-dependent difference in LORR response to epipregnanolone. Across all genotypes and drug doses, females were sedated for significantly longer than males. We also found that epipregnanolone administration lowered the concentration of isoflurane necessary to induce LOWR in WT mice. Finally, we report a significant difference in the hypnotic responses between WT mice and Cav 3.1 KO mice. In general, Cav 3.1 KO mice demonstrated LORR for approximately only half of the duration of the WT mice.

**Conclusions** Endogenous neuroactive steroids devoid of GABA-mimetic properties that target neuronal T-channels may have an important role as adjuvants to anesthetic agents. To our knowledge, this work is the first to report on the hypnotic properties of epipregnanolone in rodents. These results indicate that epipregnanolone may be useful in lowering required amounts of GAs used to induce surgical anesthesia. This is important because there is mounting research that GAs administered in early life can induce neurotoxicity causing detrimental health effects.

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**132 RESTORING CNS HOMEOSTASIS: EFFECTS OF IMMUNOMODULATION ON NEUROPATHOLOGY IN OLD LATE-STAGE MURINE MODELS OF ALZHEIMER’S DISEASE**

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1,2,3 Torbati, 1J Doustar, 1G Regis, 1O Fuchs, 1Y Koronya, 1J Sheyn, 1A Rentsendorj, 1P Shah, 1S Li, 1K Black, 1M Korony-Hamaoui. Cedars-Sinai Medical Center, Los Angeles, CA

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2 University of California – Los Angeles, Los Angeles, CA

3 The Institute of Life Sciences, Wenzhou University, Zhejiang, China

Purpose of study Previously, we have shown that immunomodulation with glatiramer acetate (GA) in adult (10–13 month-old) mouse models of Alzheimer’s disease (AD) alleviates neuropathology and preserves synapses and cognitive function. However, given the argument that adult AD mouse models merely correspond to pre-clinical human disease, we explored the impact of GA immunization on old, late-stage double-transgenic APPswet/PS1dE9 mice (ADtg; 21–24 months old), an age more analogous to clinical stages of the human disease.

**Methods used** Treatment included weekly subcutaneous injections of GA or PBS for 8 weeks, compared to age-matched naïve wild-type littermates (WT) (n=7 mice/group).

**Summary of results** Compared to PBS-treated controls, GA-immunized mice displayed markedly decreased cerebral GFAP reactive astroglis. Despite late disease stage, Aβ plaque burden was notably reduced in the entorhinal cortices of immunized mice. Additional assessment of plaque phenotype revealed a targeted response to large- and medium-sized plaques. In-depth analysis of astrocyte morphology and functional biomarkers showed highly reactive astocytes and decreased overall expression of glutamine synthetase (GS), an astrocyte-associated enzyme involved in degradation of extracellular synaptic glutamate, in untreated ADtg mice. GA immunization restored astrocyte homeostatic GS levels comparable to WT levels. Given that synaptic loss is tightly associated with cognitive decline, we analyzed synaptic density and found enhanced pre- (Synapsin-II) and post-synaptic (PSD95) biomarker expression following GA immunization in areas of reduced Aβ pathology.
Abstracts

Conclusions This study demonstrates the neuroprotective effects of GA immunomodulation even in old, late-stage ADtg mice and provides the foundation to translate GA treatment to humans via observed benefits in AD-specific pathology, inflammatory response, glial cell phenotypes, and synaptic preservation.

Purpose of study Transient ischemia confers robust protection against subsequent prolonged ischemic exposure. This phenomenon, ischemic preconditioning (IPC), has been described principally in gray matter-predominant models of injury. We previously demonstrated that IPC also induces axonal protection in a white matter (WM) model. This protection involves innate immune signaling and cells of myeloid origin. However, the role of microglia in WM IPC is unknown. Here we characterize the effects of pharmacologic depletion of microglia on IPC-mediated protection in WM.

Methods used PLX5622 is a CSF1R inhibitor that depletes microglia in the CNS. Mice were treated with either PLX5622-infused or control chow for 21 d. We used immunofluorescent microscopy to quantify the effect of PLX5622 on Iba1+ cells in mouse optic nerve (MON). We next applied our model for IPC in WM to PLX5622-treated or control mice. We induced IPC of the MON in vivo by surgically occluding the right common carotid artery (CCAO) for 15 min, then allowing reperfusion for 72 h. Mice were euthanized and MONs both ipsi- and contra-lateral to CCAO were exposed to oxygen glucose deprivation (OGD) ex vivo for 45 min. A stimulator applied electrical pulses to each MON before, during, and after OGD. Compound action potentials (CAPs), surrogate measures of axonal function, were then quantified. As an additional control, parallel experiments were carried out in PLX5622-treated and control mice that had not undergone prior CCAO preconditioning.

Summary of results Mice that received PLX5622 had a 99% reduction in the number of Iba1+ cells in MON indicating near-complete microglial depletion in WM. As expected, in mice that received control chow, CAP recovery following OGD was significantly greater (39±3 vs 24%±3%, p<0.01, t-test) in preconditioned MONs. However, IPC-mediated axonal protection was abolished in mice treated with PLX5622. In mice that had not undergone prior CCAO, we found no statistical difference in CAP recovery between PLX5622-treated and control MONs.

Conclusions These results support the notion that microglia play a critical role in IPC-mediated axonal protection. Further characterization of innate immune responses following IPC in WM may lead to novel therapeutic strategies for stroke.

Purpose of study Patients with Parkinson’s disease (PD) have impaired dopaminergic function, which results in motor symptoms such as tremor, rigidity, and bradykinesia. The current gold standard for PD diagnosis, using 123-Ioflupane Single Photon Emission Tomography (SPECT), involves acquiring static images, followed by post-processing to generate a volumetric model of the striatum. This process is time-consuming and necessitates patient compliance.

Methods used We developed an automated technique for volumetric reconstruction of SPECT images using a computational algorithm, compressive sensing (CS) with total variation (TV) to shorten SPECT imaging times in studies of patients with Parkinson’s disease (PD). This technique uses a virtual 123-Ioflupane ‘phantom’ image created from real patient data. Axial image reconstructions of...
USE OF T-TYPE CALCIUM CHANNEL BLOCKERS AS ADJUVANTS FOR GENERAL ANESTHESIA

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10.1136/jim-2018-000939.135

Purpose of study It is generally accepted that general anesthetics (GAs) induces hypnosis by targeting neuronal GABA and NMDA receptors, which in turn may cause learning deficits in both rodents and children (Jevtovic-Todorovic et al., 2003; Ing et al, 2014). Previous in vitro study showed that CaV3.3 isoform of T-type calcium channels (T-channels) in the reticular thalamic nucleus (nRT) are inhibited by clinically-relevant concentrations of volatile GAs, including isoflurane (Joksovic et al, 2005, Br J Pharmacol). However, little is understood of the role CaV3.3 channels in anesthetic induced unconsciousness. The goal of this study is to first determine the effects of TTA-P2, a selective T-type calcium channel blocker, on the quality of isoﬂurane-induced anesthesia in C57BL/6j WT mice; and second, to better characterize the role of CaV3.3 channels in anesthetic induced unconsciousness.

Methods used The hypnotic effects and surgical depth of an anesthesia was measured by the% of Isoflurane at Loss of Righting Reflex (LORR) and Loss of Withdrawal Reflex (LOWR) respectively (n=10–12 mice per group). Additionally, the quality of anesthesia was measured by the% isoﬂurane at which characteristic neuronal oscillations of 70% burst suppression Ratio (BSR) was elicited during electroencephalogram (EEG), which indicates disruption of thalamo-cortical information transfer.

Summary of results We found that intraperitoneal injection of TTA-P2 showed a dose-dependent (10, 30, 60 mg/kg) decrease in the requirement of isoﬂurane to reach LORR and LOWR in WT mice. Surprisingly, we found that there was an even greater decreased requirement of isoﬂurane to reach LORR and LOWR in Cav3.3 KO mice. Consistent with these findings, EEG recordings following injections of 60 mg/kg of TTA-P2 showed that mutant mice required significantly less isoﬂurane to reach 70% BSR when compared to WT mice.

Conclusions We propose that T-type calcium channel blockers should be further explored as a valuable adjunct to reduce the usage of potent volatile anesthetics, and potentially decrease GA-induced neurotoxic effects of the developing brain. Furthermore, our findings point to the value of Cav3.3 channels in anesthetic induced unconsciousness.
were further exaggerated by diet-induced obesity. Therefore, our data support the hypothesis that dysregulated energy homeostasis is due, at least in part, to enhanced responsiveness to OFQ.

**Purpose of study**

The arcuate nucleus (ARC) of the hypothalamus is regarded as a critical platform that integrates signals of hunger and satiety reflecting energy stores and nutrient availability. Among ARC neurons, the appetite-suppressing pro-opiomelanocortin (POMC) neurons have been shown to decrease feeding and increase energy expenditure through the excitation-induced release of the melanocortin receptor ligand α-melanocyte-stimulating hormone (α-MSH). Neurons contacting POMC neurons from the Ventromedial Nucleus (VMN) express a neuropeptide called pituitary adenyl cyclase-activating polypeptide (PACAP) that is thought to play an important role in suppressing appetite and increasing energy expenditure. We hypothesize that PACAP administered directly into the ARC will produce anorexigenic effects manifest by robust hypophagia as well as increased energy expenditure in gonadally intact male mice.

**Methods used**

We administered PACAP (30 pmole/mouse) or its 0.9% saline vehicle through a 26-gauge guide cannula stereotaxically implanted into the ARC of gonadally intact male mice.

**Summary of results**

We found a significant difference in energy intake, meal pattern and energy expenditure between males treated with PACAP and control groups. Overall, we found that mice administered with exogenous PACAP consumed a smaller amount of food, less frequently, than their saline vehicle counterparts. Furthermore, we found that PACAP-treated mice as well as the HFD mice displayed higher levels of O₂ consumption and CO₂ production. In terms of cumulative energy intake, meal size and O₂ consumption, the PACAP-induced changes were at least partially negated by the HFD, suggesting that these effects of PACAP may be compromised under conditions of obesity/insulin resistance.

**Conclusions**

Our results support the notion that PACAP signals in the ARC to exert anorexigenic and metabolic accelerating effects that manifest in a diet-sensitive fashion. They are in line with our hypothesis that VMN PACAP neurons excite ARC POMC neurons to decrease energy intake and increase energy expenditure. These data have important implications when considering new therapeutic strategies for obesity and type II diabetes.

**Purpose of study**

Epilepsy is a chronic neurological condition in which spontaneous seizures develop. Status epilepticus (SE) is a related medical emergency that may preclude epilepsy and leads to the development of spontaneous seizures in animal models, a model for human epilepsy study.

Apoptosis has been investigated as a mechanism for neuronal death post-SE. The presence of apoptotic cell death post-SE is not clearly defined, specifically the expression of caspase-3, a key executioner protease in the apoptotic pathway.

In this study we investigated the expression of caspase-3 in hippocampal tissue obtained from rats after pilocarpine-induced SE to evaluate the relevance of apoptosis in the development of spontaneous seizures.

**Methods used**

SE was induced in male rats using pilocarpine. Rats were sacrificed at various time points post-SE, and regions of the hippocampus were collected. Protein samples were then assayed using western blot analysis with an antibody which detects active and inactive caspase-3.

For immunostaining, coronal sections were stained with an antibody that detects active caspase-3. To detect degenerating neurons, sections were stained with Fluoro-Jade B.

**Summary of results**

Western blot analysis demonstrated an increase in the expression of the inactive zymogen of caspase-3 in the induced-SE group compared to the control, however, no increase in active caspase-3 was detected during the first week post-SE.

An additional western blot assay demonstrated an increase in the inactive zymogen of caspase-3 compared to the control at 15 days post-SE, but no increase in the expression of active caspase 3 was found.

**Conclusions**

Since active caspase-3 was not expressed in western blot assays and minimally expressed compared to control groups in immunohistochemical staining, in this model caspase-3 is not entirely necessary for cell death following induced-SE, suggesting a limited role for apoptosis-related cell death post-SE.
restraint bag and returned to their cage. Mice in the rmTBI group received 4 head impacts per day (separated by 2 hour) for 10 consecutive days (40 total). Sham/control mice underwent an identical procedure as the rmTBI group (placed into the restraint and had the helmet placed on, but with no impact).

Behavioral tests were carried out to assess motor function, risk taking behavior, depression, and learning and memory.

**Summary of results** WT exhibited impaired motor function 1 day after rmTBI as compared to sham WT mice; mice recovered by 1 week after rmTBI. At both 2 weeks and 1 month after rmTBI, WT mice showed an increase in risk taking behavior and an increase in immobility time in the tail suspension test, as compared to sham WT mice. Additionally, impaired learning and memory was also observed 1 month after rmTBI in WT. In contrast, calpain-2 KO mice exhibited significantly less impairment in motor and cognitive function following rmRBI as compared to WT and their control. Interestingly, calpain-2 KO mice exhibited better motor function, decreased immobility time in the tail suspension test and improved learning as compared to WT and control mice.

**Conclusions** The results indicate that calpain-2 significantly contributes to the negative consequences of rmTBI in motor and cognitive functions. They further validate our previous results indicating that a selective calpain-2 inhibitor significantly reduced neuronal damage and motor and cognitive function in a mouse model of TBI. Finally, they suggest that selective calpain-2 inhibition could provide a novel approach to limit the negative consequences of rmTBI in humans.

### Pulmonary and Critical Care I

**Concurrent Session**

**3:15 PM**

**Thursday, January 24, 2019**

#### 141 HYPONATREMIA WITH SEIZURES AND PULMONARY INFILTRATES IN A YOUNG ADULT

**AW Pidcock, AA Zeki:** UC Davis, Sacramento, CA; VA of Northern California, Mather, CA

10.1136/jim-2018-000939.140

**Case report** A 31 year old male without previous significant past medical history presented to the emergency department after a witnessed acute seizure. The patient was playing rugby and had completed 3 outdoor matches immediately before his seizure. He had consumed 4 L liters of water and 3 large bottles of Gatorade during the matches, and endorsed not eating all day. Vital signs were unremarkable except for oxygen saturation of 97% on high flow nasal cannula supplemental oxygen with a FiO2 of 40% at a flow rate of 40 L/min. His physical exam revealed orientation to self only, diffuse pulmonary crackles, normal cranial nerve function, and normal tendon reflexes with symmetric and intact muscle strength bilaterally. Laboratory studies showed a sodium of 122 mmol/L, serum osmolality 255 mOsm/kg, urine osmolality 270 mOsm/kg, and creatine kinase 1,750 U/L. A CT head without contrast demonstrated mild cerebral edema. A chest x-ray was also obtained (figure 1). The patient was diagnosed with exercise-associated hyponatremia with a rare complication of cerebral and pulmonary edema. The etiology of this disorder is primarily due to overzealous hypotonic fluid consumption and non-osmotic ADH secretion. The mechanism of the pulmonary edema is thought to be analogous to neurogenic pulmonary edema, which is seen in a multitude of cerebral insults.

![Abstract 141 Figure 1 Plain film demonstrating diffuse alveolar filling process with relative sparing of the bases](image-url)
Abstracts

Of the few published reports, most cases are diagnosed post mortem due to lack of recognition and rapid decline. Patients may present with acute cough, thrombocytopenia, right heart failure on echocardiography, and nonspecific centrilobular micronodules on CT. These findings, together with a high level of suspicion, have prompted early lung biopsy for confirmatory diagnosis in deteriorating patients. Although PET and cytology samples from right heart catheter have been suggested, these have not been studied or fully validated. Unfortunately, while very few are diagnosed early, even fewer survive past diagnosis. Treatment with anticoagulation, chemotherapy, and imatinib has been reported. Pulmonary tumor thrombotic microangiopathy remains significantly difficult to diagnose ante-mortem and is usually recognized in hindsight. It has an ambiguous presentation and is rapidly fatal. Increasing awareness could allow for early recognition.

Purpose of study Nursing led point-of-care ultrasound (POCUS) studies have been limited to guiding intravenous (IV) line access, urinary catheterization, and diagnosing heart failure. Research is needed on the use of POCUS in septic patient management. We studied how nurse-led POCUS could impact treatment decisions affecting septic patients in the emergency department.

Methods used Nurses trained in POCUS performed examinations three times (Hour Zero, Three, Six) on septic patients in the emergency department and made recommendations for fluid management. Emergency physicians (EP) were surveyed to compare their recommendations for fluid management and treatment to the nurse data.

Summary of results A total of 104 patients were scanned with a mean age of 60.4. EPs agreed with nursing US in 99% of cases. Nursing US changed management and increased confidence in treatment plan 83% and 96% of the time, respectively. EPs underestimated fluids 37.5%, overestimated 26%, and correctly estimated (within 500 ml) 36.5% of the time. Over the course of resuscitation, IVC became collapsible, the number of cases with B-lines was essentially unchanged, and less fluid was recommended.

Conclusions This study showed that nurse led POCUS is feasible and may have a meaningful impact on physician diagnosis and septic patient management in the emergency department.

**Abstract 144 Table 1**

<table>
<thead>
<tr>
<th>Physician survey of nursing ultrasound</th>
<th>ACC/AHA 2013 CVD Risk Score</th>
<th>Revised 2018 CVD Risk Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean (95% CI)</td>
<td>Mean (95% CI)</td>
<td></td>
</tr>
<tr>
<td>Hour 0</td>
<td>4.7% (4.5%–5.0%) (n=536)</td>
<td>6.6% (6.3%–6.9%) (n=527)</td>
</tr>
<tr>
<td>Hour 3</td>
<td>4.5% (4.3%–4.7%) (n=562)</td>
<td>6.2% (6.0%–6.5%) (n=563)</td>
</tr>
<tr>
<td>Hour 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>p-value</td>
<td>0.025</td>
<td>0.033</td>
</tr>
</tbody>
</table>

Mean=Least squares mean estimates from weighted generalized least squares (2013) and ordinary least squares regression (2018).
Purpose of study Pneumocystis jirovecii (PJP) is an opportunistic fungal infection that is increasingly seen in non-HIV hosts due to iatrogenic immunosuppressive regimens. PJP in non-HIV hosts causes significant morbidity, and a mortality higher than in HIV. Sulfa antibiotics remain the cornerstone of prophylaxis of PJP, but are often omitted in the non-HIV host. We sought to assess the scope of PJP in non-HIV, non-BMT hosts within our hospital system and to determine barriers to the use of prophylaxis (particularly in those treated with steroids).

Methods used Search of de-identified data within the University of Colorado Health System electronic medical record (EMR) between the years of 2009–2018. Inclusion criteria were a diagnosis of PJP as defined by ICD-9 or –10 codes. Exclusion criteria included a diagnosis of HIV or bone-marrow transplant (BMT) as defined by ICD codes. We assessed use and type of steroid, use of preventative antibiotics, and diagnosis of solid organ transplant or cancer.

Summary of results Of PJP cases 25.3% were solid organ transplant recipients, 29.3% had cancer, and 52.3% female. Based on 10 years of data, we estimated an incidence of 18 cases of non-HIV, non-BMT PJP/year in our health care system. Steroids were prescribed to 40% of PJP patients in the month before diagnosis, yet only 21% (half) had any evidence for PJP prophylaxis in the month before diagnosis. Steroids received before PJP were dexamethasone in 32%, methylprednisolone in 25%, prednisone in 39%, and prednisolone in 4%. Sulfa allergy may have been a barrier to prophylaxis as it was more 5-fold more common than expected in the general population (17.7% vs 3%).

Conclusions PJP related to steroids in non-HIV, non-transplant hosts is a significant iatrogenic illness. Highly effective prophylactic regimens appear to be underutilized in our health care system, consistent with published experience elsewhere. Sulfa allergy may be one barrier to prophylaxis. An expanded survey of national medical electronic databases is warranted to better understand the scope of iatrogenic PJP. Our data suggest that development of an electronic medical record sifting algorithm to capture PJP risk based on steroid use and other risk factors, with development of regional intervention protocols to increase prophylaxis is one strategy that may improve the burden of this illness.

In this report, a 14-year-old girl presented to pediatric pulmonology with a 12 year history of chronic productive cough and recurrent high fevers. Her mother recalled the onset of her symptoms around 18–20 months of age with no precipitating illness. A chest X-ray ordered in February 2018 by her primary care provider was consistent with a left lower lobe pneumonia and her chest CT showed focal bronchiectasis. She was prescribed courses of amoxicillin/clavulanate, azithromycin and doxycycline with symptom recurrence after each cycle. In addition to her cough, she reported fatigue, headaches and back pain. Her past medical, surgical and family history were noncontributory to her disease. At the onset of her symptoms, the patient lived on a farm with several animals and currently lives with an indoor dog and cat. She denied international travel or recreational drug use. A bronchoscopy was performed and was notable for thick mucus diffusely, though more prominent on the left side. The respiratory culture was positive for Pasteurella multocida and the fungal culture was positive for Penicillium species. Her sweat chloride test and bronchial brush biopsy were negative, but the primary ciliary dyskinesia genetic panel was notable for two variants of uncertain significance. Her tuberculosis PCR, acid fast bacilli culture and coccidioidomycosis serology were negative and the lipid laden macrophage index was normal. She was prescribed an 8 week course of amoxicillin/clavulanate and itraconazole with good response, but her symptoms returned upon discontinuation of the medication.

This case is significant due to the very young age at probable initial infection and the rare progression of untreated respiratory Pasteurella multocida infection to bronchiectasis in a teenager. The initial response to antibiotic therapy is encouraging, and the plan is to restart the amoxicillin/clavulanate for a minimum of 8 weeks with repeat chest CT, bronchoscopy and ciliary function studies.

Purpose of study Arginine metabolism by competing enzymes, nitric oxide synthase and arginase lead to pathways that are important in asthma. A lower ratio of arginine and asymmetric dimethylarginine (ADMA) in the plasma was found to be associated with reduced lung functions and increased respiratory symptoms in previous cross-sectional studies of asthmatics. However, fractional exhaled nitric oxide (FeNO), plasma arginine/ADMA, lung functions, and asthma control test (ACT) scores are dynamic measurements and cross-sectional studies might not capture those dynamic changes. Our longitudinal study aims to measure those dynamic changes in severe asthmatics.

Methods used The study subjects were from the cohort of the longitudinal l-arginine randomized clinical trial which were recruited from the University of California-Davis Asthma Network clinics. Each subject had 6 visits (6 weeks interval) and plasma samples, FeNO measurements, and ACT scores were obtained at each study visit. Spirometry was obtained at visit 1, 3, 4 and 6 (12 weeks interval). Longitudinal plasma...
argine and ADMA levels were identified through hydrophilic interaction liquid chromatography (HILIC) positive mode method. A linear mixed effect model with individual subject intercepts were used for testing the association between arginine/ADMA ratio and outcomes. Body Mass Index (BMI) was included as a covariate for testing the association between the arginine/ADMA and FeNO.

Summary of results 46 subjects with 226 measurements were included in the analysis. A lower ratio of arginine/ADMA was associated with higher FeNO (p-value=0.03) and remained statistically significant after controlling for BMI (p-value=0.02). No significant association between arginine/ADMA ratio and lung functions or ACT scores were observed.

Conclusions Our studies showed that a lower ratio of arginine/ADMA in a longitudinal setting was associated with higher FeNO suggesting a possible shift in arginine metabolism. It is unclear if the ratio is associated with worsening symptoms or poor lung function in the dynamic setting. A future study will focus on phenotyping those asthmatic patients and re-examining the relationship in different subgroups of asthmatics.

Abstracts

148 INTRAPERITONEAL LPS IMPAIRS HEPATIC SELENOCYSTEINE AND SELENOENZYME SYNTHESIS

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Purpose of study Selenium (Se) is a trace mineral incorporated into selenocysteine (Sec), which is critical for selenoenzyme function to defend against oxidative stress. Over 65% of plasma selenium content is the selenium transporter, selenoprotein P (Sepp), which is predominantly produced in the liver. In septic adults, low serum Se and Sepp levels correlate with multiorgan dysfunction, pneumonia, and death. Mechanisms determining how inflammatory insults compromise selenoenzymatic defense are not fully understood. Lipopolysaccharide (LPS) induces hepatic inflammation and dysfunction, and we hypothesized that intraperitoneal (IP) LPS would dysregulate selenium metabolism and selenoenzyme production.

Methods used Wild type (WT) male 8–12 week C57/B6 mice were exposed to IP LPS (5 mg/kg) and sacrificed at 0, 8 and 12 week C57/B6 mice. Hepatic mRNA and protein expression for factors that mediate selenocysteine synthesis, including PSTK, SepsecS/SLA, SBP2, EFSec/SELB and selenoenzymes (Sepp1, Gpx1, Gpx4, TrxR1, TrxR2) were measured by qPCR and Western blot.

Summary of results LPS increases TNFα, IL1β, and IL6 mRNA at 8 hours (p<0.05, n=4–6). LPS decreases hepatic gene expression for factors that mediate selenocysteine synthesis, including PSTK, SepsecS, SBP2 and EFSec at 8 hour (p<0.05, n=4–6) SELB and SLA protein expressions trend down at 24 hours (p=0.07, n=5). LPS decreases hepatic gene expression for the selenoenzymes Sepp, Gpx1, Gpx4, TrxR1 and TrxR2 at 8 hours (p<0.05, n=4–6). Gpx1 and TrxR1 mRNA expression remain low at 24 hours. Hepatic Sepp protein expression decreases at 8 and 24 hours (p<0.05, n=5). Gpx1, Gpx4, TrxR1, TrxR2 protein expressions did not change; activity levels pending.

Conclusions IP LPS downregulates numerous genes important in selenocysteine synthesis and hepatic selenoenzymes. We speculate that dysregulation in hepatic selenocysteine and selenoenzyme production contributes to LPS induced oxidative stress and organ injury by decreasing selenium delivery to other organs.

Support CCTSI Child Maternal Health Mentored Grant (LS), NHLBI 1R35HL139726–01 (E.N.G), NHLBI HL132941 (C.W.)

149 A CASE REPORT AND DISCUSSION OF KAPOSI’S SARCOMA-ASSOCIATED HERPES VIRUS INFLAMMATORY CYTOKINE SYNDROME

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10.1136/jim-2018-000939.149

Case report Kaposi’s Sarcoma-associated Herpesvirus (KSHV) Inflammatory Cytokine Syndrome, or KICS, is a rare, recently described entity with estimated 50% mortality. A case of KICS is described along with diagnostic and management dilemmas.

A 27-year-old woman with AIDS presented with sore throat, hemoptysis, weight loss, fever, and tender inguinal masses. Pulmonary Kaposi’s sarcoma (KS) was diagnosed by bronchoscopy. Core lymph node biopsies were non-diagnostic for multicentric Castleman’s disease (MCD). She developed bulky, friable lesions of the soft palate leading to upper airway obstruction, as well as vasodilatory shock and respiratory failure. Sepsis was ruled out with negative cultures. She was started on rituximab and liposomal doxorubicin for treatment of KICS. However, she developed multi-organ failure died.

KICS should be suspected in patients with HIV and KS who present with severe inflammatory symptoms. KSHV encodes a viral homolog of IL-6 by taking over host cellular gene expression. Viral IL-6 can stimulate human IL-6 pathways, leading to wasting, effusions, anemia, thrombocytopenia, elevated CRP, coagulopathy, and adenopathy, as well as vasodilatory shock, respiratory failure, and death. Our patient met criteria for KICS based on these clinical findings, as well as marked KSHV viral load and inability to make a histopathologic diagnosis of MCD. Ruling out MCD is a challenge due to the need for excisional lymph node biopsy. In addition, excessive time can be spent ruling out sepsis as a cause of vasodilatory shock; instead, therapy directed toward KICS with rituximab and liposomal doxorubicin should be initiated as soon as infection is reasonably excluded. Treatment should not be delayed due to inability to distinguish KICS from MCD.

Of note, surgical manipulation of KS lesions in the airways should be avoided due to risk of bleeding and aspiration. Advanced modalities for airway protection may be needed in patients with KICS.

150 MICE WITH DECREASED MATRIX BOUND SOD3 DEMONSTRATE EARLY ROBUST INFLAMMATORY RESPONSE AND EXAGGERATED NFκB SIGNALING AFTER INTRATRACHEAL BLEOMYCIN

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10.1136/jim-2018-000939.149
Purpose of study The naturally occurring R213G single nucleotide polymorphism (SNP) in the antioxidant enzyme extracellular superoxide dismutase (SOD3) lowers matrix binding affinity, redistributing SOD3 from the lung into the extracellular fluids. Humans harboring this SNP exhibit less severe COPD, suggesting elevated alveolar SOD3 levels protect against lung injury. We showed mice expressing R213G SOD3 are protected from bleomycin-induced fibrosis. Intriguingly, R213G mice have a robust early inflammatory response at 3 days followed by enhanced resolution of inflammation at 7 days. NFκB is a critical redox regulated transcription factor that regulates inflammation. Based on published work and analysis of RNA sequencing data, we hypothesized the R213G early inflammatory response after intratracheal (IT) bleomycin is mediated by NFκB signaling.

Methods used Wild type (WT) mice and homozygous R213G mice received IT bleomycin (100 ul) or phosphate buffered saline (PBS) and were sacrificed at 1 and 3 days. BALF cells were tested for TNFα and IL-1β mRNA expression. Nuclear and cytoplasmic extracts from whole lung homogenates were analyzed for p65, GAPDH and Laminin A/C protein by Western blot. Lung mRNA was evaluated for IKBKα and IRF7.

Summary of results At 1 and 3 days, bleomycin increased lung nuclear p65 in both strains (p<0.05 for exposure, n=2–3). Post hoc analysis demonstrated higher nuclear p65 after bleomycin in R213G compared to WT. At 3 days, bleomycin increased BALF cell TNFα and IL-1β mRNA (p<0.01 for exposure, n=6), with a greater increase in TNFα and IL-1β in R213G compared to WT. At 3 days, bleomycin increased IKBKα only in R213G mice (p=0.03, n=3). Bleomycin also increased pulmonary IRF7 mRNA (p<0.05 for exposure), with R213G mice greater than WT (p<0.05, n=3–5).

Conclusions R213G mice have an early robust inflammatory response after IT bleomycin, with higher cytokine expression in the alveolar fluid compared to WT mice. Intratracheal bleomycin induces NFκB signaling in the lungs of both WT and R213G mice, with exaggerated activation in R213G mice at early time points. Future work will need to interrogate how increased alveolar fluid SOD3 leads to enhanced resolution at later time points.
STIs as the principal diagnosis code with confirmation given by identifying relevant procedures using CPT codes. Those with >1 hospitalization were counted just once. Population based incidence for each year was calculated given number of cases and census obtained population for the given time periods. Comparisons were made between those with NSTI to other diagnoses.

Summary of results Using this database, we report the incidence of NSTIs within this population to be 23/100,000 or 0.23 per 1000. Of 130,000 patients hospitalized with a soft tissue infection, 8500 were NSTI, thus 7% of all hospitalized soft tissue infections.

Conclusions In conclusion, the prevalence of NSTIs is much higher than has been reported in previous literature. The availability of epidemiologic data for this disease process can allow for appropriate point of reference for surveillance, and also in the development of diagnostic tests or risk calculators as predictive values can be accurately assessed, thus leading to earlier diagnosis and time to interventions.

Purpose of study Prophylactic fixation of the contralateral hip after SCFE is controversial. Children with unilateral SCFE whose contralateral hip is observed are at risk for contralateral slip and complications such as avascular necrosis. A comparison of adverse outcomes between observation and prophylactic pinning has not yet been performed.

Methods used We retrospectively reviewed 197 patients with unilateral SCFE over a 20 year period. Variables of interest included age, sex, BMI, Modified Oxford Bone Age Score, length of operation and estimated blood loss. Postoperative complications of the unaffected hip included pain, AVN, chondrolysis, abnormal gait and development of a limb length discrepancy.

Summary of results Of 197 patients, 100 (51%) received prophylactic fixation of their contralateral hip and 97 (49%) were observed. Average follow-up was 24.5 months. Those observed were older (p<0.001) and had a greater MOBA score (p=0.006). No difference was found between groups for BMI or length of hospitalization. Patients in the prophylactic group had greater EBL during surgery (p=0.004) and longer operative time (p<0.001).

In patients with unilateral fixation, 19/97 (19%) developed a contralateral SCFE. Among these, 2/19 developed AVN or chondrolysis of the contralateral hip (2% overall). Additionally, 17/97 developed contralateral hip pain, 10/97 developed a leg length discrepancy, and 24/97 developed a limp. In patients with prophylactic fixation, 2/100 developed AVN, 10/100 developed contralateral hip pain, 4/100 developed a LLD and 26/100 developed a limp.

Conclusions For patients with unilateral SCFE, risk of AVN of the contralateral hip was similar whether the hip was prophylactically pinned or observed (2%). Additionally, there were similar outcomes for length of hospitalization, EBL and development of a limp. There was however a higher rate of LLD and pain in patients whose contralateral hip was observed.

Purpose of study Despite steps taken to shield medical personnel from radiation during fluoroscopy, protective equipment does not completely prevent exposure. Radiation to upper body including in the thyroid, eyes, or hands is often considered in radiation studies, however, some of the organs most susceptible to adverse effects of radiation, such as the intestines and gonads, are in the lower body. We sought to quantify the risk of radiation exposure to upper and lower body organs using a cadaver model for a urological procedure routinely performed at our institution.

Methods used Following institutional review board approval, two male cadavers were obtained. The ‘patient’ (BMI 24.6) was positioned supine and underwent fluoroscopy consistent with a percutaneous nephrolithotomy (PCNL) procedure at our institution. The ‘surgeon’ (BMI 20.7) was placed upright 11 inches from the center of the radiation source to simulate the position of the surgeon during PCNL. Ten total trials were run, 5 trials...
with the surgeon wearing a 0.35 mm lead gown and 5 trials without lead. Twenty minutes of fluoroscopy were used per trial. Dosimeters were placed in the ‘surgeon’ in various radiation sensitive organs divided into two groups, those above the operating table (thyroid, lung, sternum, and liver) and those below (male gonads, kidney, bladder, colon). Mann-Whitney U tests were used to evaluate significance.

Summary of results A 96% reduction (p<0.001) in radiation was recorded between unshielded (12.8 mrem) and shielded (323.1 mrem) organs. For shielded trials, the organs with highest radiation exposure were colon (19.6 mrem), bladder (15.6 mrem), and sternum (13.6 mrem). Organs showing lowest exposure were thyroid (9 mrem), lungs (10.2 mrem), and liver (10.4 mrem). Combined, the upper body and chest had significantly lower (32%, p=0.013) radiation than those below.

Conclusions Although standard radiation protection measures dramatically reduce exposure to medical personal, when considered long-term, they may not be adequate in protecting organs most susceptible to radiation like the colon. In addition to wearing lead shielding surgeons, should take measures to reduce the fluoroscopy time and dose.

155 ABDOMINAL TRAUMA OUTCOMES AT A TERTIARY HOSPITAL IN SOROTI, UGANDA: A RETROSPECTIVE ANALYSIS

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Purpose of study To determine the rate of negative laparotomy in trauma at Soroti Regional Referral Hospital (SRRH), and to determine the severity of injuries associated with abdominal trauma.

Methods used Retrospective review of the SRRH trauma registry, OR registry, and patient charts for the period of April 1, 2017- June 1, 2018 for all patients admitted for treatment of abdominal trauma. Information collected included demographic, physiologic, and course of care data.

Summary of results There were 42 patients admitted to SRRH for treatment of abdominal trauma during the study period, with 39 having complete data. There were 14 poly-traumas and 25 uni-traumas. 18 were treated non-operatively and 21 were treated operatively. The most common mechanisms of injury included falls (39%), MVA (38%), blunt force (10%), stabbing (8%), assault (5%), and GSW (2%). Falls were the most prevalent cause of injury in the surgical group (52%), with 90% of these being falls from mango trees. There were significantly more male patients treated operatively (81%) than non-operatively (39%) (p=0.0100). There were 17 positive laparotomies and 4 negative laparotomies (19%). Patients treated operatively had significantly lower rates of imaging upon presentation compared to the non-operative group (p=0.0489); there was no difference in imaging between the positive and negative laparotomy groups. Injury Severity Score (ISS) in the operative group (10.71) was significantly higher than the non-operative group (4.94) (p=0.0052). Overall rate of unnecessary operations was 38.10% (8/21), determined using the Shock Index to identify hemodynamically stable patients in the operative group, which in retrospect could have been managed conservatively.

Conclusions This centre has a high negative laparotomy rate, at 19%. Patients treated operatively for abdominal trauma had significantly lower rates of imaging upon presentation, and significantly higher ISS values than those managed conservatively. The overall rate of unnecessary operations in abdominal trauma is 38.10%.

156 ESTABLISHING A BASELINE OF OPERATIVE TIME AND LENGTH OF STAY FOR DEGLOVING INJURIES

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Purpose of study Degloving soft tissue injuries are the result of skin and tissue avulsing from the underlying muscle, bone or connective tissue. This trauma is usually the result of a tangential force with an irregular surface catching a part of the body at a low velocity, such as when the tires of a car run over an arm in a motor vehicle accident. Important structures become exposed with considerable damage to the avulsed skin. Currently, there is no established expected operative time for degloving injury surgeries, nor has any study looked at the length of hospital stay and the number of required for reconstruction. The present study seeks to establish these baseline characteristics for extremity degloving injury management for ultimate comparison to newer techniques.

Methods used A detailed review of the electronic medical record from a level I trauma center for dates ranging from 06/2012 to 07/2018 revealed 186 trauma cases with potential degloving. Because there is no specific diagnosis code for a degloving injury, each patient’s chart was reviewed for signs that the traumatic injury was specifically a degloving injury. The investigators reviewed the encounter history to find surgical, emergency, admission, and/or office visit events to find the desired information. Some of the main keywords that were looked for were in these events were ‘degloving’, ‘avulsion’ and ‘skin flap’ to identify a degloving case. The patients’ ages, sex, location of the injury, cause of injury, and procedure done were all collected when possible, as well as the patient’s length of stay from the date on the specific case in the list, the operative time (in minutes), and the number of procedures done to reconstruct the patient.

Summary of results Of the 186 trauma cases, 26 degloving patients were identified. The age range for patients identified was 2 to 58 with a mean of 32.9 years. The sex distribution was 69.3% male and 30.7% female. 100% were upper extremity injuries. The average length of stay for these patients was 8.54 days. The mean number of surgical procedures was 2.9. The total operative time was and average of 360.8 min.

Conclusions This study has produced a baseline measure of common economic parameters associated with degloving injuries. This data shall serve as comparative data for novel management protocols.
Abstracts

157  ENDOSCOPIC INSTRUMENTS INCREASES THE RADIATION EXPOSURE DURING URETEROSCOPY: A CADAVER STUDY
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Purpose of study Fluoroscopy units are the most frequently operated in the Automatic Brightness Control (ABC) mode which automatically adjusts the settings (mA, KVP) to optimize image quality. In this setting, increased patient attenuation (obesity), increases the radiation exposure to patient and surgeon. During ureteroscopy, objects may be placed within the fluoroscopy beam path and the effect of this equipment within the beam is not known. The purpose of this study is to investigate the effects of surgical equipment within the fluoroscopy beam path.

Methods used Following institutional review board approval, a male cadaver (BMI 24.6) was draped in lithotomy position simulating a right ureteroscopy. Fluoroscopy was performed using ABC with no equipment over the beam path (control) and during 7 experimental settings where equipment was placed within the fluoroscopy path. Equipment placed in the fluoroscopy beam included: a flexible ureteroscope, a rigid cystoscope, a Kelly clamp, a beam splitting camera and light cords in straight and coiled positions, 3 EKG leads, and the table support beam. Ten 145 s fluoroscopy trials for each arm were performed. Mann-Whitney U tests were performed to compare radiation exposure between control and experimental arms.

Summary of results Compared to control ABC fluoroscopy with no equipment in the beam path (18.53 mGy), the presence of equipment in the fluoroscopy beam significantly raised radiation exposure for flexible ureteroscope (21.05 mGy; p=0.0002), rigid cystoscope (21.20 mGy; p=0.0002), Kelly clamp (19.38 mGy; p=0.0022), straight camera and light cords (19.30 mGy; p=0.0051), coiled camera and light cords (20.25, p=0.0010), and when the table support beam was included in the X-ray field (25.01; p=0.0018).

Conclusions Adjusting table position to exclude the support beam from the radiation field and avoiding placement of equipment within the fluoroscopy beam when the machine is operated in ABC can result in a significant decrease in radiation exposure to patients undergoing ureteroscopy. These minor adjustments in surgical practice may result in up to a 35% reduction in patient exposure.

158  SURGICAL CORRECTION OF VELOPHARYNGEAL DISFUNCTION IN CHILDREN WITH 22Q11.2DS
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Purpose of study Up to 90% of patients with 22q11.2DS (22q) present with velopharyngeal dysfunction (VPI) and may require speech therapy and/or surgery. A recent systematic review found that no single surgical technique yielded better speech outcomes with fewer complications. This study aimed to determine whether any pre-operative factors influence speech.

Methods used This 20 year retrospective study reviewed patients with a 22q diagnosis who underwent speech surgery at BC Children’s Hospital. Improvements in speech score, categorized by the SLP-3 Scale, were compared against surgical technique, pre-operative closure anatomy, gap size, and developmental delay.

Summary of results Twenty-two patients met the inclusion criteria. Post-operatively, 15 had competent speech, 3 had borderline speech, and 4 had incompetent speech. There were no significant association between the improvement in speech outcomes and surgical technique, pre-operative closure anatomy, gap size, and developmental delay. There was no association between a patient’s pre-operative anatomy and a surgeon’s choice of technique.

Conclusions Acceptable speech can be attained for patients with 22q and no single pre-operative factor individually influences speech outcomes. Prior systematic reviews and our findings did not identify one surgical technique to be better at improving speech. Therefore, we suggest that a surgeon’s choice of technique with which (s)he is most familiar may lead to a superior speech outcome.

159  A MODIFIED PHARYNGEAL FLAP TECHNIQUE FOR THE TREATMENT OF VELOPHARYNGEAL INCOMPETENCE
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Purpose of study Numerous surgical interventions are described for the management of velopharyngeal incompetence (VPI), though there is no definitive superior option. Our group previously described a novel approach for effectively managing VPI in children with 22q11.2 deletion syndrome (22qDS): a modified high pharyngeal flap with through-and-through dissection of the soft palate for flap inset. The purpose of this study is to determine the effectiveness of this surgical technique for treatment of VPI in non-22qDS patients. Here we report speech and surgical outcomes in a consecutive series of patients with severe VPI not associated with 22qDS, treated with our modified pharyngeal flap technique.

Methods used In this single surgeon retrospective case series, we explore outcomes in non-22qDS patients with severe VPI treated during the last six years with our modified pharyngeal flap. Preoperative velopharyngeal dynamics were assessed by videofluoroscopy or nasoendoscopy. A trained speech language pathologist conducted perceptual speech assessments using the SLP-3 scale with a minimum 6 month follow-up.

Summary of results Mean patient age was 6.7 years at the time of surgery (range, 3.8–16.7 years). All patients had severe VPI, with a mean preoperative speech score of 10.6 out of 13 (range, 7 to 13), which improved significantly to a mean postoperative score of 1.6 out of 13 (range, 0 to 7; p<0.001). Velopharyngeal competence was restored in 25 patients (83%), borderline competence in 3 patients (10%),
and VPI persisted in 2 patients (7%). Complications included one palatal fistula that required non-urgent revision, as well as one case of mild obstructive sleep apnea that did not require flap takedown. Mean skin-to-skin operative time was 74.9 min±12.4 (mean ± SD; range, 55 to 95) for patients undergoing isolated pharyngeal flap surgery (60%) and mean postoperative length of stay was 52.3 hours.

**Conclusions** The modified pharyngeal flap with though-and-through dissection of the soft palate allows direct visualization of flap placement. This leads to effective restoration of VP competency, independently of preoperative anatomy or etiology, with low complication rates, and short operative time.

**166 OUTCOMES OF REVISION ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION IN ADOLESCENTS**

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**Purpose of study** This study aims to analyze the outcomes of revision ACL surgeries in the pediatric population.

**Methods used** A retrospective study was performed on all revision ACL reconstructions performed at a single institution between 2009 and 2017. Patient demographic, injury, and operative data from the initial surgery and the revision were documented. Outcome measures included the Lysholm score, SANE score, Legner activity score, satisfaction, visual analog score, HSS Pedi-FABS score, ability to return to the same level of sport, and any additional injury and/or surgery information.

**Summary of results** Sixty revision ACL reconstructions in 57 patients were performed during the study period. Of these patients, 85% were available for a minimum 2 year follow-up and a mean follow up of 4.4 years. The mean age at the time of revision surgery was 17.0 years (range 12–20) compared to 15.4 years for the primary patients (p<0.001). A greater percentage of patients undergoing a revision procedure used an allograft compared with the primary cohort (65%) vs 7%; p<0.001). A greater number of meniscus tears and cartilage injuries were documented in the revision cohort. Compared to the primary cohort, the SANE score, Lysholm score, and satisfaction were all lower in the revision cohort. Furthermore, these patients had a higher graft failure rate (21% vs 9%; p=0.015), and only 27% of revision patients returned to the same level of sport. When comparing revision procedures performed with autograft compared to allograft tissue, the autograft patients had higher Lysholm scores (91 vs 83; p=0.045) and trended towards a lower failure rate (11% vs 27%; p=0.19).

**Conclusions** Adolescent patients undergoing revision ACL reconstruction have more meniscus/cartilage pathology, poorer functional outcomes, higher graft failure rates, and lower return to sport than patients undergoing primary ACL reconstructions. Additionally, revision procedures performed with allograft tissue have lower Lysholm scores and a trend towards higher failure rates. When an ACL graft fails in a young patient, strong consideration should be given to using autograft tissue for the revision procedure.

**Poster Session**

**Adolescent Medicine and General Pediatrics**

**6:00 PM**

**Thursday, January 24, 2019**

**161 EMOTIONAL EATING, INCOME LEVEL, AND BMI IN CHILDREN**

A Carduff, E Williams, J Sawada, Y Lozano, S Harris, C Irani, E Medina, M Baum. Loma Linda University, Loma Linda, CA

**Purpose of study** This study’s goal was to determine if emotional eating and/or income level correlated with unhealthy weight.

**Methods used** Children from the ages 8–16 years attended ‘Operation Fit’ after physician recommendation. This recommendation was based on risk for unhealthy weight (BMI>85th percentile). Operation Fit is a week long program, filled with nutritional and exercise orientated lessons. A pre-survey was completed on the first day of camp and a post-survey was completed at the end of camp. Both parents and children answered standardized questions concerning nutrition, exercise, and lifestyle practices. Children’s BMI were collected. 787 children were included in this study.

**Summary of results** Logistical analysis was applied to evaluate connection between emotional eating and a child with unhealthy weight (BMI>85th percentile). The table below shows results, indicating that there was statistical significance for emotional eating and unhealthy BMI. For females, a high BMI was seen in 69% (n=258; total n=373) of those who emotionally eat. In males, a high BMI was seen in 66% (n=275; total n=414) of those who emotionally eat. There was an increase in females with unhealthy BMI, but it was not statistically significant (p=0.08). A logistical analysis was also run between income level and emotional eating, but the results were not statistically significant.

**Conclusions** These results suggest that emotional eating in children can be associated with unhealthy BMI. These results have been found in adults, but to find them in children as well is surprising. With the statistical significance in mind, it may be beneficial for pediatricians to tailor prevention of obesity by including mental health hygiene. It may be of interest to investigate whether emotional eating is particularly aggressive in younger or older groups of children. As for the null significance of income level and unhealthy BMI, a preponderance of low income children enrolled in the program may have skewed results.

**Abstract 161 Table 1**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emotional eating and unhealthy BMI</td>
<td>0.0423</td>
</tr>
<tr>
<td>Income level and BMI</td>
<td>0.8689</td>
</tr>
<tr>
<td>Emotional eating and income level</td>
<td>0.6460</td>
</tr>
</tbody>
</table>
A CODE TO PREVENTION: PROVIDING ONLINE RESOURCES FOR SUBSTANCE USE PREVENTION IN ADOLESCENTS IN THERMOPOLIS, WYOMING

H Hanekamp. University of Washington, Seattle, WA

Purpose of study The use of addictive substances has serious consequences on the body and effective addiction prevention is key for reducing rates of substance use. Therefore, prevention must begin before addictions start, namely early adolescence. Rural communities may struggle with substance use due to limited access to resources and education. Thermopolis is a rural town of 2937 people located within Hot Springs County (HSC), WY, with high rates of methamphetamine use and a lack of a substance use prevention program for adolescents.

Methods used Community interviews and a review of demographics were done to identify a health domain of concern for HSC. A literature review was conducted to identify effective methods for substance use prevention in adolescents. Community partners were established with HSC Public Health and HSC High School via phone and in-person meetings. A prototype of a wallet-sized card was then developed with the intent of providing a cost-effective way to connect members of a rural community to national resources. The final prevention card prototype was then proposed to the community partners and chief of staff at HSC Memorial Hospital.

Summary of results Preliminary online research and community interviews indicated that substance use was an issue for HSC. The literature review revealed that online and interactive methods were effective in preventing increases in substance use in adolescents over time. The final prototype of the wallet prevention card is a three-paneled mini-brochure that contains QR codes to connect teens, parents, and teachers to interactive games, informational videos, and lesson plans on the National Institute on Drug Abuse website. Proposal of this design was approved by the community partners who additionally offered to provide future funding, support, collaboration for this project.

Conclusions The goal of the prevention card is to provide a cost-effective, simple, and efficient way to provide access to national resources to help parents, teachers, and teens become educated about substance use. With sufficient funding it will be possible to distribute these cards at HSC Public Health and HSC High School during counseling visits and interactive classroom sessions in order to provide access to resources as a means of introducing a sustainable substance use prevention program in HSC.

EVALUATING THE NEED FOR HOSPITALIZATION AFTER UNCOMPPLICATED ENEMA REDUCTION OF INTUSSUSCEPTION IN THE PEDIATRIC POPULATION: A LITERATURE REVIEW

1V Solomon, 2S Garanj, 1E Dufault, 1A Bhaiji, 2N Khanani, 1S Kim, 1B Afghani. 1Yale University, New Haven, CT; 2University of California, Irvine, Irvine, CA

Purpose of study The purpose of our research was to determine the need for hospitalization after successful enema reduction of uncomplicated intussusception by comparing the outcome in patients who were hospitalized and patients who were observed in the Emergency Department (ED) after reduction.

Methods used We performed a literature review using databases PubMed and Google Scholar to find articles involving the recurrence of intussusception in pediatric patients after enema-reduction. Only studies of pediatric patients with intussusception which compared two groups: ED observation vs hospitalization were included in our analysis.

Summary of results Four studies fulfilled our inclusion criteria (see table 1). All of the studies were retrospective and included only patients with uncomplicated intussusception who had a successful enema reduction on the first attempt. In all of the studies, the average age of patients was between 11 months to 20 months. In majority of the studies, the rate of recurrence was between 7.8%–12.5% in both the hospitalized and ED groups. About half of the recurrences occurred within the first 48 hours after reduction (early recurrence). In majority of the studies, there were no significant differences in recurrence rates or adverse outcomes when comparing the 2 groups.

Conclusions When comparing hospitalization vs ED observation of patients with uncomplicated intussusception, our literature review shows no difference in outcome. A minority of patients had recurrences after discharge from the ED, but there were no serious complications when compared to the hospitalized group. Our findings suggest hospitalization may be unnecessary. The limitations of studies included small number of patients and the retrospective nature. Further prospective studies are needed to identify risk criteria for those who may qualify for early discharge from ED vs those who require hospitalization.

Abstract 163 Table 1 Post-reduction outcome of intussusception ED stay vs. hospitalization

<table>
<thead>
<tr>
<th>First Author, Year Published</th>
<th>N Subjects</th>
<th>N Subjects Observed ED</th>
<th>Average Hospitalized Stay (hours)</th>
<th>Average ED Stay (hours)</th>
<th>% Recurrence in Hospitalized Group</th>
<th>% Recurrence in ED Group</th>
<th>Average time of early recurrence in both groups</th>
<th>Average or range of time of late recurrence in both groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gilmore, 2011</td>
<td>10</td>
<td>43</td>
<td>33.7</td>
<td>7</td>
<td>0 (0%)</td>
<td>7 (12.5%); 2 while in ED</td>
<td>30 mins to 10 hours</td>
<td>4 to 27 months</td>
</tr>
<tr>
<td>Malloncote, 2017</td>
<td>79</td>
<td>68</td>
<td>31.7</td>
<td>4.9</td>
<td>11 (14.4%)</td>
<td>10 (15%)</td>
<td>18 hours</td>
<td>166 days</td>
</tr>
<tr>
<td>Bajal, 2003</td>
<td>27</td>
<td>51</td>
<td>22.7</td>
<td>7.2</td>
<td>4 (14.8%)</td>
<td>4 (7.8%)</td>
<td>5 hours</td>
<td>10.5 months</td>
</tr>
<tr>
<td>Chien, 2013</td>
<td>90</td>
<td>8</td>
<td>35.2</td>
<td>7.1</td>
<td>7 (7.8%)</td>
<td>0 (0%)</td>
<td>4 hours</td>
<td>8.9 months</td>
</tr>
</tbody>
</table>
Purpose of study: In America, the prevalence of children and adolescents with obesity is 18.5%. In San Bernardino County schools, almost 40% of children are either overweight or obese. Studies have shown that overweight children tend to have lower self-esteem than their peers. As body dissatisfaction has been linked with unhealthy eating behaviors and disorders, in recent years there has been an increase in positive body image campaigns for children to develop body positivity, which encourages acceptance of all body shapes and sizes. This study evaluates if there is a correlation between BMI and taking pride in one’s body.

Methods used: Children ages 9–15 years old were referred from pediatric clinics in San Bernardino County. The children participated in Operation Fit, a day camp aimed at exposing kids at risk for unhealthy weight (BMI >85th percentile) to healthier lifestyle principles. BMI was measured on the first day of camp. They completed a Body Esteem Scale survey which included a question that asked ‘whether or not they are proud of their body.’

Summary of results: A logistic regression for a sample size of n=411 was used to determine if BMI was a predictor of body positivity. When all the variables were held constant, there was no relationship between BMI and taking pride in one’s body (p=0.47). Gender, while nearly significant (p=0.0631), was not a good predictor of body pride.

Conclusions: In our population, BMI and gender were not good predictors of body positivity. This seems contradictory to research that indicates that children of healthy weight have higher self esteem than children of unhealthy weight. Body image campaigns may be successful in conveying that body positivity is good, while body negativity is unhealthy. Choosing to take pride in one’s body regardless of appearance pressures can create resiliency so children are better able to cope with negative influences. Additionally, body pride levels may be higher in children with unhealthy weight who also have parents/grandparents of unhealthy weight and many classmates of unhealthy weight. Further research is needed to determine what types of protective messaging is taught to children of unhealthy weight regarding self image.

Poster Session
Cardiovascular
6:00 PM
Thursday, January 24, 2019

165 THE TIMING OF ANTIBODY-MEDIATED REJECTION IN THE FIRST-YEAR AFTER HEART TRANSPLANTATION: DOES IT MAKE A DIFFERENCE?
A Bitterman, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA
10.1136/jim-2018-000939.164

Purpose of study: Antibody-mediated rejection (AMR) has recently been documented to have specific criteria in the 2011 ISHLT AMR biopsy-grading scale. AMR has been found to correlate with the development of cardiac allograft vasculopathy (CAV), primary graft dysfunction, and reduced survival. The timing of AMR presentation i.e. whether AMR occurs early or late after heart transplantation (HTx) has not been firmly established. We chose to assess the timing of AMR and outcome after HTx.

Methods used: Between 2000 and 2013, we assessed 20 HTx recipients who developed biopsy-proven AMR≥1 in the first-month post-HTx (n=9) or 2–12 months post-HTx (n=11). Endpoints included subsequent 5 year survival, and subsequent 5 year freedom from CAV (as defined by stenosis ≥30% by angiography) and non-fatal major adverse cardiac events (NF-MACE: myocardial infarction, new congestive heart failure, percutaneous coronary intervention, implantable cardioverter defibrillator/pacemaker implant, stroke). Of interest was whether early AMR in the first month post-HTx led to increased recurrence of pathologic AMR in the rest of the first-year.

Summary of results: The timing of AMR was the following: 45% of AMR occurred in the first-month post-HTx and 55% occurred between 2–12 months post-HTx. None of the patients with early or late AMR had recurrence of AMR in the first-year. In the long-term, late AMR was associated with significantly less freedom from NF-MACE. However, there was no difference in 5 year survival or 5 year freedom from CAV in patients with early or late AMR (see table 1).

Conclusions: AMR in the first-month and in subsequent months (within the first year) post-HTx appears to have acceptable outcome. Late AMR may increase the risk for NF-MACE. More aggressive anti-humoral immunosuppression strategies may be warranted in this patient population.

166 TAKOTSUBO CARDIOMYOPATHY IN PATIENT WITH HYPOVOLEMIC SHOCK AND METHAMPHETAMINE USE
A Sandhu, K Doyle, F Jollhar, K Tangonan, T Win. Kern Medical, Bakersfield, CA
10.1136/jim-2018-000939.165

Case report: Takotsubo cardiomyopathy, or broken heart syndrome, speculated to be due to release of catecholamines in response to extreme emotional insults has been reported throughout the literature in medicine. However large amounts of sympathetic activation and catecholamine release is not limited to realms of emotional triggers but can also be seen during times of severe hypovolemic shock, as well as in the presence of amphetamine ingestion, leading to similar cardiac findings on transthoracic echocardiogram as those seen in Takotsubo.
We present a case of a 62-year-old female with history of Chronic obstructive pulmonary disease, amphetamine abuse and an extensive psychiatric history who presented to the emergency department with hypotension and an acute kidney injury and initial urine toxicology positive for methamphetamine. Patient required fluid resuscitation and vasopressor support. Initial transthoracic echocardiogram done for cardiac murmur evaluation revealed preserved ejection fraction. Over the course of the admission patient was weaned off of vasopressors and transferred to the medical surgical floor. However, while on the floor, patient had an episode of non-sustained ventricular tachycardia and elevated troponin on labs. Electrocardiogram done did not show any ischemic changes, however, repeat transthoracic echocardiogram done showed reduced ejection fraction with typical finding of Takotsubo cardiomyopathy with apical ballooning present on imaging and akinetic chamber walls. Patient underwent cardiac catheterization which showed no significant atherosclerosis. Patient was discharged home on medication regimen targeting her congestive heart failure and repeat transthoracic echocardiogram showed improvement in the patient’s ejection fraction. Takotsubo cardiomyopathy it seems is not a phenomenon limited to matters of a broken heart but can be seen in the patient population with an affinity for abusing illicit drugs, such as amphetamines as well as in extreme cases of hypovolemic shock. It becomes of the utmost important to keep this disease process as part of the differential diagnosis when approaching these patients.

**Abstract 168**

**LONG-TERM OUTCOME OF HEART-KIDNEY TRANSPLANTATION IN AMYLOID PATIENTS**

A Shen, S Dimbi, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA

10.1136/jim-2018-000939.167

**Purpose of study** Heart transplantation in patients with amyloid light chain (AL) amyloidosis and transthyretin-related (TTR) amyloid is controversial. In the advent of new treatments and bone marrow transplants, an increasing number of amyloid patients have received heart transplants. However, outcomes of dual-organ transplantation – namely, heart-kidney transplantation (HKTx) – in amyloid patients has not been studied. It is believed that kidney involvement with amyloid meant systemic disease and a contraindication to HKTx. Therefore, we sought to assess whether amyloid patients have good long-term outcome post-HKTx.

**Methods used** Between 2011 and 2014, we assessed 4 patients (2 AL, 1 TTR-wildtype (wt), 1 TTR-mutant (m)) who underwent combined HKTx for cardiac amyloidosis at our single center. A control HKTx population without amyloidosis was included (n=26). Endpoints included 4 year outcomes including survival, freedom from cardiac allograft vasculopathy (CAV) as defined by stenosis ≥30% by angiography, freedom from non-fatal major adverse cardiac events (NF-MACE: myocardial infarction, new congestive heart failure, percutaneous coronary intervention, implantable cardioverter defibrillator/ pacemaker implant, stroke), and freedom from any-treated rejection, acute cellular rejection, and antibody-mediated rejection.

**Summary of results** None of the 4 amyloid patients who received a combined HKTx died after four years. HKTx amyloid patients had a higher rate of CAV development compared to the HKTx control but this was not statistically significant. There was no significant difference between the groups for any of the endpoints (see table 1).

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>AL/TTR Amyloid +HKTx (n=4)</th>
<th>HKTx Control (n=26)</th>
<th>Log-Rank P- Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 Year Survival</td>
<td>100.0%</td>
<td>80.8%</td>
<td>0.345</td>
</tr>
<tr>
<td>4 Year Freedom from CAV</td>
<td>75.0%</td>
<td>92.3%</td>
<td>0.265</td>
</tr>
<tr>
<td>4-Freedom from NF-MACE</td>
<td>100.0%</td>
<td>96.2%</td>
<td>0.695</td>
</tr>
<tr>
<td>4-Freedom from Any-Treated Rejection</td>
<td>100.0%</td>
<td>88.5%</td>
<td>0.476</td>
</tr>
<tr>
<td>4 Year Freedom from Acute Cellular Rejection</td>
<td>100.0%</td>
<td>96.2%</td>
<td>0.683</td>
</tr>
<tr>
<td>4 Year Freedom from Antibody-Mediated Rejection</td>
<td>100.0%</td>
<td>92.3%</td>
<td>0.568</td>
</tr>
</tbody>
</table>
Conclusions HKTx in amyloid patients has good long-term outcome. Therefore the need for a kidney in amyloid patients should not be a contraindication to heart transplantation. Larger numbers are needed to confirm these findings.

**Poster Session**

**Gastroenterology**

**6:00 PM**

**Thursday, January 24, 2019**

**Abstract 169**

**IS AMIODARONE TRULY A RISK FACTOR FOR PRIMARY GRAFT DYSFUNCTION IN HEART TRANSPLANTATION?**

K Yabuno, S Dimbil, R Levine, E Passano, M Hamilton, J Kobashigawa. Cedars-Sinai Medical Center, Los Angeles, CA

10.1136/jim-2018-000939.168

**Purpose of study** Primary graft dysfunction (PGD) after heart transplantation (HTx) is seen in approximately 10%–30% of patients immediately post-transplant. The cause of PGD is not clear but may include recipient, donor and peri-operative factors. Most recently, the presence of amiodarone at time of HTx has been associated with development of PGD. The mechanisms of this association are not clear. We sought to confirm this observation in a large single-center study.

**Methods used** Between 2010 and 2015, we assessed 364 HTx patients. We divided this cohort into those that were on amiodarone at the time of HTx (n=73) and those who were not on amiodarone (n=291). PGD was defined per the ISHLT PGD Grading Scale (mild, moderate, and severe PGD). Patients on amiodarone were further subdivided into those with high-dose (>200 mg daily, n=34) vs low-dose therapy (≤200 mg daily, n=37).

**Summary of results** Patients on amiodarone at the time of HTx did not appear to have increased risk of any grade of PGD vs those not on amiodarone. The incidence of PGD in the low-dose and high-dose amiodarone groups were similar (see table 1).

**Conclusions** Amiodarone use at the time of HTx (regardless of dose) does not appear to be a risk factor for the development of PGD. Larger studies are needed to confirm these findings.

**Abstract Table 1**

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>Amiodarone at time of HTx (n=73)</th>
<th>No Amiodarone at time of HTx (n=291)</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incidence of Primary Graft Dysfunction, %</td>
<td>6.8% (5/73)</td>
<td>4.8% (14/291)</td>
<td>0.554</td>
</tr>
<tr>
<td>Mild PGD, %</td>
<td>0.0% (0/73)</td>
<td>1.0% (3/291)</td>
<td>1.00</td>
</tr>
<tr>
<td>Moderate PGD, %</td>
<td>5.5% (4/73)</td>
<td>2.7% (8/291)</td>
<td>0.265</td>
</tr>
<tr>
<td>Severe PGD, %</td>
<td>1.4% (1/73)</td>
<td>1.0% (3/291)</td>
<td>1.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Endpoints</th>
<th>High-Dose Amiodarone at time of HTx (n=34)</th>
<th>Low-Dose Amiodarone at time of HTx (n=37)</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incidence of Primary Graft Dysfunction, %</td>
<td>5.9% (2/34)</td>
<td>8.1% (3/37)</td>
<td>1.00</td>
</tr>
<tr>
<td>Mild PGD, %</td>
<td>0.0% (0/34)</td>
<td>0.0% (0/37)</td>
<td>1.00</td>
</tr>
<tr>
<td>Moderate PGD, %</td>
<td>5.9% (2/34)</td>
<td>5.4% (2/37)</td>
<td>1.00</td>
</tr>
<tr>
<td>Severe PGD, %</td>
<td>0.0% (0/34)</td>
<td>2.7% (1/37)</td>
<td>1.00</td>
</tr>
</tbody>
</table>
MALIGNANT CATATONIA: AN ELUSIVE AND PERPLEXING DIAGNOSIS

N Khan, A Sandhu, J Quinlan. Kern Medical, Bakersfield, CA
10.1136/jim-2018-000939.170

Purpose of study Malignant catatonia is a rare disorder that presents with significant physiological manifestations of autonomic instability, coma, and death which requires urgent medical management. It can be mistaken for Neuroleptic Malignant Syndrome among other diseases and often is an elusive diagnosis.

Methods used Retrospective case report.

Summary of results A 20 year old African American male with a history of type II bipolar disorder presented with symptoms of catatonia and autonomic instability for 1 month. He had well controlled psychiatric symptoms off of medications for 1 year and then became suddenly mute and catatonic after moving from out of state. He was admitted to a local hospital, given a diagnosis of sepsis and thyrotoxicosis without improvement and he then presented to our hospital after his mother signed him out against medical advice. He had catatonia and autonomic instability, coma, and death which requires urgent medical management.

Lorazepam 2 mg IV every 3 hours and Esmolol drip having explained the risks of transfer. Workup resulted unremarkable MRI of brain, unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable MRI of brain, unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis.

He improved with Digoxin. Workup resulted unremarkable MRI of brain, unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis. He was unremarkable cerebrospinal fluid for bacterial encephalitis, viral encephalitis, and autoimmune encephalitis.

Methods used Retrospective case report.

Summary of results 37 year old male with AIDS and associated primary diffuse large B cell NHL of the distal esophagus status post rituximab and radiation 1 month prior presented in cardiorespiratory arrest after having sudden onset profuse hemoptysis and hematemesis immediately after having used the restroom at home. CPR was immediately initiated and patient underwent failed cricothyrotomy and then successful rapid sequence intubation with difficulty. Patient had return of spontaneous circulation after 16 min and then unstable ventricular tachycardia with successful electrical cardioversion. On physical exam patient had blood in the oropharynx and nares, pale skin and mucosa, absent cranial nerves, myoclonic jerks, with GCS of 3T. CT angiogram of the chest revealed a large tracheoesophageal fistula with communication of the mediastinal soft tissues, bilateral dense consolidations of upper and lower lobes of the lung, and diffuse thickening of the esophageal wall. Gastroenterology deemed esophageal stent placement not possible given friable mucosa. Patient remained in intensive care for 3 days with no neurological improvement after rewarming from therapeutic hypothermia, discontinuing sedation, and EEG showing post-anoxic myoclonus status indicating a very poor prognosis. Per family wishes, patients was made comfort care and declared deceased on day 3 of admission.

Conclusions Catastrophic tracheoesophageal perforation with massive aspiration is the cause of death. It is suspected the mucosa was made friable by radiation therapy of primary large B cell esophageal NHL. Bearing down in the restroom may have perforated the friable mucosa between the trachea and esophagus. The risk to succumbing to this fatal complication should be discussed with patients when considering esophageal radiation therapy.

CATASTROPHIC TRACHEOESOPHAGEAL PERFORATION AS A RESULT OF ESOPHAGEAL RADIATION

N Khan, C D’Asumpropao, K Doyle, K Tangonan. Kern Medical, Bakersfield, CA
10.1136/jim-2018-000939.171

Purpose of study Radiation therapy is often used in extranodal AIDS-associated Non-Hodgkin’s lymphoma (NHL) as adjuvant to chemotherapy. Esophageal perforation is a rare but serious complication of esophageal carcinoma radiation. There have been reports of fistula formation, thoracic fluid collections, infections, and less often massive hemorrhage. Reported here is a fatal case of irradiated esophageal NHL complicated by spontaneous tracheoesophageal rupture.

Methods used Retrospective case report.

Summary of results 37 year old male with AIDS and associated primary diffuse large B cell NHL of the distal esophagus status post rituximab and radiation 1 month prior presented in cardiorespiratory arrest after having sudden onset profuse hemoptysis and hematemesis immediately after having used the restroom at home. CPR was immediately initiated and patient underwent failed cricothyrotomy and then successful rapid sequence intubation with difficulty. Patient had return of spontaneous circulation after 16 min and then unstable ventricular tachycardia with successful electrical cardioversion. On physical exam patient had blood in the oropharynx and nares, pale skin and mucosa, absent cranial nerves, myoclonic jerks, with GCS of 3T. CT angiogram of the chest revealed a large tracheoesophageal fistula with communication of the mediastinal soft tissues, bilateral dense consolidations of upper and lower lobes of the lung, and diffuse thickening of the esophageal wall. Gastroenterology deemed esophageal stent placement not possible given friable mucosa. Patient remained in intensive care for 3 days with no neurological improvement after rewarming from therapeutic hypothermia, discontinuing sedation, and EEG showing post-anoxic myoclonus status indicating a very poor prognosis. Per family wishes, patients was made comfort care and declared deceased on day 3 of admission.

Conclusions Catastrophic tracheoesophageal perforation with massive aspiration is the cause of death. It is suspected the mucosa was made friable by radiation therapy of primary large B cell esophageal NHL. Bearing down in the restroom may have perforated the friable mucosa between the trachea and esophagus. The risk to succumbing to this fatal complication should be discussed with patients when considering esophageal radiation therapy.

Recurrence of Ependymoma After a Decade

H Saab. Kern Medical, Bakersfield, CA
10.1136/jim-2018-000939.172

Case report Ependymomas are tumors that arise from the ependymal cells that line the ventricles for the brain and central canal of the spinal cord. Although these neuroectodermal tumors are the most common brain tumors and primarily present as intramedullary lesions, they rarely manifest as an extramedullary primary cord tumors. We present a case of a 47 year old Caucasian male who presented in 2006 with bilateral lower extremity weakness and paresthesia and was found to have six lesions after a lumbar laminectomy of L2-L5, one of which was found to be a myxopapillary ependymoma. He later presented again on April 2018 with similar symptoms and was found via an MRI of the lumbar spine to have two intradural masses
A CASE OF HEPATITIS C: TWO DECADES OF WAITING FOR GODOT OR CURE
HK Sandhu, A. Heidari, D Mahoney, R. Johnson. Kern Medical – UCLA, Bakersfield, CA
10.1136/jim-2018-000939.173

Purpose of study Treatment of hepatitis C has evolved drastically over last several years. Response rate has improved from less than 20% in early 1990s to over 90% recently. Treatment modalities have evolved from barely tolerability with serious adverse reaction to almost well tolerated treatment with minimal side effects. We are describing a case of chronic hepatitis C that failed treatment twice 20 years prior; the patient returned and was placed on a direct acting anti-viral agent.

Methods used Retrospective case report.

Summary of results A 56 years old Hispanic female presented to our hepatitis clinic 22 years ago with diagnosis of hepatitis C. Her viral load was over one million copies. She had no clinical evidence of cirrhosis and only risk factor was exposure to reused needles for medical purposes in Mexico before her immigration to US. Liver biopsy showed heavy portal lymphoid infiltrates, fatty changes, and hepatocytolysis. Her genotype was 1a and treatment was started with non-pegylated Interferon alpha 2a three times per week for 24 weeks. She failed treatment with viral load of over one million at the end of therapy. After one and half year she was started on combination of interferon 2b 3 times a week with daily ribavirin for 48 weeks. Before end of treatment course she developed severe neutopenia and therefore, treatment was stopped. Her viral load was 43 000. Liver biopsy showed grade 3 inflammation with stage 4 fibrosis. She was lost to follow up but came back to our clinic 15 years later. Her viral load was less than a million and her fibrosis score (FibroSure) came back as F3 and A3. She had negative screen for hepatocellular carcinoma with ultrasound and AFP. She was placed on combination treatment of Glecaprevir plus Pibrentasvir for 12 weeks duration. She has had no side effects to this point. The goal is to reach sustained virologic response or SVR, 12 weeks after completion of her treatment.

Conclusions In the era of direct acting agents, treatment of hepatitis C is in its golden time. There should be more public education to encourage patients with previous failed attempts that the wait is over and cure is in reach.

REFRACTORY-PERSISTENT HEPARIN INDUCED THROMBOCYTOPENIA
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10.1136/jim-2018-000939.175

Introduction Heparin induced thrombocytopenia (HIT) is a pro thrombotic reaction caused by platelet activating antibodies that recognizes heparin-platelet factor 4 complex. Delayed onset HIT is characterized by a late nadir due to persistent platelet-activating IgG antibodies. It begins 5 or more days after heparin is discontinued with complications like thrombosis up to 3 weeks after exposure to heparin. In 50% of cases of typical HIT, the platelet count can decrease to <20,000/µL. Most cases respond to cessation of heparin and administration of non-heparin anticoagulant, but there are cases of persistent HIT, defined as thrombocytopenia due to platelet activation/consumption for more than seven days despite standard therapy. These patients are at high risk for thrombotic events, which may result in limb-loss and mortality. We present a case of delayed-refractory-HIT successfully managed with combination treatment of steroids and intravenous immunoglobulins.

Methods Retrospective case study.
Case summary 66 year old Hispanic Female with fracture secondary to trauma two weeks prior, on deep venous thrombosis (DVT) prophylaxis with low molecular weight heparin came with dyspnea. She was diagnosed to have DVT and bilateral pulmonary emboli. She had a platelet count of 17,000/µl. Heparin was discontinued due to high clinical suspicion for HIT and Argatroban was started. Confirmatory serotonin release assay was positive for HIT. Patient continued to have platelet count persistently less than 20,000/µl until day 10 of discontinuation of heparin. She was subsequently given total 3 doses of intravenous immunoglobulin (IVIG) on day 11, 12, 18 and solumedrol on day 17 with gradual improvement to 87,000/µl.

Conclusion Most cases of HIT respond to cessation of heparin and use of an alternative non-heparin anticoagulant, but there are cases of persistent HIT with high risk for thrombotic events resulting in limb-loss and mortality. IVIG has been proposed as an adjunct therapy for these refractory cases based on its ability to saturate FcγRIIa receptors on platelets, thus preventing HIT antibody binding and platelet activation. We demonstrate here successful use of IVIG and one dose of solumedrol in rapidly correcting the refractory thrombocytopenia.

177 CALCIPHYLAXIS OF MITRAL VALVE WITH INFECTIVE ENDOCARDITIS
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10.1136/jim-2018-000939.176

Case report

Introduction Calciphylaxis in end stage renal disease (ESRD) is well studied but there is limited data for calciphylaxis leading to valvular heart disease complicated by infective endocarditis (IE). ESRD is more common than rheumatic fever as etiologic factor for valvular calcification, thickening, stenosis or regurgitation, which is prominently seen in mitral or aortic valve in 40%-60% patients. ESRD patients who develop mitral annular calcification (MAC) are also at increased risk for IE with vascular access a significant risk factor.

Method used Retrospective case study.

Case summary 47 year old hispanic female with ESRD on hemodialysis was diagnosed with septic thrombophlebitis 4 days after placement of the right internal jugular (IJ) tunneled catheter. She had multiple skin lesions on abdomen, lower extremities secondary to calciphylaxis. Ultrasound showed occlusive thrombus in right IJ vein and Right IJ catheter was subsequently removed. Blood cultures and cultures from right IJ catheter tip grew methicillin resistant staphylococcus aureus (MRSA). Transesophageal echocardiogram showed moderate mitral annular calcification, massive amount of calcium causing severe mitral valve stenosis with valve area of 1 cm² and multiple small, mobile tissues density masses attached to the posterior leaflets. It also showed anteriorly directed regurgitant jet consistent with posterior leaflet pathology. Coronary angiography showed angiographically normal coronary arteries. She was treated for infective endocarditis and transferred to another facility for mitral valve replacement.

Conclusion ESRD patients on dialysis have increased risk of calciphylaxis causing valvular heart disease. It also carries increased risk of IE, thromboembolism and arrhythmias. Prevention and management of risk factors in dialysis patients is important since there is limited data to show benefit of management after onset of valvular heart disease. Once disease has progressed, patients with valvular calcifications carry a poor short and long term survival despite corrective valve replacement surgeries. Current guidelines also recommend antibiotic prophylaxis against IE in dialysis patients with mitral annular calcifications.

178 PAINLESS PAPULE TO MERKLE CELL CARCINOMA
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10.1136/jim-2018-000939.177

Introduction Merkel cell carcinoma (MCC) is a tumor of Merkel cells found in basal layer of epidermis, hair follicle. It is also associated with sensory neurites in dermal papillae with controversial origin as totipotent stem cell with neuroendocrine features acquired during malignant transformation. Incidence is 0.7 per 100 000 which increases with age but is also higher in young immunocompromised. Merkel cell Polyoma Virus (MCPvY) which is part of human skin genome has prevalence of 79% in patients with MCC. Integration of viral genome into tumor genome suggests viral proteins as oncogenic drivers in MCPvY positive MCC. Somatic mutations in tumor suppressor genes have been implicated for MCPvY negative MCC. MCC can be asymptomatic, localized skin lesion or as metastatic disease with diffuse lymphadenopathy and has been found to have increased risk of associated salivary, biliary tree and Non Hodgkin lymphomas within first year of diagnosis.

Methods Retrospective case study.

Case summary 64 y/o Hispanic female came to hospital with abdominal pain and 6 month history of painless papule on left thigh that progressed in size 2 months prior to presentation with unsuccessful incision and drainage. She had a shave biopsy of lesion which showed Malignant small blue cell tumor, also known as MCC. Imaging showed adenopathy along left pelvic wall, periaortic area and enlarged necrotic pelvic lymph nodes varying 4-6 cm in dimension. Patient had positive MCPvY oncoprotein antibody titer of 23900 STU with normal reference range of 0-74 STU. In interim patient was started on chemotherapy with cisplatin and etoposide followed by immunotherapy with Avelumab with regression of skin lesion.

Conclusion MCC is a rare carcinoma that can have unusual presentation as persistent painless papule to metastatic disease. Treatment varies from resection for stage 1 to chemotherapy with adjuvant immunotherapy with monoclonal antibodies to programed cell death protein 1 (PD-1) as preferred therapy for patients with advanced metastatic MCC. Newer targeted therapies with tyrosine kinase inhibitors and somatostatin receptors are also used. MCPvY oncoprotein tumor antibody can be used as marker of tumor burden to monitor disease progression after appropriate treatment.
THE MRNA TARGETS OF IRE1 DURING UNFOLDED PROTEIN RESPONSE

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Purpose of study The unfolded protein response is triggered by stress from improperly folded proteins in the ER. There are three associated pathways, with Inositol-requiring-1 (IRE1) being the most evolutionarily conserved. IRE1 has two isoforms – IRE1α and IRE1β. IRE1α is ubiquitously expressed in mammalian cells, while IRE1β is exclusively found in gastrointestinal and lung cells. IRE1 cleaves XBP1, which is ligated in the cytoplasm to generate an active transcription factor and executes cellular stress responses. IRE1 also cleaves mRNA targets in a process known as regulated IRE1-dependent decay of mRNA (RIDD) and has roles in maintenance of ER homeostasis and initiation of cell death. Improper UPR activation has been appreciated in inflammatory processes and many autoimmune disorders (i.e. atherosclerosis, SLE).

The mRNA targets of IRE1 during the UPR are unknown. We hypothesized that mRNAs targeted by IRE1 would degrade at a faster rate than nontarget mRNA.

Methods used This study utilized a 0 to 12 hour time course using HCT-116 cells, a colon cancer cell line. There were 4 time points (0, 2, 6, 12 hours), and the cells were split into four groups – 1.) control group treated with DMSO (vehicle control), 2.) treatment with 500 μM thapsigargin (a chemical activator of the UPR), 3.) 4 ug/mL of actinomycin D (chemical inhibitor of transcription), and 4.) both 500 μM thapsigargin and 4 ug/mL actinomycin D. RNA was collected from all 16 samples and used to generate mRNA sequencing libraries. Activation of the UPR with thapsigargin treatment was confirmed with an XBP1 splicing assay and inhibition of transcription with actinomycin treatment was confirmed by measuring XBP1 abundance by RT-qPCR.

Summary of results Data from the time course experiments is pending.

Conclusions The data from these time course experiments will identify mRNAs that are significantly down-regulated upon thapsigargin treatment, independent of new transcription initiated by the UPR to resolve the induced protein stress. The dependence of down-regulation of these mRNAs on IRE1 activity will be confirmed by using an Ire1 inhibitor. Together, these data will identify mRNAs whose down-regulation is dependent on Ire1 activity during the UPR.

CRISPR/CAS9-BASED GENE THERAPY FOR INHERITED VISUAL DISORDERS

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Purpose of study Usher syndrome type II is characterized by congenital sensorineural hearing loss and retinitis pigmentosa leading to progressive vision loss. This project targeted USH2A, the most commonly mutated gene in Usher syndrome, and investigated the use of CRISPR/Cas9-based gene editing as a viable therapeutic approach for retinal degeneration. The USH2A protein, or usherin, is required for maintenance of photoreceptors. Our study determined the efficacy of delivering CRISPR therapy via an adeno-associated viral (AAV) vector to post-mitotic human photoreceptor cells.

Methods used Two guide-RNA sequences were selected to direct the CRISPR/Cas9 editing system to the USH2A gene. These guides and the Cas9 genome were each inserted in a plasmid under the rhodopsin kinase promoter. All plasmids were packaged using the AAV2 capsid variant, 7 m8. The constructs were then administered to post-mortem human explant retinas and retinal organoids. Two weeks after administration, cells were dissociated and sorted to determine retinal cell transduction efficiency. The DNA sequence itself will be evaluated by PCR to determine the percentage of cells which were successfully targeted by the Cas9 double stranded DNA break.

Summary of results Results are pending, but the AAV vector is expected to transduce roughly 50%–60% of photoreceptors, and 5% or less of all other retinal cell types. Based on similar studies in the literature, we expect to see the desired CRISPR DNA edits in up to 10% of photoreceptors. We also expect that one guide-RNA will perform better than the other and will be used in future investigations.

Conclusions This study looked at the effectiveness of targeting CRISPR/Cas9 to USH2A by analyzing the products of non-homologous end joining in photoreceptors. Future directions include using this system to deliver a repair template in order to correct the most common mutation in USH2A. By presenting a clinically-relevant system for testing gene editing in the context of human photoreceptor cells in the lab, future researchers will be able to move toward testing these methods for therapeutic use in murine and human subjects. This has the potential to improve vision outcomes in patients affected by Usher syndrome, many of whom have few treatment options for their retinitis pigmentosa.
Purpose of study According to the Uganda Health and Demographic Survey of 2016 (UHDS 2016), the frequency of severe malnutrition (~3 SD or less) in the sub-region surrounding Soroti is 3.3% stunting, 0.4% underweight, and 0.3% wasting. The aim of this research is to quantify the magnitude of discrepancy between the anthropometric Z-scores of pediatric patients (ages 6 months to 5 years) at Soroti Regional Referral Hospital (SRRH), and those recorded in UHDS 2016. We assessed demographics, height, weight, sex, age, mid-upper-arm circumference (MUAC), and bipedal edema. We use these measurements to calculate Z-scores, a validated rapid nutritional assessment technique. A survey of patient pathology, demographics, and food security was conducted at SRRH in July 2018. Data collected is compared with corresponding statistics from UHDS 2016.

Summary of results Data was gathered for 99 patients. Severe malnutrition is a significant concern at SRRH, and is in need of systemic addressing. Patients from families earning less than 41,000 UGX per month are more often stunted and underweight. Adults, 4 children). It is important to note that 41,000 UGX (14.15 CAD) per month, and the median family size was 8 (4 adults, 4 children). It is important to note that 41,000 UGX is well below the UNDP International Poverty line.

Conclusions Severe malnutrition is a significant concern at SRRH, and is in need of systemic addressing. Patients from families earning less than 41,000 UGX per month are more often stunted and underweight.

Methods used Anthropometrics assessed were height, weight, sex, age, mid-upper-arm circumference (MUAC), and bipedal edema. We use these measurements to calculate Z-scores, a validated rapid nutritional assessment technique. A survey of patient pathology, demographics, and food security was conducted at SRRH in July 2018. Data collected is compared with corresponding statistics from UHDS 2016.

Purpose of study Ureteral stents help relieve obstruction and maintain drainage. However, chronic indwelling stents carry complications including fragmentation, migration, and encrustation. Other than indwelling time, factors contributing to stent encrustation are unknown. The purpose of this study is to compare the risk for encrustation and force required for removal in soft, firm, multi-length, and fixed length stents in a controlled artificial urine bath.

Methods used Twenty four stent coils (6 firm multi-, 6 soft multi-, 6 firm fixed, 6 soft fixed length) were bathed in an in vitro artificial urine solution for 15 days at human body temperature to simulate a rapid encrustation model. The urine bath was exchanged every 3 days and the length and diameter of the stents were measured. The force required for stent removal from a ureteral benchtop model was measured using a force gauge before and after the urine bath. Mann-Whitney U test was used for statistical analysis with p<0.05 considered significant.

Summary of results After 15 days, all stents showed evidence of encrustation on gross evaluation and SEM. The mean force required for stent removal after the urine bath was 0.664N (firm fixed), 0.549N (firm multi), 0.502N (soft fixed), 0.475N (soft multi). Firm stents required significantly more force for removal than soft stents prior to urine bath (p<0.001) and after the urine bath (p<0.01) regardless of whether these were fixed or multi-length. Soft stents increased in both length (9.5 to 12.7 cm; p<0.001) and diameter (1.4 to 3.3 mm; p<0.001) while firm stents only increased in diameter (1.4 to 2.3 mm; p<0.001).

Conclusions Signs of stent encrustation occurred as early as 15 days. While firm stents required more force for removal, soft stents showed significant spatial changes. These should be considered at the time of stent selection to optimize patient comfort and quality of life.
FOLLOW-UP ASSESSMENT OF THE SICKLE CELL DISEASE SCREENING PROGRAM IN THE INDIGENOUS THARU POPULATION OF NEPAL


10.1136/jim-2018-000939.183

Purpose of study Sickle cell disease (SCD) is an inherited blood disorder that is found in regions with malaria and is associated with increased morbidity and mortality. Members of the indigenous Tharu ethnic group of the Terai region of Nepal suffer a high prevalence of SCD. Early screening of SCD reduces morbidity and mortality by increasing access to vaccinations, antibiotic prophylaxis, comprehensive care and education. There have been recent efforts to increase SCD screening in Nepal. A group of medical students from the University of British Columbia conducted a screening program in a small region of Dang, Nepal in 2015, where 2899 individuals were screened and 271 were screened as positive. Following this, a local health post was provided with the necessary resources to conduct SCD screening independently. Our study followed up with the local health post to evaluate how effective the local health post has been in screening the Tharu population from 2015–2018.

Methods used We obtained SCD screening statistics from the local health post. The health post kept detailed records regarding the individuals that were screened, their results and their follow up treatment. SCD screening statistics for 2015, 2016, 2017 and up to August 2018 have been provided.

Summary of results SCD screening statistics indicate that 3825 individuals have been screened in the period of 2015 – August 2018. The total patients screened for each year has been 2899 (2015), 144 (2016), 668 (2017), 90 (2018). Over the course of 2015 – August 2018, 373 patients screened positive and 9 were diagnosed with SCD.

Conclusions There are various potential causes that may contribute to the large decrease in patients screened per year. One potential cause is the saturation of the screening program in the local Tharu population, such that most individuals have been screened. Other causes include inaccurate data collection and lack of education prompting individuals to get screened. Future directions should include studies to elucidate the causes of decreased SCD screening in the region. This will lay the foundation for future interventions, including adding screening programs at more locations and increased community education regarding SCD.

EVALUATION OF DIGITAL ANGLE MONITOR TO IMPROVE ULTRASOUND SKILLS IN ANESTHESIOLOGY RESIDENTS: A PILOT PROJECT

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10.1136/jim-2018-000939.184

Purpose of study Ultrasound is a critical tool in anesthesia residency training. The American Board of Anesthesiology requires that residents have demonstrated proficiency. Anesthesia residents at Loma Linda University (Loma Linda, CA) have undergone training on a digital angle monitor and have shown improvement in their ultrasound skills. Our objective was to determine whether the use of a digital angle monitor will improve ultrasound skills in anesthesia residents.

Methods used A pilot study was conducted to compare two groups of residents. The study was conducted in August 2017. The control group was assessed using the #10 ultrasound probe. The intervention group was assessed using the same probe with a digital angle monitor. Both groups were trained on the #10 probe and were assessed separately. Two sessions were given to the intervention group and one session to the control group. Each session was given by a dedicated instructor. The performance of the ultrasound was rated using a visual scale of 1-10.

Results The intervention group performed better than the control group. The mean score for the control group was 6.5, while the mean score for the intervention group was 8.7. The difference between the two groups was statistically significant (p<0.05).

Conclusions The use of the digital angle monitor improves ultrasound skills in anesthesia residents. This tool could be used to improve the training of anesthesia residents and to ensure that they have demonstrated proficiency in ultrasound skills.
Purpose of study Ultrasound use has expanded dramatically over the last decade. A difficult component of ultrasound training is understanding the ultrasound plane’s relation to the body. Currently, instruction of the proper ultrasound probe angle with the skin is commonly based on crude probe movements (e.g. tail up/tail down). Adding a real-time digital angle monitor to the ultrasound probe would remove this subjectivity and allow for more precise probe manipulation. This study sought to evaluate if addition of a digital angle monitor to an ultrasound probe would improve the time to image acquisition and image quality for selected ultrasound scans. This study was a pilot project seeking to evaluate the utility of this tool to then facilitate future projects to improve both diagnostic and procedural ultrasound.

Methods used CA-1 anesthesiology residents at a single institution, after IRB approval, were randomized into either a digital angle monitor cohort or a non-digital angle monitor cohort. Each participant was given a handout instructing them on how to obtain 6, standard point of care ultrasound views on an ultrasound simulator (CAE Vimedix). The angle monitor cohort received an additional handout explaining the angle monitor, how to interpret it, and the optimal angle for image acquisition. Time to image acquisition was recorded with a maximum of 60 s. Image quality was graded using a scoring scale of 1 (poor) – 5 (best); scores of 1–2 were considered failure while scores of 3–5 were considered passing.

Summary of results Preliminary results of this ongoing study demonstrate that residents who had the digital angle information demonstrated a strong correlation between time to image acquisition and image quality while the non-digital angle group demonstrated no correlation.

Conclusions The addition of a digital angle monitor allows novice ultrasound users to acquire higher quality images in a shorter amount of time, thus overcoming at least some of the learning curve associated with ultrasound imagining. When learners are provided with additional information on obtaining optimum image quality they will be able to master this skill faster. Further studies assessing these applications are currently ongoing.

Poster Session
Immunology and Rheumatology
6:00 PM
Thursday, January 24, 2019

186 DIAGNOSTIC CHALLENGES IN ANTI-MDA5 ASSOCIATED CLINICALLY AMYOPATHIC DERMATOMYOSITIS

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10.1136/jim-2018-000939.185

Case report Introduction: Anti-MDA5 Associated Clinically Amyopathic Dermatomyositis (CADM) is challenging to diagnose. This rare disease is characterized by rapidly progressive, life-threatening interstitial lung disease and fevers. Muscle involvement is typically minimal to none posing a diagnostic dilemma. Recognizing the disease’s subtle cutaneous and articular manifestations while keeping a high index of suspicion is required in making this diagnosis.

Case description A 58-year-old male presented with 1 week history of arthritis, rash, dyspnea and high fevers. CT chest demonstrated airspace consolidations. Broad-spectrum antibiotics were ineffective raising concern for an underlying autoimmune etiology. He had hand joint synovitis,146

dilated capillary loops, hypoxic respiratory failure, and numerous erythematous skin lesions over hand joints. Skin biopsy demonstrated subtle vacuolar/interface change compatible with dermatomyositis. Left upper deltoid biopsy was nonspecific showing atrophy with diffuse MHCI staining potentially suggestive of partially treated inflammation. Initial myositis panel was positive for MDA5 antibody by line immunoblot but not immunoprecipitation. Pulse dose steroids, cyclophosphamide and IVIG therapy were given to no avail. The patient ultimately died after 28 days in the hospital. A repeat myositis panel returned 2 months later demonstrating a positive MDA5 antibody by immunoprecipitation therefore confirming the suspected diagnosis. Autopsy was notable for acute lung injury with diffuse alveolar damage and muscular atrophy without evidence of myositis. Chronic pulmonary changes were conspicuously absent.

Discussion Diagnosing Anti-MDA5 Associated CADM is challenging, especially in the face of rapidly progressive lung disease and a potential amyopathic picture. Our patient’s case illustrates how initial disease presentation can mimic infection and how diagnosis may potentially be delayed by ambiguous results of antibody testing and turnaround time. Relying on clinical intuition and searching for subtle extrapulmonary features are key for suspecting the disease and initiating empiric therapy. This case highlights the importance of having a high index of suspicion for Anti-MDA5 Associated CADM in the correct clinical setting.

187 GRANULOMATOSIS WITH POLYANGITIS PRESENTING AS NEW ONSET SCLERITIS AND HEMOPTYSIS

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10.1136/jim-2018-000939.186

Case report Introduction: ANCA associated Vasculitis is a rare group of disorders characterized by small vessel inflammation leading to occlusion, ischemia and organ dysfunction. Varied clinical presentation can be observed such as scleritis, hemoptysis, dyspnea, pulmonary nodules with cavitation and renal involvement.

Case presentation A 41-year-old male presented to emergency department with complaints of fever, productive cough, malaise and dyspnea for three week. He endorsed progression of symptoms and associated new onset hemoptysis, pleuritic chest pain and bilateral ocular erythema and pain for three days. On examination he was tachypnic with pulse oxygen 90% and bilateral erythematous scleral injection. Chest x-ray revealed multiple pulmonary nodules confirmed with CT chest with contrast. He was empirically initiated on antibiotics and antifungal therapy pending microbiology, TB, coccidioidomycosis serology results and further immunological work-up. Without significant clinical improvement on empiric treatment and negative microbiology results he was initiated on IV steroid.
A CASE OF SCALP ABSCESSES IN AN IMMUNOCOMPETENT NEONATE CAUSED BY MORGANELLA MORGANII

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Summary of case A 3 week-old infant, born near-term, presented to the emergency department with swollen lesions on her head that developed and enlarged over 5 days. 4 days prior to admission, the patient had presented to the ED for an evaluation of the scalp lesions. A non-contrast CT of the head showed a cephalohematoma. No further interventions were done and the patient was discharged home. On the day of admission, the lesions were larger and had purulent green drainage. An MRI of the head showed thinning and erosion of the parieto-occipital calvarium with no extension beyond the bone. Bacterial cultures of the drainage isolated M. morganii. Empiric cefepime and vancomycin were started, and a 14 day course of cefepime and clindamycin was given, with clindamycin to cover for any possible Staphylococcus aureus, including MRSA, that may not have grown in the cultures but which are typical pathogens of soft tissue infections. The infant responded to antibiotic therapy well, and was discharged home.

Discussion Morganella morganii is a gram-negative bacillus that causes fatal infections in immunocompromised hosts, such as premature newborns. However, full term neonatal infection with M. morganii is rare and one review found only 15 cases of neonatal sepsis and no case of scalp abscesses as in our patient. In these cases, the most common presenting features were fever, periappendal depression and respiratory distress. One neonate presented with fever, anorexia and vomiting, and was later found to have a brain abscess. 36% mortality was reported. Early identification and proper antibiotic use resulted in full recoveries. Our patient had early identification of Morganella due to aggressive culturing before empiric antibiotics were utilized. We believe early appropriate antibiotics lead to avoidance of serious complications such as sepsis, brain abscess or death. Given the lack of immunocompromised state we believe this child may have had complications of trauma from birth (cephalohematoma) as a possible contributory factor. This case demonstrates that a high index of suspicion to culture may yield positive results in neonatal cutaneous Morganella Morganii infections.

Poster Session
Infectious Diseases
6:00 PM
Thursday, January 24, 2019

188 PEUDOMEMBRANOUS AND OBSTRUCTIVE ASPERGILLUS TRACHEOBRONCHITIS

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Objectives Aspergillus tracheobronchitis (ATB) is an unusual form of pulmonary aspergillosis. Delayed antifungal intervention is associated with high mortality; therefore, early recognition and diagnosis is crucial for patient survival. With an increased number of immunocompromised patients in the United States, it is an important diagnosis to be considered.

Methods In this case, we report a 66-year-old female with a history of kidney transplantation on chronic anti-rejection treatment who presented with dysphonia and dysphagia secondary to aspergillus infection extending from the supraglottis to the mainstem bronchus.

Results We review in detail the presentation, diagnosis, medical management, and surgical approach used in this case and discussed in the literature. The presented patient was successfully treated with a combination of prolonged antifungal medication, surgical debridement, and tracheostomy for airway protection. We review current literature regarding classification of ATB into obstructive, pseudomembranous, and ulcerative forms. Pseudomembranous and obstructive forms of ATB are seen in this case and are associated with high mortality.

Conclusion We report successful treatment of pseudomembranous and obstructive aspergillus tracheobronchitis in a solid organ transplant recipient. ATB is a rare opportunistic infection requiring a multidisciplinary team; in this case otolaryngology, pulmonology, critical care medicine, transplant nephrology, infectious disease, and eventually speech and language pathology. As the number of immunocompromised patients continues to rise, it is vital that the otolaryngology community remains attune to opportunistic infections affecting the upper aerodigestive tract.

190 MULTIFOCAL OSSEOUS COCCIDIOIDOMYCOSIS MASQUERADING AS MULTIPLE MYELOMA

1L Moosavi, 1C D’Assumpcao, 12A Heidari, 1E Gunz, 1J Patel. 1Kern Medical – UCLA, Bakersfield, CA; 2Valley Fever Institute, Bakersfield, CA

Purpose of study Coccidioidomycosis is an endemic fungal infection in the southwest United States that primarily manifests in the lung but can disseminate to bone and other tissues. Multiple Myeloma is a neoplastic proliferation of plasma...
cells that notoriously present as lytic bone lesions. This is a rare case of disseminated osseous coccidioidomycosis (cocc) that initially mimicked multiple myeloma.

Methods of study Retrospective case report.

Summary of results A 35-year-old African American homeless, cachexic man presented to our hospital following an assault to his neck. MRI of spine showed osteolytic lesions involving almost every vertebral body as well as extension into the spinal canal. MRI brain showed multiple destructive calvarial lesions as well as extension to soft tissues of the scalp and dura. His bone survey showed numerous lesions on multiple bones outside spine and skull. Plasma cell dyscrasia was suspected when his total protein/albumin ratio was 8.6/3.0 ng/dl. However, SPEP, UPEP and beta-2 microglobulin were inconclusive. His chest x-ray showed upper lobe cavity leading to further investigation. Patient later revealed he had a biopsy of his back before he left against medical advice from an outside hospital recently. It was found that he had a CT guided biopsy of his thoracic spine which showed fungal elements consistent with spherules with endosporulation consistent with disseminated cocci. His cocci serology was positive with complement fixation titers of 1:256. Liposomal amphotericin B was started with subsequent clinical and serological improvement.

Conclusion Disseminated osseous coccidioidomycosis can mimic primary or metastatic malignancy with osteolytic appearance. Bone biopsy should be considered for differentiation.

191 CONCOMITANT BACTEREMIA, UTI AND MENINGITIS IN A 15-WEEK-OLD

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Case report A 15-week-old ex-34 week preterm infant presented with fussiness, decreased appetite and home temperature of 37.7°C. Patient has been healthy since treatment of a right atrial thrombus and MSSA endocarditis at DOL 9 two weeks of gentamicin and six weeks of nafcillin.

On exam, patient was afebrile, well-appearing, and fussy but consolable with soft, flat fontanelles, and normal capillary refill. Due to the endocarditis history, baseline CBC, CRP and blood cultures were obtained with anticipatory guidance to return if temperature exceeded 38°C. Baseline WBC count was 18 600 (68% segs and 2% bands), and CRP was 1.766. Within 24 hours, blood cultures grew gram-positive cocci. Upon readmission, patient was febrile to 40°C, fussy and inconsolable with a supple neck, slightly bulging anterior fontanelle, mild subcostal retractions, no adenopathy and mild hypotonia. A full sepsis workup revealed a WBC count of 1900 (31% segs and 24% bands) and CRP of 8.489. Echocardiogram showed no residual thrombi.

Empiric vancomycin and ceftriaxone were initiated until blood, urine, and CSF cultures grew S. agalactiae sensitive to ampicillin, which was then administered for three weeks.

This case demonstrates the rare occurrence of concomitant ultra-late-onset (>90 days) GBS bacteremia, UTI, and meningitis in a 15-week-old. At this age, UTI is the most common cause of fever, with concomitant meningitis affecting <1%. In patients who do not have prior infection or meet high-risk criteria for febrile protocols, home supportive treatment with or without antibacterial therapy is standard care. This case represents a diagnostic challenge inherent to preterm infants with immature immune systems, who don’t mount full febrile responses despite bacteremia, resulting in minimal utility of febrile protocols for bacteremia risk stratification. Although elevated CRP has a greater sensitivity than elevated WBCs in severe bacterial infection, CRP elevations lag behind subtle warning signs, including fussiness and decreased feeding, potentially leading to delays in diagnosis and treatment. This case illustrates the importance of subtle signs and physical exam findings in suspecting bacteremia to quickly discover and treat concomitant infection, as traditional markers of infection are not always prominent at illness onset in preterm infants.
chiorioretinitis. He was started on intravitreal amphotericin B deoxycholate 5 mcg/0.1 mL every three days in addition to his systemic treatment.

**Abstract 193**

**DISSEMINATED COCCIDIOIDOMYCOSIS OF THE THYROID, CENTRAL NERVOUS SYSTEM, AND BONE**

N Sheikhan, Y Rodriguez, R Gavilan, Y Martinez, Y Parker, R Johnson, A Hedari. Kern Medical, Bakersfield, CA; Rio Bravo Family Medicine Residency Program, Bakersfield, CA; Valley Fever Institute, Bakersfield, CA

**Introduction** Coccidioidomycosis is endemic to the Southwestern United States and Northern Mexico. Dissemination occurs in 1% of symptomatic patients, with most common sites being the nervous system, bones, joints or skin. Dissemination to the thyroid is extremely rare, with less than ten cases reported in the English literature since 1979.

**Case report** A 53-year-old Hispanic female with past medical history of Diabetes mellitus type 2 and Hypertension presented with altered mental status, worsening headaches, subjective fevers, photophobia, and neck stiffness. Magnetic resonance imaging of the brain demonstrated a prior lacunar infarct in the left basal ganglia. Coccidioides (Cocci) serology of the cerebrospinal fluid showed positive immunodiffusion (ID) IgG and complement fixation (CF) of 1:4. Serum Cocci serology demonstrated positive ID IgG, ID IgM, and CF of 1:256. Patient was discharged on oral Fluconazole 1000 mg daily. One month later, patient presented with deteriorating mentation; neuroimaging revealed patchy meningitis of the basal cisterns and an acute lacunar infarct of the left caudate nucleus. Computed tomography angiography demonstrated a heterogeneous thyroid gland with a 5 mm hypodense nodule in the left thyroid lobe. Ultrasound showed a heterogeneous thyroid, an avascular exophytic solid nodule measuring 1.7 × 0.95 × 1.1 cm in the left thyroid lobe, and an ill-defined isoechogenic 1.3 × 0.8 × 1.1 cm mass with internal calcifications in the left side of the isthmus. Due to concern for a neoplastic lesion, fine needle aspiration (FNA) was performed. Biopsy showed no evidence of malignancy. However, fungal stain was consistent with Coccidioides spherules with endosporulation. CT scan of the cerebrospinal fluid showed positive immunodiffusion (ID) IgG and complement fixation (CF) of 1:4. Serum Cocci serology demonstrated positive ID IgG, ID IgM, and CF of 1:256. Patient was discharged on oral Fluconazole 1000 mg daily. One month later, patient presented with deteriorating mentation; neuroimaging revealed patchy meningitis of the basal cisterns and an acute lacunar infarct of the left caudate nucleus. Computed tomography angiography demonstrated a heterogeneous thyroid gland with a 5 mm hypodense nodule in the left thyroid lobe. Ultrasound showed a heterogeneous thyroid, an avascular exophytic solid nodule measuring 1.7 × 0.95 × 1.1 cm in the left thyroid lobe, and an ill-defined isoechogenic 1.3 × 0.8 × 1.1 cm mass with internal calcifications in the left side of the isthmus. Due to concern for a neoplastic lesion, fine needle aspiration (FNA) was performed. Biopsy showed no evidence of malignancy. However, fungal stain was consistent with Coccidioides spherules with endosporulation. MRI of the spine also demonstrated dissemination to the cervical spine. Patient was treated with fluconazole 1000 mg PO daily indefinitely and amphotericin B infusions three times per week for twelve weeks.

**Conclusion** Although uncommon, fungal infections should be in the differential diagnosis of a focal thyroid nodule or swelling, especially when located in areas endemic to certain fungal infections. FNA of the thyroid is an effective diagnostic tool to establish the diagnosis.

**Abstract 194**

**Figure 1** Borrelia spirochete in stratum spinosum. Dieterle silver stain, 1000X

**Abstract 194 Figure 1** Borrelia spirochete in stratum spinosum. Dieterle silver stain, 1000X

**Background** Group A streptococcal (GAS) puerperal sepsis is a serious and life threatening condition that affects 3 cases per 100 000 population worldwide. The incidence has decreased but at one time it was the leading cause of maternal death. This is a case of GAS sepsis post abortion associated with use of a sex toy.

**Case presentation** Patient is a 44 year old African American female with multiple spontaneous abortions and a stillbirth, who presented to the emergency room with fever, diarrhea and abdominal pain. She had a spontaneous abortion 3 days prior and on arrival was febrile at 102.4F. CT scan showed a 1.5 × 1.0 × 1.0 cm mass in the left lower lobe with internal consolidation. Blood cultures were negative. Serology demonstrated positive ID IgG, ID IgM, and CF of 1:256. Patient was discharged on oral Fluconazole 1000 mg PO daily indefinitely and amphotericin B infusions three times per week for twelve weeks.

**Conclusion** Although uncommon, fungal infections should be in the differential diagnosis of a focal thyroid nodule or swelling, especially when located in areas endemic to certain fungal infections. FNA of the thyroid is an effective diagnostic tool to establish the diagnosis.
Purpose of study Opportunistic infections are a major cause of morbidity and mortality in acquired immune deficiency syndrome (AIDS). We describe a fatal case of disseminated coccidioidomycosis (Cocci) and central nervous system (CNS) toxoplasmosis in a newly diagnosed AIDS patient.

Case description A 33 year-old Hispanic male with no medical history presented to an outside hospital with headaches and was diagnosed with a 2.7 cm ring enhancing intracranial lesion in the right temporal lobe. He was transferred to our facility for neurosurgical intervention. Post-operatively, he was febrile and transferred to the medicine team. He was screened and diagnosed with AIDS with CD4 of <20. Antiretroviral and CNS toxoplasmosis treatments were started. Comprehensive screening in AIDS host, including cocci serology, was negative except high IgG titers for toxoplasmosis. Histopathology of the brain lesion confirmed the diagnosis. Further investigation revealed that the patient was made aware of HIV diagnosis two years prior but remained in denial. He was discharged after fever resolved but was readmitted one week later with persistent fevers and was found to have a new left upper lobe infiltration. Broad-spectrum antibiotics plus fluconazole were started and he was placed on air born precautions to rule out tuberculosis. Cocci serology was again negative. His condition deteriorated with hypoxemia and development of diffuse miliary pattern revealed by CT of the chest. Bronchoscopy was arranged but hypoxemia worsened and prompted intubation. Bronchoalveolar lavage after intubation showed spherules and blood culture grew fungus resembling Coccidioides immitis. Antifungal treatment was changed to liposomal amphotericin B but he developed severe acute respiratory distress syndrome (ARDS), went into cardiac arrest, and passed away.

Conclusion Defects in the IL-12/IFN-γ pathway and T-helper 17-mediated response are associated with increased severity of coccidioidomycosis. In HIV hosts, negative serology can be seen in up to 1/3 of cases. Therefore, other diagnostic modalities should be initiated promptly and simultaneously. Fungemia and ARDS are both associated with very high mortality in coccidioidomycosis.
Summary of results DMD$^{+/+}$Zebrafish had gray values of $145.7\pm 14.8$, DMD$^{−/−}$ had gray values of $100.2\pm 41.8925$, t-Test p-value (0.001). Our results show DMD$^{−/−}$ were 31% less bright compared to age-matched wild type fish. Additionally, DMD$^{−/−}$ Zebrafish had highly variable gray values, this is expected since the pattern of lesion development varies from animal to animal.

Conclusions Differences in brightness levels between DMD mutants and wild types demonstrates severity of lesions could be quantified using gray value measurements. Decreased gray values are associated with increased severity of lesions.

Poster Session

Neonatolgy General

6:00 PM

Thursday January 24, 2019

198 TIMING OF SURGICAL LIGATION FOR PATENT DUCTUS ARTERIOSUS IN EXTREMELY IMMATURE INFANTS

1P Agrawal, 2A Magiopoc, 2Y Kang, 1P Jung, 1AI Banerji, 1DD eming, 1AO Hopper.

Methods used We performed a comprehensive literature search including no intervention for patent ductus arteriosus (PDA) in infants born ≤ 29 weeks makes it difficult to interpret the role of the PDA amongst those infants that do not ultimately survive.

Methods used We performed a retrospective review of medical records of deaths of 57 neonates born at gestational age ≤ 29 weeks between January 2010 and July 2016 who carried a diagnosis of PDA. We divided them into groups without any treatment, those receiving medical treatment (including indomethacin), those undergoing ligation. We then did a subgroup analysis after excluding infants with genetic and cyanotic heart disease, and those ≤ 27 weeks.

Summary of results A total of 57 infants less than 29 weeks gestation did not survive. 13 (23%) infants died due to BPD, 15 (26%) due to NEC, 11 (19%) from IVH, 11 (19%) from genetic/cyanotic congenital heart disease, and 7 (12%) died from sepsis. In this group, an average of 45%±6.2% of infants dying from NEC, BPD, or IVH were ligated. After excluding genetic anomalies, cyanotic congenital heart disease, and infants ≥ 27 weeks, effect size increased slightly to an average of 52%±10.6% of infants dying from BPD, NEC, and IVH and were surgically ligated.

Conclusions In our cohort of fifty-seven infant deaths of gestational age ≤ 29 weeks, a large percentage of deaths from BPD, NEC and IVH were associated with surgical ligation. Effect size increased when excluding genetic anomalies, congenital heart disease, and older preemies, confirming increased mortality in micropreemies undergoing ligation versus medical treatment.

Abstract 198 Table 1 Logistic regression showing likelihood of mortality with different variables

<table>
<thead>
<tr>
<th>Variable</th>
<th>Odds Ratio (95% C.I.)</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age at ligation</td>
<td>0.948 (0.867–1.036)</td>
<td>0.238</td>
</tr>
<tr>
<td>SNAPPE-II</td>
<td>1.009 (0.951–1.071)</td>
<td>0.767</td>
</tr>
<tr>
<td>CRIB-II</td>
<td>1.049 (0.908–1.211)</td>
<td>0.518</td>
</tr>
</tbody>
</table>

Conclusion There was no difference in mortality in infants based on age at which surgical ligation was performed, independent of severity of illness.

199 SURGICAL TREATMENT OF PDA IS ASSOCIATED WITH INCREASED MORTALITY COMPARED TO MEDICAL TREATMENT IN EXTREMELY LOW BIRTH WEIGHT INFANTS

1AI Banerji, 1P Agrawal, 2Y Kang, 1A Magiopoc, 1P Jung, 1AO Hopper, 1D Deming, 1Loma Linda Children's Hospital, Loma Linda, CA; 2Loma Linda University, Redlands, CA

Purpose of study Lack of evidence to support appropriate treatment including no intervention for patent ductus arteriosus (PDA) in infants ≤ 29 weeks makes it difficult to interpret the role of the PDA amongst those infants that do not ultimately survive.

Methods used We performed a retrospective review of medical records of deaths of 57 neonates born at gestational age ≤ 29 weeks between January 2010 and July 2016 who carried a diagnosis of PDA. We divided them into groups without any treatment, those receiving medical treatment (including indomethacin), those undergoing ligation. We then did a subgroup analysis after excluding infants with genetic and cyanotic heart disease, and those ≤ 27 weeks.

Summary of results A total of 57 infants less than 29 weeks gestation did not survive. 13 (23%) infants died due to BPD, 15 (26%) due to NEC, 11 (19%) from IVH, 11 (19%) from genetic/cyanotic congenital heart disease, and 7 (12%) died from sepsis. In this group, an average of 45%±6.2% of infants dying from NEC, BPD, or IVH were ligated. After excluding genetic anomalies, cyanotic congenital heart disease, and infants ≥ 27 weeks, effect size increased slightly to an average of 52%±10.6% of infants dying from BPD, NEC, and IVH and were surgically ligated.

Conclusions In our cohort of fifty-seven infant deaths of gestational age ≤ 29 weeks, a large percentage of deaths from BPD, NEC and IVH were associated with surgical ligation. Effect size increased when excluding genetic anomalies, congenital heart disease, and older preemies, confirming increased mortality in micropreemies undergoing ligation versus medical treatment.

200 UTILITY OF PROBIOTICS IN MANAGEMENT OF COLIC IN INFANTS: A COMPREHENSIVE LITERATURE REVIEW

1C Shin, 1K Lok, 1E Kim, 1S Nandy, 1D Iyer, 1A Quint, 1B Afghani, 1UC Irvine School of Medicine, Irvine, CA; 2UC San Diego, La Jolla, CA

Purpose of study Colic in newborns has been associated with maternal depression, cessation of breastfeeding and child abuse. Therefore, early intervention to reduce symptoms is crucial. The use of probiotics in treatment of colic in infants remains controversial. The objective of this study was to evaluate the effect of probiotics on colic in infants.

Methods used We performed a comprehensive literature search through variety of search engines including, PubMed, Google
Abstract 200 Table 1  Effect of probiotic use in colic

<table>
<thead>
<tr>
<th>Author, Year</th>
<th>Age Range of Participants</th>
<th># Subjects</th>
<th>Probiotics vs Controls*</th>
<th>Outcome</th>
<th>Probiotics Group: Experienced Outcome</th>
<th>Placebo Group: Experienced Outcome</th>
<th>P-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baldassare 2018</td>
<td>30–90 days</td>
<td>27 vs 28</td>
<td>Crying Reduction &gt;50% at 21 days</td>
<td>26 subjects (63.3%)</td>
<td>17 subjects (65.4%)</td>
<td>&lt;0.05</td>
<td></td>
</tr>
<tr>
<td>Fathereme 2017</td>
<td>3 weeks–3 months</td>
<td>11 vs 5</td>
<td>Reduction in cry/fuss time at 42 days</td>
<td>Baseline Average: 275 mins</td>
<td>Baseline Average: 283.5 mins</td>
<td>0.19</td>
<td></td>
</tr>
<tr>
<td>Chau 2015</td>
<td>3 weeks–6 months</td>
<td>24 vs 28</td>
<td>Crying Reduction &gt;50% at 21 days</td>
<td>17 subjects (70.8%)</td>
<td>6 subjects (21.4%)</td>
<td>0.035</td>
<td></td>
</tr>
<tr>
<td>Pioty 2015</td>
<td>13 vs 15</td>
<td>Crying reduction &gt;50% at 28 days</td>
<td>4 subjects (31%)</td>
<td>0 subjects (0%)</td>
<td>&lt;0.05</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ml 2015</td>
<td>20 vs 19</td>
<td>Crying reduction &gt;50% at 28 days</td>
<td>20 subjects (100%)</td>
<td>3 subjects (15.7%)</td>
<td>&lt;0.05</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sung 2014</td>
<td>67 vs 60</td>
<td>Reduction in daily cry/fuss time at 30 days</td>
<td>27 subjects (40%)</td>
<td>29 subjects (48%)</td>
<td>0.23</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Szajewonna 2013</td>
<td>40 vs 40</td>
<td>Crying Reduction &gt;50% at Day 21</td>
<td>39 subjects (97.5%)</td>
<td>15 subjects (37.5%)</td>
<td>&lt;0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Savino 2010</td>
<td>2–16 weeks</td>
<td>25 vs 21</td>
<td>Crying Reduction &gt;50% at Day 21</td>
<td>24 subjects (96%)</td>
<td>15 subjects (71.4%)</td>
<td>0.036</td>
<td></td>
</tr>
</tbody>
</table>

*Number of subjects included in the final analysis.

Scholar and Cochrane. Only randomized controlled studies were included in our analysis. **Summary of results** Eight studies satisfied our inclusion criteria (see table 1). Participants were healthy full-term infants diagnosed with colic if they cried more than 3 hours/day for at least 3 days/week. Infants were predominantly breastfed. Probiotics were given daily for at least 21 days in most of the studies and the most common probiotic used was *L. reuteri*. The outcome was typically measured by a questionnaire or interview with parents. Some studies examined the fecal flora and showed increased lactobacillus in the probiotic group. In majority of the studies, crying time and the proportion of infants crying decreased within 21 days in both groups but was more significant in the probiotic group. There were no serious adverse events. The limitations of the studies included different methods of assessment, small sample size to separate the effect on breastfed and formula fed infants, and not taking into account other variables, such as maternal diet or other exposures. **Conclusions** Our review suggests probiotics may lead to decreased crying in some infants with colic. Compared to placebo, the effect of probiotics was less significant after a few weeks, pointing toward the self-limited nature of colic. Larger prospective placebo controlled trials that control for different variables are warranted.

**HEALTHCARE PROVIDER ATTITUDES TOWARDS AND KNOWLEDGE OF BUBBLE CONTINUOUS AIRWAY PRESSURE (BCPAP) TO TREAT NEWBORNS IN NAKURU, KENYA**

**Purpose of study** bCPAP is a safe, low-cost therapy for respiratory distress that improves neonatal outcomes in low resource settings, however successful implementation depends on the acceptance of this technology by local healthcare providers. The aim of this study was to investigate the baseline experience and knowledge regarding bCPAP in the newborn unit (NBU) in the Provincial General Hospital (PGH) in Nakuru, Kenya at the onset of a local quality improvement initiative to increase bCPAP use.

**Methods** A written survey was distributed in person to providers in the NBU by the nurse in charge or the head of pediatrics beginning 12/2017 and ending 2/2018. The target population was all nurses (n=17) and pediatricians (n=3) on staff at PGH. Consulting nurses, physicians, and student doctors from Egerton University were asked to respond if they were in the NBU at the time of the survey administration.

**Summary of results** 38 survey responses were collected including 16 nurses and 3 physicians from PGH (95% response rate). The remaining responses were from 9 consultants and 10 student doctors. 68% of providers had used bCPAP and 55% had some formal training on bCPAP. Doctors were not more likely to have had bCPAP training compared to nurses (p=0.69). Of those that had used bCPAP at PGH, 38% had no formal training. 95% desired more training on site with bedside teaching being the most preferred training modality. 82% felt bCPAP was safe and 90% thought bCPAP could prevent death. 95% were happy that bCPAP was available in the NBU. 95% percent named signs of respiratory distress that might indicate need for bCPAP: 82% identified a normal newborn respiratory rate, and 47% percent identified an abnormal oxygen saturation. 40% named potential complications of bCPAP. 47% of nurses correctly identified the maximum recommended bCPAP pressure to reach without consultation with a physician.

**Conclusions** Healthcare providers in the NBU at PGH feel positive about bCPAP. Formal training on the use of bCPAP is needed and should include bedside teaching as this was the modality most desired by providers.

**LUMBAR PUNCTURE BETWEEN TWO ACADEMIC NEONATAL INTENSIVE CARE UNITS**

**Purpose of study** Traumatic and unsuccessful LPs are difficult to interpret, leading to repeat procedures and potentially unnecessary antibiotic use. Little is known whether success with LPs vary in regard to level of training or between...
varies medical centers. The purpose of this study is to determine differences in rate of success in performing LPs between two academic centers and its impact on the duration of antibiotic therapy.

Methods used A 5 year retrospective chart review was conducted in all patients who had a lumbar puncture between January 2011 to December 2015 at two academic affiliated Neonatal Intensive Care Units (NICU). Center 1 was a tertiary NICU with pediatric residency training program and Center 2 was a community NICU.

Summary of results A total of 854 LPs were performed; 506 in Center 1 and 348 in Center 2. There was a trend towards fewer LPs over 5 years (170, 203, 216, 143, 122, respectively). Over half of the LPs were performed by Residents in Center 1, whereas Physician Extenders performed 81% of the LPs in Center 2. There was a statistically significant difference in the birth weight and gestational age in infants at the two centers. The rate of successful LPs was higher at Center 2, yet there was no difference in the rate of traumatic LPs and median number of antibiotic days between the two centers.

Conclusions There were fewer successful LPs at the center with a pediatric residency training program. Residents may have fewer exposures to LPs which may lead to poor LP results. Despite a difference in success rate, there was no difference in the amount of traumatic LPs nor in the antibiotic days among the centers. LP results were only one of many pieces of information that were used to dictate antibiotic therapy, but may not have changed the clinical decision for treatment.
Purpose of study There is a paucity of data in the literature regarding neonatal resuscitation costs. The objective of this study is to estimate the costs of resuscitation for newborns less than 35 weeks.

Methods used Single center, retrospective study to determine the variable costs of resuscitation for inborn neonates less than 35 weeks from 2015–2017 (n=401). The total cost (2017 U.S. dollars) was limited to the initial stabilization period. Adjusted means and standard errors (SE) were determined using a generalized linear mixed-effects model with log link function and gamma distribution. The multivariable model included maternal and infant characteristics.

Summary of results The overall mean cost (SE) was $321 (SE $18). As gestational age increases, the cost of resuscitation decreases (figure 1). Professional fees and equipment accounted for the majority of costs (table 1). In the adjusted analysis, vaginal delivery was the only statistically significant factor associated with 23% lower costs (effect size 0.77, 95% CI 0.66, 0.90).

Conclusions As expected, cost of resuscitation is inversely correlated with gestational age. After adjusting for gestational age and birthweight, only mode of delivery is statistically significant in impacting the difference in costs.

Poster Session

Neonatology – Perinatal Biology

6:00 PM

Thursday January 24, 2019

INVESTIGATION OF A NITRIC OXIDE MEMBRANE TRANSFER IN MYOMETRIAL CELLS

M Lee. University of Nevada, Reno School of Medicine, Sparks, NV

Introduction Premature failure of uterine relaxation resulting in the delivery of an underdeveloped (>37 weeks) fetus is the leading cause of newborn mortality worldwide. Despite significant efforts from the scientific and medical community, the majority of spontaneous preterm labor (PTL) cases remain unanswered. Gamma-glutamyl transpeptidase (GGT), classified as a hydrolase, is a critical enzyme in regulating cellular levels of glutathione and maintaining cellular redox homeostasis. S-nitroso-glutathione (GSNO) is a glutathione analog that shares nearly identical chemical properties. One notable difference between the two structures is the addition of a nitric oxide group to the thiol group on GSNO. By replacing glutathione with GSNO and manipulating the oxidative stress pathway, we can exploit this mechanism to introduce Nitric Oxide (NO) into myometrial cells to induce relaxation.

Methods used A Photon Technology International (PTI) microscope was used to be able to detect if GGT successfully cleaved the GSH analog. 4-amino-5-methylamino-2',7'-difluorofluorescein diacetate(Daf-FM), was introduced into the system to detect concentration of NO by reacting with NO to emit fluorescence. The PTI microscope quantified the fluorescence emitted from the reaction between Daf-FM and NO. Acivicin, an irreversible inhibitor of GGT, was used as a control experiment to attenuate the effects of GGT in the presence of GSNO.

Summary of results Human telomerized reverse transcriptase (hTERT) cells were treated with 100 μM daf-FM and 100 μM GSNO and showed significant increase in fluorescent levels upon treatment of GSNO. hTERT cells were treated with 100 μM acivicin to inhibit GGT activity and fluorescent intensities was observed to have significantly decreased upon treating the cells with the inhibitor.

Conclusions GSNO treatment of myometrial smooth muscle cells shows intracellular nitric oxide content. The treatment of myometrial smooth muscle cells with the specific inhibitor of GGT revealed that the inhibitor interferes with the ability of nitric oxide to enter the cell.
COMPARISON OF THE EFFICACY OF ELECTROACUPUNCTURE ON ACUPONT TS36 AND GB34 IN BLOCKING PERINATAL NICOTINE-INDUCED OFFSPRING LUNG INJURY

1B Ji, 1H Su, 1G Zhao, 1R Sakurai, 2V Rehan. 1Beijing University of Chinese Medicine, Beijing, China; 2Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center, Torrance, CA

10.1136/jim-2018-000939.205

Purpose of study Perinatal nicotine exposure affects developing lung adversely, and there is no effective intervention. Recently, we have demonstrated that electroacupuncture (EA) applied to maternal Zusanli (ST36) acupoint blocks nicotine-induced pulmonary phenotype in exposed offspring. However, mechanism underlying this effect and specificity of benefit to ST36 are not established. Therefore, we compare effects of EA via ST36 and ‘yanglingquan’ (GB34), since both acupoints are known to affect HPA axis.

Methods used 24 pregnant rat dams were randomly divided into four groups: saline (S), nicotine (N), nicotine + ST36 (n+ST36), and nicotine + GB34 (n+GB34). Nicotine was administered s.c. (1 mg/kg), once daily, and EA was applied to bilateral ST36 or GB34 from embryonic day 6 to postnatal day 21. Maternal and offspring HPA axes, offspring lung morphometry (radial alveolar count and mean linear intercept), key lung developmental markers [PPARγ, β-catenin, and glucocorticoid (GC)], and corticosterone (CORT) in serum of offspring were detected; HPA axis (pituitary ACTH and serum CORT levels) in mother was determined.

Summary of results With perinatal nicotine exposure, alveolar count decreased, but mean linear intercept increased; whole lung PPARγ protein levels decreased, and β-catenin, GC and CORT levels increased, all these changes consistent with previously described nicotine-induced phenotype. Maternal pituitary ACTH and adrenal MC2-R levels increased. In n+ST36 group, all nicotine-induced changes in lung morphometry, signal transduction markers, and maternal HPA axis were blocked. In contrast, there was no effect of n+GB34 on nicotine-induced changes in any of the marker examined, both in offspring and mother.

Conclusions EA applied to ST36 provides effective protection against perinatal nicotine-induced lung injury, which is likely mediated via modulation of maternal and offspring HPA axes. In contrast, EA applied via GB34 is completely ineffective.

Grant Support NNSF of China (81674059, 81373558); the Graduate Research Project of Beijing University of Chinese Medicine (2018-JYB-XS); HL127137, HD071731 (NIH); 23RT-0018 and 27IP-0050 (TRDRP).
Purpose of study Cisplatin is a cancer chemotherapeutic agent widely used for the treatment of many solid-organ cancers however its clinical use is complicated by its dose-related variety or renal injury. Nephrotoxicity due to cisplatin is manifested as progressive renal impairment, salt-wasting, a fanconi-like syndrome, hypomagnesemia. One study suggested that decrease in GFR and magnesium concentration happens after doses higher than 50 mg/m² body surface area per dose. Another study reported renal damage occurs when approximately 300 mg of cumulative drug had been administered.

Methods used Retrospective case study.

Summary of results 63 year old Caucasian female with stage IIIc endometrial carcinoma completed 9 cycles of 40 mg/m²/week cisplatin chemotherapy with radiation presented to the emergency department with intractable nausea and vomiting which started after completing her 7th cycle of cisplatin. On presentation, her vitals were stable, physical exam was remarkable for orthostatic hypotension and a resting tremor in both upper extremities. Her labs where significant for potassium of 2.5, chloride of 89, bicarbonate of 33, creatinine of 0.74, magnesium levels<0.3 and calcium of 5.4. She received fluids and electrolyte replacement. However patient continued to have low level of serum magnesium, potassium, phosphorus and calcium despite adequate IV replacements indicating urinary losses. Her 24 hour urine electrolytes and amino acid analysis showed increase excretion of magnesium, potassium, sodium and elevated levels of multiple amino acids. Once her nausea was controlled she was switched to oral supplementation of magnesium, phosphorus and calcium with FN VA pathologies and may serve to help guide in surgical planning.

Conclusions Long-term effects of cisplatin toxicity may lead to subclinical and/or permanent reduction in GFR. Clinician should monitor the renal function closer as tubular dysfunction can occur after only 360 mg and hypomagnesemia can occur if only 120 mg of cumulative drug is administered.
Purpose of study Optical Coherence Tomography (OCT) is an imaging tool that allows visualization of the retinal layers. One of the areas identified on such scans corresponds to Parapapillary Atrophy (PPA), which can be divided into alpha, beta, and gamma PPA. We will examine beta and gamma PPA in this project. PPA refers to the physiological process and corresponding area of thinning of the retinal nerve fiber layer and retinal pigment epithelium that lies adjacent to the optic nerve head. The role of beta and gamma PPA in clinical diagnosis of glaucoma remains unclear. This study sought to determine if beta and gamma PPA areas correlated with onset or diagnosis of glaucoma, especially in myopes who have longer axial lengths and for whom pathology such as tilting and torsion of the optic nerve head often confounds accurate detection of glaucoma.

Methods used Cross sectional data for 158 glaucoma patients (mean age 65.5, 95% CI 63.1–67.2 years) and 20 nonglaucomatous patients (mean age 61.4, 95% CI 54.4–68.5 years) were included. Beta and gamma PPA areas, disc area, clinical disc margin, and Bruch’s Membrane Opening Area were manually delineated on individual OCT ONH B-scans. Univariable and multivariable analyses were used to assess whether beta and gamma PPA area can be used to differentiate between healthy and glaucoma eyes, while also adjusting for age and axial length.

Summary of results Both beta PPA and gamma PPA were larger in glaucoma patients (mean 0.98, 95% CI 0.89–1.06 and mean 0.16, 95% CI 0.13 to 0.20, respectively) as compared to the nonglaucomatous controls (mean 0.66 mm², 95% CI 0.55–0.76 mm² and mean 0.08 mm², 95% CI 0.02 to 0.14 mm², respectively), though the difference in gamma PPA was not statistically significant. Larger beta PPA was associated with age, race, BMO area, axial length, and MD. Larger gamma PPA was associated with BMO area, AL. The area under the Receiver operating curves (95% CI) for differentiating between healthy and glaucoma eyes was 0.58 (0.47, 0.69) for beta PPA and 0.53 (0.41, 0.64) for gamma PPA.

Conclusions Beta PPA was weakly associated with diagnosis of glaucoma after adjusting for age and axial length.

Purpose of study Residency is a challenging time for physicians in training. The long work hours, coupled with many responsibilities residents are given puts a lot of stress on them. This has led to undesirable consequences for a large number of residents, including burnout, depression, malpractice suits, and others that reduce the quality of their well-being. Many physicians are not always comfortable with talking about these issues so this lack of well-being is not assessed very well, especially for residents. There are many tools that can be used to assess resident well-being, but not much research has been done into which tool would work. The following is a comparative study of well-being assessment tools.

Methods used An exhaustive literature review was performed to identify validated tools. Key phrases such as ‘physician well-being tests’, ‘resident quality of life’ and ‘medical well-being assessment tools’ were used in the search. These tests were summarized, given an estimated time of completion, and pros and cons from the published results were also collated. Tools that have been assessed in surgeons and surgical residents were also identified.

Summary of results The tools were evaluated and ranked on the measured parameters. Refer to the attached table 1 for these parameters.

Conclusions The Well-being index from Mayo Clinic is the best option for assessing resident well-being. A prospective evaluation of the high scoring tools is proposed and will be measured by clinical specialty in students, residents, and practicing physicians.

Purpose of study Scarring impacts hundreds of millions of patients every year. However, few effective treatments exist. Doxycycline, an antibiotic with known anti-fibrotic properties, has not been explored as an anti-scarring agent. We reveal that local doxycycline treatment reduces skin scarring without sacrificing scar strength.

Methods used Mice underwent dorsal stented excisional wounding and doxycycline and PBS (control) solutions were injected into the wound base. Wounds were harvested on day 15 for tensile strength and histologic analysis. Scar thickness was quantified by averaging 27 dermal thickness measurements from H and E-stained sections at varying scar depths. A MATLAB algorithm was used to quantify aspects of collagen structure (e.g., branching) from picrosirius red-stained images. The relative contribution of Er1 + fibroblasts (EPFs, responsible for murine dorsal scarring) was determined by histologic analysis of wounds in Er1Cre;R26TEG mice. Statistical comparisons were made using unpaired t-test of doxycycline- versus PBS-treated wounds.

Summary of results Treatment with 2 mg/ml doxycycline reduced scar thickness by 25% compared to PBS (P<0.001). Notably, ultimate tensile strength was comparable between doxycycline- and PBS-treated wounds (n=19, p=0.438).
OUTCOMES OF PATIENTS WITH UNRESECTABLE ARTERIOVENOUS MALFORMATIONS: A 27-YEAR CHART REVIEW

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Purpose of study Arteriovenous malformations (AVMs) are vascular lesions characterized by abnormal connections between arteries and veins, progressive ectasia, high flow, and dysfunction. Curative treatment requires complete excision of the AVM, but some are unresectable and require lifelong management. This study aims to determine the patterns of management that contribute to positive long-term outcomes for patients with unresectable AVMs.

Methods used A 27-year retrospective chart review (1991–2018) of patients with unresectable AVMs seen at our centre was conducted. Data collected included: demographics, AVM characteristics, clinical presentation, investigations, treatment modalities, outcomes, and complications.

Summary of results We identified 12 unresectable AVMs amongst 78 AVMs from 3273 patients with vascular anomalies. Five pediatric and 7 adult patients received care from an average of 4 different medical specialties. Average length of follow-up was 5 years (range 1–12 years). All adult patients had more severe presenting symptoms such as ulceration, pain, and functional impairment compared to pediatric patients. There were 49 courses of treatment among all 12 patients (average 4 per patient): endovascular (24), surgical partial resection (14), and combination (11). Treatment indications included AVM progression, cardiac stress, bleeding, pain, wounds, cosmetic deformity, and symptom prevention. 60% of treatments improved symptoms, 30% resulted in no change, and 10% worsened symptoms. 13 out of 49 treatment courses resulted in a complication such as skin breakdown or significant perioperative or postoperative bleeding.

Conclusions Patients with unresectable AVMs were able to achieve positive outcomes through endovascular therapy and partial resection aimed at symptom alleviation and prevention. Regardless of symptom severity, small changes in symptoms initiated action from the medical team. Future work should be aimed at studying a larger population of patients with unresectable AVMs to better understand the patterns of management and outcomes.

UTILIZING TRAINED MEDICAL STUDENT EVALUATORS FOR ROBOTIC ANASTOMOSIS COMPETENCY EVALUATION OF THE VESICO-URETHRAL ANASTOMOSIS

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Purpose of study The robotic anastomosis competency evaluation (RACE) provides feedback on the vesico-urethral anastomosis (VUA) of a robotic prostatectomy. Expert surgeons were used in its validation but take extended time to complete tasks, limiting the usefulness of RACE. Crowdsourced evaluators provide rapid evaluations, but there remains skepticism due to their lack of medical knowledge. We compare trained medical students to experts to determine their reliability as evaluators.

Methods used Five medical students (two 2nd and three 4th year students) and 3 experts (150–500 cases) evaluated 30 VUA videos performed by 20 different surgeons with expertise ranging from resident to faculty using RACE. Medical students were trained by an expert (AJH) using a sample case video. Medical student scores were compared to expert scores using Bland-Altman analysis and intra-class correlation (ICC) assuming a 2-way mixed model.

Summary of results Medical students had higher ICCs than experts for absolute agreement (0.849 vs. 0.415) and for consistency (0.895 vs. 0.744) (both p<0.001). Averaged scores by medical students compared to averaged scores by experts resulted in ICC 0.702 for absolute agreement and 0.823 for consistency (both p<0.001). Medical students completed tasks faster than experts, taking 2.6 (range 1–3) days to complete video analysis versus 8.66 (1–11) days for experts. A Bland-Altman plot displayed a mean positive bias of 1.18 (p=0.007), indicating that medical students score slightly higher than experts on average. With lower RACE score cases, there is less consistency in grading by medical students relative to experts. However, with higher RACE scores, the variability in score differences between students and experts are minimal indicating greater consistent agreement on high quality VUAs.

Conclusions Medical students display a greater agreement in RACE scores in absolute scores and variability relative to experts. Medical students assign higher RACE scores in general compared to experts but improve in agreement with experts on cases with high RACE scores. Although medical students provide variable scores for lesser quality VUAs, they may serve as useful evaluators for high-quality VUAs.

THE EVOLUTION OF THE SURGICAL RECONSTRUCTIVE LADDER

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Purpose of study The main goal of reconstruction in the realm of surgery has been to restore form and function to patients. Traditionally the reconstructive ladder has provided plastic surgeons a stepwise guideline for reconstruction. This includes healing by secondary intention, direct tissue closure, local tissue transfer, distant tissue transfer, and free tissue transfer. As medicine has modernized, advanced therapies have been developed that offer additional steps in the reconstructive ladder to
incorporate a more holistic patient based approach. The new reconstructive pathway aims to incorporate innovative technology while examining economics of care and assessing care efficiency in order to better serve patients. This study describes the evolution of the reconstructive ladder, and present strategies for practitioners to move forward into a holistic care model of wound reconstruction.

Methods used A detailed literature review was performed, focusing on novel and innovative methods of wound reconstruction. Once the data on various advances were collected, each was analyzed for their potential benefit to reconstruction methods, considering the effectiveness, innovation, and how realistic the method appeared.

Summary of results Within the literature, there seemed to be patterns that suggest three major categories that project for the future of reconstructive surgery. The first of these are the rapid growth technologies that help the surgeon and medical team see the body in a 3D space to better understand the topology and underlying anatomy of their patients seen in 3D simulations, 3D printing, and CAD/CAM. Next, is the use of stem cells or early progenitor cells like adipose derived stem cells, keratinocytes, and mesenchymal stem cells to help expedite the healing process. Lastly, the increasing use and development of new forms of allotransplants as seen as more and more organs and body parts are being transplanted that have never been done before.

Conclusions Though lots of work needs to be done until many of these tools become commonplace, there are many exciting developments in the field of reconstructive surgery that may contribute to the reconstructive ladder of the future.

FEMORAL BONE MINERAL DENSITY CHANGES AFTER PRIMARY HIP REPLACEMENT: AN EVALUATION OF THREE DIFFERENT TYPES OF HIP ARTHROPLASTY

Purpose of study The aging population’s demand for hip arthroplasty is compounded by a decreasing ratio of hip specialists to patients. These trends underscore the importance in maximizing implant longevity and ultimately decreasing morbidity. The loss of periprosthetic bone mineral density (BMD) following total hip arthroplasty (THA) may increase the rate of failure of THA. We evaluated 3 hip replacement stems (Omni Apex Modular, Omni Apex Arc, and Corin Cormet Resurfacing) and their respective effects on femoral BMD. The null hypothesis is that these three implants have the same effect on post-op BMD.

Methods used This study enrolled 116 total patients (31 Arc, 45 Modular, and 40 Resurfacing). All patients had a diagnosis of primary osteoarthritis. Patients with prior surgery or metabolic bone disease were excluded. Patients were followed from pre-operation to five years post-op, with DEXA scans taken at each annual follow-up visit. A Gruen ruler was digitally superimposed onto each DEXA scan to separate the femur into statistically comparable 2 cm zones. These zones were then compared across prosthetic groups.

Summary of results Potential confounders of age, BMI, and gender were accounted for. Of the 116 patients enrolled in the study, 96 patients completed a post-op DEXA scan (27 Arc, 38 Mod., and 31 Res.); 69 patients completed their 2 year DEXA scan (16 Arc, 30 Mod., 23 Res.); and 48 patients completed their 5 year DEXA scan (13 Arc, 23 Mod., and 12 Res.). Patients with an Arc stem showed a mean −0.6% change at 2 years, and a −5.6% change in BMD at 5 years. Patients with a Modular stem showed a −6.4% change in BMD at 2 years, and a −5.4% change in BMD at 5 years. Patients with a Resurfacing stem showed an+2.5% change in BMD at 2 years, and an+8.5% change in BMD at 5 years. One-way ANOVA across all three implants at 5 years revealed a p-value of 4.1−10.

Conclusions The p-value is much lower than our α-level of 0.05, and thus we reject the null hypothesis. Resurfacing stem shows a positive impact on proximal femur BMD for the duration of the 5 year study. The Arc and Modular stems are less effective in mitigating BMD loss. While Resurfacing arthroplasties may have beneficial effects on BMD, this should be weighed against advantages of longer stem arthroplasties.
A NEW RADIOGRAPHIC MEASUREMENT FOR QUANTITATIVE ANALYSIS OF FOREFOOT SPRAWL IN CHILDREN WITH PERSISTENT IDIOPATHIC TOE WALKING

Purpose of study Children with persistent idiopathic toe walking (ITW) beyond age six may develop ankle contractures and skeletal foot deformities that continue into young adulthood. Forefoot deformities have not been systematically studied.

Methods used We performed a retrospective review of two groups of patients – those with typically developing (TD) feet (23 patients, mean 10.9, range 8–17 years) and those with diagnosed persistent ITW (71 patients, mean 10.4 years, range 5–19 years). Standardized AP weight-bearing foot XR were evaluated for inter-metatarsal angle and the forefoot splay index (FSI), a novel measurement defined as the ratio of the forefoot width (FF) to the hindfoot width (HF).
Summary of results The ITW group had a statistically significant increase in forefoot splay compared with the TD group (FSI = 1.75 vs 1.56; p < 0.0001). Measurement of FF, HF, and FSI were highly reliable between observers (ICC = 0.92–0.96) and between time points for the same observer (ICC = 0.95–0.96). The ITW group had greater inter-metatarsal angles for each of the five inter-metatarsal angles than the non-ITW group. All five measures demonstrated good intra-rater reliability (ICC > 0.80).

Conclusions Children and young adults with ITW have forefoot splay that can be radiographically quantified with FSI and inter-metatarsal angles. The newly described FSI is a simple measurement with a high inter- and intra-rater reliability, allowing for better characterization of the skeletal development of children with persistent ITW.

Purpose of study Complex ventral incisional hernia repair represents a challenging clinical condition in which biologically-derived graft reinforcement is often utilized, but little long-term data inform that decision. This study evaluates the clinical, radiographic, and histological outcome of complex incisional hernia repair using UBM reinforcement with 12–70 months of follow up.

Methods used A single arm, retrospective observational study of all ventral incisional hernia repairs utilizing UBM reinforcement over a six-year time frame by a single surgeon was performed. Patients were assessed in long term follow up clinically and with the Carolina Comfort Scale. A subset of patients was assessed with abdominal wall ultrasound or CT scan. Three patients had abdominal wall fascial biopsies years after the incisional hernia repair with UBM graft, and the histology is analyzed.

Summary of results 64 patients underwent repair of complex incisional hernias with UBM graft reinforcement by a single surgeon. 42 patients had concomitant procedures including large or small bowel resection, excision of infected mesh, evacuation of abscess or hematoma, cholecystectomy or panniculectomy with abdominoplasty. 16 patients had ostomies at the time of repair. Median follow-up time is 36 months, with a range of 12–70 months. Nine patients (14%) had ostomies at the time of repair. Median follow-up time is 36 months, with a range of 12–70 months. Nine patients (14%) have required surgery for a recurrent hernia, and a tenth patient has a recurrence that is managed non-surgically, for a total recurrence rate of 15.6% over the entire time frame. Median time to recurrence was 32 months, and a Kaplan-Meier freedom from recurrence curve is depicted. 28 patients have undergone ultrasound or CT assessments of the abdominal wall which demonstrate radiographic fascial integrity 12–70 months after repair.

Conclusions In 64 patients undergoing complex ventral incisional hernia repair with UBM reinforcement all have experienced successful resolution of complex clinical conditions and 15.6% of these repairs have recurred at a median follow-up of 3 years. Three full-thickness biopsies of the repaired fascia years later shed light on a promising remodeling response which may signal strength and durability comparable to native fascia.
ChemDraw version 17.1 was used to qualitatively compare the antibiotic chemical structures in question.

**Summary of results** The R1 side chain of penicillin and cefazolin was found to be significantly different. This finding suggests that cefazolin can be administered in select patients with a history of penicillin allergy. We propose recommendations and specific situations where it is appropriate to do so.

**Conclusions** These guidelines contribute to current antibiotic stewardship practices and address unnecessary substitution of cefazolin for later-generation antibiotics, which are associated with higher costs, increased risk of complications, and the potential for emergence of multidrug resistant organisms.

**Method used** The literature was searched using the MEDLINE, EMBASE, and CINAHL databases for publications up to March 2018. All papers discussing pediatric patients with congenital heart defects, surgical intervention, and swallowing dysfunction were reviewed in a systematic fashion. Exclusion criteria were non-English publications, only >18 year old patients, and no outcome data regarding feeding or swallowing.

**Summary of results** In total, 19 studies were included.

**Methods used** The available data on dysphagia after congenital cardiac surgery has improved, attention to postoperative feeding outcomes has become increasingly important. While centers have embarked on various strategies to achieve oral feeding post-operatively, there is still wide variability in common practice.

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**Summary of results** In total, 19 studies were included. Of these, 6 studies focused on dysphagia specifically, but notably included heterogeneous assessment methods and outcomes. 9 studies discussed vocal fold dysfunction (VFD). Among those, only 5 assessed swallowing function discretely and none found dysphagia in more than half of the patients with VFD. There were 3 studies evaluating feeding disorders in general, and only 1 study evaluated long-term results greater than 2 years.

**Conclusions** The available data on dysphagia after congenital cardiac surgery is heterogeneous and sparse. In particular, there is a lack of common outcomes that are reported. Additional studies that focus on dysphagia in this population are needed to better isolate the risk factors and to develop comprehensive postoperative feeding strategies. A consensus of standardized, trackable outcomes will provide the basis for evidence driven feeding programs in this fragile population.

**Purpose of study** As the morbidity and mortality of congenital heart defects have improved, attention to postoperative feeding outcomes has become increasingly important. While centers have embarked on various strategies to achieve oral feeding post-operatively, there is still wide variability in common practice.

**Methods used** The available data on dysphagia after congenital cardiac surgery has improved, attention to postoperative feeding outcomes has become increasingly important. While centers have embarked on various strategies to achieve oral feeding post-operatively, there is still wide variability in common practice.

**Conclusions** Despite statistical differences in the anatomic ranges of motion between the affected and unaffected arms, the ranges in both arms were within functional limits. Overall, the Sup-ER protocol has been effective in restoring elbow and shoulder function in children with BRBPI.

**Purpose of study** Information regarding nutrition management of childhood nephrotic syndrome (NS) is limited. Based on risks of disease-related edema and corticosteroid side-effects, our NS clinical pathway incorporates standardized recommendations for daily energy, sodium (Na), calcium (Ca) and Vitamin D (VitD) along with food intake records. This study compares actual dietary intakes of patients with NS to our pathway’s nutrition recommendations.

**Methods used** Our retrospective study included incident NS patients (1–17 years) treated with prednisone (60 mg/m²/day) seen from Feb 2013-May 2018 who completed a valid 3 day food record 4 weeks post-diagnosis. Intake information was analyzed using eSHA™ Food Processor program. Pathway recommendations for daily energy requirements were based on height, weight, age and gender using a sedentary activity factor. We recommended a daily Na intake of 1 mg/1 calorie of...